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Real-Time News, Weather & WebCams: HighlandsInfo.com

Thurs., July 20, 2017

# State budget boosts mountain medical training to alleviate doctor shortage in Western NC

By Sarah Ovaska-Few Carolina Public Press

Rivers Woodward grew up in a small town, but hadn't planned on beginning his medical career in one.

Rivers Woodward, who took his medical training at the Asheville campus of UNC School of Medicine in 2014, hopes to open a family medicine practice in the mountains after completing his residency.

That changed when the Franklin native took part in an innovative program at the University of North Carolina's School of Medicine that takes medical students interested in rural medicine away

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### Highlands Hurricanes defeat Jackson County Dolphins

On Thursday, July 13th, 41 members of the Highlands Hurricanes Swim Team traveled to Sylva, NC to take on the Jackson County Dolphins. The Hurricanes won 376 - 250, after a shortened meet due to lightening.

The Hurricanes brought home 153 ribbons, 66 of them blue. Thirty-seven of the 41 swimmers scored, setting 25 personal records (PR's). Nine swimmers had 12 All-star qualifying swims, and seven team records were set.

The Hurricanes were led by Anni Geren who turned in a PR, had an All-star swim, set a team record on a Freestyle Relay and scored 24 points.

Andre Halldin, Savannah Byrd and Junior Olympic bound Finneaus Garner each scored 18 points. Halldin set two PR's and had an All-star swim. Byrd had a PR, a team record, and an Allstar swim, while Garner set two team records and had two All-star

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swims. Dasha Halldin and Diane Dallmann both scored 15 points Halldin with a PR and a Team Record, Dallmann also set a team record and won her backstroke race.

Sadie Green and Blake Kenter both scored 14 points Green setting a PR and a Team Record, while Kenter set a PR and won his 25 Freestyle race. Vivi Geren, Landon Green and Brady Jolly all scored 13 points Geren swam well though shut out of the Butterfly, that she was seeded to win, by lighting.

Green set two Team Records and Jolly finished 2nd in his backstroke race. Elias McKim, Ryan Neil, Matti Cohen, Layla Babak and JO bound Chase Kenter all scored 12 points McKim set two PR's, two Team Records and had two All-star swims, Neil set a PR and a Team Record.

New swimmer to the Hurricanes, Matti Cohen set two PR's,

•See HURRICANES page 7



Youngsters read their way along the trail.

Photo by Kim Lewick

# Walk your way through the 'story' on the Greenway at The Bascom

For the last six years, Read2Me of Macon County, a non-profit group whose mission is promoting the importance of early literacy, has worked to get books into the hands of children in the community and raise awareness on ways to

raise a reader. This year, Read2Me teamed up with The Bascom and the town of Highlands to establish the Highlands community's first StoryWalk®.

"We are thrilled to be celebrating the unveiling of our third Story Walk – this one in the Highlands community," said Diane Cotton, president of Read2Me. "We are excited to be partnering with The Bascom and are thankful for Mayor Taylor's help in selecting

•See STORYWALK page 8

### Highlands

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# THE PLATEAU'S POSITION

### Mayor on Duty

### Let's prepare to 'enjoy' the eclipse

Want to revisit the impending August 21st Great American Solar Eclipse. On Wednesday, July 26 at 9 a.m. there will be a community meeting concerning the eclipse weekend. The meeting will be at the Highlands Community Building on N.4th and Poplar streets. Representatives from the Chamber of Commerce, the Highlands Eclipse Committee and the town public safety sector will be there to provide updates.

The meeting is intended to update folks in the business community about planning, preparation and providing for a possible large number of people forecasted to be in the community on the weekend before and the day of the eclipse. I encourage everyone concerned about the eclipse to attend this important meeting. The Chamber, Eclipse Committee and town first-responders will make brief presentations followed by a question and answer period.

I hope that representatives from the nonprofit service organizations, especially our downtown churches, will attend. I know several churches are planning late af-

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### **Letter Policy:**

We reserve the right to reject or edit letters-to-the-editor. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands Newspaper.



Highlands Mayor Patrick Taylor

ternoon dinners for visitors in an effort to slow down a mass rush to leave the area after the eclipse. Traffic gridlock will be a prime concern that day.

I, along with other community leaders, continue to study and monitor issues related to the eclipse. I keep getting asked by concerned citizens about how many people will be in Highlands on eclipse day. The answer is that no one really knows, except we have to expect more than on a normal Monday. I don't think the

high predictions of 25,000 will occur, but we have to plan for that possibility.

I read an interesting article about The Great American Solar Eclipse in July/August issue of WNC Magazine. The article confirmed that Western Carolina will be in the total darkness zone of the eclipse. Highlands will be a "totality town." Nevertheless, one illustration in the article revealed another fact. Cities as far away as Boone and Atlanta will experience periods of about 96% darkness during the eclipse. Now if local media in these areas get the word out that these areas will also experience substantial darkness, the attraction for driving up to places like Highlands for a mere 2 minutes and 33 seconds of total darkness may be diminished. To travel or not to travel, that may be the big question! How many people will be willing to traverse miles of traffic congestion for just a 4% difference in darkness?

A turnout like a July 4th weekend would be very manageable and great for business. That is my hope. Sallie and I are inviting out-of-town friends to come spend the night at our house and enjoy the eclipse. I'm following my own "eclipse in place" advice. Hopefully, I won't be called away from the house that day for an emergency situation.

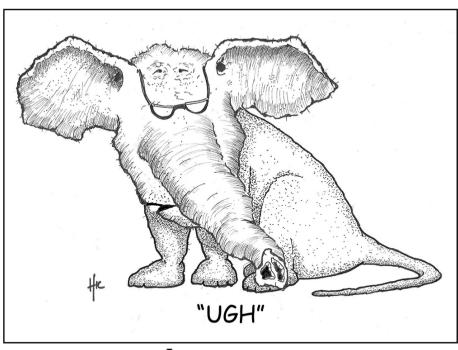
For those folks who can't attend the Wednesday, July 26 meeting, another opportunity will be on Friday, July 28.

The main topic for the Community Coffee with the Mayor will be "Eclipse Prepping 101." The Friday, July 28, 11 a.m. coffee is in the Hudson Library Conference Room.

### -NOTE-

Mission Health has set up a dedicated website where the community can stay up to date with the latest information. Go to: www.StandWithMission.com

### ·Hic's View



### • LETTER •

### We're GREEN and proud of it!

Dear Editor,

As a proud "Great Lakes Kid," I am so proud and Pleased that our local Franklin City Council, Highlands Mayor Pat Taylor and our Macon County Commissioners have voted to make our Macon county, NC area "a green" county and town by supporting the resolution that we here will contribute our efforts toward the U.S.A. "Climate Alliance."

I was born in MI. My family began their U.S. experience on the shores of what we from the "Wolverine State' all fondly call "Big Blue" – otherwise known as Lake Michigan. Due to World War two events, my parents moved to OH, near yet one other of the Great Lakes, Lake Erie.

I was horrified to read the Newsmax article yesterday about the 'Larsen C' ice shelf breaking off in the Antarctic. One reason the article caught my eye was that it referenced one of the Great Lakes. The ice shelf is not only the size of Delaware, but (as the article informs) the resulting ice-berg has the volume TWICE that of Lake Erie.

Now, I'm here to tell those of you who have never experienced The Great Lakes, even though Erie is the most shallow of the lakes, that's a LOT of Volume. Climate

• See LETTER page 6

### •Weekend Weather•



For Real-time Weather and the Extended Forecast, go to www.highlandsinfo.com and click on Weather

### •OBITUARY•

### Walter O. Sheppard, Jr

Walter O. Sheppard, Jr, 97, Captain, USAF, passed away peacefully Monday July 10, 2017, surrounded by his family. He was born in Fort Myers, FL. at the old wooden hospital on Victoria Street June 20, 1920, lived and served the community his entire lifetime, but for five years of his early life in service of the US Army and the US Navy in combat of the Pacific Theater of WWII.

The son of Walter O. Sheppard, Sr., and Helen Digges Sheppard, Captain Sheppard graduated from Fort Myers High School in 1939, learned to fly while in school, and enlisted in the Army Air Force shortly after Pearl Harbor. Because of his talents and knowledge of aircraft, he was assigned as a Flight and Gunnery Instructor in both fighter and twin-engine bomber planes early in the war, at Stuttgardt, AR.

After his repeated requests for combat duty were denied by the Army, Captain Walter applied for combat pilot needs in the Navy. He was only one of 30 pilots to receive Army Air Corps/US Air Force and Navy wings in WWII. Serving in the Pacific Theater, he was in command of a Flight of Navy Rescues planes, widely acknowledged as one of the most dangerous jobs in the war service. His squadron, his beloved PBY-5A aircraft "Super Duck" and crews were responsible for saving over 500 Marine, Naval and Army Air Force lives, including finding the battleship USS Indianapolis and Australian flight crews. Captain Sheppard received numerous awards for his service, qualifying for three Bronze Stars, Air Medal and other combat and service awards.

Walter continued his education after WWII at Stetson University, then attained his law degree(JD) from the University of Florida in 1950. During that time he married Ruth Spires Sheppard, his beloved wife

### -NOTE-

The Mayor and the Highlands Eclipse Committee are hosting a community meeting on Wed., July 26 at 9 AM at the Community Building. The meeting is open to the public, the target audience is Highlands' businesses. Much of the discussion will focus on what to expect and how to prepare for the expected large crowds.



of 47 years, who died in 1993. Walter was also predeceased by his beloved wife Ginger Bass Sheppard of nine years; his mother, father and two sisters, Virginia S. Holloway and Elizabeth S. Shands.

Walter is survived by his four children Carroll Ruth (Dr. Thomas) Duncan, Walter O. Sheppard III, Barbara Ann ( Richard G.) Andrews, Lucinda Suzanne Sheppard and step-

daughter, Keri R. Martin; grandchildren Jena Carroll(Chad) Walldorf, John Gabriel Purser, Lauren Ashley Sheppard, Richard Orion Andrews(Margaret), Alexander Bayne Andrews, Andrea Elizabeth Duncan, Ian Thomas Duncan and 6 great grandchildren Katherine Rion Walldorf, Evelyn Anson Walldorf, William Digges Walldorf, Lucille Brantley Andrews, Julian Thomas Duncan and Henry Chamberlain Duncan; nieces Virginia Shands Sharpe, Carroll Elizabeth Shands, Kathleen Sheppard Holloway: nephew Lee Campbell Holloway and first cousin John(Ellen) W. Sheppard, whom he considered his brother.

Funeral service were held at St Lukes Episcopal Church, Fort Myers Saturday, 15 July 2017. The family requests remembrances be made to St. Luke's Episcopal Church, the Edison and Ford Estates, Ostego Bay Foundation Marine Science Center or the charity of your choice.

Online Condolences and memories may be shared on Walter's tribute page at www.Harvey-Engelhardt.com.



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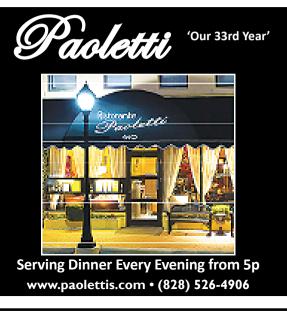
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### THIS WEEK'S FEATURES

### **APPETIZERS**

### **Chevre Strudel**

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# Shrimp Stuffed Smoked Salmon

Lox with a shrimp and horseradish pate' garnished with shrimp

### **ENTREES**

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### **Roasted**

### Vegetables Za'atar

A melange of eggplant, carrots, zuccini, fennal, broccoli and onion with Turkish seasoning and served over rice pilaf

### **SOUP**

### **Athenian Rice and Lamb**

A creamy rice soup seasoned with Greek spices and lemon
With Greek lamb meatballs

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### ...MEDICAL continued from page 1

from the Chapel Hill campus to study in Asheville for their final two years of medical school.

Now Woodward, who received a medical and business degree this spring, hopes to open up his own family medicine practice in one of North Carolina's mountain towns after completing his residency. He sees the WNC program, which is centered around patients and places students in long-term internships in rural clinics, as a template of how doctors should be trained.

"It's the direction medical training and health care training is heading, and I think it's the direction it has to go," Woodward said.

"The UNC School of Medicine's Asheville campus not only gives students exposure to the challenges and benefits of practicing in rural areas early on, it's also creating a pipeline where promising medical students end up putting down roots and practicing in Western North Carolina," said Dr. Robyn Latessa, the program director and assistant dean for the UNC School of Medicine-Asheville campus

It's not that medical schools aren't churning out enough doctors, rather it's that that many choose to stay in the urban settings where most of the nation's medical schools are based.

"The whole problem in the United States is that we may have enough providers, but they're unevenly distributed," she said.

That's the primary reason why state lawmakers carved out an additional \$15.5 million over the next two years in this summer's budget negotiations for the medical school's Asheville campus, said state Rep. Chuck McGrady, a Hendersonville Republican and one of the House of Representatives' main budget writers.

"Policy makers recognize that we have a shortage of doctors in rural North Carolina," McGrady said. "This was a way of addressing that."

Studies show that doctors tend to practice where they study and do their residencies, said Dr. Jeff Heck, the presi-

dent of the Mountain Area Health Education Center (MA-HEC), which houses the medical school and other health-care education programs

"We want to make sure, as much as possible, we're training people who have a great chance of retention to rural areas." Heck said.

The state money will not only increase the number of practitioners, but communities will be strengthened overall, he said

"It's an amazing gift and an amazing opportunity for any area like ours that has so many health care needs and is really desperate for more professionals," Heck said of the additional funding.

Woodward, the recent medical graduate, says the Asheville-based program gave him learning opportunities that may have been tough to come by, had he stayed in Chapel Hill with his classmates. He had close relationships with senior practitioners at nearby hospitals, and frequently reached out on slow days to see if there were any procedures he could observe.

While observing and doing clinical hours at a Spruce Pine clinic, he followed patients' cases closely, with patients able to reach him directly with their questions, and soon found he was invested in the area.

"I really began to feel like I had a responsibility to that community," he said.

Western North Carolina needs more young doctors to follow Woodward's path, Latessa said.

The campus began in 2009 with just four students, and has 26 enrolled for the upcoming school year, she said.

The recent influx in state funding is part of a years-long plan to boost the numbers of medical providers in the rural, mountainous part of the state. Complementing the medical school at MAHEC are similar collaborative programs with UNC's Gillings School of Public Health and Eshelman School of Pharmacy, as well as Western Carolina University's nursing and nurse practitioner programs.

Those teaching those who plan to practice in rural areas need a different approach than what most medical schools offer, where many specialize early on and build their careers around specialties in surgery or other disciplines, Latessa said.

But rural practitioners tend to need to be generalists, with doctors treating a variety of ailments on a regular basis.

"Rural areas need physicians trained in the broad scope of medicine," Latessa said.

Some of the biggest holes in coverage are in family medicine, surgery and psychiatry, Latessa said.

That's where the state money will come in, with plans to start up residencies in general surgery and psychiatry this year.

### ...LETTER continued from page 2

Change deniers say human activity doesn't have an effect on climate, even though most of us believe it does! (High school science shows simple cause and effects.)

What is more, even if you think it isn't a direct cause, why not err on the side of caution? The last time I looked, we all live on this one little Blue Planet we call Earth, and it needs us to take care of it..

I'm not concerned about me, but what kind of world are we leaving those who follow us?

So, thank you to our Franklin, Highlands and Macon County elected leaders for taking this "step" – all our "steps" together will add up.

You have shown true leadership in a cause that is certainly greater than us, in the here and now, for the future of Mother Earth.

Shirley Ches Franklin, NC

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### ...HURRICANES continued from page 1



Anni Geren

two Team Records and had two All-star qualifying swims. Babak set a Team Record and had an All-star swim. Kenter was shut out of the distance free and the butterfly by the storms, but won his backstroke event. Vivian Kennedy scored 11 points and set a Team Record.

Jehlena McKim, Aniah McKim and Mia Kaylor all scored 10 points Jehlena McKim had a PR and set a Team Record, Aniah McKim had a PR, a Team Record and an Allstar swim, and Kaylor set a PR and a Team Record. Peyton Kaylor and Ben Halldin both scored nine points Kaylor set a team record, and both were part of two winning relays.

Rylee-Kay Watson scored eight pointsand set a Team Record. Jordan Powell, Toby Henderson and Barrett Neil all scored seven points. Henderson set a Team Record while Neil set a PR.

Penelope Hilson, Maddy Jolly, Fen Hillson, Max Jestin and Justin Powell all scored six points Jolly and Powell

each set a PR and Fen Hilson swam on two blue ribbon relays. La-Donna Dallmann, Chloe Stiwinter, and Asa Garner all scored four points. All three were on 2nd place Relays. Brielle McKim scored three points.

Photo by Trudie Gagne

On a winning medley relay, while Aubrey Potts and Barrett McKim scored two points Also swimming for the Hurricanes were Alex Baranco and Meredith Maxwell.

The Highlands Hurricanes are a Highlands Recreation Park Age group swim team with swimmers that range from four to 17 years old. The team practices at the Highlands Recreation Park Pool Monday through Thursday evening and on Saturday mornings. All practices are not mandatory. The only requirement to join the team is that you must be able to swim 25 yards (one length of the pool) unassisted. For more information call Steve Hott, Head Coach at 828.421.4121 or the Highlands Recreation Park Pool at 828.526.1595.

# 3rd Annual 'Peaceful Journey' — A charity dining event at Paoletti Ristorante to benefit Hospice House is Sept. 27

Paoletti's Restaurant in Highlands, NC will once again host the charity dining event "Peaceful Journey" in support of Hospice House Foundation of WNC (HHFWNC). Dining patrons will indulge in a decadent 4-course menu and wine pairing specially selected for the evening. The evening will be accompanied by a silent auction of fabulous items, including assortments of distinguished wines.

Wednesday, September 27, 2017 6:30pm Cocktails - 7:30 p.m. Dinner \$300/person (\$125 is tax deductible)

This year's fundraiser is being thoughtfully planned by a committee comprised of three Highlands residents: Karen Grierson, Kathy Hart, and Cynthia Rosen, along with Hospice House Foundation of WNC Board members, Arthur Paoletti and Kathy King-Cotton of Highlands and Tania Duncombe of Cashiers.

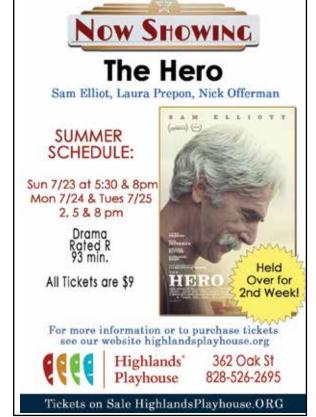
"Peaceful Journey" 2015 and 2016 netted a combined total of \$260,000!! This is indicative of the as-

toundingly generous philanthropic spirit of the Highlands / Cashiers communities and so very much appreciated.

HHFWNC is a 501(c)3 organization whose mission is to raise funds for a hospice inpatient facility for the far western region of North Carolina and northeast Georgia. Western North Carolina's demographics speak volumes to the need for a hospice inpatient facility...roughly 25% of our area's population is 65 or older; yet the closest hospice houses are over an hour's drive for most people. The proposed hospice house in Franklin, NC will help ensure life's final journey is one of compassion, comfort and dignity for the people of our mountain region.

HHFWNC has raised over \$3 million towards its \$5 million goal for its Capital project (including \$1.3 million in challenge grants). Tentative plans are to "break ground" next August, 2018, contingent on raising an additional \$1 million (when total funds raised reach \$4 million). Our regional Hospice House could be serving hospice patients and their families as early as fall, 2019.





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### ...STORYWALK continued from page 1

the perfect location for this walk."

As part of an ongoing project, Read2Me set out to establish Story Walks throughout Macon County.

The first walk was unveiled in May of 2016 at the Rotary Loop along the Little Tennessee Greenway in Franklin. Through a partnership with Macon County and Mainspring Conservation Trust, Read2Me's second Story Walk was erected on a stretch of the milelong walking track that outlines Parker Meadows Recreation Complex in Franklin.

To branch out, Read2Me worked with Highlands Mayor Pat Taylor and The Bascom's Community Outreach Director Will Barclift to bring a Story Walk to Highlands in 2017. The Story Walk's installation was completed last week and is ready for public viewing.

A Story Walk is a fun, educational activity that places a children's story along a popular walking route in the community. Conceived as a way to inspire parents, teachers, and caregivers to take young children out of doors

OSTA NOVA

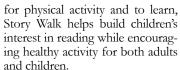
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The three Story Walks in the county are interchangeable so each of the stories can be switched out and moved around so members of the community can enjoy different stories over a span of time.

The story, "And Here's to You" is currently located in Highlands on The Bascom's property along the town's greenway and will remain there for the next few months. Then, volunteers with Read2Me will switch that story with one of the other book titles located elsewhere in the county.

The Story Walk is on about a quarter-mile stretch of the Highlands Greenway with each board featuring different pages of the books. Families are encouraged to visit the Story Walk and read along with the book, while completing physical activity components suggested at the end of each "chapter" as they travel from board to board.

The Story Walk at The Bascom is a permanent structure that will remain on the property for five years.

The 2017 Story Walk sponsors not only established the Highlands location, they also established a third Franklin location which will be installed later this summer featuring the book, "How Do You Wokka Wokka."

Also new this year,Read2Me partnered with Macon County Schools STEM program to establish a STEM Story Walk featuring



the book "Mouse Tales."

The STEM Story Walk will be a portable story walk which can be moved to reach different groups and events in the community.

Read2Me partnered with Mainspring Conservation Trust to develop a board that specifically educates readers about all of the native animals that can be found in and around Macon County, which falls in line with the theme of the story.

The project was funded through the sponsors and local businesses and organizations like Signs Express, Russell Hawkins with Edwards Jones, Duke Energy, The Highlander, John Hamlin State Farm, the Macon County Public Library, Lions Club of Franklin, Entegra Bank, Franklin Tubular Products, Culpepper's Architectural Salvage, TeTone, Tate Landscaping, and Jimbo's Plumbing.

The idea for Story Walks was created by Anne Ferguson in Montpelier, VT., when she worked for the Vermont Department of Health. Ferguson was thinking about ways to prevent or lessen the impact of chronic disease on adults and children by increasing physical activity. She also wanted to find something that was fun for families to do together in natural settings.

If you are interested in partnering with Read2Me on future Story Walks, contact Brittney Burns at bparker.maconnews@gmail.com or visit Read2Me on Facebook.



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### •THE INK PENN•

### What would you read in preparation

s usual, I've been preparing for our upcoming vacation, a river cruise through the South of France, by reading books set in that locale. In a few instances, I've ventured beyond the South of France into other regions, and I've also been reflecting on past books I've enjoyed.

There are two mystery series I return



to from time to time: M. L. Longworth's Verlaque and Bonnet Provençal mysteries and Martin Walker's French countryside series set in the Dordogne region of central France. The Longworth series set in Aix-en-Provence features Judge Antoine Verlaque and law professor Marine Bonnet tangled in various crimes. The descriptions of the countryside and the gastronomic delights are as entertaining as the whodunnit aspect.

Walker's series features Chief of Police Bruno Courrèges, and the countryside has the same appeal. Bruno was wounded in the French peacekeeping force sent to Bosnia during the siege of Sarajevo before he settled in his fictional town to become Chief of Police. In the third book in the series, I discovered that tension exists today between the Chinese and Vietnamese communities in France, and I also learned a tremendous amount about the Algerian War 1954 – 1962.



Kathy Manos Penn

I find that readers of what they consider serious literature often diss' mystery lovers, but I enjoy my mysteries as much for the settings and what I learn about the history of these locations as I do for the mysteries that must be solved. I plan to download at least one of Walker's books to my Kindle to take along.

Who knows how I stumbled across Jean-Luc Bannalec's "Death in Brittany."

the first in his Commissaire Georges Dupin series. Brittany borders Normandy, where we cycled in 2014. Because Normandy was beautiful, I'd like one day to explore Brittany as well. For now, that exploration will have to come via books. This series is set on the Breton coast in Pont-Aven, a town that Gaugin visited. The descriptions of the people, the food, and the seaside colors paint a vivid picture.

One of my favorite books starts out in Paris and travels French waterways to Provence. It's "The Little Paris Bookshop," and it's not a mystery. I'd describe it as sad, whimsical and uplifting all-in-one. I especially enjoyed the setting because our bike and barge trip in Burgundy sailed some of the same rivers.

Another enjoyable read was Mark Pryor's "The Paris Bookseller," a thriller set on the banks of the Seine. Because I'd shopped the stalls along the river and seen the booksellers, I could envision it all in my mind as I read.

Finally, I can't forget the many books I've read that are set in France during WWII. Two stand out for me: "The Nightingale" and "All the Light We Cannot See." I've read so many books that detail the horrors and hardships of that period, that I'm finding it more and more difficult to get through them. I picked up an Alan Furst book, "A Hero of France," and after reading fifty pages, I thought to myself, "I just can't do this."

Instead, I read "A Year in Provence," an entertaining true story of the adventures you can have when you decide to live in a spot where you've always vacationed. I'm ready to start my tour of Provence and perhaps even dream of living there, but I'm sure the visit and some daydreaming will be enough for me.

• Look for Kathy's new book "Lord Banjo the Royal Pooch" due out in late August and find her collection of columns, "The Ink Penn: Celebrating the Magic in the Everyday," locally at The Molly Grace in Highlands and Books Unlimited in Franklin and on Amazon. Contact her at inkpenn119@gmail.com.

### **Summer Colors Fine Art Show**

Sat July 22nd & Sun July 23rd

10am to 5pm

Indoor Exhibition & Sale (828)743-7663

"Missing Locket" by Leslie Jeffery



# Art League of Highlands-Cashiers

Sapphire Valley Community Center

### FDR & origins of the modern presidency at CLE

The current presidency is the source of more scrutiny and controversy than any time in recent history. The Center for Life Enrichment is offering a relevant lecture with some insight on the

topic –the evolution of the U.S. Presidency from Franklin D. Roosevelt's New Deal through WW II. Dr. William Lasser a Harvard Ph.D. graduate and current Distinguished Professor at Clemson University will be at CLE on Thursday, July 27 to speak from 10-12 about the role of the presidency in its various interactions through both the Democratic and Republican administrations up to the present day.

A teacher and writer in the field of American Government, Dr. Lasser will in his own words "Survey how the vast powers of the American Presidency in both foreign and domestic affairs have their origins in the New Deal and wartime administrations of Franklin D. Roosevelt. In many ways



FDR transformed the presidency, and made it possible for the United States to become the world's largest economy and earn the title as a world superpower. But presidential power

has also been used-and- abused-to wage undeclared wars, undermine the authority of Congress, and weaken our system of checks and balances."

Anyone interested in American politics and concerned with the presidency in its current state, will not want to miss Professor William Lasser when his lecture will explore the implications of FDR's legacy for American politics in the 21st century.

To register for this event or for more information please call 526-8811 or visit www.clehighlands.com. Members \$25 nonmembers \$35. Students attend all \$25 lectures for FREE.

### • HIGHLANDS EVENTS

### Ongoing

- Movies at the Highlands Playhouse: Summer Movies: Sun.,, 5:30 and 8p; Mon.,, 2, 5, 8p, Tues., 2, 5, 8p.
- Highlands Hurricanes Swim Team is open to all levels of swimmers ages 6-18.
   Contact Coach Steve Hott at 828-421-2121.
- The Nature Center will be open Tuesday-Saturdays from 10am-5pm and from 12pm-5pm on Sundays. The Nature Center is closed on Mondays.
- The Glenville Area Historical Society Museum is open every Thursday, Friday and Saturday 11 AM to 3 PM until October 14. The Museum that traces the history of Glenville from it's founding to present day though wall displays and items of historical value, is located at 4735 Highway 107 in Glenville. For information call 828 743-1658, email historicalsocietyglenville area or go to www.glenvillecommunity.com

### Mondays, July 3, and Aug. 7

• Botanical Garden Tour. 10:30 am - 11:30 am • Free.All ages.At the Highlands Botanical Garden. Learn to identify and remove non-native invasive species from your garden and the surrounding forest.

### Mon., June 5, 12, 19, 26 (4 sessions)

• Thinking Bridge: Play of the Hand (intermediate), 9:30-11:30 Cost \$80/\$90 Instructor: Duane Meeter.To Register Call 526-8811 or www.clehighlands.com

### First Mondays

• Shortoff Baptist Church non-denominational Men's Meeting at 7 pm

### **Mondays**

•At the Rec Park, High Cardio Zumba Fitness with Certified Instructor Tiffany Austin at 5:25 p.m.

#### Mon. & Thurs.

• The Joy Program at HUMC from 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors are welcome. For more info, call Tricia Smith at 828-338-8167.

### Mon., Wed., Fri.

- Heart Healthy Exercise Class Monday, Wednesday and Friday 8:30-9:30am. Contact Janet Avery at 828-200-7508 for more information.
  - Aerobics with Tina Rogers 8-9a.

#### Mon.-Fri.

- Lap Swim Monday-Friday 7am-10am 6 lanes and Monday –Thursday 5pm-6pm 1 or 2 lanes. Sharing pool with Water Aerobics @ 5:15.
- Water Aerobics Monday-Friday 10:15am-11:15am and Monday-Thursday 5:15pm-6pm (sharing pool with lap swimmers) and Saturday mornings from 11:15-noon.

### Tuesdays

- FREE Community Table Dinner at the Community Bldg. at 6p.
- •The Humanist Discussion Group meets every Tuesday morning from 10:30-11:30a in

the Meeting Room in the back of Hudson Library.

### First Tuesdays

• The monthly family support group for those with family members, friends, or loved ones living with the challenge of mental illness meets at 7 p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. For info call 369-7385.

### 2nd and 4th Tuesdays

• OccupyWNC meets at the 7PM in the Sneak E. Squirrel Community Room (1314 Main St., Sylva. Visit www.occupywnc.org or call 828.331.1524

### **Third Tuesday**

• The Macon County Poultry Club meets at the NC Cooperative extension office located at 193 Thomas Heights Rd.,Franklin on the third Tuesday of each month at 7pm. Meetings are open to the public. Call 828-369-3916.

### Tuesday and Thursdays

- Zumba with Connie at the Rec Park 8:15 a.m. \$5.
- Pickle ball from 11:30a to 1p in the gym at the Rec Park.
- Exercise Class with Tina Rogers are held Tuesday and Thursday at 5:15p.m.

#### 1st Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-303 I for titles.

#### 3rd Wednesdays

Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

### **W**ednesday-Saturday

• The Highlands Historic Village is open June-October. It's free. Visit the Highlands Historical Museum, the Prince Houe, Bug Hill Cottage, Furman Vinson's Boat, The Old Jail while taking a break in the peaceful setting that commemorates Highlands' past.

#### **Thursdays**

- Storytime with Miss Deanna at Hudson Library 10:40 am. Open to the public.
- Weight Watchers support group meets every Thursday at 5 pm at Christ Church of the Valley. Call Lisa 828-506-3555.
- Indivisible Highlands, a non-partisan activist group meets weekly at the Hudson Library at 5p. For more information call 770-823-0601
- NAMI Support Group for individuals dealing with mental illness and the family members of individuals dealing with these challenges from  $7-8:15~\rm pm.$  at First United Methodist Church Out Reach Center on West Main Street beside Bryant's Funnel Home. Call Donita for more info (828) 526-9510.

### 2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

### 3rd Thursdays

• Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

### • See EVENTS page 14

-00-00

### **SUMMER HOUSE**

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Accessories, Gifts, Antiques, Lighting, Porch & Patio Outdoor Furniture,

Complete Home Furnishings

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www.summerhousehighlands.com summerhousehighlands@brmemc.net

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### • HIGHLANDS AREA EVENTS

#### Thurs., & Sat.

• Zumba with Mary K. Barbour at the Rec Park from 11a to noon. For more information, call 828.342.2498.

#### **Fridays**

• Live music in Town Square from 6-8

### Fridays & Saturdays

Art's at the Lodge. Live Music 4-8 p.m..
 Cocktails in Art's or on the lawn at the Lodge.
 On Spring Street.

#### Saturdays

- \* Farmers Marketplace in K-H Founders Park from 8a-12:30p.
- At The Bascom, Pottery Sale in the barn from 10a to 5p.
- Scrabble at Hudson Library from 1-4 p.m. Bring board if possible. All are welcome. 727-871-8298.
- The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.
- Music in K-H Founders Park 6-8 p.m. Bring a picnic!

#### Wed., July 19

• Town Hall meeting at H-C Hospital president with President and Chief Nursing Officer Jacqueline Medland, 11a to noon at the Jane Woodruff Clinic, Suite 103.

### Thur., July 20

 Classical Interiors: Past and Present, 10:00-12:00 Cost \$25/\$35 Presenter: Elizabeth Meredith Dowling. To Register Call 526-8811 or www.clehighlands.com

#### Fri., July 21

- College Football 2017:A Preview, 10:00-12:00 Cost \$25/\$35 Presenter: Tony Barnhart.
   To Register Call 526-8811 or www.clehigh-lands.com
- The High Mountain Squares will host their "My Favorite Color Dance," Friday night at the Memorial United Methodist Church, 4668 Old Murphy Rd, Franklin NC from 6:15 to 8:45 PM. Mr Ken Perkins from Pelzer, SC will be the caller. We dance Western Style Square Dancing, main/stream and plus levels. You are in luck, new dancer lessons will begin August 14,2017, join us. Everyone is welcome. go to www.highmountainsquares.com

### Sat. & Sun., July 22-23

• Summer Colors Fine Art Show indoor exhibition and sale at Sapphire Valley Community Center 10a to 5p. Presented by the Art League of Highlands-Cashiers.

### Sat., July 22

- Chamber Music: Strange Bedfellows: Beethoven and Czech Music, 10:00-12:00 Cost \$25/\$35 Presenter: Stephen Crist. To Register Call 526-8811 or www.clehighlands.com
- At the Nature Center, Flower Faerie Festivities All Ages 10:00 am 4:00 pm.Free. Join us as we celebrate summer in a faerie nice way! Drop in anytime to participate in building fairy houses, a flower fairy scavenger hunt through

our Botanical Garden, and more. Dress as your favorite fairy or gnome and join the costume parade. Let your imagination reconnect you with na-ture! For info. call 526-2221

### Mon., July 24

Aery Chiropractic & AcupunctureFree
 Health Lecture Series from 6-7 p.m. Upstairs
 2655 Dillard Road This week: Hank Miller,
 Fitness after 50

### Mon.-Thur., July 24-28 (4 Sessions)

• The Joy of Watercolor, 10:00-12:00 Cost \$125/\$135 Instructor: P. Knight Martorell. To Register Call 526-8811 or www. clehighlands.com

### Tue.-Fri., July 25-28

- \*At The Bascom, Summer Camp: Session 6 Sculpture. 9a-noon and 1-4p. Students will explore the great sculptors of the world and use similar methods to create their own imaginative, 3-dimensional artwork. To register call 526-4949.
- Hogwarts in Highlands. Highlands Nature Center 828-526-2623. Ages 9 10. 9 am 1 pm dai-ly. \$110 per child. The magic of Hogwarts comes to Highlands Biological Station as camp-ers try their hand at classes including Herbology, Care of Magical Creatures, and Potions. Suitable even for Muggles, this camp will connect campers to the natural world with a literary twist!

### Tue., July 25

- Stay Safe on the Internet in 2017, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com
  - Town Hall meeting with H-C Hospital

President and Chief Nursing Officer Jacqueline Medland I-2 p.m. at the Albert Carlton-Cashiers Community Library in Cashiers.

- The Magical and Mysterious World of Elena Vizerskaya's Photography, 4-6p Cost \$25/\$35 Presenter: Elena Vizerskaya. To Register Call 526-8811 or www.clehighlands.com
- Village Nature Series: Moonshadow Observations on the narrow and rare path of a solar eclipse with Enrique Gomez. Cohosted by Highlands-Cashiers Land Trust and The Village Green. 5:30 PM, rain or shine. For more information contact the land trust at 526-1111 or info.hitrust@earthlink.net.
- At the Nature Center, Going Batty 6 Adult, 8 pm 9:30 pm. \$3. Highlands is home to several species of bats. Join us for a short presentation on bats before we head outside to observe them in their natural habitat. Advanced registration is required as space is limited. Please bring a flashlight.

### Wed., July 26

- Smart Phone Photography Workshop, 10:00-4:00 Cost \$90/\$100 Instructor: Les Saucier. To Register Call 526-8811 or www. clehighlands.com
- Interlude Concert Series sponsored by First Presbyterian Church and the Episcopal Church of the Incarnation will feature the Trey Clegg Chamber Singers, Atlanta [formerly St. Paul's Episcopal Chamber Choir]. The concert will take place at First Presbyterian Church. There is no admission charge for the Interlude concerts which constitute a ministry in music to the community. Dress is casual- come as you are. First Presbyte-

# July 26 Interlude Concert features Trey Clegg Chamber Singers



At 2pm on Wednesday, July 26, the Interlude Concert Series sponsored by First Presbyterian Church and the Episcopal Church of the Incarnation will feature the Trey Clegg Chamber Singers, Atlanta [formerly St. Paul's Episcopal Chamber Choir]. The concert will take place at First Presbyterian Church. There is no admission charge for the Interlude concerts which constitute a ministry in music to the community. Dress is casual-come as you are. First Presbyterian Church is located at the corner of Main and Fifth Streets. Handicapped accessible entrances are located on Church Street and on Fifth Street.

Results of Bascom Members' Art Challenge on view July 29



The Bascom Member's Challenge: Inspirations from Black Mountain College: The Call for Entry for the 2017 Member's Challenge encouraged current members of The Bascom to be inspired by the artists and teachings of Black Mountain College. This year was a competitive submission process with review by our juror, Alice Sebrell, the Program Director for Black Mountain College Museum + Arts Center. Please come celebrate this wonderful arrangement of selected artwork by members of The Bascom at the Opening Reception from 4-6pm on July 29. This is a wonderful annual opportunity to meet local artists and see the creativity derived from their inspiration from Black Mountain College. Free and open to the public. For more information contact The Bascom at 828-526-4949 or visit us www.thebascom.org

### • HIGHLANDS AREA EVENTS •

rian Church is located at the corner of Main and Fifth Streets. Handicapped accessible entrances are located on Church Street and on Fifth Street.

### Thur., July 27

- Franklin Roosevelt and the Origins of the Modern Presidency, 10:00-12:00 Cost \$25/\$35 Presenter: William Lasser. To Register Call 526-8811 or www.clehighlands.com
- SIRI, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith.To Register Call 526-8811 or www.clehighlands.com

### Fri., July 28

- At Hudson Library, Community Coffee with Mayor Pat Taylor at 11 a.m. The subject will be the Aug. 21 eclipse.
- The Coalition for Nonnative Invasive Plant Management, CNIPM, is offering a free seminar, "Birds, Bees, and Botany: Planting Natives and Combating Invasives" on July 28th from 9:00 to 12:30 at the Community Building, next to the ball fields in Highlands. Bring a lunch and stay for afternoon field trips to outstanding private native gardens from I-2:30p.. Also see living examples of our "Most Unwanted" plants. Packets of educational materials will be provided for those who preregister. For information or preregistration: 828-787-1230 or dlandwehr7@aol. com.Walk-ins are welcome.

### Sat., July 29

- Bluegrass Bash—The Highlands Emergency Council will present its 4th Annual Bluegrass Bash featuring The J.W. Band and the Carmel Ridge Blue Grass Band on Saturday, July 29, from 1:00 to 4:30 p.m. at the Kelsey-Hutchinson Founders Park. The day will include hotdogs, clogging, freestyle dancing and a raffle. Lunch tickets are \$5.. Come join us for an old-fashioned afternoon of fun, while supporting the Highlands Emergency Council.
- Chamber Music: Schubert's Greatest Chamber Work and Other Musical Masterpieces, 10:00-12:00 Presenter: Stephen Crist. To Register Call 526-8811 or www.clehighlands.com
- The Bascom Member's Challenge: Inspirations from Black Mountain College: The Bascom at the Opening Reception from 4-6pm on July 29, 2017. This is a wonderful annual opportunity to meet local artists and see the creativity derived from their inspiration from Black Mountain College.

Free and open to the public. For more information contact The Bascom at 828-526-4949 or visit us www.thebascom.org

#### Mon., July 31

• Aery Chiropractic & Acupuncture. Free Health Lecture Series from 6-7 p.m. Upstairs – 2655 Dillard Road.This week: Melanie Marshall, LED Light Therapy

### Tue.-Fri., Aug. 1-4

At The Bascom, Summer Camp: Session
 7 - 9a-noon and I-4p. Print Making. Posters, t-

shirts, greeting cards and more will be created using your own creative ideas in the printmaking session of summer camp. To register call 526-4949.

- Nature Play. Highlands Nature Center 828-526-2623. Ages 4 6 9 am 11 am daily Cost \$75 per child. Most learning occurs outside of a formal classroom and numerous studies support playing and learning outdoors. Campers will have the opportunity to improve problem-solving techniques and enhance cognitive abilities all while using play as a learning tool. Interactive investigations, live animals, and fun games make this camp a truly hands-on experience.
- Plants-a-Plenty. Highlands Nature Center 828-526-2623. Ages 4 6 9 am 11 am daily Cost \$75 per child. Highlands is a perfect place to investigate plant biodiversity. Campers will be ex-posed to plant and tree basics while exploring in the Highlands Botanical Garden. From flowers to ferns, the fun is never-ending!

#### Tue..Aug. I

- Paddle Faster: James Dickey and "Deliverance." 10:00-12:00 Cost \$25/\$35 Presenter: Hugh Ruppersburg. To Register Call 526-8811 or www.clehighlands.com
- iOs Delving Deeper: More About the iPad and iPhone, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com

### Wed., Aug. 2

• A Transforming Middle East, 10:00-12:00 Cost \$25/\$35 Presenter: Akram Khater. To Register Call 526-8811 or www.clehighlands.

### Thursdays, Aug. 3, 10, 17, 24

• Bridge Mistakes to Avoid-Novice Plus and Intermediate, 9:30-11:30 Cost \$80/\$100 Instructor: Brenda Manning. To Register Call 526-8811 or www.clehighlands.com

### Thur., Aug. 3

• IRAN: A Regional Superpower, 10:00-12:00 Cost \$25/\$35 Presenter: Akram Khater. To Register Call 526-8811 or www.clehighlands.com

### Fri., Aug. 4

• Who Goes to Heaven? 2:00-4:00 Cost \$25/\$35 Presenter: Jeffrey Small, Jr. To Register Call 526-8811 or www.clehighlands.com

### Mon., Aug. 7

- Aery Chiropractic & Acupuncture. Free
   Health Lecture Series from 6-7 p.m. Upstairs
   2655 Dillard Road. This week: Dr. Sue, Injury!
- The Great Eclipse of 2017, 10:00-12:00 Cost \$25/\$35 Presenter Steve Danford. To Register Call 526-8811 or www.clehighlands. com
- "Moonrise Wine & Cheese on Laurel Knob" Join us for wine and cheese atop one of our premiere properties in Jackson County as we watch the August "blueberry moon" rise. Learn about the fragile ecosystem we protect there that features a vertical cataract wetland, created by a stream that flows over the rock

face on this easy to moderate early evening visit. Reservations required. \$35 donation for new friends includes the guided hike, lunch on the trail and a one year membership to Highlands-Cashiers Land Trust, \$10 for HCLT members. To reserve: info.hitrust@earthlink.net or 526-1111.

### Tues., August 8

- At the Nature Center, Myths and Mysteries of the Night Sky 6 Adult 9:00 pm 10:30 pm \$3. Ancient people looked to the night sky for navigation and explanation. Learn the most com-mon summer constellations and the myths that surround them. Advanced registration is required as space is limited. Please bring a flashlight. Note that this program is weather dependent. For info, call 526-2221
- Mosaics of Faith: Unearthing artistic Treasures in the Middle East, 10:00-12:00 Cost \$25/\$35 Presenter: Karen Britt. To Register Call 526-8811 or www.clehighlands.com

Tue. & Thur., Aug. 8-10

• Apple Computers (MacOS Sierra 2017 Part I) 10:30-3:30 Cost \$135/\$150 Instructor Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com

#### Tue.-Fri..Aug. 8-11

• At The Bascom, Summer Camp: Session 8 – 9a-noon and I-4p.A little Bit of Everything. Dabble in a little bit of everything in Session 8 of The Bascom's Summer Programs. Explore drawing, painting, mixed media collage, and printmaking. To register call 526-4949.

### Wed., Aug. 9

 Ancient Rome and Modern American: Apt Parallels and Flawed Comparisons, 10:00-12:00 Cost \$25/\$35 Presenter:Vicki Szabo.To Register Call 526-8811 or www.clehighlands. com

### Thur., Aug. 10

• North Carolina's Revolutionary Era: The Militia, the War and Violence, 10:00-12:00 Cost \$25/\$35 Presenter: Wayne E. Lee. To Register Call 526-8811 or www.clehighlands.

# Six musicians to perform at HCCMF over two days

You're invited to the fourth week of the Highlands-Cashiers Chamber Music Festival's 36th Season, July 21 through 24. The festival's Anna and Hays Mershon Artistic Director and classical pianist, William Ransom, will be joined by 6 musicians who will present four days of extraordinary concerts.

Friday and Saturday Alexandra Preucil on violin, Andrew Yee on cello, and Julio Elizalde on piano will join Mr. Ransom as they present Beethoven's Sixth. Preucil has been a member of the violin section of the Cleveland Orchestra since 2008 and has also appeared as soloist and chamber musician with ensembles around the world.

Andrew Yee is the founding member of the Attica Quartet and has been described as spellbindingly virtuosic. He received his Bachelor's and Master's degrees from Juilliard.

Julio Elizalde is one of the most sought-after and multifaceted artists of his generation. He has performed around the world and appears with many of the



Andrew Yee



William Preucil

leading artists of our time.

Sunday and Monday Mr. Ransom, Mr. Yee, and Ms. Preucil will be joined by Yinzi Kong and Aloysia Friedmann on viola to present, "Czech Please." Violist Yinzi Kong is a founding member of the internationally acclaimed Vega String Quartet, who will be performing at the festival as well.

Aloysia Friedmann's broad ranging career has included national and international tours, performances with New York's most prestigious musical ensembles including the Orchestra of St. Luke's and Orpheus, and a special onstage role on Broadway alongside Dustin Hoffman in The Merchant of Venice.

As in previous seasons, concerts are held Friday and Sunday in Highlands at the Performing Arts Center on Chestnut Street, then again on Saturday and Monday at the Albert Carlton Cashiers Community Library. Tickets may be purchased online at h-cmusicfestival.org or by calling (828) 526-9060.

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have time to pamper your paws! Make an appointment today!

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330 Dillard Road Behind Highlands Decorating Center

### Police & Fire Reports

The Highlands Police log entries from July 2. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used

• At 12:45 p.m., officers responded to a two-vehicle accident on Main Street

### **July 3**

• At 11:17 p.m., officers responded to a call of a simple assault to a female at a residence on Upper Lake Road.

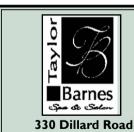
### **luly 4**

· At II a.m., officers received a report about trespassing and damage to personal property where someone broke a window on a house who was staying on the property on Horse Cove Road.

#### Iuly 5

• At 2:05 p.m., officers responded to a two-vehicle accident on 3rd Street.

July 6



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· At 9:45 a.m., officers received a report of a larceny of crops and timber worth \$600 taken from a residence on Horsecove Road.

#### July 7

- At 10:10 a.m., officers responded to a two-vehicle accident on NC 106.
- At 6 p.m., officers received a noise complaint about a chainsaw being used after 6 p.m. on Tudor Hall Lane.

### **July 8**

- At 2:20 p.m., officers responded to a two-vehicle accident in the Hudson Library parking lot.
- At 3:30 p.m., officers responded to a two-vehicle accident on US 64 east.

### July 9

• At 6:02 a.m., officers responded to a one-vehicle accident on US 64 west.

### Iuly 12

 At 4 p.m., officers were called by a merchant about a resident on Wingina Place keeping mail that didn't belong to him.

### The Highlands Fire & Rescue Dept. log from July 6.

• The dept. was first-responders to a residence on Dillard Road.

· The dept. provided public assistance to a resident on Horse

• The dept. was first-responders to a residence on Cook Road.

- The dept. responded to a call of a downed powerline on Many Road.
- The dept. responded to a fire alarm at a residence on Highgate Road.

• The dept. was first-responders to a a residence on Chestnut Street.

· The dept. provided public assistance at Glen Falls.

### Iuly 10

• The dept. provided mutual assistance to Cashiers on a search

• See FIRE page 21





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Grill - every day of the week starting at 11:00 until close Fresh cut natural meats, homemade deli salads, specialty sandwiches, homemade potato chips, daily soup specials.

Deli - Serving all day
Fresh cut natural meats, homemade deli
salads, specialty sandwiches, homemade
potato chips, daily soup specials.

Wood Fire Pizza Oven -Every day from 11:00 to close Authentic Neapolitan pizza made from scratch, fresh mozzarella, basil, crushed tomatoes, homemade Italian sausage, pancetta, and daily specials.

SUNDAY SOUTHERN BRUNCH BAR

Every Sunday from 11am – 3pm
Skillet fried chicken, country Angus steak, skillet corn, biscuits & preserves, mashed potatoes, veggies, cobbler, plus the entire soup & salad bar.
\$12.95 (dine in) or
\$9.99 a pound (to go)

PREPARED FOODS

A large selection of take-away items fully prepared and ready to take home. Grilled pork loins, homemade mac & cheese, mashed potatoes, herb rubbed chicken, made in house bbq, chicken salad, deli salads & much more.

**DINNERS TO GO** 

A different full dinner for two every night, Monday-Saturday from 4:30 until we sell out. Call ahead to reserve...

Monday - Low Country Lobster / Shrimp Boil - Maine lobster tails, wild caught large shrimp, red bliss potatoes, summer corn, house made sausage, all steeped in our seasoning. Served with drawn butter and cocktail sauce. \$36.95 serves two

Tuesday - Oven Off Night
Two natural chicken breasts grilled with our Tuscan herb infused olive oil, served on a bed of greens with stuffed brie, spiced pecans, our extra virgin olive oil and balsamic vinegar on the side with two cups of homemade gazpacho and a baguette from our bakery.

\$26.95 serves two

Wednesday - Prime Rib with Baked Potatoes & Salad - Premium Angus standing rib roast, cooked medium rare w/ red wine au jus. Two baked potatoes & a large Caesar salad. \$35.95 serves two

Thursday - Two Racks of Baby Back Ribs - cooked until fall-off-the-bone-tender. Served with house made bacon/apple baked beans and potato salad. \$27.95 serves two

Friday - Wild Caught Shrimp: fried or steamed. Wild caught North Carolina shrimp either lightly breaded in our seasoned corn flour mixture, and then properly fried in peanut oil & served w/ hush puppies; or steamed to order in our low country seasoning. Both come with coleslaw and rosemary sea salt broiled red potatoes, tarter & cocktail sauce.

\$28.95 serves two

Saturday - In-House Smoked BBQ - Hand rubbed pork butt, pit-smoked over night and hand pulled to order. Comes with coleslaw, apple bacon baked beans, and yeast rolls \$25.95 serves two

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### Playhouse second live offering 'Forum' is on through July 29

"A Funny Thing Happened on the Way to the Forum" is on stage at the Highlands Playhouse through July 29, Wed., Thurs., Fri, and Sat. at 8pm with matinees at 2pm on Sat. and Sun.

Tickets are \$38 each for adults, \$15 for kids 12 and under. Tickets are on sale online at HighlandsPlayhouse.ORG or at the Playhouse Box Office.

This show is much more kid-friendly than Cabaret. There is some adult humor and sexual situations are implied rather than shown, but according to the Playhouse staff it would be rated PG13.

"Forum" is a light-hearted, fast-paced comedic musical with music and lyrics by the renowned Stephen Sondheim. The cast includes some returning favorites who are beloved by many in the community.

Mark Bacon - Hero; Mark Chmiel - Senex; Jimmy Lewis - Hysterium; Samantha McHenry - Phillia; Bill Patti - Pseudolus; Bob Russell - Miles Gloriosus; Heidi Spoon - Domina; Bob Trisolini - Erronius; and Danny Wilfred - Marcus Lycus



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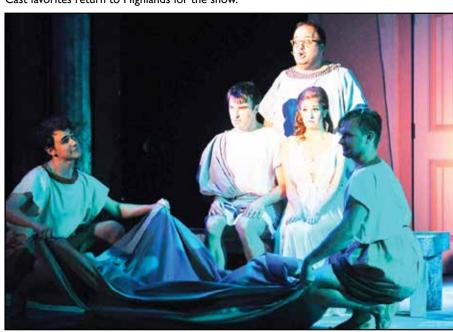
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BIG BUCK LODGE is truly a grand estate. This private and serene property consists of 35 wooded acres that backs up into the National Forest. Exceptional quality and care was taken while building this one of a kind estate with the grandeur of a formal home. Pamper yourself in luxury. \$2.995,000 MLS #85171



Great 2br/2ba, recent remodel of historic barn bordered by Mill Creek. Hay loft is now a huge master ensuite. Private well with some of the best water on the mountain. Wide plank flooring, original locust posts and beams, new insulation, new roof, upper deck looks at creek. \$284,9000 MLS #82974

#### LOT LISTING

Easy build .81 acre lot in prestigious Cold Springs Saddle & Lake Club. Private lake access and just minutes to downtown Highlands. \$82,500 MLS #83190



Updated 2bd log cabin with exceptional long range mountain views on over 10 acres. Drive to the top and see a wonderful flat building site with even better long range views. Property on Atlanta side of town, minutes to downtown Highlands. \$685,000 MLS #84525



Highlands Mountain Club with great mountain view, Spacious 3br/2ba condo. Enjoy the pool, tennis and clubhouse. Fully furnished. \$229,000 MLS # 82270



Close to town 3bd/3ba home with some mountain view. Kitchen, living room and master on main are bright and cheery. Bring the outside in with a solid wall of glass. Lower level offers guest rooms & family room with wood stove. \$293,000 MLS #82336

### LOT LISTING

Easy build .81 acre lot in prestigious Cold Springs Saddle & Lake Club. Private lake access and just minutes to downtown Highlands. \$82,500 MLS #83190

### LOT LISTING

Rare find on Cullasaja Drive. 1.12 acres with with Mirror Lake frontage. Site and house plans available. \$395,000 MLS #72715



Architecturally unique home with a great lake setting on Cold Springs. 3/3 main house plus a 2 car garage with apartment above. Adjoins conservation easement so you can enjoy the peace and serenity of the lake while maintaining privacy. \$967,000 MLS#79848



Safe and quiet community of Teague Estates, immaculate 3br/2ba home! Enjoy mountain views and sounds of Buck Creek from the back deck. Located between Highlands and Franklin. \$227,000 MLS #84749



Built from a Pennsylvania barn, this 5br/5.5ba home in exclusive Highgate is the epitome of a mountain home. Beautifully landscaped, large covered decks w/ fireplace and an amazing guest cabin. \$2,175,000 MLS #85692



Own a family retreat in the north GA mountain city of Sky Valley. Great investment opportunity! The rustic mtn styled 3 bedroom main home offers wooden floors and beams & large wood burning stone fireplace. Seperate 2 car garage and 2 bedroom guest home. \$175,000 MLS #84770



16 acre estate with stream and mountain view. An adorable 2bd/2ba cottage with den. Sit on the deck and enjoy the view and the forest. Walk the many trails on property. \$279,000 MLS #84135



Great home in pristine condition. 3bd/3ba + 2 half bath in Highlands Falls with open kitchen/living area with access to large covered deck and amazing views. Master on main with guest suites, office and family room on lower level. \$895,000 MLS #86445



Amazing value! 3bd/3.5ba with motivated sellers. Views to Eyebrow Ridge with a bit of trimming. Full guest suite on lower level for guests privacy. \$399,000 MLS #8645 I



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### • Spiritual Ly Speaking •

### **Keep your** coffee cup in the right position





'm a firm believer that life just goes better with a cup of coffee. Can I get a witness? A hot cup of coffee Ladds a richness to both food and conversation. It would be hard for me to imagine a pleasant morning or an enjoyable breakfast without a cup of coffee.

Have you ever noticed the coffee cup at your table setting when you attend a banquet? It's generally positioned upside down on its little round plate. If you would like some coffee, you place the cup in the upright position. That's the cue for the server that you want coffee, and eventually your cup will be filled with delicious, fresh brewed coffee and life will once again have meaning and purpose for you! If you don't wish to have coffee (which, by the way....what would you be thinking?), you simply leave the cup turned down and your coffee cup will remain sadly empty.

In each of the Synoptic Gospels (Matthew, Mark and Luke), Jesus tells the parable of the sower. In the parable, Jesus speaks of the critical role that soil plays in determining whether sowed seed will be able to germinate, grow and bear fruit. While seed struggles to grow on the hard ground of the path, or the shallow earth of rocky ground, or among life-choking thorns, beautiful and abundant fruit springs forth from good soil.

As I reflect on my life as a Christian believer, I recognize that my faith journey has been been, and continues to be, a mixture of all types of soil. Even though I've tried to live a life of authentic Christian Discipleship for a few decades now, I confess that it is still very possible for the seed of God's Kingdom to find the soil of my soul hard, shallow and uninviting.

Like an upside down coffee cup.

If you're anything at all like me, you've probably experienced that the faith journey landscape is dotted with fulfilling mountains and discouraging valleys. On some days faith comes easy, and on other days its a struggle just to hang on.

Over the years I've come to recognize that the transformation of seed into fruit is God's doing. The mystery of growth and abundance is God's work. However, I've also come to understand that I do have a role to play. I have something to say about the quality of the soil in my own heart and life.

So on my better days I do the things that make for good, rich and fertile soil. I seek God's holy presence in prayer, I listen for God's gentle voice in the Holy Scriptures, I seek opportunities to gather at the Lord's Table, I worship with fellow believers and I try to offer tangible expressions of Christ's love to others.

Or in other words, I try to keep my coffee cup in the right position!

#### **Proverbs 3:5** John 3:16

### BLUEVALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965 Sundays: School: 10 a.m., Worship: 11 Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

**BUCK CREEK BAPTIST CHURCH** 

828-269-3546 • Rev. Jamie Passmore, Pastor Sundays: School: 10 a.m.: Worship: 11

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### **CHRIST ANGLICAN CHURCH**

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Sun. 8:30a 1928 Prayer Book Service (no music); 9:30a Sunday School: 10:30a Worship Service

Mon. 6p Bible Study & Supper at homes

#### CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Steve Kerhoulas • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching. Tues, Guys study 8am, Gals 10am,

#### CHRISTIAN SCIENCE CHURCH

283 Spring Street

Sunday Service: 11 a.m.

Testimony Meeting: 5 p.m. on the 3rd Wed.

### CLEAR CREEK BAPTIST CHURCH

Pastor Iim Kinard

Sundays: School: 10 a.m.; Worship: 1 la.m. Ist & 3rd Sunday night Service: 7.p.m.

Wednesdays -Supper at 6 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC

Senior Pastor Gary Hewins

Sun.: 9:30am: Sunday School

10:30am: Middle & High School; 10:45am: Child. Program,

10: 45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC U.

### **EPISCOPAL CHURCH OF THE INCARNATION**

The Rev. Dr. Maurice L. Goldsmith • 526-2968

Sundays: Education and choir rehearsal, 9 am,

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Thursdays: Holy Eucharist Rite II.

### FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands NC 28741

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am: Prayer Mtg 6:15 pm; Ch. 5p

### FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Worship: II a.m.; School: 9:30

Mondays: 8 a.m.:Men's Prayer Group & Breakfast Wednesdays:Choir:5:30p

### **GOLDMINE BÁPTIST CHURCH**

(Off Franklin/Highlands Rd)

Sunday School: 10 am, Worship Service: 11 am

### **GRACE COMMUNITY CHURCH OF CASHIERS**

Non-Denominational-Contemporary Worship 242 Hwy 107N, I/4 miles from Crossroads in Cashiers www.gracecashiers.com • Pastor Steve Doerter: 743-9814

Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm **HAMBURG BAPTIST CHURCH** 

Hwy 107N. • Glenville, Nc • 743-2729 • Pastor Nathan

Iohnson

Sunday: School 9:45a, Worship I Ia & 7p, Bible Study 6p

Wed. Kidsquest 6p.: Worship 7p.

### HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor828-421-9172 • 165 S. Sixth Street Sundays: Worship: LL

### HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center) Sun.: Morning Worship 10:45 a., Evening Worship, 6:30 p.

Wednesday: Prayer Service, 6:30 p.

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Randy Lucas 526-3376

Sun: School 9:45a.; Worship 9:09,10:50.; Youth 5:30 p. Wed: Supper: 5:15: youth, & adults activities: 6: Handbell rehearsal, 6:15: Choir Rehearsal 7, (nursery provided ): 7pm

Intercessory Prayer Ministry

### HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741 LutheranChurchoftheHolyFamily.yolasite.com

Sun: School and Adult discussion group 9:30 a.m.;

Worship/Communion: 10:30 HEALING SERVICE on the 5th Sunday of the month.

**MACEDONIA BAPTIST CHURCH** 

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Troy Nicholson, (828) 526-8425

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.:7 p.m.

### **MOUNTAIN SYNAGOGUE**

at St. Cyprian's Episcopal Church, Franklin • 828-524-9463

### **MOUNTAIN BIBLE CHURCH**

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church.

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m. **OUR LADY OF THE MOUNTAINS** 

### **CATHOLIC CHURCH** Parish office (Father Francis): 526-2418

Mass: Sun: II a.m.: Sat. at 4p

### **SCALY MOUNTAIN BAPTIST CHURCH**

Rev. Marty Kilby

Sundays: School -10 a.m.: Worship -11 a.m. & 7 Wednesdays: Prayer Mtg.:7 p.m.

#### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212 Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

### **SHORTOFF BAPTIST CHURCH**

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11 a.m.

Wednesdays: Prayer & Bible Study:6 p.m.

### THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359 • Rev. Rob Wood

June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a

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Sept 6-Oct 25-Informal Evening Eucharist-5:30 p.m. Thursday: Noon Healing Service with Eucharist.

### LITTLE CHURCH IN THE WILDWOOD

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Sunday Worship - 11 a.m.

### WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am, Worship Service: 11 am



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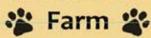
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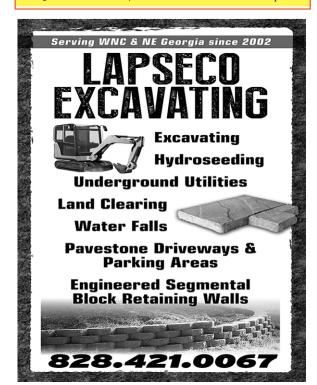
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> - Davis Picklesimer Highlands Wine Shoppe



Ron Griffith (828) 482-9309



### ...FIRE continued from page 14

at Whiteside

• The dept, investigated a smell at a location on S. 4th Street. The dept. assisted EMS with a medical call at a residence in Flat Mountain Estates.

- The dept. was first-responders to Blue Valley Road.
- The dept. stood by for the MAMA helicopter at Zach-
- The dept, was called to investigate a smell at a location on Garnet Rock Trail.

#### July 12

- The dept, was first-responders to a location on Church Street.
- The dept, was first-responders to a location on Main Street.

• The dept. was first-responders to a location on S. 4th Street.

#### July 15

• The dept, was called to a residence on Clear Creek

Road concerning smoke in the house.

### Iuly 16

• The dept. stood by for the MAMA helicopter at Zachary Field.

- The dept, responded to a motor vehicle accident on Buck Creek Road.
- The dept, stood by for the MAMA helicopter at Zachary Field.
- Twice, the dept. responded to a motor vehicle accident on US 64 west.
- The dept, responded to a fire alarm at a residence on Big Creek Lane.

### July 18

• The dept. was first-responders to Overlook/Bllue Valley Campground where three juvenille males who were camping with several others including three counselors suffered minor injuries when an oak tree fell on the tent they shared with three other boys. They were taken to H-C Hospital and released.

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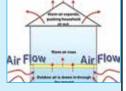
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