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Highlands Newspaper

Volume 1, Number 3

Locally Owned & Operated

Friday, Aug. 1, 2003

Aug. 1-7

- Tonight, Aug. 1, Steve Green, Christian music artist is performing at the Rec Park at 7 p.m. Tickets are \$10, available at Jacob's Well or Highlands' House of Coffee.
- The Scaly Mtn. Women's Club is holding its annual flea market and bake sale, Fri., Aug. 1 and Sat., Aug. 2 at Scaly Mtn. Ski Lodge.
- Tomorrow, Aug. 2, Highlands Fire & Rescue celebrates 50 years of service with an open house, Saturday, from 11 a.m. to 3 p.m.
- Tomorrow, Aug. 2, Bolivia Mission Trip Bake Sale and Breakfast 8-11 a.m. at Highlands United Methodist Church on Main Street.
- Tomorrow, Aug. 2, The "Great Storytelling Festival is at PAC. Tickets are \$15 for adults and \$5 for children. Tickets are available at Hudson Library, Regions Bank and Highlands Office Supply.
- Tomorrow, Aug. 2, HS Class of 1983 reunion is at 7 p.m. at the Conference Center. For more info call 526-2084.
- Tomorrow, Aug. 2, join the Audubon Society for a workday on the greenway. Meet at the Rec Park at 9 a.m.. For more info, call 787-1387.
- On Sunday, Aug. 3, Auditions for Highlands Community Players production of Brighton Beach Memoirs is 3 p.m. at HUMC, For more info, call 526-4904.
- On Sunday, Aug. 3, The McKim Family will present "A Broadway Revue" at 8 p.m. at PAC including choreography and singing. Tickets are \$10.
- Monday, Aug. 4, Highlands Playhouse Charity Golf Tournament starts at 11 a.m.
- HIARPT Lecture Series presents Dr. Raymond Williams, Aug. 4 & 5 at PAC.
- Tuesday, Aug. 5 an ecumenical service "Blessing for the School Year" at HUMC at 7 p.m.
- Class lists for the 2003-2004 school year will be posted outside teachers doors Aug. 4.
- **Senior Pictures** will be taken Tuesday, Aug. 5 at 10 a.m.

Marsh first to join Commissioner race

By Kim Lewicki

So far five candidates are vying for three seats on the Highlands Board of Commissioners, but that figure is likely to change by the filing deadline noon, Friday, Aug. 1.

Commissioners Herb James and Mike Cavender are going after the seats

they've held for four years. But Alan Marsh, Dennis DeWolf and Eric Pierson are also jumping into the ring.

All the candidates come to the table with lots of public service experience behind them and an intimate understanding of how the town runs.

Marsh, DeWolf and Pierson have

been involved in various aspects of Highlands' appearance, planning and land use management over the years. Now they're ready for they're votes to really count.

As members of town committees and boards, they know they can make

■See RACE page 19

GA bridge redo to effect Highlands' motorists

By Joe Gatins

Contributor

Plans being developed by the Georgia Department of Transportation to replace and widen the Russell Bridge on Route 28 at the Chattooga River could affect motorists and commercial traffic in and out of the Highlands-Cashiers area, several local residents noted this week.

While no decision has yet been finalized, DOT officials have made clear that one option under consideration would be to close the road entirely during the duration of construction.

The bridge, while not heavily used on any given day, serves as an important commercial and personal lifeline over time to many

■See GA BRIDGE page 5

The Hill family has called Horse Cove "home" since 1845 – before Highlands was "Highlands"



Photo courtesy of Luther Turner

Great, great-granddaughter of first the mayor of Highlands, Robin Phillips, recounts summers in Horse Cove. Helen Hill Sloan, far right, was Robin's grandmother. This photo was taken August 7, 1900. From left is Hoyt Hill, Leonard Hill, Frank "Pa" Hill who built the house, Harry "Prune" Hill, Sarah Frost Hill, and Hazel Hill Sloan. See story page 13.

Main Street Inn zoning change request denied

By Kim Lewicki

If the Main Street Inn's zoning was B-1 and not B-2, it could legally serve meals to the public because it wouldn't have to satisfy parking requirements.

At the July 28 planning board

meeting, members heard arguments for and against rezoning, but ultimately the request was denied 4-3 with Chairman Linda Clark breaking the tie.

Some time ago, the town learned that meals were being served to the

public from the inn and the Zehrs, the proprietors, were ordered by the Town to "cease and desist." The Town said they were allowed to serve meals to

■See MAIN STREET page 21



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FORUM =

- It's time to start fresh -The 2003-2004 school year is here

brand new year is about to start at Highlands School and with that should come a clean slate. Parents, teachers, administrators and students should start fresh.

There have been some rumblings in the community about situations that took place between certain teachers, administrators, staff members and students during the 2003-2004 school year. And in all fairness, some of the rumblings may be justified. But as a parent of two less-than-perfect teenage girls and the wife of an exteacher of 13 years, I know that the "complete" story rarely gets told when situations run amuck and there are always at least two sides to every story - usually more.

I have had my share of run-ins with the administration at Highlands School. And even though I'm sure my opinion was ALWAYS the right one - especially when it concerned my kids - I have rarely been able to turn the course to my liking.

As frustrating as it can be, going through the proper channels is always the right way to go when dealing with school officials. They are weaned on protocol and learn early in their careers the importance of dotting every "i" and crossing every "t" especially when charged with the welfare, safety and education of people's children.

Whenever I think that my girls haven't been treated fairly, or the administration was too hard on them concerning their attitude, behavior or attire, I stop and take a deep breath before I go barging into the office like a maniac..

I try to imagine what it would be like to be in a classroom and have to deal with 25 replicas of my girls at their very worst. And that's when I realize that, number one, I'm definitely not cut out to be a teacher. And number two, anyone who can deal with all those male and female personalities, raging with hormones on any good or bad day, and not just "deal" with them but teach them something they are required to know, is a special breed. Teachers need all the support we can give them.

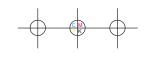
On the flip side, teachers and administrators need to come to school each year with the understanding that it's very possible "problem" kids had an epiphany over the summer. They shouldn't assume that just because they had a bad year last year, the same kids will have a bad year this year.

With the start of each school year, teachers, administrators and staff members should reassess their "new" crop of students and consider that every kid blossoms at different times.

So here we go. Time for meal and bedtime rituals to begin again after a short but lackadaisical summer. It's time to hit the grindstone and remember that we're all on the same side. - Kim Lewicki

We welcome letters from our readers. All letters are subject to editing. We reserve the right to reject letters. Anonymous letters will not be accepted. Letters bearing identification can arrive by post or email. Published letters do not necessarily represent opinions of Highlands' Newspaper.







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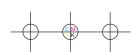
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CLEANING ~ REPAIRING APPRAISALS

FORUM =

Responsible Economics

By Horace G. Duncan

Contributor

Is it really true that the recession is over? Some news pundits have said that the economy is slowly coming out of the doldrums. Is that true, or is it just more rhetoric?

Stories abound in many quarters of our country where the economy is far from recovering. It may be "cool" to drink Rocky Mountain spring water but Denver is flooded with an over abundance of housing real estate. In order for some apartment building owners to rent their properties, they're giving the first and last month's rent free on a one-year lease.

States are fighting terrible financial deficits. Budgets in California and other states as well are flirting with bankruptcy. One can venture into heady discussions about civil budgets and the many ramifications with which budget planners must deal. But it really boils down to the fact that to maintain fiscal stability, the choice is between reducing expenditures (services) or increasing taxes (income.). Will President Bush's tax cut plan salvage the faltering economy?

The first tax cut refund didn't turn the economy around. Some say that it kept the recession from getting worse. That kind of philosophy is simply a cop-out. Supporters of the tax cut plan say it is a positive force. Critics say it will be counter productive. Could it be too little and too late? Certainly, with less tax revenue our various levels of government will have to exercise some nifty and progressive management styles to let the good times roll again.

Focus for a moment on our own turf of Western North Carolina. According to a report in the Asheville Citizen-Times, July 18, 2003, there have been three plant closings in Transylvania County in less than one year. Will Macon County be next?

RFS Ecusta paper mill closed in August 2002 – 600 jobs were lost. AGFA X-RAY plant closed in November 2002 – 270 jobs were lost. The Coats American plant (makers of thread with the great name of Coats on every spool) will close in September with 288 jobs lost. That totals 1,098 jobs lost and no signs of new jobs created.

Depending upon where the line is placed, there are 18 counties in Western North Carolina. If each of those counties were to lose the same number of jobs the total then would be 19,764. That's about enough to start some bread lines. It would surely knock the props out of the economy in Western North Carolina.

Why have all these plants been closed? Is it still competition from overseas. Is the free market policy that Ross Perot said would create a giant sucking sound? Is it bad management? Is it that some businesses fail in making adjustments to changing times? Many businesses and industries are down-sizing, and have been doing so for several years. Work loads are being spread to fewer workers. Innovations to reduce labor costs are being implemented in many places. For example, some major grocery chains are installing automatic check-out systems where the customer checks himself out instead of having a paid cashier at that station. How long can the economy deal with these issues without balancing the scales of growth, change and bringing in more rewarding jobs of new character?

How effectively will counties, state and federal government take positive measures to fund a tax base that keeps getting smaller even as

Movie Pix ■

TRRESISTIBLES"

The Video Guy presents -Masaynki Suo's 1996 comedy "Shall We Dance?"



The story line: Middle-aged Office Guy makes an unin tended journey of selfdiscovery after signing up for ballroom dance lessons. In order to meet the beautiful dance instructor, tries to keep the dreadful secret from his family and coworkers.

Part romance, part comedy, part commentary on rigid Japanese society, although the characters and events will be just as familiar to any American audience, it really is a charming and heartwarming

story.

Perfect performance by Middle-aged Office Guy, but the plum roles go to the rest of the dance class, and they are hysterically funny.

Each character is believable, recognizable and ultimately decent. Middle-aged Office Guy finds out, with the help of his

friends that life cannot be contained by the walls of your cubicle, and all of us contain more in our soul than can be accurately recorded in our personal

"ENORMOUSLY ENTERTAINING!" heartwarming dance theme movies are Strictly Ballroom, Dirty Dancing, Footloose, Tango Lessons, Dance With Me, and Save the Last Dance. These and about 5,000 other titles are available at Movie Stop Video next to The Brick Oven. New-release movies

Other

rent for \$3.25, regular movies rent for \$2. There's also "Two for Tuesday," excluding new releases, and "Five for Five" - 5 movies for 5 days for \$7. Hours are Monday through Friday 11 a.m. to 8:30 p.m.; Sat. and Sun. noon-8:30 p.m.

Stuart Armor, owner of the Movie Stop, will be submitting movie "reviews" regularly.

..... GA BRIDGE cont. from page 1

local residents in North and South Carolina as well as the Satolah community in neighboring Georgia.

"And it's real important to many of our weekend visitors and summer residents, too," said Kelly Munger, a Satolah resident who works in real estate in Highlands.

Munger and a handful of neighbors got together this week to review the DOT plans and to assess the possible impacts of the bridge project. One decision was to alert the people in the Highlands-Cashiers area and to invite them to attend the public information meeting that will be held in mid-August.

That meeting has been scheduled for Thursday, August 21, at the Satolah firehouse on Route 28. The meeting is being organized under an "open house" format, which allows citizens to review plans and get their questions answered at any time between 5-7 p.m. that evening.

"We're hoping for a good turnout," Munger said. "It's especially important for everyone to register their comments about this bridge project."

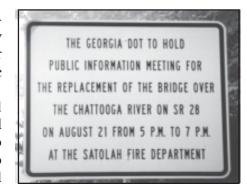
Munger and neighbors Carol Austin and Joe Gatins also noted that motorists would experience no small inconvenience and hardship if the road and bridge were closed

entirely during construction. North- and south-bound traffic would either have to detour down Route 107 or through Clayton, Ga., (via Warwoman Road) and Westminster, S.C. (via US 76) to get from Highlands and Satolah to Walhalla, S.C., for example.

The bridge, additionally, abuts an environmentally sensitive portion of the Congressional designated Chattooga Wild and Scenic River, and straddles several important Native American archeological sites.

As the Satolah residents see it, there is little reason the Georgia DOT should not provide temporary passage across the river during construction, even if it's just one lane at a time.

For further information, contact Satolah residents Carol Austin, (706) 782-6460; Joe Gatins (706) 782-9944 or Joe Munger (706) 782-1669.





Russell Bridge on Route 28 at the Chattooga River

■Police & Fire Depts. log

The following are the Highlands Police Department log entries for the week of July 23-29. The only names are of public officials and/ or people who were arrested.

July 23

• At noon, officers responded to an accident between two drivers at Fifth and Main Street. There were no injuries.

July 25

- At 7:10 a.m., officers responded to an alarm at Regions Bank. It was a malfunctioning alarm.
- At 3 p.m., officers responded to an accident on Fourth Street. There were no injuries.

July 26

- At 10:05 a.m., a motorist at Fourth and Main was cited for driving without an inspection sticker and an expired registration.
- At 7 p.m., a motorist at Third and Spring streets was cited for driving without insurance..

July 27

- At 2 p.m., a patron leaving a hotel drove over and damaged a drain pipe and kept going.
- At 2:55 p.m., officers responded to an alarm at Old Edwards Inn. All was secure.
- At 10:30 p.m., a motorist at Third and Main streets was cited for exceeding a safe speed.

July 28

- At 8:40 a.m., a motorist at Fourth and Main streets was cited for driving without an inspection sticker or registration.
- At 7:55 p.m., officers responded to a noise complaint caused by construction on Cullasaja Drive.

• At 5 p.m., officers responded to a complaint of people sitting on flower planters in front of a store on Main Street.

July 29

- A little past midnight, officers responded to a noise complaint at Cyprus Restaurant. The patrons were asked to quiet down and leave.
- At 7:50 a.m., officers on patrol found an open door at Macon Bank. All was secured..
- At 2:40 p.m., a motorist at First and Main streets was cited for driving with an expired registration..

July 30

 At 1:30 a.m., officers responded to a noise complaint at Cyprus Restaurant but it was unfounded..

The following are the Highlands Fire & Rescue Department log entries for the week of July 23-30.

July 23

The department was first responders to assist EMS with a trauma case at a residence on Spruce Lane. The victim was transported to Highlands-Cashiers Hospital.

July 25

• The department responded to an accident on U.S. 64 east at the entrance of Highlands Falls Country Club. The victim was transported to Highlands-Cashiers Hospital.

July 28

 The department was first-responders to assist EMS with a medical call on Buck Creek Road.
 The victim was transported to Highlands-Cashiers Hospital.

A '50 years of service' party

Highlands Fire & Rescue Department will celebrate 50 years of service with an open house at the station, Aug. 2 from 11 a.m. to 3 p.m.

There will be hotdogs, drinks and free rides on the fire trucks. About 600 people are expected and donations will be accepted.

MC Schools' test scores good – cut in funding the problem

By Doug Neidenthal

Contributor

Macon County School Board members this week heard some good news and some bad news.

"The news is even better than last month," said Suzie Cabe, assistant superintendent, of unofficial state accountability test scores.

All Macon schools except Macon Middle School met, or exceeded, their Annual Yearly Performance (AYP) goals.

Districtwide, county schools met 128 of 129 target goals established by state and federal accountability standards. Macon Middle School missed by one, meeting 16 of 17 its student performance goals.

Highlands School, one of two K–12 schools in the county, met all 15 of its academic performance targets.

Federal legislation under No Child Left Behind sets achievement goals in math and reading for each school. Board members and administrators welcomed the student performance results for the 2002 – 2003 school year.

"We're probably in the top two percent statewide on the AYP testing results," said Rodney Shotwell, superintendent of Macon Schools.

Board member Thomas Baldwin agreed.

"This is some of the greatest news a school system can have," he said.

But, Shotwell had the task of breaking the bad news to the school board at its monthly meeting.

"We're still crunching the numbers," he said of an anticipated cut in state monies for the upcoming school year.

"We're looking at nearly \$500,000 in cuts from last year," he

State legislatures, faced with burgeoning deficits, cut from school budgets statewide. Last year, Macon County schools received nearly \$19.4 from state coffers for teacher salaries and other expenses. This year, local schools expect only \$18.9 million despite an overall increase in enrollment to 4,158 students.

Changes in federal funding could also affect future career technical classes.

"We're looking at attacks on all fronts," said Lee O'Neal, director of Macon County Career Technical Education. She asked board members to distribute letters to local businesses and employers petitioning for current funding to continue.

Shotwell said board members and school administrators are working to deal with the effects of the fiscal fallout.

He also announced good news regarding the planned gymnasium addition and renovations to the Highlands School. Donnie Luke, an architect with Architectural Design Studios, plans to hold a pre-bid meeting at the school on Aug. 5, at 3 p.m.

To date, seven contractors have expressed interest in bidding on more than \$1 million project. Bids will be opened on Aug. 19 at 3 p.m. at the Macon County Schools administrative office.

Highlands School will open for classes next Thursday, Aug. 7.



School starts Thursday, Aug. 7 and senior pictures are Aug. 5.



Cooking on the Plateau

'Celebrate Highlands' in the kitchen

ike everywhere, celebrations in Highlands are embellished by

A century ago, Highlanders were dependent on what they could raise at home or hunt in the forest or catch in the rivers. Reaching this small hamlet then was not an easy task, for there were few roads.

Today, people from all around the nation and foreign countries visit Highlands, bringing with them new culinary skills, ideas, and tastes.

A sampling of Highlands' cuisine is in the pages of the "Celebrate the Laurel Garden Club founded in 1982 and dedicated to the protection and conservation of Highlands' natural resources, its village beauty and its road side charm. Proceeds from the sale of the book benefit

Highlands" cookbook, available in

The collection was compiled by

area stores for \$22.95.

the Highlands Botanical Gardens/Nature Center and other projects which are in agreement with the club's stated purpose.

Squash Gratin with White Cheddar Cheese

1 medium onion, thinly sliced 2 pounds yellow squash, thinly sliced

1 tsp. salt

Freshly ground pepper to taste

- 2 eggs
- 2 Tbsl. sugar
- ½ cup milk

8 ounces Vermont or New York white Cheddar cheese, shredded

1 to 2 Tbls. butter

Bring enough water to cover the onion and squash to boil in a saucepan. Add the onion and squash. Cook for 10 to 15 minutes or until tender; drain. Arrange in a 2-quart baking dish. Sprinkle with the salt and pepper. Combine the eggs, sugar, milk and cheese in a bowl and mix well. Pour over the squash mixture. Dot with thin slices of butter. Bake at 350 degrees for 45 minutes. Cut into squares or diamond shapes. Yield: 6 to 8 servings

Tomato Pie

1 cup mayonnaise

1 cup shredded sharp Cheddar cheese

1 tsp. garlic salt or garlic powder

- 1 tsp. ground pepper
- 1 tsp. chopped chives
- 1 tsp. chopped basil
- 1 tsp. onion powder or flakes
- 3 large tomatoes, thickly sliced or six Roma tomatoes
 - 1 baked (9-inch) pie shell

Combine the mayonnaise, Cheddar cheese, garlic salt, pepper, chives, basil and onion powder in a bowl and mix well. Arrange the tomatoes in the baked pie shell. Spoon the Cheddar cheese mixture over the top and press down. Bake at 400 degrees for 40 to 45 minutes or until heated through. Cool slightly before cutting. Serve hot or cold. Yield: 6 or 8 servings.

Each week recipes from various local cookbooks will be featured.

..... ECONOMY cont. from page 4

the country continues to grow and trade agreement is withdrawn. It expand and more services are demanded? When plants close more mid-line employees face joblessness than do top-line executives. If executives retire with a pension and payoffs for stock options they gain where mid- and lower-level employees lose. Does that mean the rich will get richer and the poor get poorer? That's not really what this country is all about is it?

Something must be done now by business, industry, government and people, to curb this trend. It's a joint venture and we all are involved. It would help if the free

would help if the almost uncontrollable invasion of illegal immigrants was managed properly. It would help if more incentives and/or penalties were imposed on industry to stay in this country instead of moving off-shore. There is one fact for sure. The economy is not going to get better all by itself. It needs some good old American ingenuity to bring it back to good health.

Horace Duncan is a management consultant and lives in Highlands.

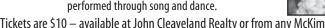
Broadway Revue

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Chamber Music Festival shares its music



The Highlands-Cashiers Chamber Music Festival recently brought some beautiful music to the residents of the Eckerd Living Center. Featured were The Vega String Quartet performing and then later visiting with some of the residents at the center. They are all part of the four-week long Festival which is celebrating its 22nd year in the Highlands-Cashers area. More than 30 national and international artists are performing through the Festival which ends with its traditional grand Gala dinner and concert on August 8 at Wildcat Cliffs Country Club. To order tickets to concert performances or to the Gala, please call 828-626-9060



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Healthy Living

Getting into the execise habit

with Tina Rogers

EXERCISE. When you see this word what thoughts pop into your head? For some people the word is akin to some foul four-letter word and something they definitely need to steer clear of. For others it is a word they have either read or seen on TV. They wonder what might be involved but just can't let go of the remote and get off the couch long enough to investigate.

There are those of us who truly enjoy the benefits of exercise and there are still others who we would deem extreme fanatics. It is the third category I want to address in this article.

Why should we exercise and what possible benefits could be derived from huffing and puffing and sweating for an hour.

One of the greatest benefits is that exercising on a regular basis helps eliminate and/or maintain our weight. I have always maintained you can eat in moderation and exercise regularly and you will not have a weight problem, but for some people the exercise thing is hard to grasp.

Another benefit of exercise is that it is a great stress reliever. If you have had a bad day and you exercise for an hour and really get a good sweat going then I promise you will feel much better by the time you have finished your work out. If you don't believe me, just try it sometime.

What kind of exercise program is good for you and how often should you do it?

The program you choose is entirely up to the individual. Some beginners loath to show up at an exercise class with what they deem as skinny minis and have their jellyrolls bounce around for an hour.

If that's the case, you might find walking or biking a suitable alternative until you feel more



secure in yourself and are ready for a more intense workout. New research has discovered that in order for you to burn fat you need to elevate you heart rate for 20 minutes 3 to 4 times a week. Some folks who are new to the exercise world may want to hire a personal trainer to get them started on a healthy and safe program designed for their individual needs. Others still find going to an exercise class beneficial as they know that at a certain time of day and certain days of the week there are people gathered for the same reasons (or somewhat the same reasons).

An exercise class has several benefits. One of which is that when you pay your fees you are committed financially, second you form camaraderie with your fellow exercisers and thirdly you don't have to think about what you are going to do today, your instructor already has that planned for you.

Whatever form of exercise you choose the important thing is to choose one. It is not a four letter word to be avoided and it really can be fun!! I challenge you to start today and see if in one month you don't feel better.

I dare you!!



... Spiritual message

"The Lord God Omnipotent Reigns" Part 2



Pastor Steve Kerhoulis Community Bible Church

here is nothing better than creation itself that points to the omnipotence of God. Ps. 19:1, "The heavens declare the glory of God and the skies proclaim the works of His hands." Ps. 18:3, "When I consider Thy heavens and the works of Thy fingers, the moon and the stars which Thou hast ordained," God is the author of Creation. He is Creator. And when we look up in the night sky we see intelligent design, requiring the skill of an intelligent, all-powerful Designer. Isaiah 40:26 says, "Lift up your eyes on high and see, Who has created these stars? The One who leads forth their hosts by number; He calls them by name, because of the greatness of His might and the strength of His power. Not one of them is missing."

Our planetary system has nine planets. And the planets revolve around the sun. The sun is so big, approximately one million Earths can fit into it. Our sun is just one star in the Milky Way galaxy. And the Milky Way galaxy has billions of stars. The Andromeda galaxy is one of our closest neighbors but it is two million light years away. We're really close neighbors – a light year is 5.88 trillion miles! The Milky Way and Andromeda are only two in a countless number of galaxies. Perhaps this says something to us. How powerful is our all-powerful God? I can't keep up with my keys and He knows the stars by name! And when one of them changes position, He knows it.

In Ephesians 1, the apostle Paul says, "I pray that the eyes of your heart may be enlightened so that you may know what is the hope of His calling." Listen, if Jesus is outside of your life, He can come into your life by a simple little prayer. And I'm praying today that you will open your heart and experience the hope of His calling. God has a plan and will for your life. If you get involved in His plan and will, you won't believe what happens to you. And Paul prays that believers will come to experience "the riches of the glory of His

Places of Worship on the Plateau

Blue Valley Baptist Church

Rev. Oliver Rice, Pastor (706) 782-3965 Sundays: School – 10 a.m., Worship – 11 a.m. Sunday night services every second and fourth Sunday at 7 p.m.

Wednesdays: Mid-week prayer meeting – 7 p.m.

Buck Creek Baptist Church

Sundays: School – 10 a.m.; Worship – 11 a.m. First Saturday: Singing at 7:30 p.m.

Christian Science Services

On the corner of Spring and Third streets 526-2830

Sunday: Morning Service – 11 a.m. Wednesday: Evening Service – 7 p.m. Tuesday & Friday: Study room open 2-4 p.m.

Church of Jesus Christ of Latter Day Saints

NC 28 N. and Pine Ridge Rd., (828) 369-8329 Rai Cammack, Branch President, (828) 369-1627 Sundays: Worship – 10 a.m.; school & primary classes – 11 a.m.; Women's & Men's Org. – noon Tuesdays: Women's Org. – 6:30 p.m.; Library – 6-8 Wednesdays: Boy Scouts of America mtg. – 6:30 p.m.; Young women's activities – 6:30 p.m.

Clear Creek Baptist Church

Pastor Everett Wilson, (828) 743-3379 Sundays: School – 10 a.m.; Worship – 11 a.m.; Prayer – 6:30 p.m. Evening Service – 7 p.m.

Community Bible Church

(Evangelical Presbyterian Church Steven E. Kerhoulas, Pastor, 526-4685 3645 U.S. 64 east Sundays: School – 9:30 a.m.; Worship – 10:45 a.m. Tuesdays: Women's Bible Study – 9:45 a.m. Wednesdays: Supper – 5:30 p.m.; Bible Study – 6:30 Thursdays: Guys Sr. High Discipleship – 6 p.m.

Episcopal Church of the Incarnation

Rev. R. Michael Jones, D. Min., Rector: 526-2968
Sundays: Holy Eucharist – 8 a.m.; 9 a.m. & 11 a.m.;
Adult Class – 10 a.m.; Children's – 11 a.m.
Tuesdays: Men's Cursillo @ Hampton Inn – 8 a.m.
Wednesdays: Supper and Program @ First Presbyterian
Church – 6 p.m.

Thursdays: Women's Cursillo Group @ Library – 9:30 a.m.; Holy Eucharist – 10 a.m.

First Baptist Church

Dr. Daniel D. Robinson, 526-4153 Sundays: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.; School – 9:30 a.m.; Youth – 6:30 p.m.; Choir – 7:15 p.m.

Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.; Student & Adult Prayer – 6:15 p.m., Choir – 7:30

First Presbyterian Church

Rev. J. Hunter Coleman, Pastor, 526-3175
Sundays: Worship – 8:30 a.m. & 11 a.m. (child care at 11 a.m.); School – 9:30 & 9:45.
Wednesdays: Children's Devotions – 9:30 a.m.; Supper – 6 p.m.; Choir – 7:30 p.m.
Thursdays: Bible Study – 10 a.m.

Saturdays: Adventistas del Septimo Dia – 10 a.m. and 5 p.m.

Highlands Assembly of God

Rev. Scott Holland, 524-6026, Sixth Street Sundays: School – 10 a.m.; Worship – 11 a.m. Wednesdays: Prayer & Bible Study – 7 p.m.

Highlands Seventh-Day Adventist Church

Wednesday evening prayer & Bible Study Call Lloyd Kidder at 526-9474

Highlands United Methodist Church

Pastors Eddie & Kim Ingram, 526-3376 Sundays: School – 9:30 & 9:45 a.m.; Worship – 8:30 & 11 a.m.

Wednesdays: Supper – 5:30 p.m.; Bible Study & activities – 6 p.m.

Macedonia Baptist Church

8 miles south of Highlands on N.C. 28 S in Satolah Pastor Rusty Wolfrey, (706) 782-8130 Sundays: School – 10 a.m.; Worship – 11 a.m.; Choir – 6 p.m. Wednesdays: Bible Study and Youth Mtg. – 7 p.m.

Mountain Synagogue

St. Cyprian's Episcopal Church, Franklin 369-6871 For more information, call (706-745-1842, (706) 754-3334 or (828) 293-5197

Our Lady of the Mountains Catholic Church

Rev. William M Evans, Priest Parish office, 526-2418 Fridays: Mass – 9 a.m. Saturdays: Mass – 4 p.m. Sundays: Mass – 11 a.m.

Scaly Mountain Baptist Church

Rev. Clifford Willis Sundays: School – 10 a.m.; Worship – 11 a.m. & 7 Wednesdays: Prayer Mtg. – 7 p.m.

Scaly Mountain Church of God

Pastor Allen Melton Sundays: Radio Program 1340 AM – 8:30 a.m.; School – 10 a.m.; Worship – 11 a.m.; Evening – 6

Shortoff Baptist Church

Pastor Rev. Baker Crane
Sundays: School – 10 a.m.; Worship – 11 a.m.
Wednesdays: Prayer & Bible Study – 7 p.m.

The Church in the Wildwood

Horse Cove Road Old-fashioned hymn-singing led by laypeople. Every Sunday Memorial Day - Labor Day at 7 p.m.

Westside Baptist Church

Interim Pastor, Terry Dixon
Services in the basement of the Peggy Crosby
Sundays: Fellowship – 11 a.m.; Worship – 11 a.m.

Whiteside Presbyterian Church in America

Cashiers, Rev. Sam Forrester, 743-2122 Sundays: School – 10 a.m.; Worship – 11 a.m.

See SPIRITUAL MESSAGE page 14



COUNTRY CLUB PROPERTIES

Wright Square (828) 526-2520

PROVIDING QUALITY SERVICE FROM THREE LOCATIONS www.highlandsinfo.com



Enchanting setting features a lovely pond and oriental gardens on over 1.3 acres. Charming cottagestyle home has 3 bedrooms, 3 baths, with wood floor and fireplace. Cute efficiency for your guests. Offered at \$795,000.



Cullasaja Club. 15th Fairway. Great view of the 15th hole and easy floor plan make this split bedroom great room plan. Stone fireplace, covered porch, 2-car garage. A great home with equity membership available at current rate upon club approval.



A Great Package. Located on Windy Hill Road, this charming house sits on a five-acre wooded knoll with a ridgeline view into Georgia. The dwelling has over 2,500 sq. ft. of heated living area plus a garage and large covered porch. Three bedrooms, three baths with loads of storage. Energy efficient construction with 2x6 walls make getting the utility bills bearable in winter or summer. Walls of windows bring in lots of light to the living spaces that are well laid out and finished with hardwood floors and lofted ceilings. Propane cook-top and freestanding heater will keep you functioning during power outages. Offered unfurnished and in move-in condition at \$495,000.



Cold Springs Saddle and Tennis Club. Located in a picturesque equestrian setting with common area stable, lake, and tennis courts, this almost new 3 bedroom 2 ½ bath has an attractive Country French design. The dwelling features main level living on the first floor, with a large living room with a real stone fireplace and 9-foot ceilings. Custom kitchen with an eat-in area with fireplace, that opens onto a lovely patio and flat landscaped yard. Upstairs has two guest bedrooms with a connecting bath and large unfinished area for possible expansion. Large 2-car garage. A great home in exceptional condition and offered unfurnished at \$787,500.



Desirable Sagee Mountain Location. This three-bedroom, 3 1/2 bath (plus den) home features a newly remodeled maser bath and new roof. Two-story great room with wood paneling and a wall of glass on the back of the house to enjoy the pleasant view. Gentle, almost flat yard. Two-car garage with guest apartment above. Offered fully furnished at \$1,200,000.



Wildwood Subdivision. This 3-bedroom plus den, 2-bath home sits on a large 1.4 acre lot in Wildwood Subdivision. Cathedral ceilings and rock faced fireplace in living room. Offered at \$319,000.



Old Logs - New Cabin. This is what everyone asks for. Three bedrooms and three baths in the city limits in a very private setting. This is being sold completely furnished. Wait until you see the wonderful large porch on the back. Listen to the sound of running water. Do see this as it is CHARM, CHARM, CHARM. Call Keturah Paulk at 828-507-4333.



Cullasaja Club. Wonderful 4 bedroom, 4 ½ bath is perched on a knoll overlooking a nice babbling creek with a pleasant woodsy setting. Two-car carport garage. Vaulted open rooms, stone fireplace, walls of glass and plenty of decks with a hot tub to enjoy the serene mountain setting off the private back deck. Lovely landscaped entrance with stone walls lined with rambling roses and mature plantings. Offered furnished at \$975,000 and has a club equity membership available at current rate upon club approval.



Sagee Mountain Drive. Located on a private lush wooded lot, this 4 bedroom, 3 bath features single level living. Living room with tray ceiling and fireplace, huge glass porch and deck. Covered entertaining porch with fireplace. One car garage. Offered at \$689,000.





August 1-3 are "No Tax Days" in NC, SC and GA stores

It's time for back-to-school shopping and stores in North Carolina and in surrounding states are ready to help with expenses.

There is a "Sales Tax Holiday" period Aug. 1-3 in North Carolina, Georgia and South Carolina where items purchased for returning to school won't be taxed.

The "Sales Tax Holiday" begins after midnight Thursday, which is 12:01 a.m., Friday, Aug. 1 and ends 112:59 p.m. ln Sunday, Aug. 3.

Items are grouped by category.

Clothing items not taxed when the cost is \$100 or less per item are:

aprons, athletic supporters, baby receiving blankets, bandanas, bathing suits and caps, beach capes and coats, belts and

suspenders, boots, coats, jackets, capes and wraps, costumes (but not masks), diapers (all ages), earmuffs, footlets, formal wear (but not rentals), garters and garter belts, girdles, gloves and mittens, hats and caps, hosiery, insoles for shoes, jogging suits, lab coats, leotards and tights, neckties, overshoes, pantyhose, rainwear, rubber pants, sandals, scarves, shoes and shoelaces, slippers, sneaker, socks and stockings, steel-toed shoes, underwear, uniforms (athletic and nonathletic), wedding apparel (but not rentals.)

Sport or recreational equipment not taxed when items cost \$50 or less:

Ballet and tap shoes, cleated or spiked athletic shoes, gloves (baseball, bowling, boxing, hockey, golf), goggles, hand and elbow guards, helmets (bicycle,

skating, baseball), life preservers and vests, mouth guards, roller and ice skates, shin guards, shoulder pads, ski boots, waders, wetsuits and fins.

School supplies not taxed if items cost \$100 or less each.

Art supplies, binders, "bluebooks," book bags, calculators, compasses, composition books, crayons, erasers, folders, glue or paste, highlighters, index cards, lunch boxes, notebooks, paper, paper clips, and binder clips, pencils, sharpeners, pens, protractors, reference books (encyclopedias, dictionaries, thesaurus), reference maps and globes, scissors, stapler and staples, textbooks (if used for teaching K-12 or higher learn-

Computer, printer and printer supplies not taxed if items cost \$3,500 or less each.

Computers (computer parts, such as monitors, keyboards, and scanners when sold in conjunction with a central processing unit.)

Computer peripherals (includes web/PC cameras, microphones, scanners, and external drives. Peripherals aren't taxed if sold with a CPU. Network cards, internal drives and additional storage aren't peripherals but are considered part of a computer and won't be taxed.)

Educational software (software that provides knowledge or training but doesn't include entertainment, data processing or photography related software.)

Printers, and printing supplies like paper and ink cartridges.

■See NO TAX page 14

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Cooks



Portrait of an artist - Julyan Davis

'Love at first Sight'

By Barbara Lawrence

Contributor

Julyan Davis is a man who fell in love at first sight. The first time he first picked up a paintbrush, he knew his future would evolve around painting.

When he met his wife in 1988 on a painting visit to the USA, he knew that she was the woman with whom he wanted to share his life.

Finally, on a weekend visit to the Highlands Plateau he fell in love with the area and decided this was where he wanted to live and work.

Julyan and his wife Madeleine have a cottage in Scaly Mountain they share with their dogs Daisy and Pip, and Gus the cat. Their home has an eclectic style that reflects their cosmopolitan background and Julyan's English heritage, with old brick, burgundy walls and fine old antiques. Like his paintings, the house has a dreamlike surreal quality.

They both are active in the community; Julyan is a board member of the Bascom-Louise Gallery, while Madeleine is an actress with the Highlands Community Players, as well as the Montford Park players in Asheville.

With her banking background, Madeleine manages the financial side of the business, leaving Julyan free to fully explore his creative talent, so together they make a perfect team.

Julyan was born in England in 1965, and received his BA in Painting and Printmaking in 1988. He inherited artistic talent from a father who, aside from being a barrister, was a novelist and amateur musician who loved to play Appalachian music, and also from his mother who is a florist.

Julyan has just returned from a visit to London where he and his mother were invited to a memorial service at Westminster Abbey and reception at Westminster Palace. The occasion was the honoring of Julyan's greatgrandfather, Rear Admiral Charles Lucas, who was the first person to be awarded the prestigious Victoria Cross for bravery in the Crimean War. Julyan's mother presented a floral tribute to the Queen but before the presentation, his mother's height was checked, because the Queen does not like people "looming" over her. Julyan said it was an impressive event to witness, full of pomp and ceremony and he enjoyed the Archbishop of Canterbury's address on "The Nature of Courage," an appropriate sermon for today's

Painting here in Western North Carolina is especially exciting for Julyan because in the mountains he finds places never been recorded by a painter. "I like to get off the trails and follow a creek through the woods to see its path. It is very important for me for land to have a human history. I make a connection to this area through my interest in Appalachian music and folklore, and my Celtic origins. Like the Appalachian mountains I find my paintings seek out the wistful and melancholy side of the mountain's beauty."

He admits his early paintings were "painted to sell," but now he is fortunate enough to be able to really indulge his passion, and try new experimental approaches. He says right now he's in a transitional period. While he still enjoys his traditional work, he is exploring new styles, while



Photo by Barbara Lawrence

With landscapes a reoccurring theme, Julyan Davis is "at home" out-of-doors.

incorporating technique he has learned about traditional painting.

His influences are primarily Van Gough and Cezanne. "I think abstraction has most fully captured the full language of paint, while leaving much behind," he said. He's currently exhibiting a new body of work that explores abstract and expressionistic qualities within his subject while maintaining subtlety.

Although his medium is oil – his subjects landscapes, portraits

and still life – he's got sculpture and teaching in mind, of late.

Julyan will be presenting a Center for Life Enrichment lecture August 13 at the Highlands Conference Center. He says the people of Highlands are very fairminded in their support of artists. "We are respected and encouraged here," he said.

Julyan's work is shown in galleries from Maine to Florida, and locally is represented at John Collette Fine Art in Wright Square in Highlands.



Recollections. . .

Simple summer pass-times in Horse Cove

By Robin Phillips

Contributor

If we happened to be living on the east coast in the summer, we'd head for my grandmother's home in Horse Cove for two weeks each summer.

My father was a naval officer so we weren't always on the east coast. But if we were, it was usually in Norfolk, Va., where summers were hot and humid (before air-conditioning). So, we really looked forward to Horse Cove where it was so cool – where we slept under blankets in the summer. Cousins also scheduled their summer holiday to Horse Cove about the same time so there was never a dull moment.

Each day, after a substantial breakfast and a few chores, we'd

head out to explore. Often we went to one of the several creeks that run through the cove. We'd splash up and down hunting for amethysts, smoky topaz, garnet, rubies and arrowheads. We'd go home with pockets full of mica and quartz.

When that turned pale, we'd build rock dams across the creek, skim stones or pick wildflowers to weave into garlands. The boys made rhododendron- or laurelleaf sail boats to race down the creek.

We climbed every mountain in the Cove. Once, my sister, cousin and I made it up to the face of Black Rock. We weren't able to climb its face farther but we did climb through the bowery to the very top.



Photo by Cynthia Strain Robin and her cousins scaled the face of Black Rock Mountain as children.

Later, when we were older, we

climbed up or down every waterfall in the cove. On especially hot afternoons, we'd find one of the springs that fed the creeks in the cove. These are especially cold and often hidden in dense rhododendron thickets. Here in this sheltered, sundappled, private world, we'd build fairy pools. The building of a fairy pool was a fine art and it often took several hours to complete our individual pool.

The boys would find rock worms and poke out the worms living inside. Rock worms secrete a sticky substance so that when they roll in the sand and detritus of the spring, they make little tubular shells as a home. Once the worms were evicted, and their homes dried, we'd string the tubular beads on thread for necklaces and bracelets.

Rainy days were no problem those summers in the Cove. Each girl got a squash baby. We'd have "real" dolls brought from home, too, but squash babies had certain advantages.



Generations of Hills have enjoyed summers at The Hill House.

Photo by Howard Suzuki

■See HORSE COVE page 14





..... Horse Cove cont. from page 13

We'd select our very own baby from a row in the garden. My grandmother would let us pick a piece of fabric from her "piece" bag, pink it and give us a pin. At first, our dolls were as babies. We'd pin the fabric on as a diaper. We'd rock them on the front porch while the rain came down, sing lullabies and generally mother them. The following day, if it was still raining, the diapers became a kerchief. Our dolls were all grown up and we'd have weddings. There would be loud discussions over guest lists (who could invite the Queen of England, etc.) Days later, the dolls would shrivel as squash is want to do over time and then we'd have elaborate funerals. The burying of a squash baby is a particularly satisfying experience. Weeping and wailing is expected and the actual burial is real. Freud, at al, might have another opinion, but I think it was wholesome.

On rainy days the boys whittled sticks into arrows, carved soap or potatoes into animal

shapes and were pressed into being a minister for either a wedding or a funeral.

Each summer holiday included at least one trip to Peggy Hole or Mill Dam which are local, natural swimming pools. Everyone went. The adults carried baskets of food, a skillet for Peggy Hole pancakes and drinks. We walked. The road was dirt not gravel like today, and badly rutted. An adult would build a fire and then we'd swim until we turned blue or someone hauled us out of the pool. Then we'd sit around the fire, eat Peggy Hole pancakes, listen to stories our grandmothers, aunts, uncles, and cousins told and ultimately napped in some family member's lap.

Summers in Horse Cove were wonderful, safe, wholesome and full. I remember them with longing. My own children spent many summers in the Cove, too. One of them just married there.

Yep. Horse Cove. Still a good place to be.

Robin Phillips is the great, great-granddaughter of the first-elected mayor of Highlands – Stanhope W. Hill – who settled in the Cove around 1845. After Stanhope "ran the Indians out of the Cove," he operated a summer resort there complete with a horse-racing track. Once Kelsey and Hutchinson founded the town of Highlands, they talked Stanhope into running for mayor.

..... NO TAX cont. from page 11

Items that WILL be taxed: Clothing accessories like

cosmetics, hair notions, handbags, handkerchiefs, jewelry, sunglasses (nonprescription) umbrellas, wallets, watches, wigs and hair pieces.

Computer parts if not bought with a CPU.

Protective equipment like breathing

masks, ear and hearing protection, face shields, finger guards,

hard hats, paint or dust respirators, protective gloves, safety glasses and goggles, safety belts, tool belts, uniforms (business use), welder's gloves and masks.

Novels and other noneducational reading materials.

..... SPRIRITUAL cont. from page 9



Community Bible Church

inheritance in the saints, what is the surpassing greatness of His power."

We know so little of this. But we'll know more if we catch hold of the almighty power of this Being that knows the number of the stars. Psalm 62:11 says, "Once God has spoken, twice I have heard this, that power belongs to God." What is there in all creation that can be compared to our God? When God is talking to Job, He says, "Where were you when I laid the foundations of the earth? Tell me, if you have understanding, who set its measurements, since you know? Or who stretched the line on it? On what were its bases sunk? Or who laid its

cornerstone?" Hallelujah, for the Lord God Omnipotent reigns.

Don't miss this: power and reigning are rolled into one. To rule, God must have power. And to rule completely, He must have all power. We have given George W. Bush the power to rule as president of the United States. His power comes from the people and it is limited. But God's power comes from Himself and it is an unlimited power. And it is all-power which enables Him to rule our lives completely and to rule in the affairs of men and this Earth. What was and what is to come will take place because He is in charge and is sovereign. He rules and He reigns because He is omnipotent- praise the name of the Lord!

Let's bring this to where we live and how it affects our lives. One of our ladies recently said, "My favorite verse in the Bible is Romans 8:28 – 'For we know that all things work together for the good to those that love God, to those who are called according to His purpose.' " All things, not some things. Not only good things, but everything in our lives.

The other day, a 7-month-old baby girl choked to death and went to be with the Lord while under the care of a babysitter. It was an accident. But listen, if we believe that God is all powerful and He reigns, if all things work together for good to those that love God, then the parents will not try to make sense out of it but will just trust in Him, our all-powerful God. Then even the death of an infant can be a source of great good in the world, the community and the lives of those parents.

But if they fail to believe in God, to believe in His rule and His power, then they will not experience the incredible good that God intends to bring out of that tragedy. And sadly, the death of the child will have no meaning or purpose for them. Faith in God allows God to do what only God Almighty can do. What is it that allows Romans 8:28 to work its wonder in the world? It's our faith in the omnipotence of God. Hallelujah, for the Lord God omnipotent reigns!

Each week men and women of the cloth will feature spiritual food for thought.





Highlands Varsity Soccer – Men Fall 2003

<u>Date</u>	<u>Day</u>	<u>Opponent</u>	Home/Away	<u>Time</u>
Aug. 11	Mon.	Franklin V.	н	6 p.m.
Aug. 13	Wed.	Hender'ville	Н	6 p.m.
Aug. 18	Mon.	Polk County	Н	5 p.m.
Aug. 21	Thurs.	Pisgah	Н	6 p.m.
Aug. 22	Fri.	Madison Cty	Α	5:30p.m.
Aug. 25	Mon.	Franklin V.	Α	6 p.m.
Aug. 27	Wed.	Pisgah	Α	6 p.m.
Sept. 4	Thurs.	Hender'vile	Α	6 p.m.
Sept. 8	Mon.	Rabun Gap	Α	5 p.m.
Sept. 12	Fri.	Polk County	Α	6 p.m.
Sept. 15	Mon.	Hiwassee D.	Н	4:30p.m.
Sept. 17	Wed.	Hayesville	Α	4:30p.m.
Sept. 22	Mon.	Andrews	Н	4:30p.m.
Sept. 24	Wed.	Murphy	Α	6 p.m.
Sept. 29	Mon.	Open		
Oct. 1	Wed.	Blue Ridge	Н	4:30p.m.
Oct. 6	Mon.	Swain	Α	6 p.m.
Oct. 8	Wed.	Hiwassee D.	Α	4:30p.m.
Oct. 9	Thurs.	Rabun Gap	Н	4:30p.m.
Oct. 13	Mon.	Hayesville	Н	4:30p.m.
Oct. 15	Wed.	Andrews	Α	6 p.m.
Oct. 20	Mon.	Murphy	Н	4:30p.m.
Oct. 22	Wed.	Open		
Oct. 27	Mon.	Blue Ridge	Α	4:30p.m.
Oct. 29	Wed.	Swain	Н	4:30p.m.
Nov. 5	Wed.	1st Rd State	TBA	

Head Coach - Roger Mueller

Volleyball Summer & Fall Practice Schedule 2003

Aug. 1 – 9th & 10 graders – 4-5:30 p.m. Aug. 1 – 11th & 12 graders – 5:30-7 p.m. Aug. 2 – 11th & 12th graders – 9 a.m. Scrimmage at Franklin High School

Don't be late.

Aug. 4-8 – 9th & 10th graders – 4-5:45 p.m. Aug. 4-8 – 11rh & 12th graders – 5:30-7:15 p.m. Beginning Aug. 11 – JV practice – 4:15-5:45 p.m. V practice – 5:45-7:15 p.m.

Monday through Thursday on days when no game.

Aug. 11 – 7:15 p.m. – Mandatory Parent/Player meeting

Head Coach – Rick Rawlins





Important Dates

- Thursday, August 7 8 a.m. 12:30 p.m. First day of school for students
 - Friday, August 8 8 a.m. to 12:30 p.m.
 - August 11 Sally Foster Gift Wrap Sales begin
 - August 29 Sally Foster Gift Wrap Sales End

Open House for Parents

- August 19 6-7 p.m. Middle School
- August 19 –8 p.m. High School
- August 21 6-6:30 p.m.– Grades K-2
- August 21 6:30-7 p.m. Grades 3-5

Babysitting will be provided for Open House nights by the Beta Club in Coach Smart's classroom – first door on right in High School wing.

PTO Drive Begins

■ August 21 – 7 p.m. – PTO Meeting



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Life Under Construction

It's never too late to create



ife is a gift we're given each and every day. It's not what you find, its what you create. I read this statement every time I walk upstairs in my home. A picture greets me on the wall at the top of the stairs. It is an empty bistro table surrounded by the rolling hills of Tuscany, overlooking a vineyard. The table is set with wine and cheese, awaiting the arrival of guests. That picture got me to Italy in 2000!

What are you creating in your life right now?

William Marsten, a prominent psychologist, asked 3,000 people, "What have you to live for?" The results revealed that 94 percent responded by saying they had no definite purpose for their lives. It has been said that "everyone dies, but not everyone lives."

If you feel dissatisfied with your life, or if you feel as though something is missing, you might want to consider what Cheryl Richardson said in her book, *Life Makeovers*. "It might just be that what's missing from your life is you."

A couple of years ago, I took Julia Cameron's advice in her book, *The Artist's Way*, and started what she calls the morning pages. I look at it as a brain dump to help me get at the core of what I want from my life and stop and look at what I am creating. The morning pages help you tap into your creative self. Put simply, the morning pages are three pages of longhand writing, strictly stream-of-consciousness.

Creating your own future. If you don't let the future know what you want from it, you will probably end up somewhere where you did not want to go. When I make changes, they tend to be big ones and usually involve a move from one side of the country to the other; i.e., from Florida to California and from California to North Carolina. I always think if you are going to shake things up, might as well shake hard.

Your future exists with your permission. If you feel that you have lost control, you probably have. Stop and start creating. One thing at a time. Look at what gives you joy and satisfaction. Go ahead and really examine it. Now look at what gives you pain and discontentment. Look hard at this as well. Which would you like to create more of?

Don't laugh. Sometimes we get into a state that I call "comfortable misery." We are not happy but at least we know what to expect and derive some satisfaction from knowing. We stay and stay in this situation because we believe that it is easier to tolerate it than create something new.

How about trying this? Write down what you want from your future. What do you want it to look like? What's missing?

Be prepared for choppy growth at times which can be followed by a strong desire to just go back to the way things were. Take a deep breath and commit again. Just remember, it is never too late to create.

If you want to see "Life Under Construction" first hand, come to the Albert-Carlton Cashiers Community Library on August 27 at 7 p.m. It's free. Women only.

Dr. Maryellen Lipinski is a psychologist by profession and an international professional speaker. She coaches individuals to obtain their goals in life and works as a Realtor at Village Realty to help them find a home in these majestic mountains. Her book, Random Thoughts and Mine Always Are. Conscious Detours to Creative Power will make you laugh, cry, and think! www.maryellenlipinski.com



■ Florist Tips & Secrets ■

Cures for common rose problems

By Nancy Ostema Cospers Flowers

If your roses open too fast, one reason could be high temperature in the area where the roses are kept.

Another reason is genetics. They can cause some rose varieties to open faster then others. But, under proper conditions, a rose variety can last from three to 10 days. The cooler the area, the longer the rose will last. Never put them in a sunny area, as bright light accelerates the aging process.

Another common rose problem is bent necks. The basic cause is lack of water-flow to the flower. Air bubbles can enter the stem just by de-thorning or from damaged leaves or stems.

Another cause for bent necks is bacterial growth. If roses show signs of bent neck syndrome, underwater rehydration can

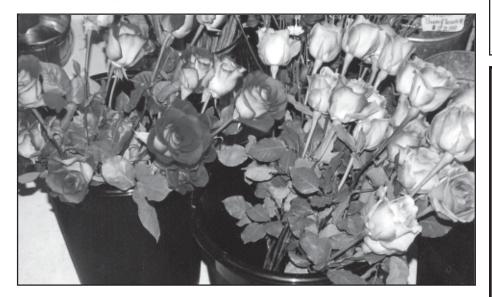


revive them.

Find a container long enough to submerge the entire rose horizontally. Fill the container with water to cover the roses completely. Some type of weight will be necessary to keep the roses from floating. Cut the stem under water, add a few ice cubes with some floral food and leave submerged for 3-4 hours.

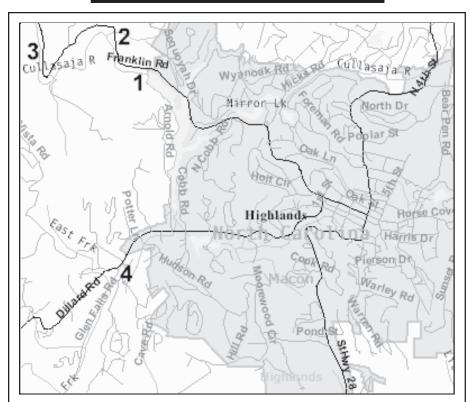
When the roses feel firm, put them in a vase with fresh water, a drop of bleach and floral food.

Remember heat, light, water, food and cleanliness are important in the life of a cut rose or any fresh flowers.



Each week, various florists in town will be submitting columns – sharing their secrets with our readers.

Waterfall Hikes



- 1) Kalakaleskies Falls: Located off Hwy. 64W about 1 1/2 miles from town on the Cullasaja River. The Sequoyah Dam is at the head of these falls. There are 18 small falls within a quarter mile, each paralleling US Hwy 64 west.
- 2) Bridal Veil Falls: This picturesque fall cascades over US Hwy. 64W about 2 miles from town. Cars may even drive under this waterfall.
- **3) Dry Falls:** On US Hwy. 64W, about 3 miles from town. Parking is provided by the Forestry Service where a path is taken to the falls. It certainly is not dry.
- 4) Glen Falls: Located off a dirt road 3 miles south of town on Hwy. 106. The turnoff is marked by a U.S.F.S. sign. Glen Falls is composed of a series of 3 large falls dropping approximately 60 ft. each on the east fork of Overflow Creek in the Blue Valley area. The one mile foot trail down to the falls is steep.

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The Great Highlands Storytelling Festival - Saturday, Aug. 2 -

n Saturday, Aug. 2, adults and children will enjoy a day full of tale-spinning from six professional tellers-oftales at the Martin-Lipscomb Performing Arts Center from 10 a.m.-7:30 p.m.

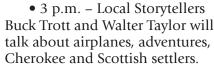
A reception where ticket-holders can meet the performers and enjoy food and drink follows at 9:30 p.m.

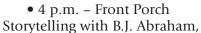
Children's tickets ar \$5 and good from 10 a.m. to 12:30 p.m. and from 2 p.m. until 4 p.m. Tickets for adults & children all day are \$15.

Tickets are available at the Hudson Library, Highlands Office Supply and Regions Bank.

On the Main Stage upstairs:

- 10 a.m. Children's Program with B.J. Abraham and Lee Knight who will present multicultural stories with character voices, audience participation, mountain music and song.
- 11 a.m. –
 Gary Carden will
 present "Blow the Tannery
 Whistle" a favorite about the
 signal for remarkable happenings
 in a small town.
- 2 p.m. General Storytelling with B.J. Abraham, Mimi Cole, Fiona Page who will tell folk tales, personal stories, inspirational stories and a story about the "Communicator."





Marvin Cole, Mimi Cole, Lee Knight and Fiona Page. They will tell a collection of tales in the best tradition of storytelling. Pieces include "The Specialist" and "Muhammed."

- 7:30 p.m. An evening with Mark Twain will be presented by Marvin Cole.
- 9:30 p.m. A reception with

ticket-holders and performers will take place downstairs, complete with food and drink.

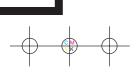
On the Downstairs Stage:

- 10 a.m. Storytelling Workshop with Fiona Page who will explain storytelling techniques and give examples of personal and fictional stories of challenges and humor.
- 11 a.m. Storytelling with Mimi Cole and Lee Knight who will tell Appalachian stories accompanied with

Appalachian music.

- 2 p.m. Contents of a Story with Marvin Cole who will share tips on storytelling methods.
- 3 p.m. There will be a "Story Swap" with Peter Jefferson as facilitator. This is open to audience participation. There will be a sign-up sheet in the lobby upstairs.







..RACE cont. from page 1

recommendations to the Town Board, and the appearance commission. but it's the commissioners who ultimately decide the outcome of issues.

Marsh, who is retired from the insurance business, was the first candidate to file for the race. He's worked on both land use committees and is a member of the planning board

Number two was Dennis DeWolf, who is an architect with an environmental eye. He, too, has worked on the two land use committees and been a member of the appearance commission and planning board.

Number three, Herb James used to be Town Administrator and served on

various boards. He came to the board four years ago with valuable "historical memory."

Number four, Eric Pierson, a developer, is running for the third time. He may be the youngest on the roster but as a member of the town's appearance and planning boards has been intimately involved with town

land use management for years.

Number five Mike Cavender, executive director of the Highlands Land Trust, said he isn't ready to give up his seat on the Town Board, just yet.

The terms are for four years. The election is Nov. 4. In the interim, we will publish questions and answers about the issues with the candidates.

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The Hill Top Grill on Spring Street is just one of the many eateries in town.

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526-4121

Mtn. Brook Center next to Movie Stop Made-to-order pizza, calzones & salads Open for lunch & dinner year-round

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526-1600

Dillard Road next to Farmer's Market Cajun & European specialties Sandwiches & more Tues. - Sun. 11 - 7

Dave's Meats & Seafood

526-5241, Dillard Rd. next to Farmer's Mkt. Meats, Seafood & Prepared Foods Open 6 days, 8:30 a.m. - 7 p.m. Closed Sundays

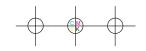
Sports Page

314 Main Street Made-to-order specialty sandwiches & salads, soups, & desserts Open for lunch Mon.-Sat. 11 - 4

Buck's Coffee Cafe

384 Main Street Coffee, grilled sandwiches, desserts & wine Entertainment Thurs. - Sat. Open 7:30 a.m.-11 p.m., Tues. - Sat. Until 6 p.m., Sun. & Mon.

To list your eatery here call 526-0782 or 506-1754





Upcoming Events & Activities on the Plateau •

On-going

- Highlands-Cashiers Chamber Music Festival's Highlands performances are Fridays at 8 p.m., Sundays at 5 p.m. and Tuesdays at 7:30 p.m. Tickets are years of age. Performances run through Aug. 8. Tickets sell fast. Call the box office at 526-9060. The Gala Storytelling Festival is Festival Finale is Aug. 8. at WC Country Club. Tickets for the dinner & concert are \$100 per person.
- Tickets are on sale for Highlands Playhouse summer season. The 1940's Radio Hour, July 31-Aug. 17 and The Real Thing, Aug. 21-30. Tickets are \$20 for adults and \$9 for children. Performances are Tuesday through Saturday at 8 p.m. and Saturday and Sunday at 2 p.m. For more information, call 526-2695.

Aug. 1

- Steve Green a popular Christian music artist is performing at The Highlands Rec Park at 7 p.m. Tickets are \$10 and can be purchased at Jacob's Well or Highlands' House of Coffee. Door open at 6 p.m. For more information, call 526-9954 or 525-4153.
- Thea & the GreenMan, singersongwriters will be performing Aug. 1 at Buck's Coffee Cafe on Main Street in Highlands from 8 to 11 p.m. Buck's serves coffee and desserts,

sandwiches and wine.

Aug. 2

- Highlands Fire & Rescue celebrates 50 years of service with an open house, Satuday, from 11 a.m. to 3 p.m.
- Bolivia Mission \$20 per person, \$5 for Trip Bake Sale and students under 18 Breakfast 8-11 a.m. at Highlands United Methodist Church on Main Street.
 - "Great The

7 p.m. at the Highlands Conference Center. For more information call 526-2084.

Highlands Ranger District is featuring summer programs at Cliffside Lake this summer. The Junior Ranger Program starts at 8 p.m. at Cliffside. Also, an evening walk Whiteside Mountain is at 8 p.m. For more inchoreography and \$10.

Aug 4

• Highlands Playhouse Charity Golf Tournament starts with noon. Tickets are \$125 per player which includes greens fees and

ily will present "A Raymond Williams, Broadway Revue" 8 Aug. 4 & 5 at the Perp.m. at PAC including forming Arts Center on Chestnut Street. Willsinging. Tickets are iams will speak on "Religion and Post-1965 **Immigration** America."

Aug. 5

• The ministerial a 11 a.m. shotgun at association is conducting a Blessing for the School Year at Highlands United Methodcart, box lunch, hors ist Church. The ecu-

Atlanta, has spent the last several years trying to help others look at the Earth and its environment something other than resources to exploited. He will be the next speaker at the Zahner Conservation Lecture, 7 p.m., Thursday, Aug. 7, at the **Highlands Conference** Center on Poplar Street, (please note the change from the Highlands Nature Center). A meeting of the Highlands Land Trust membership will follow the talk.

Aug. 8

• Fundraiser luncheon for Madison Schandolph, a fouryear-old in Scaly who leukemia. has Fundraiser luncheon is at ...on the Verandah 11:30 a.m. Tickets are \$40 and include a three-course luncheon, art show and door prizes.

Aug 11

- Starting Aug. 11, the Rec Park pool will be open on Saturdays and Sundays only. Adult swim will continue as scheduled until the pool closes after Labor Day, Sept. 1.
- The Jackson-Macon Conservation Alliance is hosting events on dealing with the Hemlock Woolly Adelgid at the Albert Carlton-Cashiers Community Library starting at 1 p.m. The lectures are free.
- Kevin Tucker will be one of the featured

■See EVENTS page 23



Highlands Fire & Rescue celebrates 50 years of service with an open house, Saturday, from 11 a.m. to 3 p.m. There will be rides on fire trucks - fun for children of all ages - free hot dogs and drinks. Come by and get to know the volunteers who serve Highlands 24-7 rain or shine.

Saturday, Aug. 2 at formation call 864-PAC. Tickets are \$15 for adults and \$5 for children. Tickets are available at Hudson Library, Regions Bank and Highlands Office Supply.

Highlands School Class of 1983 reunion is Saturday at

868-0948.

Aug. 3

- Auditions for Highlands Community Players production Brighton Beach Memoirs is a 3 p.m. at PAC. For more information, call 526-4904.
 - The McKim Fam-

d'oeuvres and one din- menical service is at 7 ner at Nick's at the p.m. Cove. Hole sponsorships are \$125. Dintion forms at the Play- Aug. 7. house.

Aug. 7

- Students return ners are \$25 per person to Highlands School for those not playing for the 2003-2004 golf. Pick up registra- school year on Thurs.,
- The Rev. Woody • HIARPT Lecture Bartlett, a retired Series presents Dr. Episcopal priest from



..... MAIN STREET cont. from page 1

guests, but couldn't be a restaurant for outsiders because there wasn't enough parking.

Attorney for the Zehrs, Jim Jordan alleges the town's ordinance doesn't distinguish who a restaurant serves food to. "If you have a place where food is prepared on the premises and where the food is then served and consumed on the premises, then you have a restaurant," he said.

change said since there was ample parking on adjacent streets, parking really shouldn't be an issue. They also

said changing the block between Third and Second streets to B-1 had come up before and would come up again.

"There's plenty of parking and I really don't think what they want to do will impact anyone," said John Cleaveland. "It's something that's been there before and we really should do something to help." In years past, meals were served to the public from the inn.

Lewis Doggett voted against the Those for the zoning district change because he said keeping the zoning as is - B-2 - wasn't going to hurt the Zehrs business. "They knew about the zoning issue before they bought the inn and it hasn't kept them from doing a viable business," he said.

Linda Clark said the town had just gotten its parking problems under control and she didn't want to go "backwards." "I just have a problem with changing it to a zone that doesn't require parking," she said. "What if something happens to the building and another business is built there? As an establishment in B-1, parking wouldn't be required."

Alan Marsh said in his mind, changing just the inn's zoning was spot zoning. "If it were the entire block that would be different," he said.

Larry Gantenbein, zoning administrator, said since the Zehrs have appealed the order to stop, they are allowed to continue serving meals to the public until the matter is decided either by the Town Board or by the courts..

Jordan said it's still the Zehr's wish to come to an amicable decision without going to court.

The planning board is asking the Town Board if it wants it to consider making the entire block B-1 rather than just the one business on the block.

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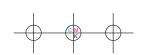
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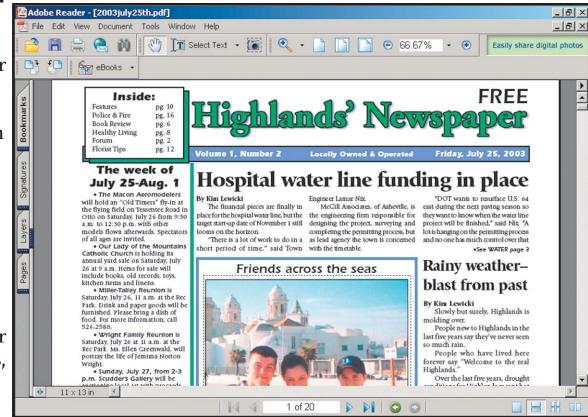
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Highlands Historical Society needs help



The Prince House is the main building at the Highlands Historical Village.

Fundraising events planned through season

By Kathleen Wilson

Board member

Highlands Historical Society is a nonprofit organization dedicated to the preservation of the history of Highlands.

Its on-going project of establishing an historical village continues with the work on the old "Hudson Library" building – The oldest library in North Carolina.

Through generous contributions of time and money, the library is now settled on a foundation which will allow further interior and exterior work to begin.

It is only through the support of individuals, businesses, our local government and other nonprofit organizations that this work can be completed. Renovation will continue on the Prince House as funds become available. The money to complete the sewer work and landscaping is a priority.

Several fund-raising events have taken place and more are planned. The "Tour of Joe Webb Cabins" and the "Walk in the Park" were very successful.

Next up the "Swinging on Sequoyah" dinner and dance at the barn owned by Ray and Diane McPhail, August 29.

Tickets are \$125 per person and are available by calling 526-5938.

Also, the society still has 14 commemorative pewter plates for sale at \$75 each. If you would like one, call Kathleen Wilson at 526-2852 or Luther Turner at 9914.

■ Upcoming Events & Activities on the Plateau cont. from pg. 20 ■

speakers for the Second Annual "Heirllooms in the Mountains; An Antiquing Affair in Highlands," August 11 at 7 p.m. at the Highlands Conference Center. His topic is "From Medieval to Modern: The Arts and Craft Movement in America." Following his lecture, there will be a wine and cheese reception. Tickets for his lecture and the reception are \$25 in advance and available at the Chamber office. Reservations may be made at 526-5841. Tickets for his lecture as well as Dawn Evers two lectures are available for only \$65.

Coming Up

- Relay for Life at the Highlands Rec Park Aug. 15-16 at 6 p.m. until.
- On Aug. 18 from 3:30-6 p.m. there will be a roundtable discussion on dealing with the Hemlock Woolly Adelgid at PAC. Minimal space is available. Tickets are \$25. RSVP required. Call Dave Martin at 526-9938 ext. 32.
- Highlands Rotary Liberty Gala, Sept. 9 at Highlands Country Club. Proceeds from this everyother-year event support the arts

and youth of Highlands through donations and scholarships.

• Swinging on Sequoyah Dinner and Dance, Aug. 29 at the barn owned by Diane and Ray McPhail. Tickets are \$125 with all proceeds going toward the Highlands Historical Society to renovate the Highlands Historical Village. For more information, call Wiley Sloan at 526-5938.

Weekly Happenings

- The Highland Hiker offers half-day hikes during the week with Mike Smith all summer long. Hikes are from 1 to 5 p.m. and cost \$5 per person. Hikers leave from the Highland Hiker Church Street store. Bring a bag lunch and plan to hike Aug. 5, and Aug. 26. Wildlife biologist Liz Dominique hikes from 9 a.m. to 4 p.m. on Aug. 15 and Aug. 16.
- Highlands-Cashiers Hospice conducts The Circle of Life Support Group every Friday, 10 a.m. until noon at the Highlands-Cashiers Hospital Conference Room. For more information, call Susan Silverthorn at 526-1462.

- Madeline Epp is teaching a watercolor workshop every Thursday from 11 a.m. to 2:30 p.m. at the Rec Park through August. For more information, call 369-6051.
- HealthTracks at Highlands-Cashiers Hospital offers weekly yoga classes every Tuesday from 5-

6 p.m. The cost is \$5. For more information, call Bonnie Powell at 526-1469.

• The Highland Hiker offers flyfishing lessons throughout the year. For more information, call 526-5298. **Email events to:**

Highlandseditor@aol.com



The McKim Family & Friends present a Broadway Revue, Aug. 3, 8 p.m. at PAC.



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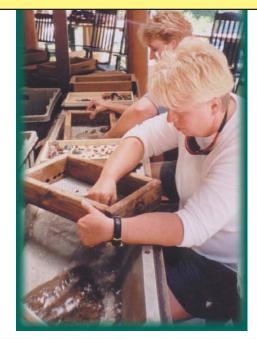
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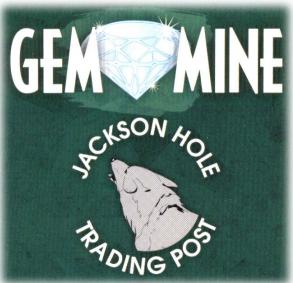
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