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# Highlands' Newspaper

## FREE

Volume 1, Number 4

Locally Owned & Operated

Friday, Aug. 8, 2003

## The week of Aug. 8-14

### • Support Highlands School.

Buy a business banner to be displayed in the gymnasium all year long. Call 526-2147 for details.

• **Today, Aug. 8 is the fundraiser luncheon** for Madison Schandolph, at ...on the Verandah 11:30 a.m. Tickets are \$40 and include a three-course luncheon, art show and door prizes. For more information, call 526-2338

• **Today, Aug. 8, there's an adult garden tour** meets at the Nature Center at 11 a.m.

• **Tonight, Aug. 8, is the Highlands-Cashiers Chamber Music Gala Festival Finale** is tonight at Wildcat Cliffs Country Club at 6 p.m.

• **On Aug. 9, there is a moderate Nantahala Hiking Club** hike from Wayah Crest to Siler Bald. Meet at the Westgate Plaza in Franklin at 9:30 a.m. Bring a drink, lunch, and wear appropriate clothing.

• **On Aug. 10, spiritual communicator** Dr. Louis Paluau will speak, Saturday, Aug. 9 at 7 p.m. and Sunday, Aug. 10 at 10:45 a.m.

• **The Highlands Community Players** is offering a free audition workshop, Sunday, Aug. 10 at 3 p.m. at the Martin-Lipscomb Performing Arts Center. Prospective actors will get pointers on how to act and look at an audition.

• **Danzig & Woolley** will perform at Buck's, Sunday, Aug. 10 at 2 p.m.

• **Starting Aug. 11, the Rec Park pool** will be open on Saturdays and Sundays only. Adult swim will continue as scheduled until the pool closes after Labor Day, Sept. 1.

• **On Aug. 11, the Jackson-Macon Conservation Alliance** is hosting events about the Hemlock Woolly Adelgid at the Cashiers Library starting at 1 p.m. The lectures are free.

• **On Aug. 11, Kevin Tucker** will be speaking at the Second Annual "Heirloom in the Mountains, 7 p.m. at the Conference Center. Call 526-5841 for information.

• **Fibber's Bag Sale**, Aug. 11-15. Each bag is \$3. Clearing out stock!

## An end to the siltation of lakes in sight

By Kim Lewicki

After a more than a decade of trying and tons of silt later it looks like the Town could very well be on its way to solving the problem of its drinking water source turning to mud.

At the Aug. 6 Town Board meeting, the board agreed to be the lead

agency and the recipient of federal grant money that will be used to clean up area lakes and to prevent siltation in the first place.

Working with the Upper Cullasaja Watershed Association, (UCWA) the Mirror Lake Improvement Association and the Lake Sequoyah Improvement Association,

Jim Johnson, with Kilpatrick Stockton LLP, has spearheaded a lobbying effort to corral federal funds to be delivered to Highlands January 2005.

Johnson said he and his associates will offer their services free but lobbying efforts will cost "not more

▪ See LAKES page 7

## Police and Sheriff Depts. a team

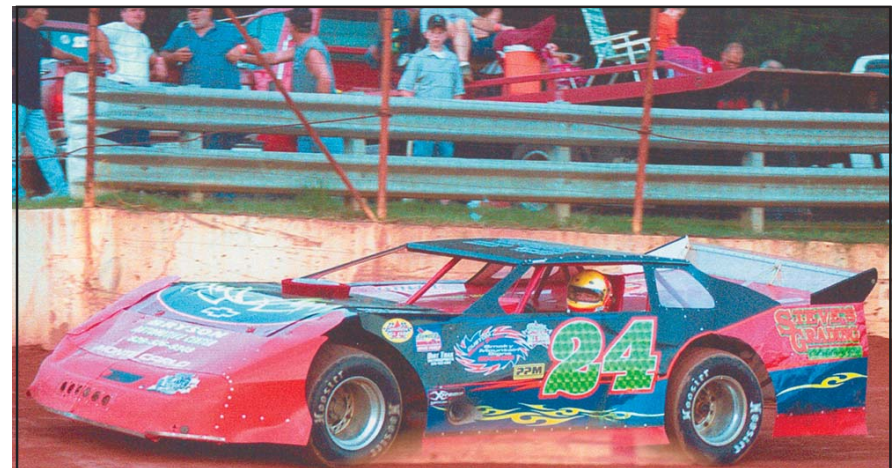
By Kim Lewicki

It's now official. The Highlands Police Department is allowed to help the Macon County Sheriff's Department and vice versa.

At the Aug. 6 Town Board meeting, Highlands Police Chief Jerry Cook announced that he and Sheriff Robbie Holland had signed a mutual agreement allowing their departments to help each other in case of emergencies.

▪ See TEAM page 3

## The long-lasting thrill of dirt racing



For Highlander Dabs Potts the thrill of racing around a 3/8-mile dirt track in 12.6 seconds in a Super Late Model car powered by a 730 hp Clements engine can barely be described. See story page 12.

## Highlands Cable Group knocking on Town's door

Kim Lewicki

Slowly but surely Highlands Cable Group with its expanded channel access and high-speed Internet capability is getting closer to town.

Nin Bond, owner of Highlands Cable, has satisfied two of the three contingencies the town required upon granting his construction permit extension in July. Detailed make-ready and cost estimate plans have been submitted and Bond has shown proof of financial backing to complete the project – a \$50,000 CD made out to the Town of Highlands

and a letter of credit prepared by Regions Bank.

The last requirement – a \$5 million insurance policy – is the only snag in the line.

At the Aug. 6 Town Board meeting, Bond's brother Bill, president of a Florida-based hotel and motel insurance fund, said since 9/11 obtaining high-dollar commercial insurance policies has become increasingly difficult and Highlands Cable Group is feeling the effects.

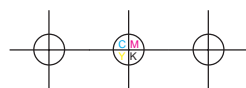
"In Florida we've had to go offshore to Bermuda to get policies over

\$1 million," said Bond. "The truth is, with his \$2 million policy in place, Nin is well protected and so is the town."

Since the town's cable franchise ordinance stipulates a \$5 million policy and since Highlands Cable Group's competitor, Northland Cable has satisfied that requirement, the town must insist Highlands Cable Group satisfy it, too, said the Mayor.

"You understand we have to be fair," said Mayor Buck Trott.

▪ See CABLE page 13



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Printed by the Asheville Citizen-Times  
Asheville, N.C.

## ■ FORUM ■

### Remembering Ron

There are a few times in life when it's OK to be mushy. The passing of Ron Sanders is one of them. When Ron was first diagnosed with cancer about 3 1/2 years ago people said things like "He's a dead man walking." No one thought he'd survive three months let alone three years! When I first heard Georgia expressing her fear and grief at Mountain Fresh the day they got the diagnosis, I thought, "She shouldn't be telling everyone." But that was the big city in me talking. In a small town like Highlands, where everyone is connected either through family, friends, churches, schools, organizations, when one suffers, all suffer and there is a lot of comfort in that. That's why we're all feeling what we feel now about the death of Ron Sanders..

Georgia said Ron was the glue that held the family together and that's probably true. But it's because of the incredible example he set by fighting cancer while he lived life to the fullest that we don't have to worry about that glue dissolving. The Sanders family's glue is strong - even though Ron is gone. Glue like Ron lasts forever.

Through his example, he quelled everyone's fears about cancer and about living life with cancer - if only for a while.

What I'll never forget are his nods and smiles from across the board room table at Town Hall during Town Board meetings. Or, the joy on his face each day he worked at Gates Nursery. I passed him almost daily while walking our dog, Chloe. He always gave me a big "Hello" and a wave of his arm. It wasn't Ron's way to wave in a slight way. When he waved, it was with his whole body.

Here is was dying of cancer, and instead of wallowing about, he was out there in the sun and wind hauling plants, talking with customers enjoying God's creation in the midst of his children - living.

What a great way to end your days!



At Ron Sanders' funeral, Aug. 5, honorary pall bearers were the Highlands Fire & Rescue Department., the MC Sheriff's Dept., and the Highlands Police Department.

■ See FORUM page 6

We welcome letters from our readers. All letters are subject to editing. We reserve the right to reject letters. Anonymous letters will not be accepted. Letters bearing identification can arrive by post or email. Published letters do not necessarily represent opinions of Highlands' Newspaper.



## .....TEAM continued from page 1

"This means we're working under the same jurisdiction. It basically gives us each the ability to get more manpower if needed," said Cook. "We can call on them for assistance and they can call on us."

In Highlands Township, where so much of the populace lives outside the town limits, law enforcement protection has always been a concern.

Technically, the Highlands Police Dept. can't respond the calls outside the county and that's just a mile from the center of town.

Chief Cook said he has tried to get a mutual agreement between the Sheriff's Dept. in the past but to no avail. "The best we could bet was an

agreement that the Sheriff's Dept. would respond to the Highlands-Cashiers Hospital. In the past we didn't have a deputy in Highlands, but now we do," he said.

Mayor Buck Trott said under the new agreement police officers will be covered by the Sheriff Dept.'s workmen's compensation if they give aid in the county and deputies will be covered by the Town's workmen's compensation if they give aid within the town limits.

Chief Cook said a State Statute allows the two agencies to join forces and the agreement can be revoked by either department at any time.

## Edwards et al case to go into next week

Town officials have spent all week in court while Town of Highlands vs. Edwards et al is deliberated. The case is on appeal after the Court of Appeals bounced it back to the Superior

Court of Macon County Nov. 2001. The jury has heard testimony from surveyors as to the validity of the Kelsey Map. Deliberations are expected to continue through Monday

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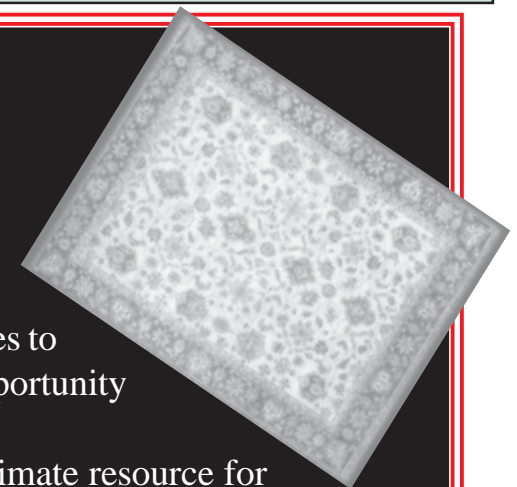
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## ■ Letter to the Editor ■

### An Open Letter to:

Honorable Zell Miller, U.S. Senate  
Honorable Saxby Chambliss, U.S. Senate  
Honorable Charlie Norwood, U.S. House of Representatives  
Honorable Bill Stephens, Georgia State Senate  
Honorable Ralph Twiggs, Georgia House of Representatives  
Honorable Eston Melton, Rabun County Commissioner  
Honorable John Davis, Rabun County Commissioner  
Honorable Virgil Kilby, Rabun County Commissioner

Gentlemen:

The undersigned, acting on behalf of their friends and neighbors and your constituents in the Satolah community of Rabun County, seek your aid and attention on a matter of importance to the quality of life in this beautiful part of north Georgia.

This relates to the Georgia Department of Transportation's plans to replace and widen the Russell Bridge on state route 28, spanning the Chattooga River at the South Carolina-Georgia border.

Our primary concern is that the DOT, to date, has resisted committing to provide adequate, temporary access across the river during construction. In fact, it would be fair to say that DOT officials and engineers likely would prefer to shut the road down entirely during the many months it takes to replace the bridge.

This is not acceptable, as the only possible detour (on a paved road) would send motorists some 30-plus miles out of their way, via Clayton and Westminster, S.C. And the only unpaved road that conceivably could serve as a bypass is not safe or suitable to commercial or private, commuter traffic.

Several other concerns merit your attention as well: Why the DOT essentially wants to build the equivalent of a three-lane or four-lane bridge for what will remain a two-lane highway. Whether the design of the new bridge is appropriate for the Congressionally designated Chattooga Wild and Scenic River corridor, and the sensitive environmental issues at this location.

As you know, this bridge does not carry a heavy vehicle load. But the traffic, on a cumulative basis, represents a lifeline to the Satolah residents who use it routinely to get to work, to visit friends and families in the Upcountry, and for all the daily commerce of everyday life; church services, groceries, restaurants, theaters and the like.

The bridge also serves as a vital link of interstate commerce and tourism, linking Georgia and South Carolina residents to the national forests in both states, and the tourist retreats in the Highlands, N.C. area.

We invite you to stay abreast of this issue and attend (or have a representative attend) the DOT public information meeting scheduled for 5 p.m., Thursday, August 21, at the Satolah firehouse. We also trust you will decide to agree that this project merits an adequate, temporary bypass during construction.

All it would take would be a quiet nod from any one of you and the DOT, we feel sure, would agree that this is the right and proper thing to do.

Thank you for your time and attention.

Carol Austin 199 Jerry Gap Road Clayton, Georgia	Joseph Gatins 2489 Glade Road Clayton, Georgia	Ron Leslie 600 Three Forks Trail Clayton, Georgia	Kelly Munger 64 Copperhead Ln. Clayton, Georgia
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## ■ Movie Pix ■

Video Guy presents:

### The 1985, PG film, "The Man with One Red Shoe"

Some critics didn't care for this spay spoof/romantic comedy but, hey, that's why they're called critics.

It's fast, silly, funny, the bad guys instantly recognizable as bad, good guys turn out to be predictably good and, what a surprise, the good guys win in the end. The basic story line is thus: various factions in the CIA commit murder and mayhem in order to beat out the other. Tom Hanks as the goofy violin player is plucked, a la Hitchcock, out of the crowd to be the center of their ill intentions. He remains clueless that death, disaster and destructive dental work follow him everywhere. Hilarity ensues.

Excellent supporting cast – the dumb guy's truly dumb. The despicable are as despicable as you would want and I loved the roles of the senior citizen assassin duo. They made a cute, if murderous couple.

The film is accompanied by a mock spy/thriller sound track that



Stuart Armor

adds to the lighthearted tone and sort of builds up the tension, such as it is.

Other silly spy intrigues are "Spies Like Us," "Man Who Knew Too Little," "Company Man," and the classic "Dr.

Strangelove."

More cute and funny far from Tom Hanks are "You've Got Mail," "Sleepless in Seattle," "Big," and Joe vs. the Volcano."

These and about 5,000 other titles are available at Movie Stop Video next to The Brick Oven.

New-release movies rent for \$3.25, regular movies rent for \$2. There's also "Two for Tuesday," excluding new releases, and "Five for Five" – 5 movies for 5 days \$7.

Hours are Monday through Friday 11 a.m. to 8:30 p.m.; Sat. and Sun. noon-8:30 p.m.



Stuart Armor, owner of the Movie Stop, will be submitting movie "reviews" regularly.

## Get your car washed....here



A "hands-on" carwash is conducted three days a week, weather permitting, at the Texaco Station on the corner of Oak and Fourth streets. Mark Baumgardner and T.J. Hanson can be seen working away most Thursdays, Fridays and Saturdays. The cost is \$15 for an exterior wash and \$25 for a total wash which includes vacuuming, tire blacking and window washing inside and out. To schedule "a detail" call 526-3553.

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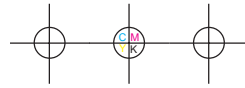
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## .....FORUM continued from page 2

I think Mattson is a spitting image of his grand-dad and I enjoyed watching him clammer all over Ron in the pew at church. Something Ron clearly didn't mind. His love for him was unconditional and it showed with every gesture and every glance. Mattson was naturally comfortable within Ron's grasp and vice versa.

Another thing I'll not forget about Ron was his sense of "right and wrong." I guess you'd say he was conservative in his approach to all things. But if doing the right thing for the right reason makes you conservative, well, we probably need more conservatives around.

Ron didn't talk a lot when the board deliberated over an issue. For him the way to go was always clear.

"I just don't think that's right," he'd say with a slight frown if he disagreed with the way the discussion was going.

He wasn't saying the facts were wrong, He was saying it wasn't "right." He was always concerned with doing the right thing for the right reason - about being fair to the majority of people he represented. He never tried to play favorites, or sneak a private agenda into a vote. He didn't come to the table with a lot of fire, but if he got mad about something it

showed. His face would get red, he'd lean forward and just about pound the table, and then you knew somebody better start listening. But Ron never held on to his anger, he just let it show when it counted.

At the Service of Death and Resurrection at the Highlands United Methodist Church, Tuesday, August 5, a poem was printed on the face of the program that really, really epitomizes Ron Ray Sanders - particularly the last years of his life.

Over the past 3 1/2 years, I really hope someone snapped a photo of Ron working and laughing at Gates Nursery and if they did, the poem should be mounted underneath that shot so the attitude that propelled Ron through the last few years can be remembered.

Everyone will miss Ron. His family, his friends, his co-workers, business-relations, even people who didn't really know him will miss him. His fight had become legendary in Highlands.

But the good thing is Georgia, Carla, Philip, Matson and Leslie and everyone else who loved him can rest easier knowing that Ron's body is gone but the spirit he exemplified will last forever.

- Kim Lewicki

### I'm Free

Don't grieve for me, for now I'm free  
I'm following the path God laid for me.  
I took His hand when I heard Him call

I turned my back and left it all.

I could not stay another day

To laugh, to love, to work or play.

Tasks left undone must stay that way,

I found that place at the close of day.

If my parting has left a void,

Then fill it with remembered joy.

A friendship shared, a laugh, a kiss,

Ah yes, these things I too will miss.

Be not burdened when times of sorrow,

I wish you the sunshine of tomorrow.

My life's been full, I savored much,

Good friends, good times, a loved one's touch.

Perhaps my time seemed all too brief;

Don't lengthen it now with undue grief.

Lift up her heart and share with me

God wanted me now. He set me free.

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## ■ Cooking on the Plateau ■

**F**ood & Friends Forever" is a compilation of tried and true recipes made by the ladies of the Eastern Star.

There are 500 pages of recipes ranging from a basic White Sauce to Cathy's Scrambles.

The book was published by the Grand Chapter of North Carolina, Eastern Star and they cost \$10. All proceeds go toward the Masonic and Eastern Star Home of North Carolina, a non-profit home for the elderly established in 1912.

On the back cover is a photo of the Chapel at the Masonic and Eastern Star Home, located in Greensboro, N.C. It is the central building in a complex of care facilities. In the complex are independent living condominiums, assisted living quarters and a care center which provides for the residents' well-being.

### Huntington Chicken Casserole

1 med. chicken  
1 12-oz. pack of noodles  
2 10 3/4 cans cream of mushroom soup

1/2 pound sharp cheddar cheese 1/2 grated and 1/2 sliced.  
1 8-oz can sliced water chestnuts  
1/2 cup margarine  
3 cups celery, diced  
1/3 cup onions, diced  
1 cup green pepper diced  
1 4-oz. can pimento diced  
Cook, bone and lice chicken.  
Cook noodles in chicken broth.  
Mix cream of mushroom soup, grated cheese, and sliced water

chestnuts; mix with chicken and noodles. Saute margarine, celery, onions and green peppers. Add pimento and vegetables with chicken and noodles. Put all in a 9 x 13-inch baking dish; put sliced cheese on top. Bake at 350 degrees for 30 minutes. – **Juanita Letterman.**

**To order a copy of "Food & Friends Forever" call Kathleen Wilson at 526-2852 or Mary Ann Creswell at 526-2635.**

## Remembering those we love through food



### Bacon and Egg Casserole

2 slices toasted, cubed white bread  
4 oz. Canadian style bacon, cut in 1/2-inch pieces  
1/2 tsp. salt  
1/8 tsp. onion powder  
1 4 oz. package cheddar cheese, shredded  
4 eggs  
2 cups skim milk  
1/2 tsp. prepared mustard  
1/8 tsp. pepper

Preheat oven to 350 degrees. Spray baking pan with cooking spray. Arrange bread cubes over bottom of pan. Sprinkle with cheese and top with bacon. In medium bowl, heat milk, eggs and seasonings pour egg mixture into pan and sprinkle with remaining 2 ounces bacon. Bake 45 to 50 minutes (until top is browned and knife, inserted in center, comes out clean). Can make one day and cook the next. Four servings. – **Faye Gatton**

## ..... LAKES continued from page 1

than \$40,000." So far both lake improvement associations have pledged \$10,000 each and UCWA has agreed to share data it's gathered over the years and offer its technical services to the project. "We're throwing our hats in the ring with you," said Jodie Cook with UCWA.

"We've been trying to solve this problem and come up with the money to dredge these lakes since 1991," said Mayor Buck Trott. "This is like a dream come true. I feel like pinching myself."

Project grant money will come in between \$7 and \$15 million. "The Senate Environmental and Public Works Committee handles \$15 billion and this bill is expected to get through Congress," said Johnson. Furthermore, he said the grant money will come directly to the town bypassing EPA which means less strings will be

attached to it.

The grant is not a matching grant but does require a governmental agency as the lead agency which will be responsible for doling out the money.

The town agreed to be the lead agency as long as it can prioritize the clean-up and preventive projects.

Preventive projects could include paving roads running alongside lakes and streams.

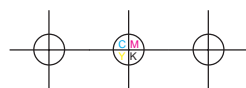
Zoning Administrator Larry Gantenbein said the biggest contributor to silt in Highlands' lakes and streams isn't from single family home construction, but from silt washing into water bodies after rains.

"There is a significant erosion problem around Mirror Lake and it's siltation coming

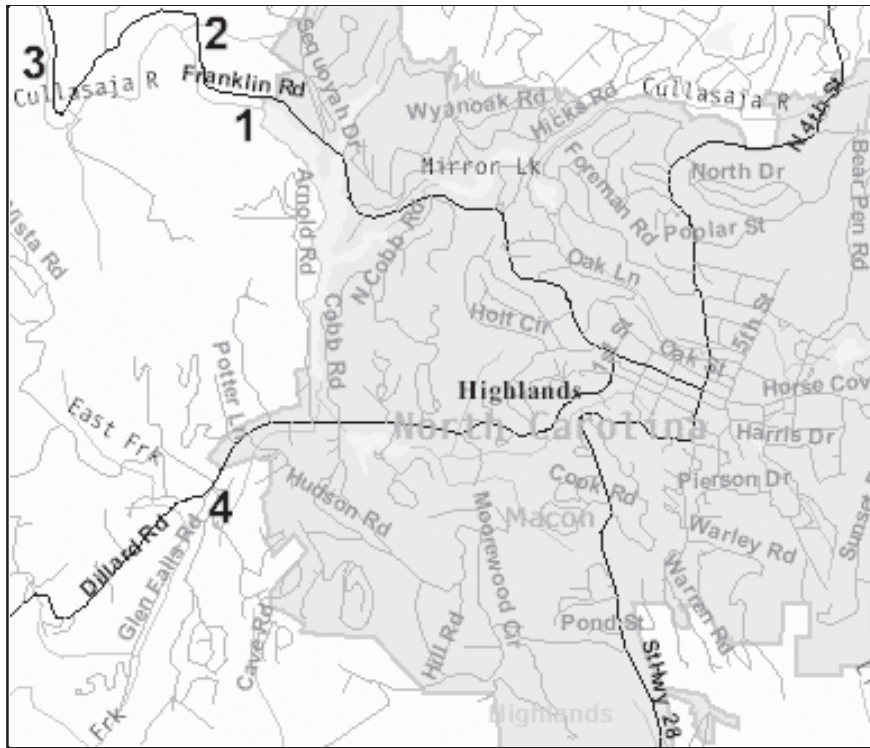
from roads," said Gantenbein. "A tremendous amount of silt goes right into the lake and paving roads around lakes would significantly decrease the amount."

Of course there are dirt roads in the county's jurisdiction surrounding town lakes over which the town has no control, and that's just one of the kinks that will have to be worked out, said commissioners.

Mayor Trott said the federal government will want to know that the effects of cleanup and prevention will be long-lasting, too. Commissioner Hank Ross suggested a task force be formed between UCWA, the lake improvement associations and the town so projects can be prioritized and a long-term plan developed.



## ■ Waterfall Hikes ■



- **1) Kalakaleskies Falls:** Located off Hwy. 64W about 1 1/2 miles from town on the Cullasaja River. The Sequoyah Dam is at the head of these falls. There are 18 small falls within a quarter mile, each paralleling US Hwy 64 west.
- **2) Bridal Veil Falls:** This picturesque fall cascades over US Hwy. 64W about 2 miles from town. Cars may even drive under this waterfall.
- **3) Dry Falls:** On US Hwy. 64W, about 3 miles from town. Parking is provided by the Forestry Service where a path is taken to the falls. They are certainly not dry.
- **4) Glen Falls:** Located off a dirt road 3 miles south of town on Hwy. 106. The turnoff is marked by a U.S.F.S. sign. Glen Falls is composed of a series of 3 large falls dropping approximately 60 ft. each on the east fork of Overflow Creek in the Blue Valley area. The one mile foot trail down to the falls is steep.

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## ■ Healthy Living ■

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A balancing act is in order to lose and maintain a weight loss. Sadly, sadly, eating less and cutting back on highly processed and fatty foods is essential. Exercise is the other part of the puzzle.

Creating a calorie deficit by eating less and exercising (or exercising more) is the key to losing and maintaining that loss.

A plus is that exercise will allow you to eat a bit more while maintaining!

Relax, beginning exercisers do have to start slowly. For calorie burning, some things work better than others, so choose things like walking, or an aerobic class; things that will keep one foot in contact with the floor. (That is the difference between high-impact activities and low-impact activities.)

More advanced exercisers may choose high-impact activities like jogging or jumping rope. If you suffer from certain bone and joint problems like arthritis or degenerative discs in the spine, non-impact activities such as bicycling or swimming may be the ticket for you.

New exercisers can start moderately with as little as 10 or 15 minutes of aerobic activity of the low-impact variety three times per week. Move up a bit at a time, increasing duration to 30 minutes four or five times per week. Work on duration first, then begin increasing intensity of exercise.

Consider weight lifting.

Remember more muscles mean more capacity to use calories even while you are resting and that is a great thing! Adding strength work to your schedule of activities can help maintain lean body tissue while you follow that moderate diet.

Research demonstrates that a diet that highly restricts calorie intake can cause loss of lean tissue along with fat. Use exercise to help burn calories and the calorie intake can stay at mid-range.

So there it is, folks...A moderate diet, aerobic activity and weight lifting. Don't forget to start any exercise program slowly and work up gradually. Looking for lots of guidance with the diet? My personal preference for successful weight loss and maintenance is Weight Watchers. Meetings take place right here in Highlands on Tuesday evenings at the Peggy Crosby Center and great information is available on-line at [www.weightwatchers.com](http://www.weightwatchers.com).

This recipe is one that most anyone can adopt for a healthier, leaner and more active life style. And, as always, check with your doctor for clearance to begin any exercise program. Hope to see you at the gym soon.....

Reference: American Council on Exercise, "Protecting Your Back at Work," February, 2003

Ginger and other fitness gurus on the plateau will be submitting columns weekly.





## ... Spiritual message Eyes Wide Shut

Hunter Coleman  
First Presbyterian  
Church



Preacher turned novelist, F. Buechner contends that language hampers our sight. It's both a blessing and a curse. A curse because words blind us. Somebody point to the window and says "What's that?" We look to where she is pointing and say, "Why, silly, that's the sky, just the sky."

We give what we see a name. We label it. We reduce it to a word that vaguely suggests all the characteristics that it has in common with other skies at other times, but leave out all that is unique about it. In so doing, we dismiss it. We have failed to see what is really up there outside out windows. What we see is only our conception of it, our word for it. "Sky" that is s-k-y is only a word we make with our mouths, only a mark we scratch on paper.

What is really up there above us, waiting for us to see is not sky, says Buechner. There is no such thing as sky. What is up there is what's up there. That. Those fathoms and fathoms deep of whatever it is, without name, without substance, or form. We lie on our backs and look at that up there, a pair of wings hover in its emptiness. It swarms with light. That up there, the very stuff and mystery of the universe. And we only see the sky.

Once on my way to the Atlanta airport, I came near a farm outside Conyers, Ga., on the very day that thousands of pilgrims were converging hoping to see an apparition in a stone statue of the Madonna. They had come hoping to feast their eyes on something so beautiful, so extraordinary that it would bolster their faith.

On their walks from the cars and buses to the farm with the special statue, they would push their way through a sea of wonder and glory in the form of thousands of human beings in all shapes and sizes. On their way to the lace of an epiphany, they would walk through the marvel of spring with its colors and fragrances, under clear blue above – hoping they would see something.

Somebody points to the window and says, "What's that?" And we say, "Don't be silly, that's just the sky." This morning Little John showed me a picture he took recently of the sunrise over Horse Cove. The thin streak of clouds colored pink and purple were set off by a dark blue background with a gold amber underneath. "You know, preacher, when he gets those fingers a-

■ See SPIRITUAL MESSAGE page 11

## ■ Places of Worship on the Plateau ■

### Blue Valley Baptist Church

Rev. Oliver Rice, Pastor (706) 782-3965  
Sundays: School – 10 a.m., Worship – 11 a.m.  
Sunday night services every second and fourth Sunday at 7 p.m.  
Wednesdays: Mid-week prayer meeting – 7 p.m.

### Buck Creek Baptist Church

Sundays: School – 10 a.m.; Worship – 11 a.m.  
First Saturday: Singing at 7:30 p.m.

### Christian Science Services

On the corner of Spring and Third streets  
526-2830  
Sunday: Morning Service – 11 a.m.  
Wednesday: Evening Service – 7 p.m.  
Tuesday & Friday: Study room open 2-4 p.m.

### Church of Jesus Christ of Latter Day Saints

NC 28 N. and Pine Ridge Rd., (828) 369-8329  
Rai Cammack, Branch President, (828) 369-1627  
Sundays: Worship – 10 a.m.; school & primary classes – 11 a.m.; Women's & Men's Org. – noon  
Tuesdays: Women's Org. – 6:30 p.m.; Library – 6-8  
Wednesdays: Boy Scouts of America mtg. – 6:30 p.m.; Young women's activities – 6:30 p.m.

### Clear Creek Baptist Church

Pastor Everett Wilson, (828) 743-3379  
Sundays: School – 10 a.m.; Worship – 11 a.m.; Prayer – 6:30 p.m.  
Evening Service – 7 p.m.

### Community Bible Church

(Evangelical Presbyterian Church  
Steven E. Kerhoulas, Pastor, 526-4685  
3645 U.S. 64 east  
Sundays: School – 9:30 a.m.; Worship – 11 a.m.  
Tuesdays: Women's Bible Study – 9:45 a.m.  
Wednesdays: Supper – 5:30 p.m.; Bible Study – 6:30  
Thursdays: Guys Sr. High Discipleship – 6 p.m.

### Episcopal Church of the Incarnation

Rev. R. Michael Jones, D. Min., Rector: 526-2968  
Sundays: Holy Eucharist – 8 a.m.; 9 a.m. & 11 a.m.; Adult Class – 10 a.m.; Children's – 11 a.m.  
Tuesdays: Men's Cursillo @ Hampton Inn – 8 a.m.  
Wednesdays: Supper and Program @ First Presbyterian Church – 6 p.m.  
Thursdays: Women's Cursillo Group @ Library – 9:30 a.m.; Holy Eucharist – 10 a.m.

### First Baptist Church

Dr. Daniel D. Robinson, 526-4153  
Sundays: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.; School – 9:30 a.m.; Youth – 6:30 p.m.; Choir – 7:15 p.m.  
Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.; Student & Adult Prayer – 6:15 p.m., Choir – 7:30

### First Presbyterian Church

Rev. J. Hunter Coleman, Pastor, 526-3175  
Sundays: Worship – 8:30 a.m. & 11 a.m. (child care at 11 a.m.); School – 9:30 & 9:45.  
Wednesdays: Children's Devotions – 9:30 a.m.; Supper – 6 p.m.; Choir – 7:30 p.m.  
Thursdays: Bible Study – 10 a.m.

Saturdays: Adventistas del Septimo Dia – 10 a.m. and 5 p.m.

### Highlands Assembly of God

Rev. Scott Holland, 524-6026, Sixth Street  
Sundays: School – 10 a.m.; Worship – 11 a.m.  
Wednesdays: Prayer & Bible Study – 7 p.m.

### Highlands Seventh-Day Adventist Church

Wednesday evening prayer & Bible Study  
Call Lloyd Kidder at 526-9474

### Highlands United Methodist Church

Pastors Eddie & Kim Ingram, 526-3376  
Sundays: School – 9:30 & 9:45 a.m.; Worship – 8:30 & 11 a.m.  
Wednesdays: Supper – 5:30 p.m.; Bible Study & activities – 6 p.m.

### Macedonia Baptist Church

8 miles south of Highlands on N.C. 28 S in Satolah  
Pastor Rusty Wolfrey, (706) 782-8130  
Sundays: School – 10 a.m.; Worship – 11 a.m.; Choir – 6 p.m.  
Wednesdays: Bible Study and Youth Mtg. – 7 p.m.

### Mountain Synagogue

St. Cyprian's Episcopal Church, Franklin 369-6871  
For more information, call (706-745-1842, (706) 754-3334 or (828) 293-5197

### Our Lady of the Mountains Catholic Church

Rev. William M Evans, Priest  
Parish office, 526-2418  
Fridays: Mass – 9 a.m.  
Saturdays: Mass – 4 p.m.  
Sundays: Mass – 11 a.m.

### Scaly Mountain Baptist Church

Rev. Clifford Willis  
Sundays: School – 10 a.m.; Worship – 11 a.m. & 7  
Wednesdays: Prayer Mtg. – 7 p.m.

### Scaly Mountain Church of God

Pastor Allen Melton  
Sundays: Radio Program 1340 AM – 8:30 a.m.; School – 10 a.m.; Worship – 11 a.m.; Evening – 6

### Shortoff Baptist Church

Pastor Rev. Baker Crane  
Sundays: School – 10 a.m.; Worship – 11 a.m.  
Wednesdays: Prayer & Bible Study – 7 p.m.

### The Church in the Wildwood

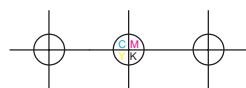
Horse Cove Road  
Old-fashioned hymn-singing led by laypeople.  
Every Sunday Memorial Day - Labor Day at 7 p.m.

### Westside Baptist Church

Interim Pastor, Terry Dixon  
Services in the basement of the Peggy Crosby  
Sundays: Fellowship – 11 a.m.; Worship – 11 a.m.

### Whiteside Presbyterian Church in America

Cashiers, Rev. Sam Forrester, 743-2122  
Sundays: School – 10 a.m.; Worship – 11 a.m.





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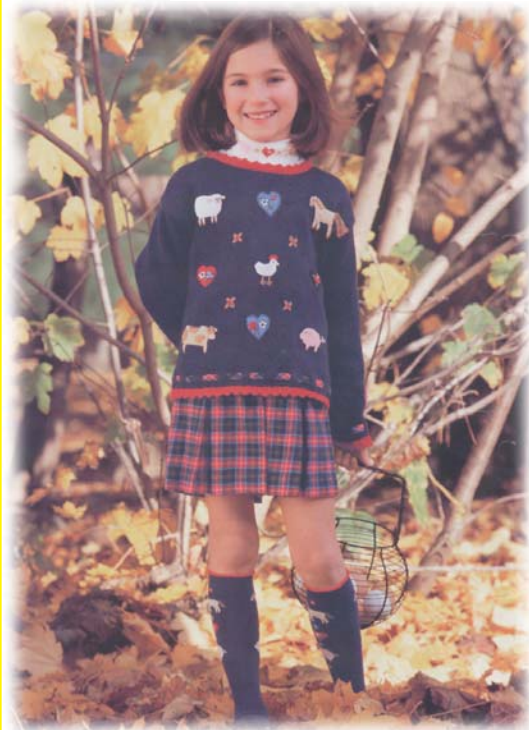
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# And so it begins... Day One at Highlands School 2003-2004







## ..... Spiritual message cont. from page 9

workin' he can paint a mighty fine picture."

Jesus once opened the eyes of one blind from birth. But, there were other blind people there that day whom he didn't heal. He didn't heal them because they didn't think they had anything to be healed of. They couldn't see that they couldn't see.

They thought they could see, but they only saw what they expected to see. What they expected to see on this particular day was a man born blind, a man whose malady was retribution from some heinous sin that either he or his parents had committed. What they saw was what they had seen in him before – a beggar undeserving of being noticed.

They were blind to what was really there. They were unable to see what Jesus saw. Jesus saw much, much more. With his good eyes, Jesus saw the unexpected – a human being full of gifts and dreams, hopes and hungers, alone, cut off.

The publication "Weavings" carried the story of Kristen Ingram who gave money to a homeless woman named Ann. She was out of town for several weeks. When she returned, the homeless woman hobbled over to greet her, gave her a hug and asked if she had been sick. Ms. Ingram invited her for lunch which was the beginning of a friendship. It turned out, Ann had been a centrifuge specialist in a hospital. When she became disabled with rheumatoid arthritis, her disability payments weren't enough for her rent, so she lived in her car.

"I came into the world, so that those who are blind may see, that those who see may become blind."

Some of the sighted people were unnerved by Jesus' comment as he opened the eyes of the blind man. What was he suggesting? They could see. Was Jesus trying to make them blind? With eyes wide open, looking for reassurance they asked, "Surely, we aren't blind, are we?"

How well do you see that you can't see what's there to be seen?

All you have to do is call out to him, "I want to see."

Each week men and women of the cloth will feature spiritual food for thought.

## ■ Laughing at Life ■

with Fred Wooldridge  
Columnist

### Squirrel-lovers, take a Prozac

I had not told a soul, not even Cynthia Strain, Highlands' very own bird czar and protector of all feathered creatures. But now it's time for people to know. If you are a squirrel lover, stop and read no further, or take a Prozac.

Three years ago, I found a way to defeat squirrels (and bears) from eating my bird seeds. This is 100 percent fool proof. I was proud of myself but kept it quiet because I figured I could patent this idea and be a millionaire overnight, or at least make enough to pay my taxes. Squirrels are going hungry around my place and I say, "Let them eat cake."

Companies spend thousands on research, trying to design feeders that are squirrel proof. This is serious business, but none of them work and the squirrels always win, until now.

In my back yard, I have a large tree with a very high, horizontal limb. I purchased a large spool of heavy duty weed eater filament and attached the end onto an arrow I swiped from my grandson. SWOSH, I shot the arrow over the limb and the line followed. Attaching my favorite feeder to the line I pulled it up to a point it was suspended in mid air, 10 feet from the trunk of the tree. Squirrels are good jumpers, but no critter was going to try a 10-foot leap at 20 feet above the ground.

Score: Fred-1, Squirrels-0

For the past three years, I have sat on my deck and watched the birds eat safely from my squirrel-proof feeder. Squirrels, which I call tree rats, came and went. They stomped their feet in frustration. (Kind of like the Bowery Road people do) They barked at the feeder and made weird, obnox-

ious sounds as they ran up and down the trunk of the tree. Then they would leave. I sat on my deck and cheered, making hand gestures at them that I learned while living in Miami, remembering the hundreds of pounds of bird seed they had consumed over the years.

This spring, I fired my line over the limb and in minutes was set up and ready to relax. That is until Wallenda arrived. That's what I call him, a young boomer who is braver than the famous Flying Wallenda, trapeze artist and tight rope walker of yesteryear.

Wallenda leaped from the trunk of the host tree and started his 10-foot journey through space toward the feeder, barely grabbing it with one front foot. The feeder spun violently, but Wallenda had achieved what no other critter had. He was scarfing down seeds faster than a tourist on First Street running to the public restrooms. Score: Fred-1, Wallenda-1

In shock, I leaped to my feet, flung my hands in the air, and growled louder than when people complain about my column. Wallenda panicked, leaped from the feeder but was not able to reach the tree. He fell and hit the ground hard with a loud thump. "Ha," I thought, "that hurt; he won't be back."

Minutes later, Wallenda was back and made another specu-



Photo by Cynthia Strain

Red Squirrel



lar leap from the tree to the feeder. I sat in astonishment. What's worse, Wallenda was unfazed by his hard fall each time he visited the feeder.

By the end of the week, the score was: Wallenda-30, Fred-0.

Rummaging through my stuff in the basement, I came across my old yellow snake that I used to scare my grand kids with. Rubber mouth wide open with a red forked tongue, it was a very scary reptile. Wallenda watched me lower the feeder to the ground.

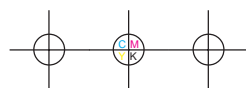
The snake fit perfectly on the top of the feeder. I pointed to him, "you are toast," I said. It only took the birds about 15 minutes to realize the snake was a fake and continue to feed. But Wallenda stomped his feet, barked at the snake and ran up and down the tree, making weird, obnoxious noises. He was afraid to make the leap right into the jaws of my snake.

Game over, Fred wins.

And the best news of all is that I am almost ready to open my new business. I will call it "Fast Freddie's Friendly Feeder Franchise." Squirrels of Highlands get a life, someplace else.

I will open as soon as my box of rubber snakes arrives.

Seasonal resident Fred Wooldridge has made it his hobby to poke fun at just about everything from nature to politics. He means no one harm.





# It's all for the love of the race

By Kim Lewicki

**I**t wouldn't be journalistically ethical to put into words Dabs' description of how it felt to make that first run around the track in his '77 Camaro 16 years ago. Suffice to say it felt as good as the best thing you could ever imagine feels.

"I went down to Toccoa to watch Tubby Zachary and Roger Baty run and got the urge," said Dabs. And every Saturday night since then he's been dirt racing Super Late Models at courses stretching from Alabama to Tennessee and in North Carolina, South Carolina and Georgia.

Everything was different in the early days. He and his partners, Ricky and Mike Bryson, raced the old Camaroon engines they built themselves powered by airplane fuel. "We could get that for \$1.10-\$1.15 a gallon," said Dabs. Nowadays he runs on 116 octane – racing fuel – that costs about \$5.25 a gallon.

The old junked Camarowas a good car to start with. Mainly because he got it cheap. "It had been in an accident and it was all messed up but I beat all the dents out of it, put a roll-cage in it and talked a buddy of mine into painting it for me." That's when he started racing.

"Once you get that first victory, it's unbelievable what it does for you," said Dabs. "You try harder and harder to get that next one." That first victory translated to \$200. The purse today is higher – anywhere from \$1,200 to \$5,000 in the Super Late Model class.

In the early days, to save money, the Camaroran on engines Dabs, Ricky and Mike built themselves from junked parts and motors. "But after we blew three motors in three weeks Ricky said, 'If this motor doesn't stay together we're playing Bingo from here on out.'"

Dabs said it didn't take them long to get smart. "It's hard to beat a guy at his own game," he said. "Let guys who build motors, build them."

Dirt track racing is big in these parts. There are 7-10 classes racing

every weekend at scores of courses. Fifty percent of the time Dabs races at the Toccoa track in the Super Late Model class. That means at least the nose piece of the car is a late model car like a Monte Carlo, Grand Prix or Ford Mustang from 2001 to 2003. His current car is a GRT Monte Carlo with a 730 hp Clements racing engine capable of lapping the 3/8-mile track in 12.6 seconds.

A lot has changed since those early days. Now Dabs has sponsors and partners who help him stay on the track. "I'm not the lowest budget team out there, but I'm close to it," he said. Investment-wise he cuts himself off at \$20,000 out-of-pocket expenses a year with all purse money going back into the car.

Dabs, Rick and Mike Bryson own the car with an even three-way split, but sponsors include Dennis Wilson with Wilson Gas & Oil, Dennis Stamey with Appalachian Crane, Steve Nix with Steve Nix Trucking, Mike Bryson with Bryson's Quick Lube and Ricky Bryson with Highlands Outdoor Tool. "I couldn't do this without those sponsors," said Dabs. Costs to maintain, outfit and race can run \$60,000-\$100,000 a year.

The average car costs \$50,000 to put together – that includes the chassis, body, motor, shocks, tires and more. "We have to buy new

tires every two races," said Dabs. "And they cost \$150 each." Depending on the state of the track, they use three types of tires each race.

"When we get to the track we run a hot lap on 03s – the softest

Charlie Houston is Dabs' sidekick. "He does everything," says Dabs. "I couldn't do this without him." Together they prepare the car for the race before leaving Highlands, keep it running once they hit



**There's a soft spot in Dabs' heart for his first race car – a 1977 Camaro he brought back from the dead.**

tire you can get – to warm up and dial up the car," said Dabs. "It's also a good way to dry out the track." To qualify, they run on 11s and switch to harder tires for the race itself. A typical 30-lap race takes 10-12 minutes depending on the circumstances. "It all depends if there are wrecks or "cautions" called," said Dabs. "But I can do a lap in 12.6 seconds."

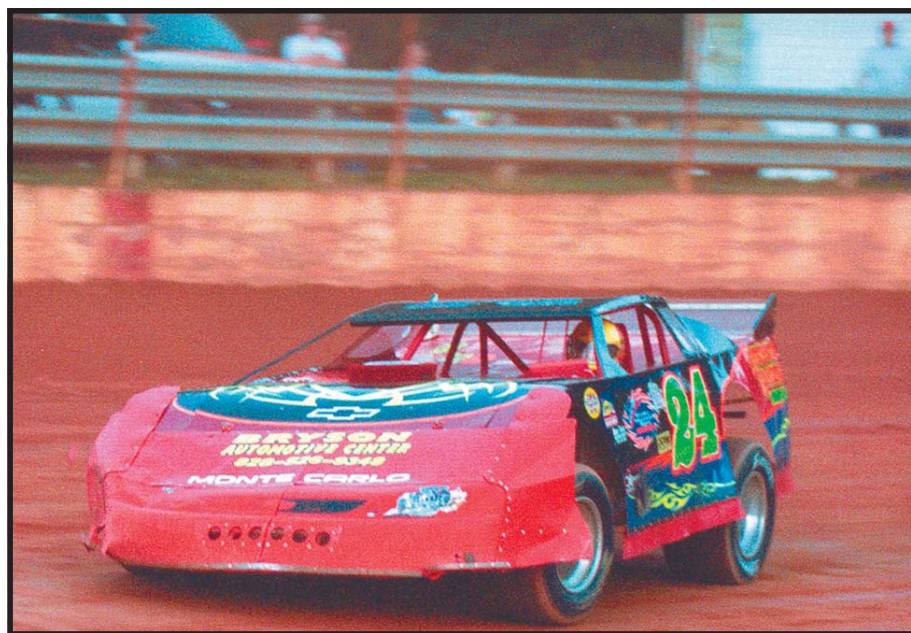
the track and get it back into shape when they get home.

His words of advice to wanna-be racers? "Start young, when you're 14 or 15, I didn't get started until I was 32. Don't even think about doing this without the right equipment," said Dabs. "You need a triple-layer fire suit, a good helmet, gloves and an on-board fire system."

Good equipment keeps racers safe and quells the fears of loved ones. Jan Potts, Dabs' wife, says she doesn't worry too much about Dabs when he heads out to race. "He's safe. He has everything he needs as far as protective gear goes and the on-board fire system," she said. "So far, the only thing he's come home with is a sore neck"

As usual, Dabs will head down the mountain to the Toccoa track Saturday night, to race, of course, but also to prepare for the Southern All Star Race set for Toccoa Aug. 15. That's a big one – a race he wouldn't mind winning.

Win or not, he doesn't plan on throwing in his triple-layer fire suit anytime soon. "I love it. It keeps me out of trouble," he said.



**Dabs in his GRT Monte Carlo in action at Toccoa, Aug. 2.**





# The many lives of Horace Duncan

By Barbara Lawrence

Contributor

It must be Friday, Horace Duncan is volunteering at the Peggy Crosby Center, greeting visitors with his winning smile and charm. 81 years young, Horace is an active member of the Highlands community. He attends the Episcopalian Church, where he is on the Building Committee and is a member of the Vestry. Horace is also Past President of the Rotary Club of Highlands, and has been a member for nine years with perfect attendance.

As a native son of North Carolina and the son of a Highlands' Episcopalian minister, he describes himself as a practical conservative. He supports women priests in the church, and says "some of his best friends are democrats!"

Horace attended the Patterson Agricultural School operated by the Episcopalian Church which sat on 1,600 acres of farmland, which enabled the school to grow most of its own food. On summer vacations Horace pleaded to stay at school and work on the land.

Joining the military in 1942, Horace worked as a photogramist. He made aeronautical maps, and mostly mapped India and Burma for B-17 bombers.

While attending a course in Denver during the war, he met his future wife, schoolteacher Mary Alice. They have been married 61 years, with three children. Horace and Mary Alice met on October 25, 1942 and married that same December.

Horace remembers that he missed a Bob Hope show at the base in order to buy his girl an engagement ring. He actually ended up in the brig that night, but that's another story!

After leaving the service, Horace worked in radio advertising for a while and then became

manager of Denver Country Club. This is where he met his friend and mentor, Howard Mahlman.

Over the next seven years Howard taught him all he knew about Country Club Management. Howard's strongest suit was cooking and food preparation and he had an excellent reputation for catering large functions. Howard decided to write a cookbook, one that included the history of food, how to cater a party, recipe photos, and special details missed by many contemporary cookbooks.

Unfortunately, Howard died before he completed the book, but his daughter passed it to Horace. He's still planning to complete the cookbook which he considers a labor of love.

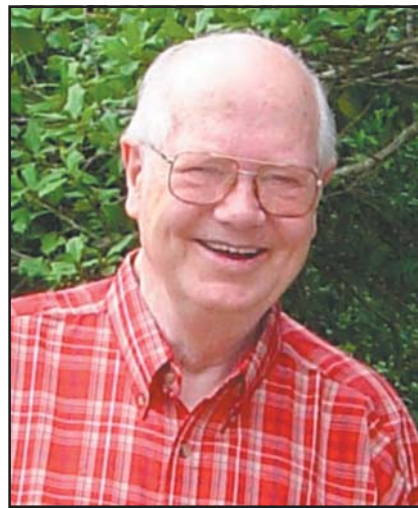
"One of my favorite things to do is prepare food and create innovative recipes," he said. The trouble is, after he cooks it all, he's not very hungry. "It's a good way to lose weight," he said.

Soon Horace became Vice President in charge of Operations at Wilson Enterprises. The Company owned several restaurants, including "The Hungry Farmer," the "Hungry Dutchman," and "The Broker," a converted bank.

Further along in his career, Horace became Executive Director of Club Managers Association of America. He provided career service and education for private club managers all over the world.

Like others in the Highlands Plateau, Horace and Mary fell in love with Highlands on their first visit. They were visiting a friend who operated 'On the Verandah' restaurant and Mary Alice turned to her husband and said "I'd sure like to live here!"

After retiring, they did just that, and now are totally at home in Highlands.



Here's one of Horace's favorite recipes from his cookbook collection.

## Chicken Louisianan

### Denver Country Club

**Wash one pound of wild rice and soak in cold water for 30 minutes. Drain and put in saucepan. Add four cups boiling water. Mince a small amount of chicken livers, bacon and mushroom and sauté. Add to the wild rice and cover with chicken stock. Add curry powder to taste. Cover and cook until done.**

**Disjoint a 3 to 4 lb chicken (it's important to disjoint, not cut up) Fry the chicken, or bake in oven. Remove breasts from ribs and remove leg bones. Make clear gravy from drippings.**

**Bake ½ banana wrapped with bacon. Add mushroom, hearts of artichokes and stuffed olives. Place chicken around the mound of wild rice on a platter and garnish with the aforementioned. Pour some gravy over the top and the remainder in a sauce dish.**

## .....CABLE continued from page 1

Bond is trying to increase his policy and presented a letter from Wayah Insurance verifying that he is aggressively pursuing a way to increase his coverage. "Wayah has sent the request to brokers all over the country," said Bond.

In the interim, Bond requested a 90-day waiver so he can begin work in town while seeking the additional insurance coverage. But his request was denied.

"I'm not sure it's legal for us to grant a waiver when the ordinance requires the \$5 million," said the Mayor.

If not the waiver, Bond asked the

board to consider amending the cable franchise ordinance to accept \$2 million in insurance instead of the current \$5 million.

The board didn't dismiss the idea entirely, but said it would have to discuss it with David Harris, the town's cable franchise consultant, to make sure everything would be legal.

If it is legal to amend the ordinance to require less insurance, a public hearing and two readings of the ordinance would be required which would bring the timeline to mid-September.

Meanwhile, concerning pole attachment conflicts with clearance and

namely, Northland Cable, Bond has agreed to go underground to get around having to change out poles to satisfy clearance requirements.

Town Engineer, Lamar Nix, said going underground with cable would be no problem, as long as the Town of Highlands has a "hold harmless" agreement with Highlands Cable.

"I don't want the town to have to pay to repair cable if it's damaged in our regular line of duty," said Nix. "If the town breaks underground cable when dealing with utilities, I don't want it held responsible for making repairs to his cable."

Bond said he had no problem

with a "hold harmless" clause and said his underground cable infrastructure is almost indestructible, anyway. "You could drive an 18-wheeler over it and it would not hurt it," he said.

Highlands Cable Group's underground cable would run through a strong-walled conduit and above that, but still a foot underground, would be a bright, orange tracer to warn of the infrastructure below.

The town said Highlands Cable Group can not move into the town until the board learns more about the ordinance amendment possibility.



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## Life Under Construction

### Reassessing life's clutter

By Dr. Maryellen Lipinski



There is something stirring about writing a weekly column. In case you did not know, this is the fourth week. Writing this column forces me to slow down and think about what's important in my life right now. I either end my Sunday writing the column or begin writing first thing Monday morning. It's serving as an opportunity to focus on the aspect of my life that I am writing about. The verdict is out whether that is a good or bad thing?

It's hard to write about "Life Under Construction" without examining your own and so I have been doing just that and have made several significant changes. This column is starting to make me nervous. It's really holding me to the mark and sticking to me like Velcro. It is making me cognizant of my thoughts and actions that are directly affecting my future and daily living. I hope in some small way it is serving to do the same for you. It's almost like living my thoughts out loud and being so full of the energy that the outcome just seems to flow.

So, what is my point this week? Dare I say, clutter? In constructing a life, it's vital to be aware of what surrounds your living space. If you want to bring balance and harmony into your home, you must get rid of the clutter and chaos. Do you really

love it or need it? Is it a part of your life now or does it serve as an inviting memory? When you look at it does it shout, I add meaning to your life or does it say, renovate me?

It's important to have room to think, relax, create and breathe. I'm working on the principle, when in doubt, throw it out. Too much "stuff" drains your energy.

Well, to be honest, I am working on eliminating clutter because I am thinking of putting my post and beam home on the market. My goal was to build and remain in my home for two years and start the process all over again. That's what my new book, "Life Under Construction...a work in progress" delves into. Knowing that your life is forever under construction and ongoing. It changes. Life needs to remain fluid, keeping in mind that even the best laid plans need reconstructing, restoring, reframing and renovating.

It's amazing how much clutter I have accumulated in less than two years. Looking around I must admit that all of my things don't really have meaning. For example, I can't imagine being without my precious photos. But really, do I need another rooster hanging out in my home as a reminder that I live in the country? I love bears too and they are everywhere. I have bears on my mantel, a bear rug, a bear picture frame, wind chimes and even a bear a welcome sign. How many bears are enough? No more bears!

Why not stop reading this for a minute and look around where you are sitting right now. Is there anything that needs to be freed from clutter? Are you willing? I'm taking a half hour every morning when my energy is at a peak to work on this. It's been an appealing way to start the day.

As my friend, Einstein said, "Out of clutter, find simplicity."

**Dr. Maryellen Lipinski is a psychologist by profession and an international professional speaker. She coaches individuals to obtain their goals in life and works as a Realtor at Village Realty to help them find a home in these majestic mountains. Her book, *Random Thoughts and Mine Always Are. Conscious Detours to Creative Power* will make you laugh, cry, and think! [www.maryellenlipinski.com](http://www.maryellenlipinski.com)**



## ■ Police & Fire Departments' Reports ■

The following are the Highlands Police Department log entries for the week of Aug. 1-6. The only names are of public officials and/or people who were arrested.

### Aug. 1

- At 9:30 a.m., officers were called to a residence on VZ-Top to investigate two rings valued at \$5,000 missing from a bowl by the kitchen sink after workmen who installed sliding glass doors left. The case is under investigation.



- At 2:45 p.m., officers investigated an accident between two motorists on Main Street. There were no injuries.

### Aug. 2

- At 8:52 a.m., officers received an animal complaint call from residence on Zermat Circle concerning a dog running through neighbors' yards.

- At 9:43 a.m., a motorist travelling on N.C. 106 and Mountain Laurel was cited for following too closely.

- 10:09 a.m., officers responded to an accident on Fourth Street. There were no injuries.

- At 11:02 a.m., officers responded to an alarm at Lupoli Construction on N.C. 106. All was secure.

- At 3:15 p.m., officers responded to an alarm at a business at Highlands Plaza. All was secure.

- At 10 p.m., officers conducted

a "welfare check" at a residence on U.S. 64 west. All was secure.

### Aug. 3

- At 1:34 a.m., officers were called to Cyprus Restaurant on N.C. 106 about noisy patrons. They were told to quiet down.

- At 8:40 a.m., officers responded to an alarm at Wachovia Bank. All was secure.

- At 12:15 p.m., a motorist travelling on Fourth and Spruce streets was cited for driving with an expired registration.

### Aug. 4

- At 6 a.m., officers responded to an alarm at Shiraz Rugs on Main Street. All was secure..

- At 6 p.m., officers responded to an accident between two motorists at Fourth and Spring streets. There were no injuries. One driver was cited for making an unsafe movement..

- At 8:05 p.m., officers took a report about a missing vehicle.

- At 9:40 a.m., a motorist trav-

After a whirl through town on the Highlands Fire & Rescue fire truck Saturday, Aug. 2, Charlie Underwood, his dad and friends stopped at Pescados for a bite to eat and a cold one. About 800 people turned out for the department's "50-years-of-service" party where free rides, free fireman hats, free hotdogs and free drinks were doled out. The department pulled in \$1,600 in donations and served about 750 hotdogs. "It was a good 50th," said Bobby Houston, administrator.



elling on Chestnut and Fourth streets was cited for driving without registration.

The following are the Highlands Fire & Rescue Department log entries for the week of July-30-Aug. 5.

### July 30

- The department was first-responders to assist EMS at a residence on Whiteside Mountain Road. The victim was transported to Highlands-Cashiers Hospital.

### Aug. 1

- The department was first-responders to assist EMS at a residence on Laurelwood Ridge Drive where a victim had fallen. The victim was transported to Highlands-Cashiers Hospital.

- The department was first responders to assist EMS at a residence on Azalea Drive. The call was cancelled en route.

### Aug. 2

- The department responded to a possible structure fire at a residence on Laurelwood Drive. The grill was too close to the house. There was no damage.

- The department responded to a fire alarm at a residence at VZ-Top but it was set off by lightning.

- The department responded to a fire alarm at a residence on Picklesimer Road but it was set off by lightning.

### Aug. 3

- The department responded to an accident on Blue Valley Road. There were no injuries.

- The department responded to an accident on U.S. 64 east and Flat Mountain Road. There were no injuries.

### Aug. 4

- The department was called to search for a hiker on Panther Mountain but the call was cancelled en route.

### Aug. 5

- The department responded to an accident on U.S. 64 east near Little Bearpen. There were no injuries



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## ■ Florist Tips & Secrets ■

### The Meaning of Flowers

by Kathy Corrigan  
Best of the Bunch Florist

**H**ave you ever thought about the meanings attached to the flowers in your birthday bouquet? While sending or receiving flowers is a special event, it can be made even more special if the flowers themselves are selected to have a special meaning. Traditionally every flower has a symbolic meaning attached to it. While there may be some disagreement amongst experts as to exact meanings here are some of the most common ones.

- Alstroemeria - Wealth; prosperity; fortune
- Baby's breath - Pure of heart; innocence
- Bells of Ireland - Good luck
- Bouvardia - Enthusiasm
- Carnation - Fascination; devoted love (Keep this in mind all of you who dislike the lowly carnation)
- Daffodil - You're the only one; Unrequited love
- Daisy - Innocence; I'll never tell
- Delphinium - Flight of fancy
- Forsythia - Good nature; anticipation
- Freesia - Trust; friendship
- Gladiolus - Strength of character; sincerity; generosity
- Iris - Faith; wisdom; valor
- Lily - Majesty
- Lily of the valley - Sweetness; humility

- Orchid - Love, beauty, refinement
- Poinsettia - Be of good cheer
- Queen Anne's Lace - Fantasy
- Snapdragon - Deception; presumption
- Stephanotis - Happiness in marriage
- Sunflower - Adoration; pride
- Tulip - Perfect lover; passion
- Violet - Modesty; virtue
- Yarrow - Healing



And then there is the rose. Roses have different meanings based on their colors.

Red roses, of course, mean I love you but they can also stand for respect or courage. Light pink roses signify admiration while deep pink can signify passion or just say "Thank you". Send yellow roses if you want to express joy or friendship, white if you want to recognize the recipient's innocence, charm or purity. Red and white roses mixed signify unity, while a mixture of red and yellow says "congratulations." Be careful of that bouquet of orange and yellow roses; the sender is having passionate thoughts.

Stop in and see your professional florist the next time you want to send that special someone a floral message. We can help you construct a bouquet that is not only beautiful but says just what you want it to say!

**Each week, various florists in town will be submitting columns - sharing their secrets with our readers.**





# ■ Highlands Eateries & Light Fare ■

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526-2048

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Made to order breakfast favorites and  
lunch, too.

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## Buck's Coffee Cafe

384 Main Street

Coffee, grilled sandwiches, desserts & wine  
Entertainment Thurs., Fri. & Sat.

Open 7:30 a.m.-6 p.m., Sun.-Wed.

Until 11 p.m., Thurs. - Sat.



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Hot dogs - 2 for \$ .99

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526-3775 Sun. 9 a.m.-6 p.m.

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Highlands Plaza Mon.-Sat. 7:30 a.m.-7:30 p.m.  
526-3775 Sun. 9 a.m.-6 p.m.

## Hilltop Grill

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Fourth & Spring "on the Hill"  
"Where the locals eat"

Hamburgers, fries, sandwiches & salads

Mon.-Fri. 11 a.m. to 3:30 p.m.

## Pescado's

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Fresh Mexican

"The fastest food in town"

Lunch 7 days: 11-3; Dinner: Tues.-Sat. 5-8:30

## The Pizza Place

526-5660

On Main Street

Pizza, specialty sandwiches & salads

Eat in or carry out

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## Brick Oven Pizza

526-4121

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Open for lunch & dinner year-round

## Don Leon's

526-1600

Dillard Road next to Farmer's Market

Cajun & European specialties

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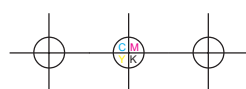
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**Appointments by Calling:** 800-544-7489

**Medical School:** University of Virginia  
**Residency:** Letterman Army Medical Center  
**Cardiology Fellowship:** Duke University Medical Center

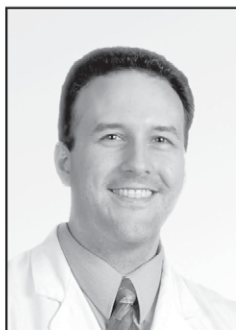


**Chrisopher T. Wenzel, MD**  
*Otolaryngology (ENT)*

W. Carolina Ear Nose & Throat Specialists, Waynesville NC

**Local Office:** Suite 500, Woodruff Medical Building  
**Schedule:** Second and Fourth Thursdays & Fridays  
**Appointments by Calling:** 526-1DOC (526-1362)

**Medical School:** Duke University  
**Surgical Internship:** Duke University Medical Center  
**Otolaryngology Residency:** Duke University Medical Center



**Shannon E. Hunter, MD**  
*Otolaryngology (ENT)*

W. Carolina Ear Nose & Throat Specialists, Waynesville NC

**Local Office:** Suite 500, Woodruff Medical Building  
**Schedule:** Second and Fourth Thursdays & Fridays  
**Appointments by Calling:** 526-1DOC (526-1362)

**Medical School:** University of North Carolina  
**Surgical Internship:** Duke University Medical Center  
**Otolaryngology Residency:** Duke University Medical Center



## Tazar units to replace pepper spray at MC Sheriff Dept.

By Kim Lewicki

Criminals beware. The Macon County Sheriff's Dept. has a new means of subduing you and it's no joke.

The next time suspects resist arrest, refuse to "cease and desist" or bodily threaten a deputy, it's likely 50,000 volts of electricity will send them sprawling to the ground crying like a baby.

At the Aug. 4 Macon County Commissioner's meeting in Highlands, members of the Sheriff's Dept., demonstrated how a Tazar unit works – and it can make a grown man cry.

A Tazar unit is a laser gun deputies use from 21 feet away so there's no chance of physical contact or potential harm to them from an irate suspect. They site a red lazer beam somewhere below the neck and above the waist of a suspect and with a pull of the trigger, a probe lodges into the target and delivers an electric shock.

"In a perfect world, if an officer tells a perpetrator he's under arrest he'd let you cuff him and off you'd go," said Deputy Tim Fish. "But that's just not how it is."

The Sheriff Department plans on replacing the pepper spray with the new M-26 Tazar guns as a deterrent. "Pepper spray can cause all kinds of health problems for the person sprayed and officers," said Fish. "Everyone and everything has to be decontaminated after it's sprayed and if someone has asthma, they could actually die from being sprayed with pepper spray," he said.

Sheriff Robbie Holland said the guns can be used in tight quarters where there are masses of people, like in the detention center or where there's a group fighting. With the guns, only the person targeted is affected, not the entire group.

Two probes, propelled by 1,800 psi of nitrogen, delivers 50,000 volts of electricity for five seconds. Deputies say that's enough time to subdue suspects and get them cuffed. The probes are attached to the gun via a filament so deputies can follow the probe to the entry point for easy removal.

The jolt affects only voluntary muscle movement not involuntary muscle movement so there is no lasting effect nor is there a wound to contend with say deputies because the entry point is cauterized.

Studies done by law enforcement agencies in Orange County, Calif., show a 78 percent decrease in lethal force, an 80 percent decrease in officer injury sustained while trying to subdue or arrest a suspect, and a 56 percent decrease in baton use.

"The fact is if an officer has to go 'hands-on' someone is going to get hurt," said Holland. "It's either going to be one of my officers or the person they are trying to subdue." With the Tazar unit, after giving warning, officers can subdue from as far away as 21 feet.

Holland said last week officers were called to a scene where several people were fighting and before it was

▪See TAZAR page 19



Deputies demonstrated the Tazar at the Aug. 4 commissioner meeting in Highlands. Sheriff Holland's brother offered to be the victim.





Christy Kelly

## Kelly joins Playhouse

Christy Kelly has joined the staff of Highlands Playhouse as executive director.

Kelly brings many years of nonprofit management experience to the Playhouse, and was executive director of the Highlands Chamber of Commerce from 1994-2001. As a member of the Rotary Club of Highlands, she is a Paul Harris Fellow and was named Rotarian of the Year in 1996.

She was a cofounder of Leadership Highlands and is a Highlands Cashiers Hospice Volunteer.

## .....TAZAR cont. from page 18

over, two deputies ended up in the hospital. "If they had a Tazar in the car, the fight would have ended real quick and no one would have gotten hurt," said Holland.

Each time the gun is used the date and time is recorded so use can be verified once downloaded to a computer. "That way no one can claim an officer just stood there shooting and shooting," said Fish.

Before officers can use the gun, they must go through training and become certified. The guns cost about \$400 a piece and the Sheriff's department will be using nine units - three in the courthouse, two in the detention center and four during each patrol shift.

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Serving dinner Mon.-Thur. 5:30-9:30; Fri. & Sat. 5:30-10

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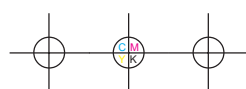
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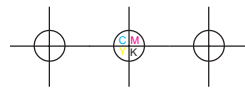
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**Call 526-4188 for reservations**

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# ■ Events on the Highlands Plateau ■

## On-going

- Support Highlands School with a banner about your business to be displayed in the gymnasium all year long. Call 526- 2147 for details.

- The Gala Festival Finale for the Highlands-Cashiers Chamber Music Festival is Aug. 8. at WC Country Club. Tickets for the dinner & concert are \$100 per person. Call the box office at 526-9060.

- Tickets are on sale for Highlands Playhouse summer season. The 1940's Radio Hour, July 31-Aug. 17 and The Real Thing, Aug. 21-30. Tickets are \$20 for adults and \$9 for children. Performances are Tuesday through Saturday at 8 p.m. and Saturday and Sunday at 2 p.m. For more information, call 526-2695.

## Aug. 8

- Fundraiser luncheon for Madison Schandolph, a four-year-old in Scaly who has leukemia. Fundraiser luncheon is at ...on the Verandah 11:30 a.m. Tickets are \$40 and include a three-course luncheon, art show and door prizes. For more information, call 526-2338.

- Today, an adult garden tour meets at the Nature Center at 11 a.m.

## Aug. 9

- There is a moderate Nantahala Hiking Club hike from Wayah Crest to Siler Bald. Meet at the Westgate Plaza in Franklin at 9:30 a.m. Bring a drink, lunch, and wear appropriate clothing.

## Aug. 10

- Spiritual communicator Dr. Louis Paluau will speak, Saturday, Aug. 9 at 7 p.m. and Sunday, Aug. 10 at 10:45 a.m.

- The Highlands Community Players is offering a free audition workshop, Sunday, Aug. 10 at 3 p.m. at the Martin-Lipscomb Performing Arts Center. Prospective actors will get pointers on how to audition from directors who will explain what they look for at an audition.

## Aug 11

The first Hudson Library Cooking Class of the season is today. Chef Victor Carducci of the Cliffs Communities will provide instruction on making, preparing and serving fresh pasta. For more information, call 426-3031.

- Starting today, the Rec Park pool will be open on Saturdays and Sundays only. Adult swim will continue as scheduled until the pool closes after Labor Day, Sept. 1.

- The Jackson-Macon Conservation Alliance is hosting events on dealing with the Hemlock Woolly Adelgid at the Albert Carlton-Cashiers Community Library starting at 1 p.m. The lectures are free.

- Kevin Tucker will be one of the featured speakers for the Second Annual "Heirlooms in the Mountains," 7 p.m. at the Conference Center. Tickets and reservations may be made at 526-5841. His topic is "From Medieval to Modern: The Arts and Craft Movement in America." Following his lecture, there will be a wine and

cheese reception. Tickets for his lecture and the reception are \$25 in ad-

vance and available at the Chamber office. Reservations may be made at 526-5841. Tickets for his lecture as well as Dawn Evers two lectures are available for only \$65.

## Aug. 12

- Survivors Dinner, 6 p.m., at Community Bible Church. Prelude to the Relay for Life.

## Coming Up

- Relay for Life at the Highlands Rec Park Aug. 15-16 at 6 p.m. until.

- On August 17, there is a Highlands Plateau Audubon Society Annual Picnic at the shelter at the Rec Park. It starts at 5 p.m. Hamburgers and cold drinks will be provided. Bring a covered dish. Cost is \$5 per person. Call Brock or Patty Hutchins at 787-1387 by Aug. 10 so they know how many hamburgers to cook.

- On Aug. 18 from 3:30-6 p.m. there will be a round-table discussion on dealing with the Hemlock Woolly Adelgid at PAC. Minimal space is available. Tickets are \$25. RSVP required. Call Dave Martin at 526-9938 ext.

fashion show and luncheon, Aug. 21 at 12:30 p.m. at Highlands Falls Country Club. There will be prizes for the prettiest, funniest and most unusual hats worn by those attending. Tickets for a chance on this year's Wildflower Quilt will also be on sale. Tickets are available at the Hospital Gift Shop for \$35. All proceeds go toward funding scholarships for young people wishing to go into the medical field.

- On Aug. 22, the Eagle Lady, Doris Mager, will be at the Rec Park for a program on raptors at 7 p.m. During the day she will visit area schools.

- On August 22 there will be a "Steak Dinner" at the HUMC with all proceeds benefiting the 2004 Bolivia Mission Trip. Call the church to make a reservation so they know how much steak to buy. 526-3376.

- Swinging on Sequoyah Dinner and Dance, Aug. 29 at the barn owned by Diane and Ray McPhail. Tickets are \$125 with all proceeds going toward the Highlands Historical Society to renovate the Highlands Historical Village. For more information, call Wiley Sloan at 526-5938.

- On Sept. 2, there will be a free health fair at Highlands School. Students' height, weight, vision, teeth will be checked and they'll also be checked for lice. There BMI index will be calculated, too.

- On Sept. 8 there will be a "Breakfast Buffet" at HUMC with all proceeds going toward the 2004 Bolivia Mission trip. There will be a egg & cheese casserole, french toast casserole, fruit, biscuits, sausage.

- Highlands Rotary Liberty Gala, Sept. 9 at Highlands Country Club. Proceeds from this every-other-year event support the arts and youth of Highlands through donations and scholarships.

## Weekly Happenings

- The Highland Hiker offers half-day hikes during the week with

## 1940's Radio Hour a Hit at Highlands Playhouse



**The full house audiences at the Highlands Playhouse have been singing and dancing to the great tunes of the 1940's as the 1940's Radio Hour performances have thrilled young and old alike. All the hits from the 40s are part of the show, from "I'll Be Seeing You" to "Boogie Woogie Bugle Boy," and the cast has a few surprises thrown in as well. Directed by Anthony King, the second offering of the 2003 Playhouse season is just the ticket for lively, fun, professional entertainment. Tickets are going fast. Running through August 17, tickets may be purchased by calling the Playhouse box office at 526-2895. Evening performances are at 8 p.m., Tuesday through Saturday, with Saturday and Sunday matinees at 2 p.m.**

- Highlands-Cashiers Hospital Auxiliary is sponsoring a benefit

■ See EVENTS page 21







## ■ Events on the Highlands Plateau continued ■

Mike Smith all summer long. Hikes are from 1 to 5 p.m. and cost \$5 per person. Hikers leave from the Highland Hiker Church Street store. Bring a bag lunch and plan to hike Aug. 26. Wildlife biologist Liz Dominique hikes from 9 a.m. to 4 p.m. on Aug. 15 and Aug. 16.

- The Circle of Life Support Group every Friday, 10 a.m.-noon at the Highlands-Cashiers Hospital Conference Room. For more information, call Susan Silverthorn at 526-1462.

- Madeline Epp is teaching a watercolor workshop Thursdays from 11 a.m. to 2:30 p.m. at the Rec Park through August. For more information, call 369-6051.

- There are yoga classes at HealthTracks every Tuesday from 5-6 p.m. The cost is \$5. For more info, call Bonnie Powell at 526-1469.



**Volunteer trainer Karen Weir is shown with Dexter, a lab/chow mix. One of the sweetest dogs at the Cashiers-Highlands Humane Society, Dexter is 2 1/2 years old and has been at the shelter longer than any other animal.**

**Through no fault of his own, Dexter was adopted by two families who could not keep him. His loving, trusting personality endears him to all the staff and volunteers. Dexter deserves his own family, one who will keep him for the rest of his life and return his devotion and loyalty. You can visit Dexter and many other special pets at the Cashiers-Highlands Humane Society on Highway 64 in Cashiers. For information, call 743-5752.**

Email events to: [Highlandseditor@aol.com](mailto:Highlandseditor@aol.com)

## Literacy Council thanks tutors for summer programs

**By Kitty Byers**

Director of Literacy Council

School started Thursday, Aug. 7 and our summer programs have come to an end. But during the summer, volunteers provided fun and instruction to community residents.

Barbara Lawrence envisioned and provided a fun summer reading program for kindergarten through second grade students. Beverly Cone taught music and handwriting classes. Trisha Roellke, Ruth Fernald and Callie Zachery assisted with this program. The children laughed and learned. Many requests have come in for a six-week course next summer, too.

Thirty-six hours of instruction were provided for the Hispanic children in the community. Roger Mueller, a high school teacher at Highlands School,

taught the class. Through a generous donation from an anonymous donor, all expenses were paid for this class.

The students learned skills to enhance their performance in school and to speak English. Dedicated volunteers for this program included Innes Mueller, Charlotte Parraga, Bill Carpenter, Liz McMaster and Jim Gwynn.

We are so fortunate to be able to partner with the Highlands School to offer classes in areas where the school identifies a need.

Cathie McKeon came to the Literacy Council every Monday to

teach algebra to area students. Rick Siegel also provided tutoring in math.

Lee Hodges has returned to the community and has brought

her skill in special education. Lee always drops by and says, "How can I help?" and immediately starts working with students.

Beverly Cone has been outstanding with her work

with the Wilson Language System. Diane Biggers returns for her eighth year as a Literacy volunteer. She makes a big impact in the lives of many children during the summer as she teaches children to read or im-

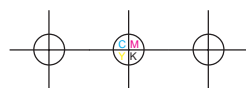
prove their reading skills. Linda Driver, Sue Boone, Janie Swift and Judy Lander have modified their busy summer schedules to help teach local children.

The sounds of learning have been wonderful. We are grateful to Highlands School, parents and the tutors for the wonderful opportunities to serve this summer.

As school starts, we need more volunteers to help students with their homework. There is also a need for volunteers with teaching experience or the willingness to learn a systematic language approach to reading instruction. Math instructors are also needed.

As our seasonal residents depart, the need for skilled replacements is here.

Please call the Literacy Council at 526-9938 ext. 24 for more information.







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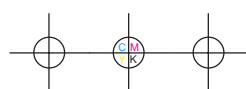
  
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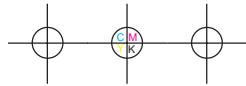
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