

Highlands' Newspaper FREE

Volume 5, Number 8

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Thursday, Feb. 22, 2007

On Going

- Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

- Beginner Classical Yoga Group meets On Mondays, 5:45-7 p.m. at Highlands Yoga and Wellness, 464 Carolina Way. Call 526-8880 Ashby or Chad.

- Yoga Classes at the Rec Park. Mondays and Wednesdays. Bring your mat. \$7 per class or \$50 per month.

- Health Tracks at Highlands-Cashiers Hospital has Osteoporosis prevention exercise classes; a total body and muscle-toning workout exercise class; and Pilates classes. Call Jeanette Fisher at 828-526-1FIT.

- A Grief Support Group is held every Friday from 10-12 at the Highlands-Cashiers Hospital. Contact Helen Moore (Hospice) 526-0727 or Martha Porter (Chaplain at HCH) at 787-1463.

- Every Tuesday Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

- Live music at Fressers in Helen's Barn with Cy Timmons 6 p.m. until.

- Live music at Cyprus Restaurant every Friday at 9:30 p.m.

Every Tuesday

- Women's Bible Study, Beth Moore's study of Daniel at Community Bible Church Fellowship Hall. All ladies invited. Call 526-4685 to order your book.

- Open Studio Night Figure Drawing Informal instruction available for beginners. Bring your sketch pad or paint box for a leisurely session of figure drawing/painting. Cost is \$12, \$10 for "Friends" of the Gallery.

Feb. 22-25

- "Caught in the Villain's Web," an old-fashioned melo-drama by the Highlands Community Players, evenings 7:30 p.m., Sunday matinee 2:30 p.m. Call 526-8084 reservations. Tickets are \$15.

Saturday, Feb. 24

- HCP Pre- and Post-show parties at Main Street Inn. 6 p.m. for wine & appetizers; 9 p.m. for wine & dessert, respectively.

- Mirror Lake Litter Pick-up - Saturday. Meet at Thorn Park by the bridge at 9 a.m. All are welcome!

- Highlands Annual Chili Cook-off, Salsa, and Cornbread Competition will be held at the Conference Center from 6:30 - 9:30 p.m. Hurricane Creek to perform.

Monday, February 26.

- Art League of Highlands Monthly membership meeting. Recreation Park, Highlands. Noon lunch, soup provided. Group critique at 1 p.m.. Bring a couple paintings-in-progress for others to see.

Tuesday, Feb. 27

- The Harlem Ambassadors return to play local basketball stars 7 p.m. in the Highlands School gym. Advance tickets are: adults \$10, students and seniors \$5, available at Fressers, Drakes Diamond Gallery, the Chamber of Commerce. \$15 at the door.

Area youths questioned about break-ins

A discovery by the Thompson family when they came up from Griffin, GA for a weekend at their second home instigated an investigation which quickly ended a series of break-ins in the Mirror Lake community.

No arrests have been made, but Highlands Police are question-

ing three youths in connection with breaking and entering with larceny of 14 homes on Wyanoak, Hickory Hill, Chowan roads and Vinca Lane which occurred Feb. 16 and 17.

Taken were food items, alcoholic beverages, a radio, CD player and a laptop computer.

"We knew from the items taken and what was left behind that we were dealing with juveniles not a burglary ring or drug addicts looking for items to sell," said Highlands Police Chief Bill Harrell. "These crimes were also done by people on foot who only

• See BREAK-INS page 4

BOE member resigns

The Macon County School Board's most recent addition - Guy Gooder - has resigned.

"It is with much deliberation that I submit my resignation effective immediately. After being involved with this board and staff I have found it is not in my best interest or the interest of the constituency that elected me to office to further my term," wrote Gooder in his resignation letter.

"This board is content to provide no oversight as it is charged to do by the citizens of Macon County, while being very comfortable superseding state laws and attacking one of its own members," it reads.

In an email dated December 15, 2006, Gooder learned that Betty Waldroop, finance manger, instructed district schools to stop doing business with Gooder Graftix, Guy Gooder's business since 1999.

"I wanted to alert you that our school board attorney has issued an opinion concerning the school system purchasing from Gooder Graftix now that Guy Gooder is a member of the Board of Education," wrote Waldroop in an email to the central office staff, district secretaries and principals.

"Mr. Henning's opinion states, 'North Carolina law contains a prohibition against con-

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Boys win tournament & conference title



Highlands hosted the 2006-2007 Little Smoky Mountain Conference Tournament for the first time in school history. The Highlanders were crowned regular season champions with a 5-1 record as well as tournament champions with wins over Blue Ridge (60-35) and Hiwassee Dam (69-56). With championship in hand, the Highlanders set their sights on a bigger prize: State Champions. Turn to page 10 for more LSMC Tournament action as well as highlights from the start of State Playoffs.

Photo by Christopher Potts

Committee continues re-org plan for town

Town officials are moving ahead with their plans to reorganize or at least entertain the idea of reorganizing the administration side of the Highlands government.

At the second Town Organization Review Committee meeting held Friday morning at the Town Hall, the committee agreed to hire Gary Nicholson with Leg-

acy Consulting Associates who will immediately provide human resource services to the town.

"We haven't veered from our plan to address immediate concerns first which is to determine what is necessary concerning zoning, planning and code enforcement," said Commission Hank Ross.

The committee requested two tasks be completed within the next two weeks.

Nicholson will first review the town's planning and zoning areas to determine manpower needs and the division of responsibilities by interviewing the Town Board, town staff and planning

• See RE-ORG page 5

County planning board discusses height restrictions, steep slope building and subdivision ordinance timeline

At least until the subdivision ordinance is completed, Macon County Planning Board meetings will take place in area communities. Tuesday night, the February meeting was held in Highlands at the Rec Park.

The 12-member board went over a draft of the Building Height Ordinance, particularly as it applies to high-rise buildings.

Right off, a contradiction in the draft was found. It reads: The maximum building height on any building, structure, or unit within the jurisdiction of Macon County shall not exceed 48 feet or four stories, whichever is greater.

County Commissioner Brian McClellan, who was there as a citizen, said if a story is 16 feet and not 12 as presumed by the commission, the building could end up being higher than 48 feet.

"The language in that first sentence is confusing," agreed county building inspector Jack Morgan.

Commission Vice Chair and Planning Board liaison Ronnie Beale verified that the commission based the height restriction on a 12-foot story. That issue will be addressed before the ordinance is finalized.

The ordinance goes on to say that height measurement will begin at the top of the foundation. This instigated some discussion because depending on the slope of the land, some foundations are 48 feet high in Macon County.

Beale said the purpose of the height restriction is to preserve the skyline. "The

slope and the foundation, regardless of the size, wouldn't affect the skyline," he said. "That is what's at the heart of the ordinance."

Next up was the subdivision ordinance. "The planning board objective concerning the subdivision ordinance remains the same," said Beale. "Your charge is the same. And considering what's going on in Jackson County, Macon County is being watched very closely as to the ordinance it comes up with and the process."

The Jackson County Board of Commissioners has proposed a moratorium on future development until it has time to look at regulations concerning development, said county planner Stacy Guffey.

Guffey presented a Powerpoint presentation outlining the stipulations in the state General Statute concerning a local government's right to impose subdivision ordinances, including what kind of subdivisions are exempt from strict interpretation – major, minor, cluster or conservation subdivisions; plan requirements during the process including sketch, preliminary and final; the review process; treatment of phased development; design, improvement and road standards; stormwater run-off provisions; bonding requirements; and finally steep slope construction standards.

Beginning March 6 and once a month through June and then twice a month in July, the board will work on specific areas of the ordinance so it will be ready for review by the county commission in August

with adoption possibly in September.

Most interesting to the board both because of how it would affect not only the subdivision ordinance but any development in Macon County is a draft bill being introduced in the state House of Representatives in time for the March General Assembly entitled: "Mountain Slope Construction of 2007."

"The state has been talking about this coming and when it does we will have to decide if it is going to be part of the subdivision ordinance or a stand-alone because the fact is this ordinance will affect everyone not just subdivisions and there will be no exemptions," said Guffey. "Planning Board member Larry Stenger, who was at a Land of Sky regional meeting where the bill was discussed said the writers are proposing it pertain to all land with a slope of 25% and greater.

"The idea is that tourists spend \$603 each when visiting Western North Carolina which translates to all our economies because visitors can become second-home owners," said Stenger. "If we kill what it is they come to see, then we'll destroy the cycle. We have to weigh the economic value of the viewshed."

Beale agreed. "What we want to do is think about what we want Macon County to look like in 10 years. Meanwhile, we have to make a living. That's the balance we're looking for," he said.

Highlands citizen Karen Hawk told the board about planner Randall Arendt's concept of subdivision development and cited his website www.greenerprospects.com.

"He discusses how to solve the problem of sprawl while preserving the mountains' rural aspects and he suggests a common sense approach, not a lot of rules and regulations," she said.

Planning Board member Susan Erwin said Arendt is the originator of the conservation subdivision idea where building is designed around environmental characteristics of a piece of property.

Hawk also said Arendt touts cluster development where structures are clustered in one area on the property to leave greenspace elsewhere. Guffey asked if he suggests greenspace percentages or minimum lot sizes but Hawk said those aspects aren't discussed.

"This lets the developer be more creative. Rules and regulations are for those developers who don't choose to be creative but cluster and conservation developments are for the developer who is more creative," she said.

The next Macon County Planning Board meeting will be March 6 in Nantahala. The board will discuss exemptions; the definition of major and minor subdivisions and plan requirements.

– Kim Lewicki

LETTERS-TO-THE-EDITOR POLICY

We reserve the right to edit submissions. Views expressed are not necessarily those of Highlands' Newspaper. Please email letters by Monday at 5 p.m. There is a 500-word limit without prior approval.

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Oil tanker wrecks on N.C. 106

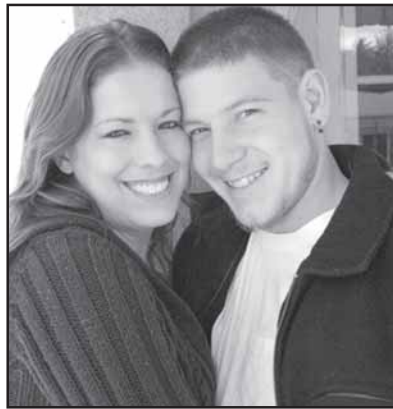


On the afternoon of Friday, Feb. 9, a tanker truck traveling north on N.C. 106 rounded the bend just before the Blue Valley overlook lost control and crashed through the guardrail to dangle over the embankment. The driver sustained injuries and was transported to the hospital. Oil spilled from the tanker on to the road and soaked into the ground at the embankment. Duncan Oil traveled to the site to pump out what was left in the tanker. Highlands Fire & Rescue and Scaly Fire & Rescue responded to the call. N.C. 106 was closed for several hours and traffic was re-routed.

Photo by Ryan Gearhart

• ENGAGEMENT •

Potts & Fielding to wed



Terry and Karin Potts of Highlands are happy to announce the engagement of their daughter Lauren Brittany to Byron Eric Fielding, both of Highlands. Eric is the son of Guy and Marjorie Fielding and Thomas and Janet Cummings of Rabun County.

Both Brittany and Eric are 2004 Highlands School graduates. Brittany is employed at Nancy's Fancy's and Eric is employed at Highlands Decorating Center. A May 26th wedding is planned.

• MILESTONES •



Hicks earns Dean's List honors

April Dawn Hicks, 2006 Valedictorian of Highlands School and a freshman at Western Carolina University's Honors College, earned Dean's List honors for the fall semester 2006. Spril is enrolled in the College of Education and Allied Professions.

• OBITUARIES •

Agnes Lenora Raby Calloway

Agnes Lenora Raby Calloway, age 88, of Highlands, NC died Monday, February 12, 2007 at the Highlands-Cashiers Hospital. She was a native of Macon County, the daughter of the late James "Jim" and India Corbin Raby. She was married to the late Leon Calloway who died in 1981. She was a homemaker and a member of the First Presbyterian Church in Highlands. She was a charter member of the Highlands Chapter Eastern Star #284.

She is survived by three daughters, Mary Anne Creswell of Highlands, NC; Linda James of Scaly Mtn., NC; and Gail Cheaney of Atlanta, GA; two sons, James Calloway of Monroeville, AL and Doyle Calloway of Highlands, NC. Thirteen grandchildren and 15 great-grandchildren also survive.

Funeral services was held Saturday February 17 at 11 a.m. at the First Presbyterian Church in Highlands with Rev. Hunter Coleman and Rev. Don Mullen officiating. Her grandsons, Dale James, Neal James, Jamie Calloway, Tommy Calloway, Billy Creswell and Joe Cheaney were pallbearers. Burial was at Highlands Memorial Park.

In lieu of flowers, memorials may be made to the First Presbyterian HCCDC, PO Box 648, Highlands, NC 28741 or to the Highlands Eastern Star, PO Box 512, Highlands, NC 28741.

Bryant Funeral Home is in charge of arrangements. Online condolences can be made to www.MeM.com or www.bryantfuneralhome.com

Judy Speed

Judy Darlen Speed, 48, of Merritt Island, FL, died Saturday, January 13, 2007. She was born in Manassas, VA and moved to Broward County in 1995 from Highlands, N.C. She was a homemaker and a member of First Baptist Church of Merritt Island.

She is survived by her son Chester (Chet) James Speed of Merritt Island; daughter Jessica (Brian) Speed Stickle of Cocoa, FL; parents Verne (Red) and Mary Inman of Cocoa, FL; sister Lorrie (Michael) Simpson of Palm Coast, FL; brother, Verne (Buster) Inman Jr., of Cocoa, FL; Melissa Inman of Cocoa, FL; and two grandchildren.

A memorial service was held Saturday, January 20 at 3 p.m. in the Wylie Baxley Funeral Home in Rockledge, FL.

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... RESIGNS continued from page 1

flicts of interest for elected members of governing bodies, as well as the employees thereof. Specifically, N.C.G.S. 14-234(a) (1) provides that 'No public officer or employee who is involved in making or administering a contract on behalf of a public agency may derive a direct benefit from the contract.' He goes on to say, 'However, the safest thing for Macon County Schools to do, to ensure compliance with the law and

avoid the appearance of impropriety, would be to discontinue any relationships with businesses owned by board members," she wrote.

Waldroop's email culminated with "Please do not purchase from Gooder Grafix using any school funds. If you have any questions, please give me a call."

Gooder says he's never had a contract

•See RESIGNS page 6

• SALONS & SPAS •

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• HIS & HERS •

Lost Words



Michelle Mead & John Armor
 michiamead@aol.com
 John_Armor@aya.yale.edu

All in all, my move from New York went better than expected. The moving company, Big John Movers (John sure enjoyed this one) turned out to be a real godsend – kind, efficient, and professional. I was very lucky. The other day, however, one of my worst fears came true. I found that I had lost all of the messages on my telephone/answering machine. When I opened the box which included the machine, I could tell that something was wrong, but since the box containing all my owner's manuals and warranties was still missing, I was clueless about what was wrong. By the time I realized I needed to replace the battery, the messages had disappeared.

Most of us have answering machines cluttered with old messages, which we are too lazy to erase. The messages I was keeping, however, were special. There was a "Happy Birthday" from an old high school friend whom I had lost track of for more than 30 years. There were a few mushy messages from John (he'll deny this one). The messages I most wanted to save were especially precious to me – the messages I received on September 11 2001.

As I said in my first article, my commute to work was a cinch – five blocks from door to door. Since I lived and worked in Midtown Manhattan, I should have been miles away from the tragic events of 9/11. Unfortunately, I was on jury duty at the Courthouse on Center Street, several blocks away from the World Trade Center. And while I won't put myself in the same category as my friends who actually survived leaving those doomed buildings, just being a few blocks away was certainly being in the wrong place at the wrong time. Take a tip from me – if you have to walk for four hours, don't do it in high heels with a heavy briefcase.

By the time I made it home to my apartment, my answering machine was full of concerned messages. My mother's was the first. "Everyone has been calling. Just give me a call when you can." Later on, I asked her if she'd ever thought I

might not have made it. "Of course not," she said indignantly, "You're a survivor." There was a phone call from my Cousin Phil's wife, Kaye, saying they were thinking of me. Two phone calls came in from Cousin Anne and Cousin Chrissie, the Scottish cousins. My brother Eric

phoned from Denver, wanting to know how my day had gone (!). I phoned my mother back first, crying for t20 minutes solid. Later on that evening, I called again, more coherent. Those phone calls became kind of a sacred relic for me, proof – if I ever need it – that I was loved and cared for. Whenever I felt down or lonely, I'd listen to those phone calls, and immediately feel better. They became such a crutch that I felt I'd be lost without them.

The recent death of writer and journalist Art Buchwald touched me very much. I'd grown up reading his books and articles, so I was saddened when I heard last year that he had an incurable condition, and had chosen to refuse treatment. Like many, I was heartened by his continued survival – how just knowing how loved and appreciated he was gave him the will to defy all medical expectations. What a marvelous thing both Art Buchwald and I got to experience! We found out how much we mattered to people while we were still living.

Those lost voices aren't on my answering machine anymore; in fact, it's a blank canvas waiting for new messages. Fortunately, all of the people who left those special words for me are still alive, although I wonder if they will ever express the intensity of their love in quite the same way. But in my mind, I can still hear those messages - no longer on that machine, but somewhere between my head and my heart.

• About the Author: Michelle A. Mead is a writer and translator who grew up in Waynesboro, Virginia, before wasting her youth and good looks in Baltimore, Sydney, Paris, and New York. She and John Armor alternate columns.

... BREAK-INS continued from page 1

took what they could physically carry or put in back packs."

When the Thompson's arrived and found their basement door kicked in, a bottle of Scotch and a radio missing they

called 9-1-1. It was 5:20 p.m. Officers Thomas Parker and Mike Jolly responded and immediately began canvassing the neighborhood.

What they found was that in a matter

of two days – from about 10 p.m. Friday through 5 p.m. Saturday — a group of juveniles broke into and took items from unoccupied homes and stashed them at the Folsom's unoccupied residence at 259

Wyanoak.

Initially, while canvassing the neighborhood and checking on other unoccupied homes, early Saturday evening, offic-

• See BREAK-INS page 18

• CP: OFFICE LINEBACKER •

Calling audibles on sports and life

Brain droppings

Being almost completely unable to write an entire column with all of the bombshells that have happened this week, I figure bullet points are the way to go today. A lot of things to go over and a few congratulations are in order, so here we go:

- Congratulations to Coach Smart and the Highlander men for winning both the conference regular season and tournament. You have been immensely enjoyable to watch both individually and as a team.

- Congratulations to the Highlander women for reaching the finals of the tournament. Hiwassee Dam proved to be very tough once again, but you never gave up and that is what Highlander Pride is all about.

- Congratulations to the San Diego Chargers for the continuance of a boneheaded move. I wrote last week (much to the chagrin of my brother) that the Chargers were stupid to fire Marty Schottenheimer. While I still feel my argument is valid, Ryan argued that San Diego officials and Marty had a strained relationship and parted ways over difference of opinion and other staff changes. Not only do they fire the Schott, they hire Norv Turner as his replacement. Turner has an NFL head coaching record of 58-82-1 with stints at Washington and Oakland. Admitted Oakland hasn't been good since they reached the Superbowl in 2002, but the consistent up and down seasons at Washington (3-13 first year, 10-6 with a 1-1 playoff record in his best year) are a huge warning flag. At least Schott got them to the playoffs.

- Congratulations to the Virginia

... RE-ORG continued from page 1

and zoning board members, referring to the MAPS Study by the NC League of Municipalities, and by gathering information from other local government organizations.

Second, Nicholson will provide the Town Board with updated job descriptions for its employees.

Ross said the town has received several promising applications for Zoning Administrator/Town Planner and the position of Code Enforcement Officer. "However, we're not sure the delineation of the jobs at this point," he said. "We want some more input from Nicholson to determine what areas of the town government these positions should come under."

Duties three and four for Nicholson involve finding job candidates in the town's



Christopher Potts
John Cleaveland Realty
feedback encouraged:
cpottswriting@gmail.com

Tech Hokies for defeating my Tar Heels in the Dean Dome only to follow that performance with a severe beating at the hands of NC State. Transitive properties do not apply here, and I do hope that Ol' Roy turns the monster loose as payback against the Wolfpack. The Tar Heels need to always remember games are not won by talent and skill alone.

- Congratulations to Boston College for failing to capitalize on their perch atop the ACC. BC wanted to prove it belonged with the old guard of the conference by defeating Duke and North Carolina only to drop both games and fall a half game back at 9-4 in conference. After hearing some Eagles fans and players boasting about North Carolina's loss to Virginia Tech and thumping their chests, I hope they enjoy their crow very well done.

- Finally, and most importantly, congratulations to my sister Brittany for getting engaged to her high school sweetheart Eric Fielding. I know you both will be very happy together and this is a very exciting time for all of us. Welcome to the family, Eric.

It's the moments like these that are the most important of all. Sports are entertaining, fun to play, great exercise, and sometimes the most stressful thing in your life (try playing golf when you're having a REALLY bad game) but they also are just a blip on the radar in the grand scheme of things. So while I will always lower my shoulder to tackle the current news in sports, sometimes it's best to just take a moment and enjoy the things and people around us that really matter.

planning and zoning areas – or at this point help the board pick the right candidate – and reviewing the administrative area of town government for organizational efficiency.

"We want to make sure things don't fall through the cracks. We want to do a better job within the current structure or maybe redefine and move things around," said Commissioner Amy Patterson at the first meeting. "We want to fix it so the town operates more effectively and efficiently."

The committee revisited and confirmed its established "Steps for Decision-Making:"

To address immediate manpower needs; review of the Town's organization (review all information, interview staff) formulate philosophy for form of government

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(Mayor/Council vs. Manager/Council); implement changes to the organization; and review and update personnel employment and training requirements.

At the first meeting, Nicholson said the Town Board might want to consider changing to the manager/council type of government from the mayor/council type. But first the committee must agree on a philosophy of government and then determine the de-

partment level changes that would be required including additional staffing and training.

Nicholson will receive \$100 per hour for his services.

The Reorganization Committee will meet on March 1 at 11:30 a.m. to hear Nicholson's report on the first two items. Commissioners Hank Ross, Herb James and Amy Patterson are on the committee.



MEADOWS MOUNTAIN REALTY



Exceptional renovation on this "Old Highlands Charm" This 2 bedroom, 2 bath cottage offers winter lake views and deeded lake access. Lovingly restored with original wormy oak walls, hardwood floors throughout, an antique granite fireplace, a new custom kitchen with butcher block countertops and bead board cabinetry. Broker owned. \$550,000



"Bearfoot" at Flat Mountain offers mixed material siding of poplar bark, cedar shake and stone. The open floor plan and attention to detail lends a classic feel to this mountain home. Three bedrooms, three and half baths, covered deck, GE stainless steel appliances and Corian counter tops in the kitchen, stunning three-sided fireplace. \$795,000



This wonderful farmhouse features a park-like setting with covered bridge, over one mile of frontage on a flowing trout stream, huge pine trees, fully stocked trout ponds, guest cottage, chicken coop, and root cellar. Lovingly renovated and refurbished. Authentic farmhouse cabinetry with butcher block countertops and a farmstyle sink. Offered with 5 acres at \$1,500,000



Wonderful in-town home on almost 3/4 acres features 3 bedrooms and 3 1/2 baths plus 2 separate gathering/keeping rooms each with a fireplace. Mountain style vaulted deck offers some mountain view. Dual fuel central HVAC, skylights, hardwood floors, one car garage, and bright and open spaces. This is a must see. Priced at \$595,000. (Additional acreage may be purchased)



THE TOTAL PACKAGE! Offering 5 acres, lake, mountain views, privacy PLUS an in-town location! Kitchen with dual dishwashers, 2 cooler drawers, warming drawer, industrial six burner range & vegetable sink. Wine bar, wine cooler & cellar. 5 bedrooms, 5.5 baths, 3 car garage, canoeing on Lake Sequoyah, or relaxing on the covered post and beam deck equipped with fireplace, built-in grill and 180 degree mountains. A once in a lifetime opportunity and offered for a limited time. \$3,688,021.



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It's official: I'm a dirty old man!

Special notice to all Highlanders: For the record, I am not the father of Anna Nicole Smith's baby. I may be a dirty, old man, but I'm not that dirty!

I am not certain when it happened. Maybe when I stopped wearing underwear, I don't know. Or it could have been when I decided to only shave every fourth day and save on razor blades. If my calculations are correct I've already saved seven bucks. Anyway, I am there; no underwear, no shaving, losses of memory; the whole megillah. Let there be no doubt, I have reached dirty, old man status.

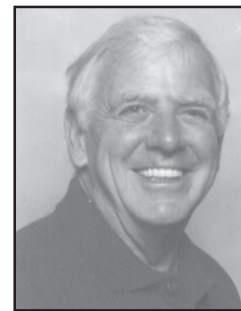
It wasn't a sudden change. I didn't wake up one morning, look in the mirror and see a dirty, old man staring back; it crept up on me...slowly. First I was just middle-aged, then POW, almost overnight I was old. Then, the last stage was dirty, old man. For you guys who have not reached this status in life, I am compiling a long list of things for you to watch for that indicates you are there. Here's a tip. Ask yourself, "Have I been wearing this same shirt for three days?" If you can't remember, you might be there.

They say you're getting to be a dirty, old man when you forget to zip up your fly, but I think it's when you forget to zip down your fly. I am not that far along...yet. Actually, if the truth be known, you may be a dirty, old man when you purposely don't zip up your fly.

One night in a crowded bar, I made note of this very attractive young lady who seemed to be preoccupied with my crotch. She would look at me and smile, then look down at my crotch. I was hoping the li'l missus didn't see her flirting with me 'cause I was having a good time. Then it dawned on me that maybe my fly was open. Trying to be subtle, I looked toward the ceiling while feeling for the position of my zipper pull. Phew, it was all the way up. My flirting confidence level was off the charts until the li'l missus tapped me on the shoulder and said, "Honey, I think you have zipped your shirt tail up in your zipper....again. It's sticking out like a white flag."

In London, a very attractive young lady jumped up from her seat on the bus and offered it to this real old man. I looked around. I was the real old man. Wow, that really hurt!

There's more bad news for us DOM. I am the grandfather (Poppy) of seven grandchildren. When they physically attack, which is every time they see me, I always let them win. Playing rough-house with my children's children is what I do. But when you start to look crotchety, not everyone appreciates your fondness for children. Standing in line



Fred Wooldridge

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email:

askfredanything@aol.com

at Wal-Mart, I decided to flirt with a cute, but sad looking two-year-old sitting in the cart in front of me.

After several attempts to make her smile, her mom positioned herself between me and her kid, giving me that "dirty old man" look. Ouch!

Here's another issue. When I started to age, my sexual prowess began to wane so I started using Viagra...when I could remember to take it. POW, I was good as new. Recently, someone recommended Viagra every night to keep from rolling out of bed. It's working pretty well.

Speaking of sex, it's been a while since I've experienced an "all nighter." For me that means sleeping through the night without visiting the bathroom. Oh, and the term "getting lucky" means I found my car in the parking lot right away. Do you know how much time I waste looking for my car, only to find the one I was looking for is the one I left in the garage? Am I there, or what?

Wait, there are some benefits of being a DOM. There is this magic age you reach when you are no longer considered a threat to anything or anyone and your memory is completely shot. People smile, pat you on the head and shout at you with a sing-song voice, "How are you today?" This is good because once there, you can stare at cleavages all night and no one cares. You can sit with the prettiest girl at the party and your li'l missus won't say "knock it off, buster." But best of all, you can get your wife to wipe the drool from the bottom off your chin. Currently, I have to do that myself.

Did I mention I am not the father of Anna Nicole's baby?

... RESIGNS from page 3

with the school system and the board is basing its decision on the misinterpretation of the statute concerning contracts.

"But the school board won't back me up on this because it said it looks bad. But I can't act independently or make a contract as a school board member because members don't have any independent authority, so how does it look bad?" asked Gooder.

He also said since 1999, most of his "school related business" has come from PTOs which use private funds not public funds for items. Business initiated by principals is typically from discretionary funds and doesn't require school board approval. But Attorney Henning said all school funds discretionary or otherwise are ultimately administrated by Macon County Schools. He said if a problem arose between a school employee who requested a job but

•See RESIGNS page 7

Locals face Harlem Ambassadors Tuesday

Highlands Mayor Don Mullen, County Commissioner Brian McClellan, and Macon County Sheriff Robbie Holland are some local players taking the court next Tuesday against the internally-acclaimed Harlem Ambassadors basketball team.

The local team also includes many former high school stars, coaches, local bankers, ministers and other notables from around the community. Taking the court to show off their skills (or just show off) will be Sue Aery, Byron Allen, Jarret Callo way, Steve Day, Lindsey Gearhart, Ryan Gearhart, Debbie Grossman, Russell Harris, Sheriff Holland, Russell Hawkins, LaDonna Keener, Skip Keener, Steve Kerhoulas, Brett Lamb, Mayor Mullen, Commissioner McClellan, David Reese, Tori Schmitt, Eric Schmitt, Ken Shull, Rev.

Brian Sullivan, Lacy Vilar do and Jeff Weller.

The Ambassadors re turn to the Highlands School Gym on Tuesday, Feb. 27. The show will start at 7 p.m. and advance tick ets are \$10 for adults and \$5 for students and se niors. Tickets will be \$15 at the door, and kids un der four are free. Due to setup requirements, the doors will not open until 6:30 p.m.

Proceeds from the event go to the Mountain Top Rotary Club of High lands, which uses the pro ceeds to fund a number of projects throughout the community including the International Friendship Center, the Highlands Community Child De velopment Center, Pine Street Park, the Food Pantry, the Literacy Council of High lands and other projects and organizations.

Advance tickets are

... RESIGNS continued from page 6

later reneged on payment, Gooder couldn't get retribu tion from the board because the board can't sue one of its own.

"There's a real possibil ity of that happening and that's the basis of my advice to them," he said.

Gooder said things started going bad between him and other board mem

bers, the superintendent and the central office staff when he requested seeing interview summaries of prospective employees prior to approval.

"Superintendent Brig man told me it would take too long and take time from his secretary and that I need ed to show trust and not ask to see the applications and

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still available from any club member, at the High lands Chamber of Com merce, Drake's Diamond

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interview summaries," said Gooder.

He said Tommy Cabe told him he was just new and enthusiastic and that's why he wanted to see them. "That's true," said Gooder, "But that's the oversight I believe my constituents want. But the school board doesn't want any oversight to take place."

Gooder said he con

sulted with counsel but a declaratory judgment would have cost the school system and no penalty would have been served to those who initiated the rep reensible actions.

"A decision is hardest when forced; the responsi bility felt most, in the best interest of the children first," concluded Gooder in his resignation letter. He said

the board's action has affect ed his ability to make a liv ing and the voters knew of his business with area schools.

Superintendent Dan Brigman said he and the board will discuss Gooder's resignation at its retreat Friday, Feb. 16 at the Dillard House.

In a letter to the press, Chairman Donnie Edwards said Gooder has not been accused of any wrongdoing and he will encourage the

board to adopt a policy that formalizes its long-under stood practice against mem bers deriving any financial benefit from the schools.

Kimberly Bishop, direc tor of the MC Board of Elec tions said the board must agree on a replacement in 10 days. The replacement doesn't have to be one of the candidates who ran in the November election. "If the board can't decide, the decision comes from the gover nor."

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'We have net the enemy, and it is us'

I had this week's column partially written on a subject I considered important, but as time moves on, I am convicted to change horses in the middle of the stream. I further realize that writing on a subject which has not actually occurred has a risk attached, but whether or not it transpires, it has gone far enough to enrage me.

When I wrote prior to the recent election the potential disaster if the results turned out as they did, I frankly didn't contemplate what is currently in progress. As I write this, the United States House of Representatives is engaged in the third day of debate over a resolution which will tell the world that our system of government is broken.

On January 26, the U.S. Senate confirmed Gen. David Petraeus as commander of Multinational Force Iraq. Gen. Petraeus is the architect of the surge strategy of increased U.S. presence in Baghdad, a fact well known prior to his confirmation. Gen. Petraeus took command on Feb. 10. On Feb. 13 the House launched



Don Swanson
Feedback is encouraged. Email
swansonson@dnet.net

into debate over a resolution to undermine the very strategy advocated by the man the Senate unanimously confirmed two weeks prior.

As mind-bending as this sequence of events seems, there is another which I consider as baffling. Congressman "Jack" Murtha (D-PA), an ex-marine and one-time strong supporter of the Iraq war, is now the backbone of the troop withdrawal movement and backdoor defunding of the effort to democratize Iraq. A recap of events defies understanding.

In late 2002, Murtha voted in favor of the resolution authorizing the Iraq invasion. In early 2005, according to Wikipedia, Murtha argued against the withdrawal of American troops in Iraq. "A premature withdrawal of our troops based on a political timetable could rapidly

evolve into civil war, which would leave America's foreign policy in disarray, as countries question not only America's judgment but also its perseverance," he stated.

Mystically, a few weeks later in May, 2005 Murtha reversed his position and became the poster boy for cut-and-run proponents and has become increasingly vigorous in pushing that agenda. Through a strategy of disingenuous concern for the troops which would be sent to flesh out the surge, Murtha is now acting as point man for Pelosi's effort to shut down the war before its time.

In addition to pulling the rug out from under the war effort, the Democrats are now plotting to do it in a most evil and deceptive manner. Instead of having the fortitude to eliminate funding for the war, which they have the power to do, they are now planning to attach to funding authorizations conditions which make it more and more difficult for our existing troops to do their jobs. They call it their "slow bleed" plan.

The plan would prevent certain units from deploying. They would restrict the President's authority to determine number and duration of deployments and restrict replacements. They would micro-manage the operational aspects of the war which would materially reduce our effectiveness.

Small wonder many countries of the world have a low opinion of the U.S. Frankly, right now I'm not a big fan. Whose side are these people on, anyway? Aside from the effect their treasonous actions will have on our country, don't they realize what will result if their plans come to a successful (in their eyes, not mine) conclusion? There will be HELL to pay in the Middle East. And beyond.

I cannot believe that the Democrats hate Bush so much that they would turn the country on itself and imperil future generations. When I expressed concern over the prospects of a Democrat sweep prior to the elections, I had no idea how vengeful they would be. Now we know.

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• BOOK REVIEWS WITH KATIE BRUGGER – “Real Food” •

Eggs are good for you. No, eggs are bad. Now they're good again. Butter's bad and margarine is good. Oops, margarine is bad and butter is good. Salt is bad. Cholesterol is bad. Fat is bad. Carbs are bad. Trans-fats are bad.

When I saw the book *Terrors of the Table* at the library I thought “what a perfect title to express what eating has become.” We can't enjoy food anymore without worrying that we are hurting if not killing ourselves at every meal.

Nutritional advice seems to be constantly changing and is thereby extremely confusing. Who to believe?

Early in the 1990s it became the vogue to advocate low-fat diets as a cure for all that ailed modern Americans. So we saw all kinds of curious products filling up supermarket shelves, like fat-free ice cream and cookies. And the end result of all these fat-free foods? Americans became obese, just the last result you would have expected.

The author of *Terrors of the Table*, Walter Gratzer, is a biophysicist and emeritus professor at King's College in

London. His book is a history of the science of nutrition, starting with the Greeks 2,000 years ago.

Mr Gratzer pops a lot of balloons:

The reason for the increase in heart disease is not due to our consumption of fats but because more people are living to the age at which heart disease is to be expected. A study of all the studies done on the relation between salt intake and high blood pressure shows that there is no correlation. And the link of saturated fats to cholesterol is tenuous at best: “What is by no means clear, indeed contrary to the balance of the evidence, is

that reduction in dietary saturated fats, or of fat generally, leads to a drop in serum cholesterol or greatly increases the life expectancy of healthy people.”

Mr. Gratzer's conclusion is the same as that reached by the author of another new book, *Real Food*, by Nina Planck:



Katie Brugger

modern processed industrial food is bad for us. Ms. Planck quotes Adelle Davis's *Let's Get Well*: “The first case of heart disease as it is known today was reported in 1912, the second in 1919, and since

then it has developed into a major killer. The obvious change has been the ever-increasing consumption of refined foods and hydrogenated fats [trans-fats]. The

• See BOOK REVIEWS page 18

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Little Smokey Mountain Conference Tournament

RESULTS: TUESDAY FEB. 13 JV Boys Basketball Tournament

Nantahala 48 - Blue Ridge 20
Nantahala dominated Blue Ridge from the start, outscoring the Bobcats 24-6 in the first half. Jordan West scored 12 points for the Hawks followed by Taylor Livingston with 11. Colby Mills and Sage Kinsey led the Bobcats with 6 points apiece.

Varsity Girls: Game 1 #1 Hiwassee Dam 79 - #4 Blue Ridge 40

Hiwassee Dam proved their superiority over the Lady Bobcats as 14 point halftime lead stretched to 34 by the end of the 3rd quarter. Erica Morrow led the Lady Eagles with 26 points, followed by Jenna Harris with 17 points. Emily Roper and Kareen Abling each scored 10 points. Stephanie Nichols led the Lady Bobcats with 23 points followed by Mary-Ashley Cole with 11 points.

Varsity Boys: Game 2 #2 Nantahala 62 - #3 Hiwassee Dam 75

Hiwassee Dam avenged two regular season losses against the Hawks to move onto the championship game. Hiwassee Dam gradually extended their lead throughout each quarter before foul trouble took all but 3 Nantahala players out of the game. Blake Roberts led the Eagles with 31 points followed by Tyler Duggan with 12 and TJ Pinkerton with 10. BJ Taylor led the Hawks with 26 points followed by Brandon Morgan with 10.

Varsity Girls: Game 3 #2 Highlands 59 - #3 Nantahala 36

The Lady Highlanders advanced to a showdown with the Hiwassee Dam Eagles with a big win over Nantahala. The Hawks kept the game close in the first half, keeping the score low at 17-13 going into the locker room. Highlands would not let them get closer, as they would blow the game wide open off a 22-11 third quarter. The Lady Highlanders took excellent care of the ball on both sides of the floor, only turning the ball over 6 times while pulling down 41 total rebounds. A final spurt in the 4th quarter put the game out of reach and allowed Highlands to set their sights on defending their conference title from last year against Hiwassee Dam.

Toni Schmitt led all scorers

with 22 points and 5 steals. Allison Winn scored 18 points and added 5 assists. Kate-Marie Parks scored a double-double with 10 points and 10 rebounds, Katie Bryson scored 9 points with 14 rebounds and Danielle Reese pulled down 8 rebounds. Cortney Roberts paced the Hawks with 15 points followed by Jamie Patty with 10 Points.

"It was a great win for the girls. They played very well," said Coach Brett Lamb. "The three seniors led the team in all aspects of the game with great leadership. It is also nice to know that we get a chance to defend the conference tournament championship."

Varsity Boys: Game 4 #1 Highlands 60 - #4 Blue Ridge 35

Highlands seemingly picked up where they left off from their last meeting with Blue Ridge, controlling the tempo early. The Bobcats put up a fight in the 1st quarter, holding the score to a manageable 10-6 game. The Highlanders turned on the afterburners in the 2nd, outscoring the Bobcats 37-11 through 3 quarters. Game well in hand, Coach Butch Smart pulled his starters to rest for the championship in the final minutes of the game.

Jason Aspinwall led all scorers with 15 points, 9 rebounds and 5 assists followed by Darin Keener with 14 points, 8 rebounds, 3 blocks and 3 steals. Nick Kerhoulas scored 8 points, 4 steals, and 2 rebounds, Ezra Herz had 7 points, and Hunter Leffler had 5 points with 2 rebounds. Alec Schmitt scored 3 points, but had a much bigger impact with 7 rebounds, 7 assists, 5 steals, and 1 blocked shot. Arthur Potts also scored 3 points with 3 rebounds, Adam Hedden had 2 points and 4 rebounds, Andrew Billingsley had 2 points and 2 rebounds, and Gray Alexander closed out scoring with a point and 3 rebounds. Eric Farmer and Nick Miles each had 7 points for the Bobcats.

RESULTS THURSDAY FEB. 15 JV Boys Championship Game Hiwassee Dam JV 69 - Nantahala 31

Hiwassee Dam proved why they were the number 1 seed in the JV tournament, demolishing Nantahala from the outset. Four Hiwassee Dam players scored in double figures to earn both regular season and tournament hardware.

VARSITY GIRLS

CHAMPIONSHIP GAME #1 Hiwassee Dam 59 - #2 Highlands 35

The Lady Highlanders took on Hiwassee Dam for the Tournament crown on Thursday, but fell short in a loss 59-35. The Eagles proved to be much deeper on the offensive side of the ball with 9 players in the scoring column. Highlands started out slow, scoring only one basket in the first quarter. The early Eagle lead would prove to be insurmountable, as every Highlands comeback met an equal or greater surge from their opponents. Coach Brett Lamb and his ladies refused to quit, battling for every inch on the court as the lead grew larger. With time winding down, Lamb pulled his seniors to a standing ovation from the home crowd.

Katie Bryson scored 15 points, 10 rebounds, 2 blocks and 2 assists. Toni Schmitt scored 7 points, 6 rebounds, 3 assists and 3 steals. Allison Winn scored 6 points, followed by Brie Schmitt with 5 points and Danielle Reese with 2 points. Kate-Marie Parks had 7 of the team's 34 total rebounds, and altogether the team notched 10 steals. Kareen Abling led the Eagles with 15 points followed by Jenna Harris with 12 points.

VARSITY BOYS CHAMPIONSHIP GAME #1 HIGHLANDS 69 - #3 HIWASSEE DAM 56

Highlands defeated the Hiwassee Dam Eagles February 15 to claim both the conference regular season and tournament titles as their own. Hiwassee Dam looked to sweep the tournament, with victories by the JV and Varsity women already in hand. The Eagles came out swinging, attacking the glass on the offensive end looking to get center Darin Keener into foul trouble. Highlands appeared to be in trouble with both Keener and Nick Kerhoulas on the bench with fouls, but the trio of Arthur Potts, Ezra Herz and Gray Alexander stepped up to help the starters on offense. Highlands created mismatches on the offensive side of the floor to extend their lead to 8 at the half with a score of 35-27.

Highlands smelled blood in the water and continued to assault the Eagles in the second half, using pressure to create constant turnovers on defense in traps. The boys extended their lead to 14 points at the end of the 3rd quarter. The Eagles tried one last come-

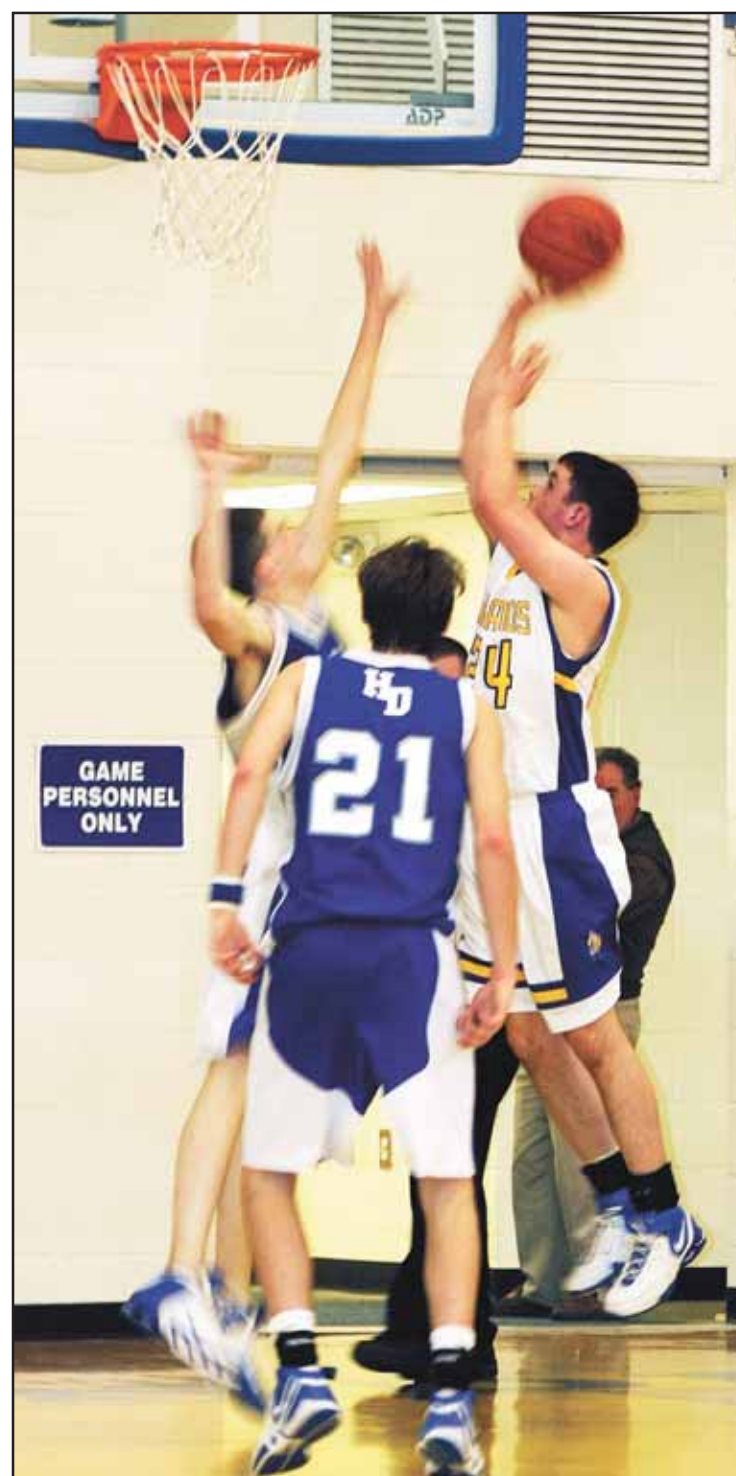
back in the 4th quarter only to be answered with yet another quick rally by Highlands. With a comfortable lead, Coach Butch Smart gave a few of his underclassmen a taste of the conference title victory while the student section screamed in delight.

Jason Aspinwall and Alec Schmitt each had 14 points in the victory, Aspinwall also tallying 10 rebounds and 4 steals while Schmitt added 9 rebounds, 7 assists, and 6 steals. Potts scored 11 points, 5 rebounds and 3 steals off the bench, Andrew Billingsley

scored 9 points, Herz had 9 points, 3 assists and 2 rebounds, and Alexander had 7 points with 3 rebounds. Kerhoulas had 3 points and 2 steals in limited action and Keener had 2 points with 3 rebounds in limited action as well. Tyler Duggan led the Eagles with 24 points followed by Blake Roberts with 15 points.

Highlands now sets their sights on becoming State champions. Opponents and game times for state playoff games are yet to be determined at this time.

- Christopher Potts



Gray Alexander shoots at Hiwassee game
Photo by Noel Atherton

Highlanders avenge loss, advance to second round of State Playoffs

By Christopher Potts

The Highlands Highlanders (26-4, 7-1) defeated the Hendersonville Bearcats 71-53 in the first round of the 1-A West State Tournament on Tuesday. Highlands had revenge on their mind from the outset, jumping out to an 18-11 lead at the end of the 1st in front of a very raucous home crowd. Darin Keener could not be stopped in the paint, lighting up the Bearcats with 66% shooting. Hendersonville kept the game close through the rest of the first half, keeping the lead at 7 going into the locker room with the score 35-28.

Highlands jumped on the Bearcats in the second half, continuing to feel the shooter's touch throughout the night on 53.5% shooting. The Highlanders added another 8 points to their lead to end the 3rd quarter 52-37, but not before adding more pressure to the Bearcats. In the final 8 minutes, Highlands pushed their lead up to 24 points before the freshmen entered the game. Hendersonville ended the game with a small run to close the gap to make the score more respectable.

All of Highlands scoring came from four of the five starters. Jason Aspinwall led all scorers with 22 points and 8 rebounds off of 50% shooting and hitting 4 of 9 shots from beyond the arc. Keener scored 20 points off of 10-15 shooting, also pulling down 11 rebounds and blocking 3 shots. Alec Schmitt scored 18 points on 7-13 shooting and added 7 rebounds, 9 assists, and 4 steals. Nick Kerhoulas ended the scoring with 11 points, 5 rebounds, 4 assists and 3 steals. Wes Hopkins and Stephen Clay led the Bearcats with 15 points apiece followed by Domonique Whiteside with 9 points.

The Highlanders advance to the second round against Cherrville on February 21. Stats and results for the game were not available at time of press.

Lady Highlanders Drop Final Game against Robbinsville

Some losses are just harder to take than others.

The Lady Highlanders (15-15,



Alec Schmitt against Hendersonville Bearcats Tuesday night.

Photo by Christopher Potts

5-3) hosted the Robbinsville Lady Knights in the first round of the 1-A West State Tournament Tuesday, February 20, falling short 43-48. The home team struggled early, mustering only 11 points in the first half. Robbinsville employed both full court and half court traps, frustrating the Lady Highlanders and creating turnovers. The Highlanders defensive effort created the same problems for the Knights, as their 18 points came early in each quarter. That defensive effort also created an advantage for Robbinsville, as early foul trouble took Katie Bryson out of the game. Foul trouble plagued the girls in their previous matchup at Robbinsville during the regular season, and it returned early in the second half.

Highlands opened the second half with a rally to tie the game, where a see-saw battle took place for control of the scoreboard throughout the 3rd quarter. Robbinsville took a 30-28 lead into the final 8 minutes of play, and ex-

ing for Highlands. Robbinsville's Brandy Deddo topped all scorers with 22 points followed by Amanda Orr and Adrian Jordon with 7 points each.

"It was a great year," said Coach Brett Lamb after the game. "I was lucky to have three seniors with a lot of heart, dedication, and leadership. They will be missed on the court next year. It has been a learning experience for the team — and we have had many things to overcome this year and faced much adversity — and we were able to survive. Many of our goals we did reach and then there were some that we achieved more than just a goal. I am proud of the team."

The gym had fallen silent after most of the fans exited quietly, but a large contingent remained. Coach Lamb emerged from the locker room, a little red in his eyes but attempting to hide it as best as possible. As he walked out onto the court, the crowd began to clap wildly in support and appreciation. The girls came out just as they did going in: as a team. Applause filled the bleachers amidst the tears and hugs from family and friends in waiting.

Some losses are harder to take than others, and while nothing hurts more than realizing its over, one thing glimmered brightly after the loss; Hope, promise, and fire for next season.



Katie Bryson reacts to fouling out early in the fourth.

Note: A standing ovation, much like the one Tuesday night, to the Lady Highlanders for a great season. The record, once again, does not describe how much heart and soul you put into practice and each game. As an avid sports nut, I have thoroughly enjoyed watching you play since I started covering the games. You have nothing to hang your heads about, and your head coach is one heck of a guy. Listen to him, he will take you far during your basketball careers at Highlands. As a final note, a special message to the seniors: Allison, Katie, and Toni. Congratulations on all of your accomplishments, as individuals and as teammates. May all three of you be extremely successful in anything you choose to do. — Christopher Potts

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• ANOTHER VIEW •

Lessons learned



Dr. Henry Salzarulo

Feedback is encouraged.
 email:

Political polls tell me that I am often out of step with the majority of Americans, but you already know that. Just this week, people were asked if they believed the recent claim that Iran is supplying sophisticated explosive devices to the Iraqi insurgency. A whopping 86 per cent responded positively. That leaves very few skeptics and fence sitters. Respondents were presumably selected from the same population that is outraged with the claim that we were led into war with false claims of weapons of mass destruction, and furthermore that the source of the accusation is the same, George W. Bush. We are a trusting people, some cynics might even suggest gullible. I find myself in step on this one. I think that someone in Iran is supplying weapons. The President has, at least for the moment, backed away from claims that the Iranian government is the supplier.

A follow-up question in the same poll asked if Americans supported

undefined military action in response to the alleged Iranian interference. I was amazed that 51 per cent would welcome some armed response against Iran. Most Americans are fed up with the war in Iraq and approve keeping our troops there only long enough to stabilize the terrible instability that we created in the first place.

Few Americans now believe that the cost, in terms of blood and treasure, was justified, and even among those who continue to believe that

the invasion was appropriate, few can escape the conclusion that its execution has been badly botched. Now this same population, or at least a slim majority of those questioned, believes that the solution to an unpopular and unsuccessful war rests in expanding that war to Iraq's neighbor. Iran's President Ahmadinejad is an unsavory character, a blow-hard, a bully, and perhaps even a genuine threat to our Israeli friends if not to us. What a great idea! Let's invade Iran, destabilize the country and effect regime change. Oh, we did that next door and it hasn't worked out all that well. The desire to attack Iran, if involvement could be proved, is understandable and even laudable. We don't want our soldiers, Marines, or innocent Iraqi civilians killed and injured by Iranian bombs in the hands of Iraqi insurgents. We don't want a bad situation made worse by external interference, and we deplore the idea of attacks against America and Americans going unpunished. Before responding to a visceral inclination to meet violence with violence, we must examine the long term effects of military action against Iran. The drum beats I hear are eerily similar to those that preceded the invasion of Iraq. While I find it unimaginable that we would actually invade Iran, I found it unlikely that President Bush would respond to November's clear message from the electorate with an escalation of U.S. forces in Iraq.

I think there is a more effective response, one with less risk to U.S. interests and unlikely to invite a torrent of international and Islamic condemnation. Initiate dialogue with Iranian leaders, something we have to date been unwilling to do, and warn them that Iranians and their weapons crossing the border into Iraq will be intercepted and destroyed. Sure, if weapons are being smuggled into Iraq, we'll miss some of them, given the length and porosity of the border, but the relatively few American and Iraqis who would be victimized by these devices would be minuscule compared to American losses if we engage Iran militarily. We do not need to fight another insurgency. Nothing would turn

•See ANOTHER VIEW page 15

The Episcopal Church of the Incarnation

Invites the Community to share in its
 Tuesdays Lenten program:

PRACTICING OUR FAITH

"Rules for Living our Lives as Christians"
 5 p.m. Stations of the Cross
 5:30 p.m. Soup & Salad
 6 p.m. Speaker

- Feb. 27: The Rev. Charlotte Cleghorn – "The Christian Rule of Life"
- March 6: The Rev. Jim Yearly – "Stewardship of Self"
- March 13: The Rev. Virginia Monroe – "Prayer/Spiritual Direction"
- March 20: The Rev. Bucky Hanks – "Bible Study"
- March 27: The Rev. Gray Temple – "Forgiveness/Reconciliation"

April 3:

Holy Tuesday Eucharist
 in the Chapel at 5:30

EVERYONE IS WELCOME

Come for all or parts of the programs
 each or any Tuesday.

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HELP WANTED

LOOKING FOR PART-TIME CLEANING HELP – for banks in the Highlands-Cashiers area. Call 828-691-6353.

NOW TAKING APPLICATIONS FOR SUMMER EMPLOYMENT AT THE REC PARK – Needed, lifeguard and rec counselors. Call the Rec Dept. at 526-3556 for an application or pick one up at the front desk at the Rec Park.

OUTPATIENT CODER AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD LIVING CENTER. Minimum of 2 years ICD-9 and CPT coding experience required. Must have full knowledge of Local Medical Review Policies and good communication skills. Responsible for precertification appeals process along with other Business Office and Medical Record functions as assigned. Full benefits available after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online through our website, www.hchospital.org.

MEDICAL RECORDS CODER AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD Living Center. Responsibilities include coding and abstracting diagnoses and procedures using both ICD-9-CM and CPT-4 systems. Knowledge of LMRP's for medical necessity. Qualified candidates should have 2+ years experience and be RHIT or CCS certified. Experience with Quantin encoder and CPSI a plus. New graduates welcome as long as training was through an accredited coding program. Full benefits available after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online through our website, www.hchospital.org.

RN'S AND LPN'S AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD LIVING CENTER. Full, Part-time and PRN positions available for 12 hour day and night shifts. Excellent wage scale, with shift and weekend differentials. Full benefits available after 60 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at www.hchospital.org.

CNA or CNA II We have available Full, Part-time, and PRN positions at the Fidelia Eckerd Living Center for day and night shifts. Our NEW WAGE SCALE for CNA's is \$11.00 to \$14.40 per hour, and

you also receive shift and weekend differentials. Full benefits after 60 days to full-time employees. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

WANTED TO RENT

LOCAL COUPLE SEEKS 2 BEDROOM, 2 BATH HOUSE In town. Unfurnished, Maximum of \$900 a month rent. Will take great care of house, very clean and handy. Call 526-9606.

BUSINESS FOR SALE

ESTABLISHED ELECTRONICS STORE with excellent growth history for sale in Highlands. Rare business opportunity. Call 526-8534.

FOR RENT

HOME-HOME OFFICE – Main Street Highlands, next to the Chamber of Commerce. 2/2 with additional 1-bed or office. \$1,300 per month. Partially furnished. Call 828-526-0388.

1,600 SQ. FT STORAGE/OFFICE SPACE. Two units left. Each unit has; 11 ft. doors, Heat/AC systems, bathrooms. Close to downtown Highlands. \$950 per month. Call Jim Tate 828-371-0773 or Chris Gilbert owner/broker 828-421-3161. ALL RETAIL UNITS ARE GONE

VIEW FROM THE TOP OF THE HILL PRIME OFFICE SPACE — 900 sq. ft of renovated space with new central heat and air, hardwood floors, kitchen/full bath, separate entrance through courtyard garden, some office furniture available. Three phone lines/DSL ports for office. Very roomy with lots of natural light, great walkout balcony with bistro table off office space. Great for non-smoking entrepreneur who is seeking good downtown Highlands location. Available immediately, for rent & terms contact (828) 526-9990.

AVAILABLE IMMEDIATELY, spacious, fully furnished, 1/1 apt right on Main St. Balcony, walk in closet, new carpet, and small pets are allowed. This won't last long so call 526-3363.

FARM HOUSE - 3/Bed 2/Bath renovated farm house in Scaly on Buck Knob Rd. \$1,100 + utilities monthly. Call 526-4646.

NEW SPACES FOR LEASE IN HIGH TRAFFIC LOCATION – Lease now for the 2007 season in Highlands Plaza. 600 sq ft – 8,000 sq ft available in new lower level or 1,200 sq ft on main level near Bryson's. Call 864-630-0808 today to lease your space in "The Most Visited Location In Highlands." **2 BEDROOM, 2 BATH DREAM CABIN!** 5 minutes from Highlands in Scaly Mtn. New appliances, new carpet, with amazing view! Stone/Wood Cabin with carport and separate workshop and wonderful landscaped property! \$825 per month. Annual Lease. Call 423-894-9566

COTTAGE OFF NORTON ROAD — (Seasonal or yearly) – 1 bed, 1 bath cottage – great view – quiet location – only 1 mile off of U.S. 64. Close to Highlands and Cashiers. \$700/month. Call Kelsey 404-788-1304.

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Lake, fish or canoe from deck. Available weekly, monthly, 3-day min. Call 828-342-2302.

REAL ESTATE FOR SALE OR LEASE

BEAUTIFUL CHALET for you in downtown Highlands. Two blocks off downtown Main St. Wonderful wide porch for entertaining on Highlands Creek. Beautiful new tongue-n-grove in kitchen and bath. 2 bd/1full bath. 1500 sq ft with additional 900 sq ft basement for your office or storage needs. Beautiful brand new furniture, new carpet, new wood floors in kitchen. Fireplace. Awesome location. 1 year lease, negotiable. \$1395. (772) 631-2602 or (772) 919-2384.

RENT OR RENT TO OWN THIS 3BED/2BATH HOME IN TOWN. Rental rate is \$995 a month/with a portion going towards purchase. For details call (828) 421-3161.

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UNUSUAL RIVERFRONT PROPERTY. Two bedroom, 2 baths, 3-car garage, workshop, carport, concrete driveway, covered porch over looking Cullasaja River, gazebo, spiral stairway up to foyer entrance, washer and dryer, 2-door refrigerator with ice and water dispensers, smooth top range, dishwasher, plus efficiency apartment, much more. On almost level 1/2-acre on scenic Highlands Road only 5 miles from Franklin. Phone owner 828-369-2278 for appointment. \$395,000.

MOTOR COACH SITE – Private, luxury motor coach site available for purchase. Downtown Highlands. Corner of Fifth St. and Chestnut St. Gated, restricted. Call 828-526-5333.

BY BUILDER – 4/3, new construction. Executive home. 1.5 acres, bordered by 2 creeks and a pond in a new up-scale subdivision less than 5 minutes from downtown Franklin. \$485K. Call 371-3669.

QUAINT – Newly remodeled farm-style home. 1 acre, 2 stories, 3 bed, 1 bath, hardwood & carpet floors. Close to Cashiers area golf courses and Lake Glenville. Quiet neighborhood. Asking \$180,000. Call Linda. Day: 828-743-2948. Evenings: 828-743-2654.

ADORABLE 3 BR/2 BA COTTAGE with wonderful mountain view. One mile from Main Street. Highlands. \$275,000. By Owner. For Appt. 828-526-1085.

THREE BEDROOM – 2 bath ranch home on approx. 3/4 acre. 2 miles from Highlands-Cashiers hospital. \$240,000. Will consider offer. Ask for Anna. Country Club Properties 828-526-2520

ITEMS FOR SALE

LARGE WHITE FRENCH PROVINCIAL CHEST-OF-DRAWERS - \$175; Queen mattress and box springs - \$150; sofa, excellent condition - \$175; Belgian wood trunk - \$200; four painted wood chairs - \$100; four wood pub chairs - \$80. Call

526-0299.

DINING ROOM FURNITURE. Very nice. Rectangular with two leaves 6 chairs, 2 with arms. Maple with upholstered seats. \$326 all inclusive. 864-972-8525 or cell 864-723-4101

SPA (FLORES 6-3 SERIES) – From Rec Warehouse, 6-8 seats with 38 jets including a waterface and 4 shoulder jets. The size is 93" x 93" x 41.25". Brand new, still in container. Original price \$6,500, will sell for \$5,000. Can be seen at Long Transfer Company. Call Mariette at 770-503-4433.

HILTI TE 805 DEMOLITION HAMMER. New. Case & 4 bits. \$500. 828-526-2700 or 828-421-7886

1958 ALBATROSE TRAILER WITH COVER AND PORCH. Maple interior. Good condition. \$1,000. Can be seen a Carolina Court. 526-5939.

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IKEA STORAGE LOFT QUEEN BED WITH DESK, BOOKSHELVES & DRAWERS – Solid Pine/Hardware & Instructions Included 63"w x 84"h x 86"l \$400, OBO. 828-524-1172.

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MICROWAVE – GE spacesaver, 19"x12"x12", black. \$50. 526-5834

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SOLID DARK OAK DINETTE CABINET. 19"x64"x84". 3 glass windows on top. 3 drawers on bottom. 2 bottom doors with keys. Imported from Belgium. Excellent condition. \$1,500. Call 369-3250.

PETS FOR SALE

AKC BLACK LAB PUPPIES – Very healthy, home-raised, loveable. 2 female, 1 male. Call 828-389-9737.

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POMMERIAN/LONG-HAIRED CHIHUAHUA MIXED PUPPIES – Adorable fluff balls with beautiful markings. \$200. Call 828-349-3001 or 828-342-9570.

BASSETHOUND PUPPIES, CKC registered. 1st shots. \$250. Call 828-349-3001 or 828-342-9570.

VEHICLES FOR SALE

2001 JAGUAR S-TYPE 4.0 – Excellent condition. 98K miles. Still under warranty. \$15,000. Call 828-243-6447.

ANTIQUÉ 1926 MODEL T FORD TOURING CAR – Fully restored. Needs a new starter. Selling for health reasons. \$15,000 but will discount cost of starter and ignition work. Great car and lots of fun. Call Horace Duncan at 526-3760.

2003 DODGE STRATUS – red exterior, gray interior, 30,000 miles, AM/FM cassette, A.C. PW, PS, PB, clean. \$8,000 OBO 828-526-3257.

• See CLASSIFIEDS page 15



Between acts the Web Warblers will sing old-fashioned songs from the heydays of melodrama during HCPs productions of "Caught in the Villains Web" Feb. 22-25 and March 2-4.

'Caught in the Villain's Web' opens tonight

Will Felicity Fair regain her memory and marry her true love Malvern Larkfield? Will the scheming matriarch Regina Larkfield succeed in marrying off her son Malvern to the socially prominent, but avaricious Nella Hargrave? Or will Cyril Bothingwell catch them all in "the villain's web"?

All will be revealed in the riotous melodrama, "Caught in the Villain's Web, which opens tonight at the Martin-Lipscomb Performing Arts Center in Highlands, sponsored in part by WHLC Radio. The old-fashioned melodrama is the second play of the Highlands Community Players' 2006-2007 season. It runs February 22 - 25 and March 2-4. Evening performances begin at 7:30 p.m.; Sunday matinees start at 2:30 p.m.

Heading the cast are Virginia Talbot as Regina, the domineering matriarch of the Larkfield family, Nathan Smith as her son, Malvern, and Jessica Bryant as her daughter Lona. Newcomer to HCP Carla Gates plays Nella Hargrave, who has set her cap for Malvern. Diane Rosazza plays her mother Geraldine. Michelle Hott portrays the sweet and beautiful heroine, Felicity Fair, while Wayne Coleman plays the dastardly villain, Cyril Bothingwell.

Others in the cast are Jack Schneider as Dr. Belch, Jim Gordon as Brockton the butler, and Ronnie Spilton as Florette the maid. The director is Donna Cochran, assistant director Nancy Reeder, Sandie Trevathan is stage manager.

There will also be entertainment before the show and between acts by the Web Warblers singing old-fashioned songs from the heydays of melodrama. The opening night audience is invited to join the cast and production team after the performance for a complimentary reception catered by Holly Roberts of "Let Holly Do the Cooking."

Tickets for this fun show are \$15 each and can be reserved by calling 828-526-8084 or coming to the box office at PAC Monday through Saturday, between 10 a.m. and 2 p.m. "Caught in the Villain's Web" is rated G so the whole family can come to boo the villain and cheer the hero.

Attention citizens!

Are you outraged by your current tax assessment? Are you worried that you may not be able to afford your home in these beautiful mountains much longer? Have you thought about the impact that the tax assessment will have on your day-to-day living? Please join us for an open-mic discussion Saturday, March 3 at 2 p.m. at the Rec Park. Come armed with questions and ideas so that we can move forward to protect our homes. Questions? Call Robin at 526-9792. Together, we can make a difference.

• PLACES OF WORSHIP •

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School - 10 a.m., Worship - 11
Sunday night services every 2nd & 4th Sunday at 7
Wednesdays: Mid-week prayer meeting - 7 p.m.

BUCK CREEK BAPTIST CHURCH

Sundays: School - 10 a.m.; Worship - 11
First Saturday: Singing at 7:30 p.m.

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Sky Valley, Georgia
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Church: 706-746-2999
Pastor's residence: 706-746-5770
Sundays: 10 a.m. - Worship
Holy Communion 1st Sunday of the month
Wednesdays: 9 a.m. Healing and Prayer with Holy
Communion each service

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627

CHRIST ANGLICAN CHURCH

Office - 526-2320
Sunday: Holy Communion -- 2 p.m.
(Community Bible Church on U.S. 64 between Highlands
and Cashiers)

Visiting Rectors Series: Feb. 18: Steve Kerhoulas; Feb. 21:

Rev. Paul Blankinship; Feb. 25: Rev. Gene Mallard.

Tuesday: Women's weekly Bible study at 2 p.m.

Wednesday: Mens Bible study at 8 a.m.
at First Baptist Church

Pot Luck Supper last Sunday of each month.

All are Welcome!

CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer
Sundays: School - 10 a.m.; Worship - 11
Prayer - 6:30 p.m.

Evening Service - 1st & 3rd Sunday -- 7 p.m.

COMMUNITY BIBLE CHURCH

(Evangelical Presbyterian Church)
www.cbchighlands.com • 526-4685
3645 U.S. 64 east, Highlands
Sundays: 9:30 a.m. Sunday School; 10:45 Worship;
Tuesdays: 10 a.m. Women's Bible Study
Wednesdays: 5:15 p.m. Students' Dinner (free for kids in
8th grade and younger);
5:30 p.m. Supper; 5:45 p.m. - 7:15 pm Small Groups for
kids Pre-K through 8th; 6:15 pm - 7:15 pm Adult Bible
Study 6pm-7pm Choir Practice
• Small Groups are offered for all ages throughout
the week, see our website or call for more info.

EPISCOPAL CHURCH OF THE INCARNATION

Rev. Brian Sullivan - 526-2968
Sunday: 8 a.m. - Holy Eucharist-Rite I; 8:30 a.m. -
Breakfast; 9 a.m. - Sunday School; 9:45 a.m. - Choir
Practice; 10:30 a.m. - Children's Chapel; 10:30 a.m. - Holy
Eucharist - Rite II
Monday: 4 p.m. - Women's cursillo Group; 5:30 p.m. -
Women's Cursillo Group
Tuesday: 8 a.m. - Mens Cursillo Group; 9:30 a.m. - Staff
Meeting

Wednesday: 2 p.m. - Interlude; 6:30 p.m. - Choir
Thursday: 7:30 a.m. - Mens Cursillo Group Meeting;
10 a.m. - Holy Eucharist with healing; 10:30 a.m. -
Daughters of the King Meeting; 10:30 a.m. - Bible Study
• Sunday Service on Channel 14 Sun. at 10:30 a.m.

FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977
Sun. Worship 8:30 & 10:45 a.m.; 6: p.m. (nursery provided)
Sun. school for all ages 9:45 a.m.
Wed: dinner 5 p.m. followed by childrens
Pioneer Club 6 p.m.; Junior & Senior Youth Group 6:30 p.m.;

Adult Bible Study & Prayer Meeting 7 p.m.
Small groups available throughout the week.

FIRST BAPTIST CHURCH

Dr. Daniel D. Robinson, 526-4153
Sun.: Worship - 8:15 a.m., 10:45 a.m., 6:30 p.m.; School -
9:30 a.m.; Youth - 6:30 p.m.;

Choir - 7:15

Wednesdays: Dinner - 5:30 p.m.; Team Kids - 6 p.m.;

Prayer - 6:15 p.m., Choir - 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Rev. J. Hunter Coleman, Pastor, 526-3175
Sun.: Worship - 11 a.m.; Sun.School - 9:30 & 9:45.
Mondays: 8 a.m. - Mens Bible Discussion & Breakfast

Tuesdays: 10 a.m. - Seekers

Wednesdays: Supper - 6 p.m.; Choir - 7

Sat: Adventistas del Septimo Dia - 10 a.m. & 5

HIGHLANDS ASSEMBLY OF GOD

Sixth Street
Sundays: School - 10 a.m.; Worship - 11

Wednesdays: Prayer & Bible Study - 7

HIGHLANDS 7TH-DAY ADVENTIST CHURCH

Wednesday evening prayer & Bible Study
Call Lloyd Kidder at 526-9474

HIGHLANDS UNITED METHODIST CHURCH

Pastors Eddie & Kim Ingram, 526-3376

Sun.: school 9:45 a.m.; Worship 11 a.m.;

5 p.m. Youth Group

Wed: noon - Mens Emmaus Reunion Group; 4:45 -
Childrens choir and handbells; 5:30 - Supper; 6 - Adult
Handbells; 6:15 - children, youth, & adults studies;
7:15 - Adult choir

(nursery provided for Wed. p.m. activities)

Thurs: 12:30 - Women's Bible Study (nursery)

HOLY FAMILY LUTHERAN CHURCH - ELCA

Rev. Delmer Chilton, Pastor,
2152 Dillard Road - 526-9741

Sundays: Worship/Communion - 10:30

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Jamie Passmore, (706) 782-8130
Sundays: School - 10 a.m.; Worship - 11
Choir - 6 p.m.

Wed: Bible Study and Youth Mtg. - 7 p.m.

MOUNTAIN SYNAGOGUE

St. Cyprian's Episcopal Church, Franklin 369-6871
Friday: Sabbath Eve Services at 7 p.m.

For more information, call (706)-745-1842.

OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Rev. Tien, Priest
Parish office, 526-2418
Sundays: Mass - 11 a.m.

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Clifford Willis
Sundays: School - 10 a.m.; Worship - 11 a.m. & 7
Wednesdays: Prayer Mtg. - 7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School - 10 a.m.; Worship - 10:45 a.m.; Evening
Worship - 6 p.m.

Wed: Adult Bible Study & Youth - 7 p.m.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Wayne Price
Sundays: School - 10 a.m.; Worship - 11
Wednesdays: Prayer & Bible Study - 7

UNITARIAN UNIVERSALIST FELLOWSHIP

Rev. Maureen Killoran (part-time) 526-9769

Sundays: Worship - 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH

Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School - 10 a.m.; Worship - 11

• CLASSIFIEDS •

1991 SUBURBAN 3/4 TON, 130K miles, 20K on Tranny, 350 V8, lift w/wheels & tires, good condition, never off-road, white/blue \$4350. Call 200-0013.

SERVICES

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... ANOTHER VIEW from page 12

moderate Iranians against us quicker than repeating the mistake of Iraq.

To those who think I'm advocating appeasement and preaching defeatism who believe that I am underestimating the resolve of the American people and the might of our military, I ask only that you look closely at Iraq and realize that we are no longer slaying a finite number of native Americans on the western frontier.

The cowboy mentality and a fervent belief in the moral superiority of America are deeply rooted in our national psyche. It seems that the time has come to exorcise the former and to restore the validity of the latter.

NOVs issued to RiverWalk

A recent soil and erosion inspection of the RiverWalk subdivision on U.S. 64 east has resulted in a notice of violation concerning numerous infractions.

On Monday, Feb. 12, Brian Kruger, CPESC of Environmental Logic, Inc., — a firm the town recently contracted with to help police soil and erosion measures at area developments — and Highlands code enforcement officer Scott Houston inspected the site.

They were there to see if measures outlined in RiverWalk's soil and erosion plan of Nov. 29, 2006, prepared by Pesterfield Engineering, were effective in controlling erosion and sediment as per the N.C. Sedimentation and Pollution Act of 1973 and Town of Highlands ordinance.

The team cited 39 infractions – ranging from minor to major. Acting Zoning Administrator Richard Betz issued a notice of violation which was delivered to Henry Lyngos of RiverWalk on Friday, Feb. 16.

The developers have 30 days to correct the infractions or pay up to \$5,000 per violation. Betz said he will discuss the notice of violation at the Feb. 28 Town Board meeting.

Mountain Garden Club seeks shrubs, trees for plant sale

Do you have too many lilacs? Flame azaleas? Hydrangeas? Is that gorgeous Japanese maple in your yard being forced to compete with its offspring for nutrients? Would you like to donate your extra shrubs and trees to a good cause?

Call Sonya Carpenter (526-9498) of the Mountain Garden Club, and help will soon be on the way.

The Mountain Garden Club plant sale will not be until May 26, but "NOW is the time to root prune shrubs and trees," advises Sonya, a certified arborist and member of the Mountain Garden Club.

Root pruning is a simple procedure that should be done while shrubs and trees are dormant to get them ready for transplanting later. As the weather warms and the shrubs and trees wake up, they'll form new roots within a manageable rootball that can be dug up and potted.

"Good root pruning is essential for successfully transplanting shrubs and trees," Sonya says.

If you'd like to donate shrubs and or trees (up to 4.5 feet tall) for the Mountain Garden Club (MGC) plant sale,

call Sonya, and she will arrange for a MGC root-pruning team to come to your property.

Proceeds from the Mountain Garden Club plant sale support local projects including the Butterfly Garden at Highlands School and Dorothy Wertzler Memorial Scholarships for college-level studies of horticulture or related fields.



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• HIGHLANDS-CASHIERS HOSPITAL NEWS •

New physician to oversee hospital ER

A new physician who is trained and board certified in emergency medicine has joined the ER staff at Highlands-Cashiers Hospital.

Dr. Anthony L. "Tony" Fisher began work at the hospital last week. In addition to serving as an emergency room physician two days a week, Fisher has also been named to the newly expanded position of Medical Director of Emergency Medicine at the hospital.

A native of Rosman, N.C., Dr. Fisher, 51, has been a long-time resident of the Lake Toxaway community, and until recently was a full-time emergency physician and the medical director of the emergency department at Transylvania Community Hospital in Brevard. He continues to work part-time there.

President and CEO Ken Shull said part of Fisher's new duties will be to review the treatment pro-



Dr. Tony Fisher

ocols used by all the physicians working the hospital's ER to make sure they are current with the latest medical standards. He will also focus on preparing documentation for various accreditation and compliance requirements for emergency medicine.

"We are always looking for ways to improve the quality of the care we provide. Expanding the duties of the medical director of emergency medicine, and having someone who is board-certified in that field, will allow us to increase our focus on quality assurance, as well as to be even more responsive to any patient concerns that are expressed from time to time," Shull said.

"I'm looking forward to bringing my experience and training in emergency medicine to Highlands-Cashiers Hospital," said Fisher. "This will be quite a change of pace for me. While the emergency room here is

busy in the summer, it doesn't see the volume I'm used to seeing year-round in Brevard, which has a much larger population. I'm looking forward to devoting time to strengthening the emergency program here."

His addition to the ER staff also comes at a good time for the hospital. Part-time ER physician Dr. John Baumrucker is leaving for his annual mission trip to Bolivia and family physician Dr. Toby Lindsay, who has been working full-time in the ER, has reopened his medical practice in Cashiers. In addition to Lindsay and Baumrucker (when he returns), other area primary care physicians will continue to staff the emergency room on a part-time basis.

Dr. Fisher earned his medical degree from the University of North Carolina Medical School in Chapel Hill in 1994 and did his residency in emergency medicine at Baystate Medical Center in Springfield, MA. Prior to turning to medicine, he was a teacher, including a brief stint at Blue Ridge School, and later owned his own landscaping business in Sapphire. He has both a bachelor's degree and a master's degree in English.

Since completing his medical residency, he has been an ER physician at Transylvania Community Hospital. In addition to serving until recently as medical director of the emergency department there, he has also been medical director of the Transylvania County EMS, a position he still holds.

Hospital names head of acute nursing services

Highlands-Cashiers Hospital this week named a new director of nursing services.

Ellen Brawley, RN, manager of surgical services at the hospital for the last three years, will become the new director of nursing with supervisory roles over both the acute nursing department and surgical services. She essentially fills the role of David Taylor, RN, manager of Clinical Services who took a position as a clinical analyst with McKesson Computer Corp. last fall.

During her 30-some years in the field, Brawley has worked in many different areas of nursing – much of it in management or supervisory roles. She earned her bachelor's degree from Montclair State College in Montclair, N.J., and her nursing degree from Christ School of Nursing in Jersey City, N.J., in 1977 and began her career as a charge nurse at Georgia Baptist Medical Center in Atlanta. From 1979 until 1990, she was with DeKalb Medical Center in



Ellen Brawley, RN, and Mary Kay Crandall, RN.

Decatur, GA, where she came to serve in various supervisory positions, eventually becoming critical care coordinator with management responsibilities over intensive care and critical care units. She was also a member of the educational faculty for DeKalb's critical care curriculums.

Since leaving DeKalb, she has worked at both what was Ridgecrest Hospital in Clayton and Highlands-Cashiers Hospital. She was one of two nurses who oversaw the startup of the hospital's surgical center in 1994.

As director of nursing, she will be responsible for patient care, management, and budgeting for acute care, the emergency room, cardio-pulmonary medicine, surgical services, the outpatient procedures clinic, and Highlands-Cashiers Hospice.

In a related move, Shull said interim director of nursing Mary Kay Crandall, RN, will become the assistant director of nursing, a newly created position.

"Mary Kay had indicated early on that she did not wish to take the job full-time," said President and CEO Ken Shull.

• BIZ NEWS •

The Wayah Insurance Group named True Blue Producer

The Wayah Insurance Group has been honored for sales excellence by Blue Cross and Blue Shield of North Carolina.

Blue Cross Blue Shield of North Carolina has named Patricia Bennett, Jeff Cloer, Leesa Manley and Michael Norris a True Blue Producer, a distinction awarded to independent agents and agencies that meet high standards in attracting and retaining customers for BCBSNC.

As an authorized agent for Blue Cross Blue Shield of North Carolina, The Wayah Insurance Group offers health plans for employers and individuals, including BCBSNC's popular Blue Advantage & HSA products. They also offer Medicare Supplement, including Medicare Part D plans, short-term plans and individual Dental plans.

True Blue Producers/Agencies must meet a minimum criterion for sales production to attain True Blue status. Blue Cross and Blue Shield of North Carolina is a leader in delivering innovative health care products, services and information to 3.4 million members. The company offers its members the Blue Extras value-added programs, which provide discounts and information on a wide variety of health-related services at no additional cost.

For 73 years, the company has served its customers by offering access to quality health care at a competitive price and has served the people of North Carolina through support of community organizations, programs and events that promote good health. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association.

Contact: The Wayah Insurance Group 828-526-3713 or 828-524-4442

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• UPCOMING EVENTS •

On-going

• NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: www.ncmana.org.

• Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

• Beginner Classical Yoga Group meets On Mondays, 5:45-7 p.m. at Highlands Yoga and Wellness, 464 Carolina Way. Mats and blankets provided. Learn the basics and improve your health. Other classes available. Call 526-8880 Ashby or Chad.

• Yoga Classes at the Rec Park. Mondays and Wednesdays. Bring your mat. \$7 per person per class or \$50 for a monthly pass.

• Angie Jenkins on the piano at the Old Clayton Inn in Clayton on Fridays and Saturdays for dinner.

• Beginners Clogging class Tuesday, 6-7 p.m. at the Sapphire Valley Community Center. Come have lots of fun and exercise. Call 743-7663.

• Health Tracks at Highlands-Cashiers Hospital will have Osteoporosis prevention exercise classes on Tuesdays and Thursdays of each week from 4:30 to 5:30 p.m. Free with HealthTracks Membership or \$8 per class for non-members. Call Jeanette Fisher at 828-526-1FIT.

• Health Tracks at Highlands-Cashiers Hospital is offering a total body and muscle-toning workout exercise class at 9 a.m. on Tuesdays and Thursdays. Free with Health Track Membership or \$8 for non-members. Contact Health Tracks at 828-526-1FIT.

• Health Tracks at Highlands-Cashiers Hospital is holding Pilates classes on Mondays and Wednesdays at 4 p.m. Cost of the class is \$10 per session or \$8 (each) for 10 sessions. Contact Health Tracks at 828-526-1FIT.

• A Grief Support Group is held every Friday from 10-12 at the Highlands-Cashiers Hospital for anyone who has lost a loved one through death or is dealing with a progressive illness with a loved one. If interested in attending, please contact Helen Moore (Hospice) 526-0727 or Martha Porter (Chaplain at HCH) at 787-1463.

• Every Tuesday Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

• Live music at Fressers in Helen's Barn. featuring Cy Timmons 6 p.m. until.

• Live music at Cyprus Restaurant every Friday at 9:30 p.m.

• Children's classes resume at Bascom-Louise Gallery - cost is \$5 per student. Mondays: For Home-schoolers, classes are from 1-3 p.m. For 2nd to 5th graders, classes are from 3:15-4:15 p.m. Tuesdays: classes for pre-school are 11-11:30 a.m.; for kindergarten-1st grade, classes are 3:15-4:15 p.m. and for young adult independent study, classes are from 1-2:30 p.m.; Wednesdays classes are for middle school students from 3:15-4:15 p.m.

Every Tuesday

• Women's Bible Study, Beth Moore's study of Daniel at Community Bible Church Fellowship Hall. All ladies invited. Call the church at 526-4685 to order your book.

• Open Studio Night Figure Drawing Informal instruction available for beginners. Bring your sketch pad or paint box for a leisurely session of figure drawing/painting. Cost is \$12, \$10 for "Friends" of the Gallery.

Every Third Wednesday

• As part of the Unitarian Universalist Fellowship of Franklin's "Life-Span Learning Curriculum," there are "Wednesday Night Chautauquas" which are media enhanced study sessions at the UU Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

Thurs., Fri., Sat. & Sun, Feb. 22-25

• "Caught in the Villain's Web," an old-fashioned melo-drama by the Highlands Community Players, eve-

'Caught in The Villain's Web' at PAC



The heroine, Felicity Fair, (played by Michelle Hott) admires her hero, Malvern Larkfield, (played by Nathan Smith) in the rollicking melodrama "Caught In The Villain's Web" to be performed by the Highlands Community Players February 22 - 25 and March 2 - 4 at the Martin-Liipscomb Performing Arts Center, 507 Chestnut Street, Highlands. Tickets are \$15 and can be reserved by calling 828-526-8084.

nings 7:30 p.m., Sunday matinee 2:30 p.m. Call 526-8084 reservations. Tickets are \$15.

Saturday, Feb. 24

• Mirror Lake Litter Pick-up - Saturday. Meet at Thorn Park by the bridge at 9 a.m. All are welcome!

• The Nantahala Hiking Club will take a 4.3-mile moderate-to-strenuous hike on the Appalachian Trail from Wayah Crest to Wine Spring, with an elevation change of 1,000 feet, and then on the Bartram Trail to Sawmill Gap. Great views along the way. Meet at Westgate Plaza in Franklin, across from Burger King, at 10 a.m. Call leader Bill Van Horn at 369-1983 for reservations.

• Highlands Annual Chili Cook-off, Salsa, and Cornbread Competition will be held at the Conference Center from 6:30 - 9:30 p.m. Entertainment will be provided by Hurricane Creek.

• The Holly Springs Community is sponsoring an American Red Cross blood drive from 8 a.m. to 12 p.m. The blood drive will be held at Holly Springs Baptist Church, located at 366 Holly Springs Church Road in Franklin, NC. Please call 524-5200 for more information or to schedule an appointment.

Monday, February 26.

• Art League of Highlands Monthly membership meeting. Recreation Park, Highlands. Noon lunch, soup provided. Group critique at 1 p.m.. Bring a couple paintings-in-progress for others to see. Guests welcome.

Tuesday, Feb. 27

• HIARPT's readings from Matthew Fox's CRE-ATIVITY. Material to be handed out at prior meetings. Coordinator: Diane McPhail. 10 a.m. at the Highlands Civic Center. Lunch will follow at 11:30 for those wishing to attend. All are welcome. For information, contact Creighton Peden at cphi2@verizon.net or Dave Scheyer at scheyer@peoplepc.com.

• The Harlem Ambassadors return to play local basketball stars 7 p.m. in the Highlands School gym. Advance tickets are: adults \$10, students and seniors \$5, available at Fressers, Drakes Diamond Gallery, the chamber of commerce. \$15 at the door.

• Episcopal Church Stations of the Cross - 5 p.m.; Soup & Salad - 5:30 p.m.; Speaker the Rev. Charlotte Cleghorn - 6 p.m. "The Christian Rule of Life."

Fri., Sat., & Sun., March 2-4

• "Caught in the Villain's Web," an old-fashioned melodrama by the Highlands Community Players, evenings 7:30 p.m., Sunday matinee 2:30 p.m. Call 526-8084 for reservations. Tickets are \$15.

Saturday, March 3

• An open-mic discussion at 2 p.m. at the Rec Park to discuss what we can do as citizens about our escalating property taxes. Come armed with questions and ideas so that we can move forward to protect our homes. Questions? Call Robin at 526-9792. Together, we can make a difference.

Thursday, March 5

• Win a \$4,500 scholarship to Southwestern Community College in the college's Academic Challenge which will be held Thursday, March 15, on the Jackson campus. First-place winners will receive five semesters free at SCC, along with a \$1,000 book budget, for a total value package of \$4,500. Participation in the Academic Challenge is for anyone residing in Jackson, Macon or Swain counties, or the Qualla Boundary. Information is on the SCC website at www.southwesterncc.edu/academicchallenge. For more information, contact Elizabeth Guertin at 586-4091, ext. 377.

Tuesday, March 6

• HIARPT's Richard Florida's, The Flight of the Creative Class. A portion of the book will be copied and

handed the previous week for discussion. Coordinator: Virginia Wilson 10 AM at the Highlands Civic Center. Lunch will follow at 11:30 for those wishing to attend. All are welcome. For information, contact Creighton Peden at cphi2@verizon.net.

March 6

• Episcopal Church Stations of the Cross - 5 p.m.; Soup & Salad - 5:30 p.m.; Speaker the Rev. Jim Yeary - 6 p.m. "Stewardship of Self." All invited.

March 13

• Episcopal Church Stations of the Cross - 5 p.m.; Soup & Salad - 5:30 p.m.; Speaker the Rev. Virginia Monroe - 6 p.m. "Prayer/Spiritual Direction." All invited.

Tuesday, March 20

• Episcopal Church Stations of the Cross - 5 p.m.; Soup & Salad - 5:30 p.m.; Speaker the Rev. Buck Hanks - 6 p.m. "Bible Study." All invited.

• HIARPT's Faith and Politics: How the Moral Values Debate Divides America and How to Move Forward Together by Senator John Danforth. Coordinator: Don Mullen 10 a.m. at the Highlands Civic Center. Lunch will follow at 11:30 for those wishing to attend. All are welcome. For information, contact Creighton Peden at cphi2@verizon.net.

Tuesday, March 27

• Episcopal Church Stations of the Cross - 5 p.m.; Soup & Salad - 5:30 p.m.; Speaker the Rev. Gray Temple - 6 p.m. "Forgiveness/Reconciliation." All invited.

• HIARPT's Walt Whitman's Leaves of Grass. Coordinator: Bill West 10 a.m. at the Highlands Civic Center. Lunch will follow at 11:30 for those wishing to attend. All are welcome. For information, contact Creighton Peden at cphi2@verizon.net.

Tuesday, April 3

• Episcopal Church Holy Eucharist, in the Chapel, 5:30 p.m. All invited.

• HIARPT's "Frozen in time: the disabled nine-year-old girl who will remain a child all her life." From The Guardian (UK) and other sources. Coordinator: Beverlee Kritz. Brief reading material will be sent by email and also be available at the preceding session. 10 a.m. at the Highlands Civic Center. Lunch will follow at 11:30 for those wishing to attend. All are welcome. For additional, contact Creighton Peden at cphi2@verizon.net.

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Fri: (4:20), 7:00, 9:20

Sat & Sun: (2), (4:20), 7, 9:20

Mon - Thurs: (4:20), 7

BRIDGE TO TERABITHIA rated PG

Fri: (4:10), 7:05, 9:10

Sat & Sun: (2:05), (4:10), 7:05, 9:10

Mon - Thurs: (4:10), 7:05

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Mon - Thurs: (4:15), 7:10

NORBIT rated PG-13

Fri: 9:20

Sat & Sun: (2), 9:20

... BOOK REVIEWS continued from page 9

populations of the world living today on unrefined foods, in which nature packages her fats with all the nutrients needed to utilize them, do not develop heart disease."

What should we eat? Real food. The food that humans ate for millennia, with as little processing as possible. Meat and dairy products from animals raised outdoors, fresh fruits and vegetables, and whole grains. I have heard this shopping advice: buy almost nothing from the interior aisles of a supermarket; buy only what is on the outer walls where the produce, dairy, and meat are located.

Ms. Planck's book is an enjoyable read and inspires the reader to try another way of eating. She was raised on a farm in western Virginia and has founded and run farmer's markets in England and the United States.

Perhaps the greatest surprise to me from her book is the healthful nature of fats, including saturated fats. We have been brainwashed to believe that fats are bad, and this is not true at all. I have been enjoying food a lot more since I have stopped worrying so much about fat.

Ms. Planck gives resources at the end of her book to help a reader find "real food." For grass-fed and pastured meat she suggests the website www.eatwild.com. From there I found a farm outside of Asheville that operates a grass-farm (as discussed in my review of *Omnivore's Dilemma*). Hickory Nut Gap Farm produces beef, lamb, pork, and chickens. From their website www.springhousemeats.com: "At Hickory Nut Gap Farm you will find animals raised in their natural outdoor environment. Pigs in the woods, cows on pasture eating grass and clover, multiple species grazing together, drinking clean spring water and living the good life." I plan on visiting them in the spring.

I am conducting a "real food" experiment on myself and my husband. We have been eating organic foods for years, mostly grains, beans, and dairy products available at health food stores. But since reading *Omnivore's Dilemma* last fall and these books, we have been searching out sources of non-industrially raised meat.

Bryson's Food Store carries free-range chicken and ever since I first tried it I have not bought an ordinary chicken. The first bite was the deciding factor: it has an entirely different texture — much more tender — and a flavor that older folks describe as tasting like the chicken of their youth.

Both Bryson's and Whole Life Market sell frozen organic beef. I had to go to Asheville to find fresh range-fed meat. All of the meat sold at Earth Faire is range or grass-fed, and one look at the case tells the difference. The color of the meat is more intense. We bought some pork chops and, once again, the experience was that this was from an entirely different animal than supermarket pork. The meat was tender and the flavor superb. Bryson's plans on selling fresh range-fed beef by this summer.

The price of real food is higher, yes, but there are two answers to that. First, we are not paying the true cost of supermarket meat. The environmental cost of the use of pesticides and herbicides on the grains fed to the animals, the loss of effectiveness of antibiotics due to overuse by the animal industry, the effects on humans of ingestion of antibiotics and growth hormones fed to animals, and the pollution of ground-water by huge animal operations are not factored in to the price of a pork chop.

Second, maybe it would be good for us if our food was a little more expensive — most of us would benefit from eating less!

• POLICE & FIRE REPORT •

The following is the Highlands Police Dept. log entries for the week of Feb. 16-21. Only the names of persons arrested or public officials have been used.

Feb. 16

- At 5:20 p.m., officers investigated breaking and enterings with larcenies at 14 houses in the Mirror Lake area -- Wyanoak, Chowan, Hickory Hill and Vinca Lane. The case is still under investigation. See story on page 1.

- At 10:05 a.m., a motorist on N.C. 28 south was cited for speeding 55 mph in a 35 zone.

- At 10:30 a.m., a motorist at Upper Buttermilk and N.C. 106 was cited for driving left of center.

Feb. 19

- At 4:15 p.m., a sign was reported stolen from Highlands Quick Mart. It was found and returned.

The following is the Highlands Fire & Rescue Dept. log entries for the week of Feb. 15-21

Feb. 15

- The dept. responded to a call of "a smell of smoke" at Keller Williams on Carolina Way. It was from burned popcorn in the unit upstairs.

Feb. 16

- The dept. provided mutual aid to Scaly Fire & Rescue at the site of an accident on N.C. 106. See photo on page 2.

- The dept. responded to a call of an accident on Buck Creek and U.S. 64 west. It was out of district.

Feb. 17

- The dept. responded to an accident at U.S. 64 east and Little Bearpen. There were no injuries.

Feb. 19

- The dept. responded to a farm tractor roll-over at Wild Cat Cliff Country Club. There were minor injuries.

Feb. 21

- The dept. responded to a structure fire at a home on Bob Zahner Lane. Officers believe the structure was hit by lightning. It sustained about \$50,000 worth of damage.

• RE TRANSACTIONS •

Town of Highlands

- 0548892, BILLY CABIN WELL LOT, BILLY CABIN CANOE CLUB PROPERTY OWNERS, 1/12/2007, \$0., BADCOCK WOGAN S III, \$3,800.

- 0501602, 660 CENTER DR., MOBLEY HERBERT W JR., 1/8/2007, \$735,000., FRANKLIN JULIAN K., \$684,670.

- 0504307, 323 FRANKLIN RD., BASCOM-LOUISE GALLERY CORPORATION, 1/24/2007, \$300,000., POTTS JOHN S & VELLAMAE, \$166,080.

Highlands Township

- 0528411, 73 WOODLAND HILL DR., FLEMING KAREN L., 1/9/2007, \$615,000., FLEMING KAREN L., \$899,180.

- 0548888, BUCK CR 1538, SENIOR LIVING PROPERTY LLC, 1/10/2007, \$2,200,000., HIGHLANDS-CASHIERS HEALTH CARE CORP., \$9,374,510.

- 0548923, MTN LAUREL DR 10 STRIP OF LOT 2, ENGLISH HUGH M., 1/17/2007, \$435,000., NEWMAN JOANNE K., \$3,460.

- 0517058, 240 & 240A CULLASAJA CLUB, WOODS SCOTT EDWARD, 1/8/2007, \$0., WOODS SCOTT EDWARD, \$244,820.

- 0517192, 1580 UPPER DV HFCC, FRANKLIN JULIAN K., 1/9/2007, \$1,379,500., ECHALES MAURICE N., \$1,160,570.

- 0500578, 1479 FLAT MOUNTAIN RD, CHASTAIN ANNE LIFE ESTATE, 1/9/2007, \$0., CHASTAIN ANNE LIFE ESTATE, \$521,500.

- 0500788, 160 FLAT MOUNTAIN ESTATES RD, ROBERSON MARY E., 1/8/2007, 29000., ROBERSON MARY E., \$250,830.

- 0501342, 250 SATULAH FALLS LN, CHANDLER-WYANT PROPERTIES, 1/16/2007, \$300,000., COOK R CONRAD, \$378,310.

- 0502601, 2731 CASHIERS RD., HIGHLANDS STORAGE VILLAGE LLC, 1/12/2007, \$0., MEREDITH CAREY L JR, \$761,860.

- 0537022, 594 HIGHGATE RD., ENGLISH HUGH M., 1/17/2007, \$435,000., NEWMAN JOANNE K., \$614,630.

- 0520378, 120 LAURELWOOD RDG UNIT 10, BOKNECHT ROBERT K., 1/16/2007, \$0., ROBERT K. BOKNECHT TRUST, \$778,870.

Flats Township

- 0614145, 408 GOLDEN HILL LN, MESSIER RAYMOND TRUSTEE, 1/16/2007, 404000., ELLICOTT ROCK INVESTMENTS INC., \$340,580.

- 0648924, 92 & 98 FOSTER RD, FOSTER LYNNE, 1/17/2007, \$100,000., BENSON VELOIS J., \$184,920.

- 0610329, 164 LAKESIDE RD, VROON BRADLEY, 1/16/2007, \$0., VROON BRADLEY, \$759,670.

... BREAK-INS from page 4

ers came upon three youths walking the area. Their names were taken, but they were not suspects at that time.

"However, at the Folsom home, we found items reported missing and backpacks with the youths' names in them so we knew they were the youths we'd talked to during the initial canvass," said Harrell.

Harrell suspects the breaking and enterings occurred only over the two-day period because neither the evidence found nor damage to the homes was weathered or aged.

All the homes were entered with force through doors, windows, and a sliding glass door.

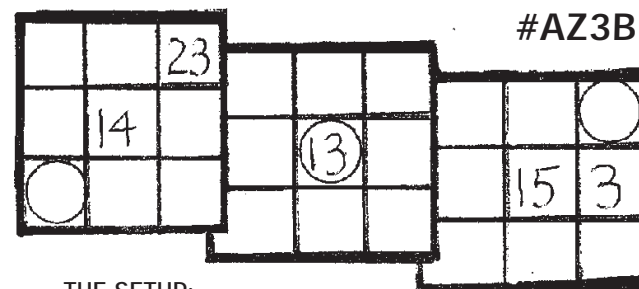
At least one youth lives in the Mirror Lake area. They are all cooperating with police but the investigation will continue until police have ruled out involvement by others.

They face several counts of breaking and entering with felony larceny and several counts of injury to property.

Harrell said "textbook" police work by officers Parker and Jolly solved the case. "They did an excellent job of securing the scene, canvassing the neighborhood, identifying the suspects, collecting witness information and immediate follow-up," he said. "This case is basically over and done but citizens should always be on the look-out for people wandering about a neighborhood. Don't hesitate if you suspect something. Be vigilant and alert and call 9-1-1 right away."

PseudoCube[©]

#AZ3B



THE SETUP:

The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equaling the total of the three center numbers. One of the diagonals is shown with circles.

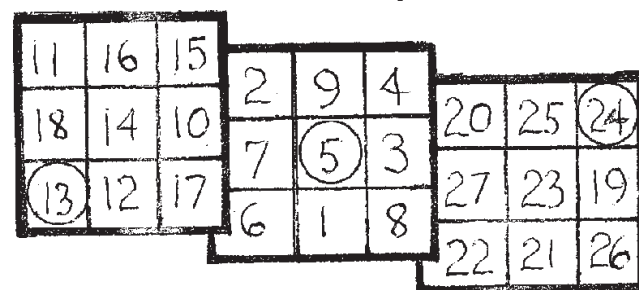
THE CHALLENGE:

Start with the three center numbers for each layer and two other numbers. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other 22 numbers belong. Good Luck!

The first correct solution emailed earns a coupon for a FREE cup of coffee from Buck's Coffee Cafe on Main Street.

Email: pseudocube8@aol.com

Solution for Feb. 15 puzzle #BN2B



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 Glen Falls
 Scaly Mtn
 Silver Run Falls
 Gorges Park
 Gorges Park
 Whitewater Falls

Highlands
 Cashiers
 Sliding Rock
 Whiteside Trail
 Chattooga Trail
 Iron Bridge

Other Locations:
 Dillsboro 20 Miles
 Franklin
 Cullasaja Falls
 Jackson Hole Gem Mine
 Highlands Cove Golf & Peregrine
 Cliffside Lake
 Bridal Veil
 The Farm
 Bartram Trail
 Glen Falls
 Otto
 Old Clayton Inn
 Dillard, GA
 Sky Valley
 Chattooga & Bartram Trail

Highways:
 Hwy 107n
 Hwy 64
 Hwy 64w & 28n
 Hwy 106
 Hwy 28s
 Hwy 281
 Hwy 130
 Hwy 107s

Services:
 BP Gas
 Lowe's
 Whistle Stop
 Ruby Cinema
 Fun Factory
 Marina Gas & Store
 Village Square Mountain Perk
 C.B.C. & High Country Cafe
 Good Year
 SMC Realty
 Hampton Inn
 Brew Bird Cafe

Recreation:
 Rafting & Train
 Catotoga Country Club

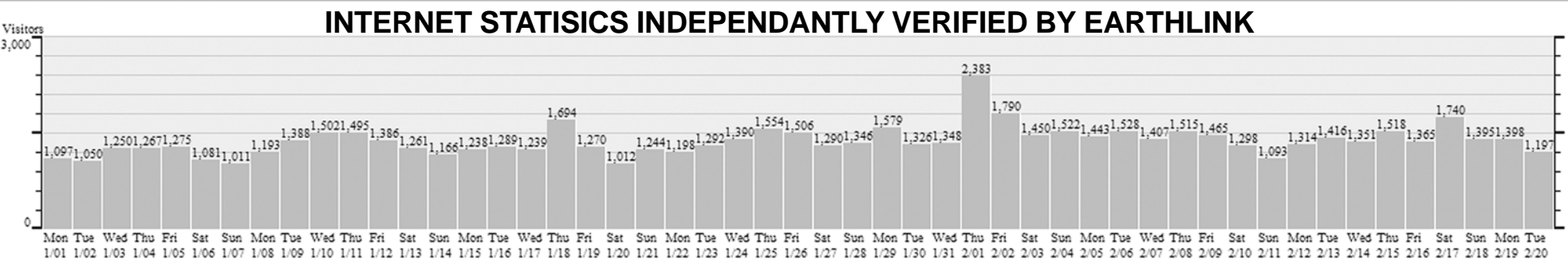
MAP DOTS	1 Summer House	4 Outdoor Tool	7 Century 21	10 Macon Bank	13 Grinning Frog	16 SMC Realty	19 New 2007
\$250 Annual Fee	2 Tin Roof Gallery	5	8 Mtn Golf Properties	11 Fairfield Realty	14 Rand Soellner Arch.	17 Hampton Inn	20 Updates
	3 On The Verandah	6 Skyline Lodge	9 Buyers' Real Estate	12 TUBBY Tubing	15 HomePlace Blinds	18 Brew Bird Cafe	21 Coming Soon

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| <p>LODGING</p> <ul style="list-style-type: none"> 01) Main Street Inn 02) Mitchell's Lodge 03) Mtn High Lodge 04) Old Edwards Inn 05) The Lodge <p>DINING</p> <ul style="list-style-type: none"> 07) Brick Oven 08) Bucks Cafe 09) Cafe 460 10) Cyprus 11) Don Leon's 12) Fressers 14) Highlands Deli 15) Hill-Top Grill 17) Madison's 18) Main Street Inn 19) Nick's Restaurant 21) Pescado's 22) Pizza Place 23) Rib Shack 24) SweetTreats Cafe | <p>REAL ESTATE</p> <ul style="list-style-type: none"> 31) Buyer's Realty 32) Century 21 33) Chambers Agency 34) Country Club Prop. 35) John Cleaveland 36) John Schiffl 37) Keller Williams 38) Meadows Mt Realty 41) Acorns 42) Black Bear Furn. 43) Custom Coverings 44) Dry Sink 45) Highlands Cabinet 46) Highlands Decorat. 47) Old Rangoon 48) Out on a Limb 49) Summer House 50) Twigs 51) Wholesale Down 52) Bird Barn 53) Christmas Cottage 54) Grinning Frog Toys 55) Needle Point 56) Why Not Knit <p>HOME DECOR</p> <ul style="list-style-type: none"> 41) Acorns 42) Black Bear Furn. 43) Custom Coverings 44) Dry Sink 45) Highlands Cabinet 46) Highlands Decorat. 47) Old Rangoon 48) Out on a Limb 49) Summer House 50) Twigs 51) Wholesale Down <p>GIFTS</p> <ul style="list-style-type: none"> 52) Bird Barn 53) Christmas Cottage 54) Grinning Frog Toys 55) Needle Point 56) Why Not Knit | <p>BOUTIQUES</p> <ul style="list-style-type: none"> 60) AnnaWear 61) Bungalow Boutique 62) Cabin Casuals 64) Coolcats Hotdogs 65) Jolies 69) Nancy's Fancys 70) Shops of O.E.I. 71) The Exchange 72) Village Kids 73) Vivace 74) Wits End 76) Highlands Gem 77) Highlands Fine Art 78) Kent Ltd 79) Silver Eagle 80) #1 Nails 81) All Seasons Salon 82) Creative Concepts 83) Images Salon/Spa 84) Mountain Magic 85) Pro Nails 86) Taylor Barns Salon 87) The Very Thing <p>BEAUTY & SPA</p> <ul style="list-style-type: none"> 80) #1 Nails 81) All Seasons Salon 82) Creative Concepts 83) Images Salon/Spa 84) Mountain Magic 85) Pro Nails 86) Taylor Barns Salon 87) The Very Thing | <p>ANTIQUES</p> <ul style="list-style-type: none"> 90) Elephants Foot 91) Mirror Lake Antiques 93) Shiraz Oriental Rugs <p>ART GALLERIES</p> <ul style="list-style-type: none"> 97) Mill Creek Gallery 98) Robert Tino 99) The Very Thing <p>SERVICES</p> <ul style="list-style-type: none"> 100) ComputerMan 112) Drug Stores 115) Highlands Office 116) Jack Mayer 117) Nantahala Tire 118) Schmitt Builders 119) Woodworks <p>OUTFITTERS</p> <ul style="list-style-type: none"> 120) Bear Mountain |
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Highlands Map

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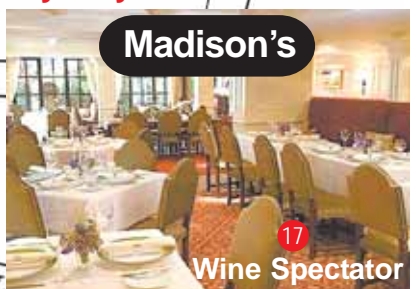
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87 The Very Thing 99
Art Gallery & Beauty Salon
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Saturah Village