

Highlands' Newspaper FREE

Volume 5, Number 27

PDF Version - www.HighlandsInfo.com

Wednesday, July 4, 2007

Events snapshot through July 10

Ongoing

- Summer Art Camp is held at Bascom-Louise Gallery. To register, call 526-4949.
- Day camps at the Nature Center. Please call 526-2623
- Pilates classes with Sandi Trevathan on Level 1 of the Jane Woodruff Clinic, Mon. and Wed. at 4 p.m. \$10 per class.
- Step Aerobics at the Rec Park, 4-5 p.m., Mon., Wed., Thurs. \$5 per class.
- Yoga Classes at the Rec Park. Mon. and Wed. at 7:30 a.m. \$7 per person. \$50 for a monthly pass. Call 526-4340.
- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.
- Live music at Fressers in Helen's Barn with Cy Timmons Wed-Sat 6 p.m. until.
- Hal Philips at the piano at Skyline Lodge and Restaurant on Flat Mountain Road Fri. & Sat. at 6 p.m.

Every Monday

- Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

Every Tuesday

- Women's Bible Study at 10 a.m. at Community Bible Church. Summer series on 1 & 2 Peter. All women are invited

Every Thursday

- At Main Street Inn, Lisa Price piano and vocals in the wine bar 6-9 p.m.
- Rotary Bingo 6:30-8:30 pm at the Highlands Community Center. Open to all ages. Price is \$1 per card per game.

Every Saturday in July

- Courtenay Collins and Robert Ray's "Jukebox Journey at the Martin-Lipscomb Performing Arts Center at 5 and 8 p.m.

Every Saturday

- Live music at Cyprus Restaurant in the Dillard Village Shopping Center at 9:30 p.m. \$10 cover.

Through Friday, July 8

- At the Highlands Playhouse, "Kiss Me Kate." Box office at (828) 526-2695.

Through July 7

- 2007 Highlands Show House at Tug Wa Ridge, ca. 1920. Mon-Friday 10 a.m. to 5 p.m. and noon-5 p.m. on Saturday. Tickets are \$25. Call 526-0000 for ticket information.

Through July 8

- At Acorn's Coralia Lee Jewelry Trunk Show.

Tuesday, July 3

- Abe Lincoln actor performing at Tug Wa Ridge, the Highlands Showhouse, at 6 p.m. Tickets are \$125 per person includes wine, hors d'oeuvres and an invitation to the showhouse. Call 526-2112 for tickets.

Wednesday, July 4

- Pine Street will be closed for fireworks viewing. Bring chairs and blankets. 9:30 p.m.
- Rotary's 4th of July BBQ from 11 a.m. to 2 p.m. at the Community Center at Poplar and U.S. 64 east. BBQ plates are \$8 and Hot Dog Plates are \$6.
- At noon at the ballfield, old-fashioned 4th of July festivities plus skydiving!
- Abe Lincoln actor 5 p.m. at PAC. It's free.
- Patriotic music for 30 minutes at the

Presbyterian Church at 8 p.m. with the Martin-Lipscomb All Male Choir.

- The Skyline Lodge will host a 4th of July BBQ/Pool/Spa party from noon until 5. Adults \$10 Children \$6 Reservations requested. Please call 526-2121.

Thursday & Friday, July 5-6

- A Trunk Show at Bungalow Boutique featuring CMM Designs-Status Faux. Classically designed costume jewelry reminiscent of Bulgari, Cartier, Seaman Schepps, Tiffany, Van Cleef and Verdura. 11 a.m. to 5 p.m.

Friday & Saturday, July 6-7

- The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday at 7 p.m. in Highlands and Saturday at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions.

Friday, July 6

- Booksigning at Cyrano's Bookshop. Frank Foster's "Boca Moon," 5-7 p.m.
- Hurricane Creek at The Instant Theatre Company presents A Summer Dance with Hurricane Creek at the Studio on Main, 310 Main Street, 8 p.m. Reservations suggested 828-342-9791
- "Terry Tritt and Grass Roots Revue" at the FREE Annual Mountain Music Concerts. 7:30-9 at Highlands School.
- CLE presents a Chamber Music Lecture with Dwight Andrews "Jazz as Chamber Music." 10-noon at PAC. \$20 for CLE members and \$30 for nonmembers. To register, call 526-8811.

Saturday, July 7

- Booksigning at Cyrano's Bookshop. Charles Martin's "Chasting Fireflies" 1-3 p.m.
- At Instant Theater, singer-songwriter, Chuck Pyle of the Appalachian High Concert Series 8 p.m. Concert tickets are \$25, doors open at 7:30 p.m. Call 828-342-9197.
- Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are \$25 available at the Episcopal Church.

Sunday & Monday, July 8-9

- Sunday at 5 p.m. in Highlands and Monday, at 7 p.m. in Cashiers the Highlands-Cashiers Chamber Music Festival will have the Vega String Quartet playing music of Halvorsen, Beethoven, and Smetana.

Monday-Friday, July 9-13

- 4th Annual Challenger Soccer Camp. Half-day camps available for all ages from 3-16 and full-day camps for children 10 and older. Call Christy Nix Weller at 526-9931.

Monday, July 9

- The Highlands Audubon Society program on the birds and other animals of China, Southeast Asia and India Monday 7:30 p.m. at the Highlands Civic Center.
- At Wolfgang's Restaurant & Bistro, a wine dinner featuring Wimbleton Wine Company's Grand Tour. Call 526-3807.

Tuesday, July 10

- The PAC FREE Film Festival presents "Aria." Shown upstairs at PAC, 7:30 p.m. FREE.

Wednesday, July 11

- FREE Preview Night at 8 p.m. at the The Highlands Playhouse, "Laughter on the Twenty-Third Floor."

Outlook 'healthy' for town

As the town's needs grow so does it's budget, but the Town of Highlands is securely in the black. The 2007-2008 budget is \$14.3 million, up from last year's \$10.9. But thanks to healthy enterprise funds, increased property valuations, increased sales tax revenues and an increase on returns

from investment funds, the town can not only handle it but has lowered the ad valorem tax rate from 19 cents per \$100 valuation to 13.5 cents.

"We have the advantage of having income from the electric fund versus having to take out

• See OUTLOOK page 9

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BBQ, games & skydiving



Rotary's 4th of July BBQ is from 11 a.m. to 2 p.m. at the Community Center at Poplar and U.S. 64 east. BBQ plates are \$8 and Hot Dog Plates are \$6. BBQ is also available for \$10 per pound. At noon at the ballfield, it's old-fashioned 4th of July festivities and skydiving! Check out Upcoming Events on page 32 for a complete list of upcoming events.

Extension OK'd for sales tax

The 2007 North Carolina General Assembly has enacted legislation that provides for a short-term extension of the additional 0.25% State sales and use tax until August 1, 2007.

The additional 0.25% rate, resulting in a total general State rate of 4.25%, was scheduled to expire

on June 30, 2007. As a result of the extension, the combined State and county tax rate will remain at 6.75% in all counties except Mecklenburg County, where the combined State and county rate will remain at 7.25%.

The combined general rate of

• See SALES TAX page 8

Steep slope laws buried for now

Citizens in favor of some sort of steep slope development legislature say their voices can't be heard over the din from real estate and developer lobbyists.

"We are hearing that the proposed steep slope legislation introduced by Representative Phil Haire, et al, is in serious trouble because of strong lobbying by real estate and developer groups," emailed Bob Wright of the Upper Cullasaja Watershed Association and Macon County Watershed Commission to Senator John Snow. "It is tragic in our government today that the public can seldom be heard over the loud noises of lobby groups that wine and dine legislators and can afford to create a presence in Raleigh with fancy displays, billboards and meetings."

Scores of Macon County citizens have joined the email barrage to Senator Snow hoping he will listen.

When Hurricanes Frances and Ivan left their mark on Macon County, county and state officials took a good hard look at the dangers of living on unstable steep slopes or in the wake of debris that could travel down hill.

When people died at Peeks Creek and millions of dollars in property was destroyed, the issue quickly became one of public safety.

"We in Macon County support the steep slope legislation because it is a public safety issue,"

• See STEEP SLOPE page 3

• THE PLATEAU'S POSITION •

• FROM MY PERSPECTIVE •



**Mayor
Don Mullen**

At the Board of Commissioners meeting last Wednesday we had a good beginning in our preparation for the building of a new town hall. The architectural firms of Sorin and Fisher in Asheville together have begun the design process for a 10,000 square foot building in the vicinity of the present Town Hall. This building would house the administrative offices of the town along with the police department and possibly a visitors center for the Chamber of Commerce in addition to public bath rooms. The idea of the presence of a Kiosk where tickets for all cultural activities in town could be obtained at one location received favorable discussion. In addition to a plaza and plenty of greenspace, additional parking would also be available for the convenience not only of our visitors but also people with business at Town Hall.

The board of the ABC Store which now sits on this town site is already making plans to move elsewhere. This would free up space for the kind of facility we have been talking about which would be visible from many different places in town and in some way would enhance the new Pine Street Park which now is in the planning stages.

There was also a presentation by the Pine Street Park committee regarding planning of that future site. The results of two public meetings held at the Community Center in May and early June were presented by Robert E. Smith who had facilitated the two meetings. From these early beginnings we cannot rush to any conclusions. Many alternatives were discussed by the board and no decisions were made. Much more detailed evaluation and study will be necessary before any final decisions can be made. Detailed traffic appraisal of the entire town, which has not been done since 1997, must be carefully evaluated before the board makes any kind of recommendations regarding the Pine

• See MULLEN page 14

• HAWK'S EYE VIEW •



K Hawk 2007

• LETTERS •

National Forest Land Sales - Circa 2008

Dear Editor,

Unfortunately, just when we thought that this issue was dead, it has resurfaced in the Administration's 2008 budget. This is again, a proposal for a short term solution to long term funding of the Secure Rural Schools act. Although we have not been able to obtain a current parcel list, below is a list of comparative acreage proposed for sale from 2007 to 2008.

Secure Rural Schools Land Sales Proposal (Acres)

National Forest	FY 2007	FY 2008
Pisgah	2780.53	2393.57
Nantahala	3835.09	2065.47
Uwharrie	2317.12	972.73
Croatan	894.99	253.61
NFsNC Total	9827.73	5685.38

Jackson-Macon Conservation Alliance's position on the matter has not changed since last year's proposal. We believe that the sale of U.S. Forest Service land is wrong. Western North Carolina is dealing with rapid development pressure on existing private lands.

Local governments are struggling with this development pressure and attempting to regulate for responsible growth. Opening up additional lands for sale in WNC will only worsen development pressure.

In addition, although the new proposal returns more money to local schools, we do not believe that this overcomes the sale of our heritage in public lands. We do support limited land swaps for National Forest lands that are judged to be in the public interest.

For further information go to: www.fs.fed.us/land/staff/spd.html. The list is in the process of being updated from 2007

David M Bates
Executive Director, JMCA

• THANK YOU •

The SOAR Committee of Highlands would like to thank all of those who contributed in any way, for their continuous support. Our week of events for the Special Operations Warrior Foundation was very successful. All of you are helping us to continue our pledge to support the children of the fallen heroes of the Special Operations which include the Army, Air Force, Navy and Marines. We hope you will continue to be with us in the coming year and support this worthy cause.

• See THANKS page 39

LETTERS-TO-THE EDITOR-POLICY

We reserve the right to edit submissions. Views expressed are not necessarily those of Highlands' Newspaper. Please email letters by Monday at 5 p.m. There is a 500-word limit without prior approval.

Highlands' Newspaper

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Hudson Library board member John Gaston presents plaque to Carolyn Patton.

Patton joins 'Harbison' plaque at library

Just inside the front door of the Hudson Library is a plaque honoring the recipients of "The Gertrude and Dolly Harbison Award." This award was established by the Library Board of Trustees to recognize those persons that have given "exemplary service and dedication to the Hudson Library."

Since its inception, the award has been presented on only two occasions (there is no requirement that it be presented annually):

2003 - to Dr. Barbara B. "Bobbie" Reitt

2004 - to Dr. Randolph P. Shaffner

The Trustees have added another name to this distinguished list, presenting the Gertrude and Dolly Harbison Award for 2007 to Carolyn Patton.

Carolyn Patton is a past-president of the Library Board of Trustees, has served as the Board's representative to the Macon County Library Board and has represented the Hudson Library on the Fontana Regional Library Board. In addition, Carolyn continues to be actively involved in many local library activities.

The Board of Trustees is pleased to honor Carolyn Patton for her support of, service to, and continued interest in the Hudson Library.

... STEEP SLOPE continued from page 1

wrote Wright. "With more and more of the remaining undeveloped property in your district being on hazardous steep slopes, we need regulation to prevent profit-driven developers and unknowing buyers from building roads, infrastructure, and homes that represent a danger to themselves and the people who live down-hill of their property. This legislation does not prevent additional development - it simply requires those who choose to build in hazardous locations to do so safely."

Thought sometimes legislature and ordinances put more costs on developers, proponents of steep slope development legislature said those costs pale in comparison to what taxpayers bear after a disaster.

"Arguments that this legislation only puts more costs on the developer and owner are incorrect. All taxpayers share the cost burden of natural disasters - witness Peeks Creek in Macon County, or Hurricane Katrina on the Gulf Coast," wrote

Wright. "Now that we have the North Carolina Geological Survey landslide hazard mapping information, this legislation offers real hope that loss of life and property can be prevented in some future cases. Let the Buyer Beware' is no longer an acceptable real estate development policy - especially in your district. Please actively support the steep slope legislation."

Meanwhile Macon County Planners are considering a steep slope ordinance. But without state support, proponents fear the potential ordinance will be watered down.

"I would hope that Macon County would proceed with looking at steep slope construction in the near future. My concern is that this state legislation would be 'enabling legislation' that authorized local governments to do their own thing. Without it, the whole concept might die," said Wright.

•See STEEP SLOPE page 27



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Adorable 2 BR 2.5 BA cottage conveniently located off of Hicks Road in Highlands. Huge covered porch, cathedral ceilings and a floor to ceiling stone fireplace in the great room. Sunroom with hot tub has been added off the master suite. \$398,000.



HUGE Mountain views from this 2 BR 2 BA, plus two additional spaces for office, playroom or sewing room. There is also a family room 2 car garage. The acreage includes 3 additional platted lots with good building sites which can be sold separately. What a value at \$668,000.



Great new home close to town and Mirror Lake. 4BR 4.5 BA. Large kitchen with stainless steel appliances, custom cabinetry, an oversized work island and granite countertops. Large covered deck & 2 car garage. Offered at \$895,000



Newly remodeled, open and airy home on the 4th tee at Highlands Falls Country Club features a new kitchen, dining room with wet bar, 2 bedrooms & 2 baths upstairs, family room, 1 bed & 1 bath downstairs, beautiful laurel railings on the stairs, 1 car garage and lots of storage. \$695,000



If you love to garden, this home is calling your name. Located in Highlands Country Club, this 3 BR 3.5 BA home features a gazebo-styled sun room off the large kitchen. A step down dining room has a corner fireplace to make any occasion feel extra special. \$895,000.

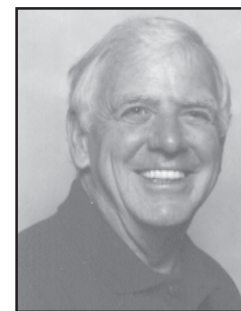


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• LOOKING AT LIFE •

My affairs with Janet Reno

She was Dade County's State Attorney and I was a police major running a detective division for a high-crime city. She was stubborn and had a strong personality. I was stubborn and had a strong personality. She stuck to her convictions and wasn't popular with policemen. I stuck to my convictions and wasn't popular with her prosecutors. She was protective of her assistant attorneys and I was protective of my detectives. There was ongoing conflict, sometimes ugly, sometimes pleasant. Janet Reno and I had a love/hate relationship.



Fred Wooldridge

Feedback is encouraged!
email:

askfredanything@aol.com

I never made an appointment to see her unless it was absolutely necessary. It was like going to the dentist; I knew there would be pain. Janet Reno is a great debater. When you went to see her, you had better have your ducks in a row or you were toast. She had an uncanny ability to sever your head from your shoulders and you wouldn't know it until after you left her office. On most occasions, I was there to complain about the actions of one of her assistants and it usually involved a homicide. You never brought trivial matters to Janet Reno. One of her best lines was, "Why are you bothering me with this?"

She was elected to her position by the people of Dade County. That made her a politician. Above all, politicians have to keep voters happy to get re-elected. Her goals were to keep her clearance rate on part-one crimes (felonies) high so she would look good, at least on paper. My job was to get all felonies, regardless of evidence, successfully brought before the court. I respected and understood her position and she respected and understood mine. It made little difference.

On one occasion, a member of her office dumped a high profile homicide for what they felt was lack of probable cause. We, of course, disagreed. I made the appointment and took the lead detective with me for support. We were armed for bear and doing well in presenting our evidence when the lead detective made a sarcastic remark about her prosecutor. Ms. Reno politely excused herself and walked out of her office. We never saw her again. After sitting there like two dummies for a while, we left her office and learned from her secretary she

had gone for the day. I was furious.

One day after that incident, I was at a social function for law enforcement officers when someone tapped me on the shoulder. When I turned, there stood Janet Reno, towering several inches above me and holding her usual water with lime. She smiled and extended her hand in friendship. "I guess you think I rudely walked out on you yesterday but I had to be someplace and was late; my apologies." I smiled and shook her hand.

"No, Ms. Reno, I don't believe that for a minute but you have to do what you have to do." "Well, major, before leaving, I stopped by my assistant's office and directed her to file your homicide before the court. Arrest warrants will be ready for you tomorrow. I think we will lose, but I respect your position." I was shocked.

At a later time when we were not getting along over a myriad of professional conflicts, the phone rang in my office. "Major, this is Janet Reno. I am totally revamping the Juvenile Justice System in Dade County and I want you on my committee to help achieve that goal. Can I count on you?" Of course I proudly accepted.

Because she never married, rumors about her sexual preference ran rampant and she knew it. She once told a reporter and permit me to paraphrase. "I am a too tall, frumpy and unattractive woman who is a workaholic. I am not very appealing to men." That comment just about sums up her romantic life and you can take my next statement to the bank. There is no way a person, especially a high profile politician like Janet Reno, could survive from 1978 until her retirement as U.S Attorney General in 2001 (23 years) without someone uncovering a tacky story about her personal life. It never happened because there was nothing there. She was always a lady.

I have not seen her since my retirement. Much has happened in her life since then but I hope she still remembers our days in Dade County. I also hope she has been able to do what I have done and put the tough times behind her.

Have you read Fred's book, *I'm Moving Back to Mars?*

• ANOTHER VIEW •

Thirsty for oil – hungry for junk

Why do we keep buying stuff from China? I

ge it. It's cheap. A kidney transplant for the family pet who was poisoned by Chinese dog food is kind of expensive. Now we've got tooth paste with antifreeze. We've bought toys stuffed with material ranging from dangerous, to decaying, to just plain disgusting. China is the wild, wild East, with few, if any, constraints on the pursuit of the almighty juan.

Chinese industries pollute like crazy, with no regard for the environment and were exempted from requirements of the Kyoto Protocols because of China's status as a developing nation. I read recently than an expedition to count Yangtze river dolphins came up with zero, leading to fears that pollution, hydroelectric dams, increased traffic and over-fishing had led to the calamity of extinction. Do the Chinese fish for dolphin? I guess if the Japanese can and do enjoy a delicious whale steak, there is no reason to doubt that the Chinese feast on dolphin chops. The country is becoming an environmental nightmare and in its race for riches has decided to ignore the fact. It is a funny thing that we never hear of most animals until they become extinct or endangered. Who ever heard of the spotted oil or the wobbly tailed, red-banded weeble?

China has the world's fourth largest economy. It produces more than any nation on earth except Germany, Japan, and the USA. That's a lot of paper umbrellas. I don't know what we buy from China, I guess pretty much everything they sell at Fred's and Walmart. I know about the poisonous toothpaste, the toxic dog food, the stuffed with garbage toys, and, of course, the little paper umbrellas.

In 2006, we spent 232 billion dollars more than we earned in trade with the Chinese. There has to be something more than toys that don't last long. There must be clothes with break-away seams, ill-fitting shoes, and auto accessories. They probably manufacture more of the dream catchers than all the North American tribes combined. I really can't imagine a 232 billion dollar deficit and I can't guess what we get for all that money. I just checked my Crocs. They fir well and I can proudly announce that they were manufactured in Canada. Why don't we give some of that Chinese business to the



Dr. Henry Salzarulo

Feedback is encouraged. email:

hsalzarulo@aol.com

Canadians? I promise that they won't try to bury us. A few billion dollars in wages for manufacturing jobs could go a long way toward reducing the zeal of Iraq insurgents.

First insurgent, "Hey, Ali. Let's go blow up some Americans tonight"!

Second insurgent, "Ah, thanks, Mo, but not tonight. I'm tied up. I'm working second shift at the cat food factory".

The Chinese stuff may be the cheapest in the world and probably better than the worst, but why do we keep buying it? We have warned that the Chinese plan to convert their economic power into political and military might. That's just what the world needs; a billion communist evangelists following a half-of-a-billion-man army, well equipped with weapons purchased with American dollars, and with an eye on world domination.

There has to be more to it than that. I understand that the Chinese use some portion of the enormous trade balance to purchase U.S. Government bonds. They get their money back, with interest. We get to continue deficit spending. People say that we can't get tough about environmental carnage, a flood of Chinese products, or unfair trade practices. They warn that if we annoy the Chinese, they just might stop paying for our government. I said I understood it, but I don't.

When the obituary is written on the United States of America, detailing our final days as leader of the world, it will read, "The greatest democracy in the world choked on its thirst for Arab oil and its hunger for Chinese junk".

Fireworks from Pine Street Park

Come watch the fireworks from Pine Street Park. The street will be closed the evening of Wednesday, July 4th and chairs will be set up for the public. Or, bring your own lawn chair or blanket to spread out on the park's new grass.

Members of the Pine Street Park Committee will be available for questions and to ask for contributions. Leadership Highlands reps will hand out free bottles of cold water, courtesy of Sapphire Lakes Country Club.

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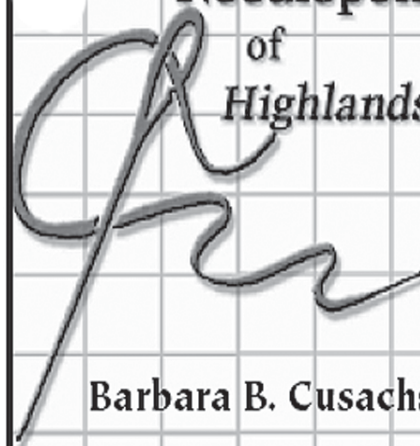


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**Don Swanson
Feedback is
encouraged. Email
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We the people are celebrating an occasion that many, if not most of us, have forgotten the meaning of. The 4th of July, 1776, Congress signed the Declaration of self-rule, from which comes Independence Day. We enjoy the day with the consumption of vast quantities of hot dogs, beer, potato salad and anything else that's within reach. It's a day for family fun, frivolity and fireworks and this year it provides a mid-week break from work. If the weather cooperates, it can be a glorious day. It was a glorious day in 1776, when the rubber hit the road, and 56 brave souls put their lives on the line, declaring our freedom from Great Britain.

Following are the first few paragraphs of the Declaration of Independence. As you read them, see if you don't think there are curious truths meaningful to today:

"When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with one another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions

of mankind requires that they should declare the causes which impel them to the separation.

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, that whenever any Form of Government becomes destructive to these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness.

"Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object,

evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security."

These words were written at the time the Colonies had had enough of British rule.

The Revolutionary War was a year old, British rule of the Colonies had been

overthrown by the Patriots, and the Colonies indicated the desire to form the United States. Early in the freedom effort, since there was no unified army or navy to defend the Colonies, the war was waged by local militias that were not well organized, not well armed, not well trained and not willing to go far from home.

In 1775, the Continental congress named General George Washington to head the war effort and lead a small collection of his own troops and coordinate the many militias more or less involved. It was a ragtag bunch at best.

In 1778, France, Spain and the Netherlands entered the war on our side while the Germans joined the British. Indians and blacks fought on both sides. It seems to me that, considering the power structure at the time, this could be considered WWI.

Eventually, the British army surrendered at Yorktown, and in 1783, the Treaty of Paris recognized the sovereignty of the United States. In 1787, the Constitution became the law of the land, and the rest, as they say, is history.

What does all this have to do with today? If it hadn't been for the French and others helping us in our hours of need, we would call London our Capital and pay homage to the Queen. Aren't we giving the Iraqis the same chance we were given in our infancy? Gen. Washington's army was in tatters, supplies were short and we were in big trouble. Others pulled our fat out of the fire and enabled our ultimate victory.

Furthermore, our fight for freedom officially started in 1775. The fighting lasted eight years and ended with the Treaty of Paris in 1783. Four years later, our Constitution was framed. The point? These matters take time to resolve. It's payback time for the U.S.

Finally, is your government doing the job that the Constitution says it should?

Are our borders secure? Is your safety assured? You may want to reread the Declaration.

• HIS & HERS •

Death by Talk Radio: the Amnesty Bill

I've done a lot of talk radio beginning with Chuck Boyles on WBAL in Baltimore in 1968. It's a challenging form of communication. You don't know what's coming, yet you must be ready for it. It is true that talk radio killed the amnesty bill in the Senate, for the second and final time, last week.



Michelle Mead & John Armor
 michiemead@aol.com
 John_Armor@yale.edu

The first surprise of talk radio is how fast it is. Like the internet, it is viral. An idea (an infection) begins at one point, but within 24 hours it is everywhere. The other, equally important surprise is that ideas can come from ordinary people. In all other media except talk radio and the internet, the "leading" ideas are proposed by people in the know, people in suits. Ideas might or might not succeed — consider the iPod as the example du jour — but they come from the suits.

Talking about suits, empty or otherwise, brings us to the U.S. Senate. Not only did the Senate strike a backroom deal on the "illegal immigration" bill, they told the world they'd done such a deal, before they dropped the bill in the hopper. Majority Leader Harry Reid introduced it directly on the floor — no committee hearings, no testimony, no reviews in the press. Just stick it in and tell the whole Senate they must pass it because "the President, and bipartisan Senate leaders support it."

I've dealt with Senators over the years. Most of them become supremely arrogant by the time they are a few years into their second term. There are exceptions, and I respect all of them deeply, but that's the general pattern. And the one thing that arrogant people have greatest difficulty recognizing is their own arrogance.

(To my sainted mother and all the members of my family by blood and marriage I say, yes, I know, I've been guilty of that myself on occasion. "But I got betta," as the Monty Python line says. Can I get back to the story about the Senate, now?)

The arrogance of the Senate was bipartisan and towering. Trent Lott, R-Miss., said that "talk radio was a problem," that needed to be solved. James Inhofe, R-Ok., said he overheard Hillary Clinton, D-NY, and Dianne Feinstein, D-Cal., talking about reinstating the Fairness Doctrine to get control of talk radio. Both Clinton and Feinstein later denied the conversation

had taken place, but their careers demonstrate that neither takes kindly to criticism.

George Voinovich, R-Oh., actually said he felt "intimidated" by citizen reactions engendered by talk radio. Helloooo. Anyone who feels intimidated by groups of citizens should be in a different line of

work than politics.

The misnamed Center for American Progress, run by Bill Clinton's former chief of staff, staffed with Clintonistas and funded by George Soros, among others, issued a report that concluded that talk radio was badly skewed to the right. The report was biased on its facts and in its conclusions. It rejected market demand as an explanation of success in talk radio.

In the last 10 days, I've been invited on the air with about a dozen hosts to discuss the danger to talk radio if the government gets back into the business of telling them the content they can broadcast. I was on as an authority on the first amendment, not talk radio.

To all I said the key to the situation was understood by Thomas Jefferson, two centuries ago. On freedom of the press, he wrote about "the marketplace of ideas." Jefferson recognized that concepts, as well as goods and services, are put out in public, and those which are well-received, prosper. The others do not.

It fascinated me that my one interview with a "liberal" host, on a station in New York City, went along the same lines. I'd expected her to be loaded for bear, and to attack the idea that talk radio is, and should be, market-driven. To my surprise, that is exactly what she and her listeners thought.

There is a real, but not immediate, risk to talk radio. If someone is elected president who thinks talk radio should be controlled, that president can appoint a majority on the Federal Communications Commission. The FCC can, with the stroke of a pen, reinstall the Fairness Doctrine to replace the Free Speech Doctrine. And if so, only the Supreme Court can likely save talk radio from being told what to broadcast. But those are stories for another day.

• About the Author: John Armor practiced in the US Supreme Court for 33 years. John_Armor@aya.yale.edu He lives in the 11th District of North Carolina.

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... SALES TAX continued from page 1
 tax, which applies to telecommunications service, ancillary service, video programming, and spirituous liquor other than mixed beverages, is the State's general rate plus the sum of the rates of local tax authorized for every county in the State. Since the additional 0.25% has been temporarily extended, the combined general rate will remain at 6.75% in all counties, including Mecklenburg County, until August 1, 2007.

The legislation providing for the one-month extension contains a provision that a retailer who has made a good faith effort to comply with the law and collect the prop-

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... OUTLOOK continued from page 1

bonds or loans to pay for capital expenditures," said Commissioner Herb James at the June 27 Town Board meeting.

Big capital projects on the horizon are sewer extension projects for the Harris Lake Drainage Basin for \$1.425 million; the East Shore/Lake Sequoyah for \$1.04 million; the Mirror Lake Drainage Basin for \$1.8 million and the Big Creek Drainage Basin for \$1.7 million.

"Because of the granite, extending sewer and water here is three times more than in the valleys," said Commissioner Amy Patterson. "It just wouldn't be reasonable to ask citizens to shoulder those costs."

Highlands makes money re-selling the electricity it buys from Duke Power to its citizens. For 2007-2008 the Electric Fund budget is set at \$3.4 million.

The sewer extension projects were identified in the fiscal year 2005-2006 and money has been set aside each year in anticipation of a start date.

The first project will be the Harris Lake Drainage Basin which will extend sewer service to about 100 homes in the Harris Lake, Sunset Hills and Satulah Mountain areas. This will eliminate suspected leaking and inadequate septic systems and improve water quality.


Other capital expenditures in the budget year are additional salaries set for a Planning & Development Director and a Planning & Development Code Official; \$153,000 escrowed in the Town Hall Capital Reserve Fund; \$30,000 for a small vehicle for the Planning Department; \$85,000 for two police cars and another salaried position at the Police Department; \$510,000 for a street sweeper in the Street Department; \$200,000 for additional paving and sidewalks; \$180,000 for two trucks in the Electric Department; and \$100,000 for correcting pole attachments.

Happily, there won't be an increase this year in any towns rates – sewer, solid waste, electric or water enterprise funds.

Those funds are expected to operate in a manner similar to private business enterprises where the cost of providing services is financed or recovered primarily through user charges. The sanitation department in the general fund, though not technically an Enterprise Fund, has been expected to operate in a similar manner with the exception of capital expenses. That's the case in the water/sewer funds, too; when it comes to capital improvements, money is set aside years in advance.

The town's fund balances are higher than the Dept. of State Treasurer's recommendation of 8% to meet short-term cash flow needs especially due to storm emergencies.

The Fund Balance in the general fund is 35%; 18% for the water fund; 58% for the sewer fund; and 75% for the electric fund.



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• COOKING ON THE PLATEAU •

Keep it simple and have fun

Seasonal celebrations provide a perfect opportunity to entertain at home. Just remember, the key to a successful and stress-free soiree is to keep it simple and think "side dishes."

Side dishes are a great way to show your versatility and shine in the kitchen. Prepare a meal with a simple roast or store-bought entrée, such as a glazed ham or roasted turkey, and you've got a terrific spread that will keep your guests coming back for more.

Broccoli 'n' Cheese Casserole is an easy and delicious spin on a plain broccoli side dish. Plus, it's a great way to get your younger guests to eat their veggies.

For a dish that is simple, but full of flavor, try Broth Simmered Rice. Prepared with Swanson Broth instead of water, it is easy to customize to complement any main course. For a tasty twist, make it "Florentine" by adding Italian seasoning, spinach and Parmesan cheese.

Three-Cheese Pasta Bake is a creamy pasta dish that is sure to satisfy. Made with Campbell's Cream of Mushroom soup, this crowd-pleaser has only six ingredients and can be ready in just 25 minutes.

For more festive and flavorful recipes, please visit www.campbellskitchen.com and www.swansonbroth.com.

Casual Entertaining Tips:

• To make your next weeknight dinner extra special, set the table with matching linens and provide a place card at each diner's seat.

• Music is an easy way to set the tone for a gathering. Once you choose a theme, select a few favorite compact discs to play throughout the evening.

• Choose dishes that can be prepared ahead of time. That way, when guests arrive you can spend more time socializing and less time in the kitchen.

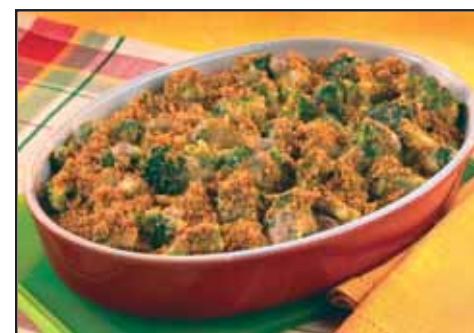
Broccoli 'n' Cheese Casserole

Prep: 5 minutes
Bake: 30 minutes
Makes: 6 serving

1 10 3/4-ounce can Campbell's Condensed Cream of Mushroom Soup (Regular, 98% Fat Free or 25% Less Sodium)

1/2 cup milk
2 teaspoons yellow mustard
1 16-ounce bag frozen broccoli florets, thawed (about 4 cups)
1 cup shredded Cheddar cheese (4 ounces)

1/2 cup dry bread crumbs
2 teaspoons butter, melted
1. Stir soup, milk, mustard, broccoli and cheese in 1 1/2-quart casserole.
2. Mix bread crumbs and butter in small bowl; sprinkle over broccoli



Broccoli 'n' Cheese Casserole

mixture.

3. Bake at 350° F 30 minutes or until hot and bubbly.

3-Cheese Pasta Bake

Prep: 15 minutes / Bake: 20 minutes
Makes: 4 servings

1 10 3/4-ounce can Campbell's Condensed Cream of Mushroom Soup (Regular, 98% Fat Free or 25% Less Sodium)

1 8-ounce package shredded two-cheese blend
1/3 cup grated Parmesan cheese
1 cup milk
1/4 teaspoon ground black pepper
3 cups corkscrew-shaped pasta (rotini), cooked and drained

1. Stir soup, cheeses, milk and black pepper in 1 1/2-quart casserole. Stir in pasta.

2. Bake at 400° F 20 minutes or until hot.



3-Cheese Pasta Bake

Easy Substitution: Use 2 cups of your favorite shredded cheese for the 8-ounce package.

Potts family memorialized during 'Walk'



At the Highlands Historical Society's annual "Walk in the Park" patrons learned about the inhabitants of the Prince House at the Historical Village on U.S. 64 east. The part of Mattie Ammons Potts, wife of William T. Potts -- the ancestor of the Potts in Highlands today, was played by Helen Regnery. She told how William moved his family from the Cullasaja community in Franklin to Highlands where the Potts' have lived ever since perpetuating "Billy" Potts' legacy as business and landowner. "Billy" and Mattie lived in the Prince House twice.



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• THE VIDEO GUY •

American Dreamz

The 2006 PG13 comedy satire, starring Hugh Grant (Music and Lyrics, Bridget Jones Diaries) Dennis Quaid (Yours, Mine, and Ours) and Mandy Moore (Because I said So), and directed by Paul Weitz (About a Boy, American Pie).

The Storyline: Well, part of the story is a bit of stretch, it involves a distant and absent government, more interested in 30-second televised sound bites than in statements of any substance, an electorate that doesn't really follow the news, and a population that is more obsessed with televised "talent" competitions than, well life itself.

So if you can suspend your disbelief for a moment, the rest of the story works fairly well. American Dreamz is the country's most popular television show, featuring no-talent, TV obsessed, star wannabes, who are not only willing, but eager to



Stuart of The Movie Stop

humiliate themselves in front of the world's viewing audience. Hosted by self-aggrandizing, self-loathing Martin Tweed (Hugh Grant), the show works to make instant stars of the contestants and the judges, and he gathers a cast of hopefuls. In an effort to boost sagging pole numbers, Chief of Staff (Willem Dafoe) wants to put the President

(Dennis Quaid) on as a guest judge. Add a broken heart or two, some media manipulation, and a singing and dancing terrorist (this is far and away the best singing and dancing terrorist movie of the decade), and, Hey Kids, Let's Put on a Show!

OK, we are not talking about a lot of intellectual depth here, the characters are purposely quite stupid, but the story is rather clever. On different levels, it is funny and silly, satirical, and quite dark. Grant does as good a job as the creepy guy as he does in his more frequent role as the slightly ruffled cute guy, and Dennis Quaid does his customary deadpan delivery, and it works well for this role. The comedy is good, the satire is better, and while it is somewhat directed towards George Bush and Karl Rove, the real target appears to be a Television-obsessed public.

More by Hugh Grant worth seeing are The Englishman Who Went Up a Hill But Came Down a Mountain, Love Actually, and Four Weddings and a Funeral. More films about media cult frenzy are Roller ball, UHF, Wag the Dog, and a genuine 1960s classic, The Presidents Analyst. Stop on by and give them a look.

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REFLECTIONS FROM TURTLE POND

Ubuntu

Lately I have been seeing a Southern African word: *ubuntu*.

I read about it in this Desmond Tutu quote:

"*Ubuntu* is the essence of being human. We say a person is a person through other persons. You can't be human in isolation. You are human only in

relationships... We are interconnected... No human being is totally self-sufficient. In fact, a self-sufficient human being is subhuman."

Then in a book I read to try and understand how South Africa survived the transition from apartheid without a major civil war I found this passage:

"Africans are not a vengeful people; the guiding principle of their traditional culture is *ubuntu*, a concept only roughly translatable into English, but one that embodies charity, forgiveness, generosity, and an essential humanity. Archbishop Desmond Tutu, a great proponent of *ubuntu*, once explained it to me like this: 'We say that a human being is a human being because he belongs to a community. So *ubuntu* actually demands that you forgive, because resentment and anger and desire for revenge undermine harmony. In our understanding, when someone doesn't forgive, we say that person does not have *ubuntu*. That is to say, he is not really human.'

I went to the bank this week and was in line at the drive-through, but there were two cars in front of me and the person at the window seemed to be in the middle of a troublesome transaction. So I decided to go inside the bank, and there had a wonderful interaction with one of the tellers.

As I left, feeling good, I realized that if I had gone to the drive-through I would have completely missed that human interaction. At the drive-through, even if you are at the lane closest to the teller, there is still a wall of glass between you.

All of a sudden I started to see the ways modern life is cutting us off from each other. Go to a large supermarket and check yourself out. Go to the gas station and pay at the pump. And what was I doing at the bank window anyway, when there are ATMs and online banking?

Cars allow us to zip around town alone in our own private conveyance, and television gives us our own private entertainment.

The internet has made it possible to have relationships without ever seeing another face (although I am not saying the internet is all bad for human relationships — it makes possible a



Katie Brugger
k-brugger@hotmail.com

uniquely modern form of relationship, such as allowing people of like interests to find each other across geographical distance).

In *Bowling Alone*, author Robert Putnam documents the decline in Americans' involvement in social organizations, such as bowling leagues. I haven't read his book, but from what I have read online he

seems to be focused on civic participation; his argument is that lack of participation in social activities lessens people's political activity in their community, which is dangerous for democracy.

I'm sure Putnam is right that there is a decline in civic participation, but I think there is a deeper problem. Someone I know once said "Health is a function of participation." I think the reason 10% of adult women in the United States are on anti-depressants (and 4% of the men) could be directly linked to this increasing isolation of each of us from one another.

For tens of thousands of years humans lived in tribes or clans that were large extended families. Life was lived communally. We worked together and we partied together. We would sing and dance and this would bind us as a group.

At the holiday season I feel like I see the remnants of this pulling at people's memories. People love to gather and sing the traditional Christmas songs. Last Fourth of July the Presbyterian Church held a patriotic songfest and the church was packed. Again I felt the hunger for that communal experience we have almost lost.

Research has shown that people who go to church regularly and people who are married live longer lives. I am sure that spirituality and love factor into the increased longevity, but I also believe that in both cases there are health benefits that can be attributed to social interaction. Loneliness kills.

Psychologists have a term "social connectedness" to measure how isolated or connected people are. Studies of highly socially connected people have found that in addition to living longer, they are less likely to be depressed, are less susceptible to infectious disease and are less likely to suffer severe cognitive decline with aging than are those who are more socially isolated.

I film a lot of events for my TV show, *Heart of the High Country*, and I am constantly amazed at how few people come to many of these often wonderful

•See BRUGGER page 27

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... MULLEN continued from page 2

Street area. A rush to judgement at this point would be polarizing for the community and counterproductive for future development.

However, with all that said, this will not prevent us from utilizing the space for activities on the site that now exists. Pine Street can be blocked off temporarily at any time to encourage local activities which can handle up to 2,000 people. We are already having much interest in the use of this greenspace for all kinds of fun and exciting events. Cashiers has done a far better job than Highlands in not only preserving green space but creating areas which lend to outdoor activities. We must do the same. So stay tuned for an exciting future for that area.

At the meeting of the appointed Affordable Housing Task Force this past week we discussed much of the misunderstanding in the community with what we are attempting to accomplish. Early on we have perceived

an image problem. Let me just say there is no attempt to build any kind of inferior or unsightly buildings for the purpose of housing people who cannot own their own living spaces. It is hard to believe that some people would resist living near housing which will blend in quite well with surrounding buildings and be an asset to the community.

The buildings we are considering will be for permanent working people who can own their own homes. Thus we have changed the name of the task force to the "Privately Owned Workforce Residents" (POWR) task force. POWR will enable people such as teachers, nurses, town employees, policeman and other permanent working people to have a choice to own their own homes on the Highlands plateau. To be a diverse and healthy community we desperately need this and I hope the citizens on the plateau will begin to work with us to that end.

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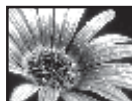
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• HOME & HEARTH ON THE PLATEAU •

You Can Have a Golf Course-Quality Backyard

Golf Legend Jack Nicklaus' Golf Course Superintendent and Lawn-Boy Offer Four Steps to a Great Lawn

For millions of homeowners, turning a backyard into a golf course-quality green space is a springtime dream that seems just out of reach. The good news? Thanks to a new generation of easy-to-operate mowing equipment, a lush, manicured lawn is within most people's grasp. According to turf expert Paul B. Latshaw, using the right tools and techniques will help ensure that your lawn stays golf course vibrant all year long.

"Turning your attention to the turf in early spring makes all the difference," says Latshaw, who has led the golf course turf preparations for three PGA events, including the 2004 through 2006 Memorial Tournaments at Muirfield Village Golf Club, Jack Nicklaus' home course. "A little work now will really pay off throughout the season," he says. Latshaw teamed with the lawn care experts at Lawn-Boy to offer these tips to help turn your backyard into a space that will have your neighbors turning green with envy:

- Get your equipment into shape. Golf course maintenance crews rely on their equipment to be in tip-top shape, and homeowners should expect the same type of performance. After sitting unused for several months, your mower will probably need a little TLC. Spring is the perfect time to check and change the oil, air filter and spark plugs. Also, be sure to check to see if your blade needs sharpening or replacing. If you're not up to the task, or simply don't have time, contact your local dealer to schedule a spring tune-up.

- Use the right mower. If your mower didn't perform up to your expectations last year, it may be time to invest in some new equipment. Today, higher-end models combine professional-level effectiveness with lots of user-friendly features, including easier starting. When designing its new line of mowers, Lawn-Boy interviewed hundreds of homeowners and used their feedback to come up with innovative features like an easy-to-adjust handle height, a bag you can remove with just one hand, and a self-propel system that automatically senses and adjusts to your walking speed up to five miles per hour.

- Water. Water is one of the most vital elements for a healthy lawn. But, contrary to popular belief, watering at night is not the best option. The best time to water is in the early morning so the grass can benefit from its a.m. drink throughout the day.

- Aerate. Golf courses aerate regularly to relieve compaction. Most home lawns can benefit from this procedure as well. Mature lawns can often become compacted, reducing the ability of critical nutrients to reach grass roots. Aerating helps loosen the soil, letting water, air and fertilizer make it down to the grass plant's roots. Manual tools work well for small yards or trouble spots. If you've got a large yard, consider renting a power aerator with a group of your neighbors.

In no time, you'll be well on your way to cultivating a lush, vibrant backyard even the most demanding turf expert will admire.



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Hospital's 'Healthy Living Fair' to promote wellness

You can learn how to live better, look better, and feel better — and it's all completely free.

On Saturday, July 14, Highlands-Cashiers Hospital is again hosting a Healthy Living Fair, featuring lectures by area physicians, fitness demonstrations, cosmetic makeovers, and health information displays from 17 different exhibitors from around the area.

It all takes place on the first floor of the Jane Woodruff Clinic, on the campus of Highlands-Cashiers Hospital, beginning at 8:30 a.m. The fair will last until 1 p.m. There is no admission charge and there is nothing to buy.

In addition to four lectures by area physicians and a host of demonstrations, there will be samples of healthy and hormone-free foods, as well as free samples of many beauty and skin care products, door prizes, and raffles for free massages, a free skin laser treatment, and other valuable

items. Participants can receive a free 10-minute massage, have their body composition measured, be pre-screened for osteoporosis, and take an on-line health survey to assist their risk for heart disease, stroke, and several common types of cancer.

Activities kick off at 8:30 a.m. with healthy breakfast items and beverages. The lectures series gets under way at 9 a.m. when local family physician Patti Wheeler will speak on breast cancer prevention in Suite 103. At the same time, certified instructor Sandie Trevathan will give a Pilates demonstration in the Level 1 fitness studio. Certified yoga instructor will follow at 9:30 with a demonstration of Hatha yoga.

The staff of the Medi-Spa at the Center for Plastic Surgery in Highlands will give a demonstration on peels and other facial rejuvenation techniques at 9:45 a.m. At 10 a.m., local cardiologist Carl Curtiss, MD, FACC, will speak on ways to lower your risk of coronary artery disease in Suite 103.

Also at 10 a.m., those who want to pick up some tasty recipes for healthy smoothies can join HealthTracks staff member Jeanette Fisher, BS-CPT, in suite 102 for some blender magic. Another yoga demo with Rebecca Landis is planned at 10:30 a.m. in the fitness studio.

At 11 a.m. local internist Debra Wagner, MD, will present a talk entitled "Food for Thought: Diet and Dementia?" in Suite 103, and Jeanette Fisher will give a demonstration of toning exercises in the fitness studio. Local plastic and cosmetic surgeon Robert Buchanan, MD will speak at noon in Suite 103 on strategies to slow the aging process.

In addition to scheduled lectures and events, a number of other demonstrations will be going on throughout the morning. Healing Touch massage at Highlands-Cashiers Hospital will be holding an open house and providing free 10-minute massages. And The Center for Plastic Surgery staff will be doing makeovers at their booth in the main lobby. The Haywood Regional Osteoporosis Program will be offering ankle ultrasound scans to assess those who may be at early risk for bone loss. Fair participants can also tour the mobile bone density scanning unit. There will also be plenty of advice and information on prevention as well.

Fair participants will also have an opportunity throughout the morning to take a computerized health quiz utilizing the Harvard School of Public Health's website at www.yourdiseaserisk.com. Dr. Curtiss and the staff from the Mountain Heart Center will be on hand to answer questions.

And if your golf swing is losing its zip, Kelly Childs, PGA golf pro at the County Club of Sapphire Valley will be providing

• See HEALTH FAIR page 19

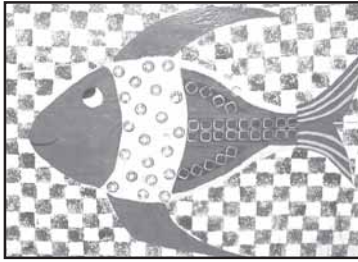
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Scheduled Lectures, Talks, and Demonstrations

Topic:	Time:
<i>Presenter/ Speaker:</i>	<i>Location:</i>
Breast Cancer Prevention <i>Patti Wheeler, MD</i>	9:00 AM <i>Suite 103</i>
Introduction to Pilates <i>Sandie Trevathan</i>	9:00 AM <i>Level 1 Fitness Studio</i>
Yoga Demonstration <i>Rebecca Landis</i>	9:30 AM <i>Level 1 Fitness Studio</i>
Facial Rejuvenation Demo <i>Center for Plastic Surgery</i>	9:45 AM <i>Suite 101</i>
Lowering Risk for Coronary Disease <i>Carl Curtiss, MD, FACC</i>	10:00 AM <i>Suite 103</i>
Making Healthy Smoothies <i>Jeanette Fisher, BS-CPT</i>	10:00 AM <i>Suite 102</i>
Yoga Demonstration <i>Rebecca Landis</i>	10:30 AM <i>Level 1 Fitness Studio</i>
Food For Thought <i>Debra Wagner, MD</i>	11:00 AM <i>Suite 103</i>
Toning Exercises Demo <i>Jeanette Fisher, BS-CPT</i>	11:00 AM <i>Fitness Studio</i>
Anti-Aging Strategies <i>Robert T. Buchanan, MD</i>	12 Noon <i>Suite 103</i>

On-going Demonstrations

Free make-overs by The Medi-Spa at the Center for Plastic Surgery, osteoporosis screening by the Haywood Regional Osteoporosis Prevention Program, 10-minute massages by Healing Touch, body composition evaluation by HealthTracks, on-line heart risk evaluations by The Mountain Heart Center, tips from a pro on improving your golf swing.

Displays & Exhibits

The Center for Plastic Surgery, Highlands Whole Life Market, Highlands Dermatology, Wagner Medical Assoc., HealthTracks, Haywood Regional Osteoporosis Prevention Program, American Cancer Society, American Diabetes Assoc., Nantahala Hiking Club, Highlands Roadrunners Club, Merck & Co. pharmaceuticals, Healthy PathWeighs, HCH Smoking Cessation, Medication Cards, Guiltless Gourmet, and Nordic Naturals,

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• GARDENING ON THE PLATEAU •

“Knock” yourself out!

By Carla Gates

Every flower has a hidden meaning and roses are no exception. The red rose is the universal symbol of love but not all who try to grow a rose bush can say they love them! Ranging in color, size and variety, the rose is a must have for every garden. For some the appeal of roses has faded due to disease and high maintenance. Now when someone tells us that roses are hard to grow or need too much care we tell them we have the rose that will “knock their socks off!”



Introduced in 2000, the Knockout Rose (Rosa x 'Radrazz') has been called the perfect landscape shrub and hailed a “breakthrough shrub rose” by the All-American Rose Selections. It was one of three roses to win the prestigious AARS award for outstanding gardening performance in 2000.

Virtually disease free, Knockout has proven to be almost resistant to black spot, powdery mildew and insects, including aphids. It is cold hardy to a zone 4 and is very heat and drought tolerant once established. Planting the rose in an area where they will receive good air movement and full sunlight will be best. Make sure to use a soil

conditioner when planting in well drained soil and keep the soil surface covered with at least three inches of organic material year-round.

With clusters of single, three-inch in diameter cherry-red or pink blossoms, this rose shrub will bloom all summer and fill your garden with a light tea rose fragrance. Perfect for a low hedge or just for accenting, this shrub is a fast grower to 3 to 4 feet tall and as wide.

In 2006 there were two new members introduced to the Knockout family. Winner of the 2007 AARS rose of the year, the Rainbow

Knockout (Rosa x 'Radcor') more floriferous and disease-resistant than its parent, has single deep coral-pink blossoms with yellow centers. More compact and longer blooming than the original knockout makes this one great for cut flowers, too.

Also making its debut, the Double Knockout Rose (Rosa x 'Radtko') combines the disease resistant features of Knockout with an abundance of double candy-apple red blossoms with a slight spicy scent. Requiring no deadheading and self cleaning this family of roses is by far the hottest thing to ever hit the rose world! This is a no-brainer that is sure to “Knock” you out



• BUSINESS NEWS •

Author signings at Cyrano's Bookshop on July 6 and July 7

Local author Frank Foster will sign copies of his new novel "Boca Moon" from 5-7 p.m. on Friday evening, July 6. Charles Martin will sign copies of his new book "Chasing Fireflies" from 1-3 p.m. Saturday afternoon, July 7.

If you enjoy Florida mysteries like those penned by Randy Wayne White, you'll want to read "Boca Moon."

Mr. Foster's first novel is set amidst the near-tropical inlets around the tony island resort of Boca Grande in southwest Florida. The local flora and fauna include banyans and frangipani, egrets and alligators — not to mention the rich people who call the island home. (The place really exists and is a favorite of the Bush family, among others.)

Lynn Woo is the heroine of "Boca Moon;" she is a former navy diver, intelligence officer and restaurant owner who operates a nature-tour company. But when she investigates the grisly murder of an admiral's son-in-law Woo is herself threatened by a dangerous web of deceit and greed; luckily for her, deputy sheriff Tuck Kershaw has her back.

Mr. Foster's chapters are short and gripping, and drive his thriller from the first page to its very surprising conclusion. And some famous writers agree: "Forrest Gump" author Winston Groom writes that "Frank Foster has fashioned a gripping novel of suspense in a wonderfully exotic setting. Buy it now and enjoy yourself."

The award-winning mystery writer Stuart Kaminsky says: "Look out. There's a new name in mystery fiction, Frank Foster, who knows the waters of Florida and dark caves of the human mind. May there be other books in the wake of this one. I'll surely read them." Kaminsky and Mr. Foster's other fans can relax — he is already working on further novels in his "Boca" series. Frank and his wife Patti live in Cashiers and Lakeland, Florida, where he is a well known businessman and investor. Refreshments will be served during the signing on Friday evening.

• • •

Charles Martin's has been described as an author of "God-haunted Southern literature". In his fifth novel, "Chasing Fireflies," paramedics find a malnourished 6-year-old boy near a burning car that holds a dead woman, they wonder who he is — and why he won't talk. Chase, a journalist in Brunswick, Georgia, is assigned to cover the story and investigate the boy's identity. But will his search unearth long-buried

emotions about his own history? Publisher's Weekly praised the book, saying "Martin's prose is lovely....[and] his characters and their issues are enough to keep the pages turning." Among Mr. Martin's other novels are "The Dead Don't Dance" and "When Crickets Cry," which was Southern Living's April 2006 "read of the month." The magazine cited its ability "to deliver a poetic love story, a heart-pounding medical thriller, and a spiritual epiphany, all while smoothly introducing charming characters and twists that keep the pages turning." Also a former businessman, Mr. Martin is a graduate of FSU and Regent University; he and his family live in Jacksonville, Fla. Please come meet Charles Martin from 1-3 p.m. on Saturday.

Cyrano's Bookshop is located at 390 Main Street in Highlands, North Carolina. Books can be reserved for autographing by calling (828) 526-5488 or sending an e-mail to cyranos@nctv.com; to learn more about our store please visit www.cyranosbooks.com.

... HEALTH FAIR continued from page 16

tips and offering suggestions all morning long.

A wealth of information, samples and expertise will be also available at exhibits and displays from The Medi-Spa at the Center for Plastic Surgery, Highlands Whole Life Supply, Highlands Dermatology, Health-Tracks, Healthy PathWeighs, the Nantahala Hiking Club, the Highlands Roadrunners Club, Wagner Medical Associates, the American Cancer Society, The American diabetes Association, Merck & Co. pharmaceuticals, and the smoking cessation program at Highlands-Cashiers Hospital. Most of the booths will have someone on hand to answer questions.

A variety of door prizes will be given away, including spa baskets and other items. Drawings will be held for several gift certificates for massages and a laser skin treatment provided by Highlands Dermatology (a \$300 value).

A full schedule of events, including times and room locations, can be found on the hospital's website at www.hchospital.org.

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The invasion of cancer

By Sally Hansen
Reporter

With the 2007 Mountaintop Relay for Life coming up in August, cancer is on everyone's minds. In a retirement community like Highlands, everyone seems to know someone with cancer. But it's important to remember that it's very normal for the incidence of cancer to be slightly higher in a second-home, retirement community than in the general population simply because of the increased number of elderly people.

According to the Mayo Clinic, the incidence of cancer increases with age. This doesn't mean that older people are less-healthy; it simply takes into account the exposure and damage that can occur during a lifetime that doesn't show up until middle-age and beyond. The fact that someone makes it to retirement age does in a way predispose him or her to developing cancer based solely on the aging processes bodies go through over a lifetime.

Highlands is the highest incorporated town in the eastern United States, and according to the Mayo Clinic, living at higher altitudes exposes people to greater amounts of radiation because sunlight is more intense at higher elevations. Ultraviolet (UV) radiation increases by four to five percent for every 1,000 feet above sea level. Highlands' altitude of over 4,100 feet means at least 16% to 20% more UV radiation exposure than people living at sea level. This percentage is even higher where the mountains are higher than Highlands.

The presence of a pigment called melanin in the skin offers some protection from radiation from the sun, but people with light skin, red or light-colored hair, and freckles have less protection from UV radiation. This makes light-skinned people more likely to develop melanoma and other types of skin cancer.

However, the radiation people are exposed to in their everyday lives doesn't only come from the sun. Natural radiation can be produced by substances in the soil and the earth, from gases in the air and even in people's bodies. Man-made radiation originates from medical and dental x-rays, televisions, smoke detectors, nuclear energy, weapons fallout, tobacco smoke, and many other sources.

Talk about the dangers of radon buildup in basements hit the news some years ago. Radon gas which comes from the earth can get "stuck" in a basement because it has no way of escaping from tightly-sealed homes.

According to the Environmental Protection Agency, radon gas particles that are inhaled can damage lung tissue and lead to lung cancer. For smokers who are exposed to radon gas, the risk of developing lung cancer greatly increases.

• See CANCER page 39

Mountain Top Relay For Life

August 24, 2007

Highlands Recreation Park

"Imagine... There is no cancer."

The RBC Centura branch in Highlands at 225 Franklin Rd is holding several different fundraisers in its lobby.

- Used book and video sale all summer up until the Relay Event, Aug. 24

- Raffle for various prizes donated by local merchants: Farmer's Market - \$50 in gas; Highlands Car Spa - \$30 gift certificate; Bryant Art Glass - 8 piece salad & dessert plate set; Highlander Newspaper - 1 year subscription; The Toy Store - \$100 gift certificate; Furniture South - decorative box; Xtreme Threads - merchandise; Wholesale Down Comforters - full/queen Duvet

Tickets for the Raffle are \$1 each or 6 for \$5, prize drawings to be held the Monday after Relay event

- Relay bracelets, and "Suns" can be purchased in our lobby for \$1 & \$2 all summer also

The items will also be available at the event.

Fundraising Ideas

- Food: Bake Sale, Spaghetti Night, Low Country Boil, Wine Tasting, Cold Turkey Sandwiches

- Dress down days
- Challenge: another team to raise more than you; a like organization to start a team; get your boss, minister, or principal to do something silly if you raise a certain amount

- Online fundraising
- Quilts: Make a quilt out of Relay t-shirts and auction it off at the relay.

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Please mail or give checks and completed forms to: American Cancer Society, PO Box 916, Highlands, NC 28741

For more info please call Buck Trott at 526-4645 or Curt Crowhurst at 866-227-7798

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- 2 Relay For Life Track Side Sign
- Recognition at Awards Ceremony, Relay Program, and media releases

- 6 Event T-Shirts
- Company sponsor plaque

GOLD SPONSOR - \$2,500

- Medium Corporate Logo displayed on event t-shirts

- Relay For Life Track Side Sign
- Recognition at Awards Ceremony, Relay Program, and media releases

- 4 Event T-Shirts
- Company sponsor plaque

SILVER SPONSOR - \$1,000

- Small corporate logo on event t-shirts
- Relay For Life Track Side Sign
- Recognition at Awards Ceremony & Relay Program

2 Event T-Shirts

BRONZE SPONSOR - \$500

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- Recognition in Relay Program

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MIRROR LAKE AREA. 3 bedroom, 2 bath home is ready for occupancy after an extensive remodel in 2005. Enjoy the sunset or entertaining guests from the new back porch. Upgrades include wood floors, granite countertops, front and back porches and new roof. The home includes a stone fireplace, 1 car garage and laundry room. Offered at \$439,000. mls #55673



COMMERCIAL & CHARMING - This is a great location with high visibility, historic roots, custom woodwork, and living quarters above. Operating as a retail shop with almost a half acre, additional storage in the back. Don't miss this opportunity! Offered at \$850,000.



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Horse Cove, Custom Home, 2.0+/- acres, 4 bed, 4 bath, 2 1/2 baths, just under 6,000 sq/ft, grand master suite, family room with stacked stone fireplace, study, large open kitchen with professional grade stainless steel appliances, granite countertops, walk-in temperature controlled wine room with custom wood racking, dining room, laundry, large outside covered porch & deck area. Custom features include wood flooring, zoned heating, 11,000 kw automatic generator, closet organizer systems and much more. \$1,395,000. mls #60672



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MIRROR LAKE AREA - Great value in this 3 bedroom, 2 bath with den located on Wyanoak Drive. Recently renovations feature vaulted greatroom, original paneling, hardwood floors, stone fireplace, and a new kitchen and baths. Gentle lot with great yard. Designer furnishings and only a short walk to the lake make this a great package. Offered at \$474,500.

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A brief history of the Town Government Block bordered by 4th, Maple, & Oak Streets

By **Ran Shaffner**
Highlands Historical Society

A recent proposal for construction of a town government building in the block between Oak, Maple, and 4th Streets would replace the current town hall, public bathrooms, visitor center, and police department with a two-story duplex separated by a courtyard. When completed, the structure would culminate 130 years of Highlands legal history.

Before 1878 Highlands had used the log Law House, situated about where Helen's Barn is today, for legal, religious, and academic purposes, but in that year the town joined with Franklin to raise \$300 to build a separate "school and church house" on an acre of land donated by Samuel Kelsey along 4th Street, where town hall exists today. Completed in 1879 by Arthur House, builder and owner of Highlands' first saw mill nearby, this building served the town as its first real school for the next forty years. It was here that Professor Thomas Harbison established Highlands Academy, one of the first public graded schools in North Carolina.

In 1883 the western portion of this

block, extending from Highlands School to Maple Street still belonged to Samuel and Katherine Kelsey and C. C. Hutchinson's in-laws Carlos and Clara Sherman. But in August of that year they sold it for one dollar to the Ladies Floral and Industrial Society of Highlands, who created a "permanent" two-acre "Highlands Park," where the Playhouse and fire and police stations exist today. The intent of the Ladies Society was to protect and preserve as well as promote the natural beauty of Highlands as the business district grew. This was also the year that the Highlands Improvement Society was created with a similar purpose: to monitor the town's growth

By 1915 Highlands School had outgrown its forty-year-old building, despite attempts to repair it in 1910-11. The town voted \$6,000 in bonds to build and equip a new schoolhouse, and in 1916, as soon as work was scheduled to begin, the town collected \$200 in taxes to install a four-sided clock tower on its roof, which the Highlands Improvement Society had donated as a gift

Erected high up on the hill behind the

•See HISTORY page 25



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Town Hall, Fire Station, Police Station, built in 1954

original one-story schoolhouse, about where the ABC Store exists today, the new two-story school would dominate the town's skyline for the next thirty years as one of its most familiar features. Its bell, transferred to the tower from the old school, rang out the hours for anyone wishing to know the time of day. Indeed, this is the same bell that rings the time above today's Town Hall, having been returned to its original location to celebrate the arrival of the millennium.

The Town Clock School, or the big brown schoolhouse on Knowledge Hill as it was often called, wasn't completed until 1919, when the town borrowed \$750 from Henry Sloan to match a grant from the County Superintendent and District Trustees to equip the building with electric lights and an auditorium of 400 seats for motion pictures.

In the summer of 1934 work began on a new High School Auditorium, today's Highlands Playhouse. Planned by an Asheville architect, it was contracted to Guy Paul, Sr., who created a wood-shingled building to match the second Highlands School. To this day its acoustics are nearly perfect.

Here were shown Highlands' first silent movies and first talkies. Beginning in 1939 and for the next thirty years, local amateurs performed here for the Highlands Community Theatre. Only in 1973 did professionals take over as the Highlands Playhouse.

In 1951 the town bought two tracts, including the Highlands School property, from the Board of Education, and for the next nine years the old schoolhouse building on the hill served as a community center. Three years later the town was celebrating the realization of a dream it had held but had had to postpone since 1883, when it first tried unsuccessfully to build its own town hall at the corner of 4th and Pine. In 1954 at the site of the first Highlands School on the corner of 4th and Oak, the world-renowned Dr. Upton Ewing

designed a brick structure that would serve as a combination town hall, fire station, and police headquarters. In 1960 the old schoolhouse building was torn down to provide parking for the then-popular community theatre, now the Playhouse.

By the end of 1967 the fire station had moved out of town hall into a new building behind the Community Theatre. Volunteer firemen in town had raised \$1,000 toward its construction during their first barbecue. By 1974 Emergency Medical Technicians were being certified and within three years were offering emergency medical services with a state-approved ambulance. Around 1983 the County constructed a new police station just west of the fire station at the corner of Oak and Maple, and the following year the County moved EMS out of the fire station into shared quarters with the police department.

What exists today in the block surrounded by 4th, Maple, and Oak streets are the Town Hall, ABC Store, Community Playhouse, Fire Station, and Police Department in the EMS building. A second parking lot, besides the ABC Store's lot, stretches along the north portion of the block from Town Hall to the Fire Station and includes the public bathrooms. Until 2005 the Chamber of Commerce functioned in the second story above Town Hall, and the Mountain Garden Club has faithfully tended the shrubs and flowers between the ABC parking lot and Oak Street sidewalk from Town Hall to the Playhouse. In a very real sense this garden is reminiscent of the "permanent" two-acre "Highlands Park" that was intended to promote the natural beauty of Highlands in the business district over 120 years ago by the Ladies Floral and Industrial Society.

• Ran Shaffne is the archivist, for the Highlands Historical Society, Inc.. The Highlands Historical Society's Park is across from Bryant Funeral Home on U.S. 64 east. In the complex is the Prince House and the old Hudson Library. It is open to the public.

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All images taken at Sunset Mountain Estates.

... STEEP SLOPE continued from page 3

Charles Sheehan of Highlands said he supports the legislative effort, too. "Having lived in areas with steep slopes over the years, I have witnessed the horrific consequences of mudslides on poorly designed shoddily constructed buildings."

Wright and others say the threats of steep slope legislature thwarting development are false.

"Every time building in a steep slope or other potentially hazardous area comes to the table, the real estate industry and major developers raise the false threat of 'You're going to stop development,'" said Wright. "We all know this is impossible – as well as false; but the legislators seem to take the fear of being somehow responsible for slowing economic growth over the risk to public safety."

Wright said the proposed steep slope legislation, like the local flood damage prevention ordinance — on the agenda July 16 Macon County Commission meeting — does nothing to prevent or discourage construction in an area of known hazards like landslides and floodplains. Rather, the ordinance requires those who decide to build in an area of a known hazard to build there more safely. "They are written to reduce the likelihood of our

emergency management volunteers and staff having to risk their lives and equipment to rescue someone who knowingly built in a known hazard area," said Wright.

Though the real estate brokers and developer lobbyists are blamed for the steep slope legislature road block, there are some in the business who are for such legislature.

"I am a real estate broker here in Highlands and I was delighted to be copied in on this letter, as I think the issue of responsible and conscientious development is of key importance both to Highlands, as a microcosm of North Carolina, as well as the rest of the country," wrote Eleanor Crowe Young to Senator Snow. "I am an avid supporter of conscientious development, ordinances put into effect to protect the environment, matters of public safety, and consumer advocacy and education. Please know there are real estate professionals in your community who treat these issues with utmost concern and are able to find creative and innovative ways to protect clients, personal value systems, and regard for the greater good."

Though not dead, other legislative issue have been put ahead of the steep slope issue which has been buried for the time being.

The next issue of Highlands' Newspaper will be out at its regular time – Thursday, July 12.

... BRUGGER continued from page 13

events.

Before my husband and I started the TV show I was practically a hermit; I never went anywhere. Now I go so many places people laugh at me, saying they

can't go anywhere without seeing me.

I can personally attest to the positive results of being socially engaged. I am happier and healthier. An African might say I am learning *ubuntu*. I recommend it.

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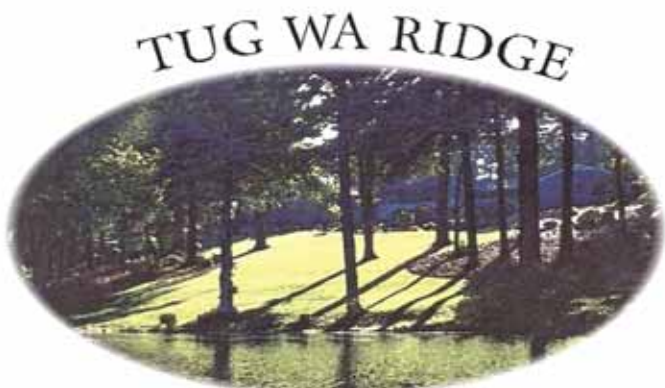
Discriminating diners will take delight in the carefully crafted cuisine that flows from Peregrine at the Cove. Located in the clubhouse, the atmosphere is relaxed and casually

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- Cashiers-Highlands Humane Society
- Highlands Playhouse

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Descendant of town founder visits Highlands



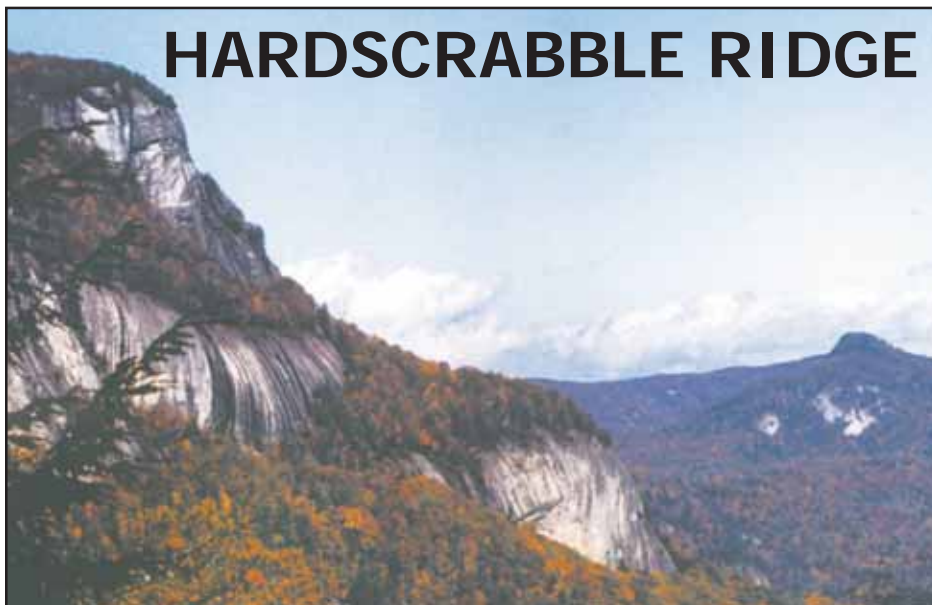
Sky Campbell, great-great-great-great-granddaughter of Highlands' co-founder Samuel Kelsey, surveys her ancestor's creation from the chimney that remains of his home, during a recent visit to Highlands from her home in Durham, CA. What she particularly appreciates about Kelsey is the unassuming way in which he established and promoted towns for the benefit of others to the exclusion of himself. She regards him as a developer who valued beauty and quality of life above any profit he might have gained personally.

Sky Campbell in Kelsey's chimney behind the Falls-on-Main, the site of Kelsey's home here in Highlands.

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FEDERAL POLITICS

A week in review

By Heath Shuler

U.S. Representative Heath Shuler, NC-11

Last week the House of Representatives continued working on the Appropriations bills for Fiscal Year 2008. The two bills on the floor last week were the Interior and Environment Appropriations, H.R. 2643, and the Financial Services Appropriations, H.R. 2829.

The Interior and Environment Appropriations bill will provide \$233 million for Payments In Lieu of Taxes, or PILT funding - 22% more than the Administration requested. This PILT funding is used to compensate local governments for lost property tax revenue due to federal land holdings. These PILT payments are vital to many of our counties in the 11th District. For example, our communities use PILT payments in our schools for everything from teacher salaries to heating oil to cleaning supplies. I was proud to ensure that this very important funding was included for our communities in the Interior and Environment Appropriations bill.

I also believe that as the leaders of our nation, Congress has a moral obligation to protect our environment and natural resources for future generations. This bill does that by providing crucial funding for National Parks maintenance needs, clean water, and to address the growing threat of global warming.

The Interior and Environment Appropriations bill includes new resources and support for environmental and conservation programs including:

- Funding for the Clean Water State Revolving Fund, which supports projects that improve drinking water quality in communities across America
- Sewer and Water Grants to support the construction and improvement of water systems in local communities
- New resources for the Superfund hazardous waste clean-up program.
- Boosts federal investment in climate change research at Environmental Protection Agency (EPA) and the Interior Department by 53%

The National Park Service was also appropriated \$2.5 billion, a 10% increase in funding over previous levels. \$2 billion of this funding is to be used for operations and maintenance.

For years our National Parks have had to deal with severe underfunding, which has led to tremendous maintenance backlog. This appropriations bill begins to reverse that course so that future generations will be able to enjoy the full natural beauty and wonder of these lands. This bill also will protect the health of our National Parks and Forests by improving wildlife and vegetation management and strongly investing in wildfire suppression.

The Interior and Environment Appropriations Bill passed the House with strong bipartisan support, 272-155.

The second appropriations bill the House considered last week, the Financial Services Appropriations, also passed with bipartisan support.

This appropriations bill contained important funding for national security measures and strong support for our war on drugs. The House increased funding for the Office of Terrorism and Financial Intelligence by \$13 million over last years funding levels. This additional funding will be used for intelligence analysts tracking terrorist financing, personnel for economic sanctions efforts against terrorist networks, and policy advisors to work with foreign governments to combat terrorist financing.

• See POLITICS page 31

PLACES OF WORSHIP

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School - 10 a.m., Worship - 11
Sunday night services every 2nd & 4th Sunday at 7
Wednesdays: Mid-week prayer meeting - 7 p.m.

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Tuesday: Women's weekly Bible study at 2 p.m.
Wednesday: Men's Bible study at 8 a.m.
at First Baptist Church

Pot Luck Lunch last Sunday of each month.

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Prayer - 6:30 p.m.

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Wednesdays: 5:15 p.m. Students' Dinner
(free for kids in 8th grade and younger);
5:30 p.m. Supper; 5:45 p.m. - 7:15 pm Small Groups
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10:30 A.M. Holy Eucharist (Rite II)
Sunday Service on Channel 14 at 10:30 A.M.

Monday: 4 P.M. Women's Cursillo Group
Tuesday: 8 A.M. Men's Cursillo Group
4:30 P.M. Education for Ministry
Wednesday: 6:30 P.M. Choir Practice
Thursday: 10 A.M. Holy Eucharist (Chapel)
10:30 A.M. Daughters of the King

• Sunday Service on Channel 14 Sun. at 10:30 a.m.

FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977
Sun. Worship 8:30 & 10:45 a.m.; 6: p.m.
(nursery provided)
Sun. school for all ages 9:45 a.m.
Wed: dinner 5 p.m. followed by childrens
Pioneer Club 6 p.m.; Junior & Senior Youth Group 6:30
p.m.;
Adult Bible Study & Prayer Meeting 7 p.m.

Small groups available throughout the week.

FIRST BAPTIST CHURCH

Dr. Daniel D. Robinson, 526-4153
Sun.: Worship - 8:15 a.m., 10:45 a.m., 6:30 p.m.;
School - 9:30 a.m.; Youth - 6:30 p.m.; Choir - 7:15
Wednesdays: Dinner - 5:30 p.m.; Team Kids - 6 p.m.;
Prayer - 6:15 p.m., Choir - 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Rev. J. Hunter Coleman, Pastor, 526-3175
Sun.: Worship - 11 a.m.; Sun. School - 9:30 & 9:45.
Mondays: 8 a.m. - Men's Bible Discussion & Breakfast
Tuesdays: 10 a.m. - Seekers
Choir - 7

HIGHLANDS ASSEMBLY OF GOD

Sixth Street
Sundays: School - 10 a.m.; Worship - 11
Wednesdays: Prayer & Bible Study - 7

HIGHLANDS 7TH-DAY ADVENTIST CHURCH

Wednesday evening prayer & Bible Study
Call Lloyd Kidder at 526-9474
HIGHLANDS UNITED METHODIST CHURCH
Pastors Eddie & Kim Ingram, 526-3376
Sun.: school 9:45 a.m.; Worship 8:30 a.m. & 11 a.m.;

5 p.m. Youth Group
Wed: noon - Men's Emmaus Reunion Group; 4:45 -
Children's choir and handbells; 5:30 - Supper; 6 -
Adult Handbells; 6:15 - children, youth, & adults
studies;

7:15 - Adult choir
(nursery provided for Wed. p.m. activities)
Thurs: 12:30 - Women's Bible Study (nursery)
HOLY FAMILY LUTHERAN CHURCH - ELCA
Chaplain Margaret Howell
2152 Dillard Road - 526-9741

Sundays: Worship/Communion - 10:30
LITTLE CHURCH OF THE WILDWOOD
Services at the Church in the Wildwood in Horse
Cove. Sundays at 7 p.m. through Labor Day. Dress is
casual. Old fashioned hymn-sing.

MACEDONIA BAPTIST CHURCH
8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Jamie Passmore, (706) 782-8130
Sundays: School - 10 a.m.; Worship - 11
Choir - 6 p.m.

Wed: Bible Study and Youth Mtg. - 7 p.m.
MOUNTAIN SYNAGOGUE
St. Cyprian's Episcopal Church, Franklin 369-6871
Friday: Sabbath Eve Services at 7 p.m.
For more information, call (706)-745-1842.

OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Rev. Tien, Priest
Parish office, 526-2418
Sundays: Mass - 11 a.m.
SCALY MOUNTAIN BAPTIST CHURCH
Rev. Clifford Willis

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7
Wednesdays: Prayer Mtg. - 7 p.m.
SCALY MOUNTAIN CHURCH OF GOD
290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School - 10 a.m.; Worship - 10:45 a.m.;

Evening Worship - 6 p.m.
Wed: Adult Bible Study & Youth - 7 p.m.
For more information call 526-3212.

SHORTOFF BAPTIST CHURCH
Pastor Rev. Wayne Price
Sundays: School - 10 a.m.; Worship - 11
Wednesdays: Prayer & Bible Study - 7
UNITARIAN UNIVERSALIST FELLOWSHIP
Rev. Maureen Killoran (part-time) 526-9769
Sundays: Worship - 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH
Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School - 10 a.m.; Worship - 11

... POLITICS continued from page 30

Additionally, as we continue to fight against the tide of illegal drugs that are destroying lives in communities across America, our law enforcement agencies at every level will need to work together. The Financial Services Appropriations bill provides \$226 million to coordinate drug control efforts between local, state, and federal law enforcement agencies and provides them with equipment, technology, and additional resources to combat drug

trafficking and its harmful consequences in critical regions of the United States.

The House also included funding to support Drug-free Community Grants, which will support over 700 drug-free community coalitions across the country.

As we move through the remainder of the 110th Congress, we will continue taking the necessary steps to protect our children and our communities.

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Highlands
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 (Top of the Hill)
 526-0988
 Toll Free 866-526-0988

Cashiers
 Azalea Walk
 (Behind Tommy's Restaurant)
 743-3231
 Toll Free 877-254-3231



TONY RAFFA, A.S.I.D.
 Owner

(828) 787-1070
 211 Buck Creek Church Road
 Highlands, NC 28741

Cell (713) 825-3593
araffa0000@aol.com

Tony Raffa is proud to be the designer of the main house at the 2007 Highlands Showhouse at Tug Wa Ridge

• UPCOMING EVENTS •

On-going

- Live music at Fressers in Helen's Barn with Cy Timmons Wed-Sat 6 p.m. until.
- Hal Philips at the piano at Skyline Lodge and

Ruby Cinemas

Hwy. 441, Franklin
524-2076

June 29-July 5

RATATOUILLE rated G

Daily: (2:10), (4:15), 7:10, 9:15

LIVE FREE OR DIE HARD

rated PG-13

Daily: (2:00), (4:30), 7:00, 9:30

1408 rated PG-13

Daily: (4:20), 7:15

OCEAN'S THIRTEEN

rated PG-13

Daily: (2:05), 9:20

FANTASTIC FOUR:

RISE OF THE SILVER SURFER

rated PG-13

Last Showing on Monday July 2

Daily: (2:15), (4:10), 7:15, 9:10

TRANSFORMERS

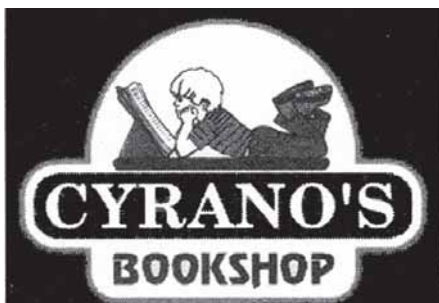
rated PG-13

Starts Tuesday July 3

Daily: (1), (4), 7, 10

The 2007 Ruby Cinemas

Free Summer Kids Movie Program shows at 9:30 a.m. and 11:30 a.m.



390 Main Street • 526-5488

Upcoming Book Signings

July 6

5-7 p.m.

Frank Foster – Boca Moon

July 7

1-3 p.m.

Charles Martin – Chasing Fireflies

July 14

Elise Weston – The Coastwatcher
Cathryn & John Sil – About Crustaceans

July 20

Harry Potter and the Deathly Hallows
Midnight Party at Cyrano's

July 21

Melanie Sue Bowles – Horses of Proud
Spirit

August 18

Ann Sharpteen – I Walk the Line

Restaurant on Flat Mountain Road Fri. & Sat. at 6 p.m.

- Registration has begun for this summer's nature day camps at the Nature Center. Please call 526-2623 or visit the Nature Center webpage at www.wcu.edu/hbs.

- NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: www.ncmana.org.

- Pilates classes with Sandi Trevathan on Level 1 of the Jane Woodruff Clinic, Mon. and Wed. at 4 p.m. \$10 per class.

- Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

- Yoga Classes at the Rec Park. Mondays and Wednesdays at 7:30 a.m. Bring your mat. \$7 per person per class or \$50 for a monthly pass. Call 526-4340.

- Beginners Clogging class Tuesday, 6-7 p.m. at the Sapphire Valley Community Center. Come have lots of fun and exercise. Call 743-7663.

- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.

- A Grief Support Group is held every Friday from 10-12 at the Highlands-Cashiers Hospital for anyone who has lost a loved one through death or is dealing with a progressive illness with a loved one. If interested in attending, please contact Helen Moore (Hospice) 526-0727 or Martha Porter (Chaplain at HCH) at 787-1463.

First Mondays

- Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

Every Monday

- Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

Every Tuesday

- Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

- Women's Bible Study at 10 a.m. at Community Bible Church. Summer series on 1 & 2 Peter. All women are invited

- Open Studio Night Figure Drawing: Informal instruction available for beginners. Bring your sketch pad or paint box for a leisurely session of figure drawing/painting. Cost is \$12, \$10 for "Friends" of the Gallery.

Tuesdays and Thursdays

- Classical Yoga Beginner Level Class 8:15-9:30 a.m., 464 Carolina Way. Other classes available. Mats and blankets provided. \$14 per single/ \$12 package rate.

Every Third Wednesday

- As part of the Unitarian Universalist Fellowship of Franklin's "Life-Span Learning Curriculum," there are "Wednesday Night Chautauquas" which are media enhanced study sessions at the UU Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

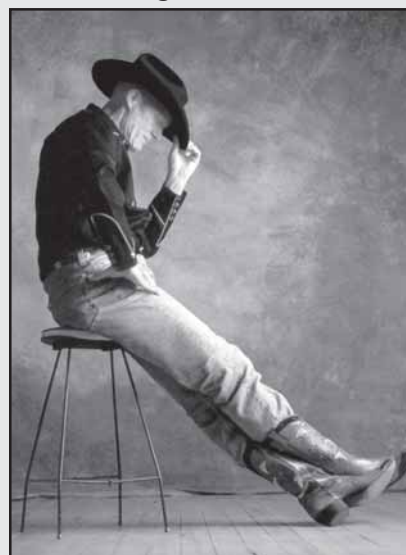
Every Thursday

- At Main Street Inn, Lisa Price piano and vocals in the wine bar 6-9 p.m.

- Rotary Bingo 6:30 8:30 pm at the Highlands Community Center. Open to all ages. Price is \$1 per card per game.

Every Saturday in July

Chuck Pyle at ITC Sat.



Appalachian High Summer Concert Series, now in its second season in Highlands, presents Chuck Pyle on July 7 at 8 p.m. As Colorado as the Rockies, singer-songwriter Chuck Pyle has won the respect and praise of peers and fans for 30 years. Referred to affectionately as the Zen Cowboy, Pyle wraps his infectiously hummable melodies with straight-from-the-saddle poetry. Call the Instant Theatre Box Office for reservation at 828-342-9197 or 828-526-8534 for more information.

- Courtenay Collins and Robert Ray's "Jukebox Journey at the Martin-Lipscomb Performing Arts Center will be "hoppin,' boppin' and rocking" every Saturday evening in July at 5 and 8 p.m.

Every Saturday

- Live music at Cyprus Restaurant in the Dillard Village Shopping Center at 9:30 p.m. \$10 cover.

- Children's classes ongoing at Bascom-Louise Gallery – cost is \$5 per student. Mondays: For Homeschoolers, classes are from 1-3 p.m. For 2nd to 5th graders, classes are from 3:15-4:15 p.m. Tuesdays: classes for pre-school are 11-11:30 a.m.; for kindergarten-1st grade, classes are 3:15-4:15 p.m. and for young adult independent study, classes are from 1-2:30 p.m.; Wednesdays classes are for middle school students from 3:15-4:15 p.m.

Through July 3

- Sapphire Valley Arts and Crafts Festival, 10 a.m. to 4 p.m. More than 100 artists and crafters displaying and demonstrating their original works. Live Bluegrass music, food stand, drinks, Cashiers-Highlands Humane Society Stop and Adopt. Route 64, 3 miles east of Cashiers. Free admission and parking. Call 743-1163.

Through Friday, July 8

- At The Highlands Playhouse, Cole Porter's "Kiss Me Kate," performed through July 8. To reserve tickets, call the box office at (828) 526-2695.

Through Saturday, July 14

- A "Baskets at the Bascom" exhibit will be held at the Bascom-Louise Gallery in Highlands from June 16 to July 14. This is the gallery's first national show featuring the NBO (National Basket Organization). Baskets from all over the nation will be on

display, from Nantucket to Appalachian to Avantgarde. A free exhibit opening will be June 16 from 5 to 7 p.m. For information, call 526-4949.

Through July 7

- 2007 Highlands Show House at Tug Wa Ridge, ca. 1920. All proceeds to benefit the children's programs at Bascom-Louise Gallery, Carpe Diem Farms, Cashiers-Highlands Humane Society, Community Care Clinic of Highlands-Cashiers, Highlands Playhouse. Hours are Mon-Friday 10 a.m. to 5 p.m. and noon-5 p.m. on Saturday. Tickets are \$25. Call 526-0000 for ticket information.

Through July 8

- At Acorn's a Coralia Lee Jewelry Trunk Show.

Through July 31

- At Summit One Gallery at its new location on South Second Street and Helen's Barn Ave., exhibit "Hudson River Valley School Revisited" featuring artist Ron Williams.

Through Tuesday, Aug. 14

- Summer Art Camp is held at Bascom-Louise Gallery. To register, call 526-4949.

Tuesday, July 3

- Opera stars performing at PAC to benefit the Community Care Clinic. At 7 p.m., Sergio Blazquez, leading tenor at Mainz Germany's prestigious opera house will perform with Lee Lanier, leading soprano with Atlanta's Lyric Opera Company, in some of opera's best-loved duets. They will be accompanied by international award-winning pianist Robert Henry. Send donations for the clinic care of the Episcopal Church of the Incarnation.

- Abe Lincoln impersonator performing at Tug Wa Ridge, the Highlands Showhouse, at 6 p.m. Tickets are \$125 per person includes wine, hors d'oeuvres and an invitation to the showhouse. Call 526-2112 or 526-4464 for tickets.

Wednesday, July 4

- Pine Street will be closed for fireworks viewing. Bring chairs and blankets. The show is set to start at 9:30 p.m. Free bottles of water will be distributed by Leadership Highlands, compliments of Sapphire Lakes Country Club.

- Rotary's 4th of July BBQ from 11 a.m. to 2 p.m. at the Community Center at Poplar and U.S. 64 east. Eat at the community center or pick up BBQ to go at Bryson's Drive Thru in Highlands Plaza from 11 a.m. to 1 p.m. BBQ plates are \$8 and Hot Dog Plates are \$6. Also will be selling in bulk for \$10 per pound.

- At noon at the ballfield, old-fashioned 4th of July festivities plus skydiving!

- Abe Lincoln impersonator 5 p.m. at PAC. It's free. All donations to benefit area nonprofits.. Free tickets available at PAC or the Chamber of Commerce.

- Patriotic music for 30 minutes at the Presbyterian Church at 5 p.m. featuring Larry Black on the trumpet, Angie Jenkins, organist, Stell Huie, baritone with the Martin-Lipscomb All Male Choir.

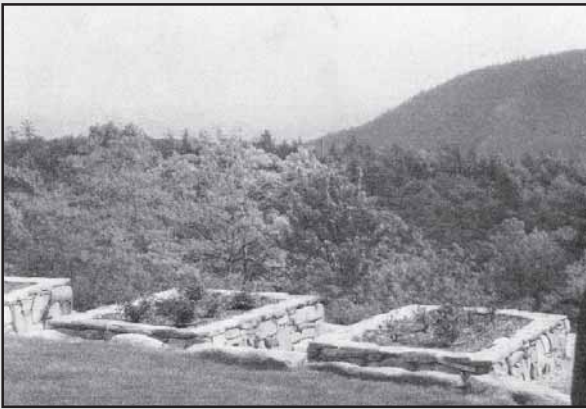
- The Skyline Lodge will host a 4th of July Pool/Spa party from Noon until 5. Enjoy Chef Jim's mouthwatering chicken, ribs, burgers and various salads. Afterwards you are invited to relax by the pool and spa or enjoy a game of horseshoes or ping pong. At dusk enjoy a special fireworks display and a good old-fashioned sing-a-long at the pavilion. Adults \$10 Children \$6 Reservations requested. Please call 526-2121.

Thursday & Friday, July 5-6

- A Trunk Show at Bungalow Boutique featuring CMM Designs-Status Faux. Classically designed costume jewelry reminiscent of Bulgari,

• UPCOMING EVENTS •

Fisher estate gardens on tour Saturdays July 7, 28 & August 4



Cathy and Bob Fisher are sharing their great series of gardens with wide ranging views and exquisite landscaping atop Sagee Mountain in Sagee Woods. These tours are dedicated to benefit the Outreach Programs of the Episcopal Church of the Incarnation. You will marvel at the sense of antiquity, as well as the compatibility of the handsome home and the complimentary gardens.

First you will see the beds of peonies, roses and dahlias before seeing the brilliant cutting garden. Near the pool, you view the closer fruit and vegetable garden where you will see an inventive mix of nasturtium and gourds climbing sturdy wooden trellises. The perennial beds planned by famous English garden designer Rosemary Verey are perhaps the highlight of the tour.

Tickets are \$25 per person available at the Episcopal Church on Main Street. Carpools leave from the gazebo on Pine Street hourly 9:45 a.m. to 12:45 p.m. on Saturdays June 30, July 7, July 28 and Aug. 4. For more information, call the church at 526-2968 ext. 202 during office hours, 9 a.m.-4 p.m. Monday-Friday.

Cartier, Seaman Schepps, Tiffany, Van Cleef, Verdura and more. 11 a.m. to 5 p.m.

Friday & Saturday, July 6-7

The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday at 7 p.m. in Highlands and Saturday at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions. "Jazz Meets Classics, Part II" with the Gary Motley Jazz Quartet featuring Dwight Andrews and the Vega String Quartet will explore the links between classical music and jazz with music from Bach to Bolling, Chopin to Thelonius Monk. To register, call the Center for Life Enrichment at 828-526-9381.

Fri., Sat. & Sun, July 6-8

Watergarden Tour to benefit the Shriner's Child Burn Unit and daycamps for under privileged children. \$25. Call 828-877-5041 for reservations and directions.

Friday, July 6

"Terry Tritt and Grass Roots Revue" performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing is at 6:45-7:30 p.m. Concerts are at 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just for You:" survivors, strugglers, succumbed, servants and spared.

CLE presents a Chamber Music Lecture with Dwight Andrews "Jazz as Chamber Music." 10-noon at PAC. \$20 for CLE members

and \$30 for nonmembers. To register, call 526-8811.

Saturday, July 7

The Nantahala Hiking Club will take a 5-mile moderate loop hike on the Park Creek Trail via the Connector Trail to Park Ridge. Meet at Westgate Plaza (opposite Burger King) in Franklin at 10 a.m. Drive 30 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Gail Lehman, 524-5298.

At Instant Theater, singer-songwriter, Chuck Pyle of the Appalachian High Concert Series 8 p.m. Concert tickets are \$25, doors open at 7:30 p.m. Call 828-342-9197 or 828-526-8534 for more information.

Appalachian High Dinner Theater Event includes ticket for Chuck Pyle at the Instant Theater and Dinner Theater Bistro at Fireside Restaurant at 6 p.m. Pre-fix menu is \$65 and includes concert tickets, tax and tip. Call the Instant Theatre Box Office for reservation at 828-342-9197 or 828-526-8534 for more information.

Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are \$25 and benefit the Episcopal Church's Outreach Programs. Tickets are available at the church. Call 526-2968 ext. 202, 9-4 Monday-Friday.

Sunday & Monday, July 8-9

Sunday at 5 p.m. in Highlands and Monday, July 9 at 7 p.m. in Cashiers the Highlands-Cashiers Chamber Music Festival will have the Vega String Quartet playing music of Halvorsen, Beethoven, and Smetana.

Monday-Friday, July 9-13

4th Annual Challenger Soccer Camp. Half-day camps available for all ages from 3-16 and full-day camps for children 10 and older. For information call Christy Nix Weller at 526-9931 or Tony Esterwood at 524-1928. Register for camp at www.challengersports.com, 45 days prior to camp to receive a free challenger soccer jersey!

Monday, July 9

The Highlands Audubon Society will have a program on the birds and other animals of China, Southeast Asia and India Monday 7:30 p.m. at the Highlands Civic Center. The speaker will be Romney Bathurst of Highlands. She will share pictures and stories from her travels in these countries. Refreshments will begin at 7 p.m.

At Wolfgang's Restaurant & Bistro, a wine dinner featuring Wimbledon Wine Company's Grand Tour with Richard Morgenstern Vice President of Sales and Marketing Wimbledon Wine Company. Portfolio of wines include: Mettler, Mendleson, Hahn and Jessie's Grove Call 526-3807 for reservations.

Tuesday, July 10

On Tuesday at 5:30 p.m. the Highlands-Cashiers Chamber Music Festival will have an outdoor picnic concert. Bring a picnic and spread out on the lawn of the Zachary-Tolbert House in Cashiers to hear the Vega String Quartet. Co-sponsored by the Cashiers Historical Society. The concert is free.

The PAC Film Festival presents movies for the Chamber Music Festival. "Aria" Shown upstairs at PAC, 7:30 p.m. with refreshments at 7 p.m. It's FREE.

CLE Presents the Course Poetry by Hand and Heart. Popular artist and teacher Paulus Berensohn presents a workshop about creative and responsible consumership of the juice that some contemporary poetry carries to touch and heal souls. Participants will be making illuminated soft bound scrapbooks. Although this is not a workshop about writing poetry, that often happens spontaneously. Participants should bring scissors, pencil, pen and scraps of decorative paper. This course is being offered at the Performing Arts Center from 10 a.m.-4 p.m. and is limited to 15 participants. The cost is \$45 for CLE members, \$55 for non-members. Please call the CLE office at 526-8811 to register.

Thursday-Sunday, July 12-15

Garden Festival for Fine Art Center featuring the Patron Party on Thursday and garden tours on Friday and Saturday and Brunch with Vince Dooley on Sunday. Call 526-0732 to make reservations.

Thursday-Sunday, July 12-22

The Highlands Playhouse, "Laughter on the Twenty-Third Floor." Performances are Tuesday-Saturday at 8 p.m. and Sunday matinees are at 2 p.m. Call the Box office at 526-2695 for ticket information.

Thursday, July 12

Highlands-Cashiers Chamber Music Festival begins Friday, July 6



The Highlands-Cashiers Chamber Music Festival opens its 26th Season on Friday, July 6 at 7 p.m. in Highlands and Saturday, July 7 at 5 p.m. in Cashiers with Grand Opening Concerts and Receptions.

"Jazz Meets Classics, Part II" with the Gary Motley Jazz Quartet featuring Dwight Andrews and the Vega String Quartet will explore the links between classical music and jazz with music from Bach to Bolling, Chopin to Thelonius Monk.

There will be a Festival-opening class led by Dr. Dwight Andrews: "Jazz as Chamber Music." This class, given in conjunction with the Center for Life Enrichment, will explore how jazz developed from and is related to the classical tradition of small, intimate groups of virtuosic players. Chamber Music, like Jazz, can be played in large halls, but works best in an intimate setting where the audience becomes part of the entire creative experience. Emory University's Professor Dwight Andrews, classical theorist, jazz musician - and ordained minister - leads this class with demonstrations from the Gary Motley Jazz Quartet and the Vega String Quartet.

Friday, July 6, 10 a.m.-1 p.m., Highlands PAC. To register, call the Center for Life Enrichment at 828-526-9381.

Sunday, July 8 at 5 p.m. in Highlands and Monday, July 9 at 7 p.m. in Cashiers will have the Vega String Quartet playing music of Halvorsen, Beethoven, and Smetana.

On Tuesday, July 10 at 5:30 p.m. there will be an outdoor picnic concert. Bring a picnic and spread out on the lawn of the Zachary-Tolbert House in Cashiers to hear the Vega String Quartet. Co-sponsored by the Cashiers Historical Society. The concert is free.

At Wolfgang's Restaurant and Bistro, a wine tasting with Elyse Winery at 6 p.m. Michelle Duckett will be with us from Elyse pouring La Peche, Rose, Nero Misto, Eaglepoing Ranch Zinfandel and Petite Sirah. Wines will be available for retail.

Friday & Saturday, July 13-14

A trunk show at Desire on Main Street meet Charlie Wharton, designer of beautiful stones in precious metal — the ancient art of wire-wrapping.

Friday, July 13

"Alex Rogers and Cash Valley Ramblers" performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing is at 6:45-7:30 p.m. Concerts are at 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just

• UPCOMING EVENTS •

for You: survivors, strugglers, succumbed, servants and spared.

Saturday, July 14

- At the Highlands Nature Center. "Snakes of the Highlands Region" at the Highlands Nature Center. 7 – 8:30 pm, all ages. Come for an educational program about local snake species featuring live animals. Learn snake identification, natural histories, and common misconceptions about them. \$2 per person. Call 526-2623.

- The "Jason Woods Benefit" will take place at the Highlands Rec Park at 4:30 p.m. Barbecue by Blue Valley BBQ Music by Uncultured Buttermilk, The Dendy Family, and Doug and Donna Ivie. There will be a live auction Proceeds will go to help with medical expenses.

- Highlands-Cashiers Hospital presents Healthy Living Fair from 8:30 a.m. to 1 p.m. Classes, demonstrations and tests. All free.

- The Nantahala Hiking Club will take a moderate 3-mile hike to Glen Falls and Chiquapin Mtn., with two elevation changes of 500 feet. Meet at the Exxon station on the Highlands Road in Franklin at 9:30 a.m. or call leader for an alternate meeting place near Highlands. Drive 30 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader, David Sapin, 369-2628.

Sunday, July 15

The Nantahala Hiking will take an easy-to-moderate 4.5 mile hike on the Deep Creek and Indian Creek trails. Meet at Westgate Plaza in Franklin (opposite Burger King) at 2 p.m. Drive 70 miles round trip. Bring a drink, snack if you wish, and wear sturdy comfortable shoes. There is the option of having supper in Bryson City after the hike. Hikes are limited to 20 people; reservations are required. Call leader Kay Coriell, 369-6820

Tuesday, July 17

- At ...on the Verandah Restaurant, Chef Andrew Figel & his culinary team welcome Elton Sloane of Robert Craig Winery Tuesday at 6:30 p.m. The cost is \$95 per person, plus tax and gratuity — Reservations Required. Call 828-526-2338. Highlands' Most Scenic Dining, Overlooking Lake Sequoyah.

Wednesday, July 18

- Folkmoot, the North Carolina International Folk Festival, returns to Highlands for a one night only performance at the Martin-Lipscomb Performing Arts Center, 507 Chestnut Street, Highlands. The performance begins at 7:30 p.m. Each year folk dancers and musicians from around the world gather for a two week festival at various locations throughout the mountains of western North Carolina. This year representatives from Russia, Mexico, Puerto Rico, Peru, Macedonia, Korea, Hawaii, Jamaica, Italy and Romania will be appearing. Three countries from this group will be dancing in Highlands. The exact participants in Highlands will be announced at a later date. Tickets for the Highlands performance are \$15 for adults and \$8 for children under 18. Tickets can be reserved by calling 828-526-4904, or at the door on the night of the performance.

Thursday, July 19

- 2007 Studio Dinner Series in artists' creative environments. Theme: Mediterranean Odyssey at Artist Wesley Wofford's at 6 p.m. Mediterranean cuisine catered by Hovaness Kabbenjian Hovan Gourmet from Atlanta, wines by Highlands Wine and Cheese, part of art sales to benefit the Village Green Sculpture Park in Cashiers. Call Summit One

2007 Highlands Showhouse at historic Tug Wa Ridge Estate



One of Highlands' few remaining estate properties is the venue for the 2007 Highlands Showhouse.

The Event, Co-chaired by Joanna Baumrucker and Dwight Bryant is benefiting the Highlands Mountain Foundation with all proceeds going to: Carpe Diem Farms, Cashiers-Highlands Humane Society, Community Care Clinic of Highlands-Cashiers, Inc., THE FINE ARTS CENTER/Bascom-Louise Gallery Children's Program and The Highlands Playhouse. Sponsors of this year's event are: BlackRock Realty Group, Cimarron Builders and The Summer House.

The Tug Wa Ridge Estate, at 10 Holt Road was built in 1920 and includes 16.5 acres of lush rhododendron thickets, a tranquil lake and wonderful established gardens. The complete equestrian facilities include a stable with paddock, grazing pastures and an outdoor riding arena. Guests visiting the estate will tour a classic Highlands resort home that's been completely restored and restyled to combine the original casual mountain style with all the modern conveniences. The four bedroom, four and a half bath residence includes three massive stone fireplaces original to the structure. Most rooms overlook the expansive gardens to the lake beyond. Also renovated is the charming guest house, nestled on the banks of the lake. There are hiking trails around the lake which feature the original granite dam, a lakeside gazebo and original boathouse.

The current owners originally envisioned a lakeside community of 12 homes on the property. After consulting with Doug Helms of BlackRock Realty and other Highlands Area real estate professionals, it was determined that the greater opportunity was to re-establish the property as a single estate. A group of individuals dedicated to the

preservation of the property was assembled. David Bock of Cimarron Builders and his excellent team of skilled craftsmen completed all of the renovations under the guidance of Designer/Consultant, Pamela Skinner of Skinner Framing and Decorating. Tony Raffa of Raffa Design Associates brings his many years of design experience in both the Houston, Texas and the Highlands/Cashiers area to create the stunning interiors of the main house. Ann Bergholt of Ann Bergholt Interiors, whose work has been published in Architectural Digest and Southern Living has created the quintessential summer cottage in the Guest House. Paula Jones of The Summer House has provided all of the furnishings for both houses with many items handcrafted from their own Tiger Mountain Woodworks. Mary Adair Leslie of Summit One Gallery has provided all of the original artwork for the main house. Jay Calloway of Mountain Hardscapes and Jimmy Tate of Tate Landscape Service get full credit for the magnificent grounds. Doug Helms is credited with coordinating it all.

The Showhouse runs from Saturday June 30 through Saturday July 7. Hours are: Monday through Saturday, 10 a.m. until 5 p.m. and Sunday, noon pm until 5 p.m. Parking is on-site and guests are encouraged to wear comfortable shoes and no strollers please. Tickets are \$25. They may be purchased in advance by contacting any of the nonprofit organizations outlined above as well as BlackRock Realty, next to Sweet-Treats in Mountainbrook Center and The Summer House on the Dillard Road. Tickets will also be available at the door. For more information, go to the website at www.tugwa.com or contact BlackRock Realty at 828-526-0000.

Gallery for reservations at 526-2673.

Friday & Saturday, July 20 & 21

- New and exciting programs will be featured at the 4th Annual Mountain Wildlife and Wilderness Days on July 20 and 21 at the Sapphire Valley Resort Community Center. There will be presentations which are stimulating, educational and entertaining. Call 743-7663 for additional information and schedule.

Saturday, July 21

- At Jackson Madeleine, a Mela Wilson Trunk Show, 11 a.m to 5 p.m. Call 526-1504.

- The Nantahala Hiking Club will take a moderate 4.5 mile hike, with an elevation change of 300 feet and a short car shuttle, to the upper Narrows of the Chattooga River. Meet at the Highlands Bank of America at 10 a.m. Bring a drink, lunch, and wear sturdy comfortable shoes and bring water shoes, if you wish, to wade in the river. Drive 20 miles round trip. Hikes are limited to 20 people; reservations are required. Call leader Virginia Talbot, 526-4904.

Saturday and Sunday, July 21-22

- The Art League of Highlands Summer Colors Fine Art Show at the Highlands Rec Park. Free admission. Door Prizes. (828) 526-2177.

Thurs.-Sunday, July 26-Aug. 12

- The Highlands Playhouse, "My Way." Performances are Tuesday-Saturday at 8 p.m. and Sunday matinees are at 2 p.m. Call the Box office at 526-2695 for ticket information.

Wednesday, July 25

- The Highlands-Cashiers Land Trust Village Nature Series presents, Bill Lea and "Understanding the Black Bear." Lectures begin at 6:30 pm. Refreshments to follow. Presentation at the Albert-Carlton Library in Cashiers. FREE.

- Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are \$25 and benefit the Episcopal Church's Outreach Programs. Tickets are at the church. Call 526-2968 ext. 202 9-4 Mon.-Fri.

- Oliver Rice and Blue Ridge Mountain Band performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just for You: survivors, strugglers, succumbed, servants and spared."

Fri. & Sat., July 27-28

- At the Hen House at the corner of Main and 5th streets, Ritchie Watts of Good Earth Pottery.

Friday, July 27

- Mountain Faith—McMahan Family performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just for You: survivors, strugglers, succumbed, servants and spared."

Saturday, July 28

- The Nantahala Hiking Club will take a 5 mile moderate-to-strenuous hike to four waterfalls on the Horsepasture River with elevation changes of 300 feet and 500 feet. Meet at the Highlands Bank of America at 10 a.m. or at the Cashiers Wachovia Bank (in back) at 10:20. Bring a drink, lunch, and wear sturdy comfortable shoes and bring water

• UPCOMING EVENTS •

shoes, if you wish, to wade in the river. Drive 30 miles round trip. Hikes are limited to 20 people; reservations are required. Call leader Virginia Talbot, 526-4904.

Sunday, July 29

• The Nantahala Hiking Club will take an easy 3-mile hike on the Skitty Creek and Cliffside Lake loop trails. Meet in the Bi-Lo parking area at 2 p.m. (driving 40 miles round trip) or call the leader for an alternate meeting place if coming from Highlands

or Cashiers. Bring a drink, a snack if you wish, and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Kay Coriell, 369-6820, for reservations or more information. Visitors are welcome but no pets please.

Friday, August 3

• Upward Bound—Bowman Family performing at the FREE Annual Mountain Music Concerts sponsored by the Just for You Relay for Life team. Clogging or square dancing runs from 6:45-7:30

p.m. Concerts run from 7:30-9 at Highlands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just for You:" survivors, strugglers, succumbed, servants and spared.

Saturday-Thursday, August 4-23

• At Summit One Gallery on South Second Street and Helen's Barn Ave, "Go Figure" featuring Joe Adams, Betty Foy Botts, Shari Erickson, Mase Lucas, Diane McPhail, Jane Smathers, Wesley Wofford, Tom Bluemlien, Lonnie Busch, Libby Mathews, Toby Penney, Rosemary Stiefel.

Saturday, Aug. 4

• Artists Reception at Summit One Gallery on South Second Street and Helen's Barn Ave. from 5-7 p.m. for the exhibit "Go Figure."

• Tour the Fisher Estate gardens 9:45 a.m. until 12:45 p.m. Tickets are \$25 and benefit the Episcopal Church's Outreach Programs, available at the church. Call 526-2968 ext. 202 9-4 Mon.-Fri.

Friday August 11

• Johnny Webb Band performing at High Country Café. Clogging or square dancing runs from 6:45-7:30 p.m. Concerts run from 7:30-9 at High-

lands School old gym at corner of Fifth Street and Pierson Drive. Weekly raffles and luminary sales are available. Funds raised support the American Cancer Society's "Just for You:" survivors, strugglers, succumbed, servants and spared.

Wednesday, Aug. 15

• Loving Literacy Premier Gala. The Highlands Community Players will partner with the Literacy Council to present a special performance of "How the Other Half Loves." The gala begins with wine and hors d'oeuvres then moves to the hilarious comedy and ends with coffee and dessert and a special drawing. Tickets are \$125 per person and all proceeds benefit the Literacy Council. Call 526-9938 for ticket information.

Thurs.-Sun. Aug. 16-19

• *How the Other Half Loves*, will be held at the Martin-Lipscomb Performing Arts Center (PAC), Chestnut Street, Highlands. Performances will be 7:30 p.m. Thursday-Saturday and 2:30 p.m. on Sunday.

Thurs., Aug. 16-Sun., Aug. 26

• The Highlands Playhouse, "Talley's Folly." Performances are Tuesday-Saturday at 8 p.m. and Sunday matinees are at 2 p.m. Call 526-2695.

'Jukebox Journey' at PAC Saturdays in July



The Martin-Lipscomb Performing Arts Center will be "hoppin,' boppin' and rocking" every Saturday evening in July at 5 and 8 p.m. to Courtenay Collins and Robert Ray's "Jukebox Journey." For tickets call 526-9047.

The Martin-Lipscomb Performing Arts Center will be "hoppin,' boppin' and rocking" every Saturday evening in July at 5 and 8 p.m. to Courtenay Collins and Robert Ray's "Jukebox Journey."

Following their great response to "2 for Broadway" and "Let the Good Times Roll" this talented duo will kick off its 3rd season in the Highlands with a new musical revue featuring the greatest songs of the 40's, 50's, 60's and 70's like "In the Mood" and "Sentimental Journey," as well as music by George Gershwin, Duke Ellington and Harold Arlen and songs made famous by Elvis, Ray Charles, Carole King, Barry Manilow, Patsy Cline, Etta James and Gladys Knight.

Fast-paced and beautifully costumed, "Jukebox Journey" will feature four of Atlanta's top Jazz Musicians under the direction of pianist Tony Winston, plus cabaret and recording artists Marsha Dupree and Shawn Megorden, last seen in Ray's 2005 salute to Johnny Mercer at The Highlands Playhouse.

"Jukebox Journey" is truly a "not to be missed" evening for the entire family, giving the grandparents a chance to reminisce about "big bands and bobby sox" and the baby boomers a time to

relive the eclectic sounds of the 60's and 70's, when the world was still "rockin' and rollin'."

Prior to this upcoming series at PAC, Robert has directed 4 hit shows during the 2005 Highlands Playhouse season: "Too Marvelous for Words," "Joseph and the Amazing Technicolor Dream Coat," "Jerry's Girls" and "Driving Miss Daisy."

Ray and Collins have spent much of this past year touring last season's hit "2 for Broadway" which received great reviews at the 2006 Piccolo Spoleto Festival.

Courtenay, who is a graduate of The Julliard School of Drama, recently performed the title role in Andrew Lloyd Weber's "Evita" at The Atlanta Lyric Theatre and will be seen this fall in The Alliance Theater's Production of "Jacques Brel." She has toured Europe and the US as Christine in The Phantom of the Opera.

Ray appeared on Broadway in the hit revival of Oklahoma! and is an award winning New York Cabaret Star.

"Jukebox Journey" will play every Saturday night in July at 5 and 8 p.m. at The Highlands Performing Arts Center. For tickets call 526-9047.

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HELP WANTED

PANTHERTOWN COORDINATOR – Resumes are being received for part-time Panthertown Coodinator. Duties include recruiting and training volunteers for projects in Panthertown Valley, outdoor physical activities, fundraising and grant writing. Communication skills, commitment to environmental preservation and personal transportation are required. Send resume to Jackson-Macon Conservation Alliance, 348 S. 5th St. Highlands, NC 28741. 828-526-9938 x 256, jmca@dnet.net.

FURNITURE DELIVERY – mostly in Highlands-Cashiers areas. Professional appearing individual experienced in dealing with the public. Non-smoker. Good driving record. Attention to detail. Monday through Friday, some Saturdays. Call the Summer House at 526-5577.

CHESTNUT HILL is currently hiring for the following positions: R.N., Med Aide, Dishwasher, Cook, and Courtesy Officer. Call 828-526-5251 or stop by for an interview. Previous sales or customer service experience preferred. Must be professional appearing, friendly and enthusiastic. Non-smoking environment. Call The Summer House, 828-526-5577.

SALES – FULL OR PART TIME – Seasonal, weekends required. Previous sales or customer service experienced preferred. Must be professional. Non-smoking environment. Call the Summer House at 828-526-5577.

ADMINISTRATIVE ASSISTANT NEEDED – Stephen L. Lucas CPA, PA has an opening for an Administrative Assistant to support our growing public accounting and business consulting practice based in Highlands, N.C. Position responsibilities would include receptionist and secretarial duties. Qualified person would have good people skills, practical computer experience including Microsoft Word, Excel, Microsoft Outlook. For more information and to schedule an interview, please call 828-526-2399 or send or email a resume to: P.O. Box 1357, Highlands, NC, 28741, bob.starkey@lucascpa.com

WE ARE CURRENTLY HIRING FOR A PART TIME TELLER AT OUR HIGHLANDS OFFICE! A high school diploma or GED is required, in addition to a minimum of 6 months of experience in a Teller or other cash handling, sales position. Candidates must have effective written and verbal communication skills, good computer skills, and a friendly, courteous and professional demeanor. First Citizens Bank offers excellent salaries and a comprehensive benefits. program. Apply online at:

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MEDICAL LAB TECH AT HIGHLANDS-CASHIERS HOSPITAL. Full-time, Friday-Sunday position. MLT, MT, or CLS degree required. Must have strong communication and organizational skills, along with the ability to prioritize. Should have good phlebotomy skills for all age groups. Full benefits after 60 days to full-time employees. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

STAFF RADIOLOGIC TECHNOLOGIST AT HIGHLANDS-CASHIERS HOSPITAL. Full-time position, 7pm to 7am with rotating schedule. Qualified candidates must be registered by the ARRT or be registry eligible. CT experience helpful. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

NUCLEAR MEDICINE TECH AT HIGHLANDS-CASHIERS HOSPITAL. Full-time, Monday through Friday position. Must be ARRT certified. Previous experience preferred. Call rotation required. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

FOOD SERVICE PRODUCTION SUPERVISOR AT HIGHLANDS-CASHIERS HOSPITAL AND FIDELIA ECKERD LIVING CENTER. Full-time position. Experience in institutional/food service environment with knowledge of therapeutic diets, food safety and sanitation guidelines preferred. Good communication, organizational, and leadership skills a must. Full benefits after 60 days. Pre-employment substance screening. Call Mandy Talley, 828-526-1301 or apply online at www.hchospital.org.

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Youngsters learn of God's love



The week of June 24, 112 children learned about God's love at the Highlands United Methodist Church's Vacation Bible School. The theme "Lift Off! Soaring to New Heights with God" set the stage for a myriad of games, music and dance, and arts and crafts activities. The children were divided into groups and moved "round-robin" through the activities. The week-long camp held at the church, exemplified the church's motto: "Open hearts, open minds, open doors." Above, children are attempting to quickly pass water balloons to each other through their legs and over their heads.

Photo by Kim Lewicki

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• POLICE & FIRE •

The following is the Highlands Police Dept. log entries for the week of June 26-28. Only the names of persons arrested or public officials have been used.

June 26

- At 4:45 p.m., officers responded to a two-vehicle accident at Chowan and U.S. 64 west.

June 27

- At 7:30 p.m. a motorist at NC 28 and Sassy Lane was cited for driving without a license at the scene of an accident.
- At 7:30 p.m., officers responded to an accident between two motorists at N.C. 28 and Sassy Lane.

June 28

- Officers responded to a domestic dispute at a residence on Holt Knob.

During the week officers issued three warning tickets.

The following is the Highlands Fire & Rescue Dept. log entries for the weeks of June 27-July 1

June 27

- Twice the dept. provided mutual aid to Scaly Fire Dept. One call was cancelled, and the dept. stoodby as a result of the other.

June 28

- The dept. provided mutual aid to the Cashier Fire Dept. The call was cancelled en route.

June 29

- The dept. responded to an alarm at a residence on Big Bear Pen when an alarm went off. It was false.
- The dept. responded to an accident on U.S. 64 west. The victim was taken to the hospital.

June 30

- The dept. responded to an alarm at the Cullasaja Club. It was false.

July 1

- The dept. provided mutual aid to the Cashiers Fire Dept. and stoodby while it answered a call.

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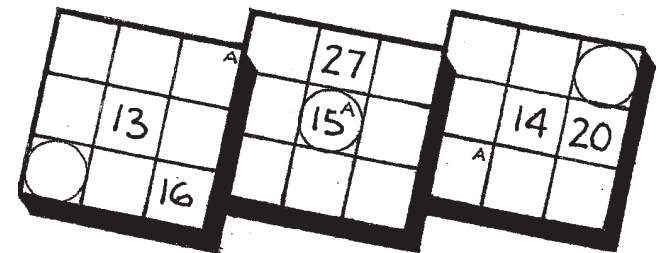
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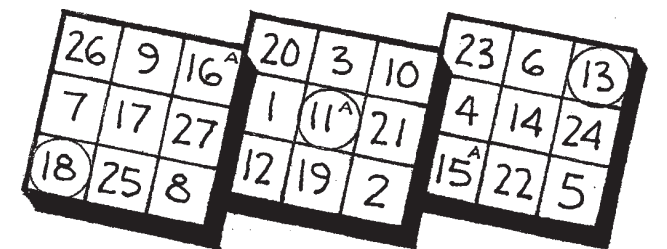
THE CHALLENGE:

Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

The first correct solution emailed earns a coupon for a FREE cup of coffee from Buck's Coffee Cafe on Main Street.

Email: pseudocube8@aol.com

Solution to #DN4C in the June 28 paper



to radonzone.com.

Most importantly, keep in mind that sometimes it appears that the incidence of cancer is higher in certain locations when in fact this isn't truly the case.

Many retirees or second-home owners in Highlands lived most of their lives in a different town or state, so even though they might have a type of cancer their risk factors likely happened decades ago and have nothing to do with the town of Highlands itself.

Cancer continues to be a concern all over the country and it affects loved ones – friends and family. Be sure to come out in August and support the Mountaintop Relay for Life.

Cookie sale went well

The Highlands Girl Scout Troop 219 would like to thank Brysons Food Store: Terry & his staff for supporting the Girl Scouts recently with our bake sale and cookie fundraiser. We would also like to thank the Highlands Community for their support of our local Girl Scouts. The funds raised will help purchase uniforms and books for our Troop.

Theresa Wilkes, Leader
Highlands Girl Scouts Troop 219
Girl Scouts of WNC, Pisgah Council

... CANCER continued from page 22

Radiation isn't all bad, however. X-rays help diagnose medical problems, and radiation therapy can treat many diseases including cancer. Large doses of radiation are used to kill foodborne bacteria and to sterilize bandages and other medical instruments. Additionally, we all need vitamin D to stay healthy, and it is synthesized in the body after exposure to UV rays.

So how to decrease the chance of developing some form of cancer? Always wear sunscreen to protect against UVA and UVB rays. Avoid tanning beds and sunlamps, and try to limit your exposure to the sun from the hours of

... THANKS continued from page 2

Vacation Bible School a success

The children's ministry team at Highlands United Methodist Church has just completed a week of Vacation Bible School. This year our theme was "Lift Off Soaring to New Heights with God" where the children learned about the Christian faith through bible dramas, crafts, music, recreational games, and science experiments. The children also participated in a mission outreach program for children in Iraq. They collected more than 40 kits of school supplies which will be sent to Iraq for troops to deliver to Iraqi school children.

Vacation Bible School is open to the members of the church and the community as well as visitors. During the week, 112 children participated in VBS activities at

10 a.m. to 4 p.m. when the intensity is the strongest. Eat and live healthy and don't smoke!

Additionally, proper screening procedures for all types of cancer are recommended based on individual risk factors, gender, and age.

Check basement or other underground areas of homes for radon. Radon can also get into the water supply, so regular water examination by professionals is also a good idea. If radon is found, vents and other ways to eliminate buildup the gas buildup can be implemented to further reduce exposure. For Radon detectors and water testers go

Highlands United Methodist Church. Thank you to the members of our congregation who opened our doors to so many children. Thank you to the volunteers who took time from their busy schedules to be with the children. Thank you to Pescados, the Toy Store and other businesses in Highlands that helped us create a great event. And especially, thank you to all of the parents for letting us be a part of this experience with your child. Each child is a gift from God and our church has been blessed by the presence of the children.

Allison Tate
HUMC

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