

# Highlands' Newspaper

FREE

Volume 6, Number 30

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Thursday, July 24, 2008

## On-going

• The Zahner Conservation Lecture Series is held each Thursday during the summer months at 7p.m. at the Highlands Nature Center, 930 Horse Cove Rd. For a complete schedule, visit [www.wcu.edu/hbs](http://www.wcu.edu/hbs).

• At the Nature Center day long, theme activities each day of the week.

• The Highlands Playhouse is taking reservations for "70th Anniversary Diamond Review," Thurs.-Sun., July 24-Aug. 10; and "Inherit the Wind" Thurs.-Sun., Aug. 14-31. Please call 828-526-2695.

• Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

• At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.

## Mondays & Wednesdays

• Pilates Classes Level 1 of Jane Wooldruff at the hospital at 4 p.m. \$10 per class. Call 526-5852.

## Friday & Saturday

• Live music at The Rib Shack every Friday and Saturday night from 8-11 p.m.

## Friday-Sunday

• At Skyline Lodge & Restaurant. Hal Philips at the piano, 7-9 p.m. Flat Mountain Road. 526-2121.

## Saturdays

• Live music at Cyprus Restaurant at 9:30 p.m.

## Sundays

• Old-fashioned hymn-sing at the Little Church of the Willwood at 7 p.m. Call Kay Ward at 743-5009 for more information. Dress is casual.

## Through July 31

• Summer Art Camp with The Bascom is teaming up with The Highlands Art League and the Highlands Recreation Park for art and craft projects for 5- to 13-year-olds. Call The Bascom at 526-4949.

## Thurs.-Sun., July 24-Aug. 10

• At Highlands Playhouse, "70th Anniversary Diamond Review." Call 526-2695 for tickets.

## Thurs.-Sun., July 24-27

• At Acorn's on Main Street, a Slane and Slane Jewelry Trunk Show.

## Thursday, July 24

• At CLE, William Hartman will speak on "The Myths and Realities of Alternative Energy," 10-12 Highlands Performing Arts Center, \$20 Members \$30 non Members. Phone 526-8811

• At Wolfgang's Bistro, Tom Quigley on the Guitar 6 - 9 p.m.

## Friday & Saturday, July 25-26

• At Chintz & Company at Spring and 3rd streets, Bromeliads & orchid designer on premises for custom arrangements. Purchase plants and they will plant for free. Bring a pot.

## Friday, July 25

• Mountain Music in Highlands School old gym featuring, The Dendy Family and High Mountain Squares. Square dancing and clogging will entertain and involve audiences beginning at 6:45 p.m.

• Highlands-Cashiers Chamber Music Festival 7:30 p.m. at PAC. 526-9060.

• Booksigning at Cyrano's Bookshop from 4:30-7 p.m. featuring author Charles Martin and "Where the River Ends."

## Saturday, July 26

• At the Rec Park, benefit for Tim Alexander Family including BBQ, live music, silent and live auction and raffles, 4:30-9 p.m..

• At Summit One Gallery on S. 2nd Street, the opening of "Epic Spirit III" exhibit featuring work by Betty Foy Botts, Mase Lucas and Libby Mathews.

• At Cyprus Restaurant, "Slow Cooking...Make Your Party Easy" cooking demonstration noon to 2 p.m. \$89 per person plus tax. Call 526-2338 for reservations.

• The Playhouse's "Shakespeare in the Park" series – "A Midsummer Night's Dream" at 1 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

• Montana Skies in concert at the ITC's Studio on Main at 8 p.m. Tickets: \$25

• Snake program at the Highlands Nature Center. 7-8 pm, all ages. Call 526-2623.

• A full breakfast will be served from 7:30-10:30 a.m. at the Scaly Mountain Community Center located in the historic Scaly School House, corner of NC Hwy 106 and Buck Knob Road. Cost is \$5 for adults, \$2.50 for children.

## Sunday, July 27

• Highlands-Cashiers Chamber Music Festival 5 p.m. at PAC. Call 526-9060.

• At the Highlands Community Child Development Center, an Open House, 2-4 p.m.

• The Up, Up, and Away Gala benefiting the Highlands Community Development Center at the Highlands Country Club. Call Ann Martin at 526-0115.

• The Playhouse's "Shakespeare in the Park" series – "A Midsummer Night's Dream" at 6 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

## Mon.-Tues., July 28-29

• At Bungalow Boutique on Main Street, a Clara Williams Company Trunk Show from 10 a.m. to 5 p.m.

## Mon.-Tues., July 28 and (repeated) 29

• At CLE, Anne Porter will teach Outlook Express 101 from 1-3 at the Highlands School Computer Lab \$30 members, \$40 non-members. Phone 526-8811

## Mondays, July 28- Aug 18

• Duane Meeter will teach Bridge Defense II (intermediate to advanced) at the Highlands Civic Center 9:30-11:30 \$45 members \$65 Call 526-8811 to register

## Tues.-Fri., July 29-Aug 1

• At CLE, Jackie Meena presents a painting series titled "Capturing the Power of White" at the Highlands Civic Center 9 a.m. – 3 p.m. \$175 Members \$200 Non Members, limited seating available please reserve at 526-8811

## Wed. July 30

• "Evening at Lakeside" restaurant to benefit the Highlands Community Players. Mention the organization and 15% will be donated.

## Public transport a maybe

The Mountain Transportation Initiative – a public transportation system – is being considered to compliment the proposed Shortoff Woods complex, not as an alternative to workforce housing.

That's the word from Hillrie Quin, a member of the International Friendship Center board who

addressed the Town Board at its July 16 meeting.

"We are investigating the feasibility of public transportation by van up to Highlands from Franklin," said Quin. "This would provide reliable, safe transportation regardless of inclement weather for

• See TRANSPORT page 16

## Highlands-Cashiers Chamber Music Festival

July 25/26  
Fri: 7:30 pm &  
Sat: 5 pm

Week 4:  
July 25-28

July 27/28  
Sun: 5 pm &  
Mon: 5 pm



Clockwise: R. Stoltzman, L. Gordy, C. Arzewski, Y. Watanabe, M. Hoffman

Call 526-9060 for tickets.

## Subdivison restraints lessen

Following a charge made by the Macon County Commission at its July 14 meeting, the county Planning Board returned July 21 with changes to the "Review Period for Plats" section of the subdivision ordinance.

Commissioner Bob Simpson first expressed concern over the turn-around period and Commissioner Brian McClellan followed suit.

"The way it's written now, it could take six weeks before a developer gets an answer," said McClellan.

lan.

County planner Stacy Guffey said the board tightened up the review committee process, and changes to the ordinance could be adopted at the Sept. 8 commission meeting after duly publicized.

Changes to the ordinance involve amendments to the Technical Review Committee definition; the procedure for minor subdivisions, and major subdivision preliminary plat and major subdivision final plat review language.

• See SUBDIVISION page 16

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## Highlands, Franklin & County meet

By Sally Hanson  
Reporter

The Town of Franklin hosted a joint meeting of the Town of Highlands, the Town of Franklin and the Macon County Commission last Thursday at the Boiler Room Steakhouse in Franklin. Macon County Commissioners were also in attendance to continue their July 14 meeting.

The meeting between the three entities is the second such meeting this year – a lost tradition Highlands Mayor Don Mullen encouraged the group to reinstate the start of the new year.

The meeting began with the county commission's continuation meeting.

Commissioner Ronnie Beale spoke about the \$20 million loan needed to finance construction and renovations for public school buildings. Beale said the money is to pay for the renovations to classrooms at East Franklin Elementary, for a new gymnasium at East Franklin Elementary, for the construction of the new 5-6 middle school, and for the roof repairs and bathroom facilities at Highlands School.

Beale said that money allotted

• See MEET page 13

## Weekend Weather:

FRI	SAT	SUN
80-60°F	79-61°F	81-62°F



# • THE PLATEAU'S POSITION •

## • LETTERS •

### An Open Letter to the Highlands Town Board opposing 'Shortoff' Woods'

Dear Gentlemen and Dr. Patterson:

As business owners in town and twenty-two year residents of the Highlands Township, we want to express our concerns regarding your pending decision to provide town water and sewer plus financial support to the Shortoff Woods affordable housing development. First of all, our water supply is a precious commodity and in short supply. According to the United States Geological Survey from the US Department of the Interior, the Highlands Plateau is in severe hydrologic drought. Our rain levels have been far below normal for the past three years and the water table has lowered. With changing climate conditions, no one knows how long these conditions will continue. In addition, how do you justify giving town water to a "for profit" company while denying it to others outside the town limits who would like water and sewer for their own use? Do you not open up a flood gate of requests for water and sewer? It would be a shame to compromise the integrity of our community so people can start their own rental business.

Secondly, we understand from the mayor's recent column in the newspaper that the town's sewer plant has the capacity to handle double what it handles today. It is our understanding that the main reason for the expansion of the sewer plant a number of years ago was to protect our water supply which comes from Lake Sequoyah. There are still many homes around the upstream Cullasaja River, Mirror Lake, and Lake Sequoyah that are not connected to the sewer system. How tragic it would be if sewer capacity for those homes were needed because of septic failures, but was not available. The mayor's answer to adding others onto the sewer system is to vote increased taxes. If property owners in the town limits need the sewer system, do you think it would be fair for them to pay a tax increase plus tap-on fees while the Housing Project only pays tap-on fees and no taxes to the Town?

Third, the corner of Highway 64 East and Buck Creek Road is already a dangerous intersection where accidents have already occurred and near misses happen every day. As one of the two primary routes to Franklin plus the location of the recycling

center, this intersection gets an enormous amount of traffic. The addition of 48 plus cars to that intersection several times a day will compound a situation which is already unsafe.

Fourth, this project will be located adjacent to the Chestnut Hill Retirement Community. Chestnut Hill is already struggling to survive and this housing project will do nothing but intensify their problems of attracting seniors to that community.

Fifth, the Task Force has indicated that this housing will be for school employees, health care employees, retail workers, town workers, etc. In speaking with the officials at the school, it seems none of the seven new teachers coming to work this fall are in need of housing, all have found their own housing. We have also spoken with the hospital administrator and there also does not seem to be a problem there with their workers needing housing. That leaves retail employees and Town of Highlands employees. In doing an informal polling of many retail business owners in this town, we have found almost no need for housing for their employees. So, are we to understand that this housing is for the benefit of town employees?

Another consideration should be the impact 48 new families will have on the Highlands School and the medical services in the community. If these are young, working families, how many additional

children will be attending our school? Or placing their children in the Highlands Day Care Facility? We would suspect that most low income families who would live in this project will not have insurance. Will these families use our emergency room at the hospital as their first line of medical care? This "for profit" project will not contribute to the tax rolls in Highlands yet the residents of the project will certainly put a strain on much of the town's resources.

We believe that the majority of this housing will not be filled with "local" folks as the Task Force indicates but rather be filled with families that are currently residing in Franklin, Sylva, Dillard, or Clayton. Where will these folks shop or dine in Highlands. As we all know, the cost of living is higher in Highlands than it is in Franklin or those other towns. And let's not forget that we all pay a premium for the labor force that works here and commutes from other areas, because they have to drive up the mountain. We wonder...will our costs for lawn care, cleaning services and carpentry go down accordingly??

One of the most endearing things about Highlands is the generational endurance of families who were born here (or who have lived here for many years) and whose children and grandchildren stay in Highlands or return to Highlands to live and work. These are the "local" folks and we do not believe that this rental project is where these "local" folks would choose to

live – in subsidized housing.

It is our opinion that all of these concerns are critical to your decision regarding any support or extension of services to this project. We ask you to consider the Town of Highlands residents/property owners and their needs before you consider approving anything outside the town for a project like Shortoff Woods.

Respectfully,  
Judy and Louie Michaud  
Highlands

### An Open Letter to the Highlands Town Board in favor of 'Shortoff' Woods'

Dear Commissioners,

I am writing to express my support for the proposed Shortoff Woods affordable housing development on Buck Creek Road. Affordable, work force housing has long been a recognized need for the greater Highlands community. This project will finally help address that need.

In supporting Shortoff Woods and its goals for our community, we recognize that the Board of Commissioners is faced with two complex, but very independent decisions on August 6th. The decision to make a commitment to allow the developer of Shortoff Woods to connect to the existing town water and sewer infrastructure in the vicinity of the property will express the Town's support of affordable housing for our work force while not costing the Town or taxpayers anything. It is a commitment to do the right thing for the hard-working families that support and provide our quality of life on the plateau.

There have been several letters written to the two local newspapers predicting dire circumstances if the project were to go ahead. I fully sympathize with some of the thoughts expressed as I have seen several disastrous projects constructed in several of the Caribbean Islands, particularly the US Virgin Islands. Those of us who have worked on developing the Shortoff Woods development are well aware of the dangers of constructing the "instant slum." The fear of this on Shortoff Woods is baseless. The continued maintenance of the project to high standards is guaranteed, and the tenants that will occupy the project will be well screened as to their ability to meet the

• See LETTERS page 3

### LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands' Newspaper.

Please email letters by Monday at 5 p.m.

There is a 500-word limit without prior approval.

## Highlands' Newspaper

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## • OBITUARY •

### Evelyn Marie Carver Webb

Mrs. Evelyn Marie Carver Webb, of the Satolah Community, died Saturday, July 19, 2008 at Fidelia-Eckerd Nursing Home in Highlands, NC. She was 80 years old. She is survived by her husband of 46 years, Mr. John M. Webb. Mrs. Webb was a member of Macedonia Baptist Church and enjoyed working in her flower garden.

In addition to her husband, she is survived by her sister, Mrs. Edna Hunt of Franklin, NC and her brother, Hershel Carver, also of Franklin, and several nieces and nephews. She was predeceased by her parents, Albert and Icie Carver of Clear Creek Community and a brother, Lester Carver.

Funeral services were held on Tuesday, July 22, 2008 at 3 p.m. at Macedonia Baptist Church in the Satolah Community. Burial was in the church cemetery. Rev. Jamie Passmore and Rev. Oliver Rice officiated. Pallbearers were Dennis Ivester, Kevin Nix, Marvin Chambers, Morris Nix, Glandon Vaughn, Kenneth Carver and Lewis Carver. Online condolences may be made at [www.bryantgrantfuneralhome.com](http://www.bryantgrantfuneralhome.com) Bryant-Grant Funeral Home was in charge of arrangements.

## • MILESTONE •

### Local film director honored

Motion picture producer/director/writer, William Grefé of Scaly Mountain, has been honored with a Lifetime Achievement Award by the Film, Recording and Entertainment Council in Florida.

Grefé has produced, directed or written more than 25 feature films, two of which he filmed in North Carolina.

Entertainment Review named Grefé "The Man Who is Florida Film."

In addition to his producing and directing films, he served as the president of Ivan Tors Studios in Miami, which produced the television series "Flipper" and "Gentle Ben."

On August 12, Grefé will be honored in Hollywood, Calif., at the New Beverly Theater, with the showing of his films "Stanley" and "Impulse."

He, and actor William Shatner, will share

the stage of questions and answers of these films.

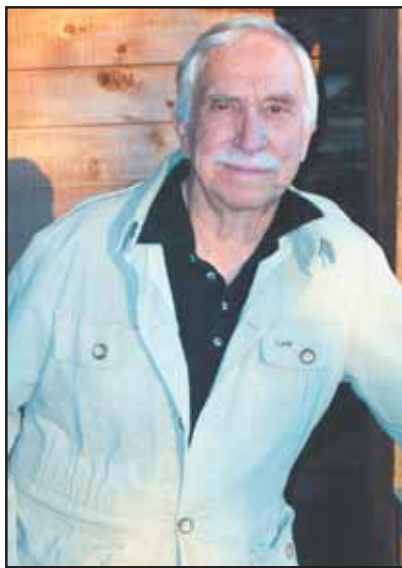
Grefé has worked with Rita Hayworth, Don Johnson, Ruth Roman, William Shatner, Mickey Rooney, and Academy Awards recipients and nominees, Jackie Gleason, Jack Palance and Richard Jackel.

He is known for being absolutely conscious of a production's budget, yet completely focused on producing high quality projects.

The Grefés have had their summer home in Scaly Mountain for more than 30 years.

His movie "Whiskey Mountain" was filmed in and around Highlands.

**William Grefé**



Grefé has a script that is perfect for the Highlands area and is making an effort to produce this film in the fall. Those interested can view more information at his website, [www.WilliamGrefe.com](http://www.WilliamGrefe.com)

### ... LETTERS continued from page 2

requirements. One only has to look at the similar projects in Franklin that are several years old to see a relaxing and beautiful place to live that adds to the value of the surrounding community.

The additional decision whether or not to allow other property owners in the vicinity of the existing water and sewer lines to the Highlands-Cashiers Hospital is a political decision and one that is unrelated to the Town's vital support of the area's need for affordable work force

housing. We believe the other property owner arguments have merit, but also urge the Board of Commissioners not to let this issue get in the way of making the right decision for work force housing.

A decision to approve the commitment to allow Shortoff Woods to connect to the Town's water and sewer service is the right decision. I support you in this decision.

**Richard C. Lawrence**  
Scaly Mountain

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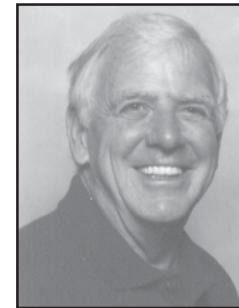
2 Entrances – Main Street and Oak "Across from The Playhouse"



## • LAUGHING AT LIFE •

### One of my favorites

This week, I am like the butcher who accidentally backed into his meat cutter and got a little behind in his work, I am embarrassed to tell you I have nothing prepared. Instead, I took one of my favorite stories from my book, "I'm Moving Back to Mars." Please accept my apology.



**Fred Wooldridge**

**Feedback is encouraged!**  
email:

[askfredanything@aol.com](mailto:askfredanything@aol.com)

With our backpacks full beyond their capacity, the three of us headed out into the cool, drizzly morning. The oversized ponchos, draped over our bodies, made us look like characters from a "Star War" episode as we trekked through the foggy, rain soaked forest. Compass in hand, we were unable to see the mountain ridge we needed to maintain our heading.

Following our instincts, we reached the cliff's edge just as the rain stopped and the sun began to burn away the fog. Soaked with perspiration, we pulled off our ponchos, dropped our packs and sat, staring at one another, gulping in air. After what seemed like an eternity of silence, Cindy spoke. "Dad, why are we doing this?" I didn't answer.

Dave Lindsay was the first to stand. He unzipped his pack and pulled out rope slings without saying a word. "Why is everyone so quiet?" I thought to myself. Instinctively, the four of us got busy rigging the site for what was to become the most insane thing we had ever attempted. We would rappel the south wall of the Cullasaja River Gorge.

I had been staring at the cliffs since I arrived here in 1968. Big, bold and dangerous, they beckoned me. Every trip to Franklin and back, I would look at them across the vast gorge. Now, here I was, lifting 600 feet of rope on my back to begin the descent.

"See you at the bottom" was all I could think to say. I began hacking my way through ten feet of undergrowth near the cliff's edge. By the time I reached the granite, my breathing was labored and my heart was pounding from excitement and fear.

Once I was in the clear, I turned to drink in the view. It was one of the most beautiful sights I had ever witnessed. To my right, the vast gorge widened before me, giving me a breathtaking view of the forest and the farmland, dotted with tiny houses and barns. To my left, the gorge narrowed and seemed more threatening because of the jagged, sheer granite and loose rock. We had avoided that area because we felt it might cut our ropes.

Turning in my harness, I could see my

friend and video cameraman, tiny as an ant, sitting on the guardrail across the vast gorge. I waved, then took a deep breath and looked down between my legs. Far below, the tops of seventy foot trees seemed to point their limbs toward me. I could not see the bottom as it was too far away.

I pulled rope from my pack and slowly started my descent. A cool breeze blew across my face and seemed to calm me and give me confidence. It was

remarkably quiet out on the face of the cliff. The only sounds were my feet crushing the sun-dried lichen that had, long ago, attached itself to the sheer rock. Drinking it all in, I slowly descended. There, in a small crack in the rock, a tiny white flower bloomed. Am I the first human to see this flower? Why am I so impressed?

Midway, I became overwhelmed with the vastness of this giant piece of granite. I felt so isolated, like I imagined it would be to walk on Mars. Had any other human ever gone this way? So much barren, vertical rock made me feel insignificant. Fear began to creep into my being. "Get a grip," I whispered softly and continued my descent.

After descending to the tops of the trees, I turned to wave goodbye to my cameraman and lowered myself out of his sight. Seventy feet below, the terrain was hostile. I couldn't find a suitable landing spot. I moved horizontally across the face of the rock and suddenly, as if God were guiding me, I spotted a tiny, flat opening in the forest, just a few feet wide. I stopped just one foot from the forest floor, not wanting it to end. All alone, I stepped to the ground.

I am almost too embarrassed to tell you the antics I went through at the bottom. First there was the dancing, then a couple of high fives against the granite, all the time talking to myself. Then, in a moment of solitude, I leaned forward and kissed the rock.

Watching my daughter and Dave Lindsay descend was fun. There were hugs, high fives and hand shakes at the bottom. I never told them until later I had kissed the rock.

Getting out of the gorge proved challenging. Detached from our rappel lines, we continued to descend into the gorge and toward the river. The terrain was so steep and the forest so dense we had to use the trees and our sling-ropes to maintain control. Our trek was slow, but steady. Once we heard the roar of the river,

•See WOOLDRIDGE page 26



## • THE VIEW FROM HERE •

### What's the real reason people don't want it?

When people ask me my opinion on local issues that I answer that I live in Seneca and sleep in Highlands. That is because my work is in Seneca and I spend five days a week there. Highlands is a fine place to sleep, but I have little interest, and even less knowledge, of local controversies. But a column by the mayor piqued my interest in the Short-off Woods controversy and local response to it. I won't recap the project because you know more about it than I, but I am fascinated with the complaints against it.

My favorite is that Buck Creek and U.S. 64 is a dangerous intersection and would become more dangerous if traffic increased. Rings hollow to me, but what do I know? I am thrilled that our citizens, in a spirit of community, fear for safety of potential tenants at this hazardous crossing. Traffic control is the reason stop lights were invented, and I wonder if entering U.S. 64 is really more dangerous than driving from Franklin or Rabun County. It certainly is a less expensive commute.

I read that some are concerned that the apartment complex would strain local school capacity. A guy who knows about these things told me that it is more likely that the school serving the area will close due to declining enrollment.

Then there is the question of the subsidizing the project by providing sewer and water. Opponents express concern that the move will open a floodgate of requests by others living outside the city limits. They cite fairness in offering services to a housing complex outside of town while some tax paying city residents are denied access to the same services.

That one is hard to argue with, except that I don't think it's the real reason. The city and the mayor you voted for have established "affordable housing" as a community priority. I think it is only reasonable that people should be able to live where they work if they choose to do so. Some Highlands residents are not on board.

Other communities have taken a different approach to the problem. Some of the extravagantly expensive western ski towns offer subsidized purchase of homes to some residents. The principal of the high school in Steamboat Springs bought such a house. The appropriate catch is that if he leaves, he is required to sell the home back into the system. No one can complain about windfall profits and the city achieves a level of diversity, and has a recruiting tool for attracting



**Dr. Henry Salzarulo**

**Feedback is encouraged.  
email:**

**hsalzarulo@aol.com**

important, but relatively poorly paid, residents.

That is one approach to providing housing for those who work in a community, but who could otherwise not afford to live there. Another is providing water and sewer. As I understand the arrangement the developer provides one half the units at below market value in exchange for concessions by the city. Sounds fair if the goal is a more diverse community.

Several years ago, shortly after we moved here, we attended a dinner party. Highlands

Country Club was building employee housing. Another guest said that if the club wanted to build housing for employees, it should do so in Scaly, and added that Mexicans breed like rabbits. He obviously believed that the hutches should be located out of town. The mayor's assurance that the apartment population will be 97% white reminded me of that statement, and made me wonder if the real issues were traffic, schools, and fairness. Those are far more acceptable reasons to object, but what is the real reason? Maybe a more diverse population is good for Steamboat or Scaly, but unacceptable in Highlands.

## • THANK YOU •

### To Ms. Mayer

This is a 'Thank You' Note to Sara Mayer. Mrs. Mayer was my 4th grade teacher.

When I read she was retiring, I began to remember what being one of her students was like. She is kind, compassionate, and caring.

A lot of the ideals I hope to teach my girls I learned from her. She taught me that anybody could do anything; that there is no limit as long as you dream.

She showed a skinny, stringy-haired girl with thick glasses that doors of possibility can be opened by anyone. She took us to worlds outside the classroom. For a few minutes everyday we escaped to the worlds in the books she read to us, even though we never left the carpet in the back of the room!

Sometimes as an adult I forget to dream, I forget to think of others, I even forget to be kind. But all I need to do is remember those moments on that carpet and I can set myself straight! So thank you Mrs. Mayer! Thank you for believing in me, thank you for never giving up on skinny, stringy-haired girls with thick glasses, thank you for reminding us to dream.

Mandy (Owens) Houston

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## • REFLECTIONS FROM TURTLE POND •

### Consequences

Politics is like sailing — to go straight into the wind you have to tack back and forth. In non-sailor terms, you turn left, then over-correct right, then over-correct left. Done skillfully, this can result in very rapid movement forward even against the strongest of headwinds.

Last week Jim Riddle wrote a letter-to-

the-editor about one of my columns, in which he stated what he thought was the main difference between liberals and conservatives: conservatives think people should be free to make their own choices and to experience the consequences of those choices, while liberals want to pre-



Katie Brugger  
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vent people from making certain choices, and also try to soften the consequences of the choices people do make.

Mr. Riddle is correct about this being a difference, although I'm not sure it's the "main" difference as he suggests. I would agree that experiencing the consequences of our actions is the best way to learn from our mistakes.

My mother has said, "The one thing I would do differently in raising my children is to let them experience the consequences of their actions instead of trying to protect them. I think they would have had fewer problems later in life."

But let's take a minute to look at the "consequences" liberals are trying to protect us from.

From the late 1800s until the late 1920s conservatives ruled in this country. The early part of this period was called the Gilded Age (because there was astonishing wealth but it was only a thin veneer covering a large suffering underclass). This was the era that modern laissez-faire conservatism look back on with longing and nostalgia: no income tax, no minimum wage, no worker protection, no environmental regulations, no quality or safety controls on products (to see what this meant for food, read *Terrors of the Table*, by Walter Gratzer, 613.209G.)

The end result of this orgy of unregulated capitalism was the Great Depression.

In the 1930s liberals gained power because it was obvious that unregulated laissez-faire capitalism had not worked. Franklin Delano Roosevelt instituted many new forms of worker protection, including minimum wage laws and Social Security; and financial regulations, including the Glass-Steagal Act (which created firewalls between commercial banks, investment banks, insurance companies, and securities firms) and the Security and Exchange Commission, which regulates the stock market.

From a conservative point of view, all of these regulations took "choices" out of people's hands. An employer could no longer choose to pay people starvation wages. Bankers could no longer choose to take

people's savings deposits and gamble with them in the stock market. Stock brokers could no longer lie about the stocks they were selling.

The result of these restrictions on choice? A flowering of the American middle-class and a golden age of prosperity that went so deep it even included the working class.

As with most movements the liberals went too far trying to protect and shield everyone from all harm. The result was stagflation — high inflation and a stagnant economy—in the 1970s.

By 1980 the American people were receptive to the conservative ideology that liberal policies such as business regulations and welfare, in conjunction with high taxation, discouraged work and innovation.

For the next 30 years conservatives tried to turn the clock back 100 years by removing regulations and protections, and what is the result? A bleak economic outlook that many are darkly warning could turn into a depression.

As an example of the deregulation, in the late 1990s Republicans in Congress led by Senator Phil Gramm repealed the Glass-Steagal Act. Many economists assert that this is a significant factor in our current economic crisis. Gramm also pushed through the Commodity Futures Modernization Act in 2000 which, Gramm declared, would ensure that neither the SEC nor the Commodity Futures Trading Commission could regulate the new financial products called swaps — and would thus "protect financial institutions from over-regulation." Because of the swap-related provisions of Gramm's bill a \$62 trillion market, nearly four times the size of the entire U.S. stock market, remained utterly unregulated, meaning no one made sure the banks and hedge funds had the assets to cover the losses they guaranteed. (Rumors are Gramm would be Treasury Secretary if McCain becomes President.)

I'm thanking FDR for the FDIC program right now. I had a CD with IndyMac Bank (which just failed) and I am extremely relieved that I don't have to worry about losing that money — just a few weeks' interest. Wouldn't a strict laissez-faire capitalist say I deserved to lose that money because I should have been alert to the precarious state of the bank and withdrawn my money before it collapsed? That neglecting my finances meant I deserved to lose?

The irony of Mr. Riddle's point is that conservatives don't really think everybody should be exposed to the consequences of their actions; they are selective about who should suffer and who should not. What else does the phrase "too big to fail" mean?

• See BRUGGER page 9

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## • COACH'S CORNER •

### Redemption possible for Dream Team...but not a guarantee.

Some folks have taken to calling this year's version of the US Olympic Basketball team the "Redeem Team" in hopes that they will return the US to the top of the world basketball heap. Certainly, the bronze medal that the US collected at the Athens games in 2004 will provide plenty of motivation for a gold medal performance in August — unfortunately, the US will need a lot more than simple motivation if they want to collect gold in 2008. One of the worst realizations of the 2004 Olympics was that the rest of the world was no longer "behind" America on the basketball court. The influx of foreign players in the NBA confirmed that while the US still had the majority of the NBA talent, they didn't hold all the cards.

With a more even talent pool and superior preparation and team play, the rest of the world proved in 2004 and the 2006 world championships that the United States no longer had a monopoly on basketball gold. This came as a difficult pill to swallow for the many Americans that assumed that all that was required for victory was for NBA players to simply show up and play hard. There was a great deal of hand-wringing over the United States' failure at those Olympics, and there were many changes brought forth by the US Olympic committee and Jerry Colangelo to try and remedy the problems facing USA basketball.

Despite hiring coach Mike Krzyzewski and taking a new, more thorough and more detailed approach to the process of selecting a team and developing team chemistry, it was still not enough to gain a gold medal for the US in the world basketball championships of 2006. With a larger pool of players and more practice time, it appeared early on that the US had regained its footing on the international scene, but there were still several apparent issues.

In 2006 the United States played with greatest intensity and drive than in years past, but still could not handle the savvy and shooting of international squads (they were beaten soundly by a Greek team with exactly zero NBA players). The US team struggled particularly against the international style of offense, which involves great skill on the perimeter and an emphasis on outside shooting that the US could not defend.

With an overhauled roster that includes Kobe Bryant, LeBron James, Carme-



**Ryan Potts**  
tryanpotts@hotmail.com

lo Anthony, Dwight Howard and shooting specialists Michael Redd and Deron Williams, the US team looks loaded once again.

Coach K has brought a renewed emphasis on the defensive end, and assistant coaches Mike D'Antoni and Jim Boehiem bring to the table experience with the intricacies of different strategies that the US will likely

face. There is no doubt that this is the best "team" that the United States has brought to international competition in over a decade. However, the biggest challenge at the 2008 Olympics will not come from Greece or China or even the pick and roll. The challenge for this particular version of the Dream Team is going to be one of attitude.

The United States, Coach K, and the fans must come to the realization that basketball is no longer "our" game, and play with the intent of winning a competition, not winning back a sport that will never again belong solely to us. The focus on redemption, reclamation, and all of those other "r" words is simply rubbish. (How about that bit of alliteration — English teachers around the world...rejoice!)

Team USA cannot go into this competition with the idea of taking back something that was once ours. Instead, they must view these Olympics in the same way that they would view an NBA championship, and then play with that same intensity. By attacking the Olympic competition for what it is — a competition — the United States can once again earn a gold medal and a World Championship.

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### Benefit for the Tim Alexander family

On Saturday, July 26, there will be a benefit for the Tim Alexander family featuring BBQ by Joe Goeghan and Ron Leslie, live music by Benny Queen and the Wild Hog Band from 7-9 p.m. A raffle will take place from 4:30-9 p.m.

There will be BBQ and baked goods for sale, an auction and two raffles.

BBQ is available on site or for carry-out at \$8 for adults and \$6 for children. Both a silent and live auction will be held with gift

certificates and items available from local businesses.

Raffle drawings will take place at 8 p.m. with raffle tickets being sold until 8 p.m.

Raffle #1 is a Nikon Camera from High Country Photo, a Holland Gas Grill from Wilson Gas, \$100 gas certificate from Farmers Market and a Toll Kit.

Raffle #2 is for a 12 gauge H&R shotgun from Reeves Hardware. Call Wade Wilson for tickets at 371-1126.



# Green Living Fair



At the Highlands Civic Center

## Schedule of Events

Friday, Aug. 1 @ 6:30 p.m.

Spaghetti dinner and program lead by guest speaker Ned Ryan Doyle (\$5)

Saturday, Aug. 2 @ 8 - 11 a.m. -

Produce Tailgate Market in front parking lot

Saturday, Aug. 2 @ 10 a.m. - 5 p.m.

Green Living Fair, indoors, rain or shine, featuring 30+ vendors and conservation groups, speakers, movies, & children's programs (\$5 adults, \$3 teens, Free for children 12 & under)

## Schedule of Speakers

10:15 - 11 a.m. - Self Sustainable Simple Living

10:15 - 11 a.m. - Organic Recycling

11:15 - 12 Noon - Organic Gardening

11:15 - 12 Noon - The Relevance of Structural Integration in a Green Revolution

12:15 - 1 p.m. - Backyard Composting

12:15 - 1 p.m. - Living Off The Grid

1:15 - 2 p.m. - Easy Ways To Be Green

1:15 - 2 p.m. - Green Home Certification

2:15 - 3 p.m. - Alternative Energy

2:15 - 3 p.m. - Building A High Performance Home

3:15 - 4 p.m. - Film - The Story of Stuff

3:15 - 4 p.m. - Green Home Marketing 101

4:15 - 5 p.m. - Film - Kilowatt Ours

(A film about energy conservation and alternative energy)

## Children's Program Schedule

Gardening/planting station - planting seedlings in recycled containers that kids decorate

Coloring/drawing station - coloring projects include forest awareness & recycling info

10:30 - 11 a.m. - Movie - "The Story of Stuff"

11:15 - 11:45 a.m. - Story time with Granny Chew

1 - 1:30 p.m. - Story time with Granny Chew

1:45 - 2:15 p.m. - Hand made toy workshop

2:30 - 3 p.m. - Story time with Granny Chew

3:30 - 4 p.m. - Movie - "The Story of Stuff"

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# • HIS & HERS •

## All the world's a stage...

And I'm in the audience, coughing. Or, rather, I'm sitting in the back of the auditorium, in an aisle seat. This is so I can bolt out of the concert the minute I think I'm going to have a coughing fit. Inflicting one's coughing is just the kind of thing my parents did not raise me to do, along with talking during a concert or shuffling my

program. Heaven only knows what they would have thought of the woman in front of us, text messaging during the concert, barely looking at the performers on stage. You have to wonder why she bothered attending in the first place, since the concert seemed like such a low priority to her.

Yes, it's the height of the concert and play season, when Highlanders - full and part time - are busy attending the vast array of excellent programs put on during the summer months. At this hectic time of the year, I have come down with bronchitis. Perhaps, like me, you almost welcome a winter cold. When it's windy and nasty outside, there you are, snugly tucked in bed, drinking hot toddies, and reading Agatha Christie. Alas, a summer cold lacks all of the charm of a winter cold. You felt hot and sticky before? Now you feel hotter and stickier. You were thirsty before? Now you are thirstier. You couldn't sleep well because of the heat? Now you really, really can't sleep.

I finally broke down and went to the doctor. It was comforting to get the diagnosis, at least. Less comforting is the medicine. Do not take with booze. Do not take with milk. Make sure you are standing or sitting for at least one hour after taking. May make you sleepy. Sleepy? For someone who hasn't had a decent night's sleep in a week, I have only one thing to say - bring it on!

There are two people (OK, not exactly people, but creatures) who were delighted with the recent turn of events, however. Our cats, Orion and Weasel, love having a sick Mama around the house. They curl up in bed next to me, and snooze for hours. The only sounds in our room are the gentle snoring of cats and the turn of the occasional page of my latest read. The good thing about reading murder mysteries when you're sick is that you feel better than at least one person in the story, hopefully, the deceased.

It's nice to be vindicated in your follies. I have been collecting tons and tons of books - both hard and soft cover - hoping that one day I'd have enough time to read them. Now I do. Once I've read them, I find them good homes, either with friends, or the numerous local charities which are grateful to get donations. I remember with a touch of embarrassment the comment from the courageous Irishman who lugged my books, two boxes at a time, up the stairs on his back to my study. "Excuse me, darlin'" he said, with that lovely Irish lilt. "Do ya not think you might watch a bit more television?"

Getting away from books and television brings me back to those plays and concerts. John and I love going out,



**Michelle Mead-Armor & John Armor**  
michiemead@aol.com  
John\_Armor@yale.edu

and there's nothing like a live performance for its sheer magic and electricity. While I love going out, I find myself becoming increasingly intolerant of my fellow audience members. Don't you hate it when you arrive early, to get a great seat, only to have a former member of the Harlem Globetrotters sit in front of you just as the curtain starts to rise? This means you have the choice of waving your head back and forth like a metronome for the entire performance just to see what's happening, or take your chances and dive for an empty seat before the action starts.

At a recent concert, I had my own member of the morality police sitting in front of me. There he was, one of those people who take applause at the end of each movement as a personal insult. Those of us who were carefully raised were told by our parents that you only applaud at the end of a piece, not after each one of the movements. What folks may not know is that this was not always the case. The great conductor Pierre Monteux actually said: "I do have one big complaint about audiences in all countries, and that is their artificial restraint from applause between movements or a concerto or symphony. I don't know where the habit started, but it certainly does not fit in with the composers' intentions." In fact, before 1900, audiences normally applauded after each movement. Somewhere along the line, this stopped happening, perhaps because all that clapping made performances too long for both the audience and the performers.

In any case, I had the avenging angel in front of me. With each "uncalled for" round of applause, he would lean over and glare at the offending members of the audience. Several people joined him in shaking their heads. "Peasants!" you could almost hear them mutter. I don't know about you folks, but applause between movements is real low down my list of things that bug me.

So, what does annoy me at concerts or plays? Automatic standing ovations, for one thing. Standing ovations used to be

• See HIS & HERS page 21



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## • CONSERVATIVE POV •

...Satan, mighty Satan, had struck out. For those of you who had better things to do the other Monday night, this will come as news; if you saw it, forgive the repetition. On the night prior to the baseball All-star game, the marketers have created another night of television for sports junkies like myself. The format is quite simple. A batting practice pitcher throws up balls easy to hit, and, in the first round, eight of baseball's mightiest sluggers try to hit them out of the park – home runs to the uninitiated. The four that hit the most go on to the second round and the best two of them go to the finals slugoff.

Pretty boring stuff, right? Well, not really, if you have a pulse. Among the original eight was Josh Hamilton, an outfielder for the Texas Rangers. The reason he was chosen to participate is that he is having a highly productive year, driving in 95 runs by the All-star break. This is a very good total for a full year, and it's only half over. Enough background, lets get to the real story.

To give you a look into Josh's person, he brought his own "batting practice" pitcher to Yankee Stadium to throw up the "powder puff" pitches. The gentleman Josh chose was a 71-year old who had pitched to him as a coach as Josh was growing up. Why? Josh thought he would enjoy it and deserved it as a reward for all the time he spent coaching kids and young men over many decades. Pretty sensitive for a big-time ball player, don't you think?

Here's how it is works. The batter either hits a homer or goes out. It's one or the other. The batter keeps on swinging until he has hit ten outs. The number of homers compared to the other participants determines if he will progress. Guys came up and hit six or seven or eight before they were "out." Hamilton came up and started wailing. His septuagenarian friend threw 'em, Josh hit 'em. And hit "em" and hit "em."

Four hundred fifty feet they flew, 475, 500, 524! Participants in the Derby were

### There was joy in the Bronx...



**Don Swanson**  
Feedback is encouraged. Email  
swandonson@dnnet.net

pictured, some with jaws dropped, some mouthing "WOW." The fans went wild. Hard hearted New Yorkers in the stands chanted Josh's name. Ten flew out. High fives all around. Then 15 had soared into the night sky. Reasonably sane people in the stands joined with strangers in the excitement (it's a baseball thing). Twenty! More than twice as many as anyone else.

The announcers couldn't keep up and occasionally were speechless, letting the scene speak for itself. The old man (younger than I so I can say it) kept on putting them up, Josh kept putting them out. Twenty-five and he still had outs left. I, along with 6.3 million others, was moved. Who would have thought that a by-product of an All-Star Game would have brought comments from seasoned broadcasters like, "I've been in this business for a long-time and I have never seen anything to match this?"

Standing up and swinging a bat for all it's worth for a half hour wears one out. Fatigue finally caught up with Josh after he had racked up 28 home runs. Since your total for the first round combined with the second round's production determined who advances, Hamilton just took a few swings in the second round to keep loose and went to the third, where the count starts from zero.

As it turned out, Justin Morneau ended

up winning the third round and the Derby. Was Josh totally drained from his first round performance? Don't know, don't care, as did nobody else who watched. The evening belonged to Hamilton and that was that. Being interviewed by Erin Andrews (hottie) after the dust had settled, Hamilton gave sincere credit to his Lord and Savior, Jesus Christ. And now, the rest of the story.

In 1999, Hamilton was the top over-all pick of the Major League draft. He

signed with the Tampa Bay Devil Rays, receiving a \$4 million signing bonus. His character, talent and values were unparalleled in a pro athlete. Then his growing addiction to drugs, alcohol and ultimately crack started taking a toll. He failed several drug tests, went missing, blew most of his money and was suspended by Major League Baseball, twice. After eight failures at rehab, he thought he was going to die.

His friends and family led him to the Lord, and after three years in the wasteland, he's back on top praising the Lord. Take that, Devil.



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**\*Please Note:** Some Highlands-Cashiers Hospital emergency room physicians are independent and may not accept UnitedHealthcare plans, Medicare assignment, or other private insurance plans.

### ... BRUGGER continued from page 6

It's OK for us little people to lose our homes because of unethical predatory lending practices, but the billionaires who invested in the hedge funds that bought up all those sub-prime loan derivatives need to be shielded from losing their shirts, because if they fail the whole economy would collapse. The government (didn't Reagan say "government was the problem, not the solution?") must swoop in and bail them out.

I'm sure the retort would be that some of those investors were pension plans and universities, so lots of "little people" would

suffer if those investments were lost.

In the last 100 years our country has tacked right and hit depression; tacked left and hit stagflation; tacked right and hit severe recession (at least). I guess it's time to tack left again (but please notice who benefits most from each tack — rightward benefits the few, leftward benefits the many).

Isn't it time we learned to be better sailors?

• All of Katie Brugger's columns are available on her website:  
www.kathleenbrugger.com



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## • COOKING ON THE PLATEAU •

### Step Up Summer Salads

Summer and salads go hand in hand - juicy fruits, fresh vegetables and crisp lettuce are in season making it a great time of year for this light and tasty dish. With so many ingredients to choose from, putting together a refreshing salad is a snap.

Hormel Foods' Test Kitchen Director Joan Hanson shares tips and tricks to add variety and unexpected flavor to this old summer standby.

"Salads make wonderful summer meals and offer endless possibilities. By mixing up the toppings and dressings, you can create an entirely different salad everyday," says Hanson. "Try incorporating new colors and textures into your salads to keep your taste buds guessing what might come next."

A colorful salad starts with the greens. Try using several varieties, mixing romaine lettuce, fresh spinach, or spring greens. You can buy premixed greens or mix and match your own, and keep in mind: the darker the greens, the more nutrients they have.

Once you have your base of greens, top the salad with surprising ingredients. Hanson offers a variety of tasty options that will really make a salad sing.

#### Hunger Helpers

- Power Protein: Add cooked chicken, steak or bacon to create a main dish salad that will stave off hunger for hours.

- Bunches of Beans: Kidney, garbanzo or black beans add even more protein, but also try the unique flavors of tofu or edamame (green soybeans) to add texture and fiber to your salad.

- Sharp Cheeses: Take advantage of robust flavors like blue cheese, gorgonzola or feta. A small amount packs a lot of flavor.



#### Leave Out Lettuce

- Fruit and Bacon Salad: Chop red and green apples, toss with mandarin oranges, seedless grapes and Hormel® Premium Real Crumbled Bacon. Mix in your favorite honey Dijon dressing for a sweet and savory treat.

- Tomato Mozzarella Salad: Slice tomatoes and fresh buffalo mozzarella cheese. Stack on a bed of basil leaves and drizzle with balsamic vinaigrette for a rustic flavor.

- Bacon Broccoli Salad: Combine Hormel® Real Bacon Pieces, broccoli florets, raisins and sunflower seeds. Create a homemade dressing of 1/3 cup plain yogurt, 1/3 cup mayonnaise or salad dressing and 2 tablespoons thawed frozen orange juice concentrate and pour over salad. Chill and serve as a summer side dish.

#### Tempting Toppings

- Fresh Fixings: Include shaved sweet corn fresh off the cob or fresh pea pods to enhance a basic lettuce salad.

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Courtesy of Family Features





## • ANOTHER POV •

### News worthy? You bet!

For a year now the political scene in regards to Iraq has been all about timetables. There has been so much rhetoric about just defining withdraw we approach the absurd. The President and John McCain have been and continue to fight against the idea of timetables in regards to bringing our troops home. For the last few months, the Maliki government of Iraq has refused to sign an agreement with the United States on the terms for the long term presence of our troops in Iraq. Sometimes I have to take a step back and think about these things. Our government states that we refuse to have a timeline for withdraw and the country that we supposedly beat is refusing to let us stay. I'll get back to that.

The Administration is steadfast against timelines, but on July 18<sup>th</sup>, the President announced that we can have "aspirational goals" and "time horizons" in regards to the redeployment of our forces. Talk about euphemisms and saving face. Aspirational goals? Please!

This week Senator Barack Obama went to Iraq and the sound bites went into full swing just about the visit. Everything from, he should have visited earlier, to the visit is receiving too much high level press. There are even claims that the media is bias and has been unfair in their coverage of Senator McCain who has been there nine times. Really, unfair? He's been there nine times and nine times he has come back and said the same things. We've all heard it. Accusing the news media of being unfair in this case is like saying the media doesn't pay enough attention to Paris Hilton, who, for the ninth time, has just acted like a spoiled, rich, uncontrolled child. Hey, we've all seen it and who cares? Tell me something new.

Is the press giving more attention to Obama's visit than McCain? Of course they are. Why? Because its *news*. Obama is young, fresh with enthusiasm, is expressing new ideas, is the presumptive Democratic candidate for President, and it is his first visit. And let's not mention that the world is watching. They are excited about a change in American politics, and he is not a white man running for President.

In a world that looks to America for change and freedom, the fact that we have a Black American from one of the two major parties running for President is a huge news story in and of itself. This country has proudly professed that this is



**Matthew G. Eberz**  
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the freest nation in the world; that anyone can rise to the level of their potential in this country regardless of race, religion or sex. If nothing else, the Clinton – Obama primary is a testament to that principle.

Senator McCain's website provides his position on Iraq and troop withdraw. "It would be a grave mistake to leave before Al Qaeda in Iraq is defeated and before a competent, trained, and capable Iraqi security force is in place and operating

effectively." I have to ask, when will that be? Five years of training and they are not ready? When I was a soldier no one gave me five years to do anything. And what about Al Qaeda? Finding them is beginning to sound like the old jokes about Viet Nam and finding "Charlie." "I've been looking for Charlie but we can't find him. We keep finding guys like Trang, Xuan and Duong, but no Charlie." So where is "Al?"

The joke is old, and maybe not even funny, but what's clear is that we don't know who the enemy is, nor where he is. And anyone who says they do, they are either a liar or incompetent. For if they really did know then we would have taken him out. And if we did know and couldn't take him out then we must be incompetent. Either way it does not speak well for our efforts to find "Al."

In an interview on Tuesday, Senator Lieberman said, "That (Obama) was prepared to accept retreat and defeat." I would answer the Senator by saying, we are not in a battle to retreat from, nor can we be defeated in a war we are not waging. If we were at war, our army would be marching, our tanks would be rolling and our aircraft would be striking targets. What our army is doing is standing in the middle of uncertainty, desperately seeking stability, in a land of insurrection, inequality and insanity. All the while wondering, when do I go home?

So is Obama's visit to Iraq news worthy? You Bet!

Next week I will have Another Point of View.

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## School dietician and staff develop new recipes to make school food healthy and tasty

By Sally Hanson  
 Reporter

It's a tall order to deliver nutritionally-balanced school meals at an affordable price to the students of Macon County. Registered Dietician and Child Nutrition Director Sherry Held has been with Macon County Schools for a year and a half, and she's helped bring about several positive changes since her arrival.

"We have to maintain a balance between providing cost-effective school meals and meeting the nutritional and caloric guidelines set by the federal government," Held said.

The first thing that needs to be understood about school meal planning is that all meals have to meet five criteria set forth by the U.S. Department of Agriculture School Meals Initiative (SMI). A balanced meal is defined as one that includes a meat or meat equivalent, a bread or grain, a fruit and/or a vegetable, and milk.

There are also stipulations for the nutritional content of the meals served in school cafeterias. Breakfasts should contain 1/4 of the recommended daily allowances for the students' age group for protein, calcium, iron,

vitamin A and vitamin C content, while school lunches should ideally make up 1/3 of the recommended daily allowance.

Total fat from the school meals should make up less than 30% of the total calories, and saturated fats cannot contribute more than 10% of the meal's calories. No trans fats are permitted in school meals.

Meeting these guidelines is important to qualify for federal reimbursements, which help offset the costs involved in serving school meals. National reimbursement rates depend on the percentage of free and reduced meals that are served to students for the previous year, and their amounts vary according to whether each meal is paid in full by the student, is offered at a reduced cost or is free to the child.

According to Held, current meal prices in the county are \$1 for breakfast and \$2 for elementary school lunches. Secondary lunches cost \$2.25. Additional items are sold a la carte. "These items have to meet nutrition standards, too," Held said, which include having no more than 200 calories per serving and containing less than 35% of their total calories from saturated fat.

All of the milk products served in school cafeterias contain 1% milkfat or less, and ice cream offerings are either reduced fat or fat free. "Students may object at first, but they will adapt," Held said.

Offering nutritionally sound meals is an important component in keeping children healthy, too. According to the United States Department of Agriculture Food Nutrition Service, only two percent of school-aged children consume the recommended amounts of foods from the five categories each day. They have also reported that most children take in too much sodium and fat in their diets, while calcium consumption has declined as drinks like colas have risen in popularity.

Held acknowledges that there is an obesity crisis going on in our country today, and because of this she also emphasizes how important it is that children not only get a good meal at school but also take away the proper tools for a lifetime of good eating practices. "Parent reinforcement helps," Held said. "Nutrition principles used to come from home," she added. "Kids aren't learning bad eating habits at school."

Other efforts are being made to incorporate healthy substitutes into traditional school lunches. "We use whole wheat bread, whole grain buns, and are incorporating more fruit and vegetable choices," Held said. A recent change has been the elimination of frozen broccoli, and fresh broccoli is now exclusively used in salads and steamed vegetables.

• See SCHOOL page 17

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## ... MEET continued from page 1

for a decorative soffitt at Highlands School may be used instead to cover the entrance of the school. Plans will be finalized after the Board of Education receives recommendations from an architect regarding the change. "We are committed to pursuing the soccer field at Highlands High School, too," Beale said.

He also mentioned that construction on the bathrooms at Highlands School probably won't take place while school is in session based on architect recommendations. Commissioner Jim Davis said that it might be next summer before work can begin.

Beale said that the commissioners would close on the loan and the commissioners' meeting was recessed and continued until Monday, July 21.

At the July 21 meeting, the commission moved forward with financing plans and a groundbreaking of the new 5-6 school is set for Monday, July 28 at 5 p.m.

County Manager Jack Horton said they expect construction to last 18 months. "We would like to be finished by Christmas of next year," Horton said.

Horton also said the loan for the public school buildings has a competitive interest rate at 4.59%, and it is a 20-year loan. Davis added that Horton had been able to procure financing options that will save the county a considerable amount of money over last November's failed bond referendum.

Beale said that an engineering team is determining what it will take to get water and sewer to the future site of the North Macon Elementary School. Mayor Collins asked Beale if the size of the lines had been considered to provide for the future needs of the county.

"Our goal is to get water and sewer for the new North Macon School," Beale said. Collins suggested that higher-capacity lines could be explored with the added expense being picked up by the town or the county. McClellan agreed saying, "It makes no sense to go back and redo it all later: the time to do it is when you're laying the pipe."

Collins also suggested having a collection body for the county's ad valorem taxes. Horton said that the county collects all taxes except property taxes for the town of Franklin. McClellan added that a Tourism Development Committee (TDC) had been formed for both Franklin and Highlands to handle room tax issues.

McClellan said that Nantahala was given the option to have its own TDC, but it had opted to be included with Franklin's TDC. "We have a broad cross-section of restaurants, hotels, bed and breakfasts, and chamber members," he said.

Franklin Town Administrator Mike Decker said "Franklin's TDC is a nine-member committee, and should see the first returns from the room tax over the next few months." McClellan said that the money is directly distributed from the county, which eliminates the need for expensive audits. "This keeps the TDC and the towns from

paying \$30,000 a year for audits," he said. McClellan said that it is hoped that the local TDCs will be in place by October 1.

Commissioner Bob Simpson said that the TDCs are separate so that the revenue generated by each town will stay there. He said that Nantahala's money will go back to them. McClellan added that there is a lot of inter- and intra-county promotion and advertising: "Nantahala promotes restaurants and businesses in Franklin and Highlands, and the entire county promotes rafting in Nantahala," he said.

Mayor Mullen asked if there was any news about the completion of the solid waste transfer station. Horton said factors including the rising prices of steel and the increased demand for steel before prices go up even more have caused some delays.

"The delay is in getting the metal building prefabricated," Horton said. "The site is graded and the foundation will be started this week or next." He said that the site will continue to operate as it has in the past. "We hope to be done by late September," Horton said he participates in a weekly conference call to ensure that all involved parties are kept informed.

Mayor Collins said that Franklin and the county are working on a firing range site at the old landfill. "We hope to make it available to all law enforcement," he said.

Franklin Alderman Bob Scott asked about the status on the county's animal control facilities.

Horton said a site has been picked and approved by the commission. "The property is adjacent to the current landfill and jail." The board is considering a prefabricated structure to speed up the construction process. "Between now and October we hope to have the site built and staffed," Horton said. Davis added that the site had been chosen to take advantage of inmate labor.

Beale said that information concerning the work of the Mental Health Task Force can soon be found online. "This is a major issue, and as we continue to grow in population, that segment will grow as well," he said. He urged everyone in attendance to be informed about the important issues facing mental health care.

At the end of the meeting, Simpson expressed appreciation for everyone getting together and talking. "We're all in this county together," he said.

Mayor Mullen invited county commissioners and Town of Franklin officials to Highlands for the third joint meeting in 2008, set for sometime in the fall.

Note:

The next Macon County Commission meeting is Monday, Aug. 4 at 6 p.m. The next Highlands Town Board meeting is Wednesday, Aug. 6 at 6 p.m., at the Highlands Civic Center.

County commissioners will also be at the new K-6 school groundbreaking 5 p.m. which precedes the Macon County School Board meeting 6 p.m. at East Franklin School.



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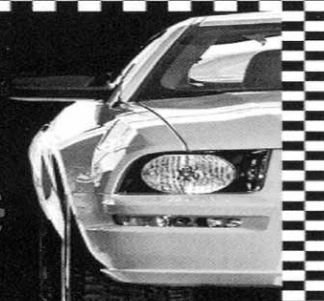
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## • HOSPITAL NEWS •

### Search begins for new cardiologist

Highlands-Cashiers Hospital is looking for a new cardiologist to replace Carl M. Curtiss, MD, FACC, who has announced his retirement at the end of the calendar year.

Curtiss, who is 62 and has practiced for 31 years, said a recent bout with cancer influenced the timing of his decision to stop practicing.

"That episode, while it turned out fine in the end, caused me to think about where I want to go with the rest of my life," he said. "It made me realize it's time to call it quits a little earlier than I had originally planned."

That date, as he told his colleagues on the medical staff Thursday, will be Dec. 31. Curtiss, who opened the Mountain Heart Center on Jan. 30, 2006, had indicated some time ago that he would retire when his contract with the hospital ended in October of 2009.

"Although we knew this was coming, and we can certainly understand his decision to move the date up, both the hospital and his patients will be very sorry to see Carl leave," said hospital President and CEO Ken Shull.

"His patients love him, and his colleagues on the medical staff have had a very good relationship with him, particularly the primary care physicians who have all worked closely with him. He will be difficult to replace. He has made a very positive contribution to our medical community."

Curtiss, who practiced cardiology in Durango, CO, before relocating to this area, still has a home there and says he and his wife Linda plan to return to that area after December. In the meantime, the hospital has already embarked on efforts to bring another cardiologist to the area.

"We have had some very preliminary discussions with one very qualified potential candidate, who is already licensed in North Carolina. We are optimistic, but it's still very early. We certainly understand that cardiology services are important to many patients in our area, given the average age of the population here," said Shull.

Whether the hospital will aim for another full-time cardiologist remains unclear, however.

"Carl is working closely with us to evaluate whether or not the patient base here can actually support a full-time cardiologist, and will do all he can to help transition his practice," Shull explained. "I think we all recognize that we need a cardiologist at least several days a week."

Curtiss was the hospital's first full-time

cardiologist, recruited by a partnership between the hospital and Northeast Georgia Heart Center in Gainesville, GA back in 2006. The hospital eventually took over the Mountain Heart Center and employing Curtiss when that partnership was dissolved a year later.

Prior to that, cardiology services were provided through several visiting specialists, most recently Byron R. Williams, MD, FACC, of the Emory Health System in Atlanta, and William W. Wharton III, MD, FACC of Asheville Cardiology.

A native of Ohio and third generation

physician, Curtiss earned his medical degree from Ohio State University's College of Medicine in Columbus in 1972, and performed his internship and residency in Internal Medicine at University of Minnesota Hospitals in Minneapolis, where he was Chief Resident in Medicine at St. Paul Ramsey Hospital. He went on to complete his fellowship in cardiology at the University of Minnesota, and then underwent additional training in cardiac catheterization at Riverside Methodist Hospital in Columbus, Ohio. Much of his previous career was spent in Canton, Ohio.



Carl M. Curtiss

was spent in Canton, Ohio.

### Hospital's 'Healthy Living Fair' to include Genomics

Cutting-edge genetic medicine will be among the health topics at the forefront of this year's Healthy Living Fair, set for Saturday, Aug. 9 at Highlands-Cashiers Hospital.

This will be the third year the hospital has hosted a morning full of lectures by physicians, fitness demonstrations, cosmetic makeovers, and health information exhibits which include not only hospital programs but also other providers and purveyors from around the area. However, this year's fair will feature a lecture by Alex Cho, MD of the Duke Institute for Genome Sciences and Policy in Durham, NC. Genomics, which is one of the hottest subjects in medicine today, uses studies of genes to predict an individual's risk for certain diseases, such as prostate cancer or hypertension. It's also being used to study why some tumors or diseases respond to treatment and others do not.

"Genomics may well be the future of medicine in the 21 Century, and we are very pleased to have Dr. Cho coming to take part

• See HOSPITAL page 15



## ... HOSPITAL continued from page 14



Robin Mason of Highlands Whole Life at the fair last year.

in this year's Healthy Living Fair," said hospital President and CEO Ken Shull. "This is a special opportunity for all of us to glimpse a whole new world in preventative healthcare."

Cho will be one of nearly a half dozen physician lecturers taking part in the fair, which will be held on the first floor of the Jane Woodruff Clinic, on the hospital campus. More than two dozen booths and exhibits will be going on continuously during the morning's activities, which gets under way at 8:30 a.m. The fair will last until 1 p.m., and

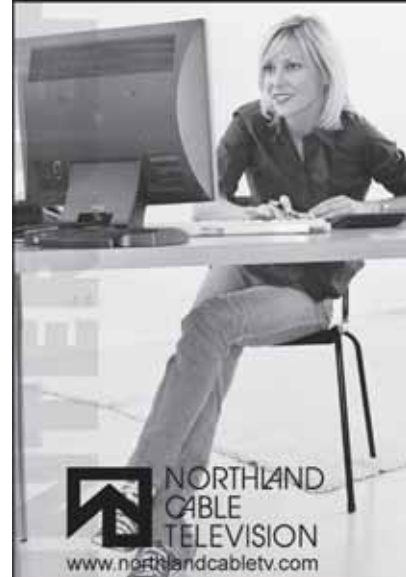
it is absolutely free.

A host of demonstrations will also be going throughout the morning, including healthy cooking demos, beauty and skin care product demonstrations, strength and fitness classes, and a Tai Chi Chaun class. Chemical facial peels and facial rejuvenation techniques will also be demonstrated by the staff of the Medi-Spa at the Center for Plastic Surgery in Highlands. Participants can also receive a free 10-minute massage, have their body composition measured, be pre-screened for osteoporosis, and speak individually to several area physicians.

And there will be plenty of food, from healthy breakfast items and beverages all the way to freshly cooked entrées that will constitute lunch. If that wasn't enough, area stores and businesses have donated literally dozens of great items for door prizes and raffles, including spa baskets, massages, and even a laser skin treatment valued at \$300 by Highlands Dermatology.

A full schedule of events, including times and room locations, will soon be available on the hospital's website at [www.hchospital.org](http://www.hchospital.org).

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787-2473

## ... TRANSPORT continued from page 1

a workforce which is needed in Highlands."

He said research has shown that commuters from Franklin to Highlands spend about \$10 a day in gas, not including wear and tear on their vehicles, and the service could be offered for about \$6.50 a day.

N.C. DOT has a grant from the federal and state governments and can provide vans at no cost as part of its rural development program if communities get behind the program.

The operating cost would be divided by eight - representing the number of people per van - to equal about \$6.50, said Quin.

But if ridership doesn't cover 50% of the operation cost, then a co-pay by employers might be needed.

"If rider fees don't cover costs, then we would need businesses or maybe the town to underwrite the project," said Quin. "If individual businesses don't want to underwrite the endeavor then maybe the Chamber of Commerce or the town could do it."

The specifics are far from finalized, but the project would involve a "ride fare" agreement for riders, volunteer drivers, employer support, underwriters and a coordination group. Quin said he didn't know if the service would run seasonally or year round -

some tourist areas in the state only use the transportation initiative part of the year.

He said volunteer drivers would be allowed to drive the van on personal business 150 miles a month but as per the grant program, the van can never leave the state.

"That's why we're only considering pickups in Franklin and we would have to use the Gorge Road," he said.

The benefits of the program include gas, pollution and traffic reduction and a savings to workers.

A preliminary survey indicates work start times at 7, 8 and 9 a.m. and end work times at 4, 5:30, 6:30 and 11 p.m. and would include various pick-up points in Franklin and various drop off points in Highlands. "There's a huge time span, basically 6 a.m. to midnight so there's a possibility the vans could be used as a trolley system during the day until it's time to pick up workers."

Businesses would be responsible for getting their workers from the drop-off points to their places of business and it's possible they could collect fares by payroll deduction or direct collection which would mean a pre-tax Federal Tax Incentives, said Quin.

The Town Board found the concept interesting but took no action.

## ... SUBDIVISION continued from page 1

The initial language concerning regularly scheduled monthly planning board meetings caused the problem because the potential wait between meetings and approval could stretch to six weeks, so that segment of the Technical Review Committee definition was deleted.

"We'll poll the members and see whether they want to pass the plats from desk to desk during a work day or if they want to call a special meeting as the need for plat reviews come in," said Guffy. "Right now, we don't have a lot of subdivision plats coming in, so it could be handled on a per case basis which we could change if the work load increases later on."

The review procedure for both minor and major subdivision plats concerning the number of days for review by the subdivision administrator was decreased from 14 days to 10 days and if more than 10 days is needed

for approval, the subdivider must be notified in writing with the delay not to exceed 10 working days.

Finally, as part of the submission procedure, time restraints were removed altogether so subdividers no longer have to submit seven copies of the preliminary plat no less than 15 days prior to the committee meeting.

"This means they can come in at any point to submit plats and if they come in, the committee has to meet to review them," said Guffy.

As per the changes, the longest scenario between submission and approval has been reduced from six weeks to four weeks.

The board approved the proposed changes which will be heard at a public hearing at the Sept. 8 Macon County Commission meeting.

## Red Cross issues urgent call for all blood types

The American Red Cross reports that the blood inventory levels are so low it can't sufficiently meet the demand of local hospitals. While there is a constant need for all blood types, donors with type O positive, O negative, A positive and A negative are asked to take an hour to donate right away.

It is especially crucial for donors with type O blood to donate within the next few days. Type O is the most common blood type and is used extensively by hospitals. Type O blood donors are considered universal red cell donors because their blood can be given to most other blood types in emergencies when there is no time to type a patient's blood. Hospitals commonly experience an increase

in traumas during the summer, making the need for type O blood even greater.

The American Red Cross Carolinas Blood Services Region needs approximately 1,600 people to donate blood and platelets each weekday to meet the needs of hospital patients. Most people who are age 17 or older and weigh at least 110 pounds are eligible to give blood every 56 days. There is no substitute for blood, and the only source is from volunteer donors.

To schedule an appointment to donate or for information on the location of blood drives, call 1-800-GIVE-LIFE (448-3543) or visit [www.redcrossblood.org](http://www.redcrossblood.org)

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... SCHOOL continued from page 12

SMI nutrition goals include:

#### USDA SCHOOL MEALS INITIATIVE FOR HEALTHY CHILDREN - NUTRITION GOALS

##### Recommended Dietary Allowances (RDA)

- ◆ 1/4 RDA for appropriate age/grade group for breakfast for protein, calcium, iron, vitamins A and C
- ◆ 1/3 RDA for appropriate age/grade group for lunch for protein, calcium, iron, vitamins A and C

##### Recommended Energy Allowances (calories)

- ◆ Appropriate for age/grade group

##### Dietary Guidelines for Americans<sup>1</sup>

- ◆ Eat a variety of foods
- ◆ Limit total fat to ≤ 30% of calories
- ◆ Limit saturated fat to < 10% of calories
- ◆ Choose a diet low in cholesterol
- ◆ Choose a diet with plenty of vegetables, fruits, and grain products
- ◆ Choose a diet moderate in salt and sodium

"It's a challenge to put together a meal that's healthy and that kids will eat," she said. Pizza crust has also been changed to a whole grain crust that is hard to distinguish from a more traditional white-flour crust. Slushies made from 100% fruit juice are also available at a few schools.

Additionally, salad and potato bars are offered at many schools in the county to give students more variety. "We're replacing iceberg lettuce with fresh spinach," Held said. Other menu items offer a challenge based on their composition: "Peanut butter and cheese never have less than 35% of their calories coming from fat," Held said, so it is difficult to offer a la carte items containing these two items, and the meals that include these two ingredients have to be balanced in order to meet the SMI standards.

One of the newest additions to the county menus is a whole grain roll. "It's been successful so far," Held said. Shirley Baldwin, who works in child nutrition at Nantahala

School, developed the recipe for this new favorite. Held said that for an item to be called "whole grain" it has to contain at least 51% of a whole grain by the total weight of all the ingredients.

Whole grains have a higher fiber content than their more-refined counterparts, and "increased fiber intake reduces long term health risks" according to Held. However, the increased benefits haven't come without an increased monetary cost.

"Bread made from whole grains costs more than white bread," Held said, just as fresh vegetables are more expensive than frozen ones. This partially explains why the cost of school lunches has been raised for the 2008-2009 school year: healthier foods are usually more costly.

Despite the rising prices, Held plans to continue to improve the offerings of the school cafeterias and spread awareness about healthy eating habits. "It's so rewarding to have an impact on children's lives," she said.

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# Hunt for imperiled plant leads to Little Tennessee River discovery

In late May, a team of biologists canoeing the Little Tennessee River discovered two new patches of the federally-protected Virginia spiraea plant growing on the river's banks.

The search was part of an effort to catalog where the rare plant is found along the river, and it also confirmed the plant's continued presence at four spots where it was previously known to occur.

"Knowing where these plants are means we know where to focus our time and energy in conserving the species," said Dennis Desmond, search organizer and land stewardship coordinator for the Land Trust for the Little Tennessee. "Of course, the ultimate goal is to recover them so they no longer need protection, and this was a tiny step toward that goal."

The search brought together a host of organizations interested in both the conservation of the Little Tennessee River and Virginia spiraea, as biologists from the Land Trust for the Little Tennessee, Little Tennessee Watershed Association, Wilderness Society, Western North Carolina Alliance, Friends of the Greenway, USDA Forest Service, N.C. Natural Heritage Program, and two private citizens paddled canoes down the river, eyeing the banks for the flower's tell-tale white flowers. The effort also garnered the support of a local business, as Jerry Anselmo of Great Smoky Mountain Fish Camp & Safari provided boats and shuttle services for the search.

The search was coordinated by the Land Trust for the Little Tennessee, a Franklin-based non-profit focusing on the conservation of the Little Tennessee River basin.

This first float trip concentrated on the stretch of river below Emory Dam, while the

second effort will concentrate on the stretch of river through the Needmore tract.



**Virginia spiraea**

Virginia spiraea was listed as threatened by the U.S. Fish & Wildlife Service in 1990, and today it's found in seven states across Appalachia from West Virginia to Georgia, including seven counties in North Carolina. The plant is typically found along stream banks where it's able to take advantage of the stream-bank scouring that comes with periodic flooding and makes these areas inhospitable to many other plants. The plant's decline can be linked to the widespread

building of dams across its range, which temper the rise and fall of river floodwaters, allowing other plants species to become established; and the increasing preponderance of invasive exotic plant species, like Japanese knotweed, Japanese honeysuckle, and kudzu, that take over sites where Virginia spiraea is found.

## First N.C. La Crosse cases of 2008 reported

State public health officials today announced the season's first two cases of the mosquito-borne illness La Crosse viral encephalitis (LAC). The two patients - children from Haywood and Transylvania counties - are recovering.

"These cases are an unfortunate reminder that we all need to take precautions to prevent mosquito bites," said Stan Polanski, Physician Assistant and Communicable Disease Investigator for the Macon County Public Health Center. "In addition to La Crosse, mosquitoes are carriers of eastern equine encephalitis, West Nile virus and other diseases. Thankfully, it is fairly easy for people to protect themselves by applying mosquito repellants and making their home or work environment less attractive to mosquitoes."

La Crosse symptoms occur from a few days to a couple of weeks after being bitten by an infected mosquito. These symptoms include fever, headache, nausea and vomiting. In more severe cases, convulsions, tremors and coma can occur. Children under 16 years of age and the elderly are the most susceptible to the disease.

While other mosquito-borne diseases like West Nile virus are found across the state, LAC is largely confined to western North Carolina and is the state's most common mosquito-borne disease. State officials recorded 10 LAC cases in 2007. The Centers for

Disease Control and Prevention (CDC) records about 70 cases each year. The disease is rarely fatal, but a Transylvania County child died as a result of infection in 2001.

Steps that people can take to make their homes less mosquito-friendly include:

- Remove any containers that can hold water;
- Keep gutters clean and in good repair;
- Repair leaky outdoor faucets and change the water in bird baths and pet bowls at least twice a week; and
- Check window and door screens.

These guidelines can be applied almost anywhere, such as work sites, church playgrounds and ball fields.

People can also protect their families from mosquito bites by using mosquito repellants. The CDC recommends several repellants, including DEET, picaridin, and oil of lemon eucalyptus. According to the CDC, oil of lemon eucalyptus should not be used on children under 3. Consumers should look for products that contain the CDC-recommended ingredients and follow all label instructions. ([www.cdc.gov/Features/WestNileVirus/](http://www.cdc.gov/Features/WestNileVirus/))

For more information regarding mosquitoes and ticks, please visit: [www.epi.state.nc.us/epi/arbovirus/](http://www.epi.state.nc.us/epi/arbovirus/) and [www.deh.enr.state.nc.us/phpm/index.htm](http://www.deh.enr.state.nc.us/phpm/index.htm).

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## North Carolina minimum wage increase now in effect

The current minimum wage in North Carolina is \$6.15 an hour. Effective July 24, 2007, the federal minimum wage will increase from \$5.15 per hour in three steps: to \$5.85 per hour effective July 24, 2007; to \$6.55 per hour effective July 24, 2008; and to \$7.25 per hour effective July 24, 2009. In North Carolina, employers are required to pay the higher of the state or federal minimum wages. So, the minimum wage employers are required to pay their employees in North Carolina will remain at \$6.15 per hour until July 24, 2008, when it will increase to \$6.55 per hour.

However, while the increase in the federal minimum wage to \$5.85 per hour on July 24, 2007, will not affect the minimum wage in North Carolina, it will have an impact on businesses where employees receive tips. This is because the increase in the federal minimum wage by seventy cents creates a corresponding increase in the amount of the tip credit

Effective Date	Minimum Wage	Tip Credit Allowed	Cash Wage
Jan. 1, 2007	\$6.15	\$3.02	\$3.13
July 24, 2007	\$6.15	\$3.72	\$2.43
July 24, 2008	\$6.55	\$4.42	\$2.13
July 24, 2009	\$7.25	\$5.12	\$2.13

that employers are allowed to count toward the payment of wages for their tipped employees. The following chart shows how the changes to the federal minimum wage will affect the tip credit allowed for tipped employees in North Carolina.

Effective July 24, 2007, an employer may pay as little as \$2.43 an hour to tipped employees as long as each employee receives enough in tips to make up the difference between the wages paid and the minimum wage. Effective July 24, 2008, employers may pay as little as \$2.13.

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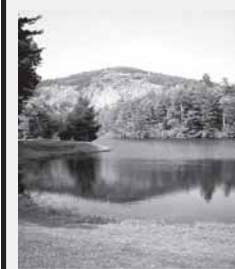
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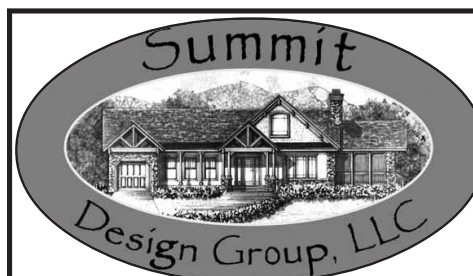
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• MIRROR LAKE REFLECTIONS •

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Here, our graceful swans enjoy Mirror Lake. Turn the picture upside down and see what you see!

The Chipmunks are making a comeback. They really dart about but are no match for a vehicle. Be ready to give them a "brake!"

The next Mirror Lake Association meeting is Monday, Aug. 18 at 7:30 p.m. at the Civic Center.

- Elaine Johnson

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• TB AGENDA •

The next regular meeting of the Board of Commissioners is scheduled for **6:00 p.m., August 6, in the HIGHLANDS CIVIC CENTER.**

The meeting will begin with public hearings at 6 p.m. The agenda is as follows:

- A. 6:00 - Public Hearing - Amendment of Charter to provide for Council-Manager Form of Government (SEE BELOW)
- B. 7:00 - Public Hearing - Zoning Ordinance amendments
  1. Outdoor Display of Merchandise.
  2. Parking requirements for Shopping Centers.
- C. Regular Board Meeting.
  - I. Call to order.
  - II. Approve agenda.
  - III. Approve minutes of July 16 Regular Board Meeting.
- IV. Public Comment Period.
- V. Reports.
  1. Mayor.
  2. Committees.
  3. Town Attorney.
  4. Engineer/Public Services Administrator.
5. Police Chief.
6. Recreation Director.
7. Planner/Zoning Administrator.
8. Treasurer.
9. Town Administrator
- VI. Old Business.
  1. None
- VII. New Business.
  1. Amendment of Zoning Ordinance: outdoor merchandise.
  2. Amendment of Zoning Ordinance: shopping center parking.
  3. Water and sewer service to Shortoff Woods
- VIII. Adjourn.



## ... HIS & HERS continued from page 8

reserved for performances of complete and utter perfection. Now, I can't remember attending any recent performance where people didn't jump to their feet afterward, cheering and applauding wildly. It's become such a standard occurrence that I'm sure the people on stage would actually feel insulted if they didn't get one.

What else ticks me off? Performances which are aimed primarily at showing the technique and expertise of the performers, but which do not necessarily provide the audience with music which is actually fun to listen to. Before I start getting nasty letters from music aficionados, let me hasten to state that while I lived in Paris, I worked for two concert pianists. I am not a cultural ignoramus. I've listened to lots and lots of classical music. Some of it is more accessible than others. While I don't think concerts should be exclusively filled with old tried and true standards, I do feel that a concert gains from having a mix of music appealing to many tastes, not just the tastes of the few. One of the most exciting concerts I ever attended featured, *And God Created Great Whales*, Opus 229, by Alan Hovhaness, a marvelous piece of orchestral music which included recorded whale song. It sure ain't Bach, folks, but it is

marvelous and listenable. The rest of the concert was filled with more traditional stuff, making for a perfect mix. I sometimes think we're living in an emperor's new clothes generation of culture vultures, where people are afraid to admit they don't like something, for fear of being branded as hicks.

I've certainly never text messaged my way through a concert, no matter how dull or inaccessible I might have found it. I don't think it's my job to teach my fellow concert goers their manners by forgetting my manners. And while I'm not shocked by hearing the "f-word" in a play anymore, I don't think every sentence has to include it. And all those standing ovations? I secretly think that folks are just having a good stretch.

About the Author: Michelle A. Mead-Armor is a writer and translator who grew up in Waynesboro, Virginia, before wasting her youth and good looks in Baltimore, Sydney, Paris, and New York. She and her husband live on top of a mountain on the Continental divide near Highlands. They are members of the Highlands Writers Group. If you are over six feet tall, please do not sit in front of her.

## POLICE & FIRE LOGS

The following is the Highlands Police Dept. log entries for July 15-22. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

### July 15

- At 2:05 p.m., a motorist at N.C. 28 and Cherokee Drive was cited for displaying an expired registration sticker.

- At 2:25 p.m., a motorist at N.C. 28 and Cherokee Drive was cited for displaying an expired registration sticker.

- At 5:10 p.m., three youths at Sunset Rock were cited for possession of less than 1/2 oz. of marijuana.

### July 16

- At noon, officers responded to a one-vehicle accident at Twigs and U.S. 64 east.

- At 2:30 p.m., officers responded to a two-vehicle accident at N.C. 106 and Main Street.

### July 17

- At 3:20 p.m., officers responded to a two-vehicle accident at Main and Fourth streets.

### July 18

- At 10:50 p.m. officers responded to a two-vehicle accident at 2nd and Main streets.

- At 1:17 a.m., officers responded to a call of a loud party at a residence on Paul Walden Way. The party was shut down.

### July 19

- A little after midnight, a motorist at N. 4th and Laurel streets was cited for speeding 44 mph in a 25 zone.

- At 4:15 p.m., officers responded to a call of a tree obstructing Cullasaja Drive.

### July 20

- A little after midnight, suspicious activity was reported at the Nature Center where two men were rowing a boat in the lake.

- At 2:03 p.m., officers responded to a call of a tree obstructing N.C. 106.

### July 22

- At 1 p.m., injury to personal property was reported by a woman who had parked her car in the Sweet Treats parking lot and had her brake lines cut.

During the week, officers issued 6 warning tickets and responded to 3 alarm activations.

The following is the Highlands Fire & Rescue Dept. log entries for the week of July 16-22

### July 16

- The dept. was first-responders to assist EMS with a medical call at a residence on Cullasja Drive. The victim was transported to the hospital.

- The dept. responded to a fire alarm at a residence on Cobb Road. It was set off by workers.

- The dept. responded to an accident roll-over at Buck Creek Road and U.S. 64 east. There were no injuries.

### July 17

- The dept. was first-responders to assist EMS with a medical call at a residence on Hicks Road. The victim was transported to the hospital.

### July 18

- The dept. was first-responders to assist EMS with a medical call involving a child on Main Street. The victim was transported to the hospital.

- The dept. responded to a fire alarm at a residence on Crescent Tree Lane which was set off by workers.

### July 19

- The dept. responded to a motorcycle accident with one injury at U.S. 64 west and Walden Way. The victim was transported to the hospital.

- The dept. provided mutual aid to Cashiers Fire Department for a possible structure fire. The call was cancelled en route.

• See POLICE & FIRE page 23

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### BUCK CREEK BAPTIST CHURCH

Sundays: School – 10 a.m.; Worship – 11  
First Saturday: Singing at 7:30 p.m.

### CHAPEL OF SKY VALLEY

Sky Valley, Georgia  
The Right Rev. Dr. John S. Erbeling, Pastor  
Church: 706-746-2999  
Pastor's residence: 706-746-5770  
Sundays: 10 a.m. – Worship  
Holy Communion 1st Sunday of the month  
Wednesdays: 9 a.m. Healing and Prayer with Holy  
Communion each service

### CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329  
Rai Cammack, Branch President, (828) 369-1627

### CHRIST ANGLICAN CHURCH

Rev. Cass Daly • Office – 526-2320  
Sunday: Holy Communion – 11 a.m.  
(Highlands Community Center on. U.S. 64 next to  
the ballfield in Highlands  
Monday: Evening Bible Study at 6 p.m.  
Wednesday: Men's Bible study at 8 a.m.  
at First Baptist Church

Pot Luck Lunch last Sunday of each month.

### CHRISTIAN SCIENCE CHURCH

Corner of Spring and Third streets  
Sundays: 11 a.m.

### CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer  
Sundays: School – 10 a.m.; Worship – 11  
Prayer – 6:30 p.m.  
Evening Service – 1st & 3rd Sunday – 7 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685  
3645 U.S. 64 east, Highlands  
Sundays: 9:30 a.m. Sunday School; 10:45 Worship;  
6:30 p.m. High School Group  
Wednesdays: Dinner 5 p.m.-6 p.m.; 6 p.m. programs  
for all students; 6:15 p.m., Adult Bible Study  
Thursdays: Women's Bible Study 10 a.m.

### EPISCOPAL CHURCH OF THE INCARNATION

The Rev. Brian Sullivan – Rector: 526-2968  
Sunday: Breakfast; 9 A.M. - Sunday School  
10:30 A.M. Holy Eucharist (Rite II)  
Sunday Service on Channel 14 at 10:30 A.M.  
Monday: 4 P.M. Women's Cursillo Group  
Tuesday: 8 A.M. Men's Cursillo Group  
4:30 P.M. Education for Ministry  
Wednesday: 6:30 P.M. Choir Practice  
Thursday: 10 A.M. Holy Eucharist (Chapel)  
10:30 A.M. Daughters of the King  
• Sunday Service on Channel 14 Sun. at 10:30 a.m.  
**FIRST ALLIANCE CHURCH OF FRANKLIN**  
Rev. Mitch Schultz, Pastor • 828-369-7977  
Sun. Worship 8:30 & 10:45 a.m.; 6: p.m.  
(nursery provided)  
Sun. school for all ages 9:45 a.m.  
Wed: dinner 5 p.m. followed by children's  
Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.;  
Adult Bible Study & Prayer Meeting 7 p.m.  
Small groups available throughout the week.

### FIRST BAPTIST CHURCH

Dr. Daniel D. Robinson, 526-4153  
Sun.: Worship 10:45 a.m., 6:30 p.m.; School – 9:30  
a.m.; Youth – 6:30 p.m.; Choir – 7:15  
Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6  
p.m.; Prayer – 6:15 p.m., Choir – 7:30 p.m.

### FIRST PRESBYTERIAN CHURCH

Rev. Mark Kayser, Interim Pastor  
Dr. Don Mullen, Parish Associate 526-3175  
Sun.: Worship – 11 a.m.; Sun.School – 9:30 & 9:45.  
Mondays: 8 a.m. – Men's Bible Discussion &  
Breakfast

Tuesdays: 10 a.m. – Seekers  
Choir – 7

### HIGHLANDS ASSEMBLY OF GOD

Sixth Street  
Sundays: School – 10 a.m.; Worship – 11  
Wednesdays: Prayer & Bible Study – 7

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy  
526-3376  
Sun.: school 9:45 a.m.; Worship 8:30 & 11 a.m.;  
5 p.m. Youth Group  
Wed: Supper; 6; 6:15 – children, youth, & adults  
studies; 6:15 – Adult choir  
(nursery provided for Wed. p.m. activities)

Thurs:12:30 – Women's Bible Study (nursery)  
**HOLY FAMILY LUTHERAN CHURCH – ELCA**

Chaplain Margaret Howell  
2152 Dillard Road – 526-9741  
Sundays: Sunday School 9:30 a.m; Adult discussion  
group 9:30 a.m.; Worship/Communion – 10:30  
HEALING SERVICE on the 5th sunday of the month.

### LITTLE CHURCH OF THE WILDWOOD

Services at the Church in the Wildwood in  
Horse Cove. Memorial Day through Labor Day  
Call Kay Ward at 743-5009  
Sundays at 7 p.m. Dress is casual. Old fash-  
ioned hymn-sing.

### MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah  
Pastor Jamie Passmore, (706) 782-8130  
Sundays: School – 10 a.m.; Worship – 11  
Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

### MOUNTAIN SYNAGOGUE

St. Cyprian's Episcopal Church, Franklin 369-6871  
2nd Friday: Sabbath Eve Services at 7 p.m.  
4th Saturday: Sabbath Services at 10:30 a.m.  
For more information, call 828-369-9270 or 828-  
293-5197

### OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Rev. Dean Cesa, pastor  
Parish office, 526-2418  
Sundays: Mass – 11 a.m.  
Saturday Mass: 4 p.m.  
(through last Saturday of October)  
**SCALY MOUNTAIN BAPTIST CHURCH**  
Rev. Clifford Willis

Sundays: School –10 a.m.; Worship –11 a.m. & 7  
Wednesdays: Prayer Mtg. – 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Alfred Sizemore  
Sundays: School – 10 a.m.; Worship – 10:45 a.m.;  
Evening Worship – 6 p.m.  
Wed: Adult Bible Study & Youth – 7 p.m.  
For more information call 526-3212.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer.  
Sundays: School – 10 a.m.; Worship – 11  
Wednesdays: Prayer & Bible Study – 7  
**UNITARIAN UNIVERSALIST FELLOWSHIP**  
828-369-3633

Lay Led Sunday School 10:15 a.m.

Sundays: Worship – 11 a.m.

### WHITESIDE PRESBYTERIAN CHURCH

Cashiers, Rev. Sam Forrester, 743-2122  
Sundays: School – 10 a.m.; Worship – 11

## • SPIRITUALLY SPEAKING •

### Come



+The Most Rev. Dr. John S. Erbeling  
Chapel of the Sky, Sky Valley, Georgia

Only July 4<sup>th</sup> we shot off our sparklers and bottle  
rockets. We went to a fireworks party in our town  
or at the Dillard House. Or maybe we watched the  
fireworks on television. Some of us remember that these  
flares and bottle rockets are symbols of the words,

*“the rockets red glare,  
the bombs bursting in air,  
gave proof through the night,  
that our flag was still there.”*

We see the fireworks bursting in the air and  
occasionally we remember from our American history  
lessons in high school that the author of these memorable  
words was Frances Scott Key.

We remember the British ships were attacking Fort  
McHenry near Washington, D.C., shelling that fort all  
night long, with bombs bursting in the air.

In the morning, Frances Scott Key got up and saw that  
the American flag was still flying over Fort McHenry. That  
was in 1814.

Frances Scott Key penned those memorable words for  
American history and posterity.

A short time later, a Mr. Smith set the words to music.  
The music was familiar; it was an old tavern song.

During the World Series of 1917, this anthem was  
sung at the beginning of the baseball game to honor our  
troops in the First World War, The Great War.

The tradition caught on and soon this anthem was  
being sung at all baseball games.

In March 1931, seventy-seven years ago, our Congress  
declared the song our national anthem.

When I was a child and lived in New York City, my  
mother took me to the lower end of Manhattan Island, and  
we watched the fireworks illuminate the harbor, and there  
stood the Statue of Liberty.

It was the first time I had seen her, and with every  
explosion of fireworks, her silhouette could be seen.

I didn't know at that young age that she had a torch in  
her hand. You couldn't see it with all the brightness. I  
thought she was waving to us. I thought she was saying,  
“Come to me.”

What a childish thought.

Then I became an adult and stood at her feet and read  
these words written on her base: “Give me your tired, your  
poor, your huddled masses yearning to breathe free.” And I  
knew I had been right all along. She was saying, “Come.”

“Come unto me all ye that labor and are heavy laden  
and I will give ye rest.”

I cannot say that verse without going back to the King  
James version of my childhood. To say it any other way just  
never seems right.

“Come unto me all ye that labor and are heavy laden  
and I will give ye rest.”

For me that is one of the most compelling verses in all  
of scripture. Jesus, at his most tender, at his most loving,  
inviting all of us who are tired and discouraged and



## ... SPIRITUALLY SPEAKING from page 22

burdened, inviting us to just let go and come to him - and through him to come to the loving arms of God.

A God who wants nothing more than to be allowed to show us how much we are loved. How different life would be if we just walked with God, in the warmth of God's love instead of usually insisting that we know the way better than God does.

There's a wonderful old legend about the quiet years of Jesus, the years before he began his public ministry.

The legend claims that Jesus the carpenter was one of the master yoke-makers in the Nazareth area. People came from miles around for a yoke, hand carved and carefully crafted by Jesus, the son of Joseph. We might imagine a customer arriving with his team of oxen.

The man waits patiently under an olive tree until the carpenter is finished with his task. Then Jesus approaches the animals slowly and gently, so as not to startle them. He whispers softly as he measures them - their height, their width, the space between them, the size of their shoulders. He works very slowly and carefully, taking his time, until he is satisfied that he knows the animals well knows where their strengths are and where they might be vulnerable to pressure or too much weight.

Jesus tells the man to return with his oxen in a week's time. When the man returns, Jesus again approaches the oxen slowly and quietly. They have learned in such a short time to trust this gentle man. So they allow him to place the new yoke over their shoulders. He checks carefully for any roughness that might chafe or rub. Removing the yoke, he smooths out the edges. Again he takes his time.

It's essential that the yoke fit perfectly if this team is to be able to do its work well.

And so when he is done, the yoke is an exact fit for this particular team of oxen. Jesus invites us to come to him to find rest. But it seems a rather odd notion of rest, doesn't it? He wants us to wear a yoke on our shoulders.

Oh, he assures us that his yoke is easy. Yet somehow, the idea of wearing a yoke doesn't sound all that easy to me. But if we look at the Greek word for "easy", it's strange. We find that it can also mean "well-fitting."

When I think about something that fits well, I think of things like well-oiled gears or a tailor-made suit. I think about harmonies that blend so delicately when a small group sings Hildegard Von Bingen's Canticles of Ecstasy.

I think about the intricate balance of life on this planet earth where everything is created to fit in a particular place, in a particular way. I think about how God made each one of us, knitting us in our mothers' wombs, making us to God's exact specifications. And I think about being a child trying so valiantly to fit in.

Most of us grow up trying so hard to fit in trying to do things well trying to be successful trying to make others proud of us

trying to find the good life where ease and comfort are accompanied by peace and tranquility.

Our society has spent billions of dollars trying to find that good life. Each year we are offered bigger and better things guaranteed to make our lives easier - electronic answering machines, meals in a box, improved cell phones, and lap tops. We're invited to go on longer and more exotic vacations, yet as Americans we take the least time off of every developed nation. Medical research tells us yet another thing we can do to lengthen our life span, and yet we are not the healthiest country on earth.

And on and on and on it goes...And each year we become more and more tangled up in our efforts to keep up with it all. The burden becomes heavier and heavier, and the harmony that we ache for becomes more and more elusive and we live in discord!

And Jesus says, "Come unto me..."

It's as though he's saying, "Stop trying to find the way by yourself. Stop stumbling around in the darkness, getting lost and frightened. Come - and discover the person that God created you to be. Come - and walk on the path that's been waiting for you all along. Come - and take this yoke that I've made for you. Come - and see how I've fashioned it so carefully so that it will neither chafe nor rub. Come - and share this yoke with me - for I tire of carrying it alone."

Now, years later and looking back at my first impression of our Statue of Liberty, I guess I was right all along. She was saying "Come." Come share my yoke with me, for I tire of carrying it alone.

Give us your tired, your poor, your huddled masses yearning to breathe free. We lift our lamp beside our open door of freedom.

## ... POLICE & FIRE continued from pg 21

July 20

- The dept. was first-responders to assist EMS with a medical call at a residence on the Cashiers Road. There victim was transported to the hospital.

- The dept. was first-responders to assist EMS with a medical call at a residence on Oak Street. The victim was transported to the hospital.

July 21

- The dept. was first-responded to assist EMS with a medical call at a residence on Brownell Road. The victim was transported to the hospital.

- The dept. responded to a fire alarm at a residence on Crescent Trail. It was cancelled en route.

- The dept. provided mutual aid to Cashiers Fire Department for aid at a structure fire. Highlands stood by at the Cashiers station.

July 22

- The dept. responded to a request from Scalp/ Sky Valley Fire & Rescue to re-route traffic around N.C. 106 due to a two vehicle accident.

- The dept. was first-responders to assist EMS with a medical call at a residence on Apple Lake to assist EMS with a medical call. The victim was transported to the hospital.

# Scudder's GALLERIES

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clehighlands@yahoo.com  
Website:  
www.clehighlands.org

## The Center for Life Enrichment

July 24

William Hartman explores Alternative Energy.  
10 a.m. - 12 p.m.  
at Highlands Performing Arts Center downstairs  
**July 28 and (repeated) 29<sup>th</sup>**

Anne Porter will teach Outlook Express 101  
1-3 p.m.

Highlands School Computer Lab  
\$30 members, \$40 non-members.

**Mondays, July 28- Aug 18**

Duane Meeter will teach Bridge Defense II  
(intermediate to advanced)  
Highlands Civic Center  
9:30-11:30 a.m.

\$45 members \$65 non Members  
Limited Seating Available

Unless noted \$20 each for CLE members; \$30 each for non-members  
To become a CLE member and register for courses and events,  
call the CLE office at 526-8811  
www.clehighlands.org



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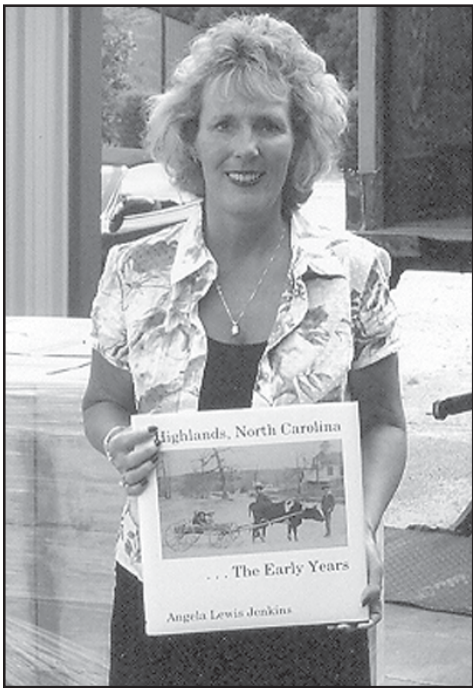
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• BUSINESS NEWS •

'Tis the Season' for wine dinners at OTV



On July 10, Allen Figel and Marlene Alvarez of ...on the Verandah hosted a wine dinner featuring Robert Craig wines with winery representative, Elton Slone.



Highlands, North Carolina...The Early Years second printing

The coffee table book by Highlander Angie Jenkins is a 12" x 12" book containing 200 pages of full size black and white photos of old Highlands with captions. Many of the photos came from Highlands Historical Society's archives while others are from the private collections of Jenkins' mother, grandmother and some long-time Highlands residents. Signed copies of the book are available at Cyrano's Bookshop, The Dry Sink, the Highlands Historical Society, and Mountain Fresh Foods.



## • BUSINESS NEWS •

### Epic Spirit returns to Summit One Gallery

After a three year hiatus an exhibition by three artists with "epic spirits" returns on Saturday, July 26th. Epic Spirit III features Betty Foy Botts, Libby Mathews and Mase Lucas. These women create large format paintings, although their subject matter and styles vary greatly.

Betty Foy Botts paints from the inner spirit to create abstract, mixed media on board. She explains, "I go to those places deepest in my heart and mind that I am unable to put into words but can communicate by using color and texture. My paintings start out with some rudimentary drawings, and go through many processes until they start "to be" and I become only an instrument. I have learned to trust that inner voice that speaks to me as I explore and create."

Libby Mathews is an impressionist painter using oil on canvas. At dawn, she goes to her lakeside studio to paint the sun's first light as it touches the mountains and slowly moves across the land setting everything in its path ablaze with vibrant colors and ever-changing views. The landforms shift, transform and renew each day. She says, "I am in constant motion-choreographing compositions as my internal vision of the landscape speaks of change, tension, boundaries, and shadows. This "dance" captures moments of beauty, color, and clarity."

Mase Lucas is best known for her equine paintings done with acrylics on canvas. Her first considerations are color, composition and the manner in which paint is applied to a surface. For many years figures were her main interest. Eventually she moved on to abstracts and equine themes. The horse

paintings have most clearly defined her career.



Betty Foy Botts "Untitled" Mixed Media on Board, 48x48 Gallery Wrap



Mase Lucas "Two Running Away" Acrylic on Canvas, 36x42 Gallery Wrap

Her aim, like most artists—is to use the acquired skills of technique and medium to convey a point-of-view. Lucas says, "There's a theme that runs through my work. It has to do with commonality and narrative. I don't strive to convey it, but it's been there from my earliest efforts."

Epic Spirit III opens Saturday, July 26th with an Artists' Reception from 5-7pm; and continues thru August 27th. Summit One Gallery is located in "The Galleries", South Second Street, Highlands 828.526.2673 [www.summitonegallery.com](http://www.summitonegallery.com) [summitonegallery@verizon.net](mailto:summitonegallery@verizon.net)



Libby Mathews "Mountain Sunrise" Oil on Canvas, 48x48 Image

### Leadership Highlands announces the Class for 2008-2009

Leadership Highlands is a comprehensive program that provides participants the opportunity to gain the skills and knowledge to become leaders and is committed to developing and maintaining an effective network of leaders in the Highlands community. Started in the summer of 1999 by the Highlands Chamber of Commerce, the Center for Life Enrichment, and the Peggy Crosby Center, the current Leadership Highlands program works closely with the Highlands Chamber of Commerce to identify existing and emerging leaders from diverse segments of the community who have a sincere commitment to remain in the Highlands area.

The Leadership Highlands program works to further assist participants in developing leadership skills and community awareness as they discover ways to assist the

community. Currently there are over one-hundred Leadership Highlands Alumni, many of whom play active roles in the community. The upcoming 2008-09 class will mark the eighth class.



Out of many applicants, the Leadership Highlands Governing Board has selected nine class members for the upcoming 2008-09 Leadership Highlands Class. Each class participant brings a great diversity of background, leadership skills, and community involvement to the program, but all share a committed devotion to the Highlands community. Each will use what they learn from the class for the betterment of the Highlands area. All class members will participate in the opening reception, opening retreat, six "focus" days, in a community need driven class project, and a

• See LEADERSHIP page 26

### The Instant Theatre Company *presents*



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AS

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DAVID W. RINTELS

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**STUDIO**  
on Main

[www.InstantTheatre.org](http://www.InstantTheatre.org)



## ... LEADERSHIP continued from page 25

closing retreat / graduation. The upcoming class will include Fred Gehrisch, Leslie Cook, Elaine Carlton, Eric NeSmith, Joe Simmons, Julie Schott, Steven Stokes, Jan Van Hook Healey, and Brian Stiehler.

**Fred Gehrisch** has been in Highlands area for more than nine years and works as the Golf Course Superintendent at the Highlands Falls Country Club.

**Leslie Cook** has spent more than 22 years in Highlands and is a graduate of Highlands School. She is currently a Broker and Office Manager at Ashburn Real Estate.

**Elaine Carlton** is a retired manager of the State of Georgia Division of Family and Children Services in the Department of Human Resource. She has resided in Highlands for the past four years and often volunteers at

the Highlands Visitor Center.

**Eric NeSmith** is the current Publisher and Editor of The Highlander Newspaper and has lived and worked in the area since 2003.

**Joe Simmons** has lived in the Highlands area since 1998 and is the Owner, Broker, and Broker in Charge of Cabe Reality in Scaly Mountain.

**Julie Schott** is the current Development Director of the Highlands-Cashiers Land Trust. She has been in the area for twelve

years.

**Steven Stokes** is the current Vice President of the local Regions Bank. Although he is fairly new to the area, he looks to Leadership Highlands to quickly expand his knowledge of the area.

**Jan Van Hook Healey** has lived in Highlands for the past eight years. Jan has served as the Highlands Visitor Center Director since 2005. **Brain Stiehler** moved to Highlands eight years ago from Pennsylvania. He has been the Golf Course Superintendent at the Highlands Country Club for the past seven years.

Look forward for future information on Leadership Highlands and contact the Highlands Visitor Center at 526-2112 or email LeadershipHighlands@hotmail.com if you would like to participate in an upcoming Leadership Highlands class.

## ... WOOLDRIDGE continued from page 4

we knew we were getting close. Little did we know it would be another hour before we could manage to reach the water's edge. Near the bottom, the foliage and terrain were brutal.

Crossing the river also proved to be a challenge. Fortunately, we had brought ropes to help us. The first person to cross would have to go without a tight stretched safety line. My daughter was elected, due to her youth, muscular strength and agility. She made it look so easy as she jumped from boulder to boulder with a safety line attached around her waist. Once on the other side, we headed west along the river's edge, looking for a suitable spot to ascend. Then we spotted it. Sitting less than five feet from the river's edge and at the very bottom of this steep gorge was a rusty, burned out Edsel. We couldn't believe our eyes. After a complete inspection of the vehicle, we decided whoever ran off the road far above surely died in this crash. It must have caught fire as it mowed down the small trees in its way. From the looks of the rust, it happened a long time ago.

Since it was lunch time, we sat around for the next hour fantasizing on the circumstances surrounding the crash. Was it bank robbers escaping from Franklin or just a drunk who missed the curve and went over the edge? Or was it a disgruntled owner who just pushed it into the gorge. Edsels were famous for breaking down and shame on Robert McNamara for creating such a dog. Actually, calling it a dog is an insult to the canine world.

Our climb out of the gorge was strenuous, but required no special skills to ascend the opposite side. Except for an encounter with a large field of poison ivy, the trip was uneventful. Later, I asked many of our old timers about the Edsel, but they were surprised to hear my story. To this day, it remains a mystery.

Now, when I take trips to Franklin, I glance at the cliff and smile. "Been there....done that." Then I think, "Could that adventure ever become boring?"



## There's Lots To See At Highlands Cove.

At Highlands Cove, we offer an exceptional variety of homesites: Densely wooded with oaks, hemlocks, laurel and rhododendrons. Panoramic views of the Blue Ridge. Or a site overlooking our golf course. We're a 430-acre, master-planned community soaring to 4,700 feet above sea level. The average lot size is 4/5 of an acre. The residential area is gated. Our amenities include a clubhouse, a fine restaurant, 18 holes of golf, tennis and a fitness center. And most importantly, choice lots in such splendid mountain surroundings with a Highlands address are more and more difficult to find. Come see for yourself. There's lots to see.

We're located six miles east of Highlands on Highway 64. Homesites are priced from \$295,000. Single-family homes begin in the low 900,000s. Condominium homes are available from \$595,000. For information, visit the sales office adjacent to the entry gate. Call 828-526-8128 or toll free 1-866-220-2209. Or visit our web site: [www.highlandscove.com](http://www.highlandscove.com).



HIGHLANDS  
COVE



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## • UPCOMING EVENTS •

### Open House Sunday at HCCDC



The Highlands Community Child Development Center (HCCDC) invites you and your family and guests to join the staff and board of directors Sunday afternoon, July 27th, from 2-4 p.m. for an open house with tours of the facility. The Center is located at 89 Church St. behind the First Presbyterian Church. Plenty of parking at the yellow and green building "on the hill." With HCCDC's annual Up, Up, and Away fundraising event Sunday evening at Highlands Country Club, board members would like to have this opportunity to show everyone in the community the wonderful classrooms, playground facilities, and learning programs that are offered at the Center. HCCDC is the only year round, five days a week, 10 hours a day, licensed childcare and early childhood education center available to working parents in Highlands. We welcome our many community supporters as well as working families who are looking for quality child care.

#### On-going

- Raffle of handcrafted Stiefel Botanical Book to Benefit The Bascom. To purchase a raffle ticket, call Four different images will be available for sale and for raffle, so people can buy all four images for \$2,000 and have four difference chances of winning.

- The Zahner Conservation Lecture Series is held each Thursday during the summer months at 7p.m. at the Highlands Nature Center, 930 Horse Cove Rd. For a complete schedule, visit [www.wcu.edu/hbs](http://www.wcu.edu/hbs).

- Oak Street Café is donating a portion of its revenues to the Playhouse from meals purchased prior to show time. Park your car, have a meal, then walk across the street to the Playhouse production!

- The Highlands Playhouse is taking reservations for "70th Anniversary Diamond Review," Thurs.-Sun., July 24-Aug. 10; and "Inherit the Wind" Thurs.-Sun., Aug. 14-31. Please call 828-526-2695 or write or PO Box 896, Highlands, NC 28741.

- Yoga at the Rec Park, 7:30 a.m. Monday and Wednesdays. Call 526-4340 for information.

- Yoga in the bottom floor of Jane Woodruff Building, 10:30 a.m. Thursdays. Call 526-4340.

- NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: [www.ncmana.org](http://www.ncmana.org).

- Step Aerobics at the Rec Park, 4-5 p.m., Mondays, Wednesdays, Thursdays. \$5 per class.

- At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.

- "The Circle of Life" support group continues at the Highlands-Cashiers Hospital at the Jane Woodruff room 201, 10 a.m. until noon. Call Barbara Buchanan at 526-1402 or Florence Flanagan at 743-2567.

#### Mondays & Wednesdays

- Pilates Classes Level 1 of Jane Woodruff at the hospital at 4 p.m. \$10 per class. Call 526-5852.

#### First Mondays

- Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

#### Mondays

- Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

- At the Nature Center, Animal Feeding Time 11 a.m.-noon, all ages welcome: Come and observe what each of the Nature Center's animals eat and learn how they feed.

#### Tuesdays

- At the Nature Center, Family Nature Activity 3-4 p.m., ages 4 and up: Activities vary, but may include critter searches, discovery walks, or nature games \$1 per person.

- Highlands Rotary Club meets at noon at the Highlands Conference Center.

- Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

#### Wednesdays

- At the Nature Center, Nature Show & Tell/Storytime 2:30-3 p.m., all ages: Come for a nature lesson based around a children's storybook using items from the Nature Center.

- Highlands MountainTop Rotary Club meets at the Highlands Conference Center at 7:30 a.m.

- Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

#### Every Third Wednesday

- Study sessions at the Universal Unitarian Fellowship.

• See EVENTS page 28



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## • UPCOMING EVENTS •

### Highlands-Cashiers Hospital to offer smoking cessation class

Area residents who wish to kick the smoking habit will have a chance to participate in a proven program that can help them stop.

Health Tracks, the fitness program at Highlands-Cashiers Hospital, is again offering its successful series of "Freedom from Smoking" classes. The round of eight classes, taught by a certified instructor, is free.

"As the area's leader in promoting better health, we are trying a new approach to encourage people in our communities to give up tobacco," explained Yvonne Smith, MHS, RD, CDE, and director of the Health Tracks program.

"By offering the program free to the community, we hope to eliminate yet another excuse not to make the commitment to stop smoking now."

The program begins Tuesday, Aug. 26 with a "Think About Quitting" session. Seven more two-hour classes will be held over the course of the next two months. The classes will be held at 3:30 pm in the cafeteria classroom, next to the hospital cafeteria. During the course of the program,

participants will study their own behavior; build the motivation needed to quit smoking, and then develop techniques to prevent relapses.

This step-by-step program is designed to provide participants with long-term freedom from smoking or other tobacco use.

Instructor Teri Cooper is a registered respiratory therapist and a tobacco cessation facilitator, certified by the American Lung Association.

The program will also cover related subjects such as skills for good stress management, weight control, assertive communication, and exercise.

Space is limited, so those interested should call as soon as possible to register.

For more information or to register, call Health Tracks at 526-1FIT (526-1348). You can also register by e-mail by visiting the hospital's website at [www.highlandscashiers-hospital.org](http://www.highlandscashiers-hospital.org), choosing either the HealthTracks or the Smoking Cessation page and selecting the contact link.



**Teri Cooper**

lowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

#### **1st & 3rd Thursdays**

• The local affiliate of NAMI NC (National Alliance on Mental Illness), NAMI Appalachian South, meets from 7-9 p.m. at the Family Restoration Center, 1095 Wiley Brown Road, Franklin. NAMI offers peer support, education, and advocacy for individuals suffering from serious mental illness and their families and loved ones. Contact Ann Nandrea 369-7385, Carole Light 524-9769 or Mary Ann Widenhouse 524-1355 for more information.

#### **Thursdays**

• At the Nature Center, Zahner Conservation Lecture Series 7 p.m., 12 and up: An evening seminar series featuring leading scientists, historians, writers and artists on a variety of environmental topics (schedule available at [www.wcu.edu/hbs](http://www.wcu.edu/hbs)).

#### **Fridays**

• At the Nature Center, Botanical Garden Tour 10:30-11:30 a.m., all ages: A guided walk through the Highlands Botanical Garden, featuring the native plants of the region.

#### **Friday & Saturday**

• Live music at The Rib Shack every Friday and Saturday night from 8-11 p.m.

#### **Friday-Sunday**

• At Skyline Lodge & Restaurant. Hal Philips at the piano, 7-9 p.m. Flat Mountain Road. 526-2121.

#### **Saturdays**

• At the Nature Center, Featured Creature 11:30-noon, all ages: come and learn more about one of the Nature Center's live animals up close.

• Live music at Cyprus Restaurant at 9:30 p.m.

• Children's classes ongoing at Bascom-Louise Gallery - cost is \$5 per student.

#### **Sundays**

• Old-fashioned hymn-sing at the Little Church of the Wildwood at 7 p.m. Call Kay Ward at 743-5009 for more information. Dress is casual.

#### **Through Nov. 12**

• The Village Green in Cashiers, NC presents Sculpture on the Green 2008 1st Bi-Annual Invitational Exhibition. Last summer the 12.5 acre park began to integrate sculpture into the landscape and installed 5 sculptures to its Permanent Collection. Starting this summer, it is hosting a six month exhibition of 10 works from sculptors from all over the nation. Cast your vote for the sculpture to be added to the Permanent Collection at the Green.

#### **Through July 31**

• Summer Art Camp with The Bascom is teaming up with The Highlands Art League and the Highlands Recreation Park to present the camp, which will offer an exciting variety of art and craft projects for 5- to 13-year-olds. The day rate for Bascom students is \$5. There will be no additional charge for students enrolled in Rec Camp. Hours are 1 to 1:45 p.m. for 5- to 8-year-olds and 2 to 2:45 p.m. for 9- to 13-year-olds. For more information or to register, call The Bascom at (828) 526-4949, ext. 4#.

#### **Through Thurs., Aug. 14**

• "Portraits and Figures" exhibition will be held at The Bascom in the Hudson Library.

#### **Thurs.-Sun., July 24-Aug. 10**

• At Highlands Playhouse, "70th Anniversary Diamond Review." For further information or reservations please call 828-526-2695.



## • UPCOMING EVENTS •

### Quartet for the End of Time

This fourth week-end of the Highlands-Cashiers Chamber Music Festival will include one of the greatest and most dramatic masterpieces of the 20th century, Olivier Messiaen's "Quartet for the End of Time."

In 1940, Messiaen (1908-92) was interned in a German prison camp, where he discovered among his fellow prisoners a clarinetist, a violinist and a cellist. He wrote a short piece for them to play, and it was so successful he added seven more movements and a piano to the ensemble, to create the Quartet for the End of Time. Messiaen and his friends first performed it for their 5000 fellow prisoners on January 15, 1941.

Messiaen also found inspiration for the Quartet in the passage in the Book of Revelation (chapter 10) about the descent of the seventh angel, at the sound of whose trumpet the mystery of God will be consummated, and who announces "that



Miles Hoffman, virtuoso viola soloist and Music Commentator for National Public Radio's Morning Edition, will perform "Madrigals for Violin and Viola" by Czech composer Martinu, with Cecylia Arzewski, concertmaster of the Atlanta Symphony Orchestra.

there should be time no longer."

According to the composer, the Quartet was not intended to be a commentary on the Apocalypse, nor to refer to his own captivity, but to be a kind of musical extension of the Biblical account. In particular, the concept that the end of Time means the end of past and future and the beginning of eternity.

The Quartet will be performed on Sunday in Highlands and Monday in Cashiers (both at 5 PM) by Richard Stoltzman, the world's best-known clarinetist, Christopher Rex, principal cellist of the Atlanta

Symphony Orchestra, Laura Gordy, pianist from Emory University, and Cecylia Arzewski, virtuosic concertmaster of the Atlanta Symphony Orchestra. Don't miss this chance to hear a dazzling performance of Messiaen's life-changing work in a beautifully intimate setting.

#### Thurs.-Sun., July 24-27

- At Acorn's on Main Street, a Slane and Slane Jewelry Trunk Show. Distinctive finishes in both their sterling silver and 18 karat gold designs, Slane & Slane's Collections are appreciated both for their understated elegance as well as for their playful exuberance.

#### Thursday, July 24

- The Smoky Mountain Brass Quintet will be featured in the annual Picnic-Concert at the Zachary-Talbot House in Cashiers sponsored by the Highlands-Cashiers Chamber Music Festival. Bring a picnic and a blanket and enjoy this fun and informal outdoor concert in the Pavilion. Begins at 5:30 PM; No admission charge.

- Movie time at the Cashiers Library at 7 p.m. "Sweeney Todd: The Demon Barber of Fleet Street" is the 2006 movie adaptation of the Broadway musical by Stephen Sondheim. It is rated R for violence. The movies and the popcorn are free, but donations are appreciated.

- At CLE, William Hartman will speak on The Myths and Realities of Alternative Energy, 10-12 Highlands Performing Arts Center, \$20 Members \$30 non Members. Phone 526-8811

- High Mountain Squares will dance this Wednesday night July 30th at the Macon County Community Building from 6:30-9 p.m. Bob & Lorrie Morrison from Duluth, GA will be the callers. Sandy & Kit Brown from Murphy, NC will be the cuers. We dance Western Style Square Dancing, main/stream and plus levels with early rounds. Everyone is welcome. For information

call 828-349-0905, 828-349-4187, 706-782-0943, or [www.highmountainsquares.org](http://www.highmountainsquares.org)

- Zahner Conservation Lecture Series at the Nature Center featuring Brent Martin of the Wilderness Society 7 p.m. presenting "Defining the Greatest Good: Management Challenges for the Nantahala-Pisgah National Forest Past, Present, and Future." It's free.

- At Wolfgang's Bistro, Tom Quigley on the Guitar 6 - 9 p.m.

#### Friday & Saturday, July 25-26

- "Foxfire," a play based on the living history of Rabun County. 7 p.m. at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

- At Chintz & Company at Spring and 3rd streets, Bromeliads & orchid designer on premises for custom arrangements. Purchase plants and they will plant for free. Bring a pot.

#### Friday, July 25

- Mountain Music will abound in Highlands School old gym featuring, The Dendy Family and High Mountain Squares. Square dancing and clogging will entertain and involve audiences beginning at 6:45 P.M. Concerts will run between 7:30 and 9 every Friday. These free concerts are sponsored by the Just for You Relay for Life team. This year's Relay for Life Event will be held in Cashiers on Friday, August 22.

- Highlands-Cashiers Chamber Music Festival: Richard Stoltzman, clarinet; Laura Gordy, piano; Cecylia Arzewski, violin; Yasuo Watanabe, piano; Miles

• See EVENTS page 30

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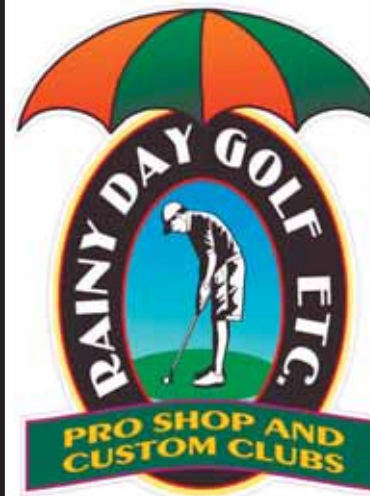
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## • UPCOMING EVENTS •

Hoffman, viola; Christopher Rex, cello; 7:30 PM Highlands Performing Arts Center, 526-9060.

• Booksigning at Cyrano's Bookshop on Main Street from 4:30-7 p.m. featuring author Charles Martin and "Where the River Ends."

### Saturday, July 26

• At Summit One Gallery on S. 2nd Street, the opening of "Epic Spirit III" exhibit featuring work by Betty Foy Botts, Mase Lucas and Libby Mathews.

• At Cyprus Restaurant, "Slow Cooking...Make Your Party Easy" cooking demonstration noon to 2 p.m. \$89 per person plus tax. Call 526-2338 for reservations.

• The Playhouse's "Shakespeare in the Park" series with actors performing "A Midsummer Night's Dream" at 1 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

• Montana Skies in Concert Jennifer & Jonathan Adams create a new acoustic sound with the pairing of guitar and cello, ranging from Vivaldi and Bach to Rush and Pink Floyd to their own award winning compositions. At the ITC's Studio on Main at 8 p.m. Tickets: \$25

• The Nantahala Hiking Club will take a 6-mile moderate-to-strenuous hike, with a 300 foot elevation change, to Ellicott's Rock where three states' boundaries meet on the Chattooga River. Take a dip in the river if you wish. Meet at the Cashiers Wachovia Bank (in back) at 10 am; drive 40 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20; reservations are required. Call leaders Mike and Susan Kettles, 743-1079, for reservations or more information. Visitors are welcome, but no

pets please.

• Snake program at the Highlands Nature Center. 7-8 pm, all ages. An educational presentation on regional snakes featuring live animals. Learn species identification, snake natural histories, and some of the misconceptions about them. \$2 per person. Call 526-2623 or visit [www.wcu.edu/hbs/Naturecenter.htm](http://www.wcu.edu/hbs/Naturecenter.htm) for more information.

• International Festival Day in Downtown Waynesville, 10 a.m. to 5 p.m. It's Free!

• A full breakfast will be served from 7:30-10:30 a.m. at the Scaly Mountain Community Center located in the historic Scaly School House, corner of NC Hwy 106 and Buck Knob Road. Cost is \$5 for adults, \$2.50 for children. Proceeds from the events, held the fourth Saturday of the month May through October, are used for scholarships for local students of all ages who wish to further their secondary school education.

### Sunday, July 27

• Highlands-Cashiers Chamber Music Festival Richard Stoltzman, clarinet; Laura Gordy, piano; Cecylia Arzewski, violin; Yasuo Watanbe, piano; Miles Hoffman, viola; Christopher Rex, cello; 5 PM Highlands Performing Arts Center, 526-9060.

• At the Highlands Community Child Development Center, an Open House, 2-4 p.m.

• The Up, Up, and Away Gala benefiting the Highlands Community Development Center is at the Highlands Country Club. It will feature the well-known group Class Act of Atlanta and life-size dolls created by Peggy Payne will transform the clubhouse. Proceeds from the dinner gala and silent auction will help support the development center. Tickets are \$150. If you can't attend the gala, donations will be accepted. For information or to make reservations, call Ann Martin at 526-0115.

• At Cullasaja Assembly of God Youth Picnic at 6:30 p.m. at 6201 Highlands Rd. Franklin. Cook out! Games! Music! Prizes! and more! Questions call Youth ministers Matt and Candace Woodroof at 828-369-7540 or check out our web site [www.cullasajaag.org](http://www.cullasajaag.org).

• The Playhouse's "Shakespeare in the Park" series with actors performing "A Midsummer Night's Dream" at 6 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

### Monday, July 28

• Southwestern Community College Blood Drive at Macon Industrial Park. 10-2:30. Please call 369-0591 for more information or to schedule an appointment. All presenting donors may register to win one of three \$1000 gas cards!

### Mon.-Tues., July 28-29

• At Bungalow Boutique on Main Street, a Clara Williams Company Trunk Show from 10 a.m. to 5 p.m. featuring one-of-a-kind jewelry designs.

### Mon.-Tues, July 28 and (repeated) 29

• Anne Porter will teach Outlook Express 101 from 1-3 at the Highlands School Computer Lab \$30 members, \$40 non-members. Phone 526-8811

### Mondays, July 28- Aug 18

• Duane Meeter will teach Bridge Defense II (intermediate to advanced) at the Highlands Civic Center 9:30-11:30 \$45 members \$65 Non Member. Limited Seating Available, Please call 526-8811 to register

### Tues.-Fri., July 29-Aug 1

• Jackie Meena presents a painting series titled "Capturing the Power of White" at the Highlands Civic Center 9 a.m. - 3 p.m. \$175 Members \$200 Non Members, limited seating available please reserve at 526-8811

### Monday-Saturday, July 28-Aug. 9

## Montana Skies coming to ITC July 26



Montana Skies is the fusion on guitar and cello. Montana Skies are the winners of the Lifestyle radio music awards for best new artists of 2004 and the best contemporary acoustic album of 2005. Jennifer and Jonathan Adams are Montana Skies. Jennifer's cello and Jonathan guitar combine to delve into music magic from Pink Floyd and Rush to Bach and Vivaldi and their own award winning original arrangements. Montana Skies have toured all over the world and are now playing Highlands, NC for one performance only at the Instant Theatre Company's Studio on Main Saturday July 26th at 8PM. Reservations are strongly suggested. Box office is 828-342-9197.

• Summer Courses offered at the Highlands Biological Station. Spiders of the Southern Appalachians. For program descriptions and information about costs, academic credit, instructors, and prerequisites for our summer courses and workshops visit <http://www.wcu.edu/hbs/currentcources.htm> or call 526-2602.

### Wed. July 30

• "Evening at Lakeside" restaurant to benefit the Highlands Community Players. Mention the Players and 15% will be donated.

### Thursday, July 31

• Movie time at the Cashiers Library at 7 p.m. "Once" is a modern day musical set in Dublin. This 2006 movie is rated R for language. It is rated R for violence. The movies and the popcorn are free, but donations are appreciated.

• Dr. Virginia Templeton will speak on Mind Matters: Maintaining Mental Fitness While Aging at Highlands Community Building 10 - 12 \$20 Members, \$30 Non Members call 526-8811

### All of August

• At Acorn's on Main Street, it's Juliska Month. Juliska's rich European heritage spans six centuries and combines historic shapes with imaginative new interpretations of glass and ceramic for home décor and tableware.

### Friday, Aug. 1

• Mountain Music will abound in Highlands School old gym featuring, Mountain Faith (The McMahan Family) and The Country Kickin Cloggers. Square dancing and clogging will entertain and involve audiences beginning at 6:45 P.M. Concerts will run between 7:30 and 9 every Friday. These free concerts are sponsored by the Just for You Relay for Life team. This years Relay for Life Event will be held in Cash-

iers on Friday, August 22.

• Highlands-Cashiers Chamber Music Festival: Charae Krueger, cello; William Preucil, violin; Valerie Whitcup, harp; Janet Clippard, bass; Kate Ransom, violin; Helen Callus, viola; 7:30 PM Highlands Performing Arts Center, 526-9060.

• Green Living Fair at the Rec Park begins at 6:30 pm with a spaghetti dinner and a program lead by guest speaker Ned Ryan Doyle, coordinator of the 8th Annual Southern Energy & Environment Expo, who will speak about the movement. It's free.

### Friday & Saturday, Aug. 1-2

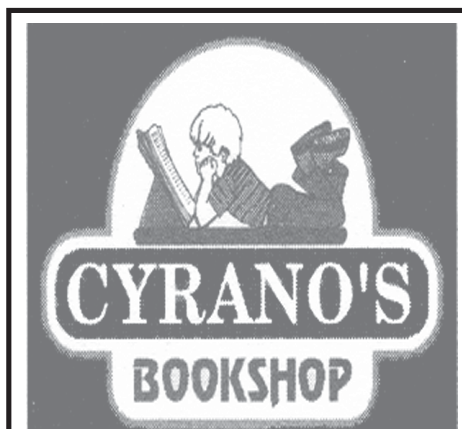
• At Instant Theatre on Main Street, at 8 p.m., Clarence Darrow. Here is the famous attorney reminiscing over his long and renowned career. Socko theatre...gutsy, exciting, inspiring, funny and beautiful. Tickets: \$20.

### Saturday, Aug. 2

• At ...on the Verandah a Children's Cooking Class "Future Chefs of America" from 11 a.m. to 1 p.m. for ages 8-13. \$20 per person plus tax. Call 526-2338 for reservations.

• The Nantahala Hiking Club will take a 3.5-mile moderate hike up Rock Mountain with an elevation change of 900 feet. Meet the Cashiers Wachovia bank (in back) at 9:30 a.m. Drive 4 miles round trip. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20; reservations are required. Call leader Eva Hansen, 743-1611, between 6-9 p.m. for reservations or more information. Visitors are welcome, but no pets please.

• Fisher Garden Tour atop Sagee Woods. Carpools leave from Pine Street Gazebo hourly 9:45 a.m. to 12:45 p.m. Tickets are \$25 and proceeds fund the Community School in Cange, Haiti. Rain or shine.



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## Upcoming Book Signings

### Friday, July 25

4:30-7 pm

Charles Martin

"Where the River Ends"

### Saturday, August 9

1-3 p.m.

Charles F. Price

"Nor the Battle to the Strong"

### Saturday & Sunday, Oct. 10-11

TBA

Philippa Gregory

"The Other Queen"

&

Ron Rash's "Serena."



## • UPCOMING EVENTS •

### Artist Guenter to speak at Art League



The Art League of Highlands meets at 5 p.m. at the Rec Park on Monday, July 28. There will also be a program by Jim "Standing Bear" Guenter, of Creek Indian heritage who paints on stone slabs. Painting on stone is the most ancient art form all over the world. The meeting is open to the public with light refreshments for members and visitors.

- At Cyrano's Book Shop on Main Street, Charles F. Price will sign "Nor the Battle to the Strong" from 1-3 p.m.

- Highlands Fire & Rescue Dept. Open house celebrating 55 years of service from 11 a.m.-3 p.m. Hotdogs and drinks served free of charge. Trucks and equipment will be on display including the new rescue truck. Rides on the fire truck are also planned.

- Green Living Fair at the Highlands Civic Center from 10 a.m. to 5 p.m. with Tailgate Produce Market from 8-11 a.m. featuring locally grown fruits, vegetables, honey, eggs and more. Learn the easy way to live green. Adults \$5, Teens \$2, 12 and under free. Rain or shine.

- The Playhouse's "Shakespeare in the Park" series with actors performing "A Midsummer Night's Dream" at 1 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

#### Sunday, Aug. 3

- The Nantahala Hiking Club will take a 3-mile easy hike on the Skitty Creek Trail and around Cliffside Lake. Call leader Kay Coriell, 369-6820, for reservations or more information.

- Highlands-Cashiers Chamber Music Festival: Charae Krueger, cello; William Preucil, violin; Valerie Whitcup, harp; Janet Clippard, bass; Kate Ransom, violin; Helen Callus, viola; 5 PM Highlands Performing Arts Center, 526-9060.

- The Playhouse's "Shakespeare in the Park" series with actors performing "A Midsummer Night's Dream" at 6 p.m. at Pine Street Park. Bring blankets, chairs, picnic baskets, and enjoy live outdoor theatre for FREE.

#### Monday, Aug. 4-Friday, Aug. 8

- A "Landscape Painting" workshop taught by James Sulkowski will be offered by The Bascom, a center for the visual arts, from Aug. 4-8 from 10 a.m. to 4 p.m. at the Highlands Rec Park. The course is for beginners through advanced artists and costs \$375 (\$337.50 for Bascom members). Pre-registration is required. For information, call (828) 526-4949 or email [drhodes@thebascom.org](mailto:drhodes@thebascom.org).

Wed.-Sat., Aug. 6-9

- At Instant Theatre on Main Street, at 8 p.m., Clarence Darrow Here is the famous attorney reminiscing over his long and renowned career. Socko theatre...gutsy, exciting, inspiring, funny and beautiful. Tickets: \$20.

#### Wednesday, August 6

- The free Interlude concerts presented by the

First Presbyterian Church held on Wednesdays at 2 p.m. Dress is casual. Caroline Ulrich, Flute, Lillian Pearson, Piano.

- "Evening at Lakeside" restaurant to benefit Big Brothers Big Sisters. Mention the organization and 15% will be donated.

#### Friday-Sunday, Aug. 8-10

- At Acorn's on Main Street, a Earthborn Pottery Trunk Show. Handcrafted pottery from Leeds, Alabama that is dishwasher and microwave-safe.

#### Friday & Saturday, Aug. 8-9

- A "Native Landscaping & Water Management" workshop at the North Carolina Arboretum in Asheville on Friday from 9 a.m.-5 p.m., and Saturday from 9 a.m.-noon. General skills and information useful in managing your land will be presented. The cost is \$50 per person per session, with spouse or other family member at \$25. Registration includes lunch, snacks and workshop-related materials. Registration for this workshop will be accepted through July 31. Credit toward NC Environmental Education Certification is available, as well as CEU credits. Workshops also count as electives toward the Asheville Board of Realtors ECO Certification. For more information and registration materials, visit [www.cradleofforestry.org](http://www.cradleofforestry.org) or contact Amy Garascia, Program Coordinator, at [amysworkshopinfo@aol.com](mailto:amysworkshopinfo@aol.com) or 828-884-5713 ex. 26.

#### Friday, August 8

- Mountain Music will abound in Highlands School old gym featuring, Heart of the South and The Country Kickin Cloggers. Square dancing and clogging will entertain and involve audiences beginning at 6:45 P.M. Concerts will run between 7:30 and 9 every Friday. These free concerts are sponsored by the Just for You Relay for Life team. This year's Relay for Life Event will be held in Cashiers on Friday, August

22.

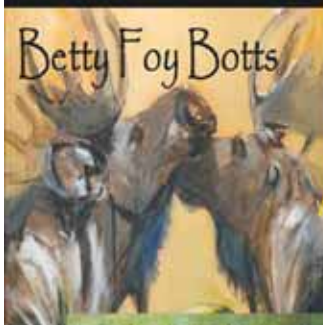
Sat.-Sat., August 9-16

- Christmas in August Sale. Santa's workshop

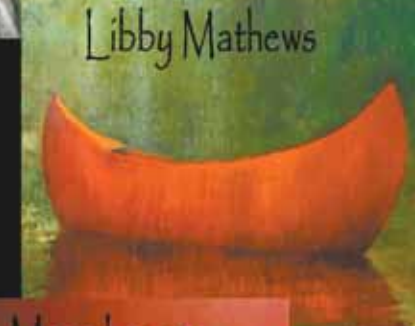
• See EVENTS page 32

# Summit One GALLERY

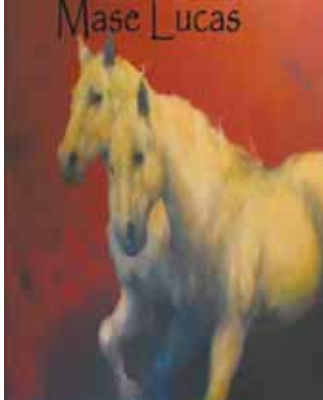
## Epic Spirit III



July 26 -  
August 27



Opening  
Reception  
Saturday,  
July 26  
5-7pm



Highlands-Cashiers Premier Destination  
Fine Art Gallery  
Located in "The Galleries"  
South Second Street, Highlands NC  
828.526.2673 [summitonegallery@verizon.net](mailto:summitonegallery@verizon.net)  
[www.summitonegallery.com](http://www.summitonegallery.com)

You are cordially invited to a trunk show at

## The Bungalow Boutique

357 Main Street (next to AnnaWear) 526-8555

**Clara Williams Company Trunk Show**  
Monday & Tuesday, July 28 & 29  
from 10 a.m. to 5 p.m.  
featuring one-of-a-kind designs







## • UPCOMING EVENTS •

### 'Be Green Fair' set for Aug. 1 & 2 at Rec Park

As the cost of home energy bills, groceries and fuel continues to rise, it's easy to see why the "Green" movement is sweeping the nation. This movement has quickly made its way from "hippie" trend to "mainstream" reality and offers many opportunities to make changes that will fit into any lifestyle.

To provide area residents and visitors an opportunity to become more familiar with the concepts of green living, the Jackson-Macon Conservation Alliance (J-MCA) is hosting a Green Living Fair at the Highlands Civic Center (aka Highlands Rec. Park), rain or shine. The event begins Friday night, August 1 at 6:30 pm with a spaghetti dinner and a highly anticipated program lead by guest speaker Ned Ryan Doyle, all for a cost of only \$5.

Ned Ryan Doyle has been active in sustainable energy and environmental issues for over 30 years, providing presentations and workshops nationwide on topics ranging from composting and green building to solar and wind power systems. Ned has worked first hand on energy efficient housing, bio-fuels, renewable energy and other essentials for sustainable living. His programs provide options for a sustainable future, making environmental conservation and economic stability 'two sides of the same coin.'

Doyle's level of expertise speaks for itself: Coordinator of the 8th Annual Southern Energy & Environment Expo ([www.seeexpo.com](http://www.seeexpo.com)), the largest event in the South with 8,000 participants in 2007; host of Thursday morning's "The News from Back Home" and the Sunday morning "Our Southern Community"

public affairs program exploring issues of energy, environment and economics and featuring free downloads of programs exploring current regional utility and energy issues, both on WNCW 88.7 FM Spindale, NC, ([www.wncw.org](http://www.wncw.org)); co-host of the "Green Radio Bistro," ([www.sustainablenow.us](http://www.sustainablenow.us)); and author of numerous articles in national publications.

Saturday August 2, begins with a produce tailgate market held in the parking lot of the Civic Center from 8-11 am. It will offer a variety of locally-grown produce, honey, eggs, homemade breads, cut flowers and more.

The Green Living Fair will be held from 10 am to 5 pm on Saturday. The Civic Center gymnasium will be host to 30+ vendors and conservation groups providing information and goods for easy ways to live green, home products, health, beauty & body care, gardening & farming, conservation, composting, recycling, green home design, building & remodeling, indoor air quality, renewable energy, solar power, living off the grid, "green" automobiles and legislative incentives. Food will be available as well.

The venue also offers a separate area for discussion sessions which will be held throughout the day. There will be an area designated for children that will include story times, a hand made toy workshop and other projects sure to educate and entertain. A schedule of discussion sessions and children's programs can be found at the J-MCA website. Additionally, J-MCA will be collecting the following recycled items: old cell phones (with battery), old rechargeable batteries and printer cartridges.

The charge for the event is \$5 for adults, \$3 for teens, and is free for children.



Green Living Fair

located in Glenville CDC Building. 1-6 p.m. Proceeds to the Glenville Community.

#### Saturday, August 9

- At Cyrano's Bookshop a book signing from 1-3 p.m. Charles F. Price "Nor the Battle to the Strong."

- The Nantahala Hiking Club will take a 6.5 mile strenuous hike on the Appalachian Trail, with an elevation change of 2,000 feet, starting from Highway 76 east of Clayton south to Addis Cap. This is a less hiked section of the trail and relatively remote. Meet at Westgate Plaza in Franklin (opposite Burger King) at 8 a.m. Drive 90 miles round trip with car shuttle. Highlands/Cashiers hikers call leader for alternate meeting place. Bring a drink, lunch, and wear boots. Hikes are limited to 20; reservations are required. Call leader Doug Deane at 864-718-9265 for reservations or more information. Visitors are welcome, but no pets please.

- At Highlands-Cashiers Hospital, "Healthy Living Fair" 8:30 a.m. to 1 p.m. featuring lectures by physicians, fitness demonstrations, cosmetic makeovers, and health information exhibits which include not only hospital programs but also other providers and purveyors from around the area. However, this year's fair will feature a lecture by Alex Cho, MD of the Duke Institute for Genome Sciences and Policy in Durham, NC. Genomics, which is one of the hottest subjects in medicine today, uses studies of genes to predict an individual's risk for certain diseases, such as prostate cancer or hypertension. It's also being used to study why some tumors or diseases respond to treatment and other do not. It's Free.

#### Friday, August 10

- Highlands-Cashiers Chamber Music Festival Final Gala and Dinner Party: Concert at Highlands Performing Arts Center "Beethoven and Bluegrass" Chris Thile/Punch Brothers/Blair String Quartet, 5 PM; A celebratory reception and dinner at Highlands Country Club follows the concert. 526-9060

#### Wed. August 13

- "Evening at Lakeside" restaurant to benefit The Bascom. Mention the organization and 15% will be donated.

#### Thurs.-Sun., Aug. 14-31

- At Highlands Playhouse, "Inherit the Wind." For further information or reservations please call 828-526-2695 or P O Box 896 in Highlands.

#### Sunday, Aug. 17

- The Nantahala Hiking Club will take a 1.5 mile easy hike to Big Laurel Falls in the Standing Indian area. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2:00 p.m. Drive 40 miles round trip.

Bring a drink, a snack if you wish and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Kay Coriell, 369-6820, for reservations.

#### Wed.-Fri., Aug. 20-22

- At The Bascom, art classes with Cherry Cratty from 10 a.m. to 4 p.m. "Pulp Painting featuring Roy the Rooster currently on display in the entrance to The Bascom at the Hudson Library. Learn how to create rich, textural paintings with pigment and paper. To register, call 526-4949, ext. #4.

#### Beginning Tuesday, Aug. 26

- At Health Tracks at the hospital, "Freedom from Smoking" classes. The round of eight classes, taught by a certified instructor, is free. Space is limited, so those interested should call as soon as possible to register. For more information or to register, call Health Tracks at 526-1FIT (526-1348)

#### Tues.-Fri., Aug. 26-29

- At The Bascom, watercolor classes with Herbie Rose from 10 a.m. to 4 p.m. Bring paper and paint. To register, call 526-4949, ext. #4.

#### Wednesday, August 20

- The free Interlude concerts presented by the First Presbyterian Church held on Wednesdays at 2 p.m. Dress is casual. Stell Huie, Baritone, Angie Jenkins, Piano

#### Thurs.-Sat., Aug. 21-23

- At Instant Theatre at 8 p.m., "Second Lady." A remarkable award winning play about a fictional political wife who has mislaid her prepared remarks and must draw on her experiences and recollections to fulfill a speaking engagement on behalf of her husband. Tickets: \$20.

#### Thursday, August 21

- An Italian Experience Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

#### Friday-Sunday, Aug. 22-24

- At Acom's on Main Street, a Dweck Jewelry Trunk Show. Unique jewelry- bold, colorful, yet worldly.

#### Saturday, Aug. 23

- The Nantahala Hiking Club will take a 4 mile moderate hike to the Devil's Courthouse on Whiteside Mountain, with an elevation change of 700 feet. Meet at Whiteside Mountain Parking lot off Hwy. 64 between Highlands and Cashiers at 9:30 am. Bring a drink, lunch, and wear sturdy comfortable shoes. Hikes are limited to 20; reservations are required. Call leader Jim Whitehurst, 526-8134, for reservations or more

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P.O. Box 2703  
Highlands, NC 28741  
828-526-0782

#### HELP WANTED

**HIGHLANDS FALLS COUNTRY CLUB** - full or part-time golf cart staff needed. Call Allen at 526-2189.

**ASSISTANT MANAGER** - for Ladies boutique in Highlands. Experience preferred. Call 526-8555.

**PART-TIME CLEANERS NEEDED TO CLEAN BANKS** - in Highlands area. Call Linda at 828-691-6353.

**HIGHLANDS INN AND KELSEY PLACE RESTAURANT** now hiring Lunch Servers. Apply in person at 420 Main Street or call for an interview. 526-9380.

**SOUS CHEF** - Experience required. Full time position available. Team player. Call 787-2200.

**AUTO DETAILER NEEDED. EXPERIENCE PREFERRED.** Must be neat in appearance and have

good driving record. Call Johnny at 743-5813.

**IRONER** - in private home. One day a week. 5 hours. Sheets, shirts. Call 828-787-2031.

**FRESSERS EATERY** - Hiring experienced wait staff and line cook. Apply in person at 151 Helen's Barn.

**SCALY MOUNTAIN OUTDOOR CENTER** - Now hiring, cooks, dishwashers, wait staff and general help. Call Brenda at 526-1663.

**PART-TIME RECEPTIONIST/SECRETARY** - The Episcopal Church of the Incarnation is looking for a part-time receptionist (Monday, Wednesday, Friday 9 am-1 pm). If you are interested, please submit resumes to PO Box 729 Highlands, NC 28741.

**COMMUNITY BIBLE CHURCH** is accepting resumes for an Office Assistant. Computer skills, people skills and creative abilities are required. 828-526-4685 or [office@cbchighlands.com](mailto:office@cbchighlands.com)

**Respiratory Therapist:** at Highlands-Cashiers Hospital. Part time and PRN positions available. Responsibilities include taking call and being able to respond within 20 minutes. Also must be able to intubate a patient. Current registration or certification in North Carolina, along with a current BLS and/or ACLS required. Experience with rehabilitation and disease prevention preferred. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**Scrub Tech** at Highlands-Cashiers Hospital. Full time position available. Assists surgeon during operative and invasive procedures. Operating Room Technician and BCLS certifications are required. Minimum of one year of work experience in the Operating Room is preferred. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering



## • UPCOMING EVENTS •

### Novelist Charles Martin at Cyrano's on Friday, July 25

Charles Martin, author of the phenomenally successful "When Crickets Cry," will be at Cyrano's Bookshop tomorrow (Friday) afternoon from 4:30 to 7: p.m. for a book signing and wine-and-cheese reception celebrating the publication of his new novel, "Where the River Ends," published this month by Broadway Books, a division of Random House.



Martin is one of Cyrano's most popular authors; they've sold more than 1,000 copies of his books over the past two years. The plot of "Where the River Ends" came to the author as he took his kayak down the St. Mary's river (which forms the eastern border between Georgia and Florida): He remembered learning of a young woman who received — via messenger — divorce papers from her husband as she lay in the hospital dying of cancer. As he paddled along Martin thought, "What about the guy who doesn't do that? What about the guy who hangs on? Who loves her even when she's bald... As I began putting words to paper, I found myself crafting a patchwork threaded with both beauty and pain. The result is my new novel, Where the River Ends, and yes, parts of this story are painful, but I've found the beauty outweighs the pain."

And so Martin created the story of Doss Michaels and Abbie Grace: Doss is a fishing guide and artist raised in a south Georgia trailer park; Abbie, the debutante daughter of South Carolina's U.S. senator. Ten years into their marriage Abbie faces a life-threatening sickness. Her last wish: A canoe trip along the St. Mary's River, something she and Doss talked about when they first met. In its review of "Where the River Ends," Publisher's Weekly says, "In the tradition of Nicholas Sparks and Robert James Waller, Martin has fashioned a heartbreaking story." Charles Martin lives with his wife and their young boys in Jacksonville, Fla., but has many connections to the Highlands area, and "When Crickets Cry" opens with a view of the Tallulah River and Lake Burton.

**Charles Martin**

information. Visitors are welcome, but no pets please.

- At Cyrano's Book Shop on Main Street, Chester Campbell will sign "The Marathon Murders" from 1-3 p.m.

#### Monday, August 25

- Wine Dinner at Wolfgang's Bistro. Oakville Ranch Vineyards, "Traveling Wine Diva," Paula Kornell Part of the fun of this dinner is Paula herself and her positively wonderful personality that reminds you how wine dinners can be very enjoyable and not pretentious. Chef Wolfgang and Chef David have fun with this dinner as well, because they know her wines so well. To make reservations, please call Wolfgang's at 828.526.3807 or visit our web site at [www.wolfgang.net](http://www.wolfgang.net).

- The Town Scholarship Golf Tournament at Cullasaja Club

#### Wednesday, August 27

- The Village Nature Series is a free summertime lecture series co-hosted by Highlands-Cashiers Land Trust & Village Green. "The Making of the Mountains" with Steve Yurkovich. Everyone is welcome. Lectures are held at the Albert Carlton Library in Cashiers. Lectures begin at 6:30 PM. Refreshments follow. There

is no charge but donations are graciously accepted. Call HCLT for info: 526.1111.

- "Evening at Lakeside" restaurant to benefit the Audubon Society. Mention the organization and 15% will be donated.

#### Thurs.-Sat., Aug. 28-30

- At Instant Theatre at 8 p.m., "Second Lady." A remarkable award winning play about a fictional political wife who has mislaid her prepared remarks and must draw on her experiences and recollections to fulfill a speaking engagement on behalf of her husband. Tickets: \$20.

#### Thursday-Tuesday, Aug. 28-Sept. 2

- At Acorn's on Main Street, a Coralia Leets Designs Trunk Show. Distinctive jewelry with precious and semi-precious stones, gems and pearls set in 14k and 18k gold.

#### Friday-Monday, Aug. 29-Sept. 1

- At Acorn's on Main Street, a Nina McLemore Clothing Trunk Show. Clothing designed by a woman with fashion and business expertise, for smart, confident women on the go.

• See EVENTS page 34

### Fire & Rescue Open House Aug. 2



This annual event is fun for the entire family. The Highlands Fire & Rescue Dept. celebrates 55 years of service with an open house on Saturday, Aug. 2 from 11 a.m. to 3 p.m. at the station on Oak Street. Hotdogs and drinks will be served free, trucks and equipment will be on display and rides on the fire truck are planned as usual.

Photo by Kim Lewicki

## • CLASSIFIEDS •

part-time employees, working at least 24 hours a week, medical insurance. Pre employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**LAUNDRY ATTENDANT** needed at Highlands-Cashiers Hospital. Full-time, day shift position available. Position requires weekend rotation and holidays. Salary based on experience. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**MAINTENANCE MECHANIC** - needed at Highlands-Cashiers Hospital. Full-time position available for day shift. Knowledge and skills in physical plant maintenance: carpentry, electrical, HVAC, and plumbing. Computer experience preferred. Must be able to

be on call one week per month, assist with community health screening set up and winter snow/ice removal. Supervisor skills needed. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**FOOD SERVICE MANAGER** needed at Highlands-Cashiers Hospital. Full-time position. At least two years experience in institutional/food service environment with knowledge of therapeutic diets, food safety and sanitation guidelines needed. Experience with purchasing and inventory preferred. Must be a self-starter with strong organizational and managerial skills. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employ-

ment. Pre-employment substance screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**CNA OR CNA II** at Highlands-Cashiers Hospital. Full-time positions available for ER, Acute Care and Hospice. Self starter with experience preferred. Our wage scale is \$11 to \$14.40 per hour, and you also receive shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. Pre-employment substance screening. Call Human Resources, 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**COOK AND DIETARY AIDE** at Highlands-Cashiers Hospital. Various shifts and days available. Must be able to work weekends and be able to read and speak English. Salary depends on experience. Full benefits, or the option to opt out of benefits for an

increase in pay, available after 30 days of full-time employment. Pre-employment screening required. Call Mandy Talley at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**RNS** at Highlands-Cashiers Hospital and Fidelity Eckerd Living Center. Full, Part-time and PRN positions available for 12 hour day and night shifts. Excellent wage scale, with shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**DIRECTOR OF NURSING** is needed in the beautiful mountains of Western North Carolina. Expe-

• See CLASSIFIEDS page 34



## • UPCOMING EVENTS •

### Sunday, Aug. 31

• The Nantahala Hiking Club will take a 1-mile easy-to-moderate hike on the Rufus Morgan Trail with a pretty waterfall and a couple of short climbs along the way. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2:00 p.m. Drive 24 miles round trip. Bring a drink, a snack if you wish and wear sturdy comfortable shoes. Hikes are limited to 20 people; reservations are required. Call leader Kay Coriell, 369-6820, for reservations.

### Wed. September 3

## Ruby Cinemas

Hwy. 441, Franklin • 524-2076

### Showing July 25-31

#### THE X-FILES: I WANT TO BELIEVE

rated PG-13

Mon - Fri: (4:20), 7:20, 9:30  
Sat & Sun: (1:30), (4:20), 7:20, 9:30

#### MAMMA MIA!

rated PG-13

Mon - Fri: (4:10), 7:10, 9:20  
Sat & Sun: (2), (4:10), 7:10, 9:20

#### THE DARK KNIGHT

rated PG-13

Mon - Fri: (4), 7, 10  
Sat & Sun: (1), (4), 7, 10

#### HANCOCK

rated PG-13

Mon - Fri: (4:15), 9:20  
Sat & Sun: (4:15), 9:20

#### WALL-E

rated G

Mon - Fri: 7:15  
Sat & Sun: (2:10), 7:15

• "Evening at Lakeside" restaurant to benefit the Highlands Plateau Greenway. Mention the organization and 15% will be donated.

### Thursday, Sept. 4

• At Cyrano's Book Shop on Main Street, Susan Wilson will sign "Come to the Table" a cookbook from 1-3 p.m.

### Sunday, Sept. 7

• Christ Anglican Church of Highlands/Cashiers and Community Bible Church series of concerts, Sundays at CBC at 2:30. Love offerings will be given to noted agencies. The Mountain Chamber Players – chamber music involving a variety of instruments and voices – benefiting The Community Care Clinic.

### Thursday, September 11

• A Krupp Brothers Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

### Friday-Sunday, Sept. 12-14

• At Acorn's on Main Street, a Planet Clothing Trunk Show. Contemporary clothing with a distinctive Oriental flair.

### Saturday, Sept. 13

• At Instant Theatre at 8 p.m., Steve Gillette & Cindy Mangsen in Concert. Steve Gillette is a legendary folk songwriter, guitarist and singer. His wife Cindy Mangsen sings with a rare voice that radiates smoke and crystal. Together they create magical music. Tickets: \$25.

### Wed.-Sat., Sept. 17- 20

• At Instant Theatre on Main Street at 8 p.m., "2000 Year Old Man." An hilariously, side-splitting interview with a 2000 year old man, written and first performed by the famed Mel Brooks and Carl Reiner. Tickets: \$20

### Wed. September 17

• "Evening at Lakeside" restaurant to benefit the Highlands Community Child Development Center. Mention the organization and 15% will be donated.

### Thursday, September 18

• A Miner Vineyards Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

### Friday-Sunday, Sept. 19-21

• At Acorn's on Main Street, two trunk shows: a Match Trunk Show. Table furnishings of pewter, crystal and ceramics handmade in northern Italy and a Blossom Bath and Body Trunk Show. Pomegranate

bath and body products that embody a lifestyle of maintaining internal beauty.

### Wednesday, Sept. 24

• The Village Nature Series is a free summertime lecture series co-hosted by Highlands-Cashiers Land Trust & Village Green. "Weaving Nature and Community into a Poetry of Place" with Brent Martin. Everyone is welcome. Lectures are held at the Albert Carlton Library in Cashiers. Lectures begin at 6:30 PM. Refreshments follow. There is no charge but donations are graciously accepted. Call HCLT for info: 526.1111.

### Friday-Saturday, Oct. 3-4

• At Acorn's on Main Street, a SHC Jewelry Sara Hall Clemmer Designs. Using pearls, semi-precious and precious stones

### Friday-Sunday, Oct. 3-5

• "Barefoot in the Park," a comedy by Neil Simon, 7 p.m. Thursday-Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706- 212-2500.

### Saturday, Oct. 5

• Highlands-Cashiers free health screenings,

## Milford does Darrow Aug. 1-2 & 8-9 at ITC

David Milford stars as the controversial lawyer, Clarence Darrow. This fine actor is brilliantly show cased in a drama that follows Darrow's reflections on his life, his passions, his personal disappointments, and his triumphs. The award winning play is written by David W. Rintels, based on Irving Stone's Clarence Darrow for the Defense, and directed by Madeleine Davis.

As attorney for some notorious defendants, including Darwinist John T. Scopes and thrill killers Leopold and Loeb, Darrow was one of the most courageous defenders of justice in American history. The play Clarence Darrow probes deeper into the resume' of this famous man by revealing what drove him in his work. David Milford's dazzling monologue begins with the lawyer's childhood, then enters into a moving description of Darrow's support for the troubled labor movement of the early 20th century. The drama continues by re-enacting some of Darrow's impassioned pleas to the juries of his most renowned court cases



Clarence Darrow, the man, was warm, loving, rumpled, comfortable, and the possessor of great wit which is evident in some of the lines from the play which are direct quotes of Darrow's. "I don't like spinach, and I'm glad I don't, because if I liked it I'd

eat it, and I just hate it," "I have never wanted to see anyone anybody die, but there are a few obituary notices I have read with pleasure," "Laws should be like clothes. They should be made to fit the people they serve." For an evening of gutsy, socko theatre see David Milford as Clarence Darrow. Clive Barnes of the New York Times has said about the play, "Just plain wonderful. I urge every man, woman and child who cares about justice and America to see it!"

Clarence Darrow opens in the Instant Theatre Company's Studio on Main at 310 Oak Square Main Street, Highlands, on August 1st and plays the 2nd, 8th and 9th. All performances are at 8 P.M. For reservations call the ITC box office at 828-342-9197. Visit the ITC website at [www.instanttheatre.org](http://www.instanttheatre.org).

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rienced nurse leader for a 24-bed Critical Access Hospital, responsible for managing a budget, quality of patient care, customer satisfaction, and the oversight of management for the Acute Care Unit (Med/Surg), ER, OR, PACU and GI Lab, Hospice, and Cardio-Pulmonary. Must be able to provide leadership for managers and staff, and conduct recruitment and retention activities. Masters degree with a background in nursing leadership required. This position reports directly to the CEO/President of Highlands-Cashiers Hospital, working closely with the QA Nurse Manager and the VP of Operations. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

**CNA OR CNA II** at Fidelia Eckerd Living Center. Full-time, positions for night shifts. Our wage scale

is \$11.00 to \$14.40 per hour, and you also receive shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of employment. PRN positions are also available with Hospice. Pre-employment substance screening. Call Human Resources, 828-526-1301 or apply online at [www.hchospital.org](http://www.hchospital.org).

### YARD SALE

#### 4TH ANNUAL GIANT CHURCH YARD SALE.

Sat. 8am-1pm. 85 Sierra Dr, Franklin. Off Lakeside Dr., 1 mile past Hardees. Huge sale. Benefits building fund and a local charity. 828.342.0546, 828.524-6777

### WORK WANTED

**PROFESSIONALLY TRAINED CHEF** – with 15 years experience in 4 and 5 star restaurants avail-

able to prepare custom menus for you and your family. Your kitchen or mine. Will travel for specialty/organic ingredients. Long-term/year around or special event catering available. Special dietary needs accommodated. Please call 743-0649 or email [eleonorcrowe@aol.com](mailto:eleonorcrowe@aol.com) for consultation or questions.

**LOOKING FOR A HOUSEKEEPER?** – Call Dora at 828-200-1038. References available.

**STUDENT ARTIST** – I am an art student interested in painting portraits. Call Ms. Diaz at 828-200-1038

### FOUND

**A RING** – At Sliding Rock Falls in Whiteside Cove. Call Steve at 743-5470.

**CANOE FOUND IN MIRROR LAKE.** Call 828-506-0308 for details.



## • UPCOMING EVENTS •

### Highlands Playhouse presents 70th Anniversary 'Salute to Broadway'



Heart thumping, toe tapping, feel good music that makes you want more and more!

Come and support the Highlands Playhouse while enjoying music, singing, glitzy costumes, and dancing of the past 70 years! You will be delighted by numbers such as "Diamonds are a Girl's Best Friend," "Defying Gravity," "Oklahoma," "Tomorrow," and "Seasons of Love" to name a few!

Tickets are \$25 and there isn't a bad seat in the house. Plan to come and be entertained like never before. Call the Box Office for more information call 828-526-2695.

**See it once, and you'll see it again!**

for residents of Cashiers, Glenville, and Sapphire at Blue Ridge School.

- Christ Anglican Church of Highlands/Cashiers and Community Bible Church series of concerts, Sundays at CBC at 2:30. Love offerings will be given to noted agencies. Brevard College Showcase – talented young artists performing a variety of repertoire on a variety of instruments – Charitable Agency, yet to be named.

#### Thursday-Monday, Oct. 9-13

- At Acorn's on Main Street, a Mary Louise Jewelry Trunk Show. Exclusive line of 18k gold jewelry with a distinctively feminine flair

#### Saturday & Sunday, October 10-11

- At Cyrano's Bookshop a book signing from with Philippa Gregory "The Other Queen" and Ron Rash's "Serena."

#### Friday-Sunday, Oct 10-12.

- "Barefoot in the Park," a comedy by Neil Simon, 7 p.m. Thursday-Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

- At Acorn's on Main Street, a Gardena Art Trunk Show. Hand carved items from Italy.

#### Saturday, Oct. 11

- Highlands Own Craft Show at the Rec Park.

#### Thursday, Oct. 16

- A Martin Ray Wine Dinner at OEI's The Farm. \$169 per person, inclusive of tax and gratuity. Call 866-526-8008.

#### Friday-Sunday, Oct. 17-19

- At Acorn's on Main Street, a Bijoux de Mer Jewelry Trunk Show. Bijoux de Mer specializes in pearls and precious stones and a Laruen Lachance

### Bob Jones Invitational

Once again Highlands will be the site for a reunion of former Walker Cup players from the United States, Great Britain and Ireland. The players will compete in a one day Bob Jones Invitational tournament at

Highlands Country Club on August 16. The annual competition is in its 27<sup>th</sup> year. The tournament is named after the illustrious Robert Tyre "Bobby" Jones, possibly the most well known – best amateur golfer.

Jones preferred to be called Bob rather than Bobby as dubbed by the press early in his golf career. Furthermore this is the only tournament, other than the Masters, that has the distinction of being granted the use of the Bob Jones name, thanks to the generosity of the Jones family.

Bob Jones loved the Highlands area and spent many summers here. He helped to develop the course, designed by Donald Ross which is known today as Highlands Country Club. Jones christened the course by hitting the first ball when it opened in 1928.

After his retirement from amateur golf, Jones only played in exhibition matches to raise money for worthy causes. He even teamed with baseball great Ty Cobb in such a match to raise money for the fledging hospital in Highlands. Today the Bob Jones Invitational supports local charities and has raised over \$2.7 million for the Highlands-Cashiers Hospital Foundation through

sponsorships and donations of local participants.

The Walker Cup competition began in 1922 and is named after George Herbert Walker, the maternal grandfather of

former President George H.W. Bush and great grandfather of President George W. Bush. Hence the tournament trophy is called the "Walker Cup" which was donated by George



Herbert Walker. Bob Jones was selected to play on the Walker Cup five times and served as the captain of the United States team twice.

The tournament is free and the public is encouraged to attend to enjoy some excellent golf. On Saturday, August 16<sup>th</sup>, each Walker Cupper will be joined by a team of four golfers for a one-day competition, similar to a pro-am tournament with a shotgun start at 9:30 a.m.

#### 2008 WALKER CUP CONTINGENT

Tommy Aaron—Georgia, Nick Cassini—Georgia, Ron Cerrudo—South Carolina, Bob Dickson—Florida, Doug Fischesser—Indiana, Marty Fleckman—Texas, Vinny Giles—Virginia, Downing Gray—Florida, Charlie Harrison—Georgia, Joe Inman—Georgia, John Inman—North Carolina, Tim Jackson—Tennessee, Bob Lewis—Ohio, Jack Lewis—North Carolina, Steve Melynk—Georgia, Griff Moody—Georgia, Danny Yates—Georgia.

## • CLASSIFIEDS •

### BUSINESS OPPORTUNITY

**THE REAL ESTATE BOOK** – North America's largest and most successful "Homes for Sale" magazine is offering the chance to be an independent Distributor of the Cashiers-Highlands areas. This market meets the criteria of our other 400 territories. Comprehensive training, on-going support help ensure success. Candidate should possess strong sales skills, customer support & follow-up. No franchise fees or royalties. Initial start-up capital required. Contact Tara Truitt @ 770-962-7220, ext. 24608 or [truitt@treb.com](mailto:truitt@treb.com) for more information.

### RETAIL SPACE FOR RENT

**COMMERCIAL RETAIL OR OFFICE SPACE** – Falls on Main. Only one unit. Upstairs. Available July 1. 1,200 sq. ft. Call 706-782-6252.

**UNIQUE COMMERCIAL OPPORTUNITY** on Main St Highlands. 800 sq ft retail/office space just in time for the season. Space includes bath & kitchen. Call for details 526-3363.

**PRIME OFFICE SPACE FOR RENT** — 800 sq. ft., air-conditioned, heated, plenty of parking. Call 526-5673.

**IN-TOWN COMMERCIAL SPACE WITH OPTIONAL LIVING SPACE FOR RENT.** Charming and supremely convenient commercial building in high traffic district. One block off main, Walking distance to Main Street shopping at Old Edwards Inn. Loft apartment above commercial space. Commercial space \$1,700/month. Loft \$850/month. Call today to schedule a showing! 828-526-2769. Ask for Ralph.

**RETAIL/OFFICE SPACE** - 800 - 3,000 Sq Ft. Located in Highlands Plaza. Entrances on Hwy. 28 & 106. Great Visibility. High Traffic. Abundant Parking. Reasonable Terms. Best location in town. Call 864-

630-0808 for info.

### LOST

**YELLOW CAT** – No tail. From Rocky Hill/Raoul Road area. "April Mae" If seen please call 526-0991.

### RESIDENTIAL FOR RENT

**COMMERCIAL OR RESIDENTIAL, OR COMBINED USE**, zoned B-4. Retail or office. Three-bedroom older home, pine paneling, hardwood floors near new Bascom Gallery. \$1350/month includes some utilities. Details, 526-5558.

**DAYLIGHT 1 BED/1 BATH BASEMENT APARTMENT FOR RENT** — One-year Lease Agreement. Available Now. (3 minutes from Highlands/Cashiers Hospital). Recent Complete Renovation. Fully Furnished, kitchen, dining area, living room, washer/

dryer, cable connection, fireplace, \$600 includes water, sewer, electricity, Single Family, References Required, No Pets, No Smoking, Call Jim at 1-770-789-2489.

**IN-TOWN UNFURNISHED ONE BEDROOM APARTMENT** with deck, washer/dryer and garage. New carpet and paint yearly. \$700 per month plus utilities. Call 526-5451.

**3BR, 2BA HOUSE ON LAKE SEQUOYAH.** \$1,500 a month + utilities. Call Tony at 828-332-7830  
**LEASE TURTLE POND AREA** – 2 bedroom, 2 1/2 baths, hot tub. 526 2759.

**3BR, 2BA COTTAGE NEAR MIRROR LAKE** – In town. \$1250 per month. Very clean. 770-977-5692

**THREE BEDROOM HOMES** for annual lease. \$1,500 per month plus utilities. Contact Tucker or Jeanie Chambers, The Chambers Agency, REALTORS.

•See CLASSIFIEDS page 36



## • CLASSIFIEDS •

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FOR SALE less than \$1,000.

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20 words for \$5; \$2 for each  
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Highlands, NC 28741  
828-526-0782

828-526-3717

**1BED/1BATH** 900 sq.ft. \$825/month includes  
utilities.\$300 deposit. Unfurnished.Non-smoker per-  
ferred. Walking distance to town. (828)526-9494

**ON MIRROR LAKE** – Charming 3 bed, 2 bath.  
Huge sunroom, stone fireplace, 3 decks, canoe, fur-  
nished. Available Nov-May. \$1,500 a month plus util-  
ities. Call 770-435-0678.

**COTTAGE FOR RENT** – 1BR, 1BA in town @  
Chestnut Cottages. Private, screen porch, Heat/AC,  
FP, extra sleeping loft, furnished or unfurnished. 6  
month lease - \$750. monthly plus utilities. Call 526-  
1684.

### VACATION RENTAL

**DESTIN, FL.** – Ocean Front Penthouse. 3-bed,  
2 1/2 baths. 2 King, 2 Twin. View at drbo.com #165428.  
for Info call, 850-830- 2950 or 850-837-6887.

**NEWLY DECORATED AND UPDATED 1 BED/  
1BATH** river view with access to small fishing lack.  
Weekly \$500, monthly, 1,700. Call 828-524-4311 or  
877-682-8855. 7/19

**HIGHLANDS COUNTRY CLUB** – Sorry, golf  
and club privileges not available. \$2,495 a week.  
Call 912-230-7202.

**THE LODGE ON MIRROR LAKE** – Fish or  
canoe from deck. Available weekly, monthly, 3-day  
min. Call 828-342-2302.

### REAL ESTATE FOR SALE

**MEMBERSHIP WITH COTTAGE FOR SALE  
BY OWNER** – 674 Chestnut Street, Chestnut Cottag-  
es (a park-home community) Unit #14, open floor  
plan, with screened porch, landscaped, in center of  
park, 3 blocks from downtown Highlands, \$239,000,  
firm. Call 770-464-2702 or 828-526-1975. 8/7

**1,600 SQ. FT. HANDICAPPED ACCESS  
HOUSE ON 2 ACRES.** 3br/2 large bath w/roll under  
sinks; elevator, finished basement, w/unfinished work-  
shop area, 2 car carport; new metal roof; native stone  
fireplace & landscaping; new hardwood floors, new  
Pella windows. Hi volume well & access to two springs  
and a fish pond. Bordered by USFS. & creek and

Buck Creek Road. \$329,000 Call 828-524-6038.

**LARGE LOTS HIGHLANDS, NC** – These  
wooded lots are ready for your mountain getaway.  
Underground power, community well and septic eval-  
uation make these lots a fantastic value. Three 2.8-2.9  
acre lots, each available for under \$165,000 Call now  
for recorded detailed information 1-800-526-1648 ext.  
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**SPACIOUS HOME ON 2.8 FLAT ACRES.  
HIGHLANDS N.C.** – 4 bedroom, 3 bath home with  
HUGE finished daylight basement. Spacious rear deck  
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**MOTOR COACH SITE** – The best value in the  
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all the amenities of the mountains, streams, waterfalls,  
scenic beauty, restaurants, shopping, and world-class  
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your privately owned motorcoach site. No dues or  
regime fees for these amenities! Affordable pricing for  
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site, on your schedule. Corner of Fifth St and Chestnut  
St. Downtown Highlands. All information and pics pro-  
vided to you for your convenience at: www.jtimms.com/  
HIDDEN CREEK. Or, call: 828-526-5333.

**MOTORHOME SITE — DOWNTOWN.** Time  
to enjoy the ENTIRE season in downtown Highlands  
! Give your coach and yourself a rest. Enjoy the com-  
forts of your motor home and the gated privacy of your  
site and new coach house. Park your coach for the  
season(s) and stay as many weeks/months as you

like; or, plan to commute by car between home and  
the mountains and spend each weekend in the splen-  
dor of this cool mountain setting. Stroll the five blocks of  
tree lined, side-walked streets leading to shopping  
and fine dining on Main St. in downtown Highlands.  
Complete with patio and outdoor kitchen, overlooking  
a live mountain stream. Private (sorry, no rentals per-  
mitted), upscale, beautiful site. For all information, visit  
the site/coach house at your leisure through our web  
page www.JTIMMS.com/ HIDDEN CREEK or, call  
828-526-5333. While in the area, we invite you to  
drive by and visually inspect the beautifully landscaped  
site located at the corner of Fifth and Chestnut Sts.

**2 BEDROOM, 2 BATH, PLUS OFFICE.** In  
Town. \$249,000. Lease to own option for qualified.  
\$1,100 per month. Call 707-354-3011.

**RV LOT FOR SALE** – Lot 1 The Coach Club.  
Class A Resort. Downtown Highlands. 200 sq. ft. ce-  
dar coach house, landscaped, outdoor kitchen, gas  
fire pit, overlooking stream. Live the Highlands life.  
See Terryhallhomes.com click on RV lot. Call 828-  
787-1014 or 352-258-4187.

**RV SITES FOR RENT OR LEASE IN-TOWN.**  
Walk to Main Street. Call for details. (828)526-1684.

**HOUSE FOR SALE IN WEST PALM BEACH,  
FLORIDA.** 3 bedroom, 2 ½ bath in adorable, quiet  
neighborhood 2 miles from ocean and Palm Beach  
Island and 5 miles from downtown. \$450,000. Call  
561-379-9151. 7/31

### ITEMS FOR SALE

## • SERVICE DIRECTORY •

### Summer Pilates Classes



Mon. & Wed. • 4 p.m.  
\$10 per class.  
Located on Level 1 of the  
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of Highlands  
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# • CLASSIFIEDS •

**EMERICA SHOES.** size 5 1/2 boys. Brand new. \$45.00. 526-9107

**MISC. BUILDING MATERIALS** – Wood flooring 5" wide (Anderson), tile, moulding. \$300. Call 743-6108.

**HEWLETT PACKARD 15" CRT MONITOR** in good working condition with all connection cord included. "FREE.". Call Randy at 828-488-2193.

**CHARBROIL GRILL** – Chrome, \$100 and another one for FREE. Call 526-4063.

**COLONIAL GLASS** – set of 12 Sherbet Goblets, and dessert plates. \$35. Call 526-4063.

**MURRAY RIDING LAWN MOWER** – 12.5 HP, 40" cut. Bought new. Garage Kept. Excellent Condition. \$450. Call 526-2607.

**TANZANITE LOOSE STONES:** I have for sale 10 gorgeous oval cut 1-carat Tanzanite stones which would make beautiful earrings, bracelet, necklace, or a cluster ring. These stones are AAA+++ quality grade. Each stone is priced at \$400 each or discounted for a multiple stone purchase. Call 828-488-2193 and ask for Randy.

**WATER PURIFYING CHLORINATOR PUMP** with large heavy duty plastic holding tank. Was \$75. Now \$50. Call Randy at 828-488-2193.

**PLASTIC OUTDOOR TABLE:** Hunter green 36"x36" in like new condition. \$10. Call Randy at 828-488-2193.

**DECK CHAIR WITH MATCHING FOOT RESTS** – \$20. Call 526-5367.

**48" ROUND AREA RUG** – multi-colored. \$15. Call 526-5367.

**TELEPHONE TABLE** – wood \$15. Call 526-5367.

**8-FT. FOLDING METAL TABLE** – \$15. Call 526-5367.

**BARELY USED COMPUTER STUFF** – All-in-one HP Officejet 7110 \$75; Samsung Laser Printer \$50; Zoom DSL Router/Linksys Wireless Router, Wireless G USB Adapter (to set up high speed connection) \$75. Call Sandy, 369-6263.

**DOGTRA ELECTRIC POWERED PET CONTAINMENT SYSTEM** for two pets. Works VERY well. You determine boundaries. \$175. 828-787-1515

**TWO MINIATURE HORSES** – one bay, one black. \$500 each or OBO. Call 526-0241.

**NEED LOCUST WOOD?** I have several trees in my yard (some large) that I'll trade to be taken down. 526-5558

**DELTA 10" BENCH SAW WITH STAND** – \$220. 8" drill press-\$60. Delta disk sander-\$40. All tools like new. Plus, room workshop full of assorted tools. Call 526-5025

**CAR TOP** – Cargo Sport 20SV From Sears. \$150. Call 526-5025.

**TWO ELECTRIC WATER COOLERS** for sale. Approximately 38" tall x 12" square. Put bottled water on top. \$50 each. OBO. Call 526-3262

**7 JIM SHORE LAMPS BY ENESCO FOR SALE.** CALL 828-787-1292. PRICES RANGE FROM \$70-\$125.

**FREE Brick front for built-in fireplace.** W-68", H-52" Call: 828-349-3320

**KING SIZE MATTRESS** – \$100. Call 371-2999.

**NEW COMPUTER DESK** \$50. Call 371-2999.

**ETHAN ALLEN HEIRLOOM CROWN GLASS CHINA CABINET** with a bottom 3-door buffet. Call 828-526-4077. \$995

**LENOX SPICE JARS,** full set mint condition, original price \$45 each. Also jewelry call 369-0498 7-9 p.m.

**GEISHA GIRL NIPPON TEAPOT,** rattan bails handle circa 1891-1921, Creamer/Covered Sugar Set, Tea set/ rice bowls 369-0498 7-9 p.m.

**ORIENTAL STYLE RUG WITH MATCHING RUNNER** – Gently used Oriental style area rug, 8' X 12" and Matching runner: 2'6" X 8" **Black background with beige and soft peach accents.** Price \$725 for both/ OBO. Picture available. Can be delivered or local pick up. Call 828.787.1002 or 219.765.5879 - ask for Jim.

**EXCELLENT USED BUTCHER BLOCK (Boos)** Two drawers. Price: \$500. Picture available. Can be delivered or local pick up. Call 828.787.1002 or 219.765.5879 - ask for Jim

**LANDSCAPE SUPPLIES** – Variety shrubs, trees, rail road ties, stone and mulch varieties, pine straw and soil additives. Call 828-526-2251.

**STUFF FOR FREE** – 5-section sofa, (2 reclining ends), blue. Nice condition; 8-piece white metal deck furniture, glass top and cushions; two-leaf wooden coffee table; 2 5-ft. shelving units, like new. Call 706-746-0011.

**UPSCALE PINE COMPUTER ARMOIRE** – paid \$1,500. Asking \$400. Like new. 58" x 78" Call 404-314-4909 or 526-0545.

**BEAUTIFUL BLACK WICKER SOFA** – for porch. Custom cushions. like new. 98" \$400. Call 404-314-4909 or 526-0545.

**JENN-AIRE – DOWN DRAFT COOK TOP.** Like New, Take Out. Originally \$585. Asking \$125. Call 743-7878.

**ANTIQUE FURNITURE:** Medallion Back Sofa, Louis XV substyle. \$300. Matching Lady's and Gentleman's Chairs, \$400 set. Rocking Chair, Lincoln Type, upholstered. \$175. Sold separately or all for \$750. Call Sandy at 369-6263.

**GREEN PRINT VELOUR SWIVEL ROCKER,** new, \$250; blue stripe club chair w/ottoman, like new, \$175; large pine armoire, like new, \$200; Simms X-large waders w/attached boots, bought at Highland Hiker, used 3 times, \$250. Call Beatrice or Dennis at 743-5600.

**JEEP RIMS** – 17-inch aluminum factory rims off 2005 Jeep Liberty 4x4. Brand new! Complete set of 4 \$800. Valued at \$265 each. Call 706-982-2254.

**BARELY USED 30GB ZUNE VIDEO MP3 PLAYER.** Comes with leather case. \$150 or best offer. Call Davis at 828-526-9152 for more information.

**TWO SIT-ON TOP KAYAKS.** Orange. Paddles included. \$500 for both. Call Lisa at 770-842-3784.

**THREE "HOUSE OF DENMARK" BOOKCASES** – walnut, 3' x 6', containing TV, tape player, turn table, radio/CD. Sold as an entertainment unit including 2 Advent speakers. \$550. Call 526-9273.

**MISC. ITEMS** – Various proof coin sets, old 78 LP, Old Walt Disney movies (never opened); Girls' bicycle; Collectible Basketball Cards (never opened). Call 526-9123.

**MASSEY FERGUSON DIESEL DELUXE 35 WITH POWER STEERING.** Completely rebuilt, repainted, new tires. Includes scrape blade, and an

8,000 lbs. tandem axle trailer. Sharp Package! \$6,000. Call (828)526-1684 and leave message.

**BEAMS, FLOORING AND ENTIRE STRUCTURES: HAND HEWN BEAMS.** Beautiful material, large faces, \$3.50-\$4.50 per board foot. Wormy white oak flooring (milled w/ a t&g), 6-12" widths, \$8 per ft. Original, reclaimed white and yellow pine flooring, random wide widths (6-16") \$6/board ft. Wide barn siding, \$3/ft. Also historic log cabins and barns ready to reassemble. 215-529-7637. Delivery available.

**ANTIQUE CHERRY DINING TABLE** from Estate Sale. Double drop-leaf. Rope carved legs. Seats 4-10 people Extends to 4x10 ft \$1,500 obo 828-787-1515

**DELUXE VENTED GAS** heater high btu, slightly used, \$100. 524-6038.

**CUSTOM DECK SET** – Painted aluminum Love seat & club chair with laminated waverly cushions. \$125. Call 526-1078.

**ANTIQUE BEAMS, FLOORING AND STRUCTURES:** Hand hewn beams in oak and yellow pine. Beautiful material, large faces, \$3.50-\$4 per board foot. Original, reclaimed white and yellow pine flooring, random wide widths (6-16") \$6/board ft. Also selling entire log and timber frame structures. 215-529-7637 ([www.jcwoodworking.info](http://www.jcwoodworking.info))

**BEAUTIFUL FLOORING:** Wormy white oak flooring, resawn, milled and ready to lay w/ t&g, 6-12" widths, \$8/sq. ft. 215-529-7637

**HILTI TE 805 DEMOLITION HAMMER.** New. Case & 4 bits. \$500. 828-526-2700 or 828-421-7886

## VEHICLES FOR SALE

**2000 MERCURY MOUNTAINEER** for sale. \$5,000, 4 WD, automatic, power everything, sun roof. Please call 369-5863.

**2 ATVS** – 2007 Polaris, 800x2 Sportsman, Like New, \$8,300; and 2007 2x4, \$1,500. Call 526-5351. 7/31

**1998 DODGE RAM PICK UP 2500** – 4WDR, Auto, AC, \$8,500. Call 526-5351. 7/31

• See CLASSIFIEDS page 38

# • SERVICE DIRECTORY •

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## • CLASSIFIEDS •

### SERVICES

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**LARRY HOUSTON ROCKWORK** – Repair, fireplaces, walls & patios. Free estimates. Lifetime experience. Work guaranteed. Call 526-4138 or 828-371-7451.

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**MARTY'S PERSONAL PROPERTY MANAGEMENT SERVICES** – Weekly Checks, Seasonal Openings, Seasonal Closings, Openings and closings for short visits. Call Marty Mashburn at 828-342-5679. 7/24

**YARDWORK, HOME REPAIR** – (electrical/plumbing, etc.) \$13 per hour. Call Danny at 526-2919.7/24

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**CLOCK REPAIR** – Antique or modern, complicated antique clocks are my specialty. Experienced and dependable with housecalls available. Call 706.754.9631 or visit my website at [www.oldclockrepair.com](http://www.oldclockrepair.com). Joseph McGahee, Clock-

maker

**AIRPORT SHUTTLE** – Serving ALL airports and ALL out-of-town driving needs. Call Darlene at 524-3265. 6/26

**FIREWOOD** "Nature Dried" Call 526-2251.

**CUTTING EDGE TREE SERVICE** – "Let us go out on a Limb for You." We specialize in tree removal, trimming, Lot/View clearing, under brushing and stump grinding. Quality work and Fully insured. For Free Estimate call 524-1309 or 421-2905.

**TREE SERVICE** – From view clearing to the most complicated tree removal, under brushing, stump removal/grinding/brush chipping/hauling and storm clean-up. For good quality, dependable services, fully insured, give us a call at 828-526-2251.

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## The Shops at KettleRock



This commercial complex features easy access, ample parking, and is right on NC 106. There are only ~~four~~ (3) 1,575+ -sq. ft. units available for purchase at \$314,900 or by monthly lease. They are being sold/leased complete, but can be customized to fit your needs!

## Highlands IN-TOWN Residence with Private Guest apartment!



EXCEPTIONAL  
VIEW OF  
SUNSET  
AND HUGE  
REDUCTION  
TO:  
\$689,900



## Walk to downtown Highlands from this lot!

Lot can be subdivided at 1 Acres each. Subject to zoning and approval of the city of Highlands. Spetic is available and so is water. A creek runs right through this property and a pond could easily be added!

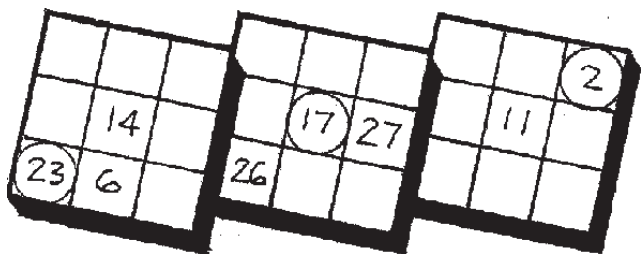
Call Chris Gilbert • 828-526-5296 or 828-421-3161

email: [info@carolinamountainbrokers.com](mailto:info@carolinamountainbrokers.com) • [www.carolinamountainbrokers.com](http://www.carolinamountainbrokers.com)



# • FUN & GAMES •

## PseudoCube®



#DZ1E – Level of Difficulty – Moderate

### THE SETUP:

The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equalling the total of the three center numbers. One of the diagonals is shown with circles.

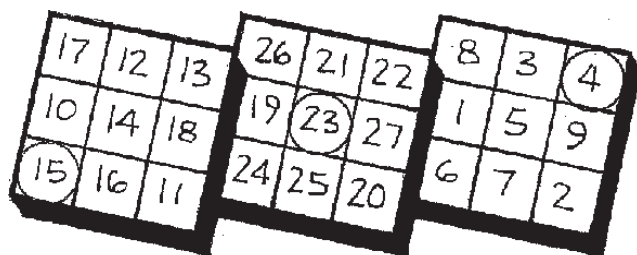
### THE CHALLENGE:

Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

Email: [pseudocube8@aol.com](mailto:pseudocube8@aol.com).

Feedback encouraged!

Solution to #BN4E in July 17 issue



## N-Cryptoku®

**Object:** Assign 9 **different** letters to each cell of 9 columns and 9 rows. In addition, nine 3 x 3 cells in the layout have the same nine **different** letters (this is similar to Sudoku but uses nine letters instead of nine numbers). A 'mystery word or phrase' using all nine different letters is designated by circled squares (other short words appear when solving, for which a list of meanings is provided). Every puzzle has a different 'mystery word or phrase' (no spaces).

**How to Solve:** Determine the nine different letters among those given. Try to solve the mystery word using the clue given and write it in. Other small words will appear in the puzzle. As in conventional crossword puzzles, a list of meanings for these ACROSS/ DOWN words is given and number positions shown. Doing them will speed up your solution to the puzzle. Using your powers of induction, inference and insight, place missing letters in all blank squares according to the rules noted above. Focus attention where the least number of letters are needed to complete a line, column or 3 x 3 cell. Email: [pseudocube8@aol.com](mailto:pseudocube8@aol.com). Feedback encouraged!

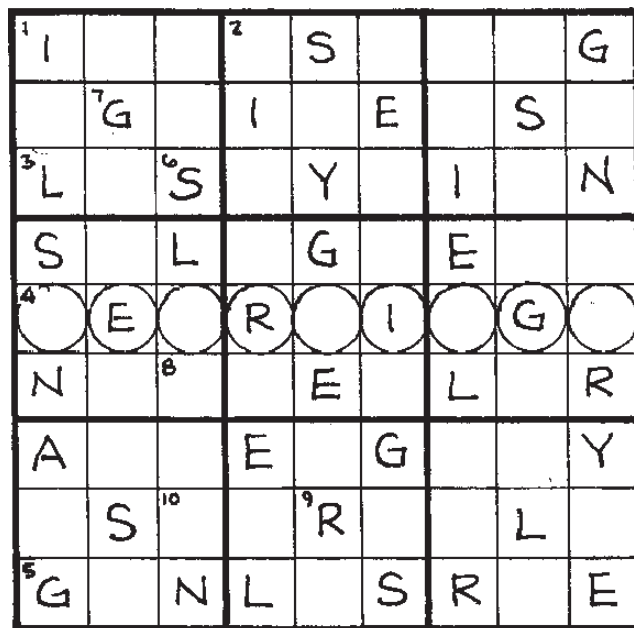
### Mystery Word "Young horses" (9)

#### Across

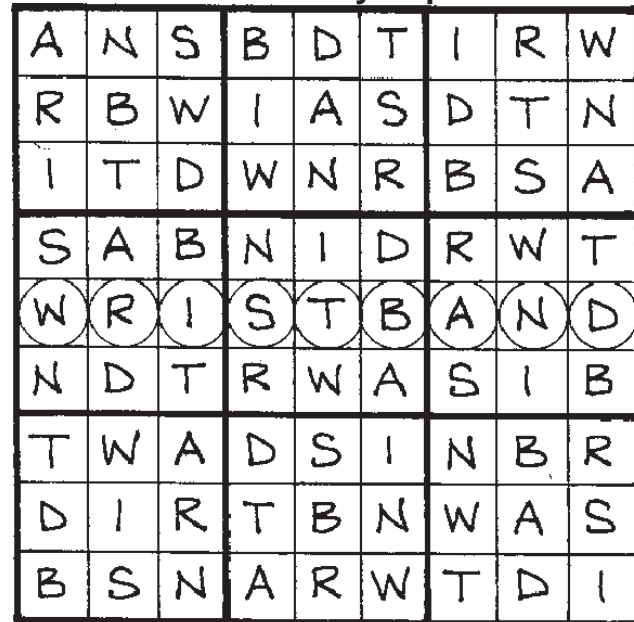
- vs. out (2)
- Adverb (2)
- Sixth musical note (2)
- 365 days (4)
- Gynecological (abbr.)

#### Down

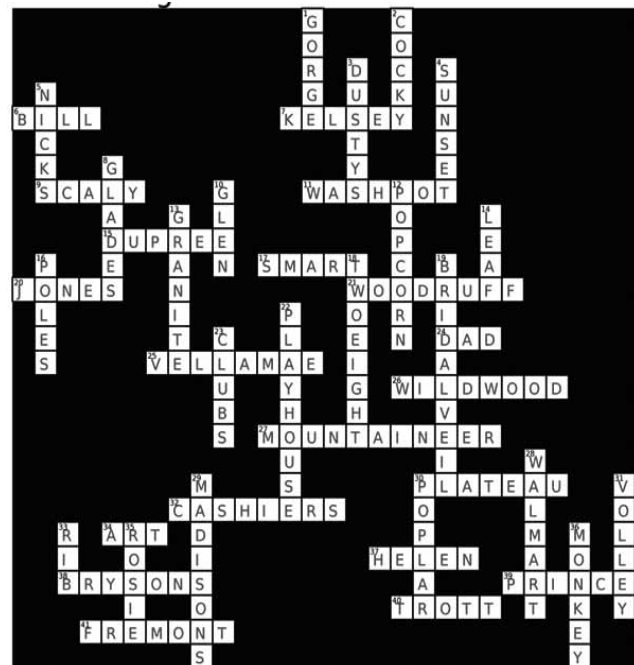
- Ore waste (4)
- Long-snouted fish (3)
- Smile (4)
- Sun god (2)
- Out vs. -- (2)



### Solution to July 17 puzzle



## • JULY 17 CROSSWORD SOLUTION •



## Loving Literacy: A premiere gala will be a flavorful event & supports a significant cause

You know it has to be special when Scott Roddy of Highlands Wine & Cheese, Jan Zehr of Blackberry Hill Bakery and Holly Roberts of The Kitchen CarryAway & Catering collaborate on a menu.

When that menu is combined with a fast-paced, slightly naughty musical and presented to a select few guests, the event can only be described as "gala."

The Literacy

Council of Highlands is partnering with the Highlands Cashiers Players for Loving Literacy: A Premiere Gala on Wednesday, August 20th, at the Martin-Lipscombe Performing Arts Center.

It'll include an exclusive premiere showing of "A Funny Thing Happened on the Way to the Forum," food catered by Holly and wine selected by Scott before the curtain opens. The evening will conclude with a chance to mingle with the cast and unforgettable desserts prepared by Jan.

This is the major fundraising event for the Literacy Council of Highlands. It'll allow them to continue to provide services to the more 150 students they work with each year.

"We are a small charity with a big job! The community's financial support keeps our programs strong and effective as we continue our mission 'To Enrich Lives through Literacy on the Highlands Plateau,'" said Executive Director Melody Mendez.

To learn more or to make reservations, call (828) 526-9938, extension 240. Together, we make a difference!





# Find It All On This Map

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**Paoletti's Wine Spectator**

**Wolfgang's Wine Spectator**

**Madison's Wine Spectator**

**Gates Nursery**

**CY TIMMONS at Fressers Eater**  
Fri. & Sat.

"We Cut The Best Steaks In Town"

**Dusty's Market**

**3 Cyprus**  
**10 Taylor Barnes**  
Live Music - Cyprus

**8 Bryson's Foods**  
Gourmet Wines  
Cheeses Meats  
Produce

**The Farm & Highlands C.C.**  
1 Mile Hwy. 106  
**Summer House & Tin Roof**  
2 Miles Hwy. 106

**Manley's Auto Service**  
J&J Lawn & Landscaping  
1 Mile Hwy. 28s

# 2008 Highlands Map

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DINING	DINING	Fashion	Antiques
1 Brick Oven	15 Madison's	1 AnnaWear	1 Acorns
2 Buck's	16 Nick's	2 Bear Mt. Outfit.	2 Chinz
3 Cyprus	17 Oak St Cafe	3 Bungalow Boutique	3 CK Swan
4 Don Leon	18 On The Verandah	4 Carolina Eyes	4 Elephant's Foot
5 Fireside	19 Paoletti's	5 Elevations	5 Mirror Lake
6 Fressers Eatery	20 Pizza Place	6 Highland Hiker	6 Scudder's
7 Fressers Express	21 Rib Shack	7 Jackson Madeleine	7
8 Golden China	22 Rosewood	8 Needle Point	
9 High Country	23 Skyline Lodge	9 Raspberry Fizz	<b>Galleries</b>
10 Highlands Deli	24 Sports Page	10 Silver Eagle	1 Bryant Art Glass
11 Hill Top Grill	25 Subway	11 Stone Lantern	2 Drakes Diamonds
12 Kelsey Place	26 SweetTreats	12 Vivace	3 Mill Creek Gallery
13 Lakeside	27 Wild Thyme	13 Village Kids	4 Tin Roof Gallery
14 Log Cabin	28 Wolfgang's	14 Wit's End	5 Tino Gallery
			6 Summit One

**Twigs At Highlands Edge**  
4 5 8 9

**Comm. Ctr. BaseBall**

**Whole Health Market**  
**Civic Center Rec. Park**  
Pool & Tennis

**Performing Arts Center**

**Community Players**

**Historic Village**  
**Meadows Mountain Realty**

**Marathon Gas**  
**Fibber Magee's**

**Mt Findings**

**SweetTreats Ice Cream & Eatery**  
26 1

**Rainy Day Golf**  
**Wayah Insurance**

**PlayHouse**  
**Police**

**Rest Rooms**

**ATM Bank**  
**Bank ATM**

**Bear Mt Outfitter**  
**Instant Theatre**

**Oak St Cafe**  
**Scudders Antiques**

**Town Hall**  
**Schmitt**

**MAIN ST.**  
**Drug Store**

**MAIN ST.**  
**Ice Cream**

**MAIN ST.**  
**Cafe 460**

**CHURCH ST.**  
**Mirror Lake Antiques**

**CHURCH ST.**  
**Old Edwards Inn & Spa**

**CHURCH ST.**  
**Acorns**

**SPRING ST.**  
**Chintz Antiques**

**SPRING ST.**  
**Pescados**

**SPRING ST.**  
**McCullys Basketcase**

**SPRING ST.**  
**The Lodge**

**SPRING ST.**  
**Rib Shack**

**SPRING ST.**  
**Cleaners**

**SPRING ST.**  
**Northland Cable TV**

**SPRING ST.**  
**Highlands School K-12**

**SPRING ST.**  
**Peggy Crosby Center**

**SPRING ST.**  
**Mtn. Rayz**

**SPRING ST.**  
**Live Music**

**SPRING ST.**  
**Live Music**

**Mt Fresh Foods**

**Highland Hiker**

**Creative Concepts**

**Lakeside Wine Spectator**

**HARRIS LAKE**

**Live Music**  
**The Rib Shack**  
Fri. & Sat.  
7-11 p.m.

Beauty	Home Decor	Real Estate
1 # 1 Nails	1 Acorn's	1 Buyers
2 All Seasons	2 Bird Barn	2 Caralina Mtn Br.
3 Creative Concepts	3 Dry Sink	3 Century 21
4 Images Unlimited	4 Out On A Limb	4 Chambers
5 Michael's	5 On The Rocks	5 Country Club
6 Mountain Rayz	6 Shiraz Rugs	6 Green Mountain
7 Old Edwards Spa	7 Summer House	7 John Cleaveland
8 Pro Nails	8 Twigs The Season	8 John Schiffl
9 Taylor Barnes	9 Twigs	9 Meadows Mtn.
	10 Wholesale Down	10 Prestige Realty