

Highlands' Newspaper

FREE

Volume 6, Number 48

PDF Version – www.HighlandsInfo.com

Wednesday, Nov. 26, 2008

This Week in Highlands

- Collections for men and women overseas at Chestnut Hill Retirement community. Call Jeremy at (828) 787-2114.

- Raffle of handcrafted Stiefel Botanical Book to Benefit The Bascom. To purchase a raffle ticket, call 526-4949, ext. 8#.

- At Health Tracks, various exercise classes. Call 828-526-1FIT.

Mon. & Wed.

- Middle School students After School Program from 3-5 p.m. at the Rec Park. Call 526-3556.

Mon., Wed., Fri.

- Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$50 a month.

Mondays

- Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

Thursdays & Fridays

- Live music at The Rib Shack from 7-10 p.m.

Saturdays

- Live music at Cyprus Restaurant at 9:30 p.m.

Through Dec. 1

- At Acorn's on Main Street, a Mary Louise Jewelry Trunk Show.

Wednesday, Nov. 26

- Free flu shots on the hospital campus 9 a.m. and 1 p.m. in Suite 103 on the first level of the Jane Woodruff Clinic. Call 526-1434 to sign up.

Friday-Saturday, Nov. 28-29

- The Artisans of the Highlands Plateau sale at the Highlands Community Building next to the ballfield 1-4 p.m. Fri. and 10 am to 5 pm, Sat.

- Lindal Model Home Open House. 10 a.m. to 4 p.m. Call 526-5101 for directions.

Friday, Nov. 28

- Wine Tastings at Old Edwards Inn & Spa. in the Hummingbird Piano Bar in the inn. 2-4 p.m. \$20.

- Santa will be at the Highlands Visitor Center from 10 a.m. to 4 p.m.

Saturday, Nov. 29

- Highlands annual Christmas Tree Lighting on Main Street in front of the Methodist Church at 6:30 p.m.

- Santa will be at the Highlands Visitor Center from 10 a.m. to 4 p.m.

- The MLIA's Christmas Gathering is Friday at 5 p.m. at Jane and Paul Wilgus's home. Bring a covered dish and serving utensils.

- At PAC at 8 p.m., "The Prince of Dark Corners." \$15. Call 526-9047.

Tuesday, Dec. 2

- At the Highlands Historical Society a class on making "Galax Roses" with Sue Potts. Two sessions – 9 a.m. until noon and 1-4 p.m. \$15 per session is \$15. Call Sue at 526-3163 to register.

BOE chair Edwards steps down after 20 years

Monday night's Macon County School Board meeting in Nantahala marked big changes for the Macon County School Board where Chairman Donnie Edwards presided over his last meeting.

Edwards first joined the board 20 years ago and decid-

ed after five terms, not to seek re-election for a sixth.

"We're going to have to find him another hobby," said his wife Linda. Though his children are grown and gone Edwards has stayed involved in the school system both as a board member and a volunteer basket ball coach

— a post he plans to resume now that he'll have more free time.

Also leaving the board are Susie McCoy and Roberta Swank. Like Edwards, McCoy chose not to seek re-election – she was on the board 10 years. Swank, who held the unexpired term of Guy

Gooder who relinquished his seat two years ago, lost the election to Bobby Bishop.

Superintendent Dan Brigman spoke highly of all three board members.

"I am consumed with mixed feelings," he said. "I'm saddened to be losing these

• See EDWARDS page 3

Sheriff backs deputy's actions during Franklin car-jacking attempt

A youth has been arrested and an investigation into the Sheriff's Department's actions is ongoing in conjunction with activities involving both parties on Oct. 19 on Wayah Road in the vicinity of the LBJ Job Corps facility in Franklin.

On Friday, Nov. 21, Jeffery Thompson of Huntersville, N.C., was formally arrested in Charlotte, N.C., for the incident that occurred on Oct. 19. Thompson was not arrested at the time of the incident because he was hospitalized for complications he suffered during the incident.

Following the incident, Sheriff Robert Holland formally requested an investigation by the State Bureau of Investigation into the use of force by his agency. However, the sheriff has publicly maintained that his officers

acted appropriately during the incident. "This request is not because I question the actions of my officers, but instead, allows an outside agency to conduct a non-biased investigation and produce their findings into the incident," said Holland.

While the SBI continues to conduct their investigation, Macon County Detectives have continued to investigate Thompson's activities on October 19th.

So far, detectives have determined that a motorcyclist was traveling on the Wayah Road toward Franklin when Thompson was found in the roadway not just impeding the flow of traffic but refusing to allow traffic to pass through the area.

According to accounts, Thompson walked up to the motorcyclist and demanded his motorcycle while attempting to pull the victim from the bike. When the man resisted, Thompson grabbed him around his head and began striking him with his fist. According to the victim, while assaulting him, Th-

• See SHERIFF page 7

Tree lighting – Sat., Nov. 29 kicks off holiday season



At 6:30 p.m., Saturday, Nov. 29, folks will begin to gather on Main Street in front of the Highlands United Methodist Church for the town's annual tree lighting, caroling and a visit from Santa and Mrs. Claus! There will be hot chocolate and cookies available for free and sweatshirts commemorating the event for \$20. After the lighting, Santa will be at the Visitor's Center to hear wishes, and over at the Martin-Lipscomb Performing Arts Center on Chestnut Street "The Prince of Dark Corners" will be on stage at 8 p.m. Make a night of it!

Photo by Jim Lewicki

• Inside •

Letters	2
Salzarulo	5
Feature	6
Traveling Gourmet ...	8
Turtle Pond	9
HS Basketball	14
Hospital News	20
Spiritually Sp.	22
Events	25
Classifieds	30
Police & Fire	34
Fun & Games	35

Middle East expert presents 'Iraq 101'

This is part 5 of a multi-part series

With withdrawal stipulations being discussed in the Iraqi parliament, America's presence in the Middle East hangs in the balance. The future of U.S. relations in the area depends on a lot of elements. Middle East expert Sandra Mackey spoke in Highlands on Oct. 20 and forecasted much of what has played out over the last month.

Recap

What draws the U.S. and Iran together?

Things have happened that have changed the situation. One thing is that neither Iran or the U.S. wants chaos in Iraq.

Iran with one hand is stirring up trouble in Iraq to get to the U.S., but at same time, Iran wants to keep a hand on that violence because they don't want chaos on their border because that is unsettling for them.

Secondly, they don't want Al-Qaeda to be operating in Afghanistan. Why?

• See MACKEY page 17

Weekend Weather:

THUR	FRI	SAT
50-30°F	45-30°F	42-22°F

• THE PLATEAU'S POSITION •

• LETTERS •

This time her words ring true

Dear Editor,

This is in response to Katie Brugger's column in the Nov. 20 issue entitled "Upside of the down turn."

I would just like to say although I usually do not read the whole article of this author, I do believe this is the most sensible one I have ever seen her write. Believe me I did get time and attention from my parents — sometimes I thought too much!

At least Michelle didn't have to make those trips to the outhouse as some of us have.

Bobby Chambers
Stone Mountain, GA

When Is the Race for Breast Cancer Prevention?

Dear Editor,

Now that the annual Susan G. Komen Race for the Cure is behind us this year, we might ask when is the Race for Breast Cancer *Prevention*? Medical facts about preventing breast cancer are obscured in the "race" for a high tech "cure" with its nebulous promise of an effortless vaccine or pill.

Komen spends millions of dollars on public education campaigns for mammograms to get women into surgery, radiation and chemotherapy sooner, but virtually nothing is spent on the *prevention* of breast cancer. Medical facts suggest that not only is breast cancer preventable, but the critical time to prevent breast cancer is early childhood — just like skin cancer, lung cancer, dental caries and other diseases.

Why doesn't the Komen Foundation emphasize prevention, as do the American Lung Association, the American Dental Association and the American Academy of Dermatology? Thanks to their respective public information campaigns we all know to protect babies and children from second hand smoke, to limit sugar in our baby's diet and to protect our children from excess sun exposure beginning in infancy.

How much longer do we wait for similar public information campaigns to guide us in breast cancer prevention for our daughters and granddaughters beginning in infancy?

The February 2008 issue of *Pediatrics* reported detectable levels of the known carcinogen phthalates in infants' urine after the use of baby lotions, creams and wipes, but you didn't hear that from Komen. According to the website of Campaign for Safe Cosmetics, even Johnson & Johnson's baby shampoo contains the carcinogen 1,4-dioxane. These carcinogens are not listed on the baby shampoo labels because of a loophole in FDA labeling laws. If you were a \$50 billion industry, like toiletries and cosmetics, you would have your own loophole, too. It's not that Komen doesn't know about these carcinogens. Komen publishes a link to a database of common chemicals linked to breast cancer, but you have to drill very deeply their website to find it.

Breast cancer prevention may also require changes in what we feed our children: "Unhealthy childhood nutrition ... cause excessive sex hormone productions that set the stage for (breast) cancer many years later," writes Joel Fuhrman, MD in *Eat to Live* p.77. Fuhrman goes further and writes that the same diet is the culprit for ever-younger ages for the first menstrual period in girls today. It is well established that an earlier date of first menstrual period increases a woman's risk of breast cancer.

Fuhrman's dietary culprits for breast cancer? Our modern protein heavy diet in meats of all kinds and dairy products but low in vegetables and fruits. He reports a massive study from the 1990s that included data from China where breast cancer is much lower than the United States. When meat consumption went up from once a week to about four times a week, breast cancer rates increased by about 70 percent. Furman's sources include *Breast Cancer Research and Treatment*, *Epidemiologic Review* and *International Journal of Cancer*.

Decades ago, the American Lung Association could have taken a polite posture and limited itself to research, detection and treatment of lung cancer. That's where we would still be today, smoking as much as ever, but getting our lung cancer detected and treated earlier. Instead we got an aggressive anti-smoking campaign to *prevent* lung cancer.

When are we going to have an aggressive campaign to *prevent* breast cancer? If Komen doesn't lead the campaign to prevent breast cancer for our daughters and granddaughters, who will?

Dr. Kathy Call Smith
Atlanta and Highlands

She practices dentistry for a non-profit in Atlanta serving the uninsured working poor.

Late paper explained

Dear Readers,

As most of you know by now, the center plate — 4 pages — of the Nov. 20 issue though sent to the press, didn't get printed.

When realized, the papers were quickly retrieved, reprinted and redistributed by 4:30 p.m. Thank you for your calls and for returning for a complete issue. You continue to make Highlands' Newspaper the most-read weekly publication in town. We appreciate you and especially our advertisers who make the free paper possible.

Kim and Jim Lewicki
Highlands' Newspaper

• THANK YOUS •

From the Bucks

The David Buck family would like to thank the Highlands Community for its thoughts, prayers, and gifts and for a great turn out at the benefit.

Many thanks to all who gave their time for the benefit. We also want to thank the many merchants who donated to the benefit. A big thank you to June Webb for donating her restaurant and food.

May God bless you all.

David, Beth, Marybeth, Marshall,
Bailey and Allison

Grossman overwhelmed

To my friends, family and the whole Highlands community,

WOW, what an honor to receive the Del Roberts Award at the Chamber of Commerce Fall Finale. I was speechless which you know doesn't happen often.

I must say, I do what feels right to me. I was raised to give back to my community, to help those in need, to always strive to do the best I can. My parents led by example and I try to do the same.

As we go into the New Year I challenge everybody to look within and ask themselves "what can I do to make a difference?" If it's as simple as buying an extra bag of rice for the food pantry or encouraging a kid to stick with it in school. There are so many ways one can give back. All the little deeds do add up so start small and go from there. We all have a lot to be grateful for. I am very grateful to be a part of an amazing community called Highlands. Thank you Highlands for all you do for me.

Debbie Grossman
Chef/Owner Fressers Eatery

LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions. No anonymous letters will be accepted. Views expressed are not necessarily those of Highlands' Newspaper.

Please email letters by Monday at 5 p.m.

There is a 500-word limit without prior approval.

Highlands' Newspaper

"Our Community Service - A Free Local Newspaper"

Member N.C. Press Association

FREE every Thursday; circulation 7,500; 100+ distribution points

Toll Free FAX: 866-212-8913 • (828) 526-0782



Email: HighlandsEditor@aol.com

Publisher/Editor — Kim Lewicki

Reporter — Sally Hanson

Copy Editor— Tom Merchant

Cartoonist — Karen Hawk

Circulation & Digital Media

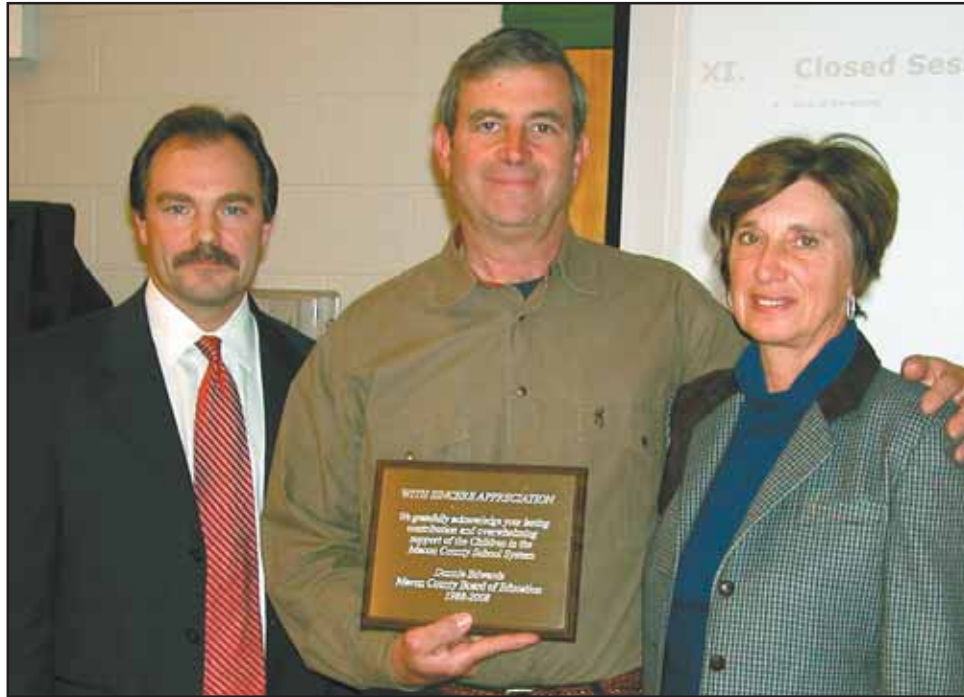
Jim Lewicki

Adobe PDF version at www.HighlandsInfo.com

265 Oak St.; P.O. Box 2703, Highlands, N.C. , 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

... EDWARDS continued from page 1



After 20 years – five terms – on the Macon County School Board, as chairman, Donnie Edwards presided over his last school board meeting which was held at the Nantahala School, Monday, Nov. 24. He has seen a lot of changes in Macon County Schools and he thanked the voters of Macon County for their belief in him, the school board, superintendent and the students of Macon County for their support all these years. Pictured from left is Superintendent Dan Brigman, Donnie Edwards and his wife Linda.

Photo by Kim Lewicki

three board members who have been so instrumental in improving the education system in Macon County, while looking forward to serving with our incoming board members.”

He said in the two years he's known the three out-going members he's witnessed a passion for Macon County, its school system and its students in all of them.

Concerning Edwards' tenure he said “Donnie has served on the school board longer than many marriages last. In the two years I've known him, I learned that you can rely on him for anything and everything.”

He said the five boards Edwards sat on had a tremendous impact on the Macon County school system.

Improvements in the Macon County School system over the last 20 years include construction of the current South Macon Elementary School; construction of Cartoogechaye Elementary School; creation and deployment of the Macon Early College; ren-

ovations and additions at Franklin High School including the careers center, concession and restrooms in the gym, and HVAC in the Fine Arts Center; renovations and additions presently underway at East Franklin Elementary School; improved access to technology in the classroom with more than 165 active boards, an instructional technology coordinator for continuous improvement and professional development which keeps Macon County ahead of all other counties in its region; provided the support and resources to address dual accountability models under NCLB and the NC ABCs; effectively expedited the transitions of two superintendents within a six-month period during 2006; oversaw budget development and prioritization with a flat-lined local operational budget for three consecutive years while addressing required expansion items and salary adjustments and maintaining one of the top five lowest teacher turnover rates in our state at

• See EDWARDS page 33



Nancy Jenkins Welch

• MEMORIAL SERVICE •

There will be a memorial service for Nancy Jenkins Welch at Our Lady of the Mountain Catholic Church on Dec. 6 at 5 pm.

Nancy, 62, died following a battle with cancer on Oct. 30, 2008. There will be refreshments afterwards in the church rectory. Everyone who knew her is encouraged to attend.

DUTCHMANS DESIGNS

342-346 Main Street • 526-8864



After Thanksgiving SALE

Fri • Sat • Sun

All WOOD furniture 50% OFF

All Christmas & Select Accessories 20% Off

EARLY BIRD SALE

Friday, Nov. 28, ONLY • 9am to 11am

Chandeliers, Furniture, Select Accessories ... ALL 50% off

2 Hours ONLY – Come Early

• HIGHLANDS FINE DINING •



Think "Fressers" for Lunch & Dinner!

Gourmet meals • Fabulous Desserts • Wine
Special EARLY menu 5-6:30 p.m.

Music with Cy Timmons Fri.-Sat at 6 p.m.

Open for lunch 11-3 Mon-Sat

Open for dinner Mon-Sat

151 Helen's Barn Avenue, Highlands
Call for reservations • 526-4188

Madison's

RESTAURANT AND WINE GARDEN

*Elevated Southern Cuisine
At its Finest!*

Breakfast served 7am-10am

Lunch served 11:30am-2pm

Dinner served 5:30pm-9pm

Reservations Requested 828.526.5477



445 Main Street, Highlands (Inside Old Edwards Inn)



WILD THYME GOURMET

Cafe • Gourmet Retail • Fine Wines

Lunch & Dinner

Monday & Wednesday-Saturday

(Closed Tuesday and Sunday)

526-4035 • 490 Carolina Way • Highlands

*Now Serving
Beer!*

"Fabulous Food in a Casual Atmosphere"



Serving Lunch:
11 a.m. to 3:30 p.m.

Serving Dinner:
from 5:30 p.m. until
7 days a week

**Make your
reservations for
our Thanksgiving
Buffet and your
private Christmas
parties today!**



2 Entrances – Main Street and Oak • 787-2200

Formulating your ad budget for 2009? Call for Highlands' Newspaper's rate sheet and calendar today.

2009 rates same as 2008.

This is NOT the time to raise advertising rates.

Call for package rates which include map placement, links
on www.highlandsinfo.com, referrals, discounts and more!

This year make sure you're in the weekly publication that is
read on the street and on the web.

5,000 copies distributed in the 50-mile radius AND over
3,000 PDF downloads of the newspaper each week from
www.highlandsinfo.com

Be in the vehicle people are reading here and away...

Highlands' Newspaper...the free paper.

• LAUGHING AT LIFE •

It's a bird, it's a plane... no, it's a super turkey

I am not a super turkey but I could be. Actually, I could be a super turkey legend in my own mind but I'm not. Even though my grandkids think I'm Super Poppy, my kid's think I'm Super Dad, the li'l missus thinks I'm Supper Hubby (sometimes) in reality, I am none of that. Of course, my editor thinks I'm Super Nuts and she is the closest to right.

Surely you know people who are so caught up in themselves they hold the title "Super Turkey." If you watched any of national political conventions, your TV screen was filled with them. But politicians are supposed to be pompous turkeys. No, I'm talking about your basic everyday nice people whose chests are so swelled with importance they act like...well, "turkeys." Some are right here in Highlands.

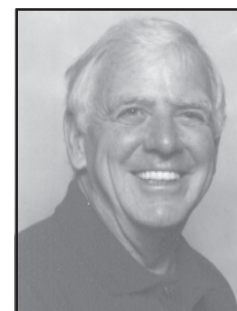
There are people who don't have any "turkey" in them. Such was the case with my old boss, Rocky Pomerance, an important man who lacked "turkey." I admire those kinds of people.

During our era of working together for almost 20 years, the city of Miami Beach was privileged to host back-to-back national political conventions. It was a time when hippies smoked tons of marijuana and rioted in the streets to protest the Viet Nam war. Super turkeys were everywhere.

One night protesters tore through a 10-foot high security fence and assaulted the convention hall. There was a major battle as rioters were pushed back. The city stunk of tear gas and marijuana. Reverend Abernathy arrived in a covered wagon with a contingent of blacks to protest....something. You must have read about it. It was wild.

Chief Pomerance was the focus of national attention, interviewed daily by important world media anchors. He had world fame and was dubbed "Czar of Security" because he successfully coordinated a small army of National Guard troops, thousands of city, state and federal police officers. It was mind boggling how it all came together. I was merely one of his trusted lieutenants.

One morning, around 3 a.m. while waiting for the city to fall asleep, Rocky and I sat alone in the command center



Fred Wooldridge

Feedback is encouraged!

email:

askfredanything@aol.com

of the Miami Beach Convention Center staring at a blob of greasy yellow stuff stapled to a cork board. "What's that?" Rocky asked, staring at the grease soaked board. I responded, "Boss, I think it may be a piece of turkey fat served for dinner this evening. I think some officers are protesting."

We sat staring at the turkey fat. Then Rocky started laughing softly, then louder. Finally he said, "I needed a good

laugh. I am so caught up with the intensity and importance of this time I needed to be snatched back to reality." Then he went on, "When I eventually do get home, my wife will say, 'The garbage can is full, the door to the bedroom is still sticking and the housekeeper quit today. Where have you been for the past 20 hours?' I'm brought back to reality even more."

Then he told me something I've never forgotten. He said, "One can only be a big shot super hero once a day. Tomorrow morning, people will use the newspaper with my picture on it to wrap their fish heads and garbage. I will have to start all over to prove my worth. One can never coast. You're only as good as your last day." I have never forgotten that evening.

People get so caught up in themselves, their titles and importance they begin to believe their own self importance. Here's a perfect example. My title for the national conventions was "Beta Convention Site Commander." Does that look good on a resume, or what? I was the highest ranking officer in that command center for 12 hours each day. I called all the shots. In reality, there were no shots to call because the convention was closed. I was the lowest of all the turkeys.

The truth is, eight weeks before the conventions started, I got into a huge fist-fight with a junkie while serving a warrant and the two of us tumbled down a long flight of stairs while slugging it out. The dirtbag gave me viral hepatitis. I was still in recovery when the conventions started so I got stuck in the command center and missed it all except the super turkey pompous-ass title.

As I sit at my keyboard, I find myself

• See WOOLDRIDGE page 26

• THE VIEW FROM HERE •

Ever see a man pat his hip? Wonder what he was doing? Most of us do it several times a day, almost unconsciously. It's not for self gratification, at least not as in the usual meaning of the term. We touch our hip pocket to confirm that our wallets are still there, where they belong. Have you ever see the reaction when one of us pats and feels nothing but butt, no solid reassuring lump of leather, credit cards cash, and driver's license? I don't know what it looks like, but I know how it feels, somewhere between loosing your kid at the mall and seeing a state trooper in the rear view mirror. A guy who momentarily loses sight of his small child tries to fight back the terror with reassuring thoughts such as, "Even if he's really lost, he probably hasn't been abducted," or "Maybe the ransom won't be too high," or "I think my wife will only threaten to kill me." Turns out, none of these thoughts is very comforting, and the dread won't be denied. A guy tells himself a thousand times in the few minutes of separation, "It's OK. He'll show up in a minute." but the thought that he might not show up destroys all efforts at reason, all attempts at calm.

I've had bad luck with the police. I even got a speeding ticket from a sheriff. I thought they broke up meth rings and looked for new donut shops. I couldn't have been more surprised if I'd been ticketed by a forest ranger or crossing guard. I've never had much luck talking my way out of tickets, so a sense of resignation comes quickly on the heels of the immediate reaction — despair. Visions of points, a hefty fine, and higher insurance premium flood my mind, and I automatically weigh these options against the unpleasant options of begging, driving school, or a trip to the Hall County Court House, wherever that is. The worst thing, even worse than the fine, or a trip to court in the middle of a busy work week, or higher premiums, is to lower oneself to shameless groveling and still get tagged for 10 or 15 miles over the limit. And what can you say anyway? "Gee, officer, that's a really nice patrol car you've got there." You can't offer the excuse that you are a law abiding citizen because if you were there wouldn't be a light show going on in your rear view mirror.

How many times has the cop heard, "Is there something wrong, sir?" as if the problem might be a short circuit in his flashing light system. I wish that they would teach these guys that the polite response to, "Good afternoon, officer," is not, "License and registration, please." It doesn't seem fair that an attractive woman



Dr. Henry Salzarulo

Feedback is encouraged.

email: hsalzarulo@aol.com

It's a 'man' thing

usually gets a bye, as if by ignoring her offense, the cop is well on his way to conjugal bliss. It is not just male policemen who are influenced by a pitch from a good looking woman. It is well known in the medical profession that drug companies employ beautiful women to call on doctors' offices. You can't make a sale if you can't get in the door. In contrast, surgical equipment manufacturers often hire hunky young men, the kind who look good with a three-day growth. Their clients are usually female nurses who run most of the operating rooms in America.

I haven't lost Bull for several weeks, and hope that the day will come that I won't panic when I lose sight of him. My last, and I hope final, speeding ticket was

almost four years ago. But just last week I experienced the sick feeling of patting my wallet and feeling nothing but skin. I attempted to keep my wits. Panic, I told myself, won't help you find it. Neither, it turned out would Lizzie, except in an intellectual sense. Please, Lizzie," I pleaded, "help me find my wallet."

"Where did you have it last," was the less than helpful response. That's how

wives and Moms often answer a plea for assistance. Don't they know that if we knew the answer to that one, we'd go there and get it? It wasn't the lost cash that bothered me. I get a fairly miserly allowance. It was the task of replacing all the plastic. I finally found my wallet behind a wicker basket while Lizzie was calling, "Did you look in the car?" Maybe we men should learn to keep our hands away from our hip pockets. Feeling a wallet securely tucked inside may be comforting, but its absence is anything but.

• HIGHLANDS FINE DINING •

Nick's Fine Foods

Fine Food For Particular People

Lunch Wed.-Sat. 11 a.m to 2:30 p.m.

Closed
Thanksgiving
and Christmas
days

Dinner Wed.-Sat. from 5:30 p.m.

Now offering beer & wine!

Patio Dining Available

108 Main Street • 526-2706



Ristorante Paoletti

Uptown Italian Dining Since 1953
Downtown Highlands Since 1984

Dinner Nightly from 5:30

Reservations: 526.4906

The Log Cabin Restaurant



Open for Dinner
5:30 until
(Closed Tuesdays)
Reservations appreciated

On Log Cabin Road behind Hampton Inn off N.C. 106 • 526-3380

Cyprus

International Cuisine

N.C. 106 in Dillard Road Shopping Center • 526-4429

Dinner: 5-10 nightly
Live Music Saturdays
(now serving mixed drinks & beer)



526-3636 • Wright Square

Fireside Restaurant

Monday, Tuesday, Wednesday & Friday
Brunch, 10am-2 pm; Lunch, 11am; Dinner, 4:30

Saturday
Brunch, 9am -2pm; Lunch, 11am; Dinner, 4:30pm

Closed

Thanksgiving

Sunday
Brunch, 9am -2pm; Lunch, 11am

WOLFGANG'S RESTAURANT & WINE BISTRO

NEW THIS YEAR!
Open the first 3 weeks in January
Thursday-Sunday!
See you then!

THANKSGIVING DINNER
11am with last seating 3pm
NEW YEAR'S EVE DINNER
Make your reservation now

November:

Open Thursday - Sunday
Thanksgiving Day, 28, 29 30

December

Open Thursday - Sunday
Dec. 4, 5, 6, 7 10, 12, 13, 14,
27, 28, 29, 30, 31

January

Open Thursday - Sunday
through Jan. 21.

Closed Jan. 22 - March 18

Re-opening Thursday March 19th

The Bistro - open at 4 p.m. - wine & small plates

Dinner - from 5:30 p.m.
Reservations suggested

CHEF WOLFGANG

Former Executive Chef for The Brennan's Family
of Commander's Palace

474 Main Street • 526-3807 • Wine
Spectator Best of Award of Excellence

• **HIGHLANDS EATERIES** •

Live Music
Thursday & Friday Night
7-10 p.m.!

The Pig's New Menu!
6 New Beers on Tap!

Rib Shack

Famous Barbecue

Restaurant Hours:
11 a.m. til 9 p.m.
all week
Bar Hours:
11 a.m. til 9 p.m.
Sun.-Thurs &
11 a.m. to 10 p.m.
Fri. & Sat.

461 Spring Street, Highlands, NC
(828) 526-2626 • FAX (828) 526-5196

"RUDE & SNOOTY'S"
aka DON LEON'S CAFÉ



Sandwiches • Soups
Salads • Veggie Plate
Wraps • Kid's Menu
Weekday Special \$6.95

Thursday—Sunday • 11 AM—3 PM
Call for Take-out!
30 Dillard Road, 526-1600

Bring in this COUPON for a
10% discount Mon-Thurs.
NOW SERVING SOUP!

The Pizza Place

Open 11-10
7 days a week


Coupon
Good on
all orders.

365 Main Street • 526-5660

Rooster's Coffee House Cafe • "Lite Bites and Desserts"


Come enjoy your favorite coffee, latte or cappaccino and
warm up by our cozy fireplace.

Featuring light breakfast and lunch and Wi-Fi and FAX service for
customers. Meeting rooms, card rooms and
room for group luncheons, too!

2275 Cashiers Road (Next to HFCC) • Tel. & Fax: 526-0618

Buck's Coffee Cafe
Open 7 days a week
7 a.m. to 9 p.m.



Coffee, tea, wine,
pastries, sandwiches
384 Main Street

SportsPage



Sandwich Shoppe

Soups • Salads • Sandwiches
Desserts • Loaded Baked Potatoes
Open Monday-Friday
11 a.m. to 3 p.m.
Saturday – 11 to 4
314 Main Street • 526-3555



Ice Cream and Coffee House

- Great Food
Soup, Salad, Sandwich
Evening Hot meals
- Ice Cream - Dessert
- Coffee Bar
- Wine and Beer
- Wireless Hotspot

Open DAILY 9am - 8 or later
Mountain Brook Center
(828) 526-9822

Family gives 'thanks' for serendipity

By Cindy Grady
Quite by chance something fortunate happened to me while on the road doing something else entirely.
I found my brother after 30+ years!
I am in the Rockin' Blues band Pipapelli in which my husband RJ plays bagpipes and guitars and I sing. We travel from our Toxaway home to festivals, fairs and many other fun events to perform sometimes for a cause but always for fun.
Recently, we were hired to perform at the "Hog Happnin' Tar Heel BBQ Championship/Festival" in Shelby, NC which was on Saturday, Nov. 1. We arrived at the Cleveland County Fairgrounds at around 11:15 and Rick Washburn, festival chairman, introduced RJ and me to the man who was running the sound system for the festival. His name was Stan Lowery. As Stan extended his hand to me I took it and a quick breath. When the brief encounter ended, I turned to RJ and told him Stan was my long-lost brother.

Later, RJ told me that upon that realization I suddenly looked like a "white statue dressed in black" (I was wearing an all-black outfit). "Are you sure he is your brother," he asked. I told him he was – without a doubt.

He looked similar to my other brother, Mike, who had grown up with me and my mother and stepfather but I just couldn't tell him who I was – not right away. I felt too emotional and quite dumbfounded especially since he had no idea who I was.

Since we had a concert to perform, I put the situation temporarily aside but during the performance I scanned the crowd looking for the face of my father. Every time I glanced at Stan, I choked back tears.

My husband and my friends convinced me that I had to tell Stan after the show but I was nervous, wondering how I would be received. I walked around about 10 minutes before I got up the courage to approach him. Finally, I walked up to him where he was eating lunch with a woman.

"Can I talk to you for a minute?" I asked.

"Sure," he said. "What can I do for you?"

"I don't know how to say this, but I used to play with you when we were kids."

The lady with him asked if we had gone to school together.

"No," I said. "It's not that."

I looked Stan straight in the face and said, "You really don't know who I am, do you?" "No Ma'am, I don't," he said.

"Well, I'm your big sister, Cindy."

"Oh my God, are you for real?" he said. After quickly comparing notes, we



Stan and Cindy reunited in Shelby, N.C.

hugged and kissed as the realization that all of this came to bear.

Immediately, he told me our father had died on April 9, 2008.

I was crushed. In one swoop I had found a brother but lost my father.

We made plans to meet up later in the evening and together Stan, his wife Julie, RJ and I went to the cemetery so I could pay my respects to my father. Turns out that very morning our father's Army Service plaque had been set at his gravesite. The four of us were the first in the family to see it.

From there we went to the home of Joann Lowery, his step-mother and after hugs and kisses I turned around and there were step-brothers and nieces and nephews there to greet.

We talked for several hours and made plans to see each other again and to re-meet other siblings that had been lost along the way. Since then, we've been burning up the phone lines and the road to Shelby, N.C.

Episodes like this remind us that God's hand is at work all around us.

I believe God sent me to my brother to warn him and the family of a hereditary liver disease called hemochromatosis, an iron overload liver disease, also called "the bronze diabetes."

I learned that my father had died from diabetes and other complications, and had several symptoms of Hereditary Hemochromatosis (HH) a disease I have and have passed on to my daughter.

• See THANKS page 9

Students tour Furman University



The Highlands High School University Tour group traveled to South Carolina on Saturday November 22 for tours of Clemson and Furman Universities. Chaparone Jane DeWolf (pictured far left) is shown on the campus of Furman University with participating students Amy Fogle, Avee Graham, Sarah Hedden and Rachael Hedden. Previous tours included UNC-Asheville and Warren Wilson College. The statue pictured is of Alester Garden Furman, Jr. - the great-great grandson of the founder, who is holdings plans for the new campus which was completed in 1961. Trips and tours to more area colleges and universities are being planned for late winter and spring. If you have a student who may be interested in participating in upcoming tours, contact John Dotson at 526-5587 or the Highlands School Guidance Counselor.

... SHERIFF continued from page 1

ompson said he was going to kill him.

A female driver then pulled up behind the motorcyclist and Thompson attempted to get inside her vehicle and tried to pull her out of the vehicle saying he was going to kill her as well, said officers.

While she sped away, Thompson held onto her vehicle, eventually losing his grip and falling to the pavement.

Witnesses told officers they didn't know how Thompson was able to get back to his feet after falling from the vehicle.

Undeterred, Thompson approached another vehicle, but the motorist immediately fled the scene and called 911 for help.

Sheriff Deputy James Briggs was the first officer to arrive on scene.

At that time, the motorist who had called 911 while fleeing the scene pointed to a black male who was walking behind their vehicle.

The driver informed Deputy Briggs that the man behind his vehicle was the individual involved in the incident.

Deputy Briggs immediately exited his patrol vehicle and advised the approaching Thompson to stop and ordered him to drop the object in his hand. That object was later identified as a belt.

Thompson then turned to face the Deputy Briggs and approached him even though the deputy was pointing a taser at him and ordering him to stop.

Deputy Briggs began backing up and did so for several steps. While placing distance between him and Thompson, Deputy Briggs repeatedly told Thompson, who was bleeding at the time, to stop or he would deploy his taser.

Deputy Briggs said the only response from Thompson during the incident was something that sounded like "growling. Thompson continued toward Deputy Briggs so he deployed his taser. Thompson immediately dropped to the roadway and another deputy handcuffed him. After being handcuffed, deputies asked EMS to aid Thompson for injuries he had received from falling from the fleeing vehicle. EMS, which had also responded to the 911 call immediately rendered aid and found Thompson not breathing.

Thompson was transported to Angel Medical Center and later airlifted to Memorial Mission Hospital where he remained until his release. While in the hospital, detectives spoke with Thompson's father who agreed to bring his son to the Macon County Sheriff's Office upon his release from the hospital.

A week following the incident Thompson was released from Memorial Mission Hospital and failed to turn himself into the Sheriff's office. On Friday, Nov. 21, with the help of the Charlotte/Mecklenburg Sheriff's

• See SHERIFF page 33

526-5208

high country photo
In Highlands Plaza

Hours:
Mon-Wed & Fri. 9-5
Thurs, 9-7:30
Sat, 10-3

Open late on Thursdays until 7:30 p.m.!

Make us your hometown stop for:
Photo Christmas Cards • Custom Photo Calendars • Photo Restoration • Poster
Prints & Enlargements • Film Development & Digital prints
• Video Transfer to DVD (we do this in house)
Come browse our SALE Tables!

WNC's Top Chef, JERRI FIFER, is back and better than ever!



Open Mon - Sat, 11 to 5
Dine In, Take Out, Delivery, CATERING
Located in the Antique Mall at Whistle Stop in Franklin

HOMEMADE SOUPS, SALADS, SANDWICHES AND DESSERTS!
BOOK YOUR HOLIDAY PARTY EARLY!!! JersKitchen.com or 828.524.1960



Kilwin's®



Holiday Gift Package Specials

Nationwide Shipping Included!

Fudge Special: Three ½ pound slices of our hand-paddled creamy fudge in a variety of flavors.....\$19.95

Chocolate Assortment: Eight ounces of our most popular Truffles, Creams and Turtles gift wrapped with ribbon...\$21.95

Pecan Pralines: One pound of our creamy hand-made pralines loaded with pecan halves.....\$21.95

Nationwide Shipping Included!

Highlands, North Carolina

Call Today: 828-526-3788 or 888-339-3788



Bryson's



Food Store

**We have everything you need for
holiday fare!**

In the **Meat Department** we have it all
and fresh seafood, too.

Don't forget a wine to match.

Visit our **Deli Department** for the best fried chicken in town, party trays, fresh-baked breads, cheesecakes, organic gourmet desserts, Boar's Head meats and cheeses, rotisserie chicken, lunch wraps in a variety of flavors – pre-made or made-to-order, and

breakfast and lunch croissants, too!

Visit our **Produce Department** for everything FRESH for the season.

Don't forget our extensive variety of organic products and specialty foods from around the world all over the store!

Now In:

Aspen spice & cider, fresh baking nuts, fresh cranberries, fruitcake, and fresh Florida citrus

**At Bryson's Food Store, you'll find everything you need
for the accompanying recipes.**

Located in Highlands Plaza • 828-526-3775 • Fax: 828-526-0430

• TRAVELING GOURMET •

Thanksgiving in Belize

By Janet Wilson

It was late November and my destination was the town of San Ignacio, Belize, near the Guatemalan border. I chose this small town as a destination to visit the Crystal Caves and the Ix Chel (x-shell) Tropical Research Center.

Many years ago, while shopping in a health food store in Atlanta, I discovered an herbal remedy for travelers, from the rain forest in Belize. It was called Traveler's Tonic, made by Rainforest Remedies. I used it during my travels throughout the world and have never suffered from "Montezuma's Revenge," "Bali Belly" or other intestinal distresses. It is not because of impeccably safe circumstances that I have remained healthy. I tend to enjoy eating foods from street vendors and have been fortunate to have the opportunity of dining in some rather unusual circumstances. Drinking rainwater gathered and stored in earthenware pots and foods prepared in outdoor kitchens without refrigeration can stress an unaccustomed system. I recommend this remedy to all who travel outside the United States or to anyone who has a temperamental digestive system. In the process of looking for a new supply, I discovered that it came from Ix Chel Tropical Research Center in the area of San Ignacio. I wanted to go to the Crystal Caves, so I thought it would be a great opportunity to visit the rain forest where Travelers Tonic came from. It might be important to say here that Rainforest Remedies are licensed and approved for sale in the United States, in case you are interested in purchasing them.

Ix Chel Tropical Research Center is still run by Rosita Arvigo, a dedicated herbalist and botanical field practitioner. I was fortunate enough to meet her on one of my several visits there. She explained the uses of some of the other tonics prepared by Rainforest Remedies. She said "Much of what I have learned was from Don Elijio Panti." He was a Mayan healer who began sharing his secrets with her at age 86. He lived to be 106 years old and died in 1996. Rosita has preserved the herbal lore that Elijio Panti had committed to memory during his lifetime. She also made progress in determining the healing properties of hundreds of other native plants. She has collected more than 750 species that are currently being cataloged by the New York Botanical Gardens. The National Institute of

Health and other organization are supporting her extremely important research.

While on the bus to San Ignacio, I read about the partially restored, preclassic Mayan city of Cahl Pech (call-pesh). The ruin was not far from town. It was a beautiful day and the mountains didn't seem too overwhelming so I started my trek to Cahl Pech. About halfway up the mountain, a pick-up truck stopped and the driver asked if I wanted a ride to the top. There were a group of school children in the bed of the truck and they offered a spot for me to join them, so I did. They dropped me off near the entrance, waving goodbye as the truck pulled away. There was a wonderful museum with displays and information about the ruins and surrounding area. I was fortunate to have a delightful Mayan guide, John Moguel, take me through Cahl Pech. He worked with the archeologist throughout the restoration period and was very knowledgeable. As we walked and talked about the area, he told me about the Mayan religion, food and healing herbs. He described his farm and the many herbs, fruit trees and other items he grew there. John and his family used herbs for healing and grew much of their own food. As we finished the tour he called his wife and asked if he could bring a guest to dinner. His wife Juliet was delighted and picked us up a short while later. They took me to their home and I met their two lovely teenage daughters and adorable eight-year-old son. Juliet was a gracious and generous hostess and explained to me what she was preparing for dinner and showed me

• See GOURMET page 12



• REFLECTIONS FROM TURTLE POND •

Why is it so hard to feel gratitude?

I was thinking about Thanksgiving, wanting to write a column appropriate to the holiday without being too obvious about it. I have written before that I think gratitude is one of the most fundamental components of spirituality.

But why is it so hard for many of us to feel gratitude on a regular basis?

Why do we mark off one day a year to be reminded to do it like a chore? A book I read earlier this year, *A New Earth: Awakening to Your Life's Purpose*, by Eckhart Tolle (204T) gives some insights as to why that is.

Eckhart Tolle gained fame a number of years ago with his best-selling *The Power of Now*, a profound book that argued powerfully that reality is in the present moment and only by living in the Now can we find happiness and peace.

A New Earth is a great manual about the nature of the ego. If you have found other books about the ego hard to read or understand, this one is very clear. He identifies a number of major characteristics of the ego: 1. The ego functions by identifying the self with things. At its most basic, this means identifying ourselves as male or female, but also extends to identifying with possessions like cars and houses. 2. Complaining and resentment are fundamental aspects of ego because ego strengthens itself through making itself seem superior to others. 3. Ego always thinks it is right.

All three of these characteristics reinforce each other. Tolle writes, "You need to make others wrong in order to get a stronger sense of who you are. Not only a person, but also a situation can be made wrong through complaining and reactivity, which always implies that 'this should not be happening.' Being right places you in a position of imagined moral superiority in relation to the person or situation that is being judged and found wanting. It is that sense of superiority the ego craves and through which it enhances itself."

In other words, we create our sense of self by identifying with beliefs we believe, thoughts we think, actions we take, things we own, attributes we happen to have. Then we strengthen our identity by being critical of other people's beliefs, thoughts, actions, possessions, and attributes. We are sure our beliefs and thoughts are right; to question them would be to question our entire identity.

We stand tall by cutting off other peo-



Katie Brugger
k-brugger@hotmail.com

ples' heads.

I wanted to give an example where I built myself up by making someone else wrong, and I have to admit I struggled to think of one! Tolle would just point to me and say, "when you are filled with ego it is difficult to be aware of these thought processes." But eventually I did think of the following story.

In the early 1990s my husband Arthur and I self-published *The Game of God* (171.3H), our theory about the creation and evolution of the universe. We traveled around the country to promote it, and at the American Booksellers convention met the author of a novel entitled *The Celestine Prophecy*. James Redfield had also self-published his book that same year. During the next couple of years I watched with increasing envy as Redfield's book zoomed to the top of the best-seller lists while ours only sold a few thousand copies.

I was merciless in my criticism of *Celestine Prophecy*, reading it a second time to have all its flaws at my fingertips anytime the book came up in conversation. In my not-so-humble opinion it was an empty-headed New Age fluff piece while our book was an entertaining but intellectually solid piece of work. I hated Redfield, even though I had met him and knew he was a gentle soul. I resented every copy that he sold because I felt it just made me more of a loser.

As I was thinking about this in the context of this article, my obsession with all the negative aspects of Redfield's success (as I perceived them!) kept me from seeing some aspects that were clearly of benefit to me. For instance, many bookstore owners told us that regular customers, after having read a copy they had bought for themselves, would come in and buy 10 more to give to friends with whom they had despaired of ever sharing their interest in consciousness. So here was a book that was expanding the numbers of people interested in the very subject I was writing about, but I couldn't get my attention off my jealousy long enough to be grateful for that.

Also, here was incontrovertible evidence that a self-published work could really break out and become a best-seller. Redfield proved that you don't have to go through the New York publishing world to be a successful author, yet I was too

• See BRUGGER page 23

... THANKS continued from page 6

Through DNA testing, I was diagnosed eight years ago with full blown HH. Turns out all the family members on our mother's side have been tested and they are all carriers or have full blown HH. The only "remedy" is to have phlebotomies, where blood is drained like when people give blood, to keep the iron in the blood down.

I have had 49 phlebotomies since I was diagnosed.

This disease attacks all major organs, especially the liver and pancreas and it is commonly misdiagnosed.

Though I was too late to help my father, who may have also suffered from HH like my mother and my daughter and I, can help my family understand and take control of this debilitating disease.

Stan is the owner of Star, Stage and Sound Productions in Shelby, N.C., a full-service sound system and stage lighting company, and also owns and operates a recording studio in Shelby.

How ironic that we are both in the music business — he on one end of the board, and me on the other! Not in a million years did I ever think I would perform on my own brothers' stage!

We are blessed and very happy to have found each other again. We plan to attend Thanksgiving Dinner with the family of 50 more relatives or so and to meet at our maternal mother's house. We give thanks and remind everyone else to do the same for a million little reason.

Shhhhhhhhhh! Our really big sale is going on NOW!

It's Christmas in November at the stores of
Twigs at Highlands Edge!
Our ONLY sale of the year, normally held the day
after Christmas, is going on now!

Up to 50% discounts on all merchandise
at all 4 stores!

With our regular prices already low, this sale is
unbelievable!

Come early; come often and spread the word!
We look forward to seeing you and have a great
Thanksgiving.

TWIGS at Highlands Edge

"Everything for your Nest"®

and more including furniture, accessories,
art and gifts.

Twigs

Twigs
the Season

OUT
ON
A
LIMB

Twigs
on
the
rocks

Hours: 10-5 Monday-Sunday 362 days a year!
Cashiers Road about one mile from town. • 526-5551

Thanksgiving made easy and delicious
by

Wild Thyme Gourmet

~ Our favorite Thanksgiving take-out meal ~

Slow roasted maple and cider-glazed turkey

Apple, sausage and pecan dressing

Turkey gravy with fresh sage and vermouth

Sweet potatoes with orange and crystallized
ginger

Garlic mashed potatoes

Spinach and artichoke casserole

Green beans with shallots and walnut oil

Cranberry relish

Fresh baked rolls

Pumpkin, apple or chocolate pecan pie

The Feast

Serves 6 ~ \$210.00

A 10-12 pound turkey, all the above
accompaniments

One dozen rolls and one pie

The Big Feast

Serves 10 ~ \$300.00

An 18-20 pound turkey, all of the above
accompaniments

1 ½ dozen rolls, and two pies

Dinners may be picked up by
appointment between 11 a.m.

Wednesday and 10:30 a.m. Thursday.

Order soon, oven space is limited!

Call Through Nov. 13 To Reserve Your Holiday Meal

(828) 526-4035

490 Carolina Way Highlands North Carolina 28741

• HIS & HERS •

Drumsticks



**Michelle Mead-Armor &
John Armor**

michiamead@aol.com

John_Armor@aya.yale.edu

It's Thanksgiving week, and I'm trying my best not to be down in the dumps. This is supposed to be the season of good will and generosity, and my case of the mopes isn't in keeping with the Hallmark version of Thanksgiving we're encouraged to espouse. Perhaps this is just why it's a good idea to sit down, and reflect upon what we have to be thankful for.

We've just gotten our sweet cat, Orion, back from the vet. His mouth tumor has been removed, but it looks like it was probably cancerous. We await the biopsy results with sinking hearts. Orion, on the other hand, is a very happy cat. He is home, minus his booboo, and has taken up his cat's life just where he left it. His food bowl is never empty. His water dish is refreshed daily. Every night he climbs up the stairs, and settles in with his mama and papa, usually taking up the lion's share of the room in bed. John and I complain weakly, but in the end, we know our cats rule the roost. While Orion's outlook is uncertain, we give thanks that our lives have been touched by this wonderful animal who has brought us so much joy and unconditional love. We know for certain that there will be cats in heaven.

Maman is in Colorado right now, with my brother and his family. She recently underwent cataract surgery on her left eye, and came through with flying colors. Maman has had a tough year – moving out of her last house and into a retirement facility. After two scary falls, she knows she's where she needs to be. Even though her new residence doesn't feel like home yet, she is grateful that she has such a wonderful place to live, and can afford it, as well as food and medicine. Maman knows that lots of retired people aren't as well off. My brother and I realize that many sons and daughters don't have the good luck that we have – to have a parent when many of our friends have lost theirs. And Maman realizes how lucky she is to have children who phone and visit regularly, and who are prepared to drop everything and come to help out when she needs them.

Having breezed through the summer months with no shortage of water, we were not prepared to run out of water in the fall. Fortunately, we were able to wing it for the 10-14 days when our spring

dried up. With the recent rainfall, we are now back to normal. Every time we turn on the tap, run the dishwasher or washing machine, take a shower, or – forgive the indelicacy – flush the toilet, we are reminded of what a gift water is, and how we should never take it for granted.

In the past two months, we have lost three friends – Joyce

Hetzel, Horace Duncan, and Pierce Flannigan. This is a huge wake-up call that life is short and precious. Our family, friends and loved ones are the people who make this journey of life worthwhile and bearable. I was in church a few Sundays ago, and happened to glance at the congregation from my viewpoint of the choir (just behind the altar). It made me smile to see row upon row of familiar faces, people I have grown to know and love here in Highlands. I saw people who are quick to laugh and share a joke, but these same people are the first ones who would rally around in time of distress or disaster. If you're lucky, you wind up in a place where you know you were meant to be. That's how I feel about Highlands, and I'm glad I found it at this stage of my life.

My much-dreaded 401 (k) statement arrived in the mail. I didn't start contributing to a 401 (k) until I was in my 40s – divorced and earning a decent wage for the first time in my life. I maxed out my contributions, knowing I didn't have an unlimited amount of time to catch up and put money aside for a secure retirement. New York City was expensive, and it was a huge sacrifice to put aside as much as I did. I opened the envelope and pulled out my statement. It was as bad as I'd feared – my 401 (k) had lost 29.8% of its value. Sure – it was easy to beat myself up and think, why didn't I enjoy myself more, go out more, buy more pretty clothes, instead of putting money in an account that would lose so much value overnight? Hard as it is, I thank my parents for teaching me the value of money, the importance of saving, and reminding me that a lot of things can happen with your investments between the time when you put them away and when you actually retire. I've got another seven years until I turn 65, and a lot can happen in seven years. I'm keeping my

• See HIS & HERS page 26

• COACH'S CORNER •

Things I am thankful for

This week is the week of Thanksgiving, so it is time for my annual column that outlines the things I am thankful for. So without further ado, here is the list.

I am thankful for the what goes around comes around nature of sports, which is the very definition of what happened to Texas Tech and Mike Leach this weekend versus Oklahoma.

I kinda like Leach (especially his whole pirate thing) but he has been the deliverer of some epic beatdowns over the years, so for Oklahoma to lay one on him like that was definitely some karma. Note to Coach Leach: you don't want to end up like Steve Spurrier...or then again, maybe you do. (True story: I was working in the Rib Shack and a guy with Georgia gear comes into the bar and asks to watch the Florida-South Carolina game. I told him that the score was like 42-3 and that he should not even bother. His answer..."I don't care about the score, I just want to see Spurrier's reaction when the Gators break 50.)

I am thankful for Billy Packer, especially since he will now be enjoying the Final Four from his retirement home in lovely Curmudgeon City, FL.

I am thankful for Coach Mike Krzyzewski's Polish Affirmative Action program in college basketball. Thanks to Coach K, I've had to learn to spell Domzalski, Wojciechowski, and now Czyz. People complain all the time about Coach K's recruiting advantage...and this is a perfect example of unfair recruiting.

I'm thankful for Matt Cassel. Why? Because his performance this year has shown that maybe...just maybe...Tom Brady is not the second coming of football perfection.

I'm thankful for Tyler Hansbrough (and not just that it is his last year...although I'm thankful for that as well). It's great as a coach to be able to point to a superstar that does what every single kid can do-play every possession like a madman. As announcer Jay Bilas often says "Hansbrough's will is greater than his skill" and that is what makes his game a good model for young aspiring basketball players throughout the nation.

I'm thankful for referees, who willingly sign up for a job where you are guaranteed to be hated by a segment of



Ryan Potts
tryanpotts@hotmail.com

the population after every contest, low pay, and ridiculous looking uniforms that bring to mind zebras. (Which, by the way, is an animal that exists solely to be eaten) So here's to you referees...now why don't you call it both ways next time!

I'm thankful for slow drivers who don't pull over on the Gorge Road.

After all, if it were not for them, I would have no other way of venting out my frustrations in the solitude of my motor vehicle. I mean, let's think about it...where else can you curse at the top of your lungs...beat the steering wheel with your fists...question the meaning of everything good and holy? And the best part about it all is...no one sees you! I mean, at least the people in front of you from South Carolina can't possibly have noticed you raving like a lunatic...considering that they have passed six turnoff spots and have yet to get out of the way. Yep, nothing beats a nice, slow relaxing trip up the Gorge Road from Frankin -- an hour and a half of sheer bliss.

I'm thankful for overblown hyperbole in blogs and journalism. I mean, why write that Tim Tebow is a good player and a pretty cool guy when you can write that he is the "greatest quarterback in the history of college football and he is so cool that he should have stuff named after him?" Or if you don't like a coach/player you can always make something up about them that cannot possibly be refuted, like "I hear Coach Spurrier gets so mad that he kicks his dog on a regular basis...oh, and he hates Icelandic people."

I mean, who has the sources to fact check that? And the best part about it all, it is completely harmless...I mean, it's not like you are doing anything totally classless, like comparing the President-elect to Hitler or something like that...because it is just hyperbole and all in good fun-right?

And finally, I am thankful to spend my first Thanksgiving in Highlands in quite a while -- it's good to be home with some friendly faces. I hope everyone has a great Thanksgiving, and I hope for some great football games over the weekend.

A Tradition in Highlands for 48 Years.
Elegance in Oriental Art & Fine Jewelry

Holiday Sale

All Merchandise Reduced Thru December 31st

Stone Lantern

Main Street Highlands

Open: Monday - Saturday, 10 - 5 pm

Visit our Web Site: stonelantern-highlands.com

Formulating your ad budget for 2009? Call for Highlands' Newspaper's rate sheet and calendar today.

2009 rates same as 2008.

This is NOT the time to raise advertising rates. Call for package rates which include map placement, links on www.highlandsinfo.com, referrals, discounts and more! This year make sure you're in the weekly publication that is read on the street and on the web.

5,000 copies distributed in the 50-mile radius AND over 3,000 PDF downloads of the newspaper each week from www.highlandsinfo.com

Be in the vehicle people are reading here and away...
Highlands' Newspaper...the free paper.

• SALONS & SPAS •

Images Unlimited
Salon
Hair care & nail care
828-526-9477
225 Spring Street • Highlands

Spa on Spring
YONKA PARIS & JURLIQUE FACIALS
MICRODERMABRASION • CUSTOM PEELS
MASSAGE • REIKI • HEALING TOUCH
WAXING • TWEEZING • EAR-CANDLING
Open Mon-Sat • Monday by appt.
828-526-8832
NCLMBT

All Seasons Salon
Signature Hair Designs for Men & Women
Razor Cuts • Color • Perms
Off the Alley Behind Wolfgang's
Oak & Fifth Streets
Barbara & Van • 526-0349 • Open Mon - Sat



The Salon
at OLD EDWARDS
Appointments Available
from
8am-8pm
7 Days a Week!

Specializing in Designer and Contemporary Cuts
European Hair Color
Full Service Aveda Salon!
Call for Appointments 828.526.988
4th and Church Street, Highlands
Valet Parking available at Old Edwards Inn



Hours: Tues.-Fri. • 9-5
Sat. • 9-2
549 Main Street – Upper Level
“Falls on Main”
Creative Concepts Salon
(828) 526-3939
All CHI Products and Flat Irons 25% OFF



Taylor Barnes
Spa & Salon
Color, Cuts, Up Do's, Highlights, Massage, Facials,
Pedicures, Reflexology, Personal Training
OPEN: Tues. - Sat. • Monday by appt.
(828) 526-4192
454 Dillard Road • Highway 106
NC LMBT #1429



• CONSERVATIVE POV •

Thank You, thank you very much...

In these times of political change, cultural revolution and economic uncertainty, some of us might have a hard time finding things to be thankful for. Personally, my attitude hasn't been particularly thankful lately, for obvious reasons, so I thought I needed to take an inventory of things that I am thankful for. I share them with you so maybe you might do your own searching for reasons to be thankful.

I am thankful for:
The knowledge that God is sovereign;
An editor who allows a conservative column to appear weekly in her newspaper;
No serious terrorist attack in our country in the last seven years;
The Macon County Sheriff's Department and their "Shop with a Cop" program;

Michael Phelps' remarkable performance at the Olympics;
Fred Woolridge;
Electric toothbrushes;
The Michigan Wolverines, who have a record of 3-9 and have lost nine times in a season for the first time in 129 years. Why am I gleeful that Michigan is suffering?
Because they beat my alma mater, The University of Minnesota Golden Gophers, like a rented mule for about 50 years, that's why. Oh, by the way, the Gophers are having a winning season and are assured of playing in a bowl game. But I digress;
A great wife who loves football and can't watch enough televised games;
The good people of Macon County who make this a wonderful place to live;
The San Diego Chicken (ask your father);
Fully stocked grocery shelves;
The prospect of a first-class performing arts facility in Franklin;
Good health;



Don Swanson
Feedback is encouraged. Email swansonson@dnnet.net

Rep. Mike Pence;
The Miami Hurricanes, who were inexplicably ranked 87th pre-season (out of 119 teams) and are now 7-3 and headed for a possible ACC Championship and a significant bowl game (Orange Bowl, I think). 87th Indeed. We are currently ranked 23rd in the country and while we won't win the National Championship, as is our habit, just wait until next year. B/I/D (ignore

the fact that they just got creamed by GA Tech on nationwide TV);
The success of the "Surge" and the virtual defeat of al-Qaida in Iraq;
Sen. Jim DeMint;
Good people who put their names on the line and ran in the recent election;
The Franklin High School Marching Band;
Our Troops, wherever they serve;
Our National Anthem sung as written, without embellishment;
Plenty of personal travel when we were young enough to really enjoy it;
Gas prices in the low-\$2's rather than the low-\$4's;
"Poopee," our cat;
The Overlook Players;
Our ladies of Hollywood, who have been behaving themselves lately;
Conservative activists that fight the good fight;
Johnny Owens and other friends I've made through the HN;
Just in – gas in the high \$1's rather than the high \$3's.
The view of Lake Sequoyah from U.S. 64;
The crew from MAMA;
Congressional recesses, holidays, vacations, etc.;
Living in the '50s;
A merciful God.
Happy Thanksgiving!!!

... GOURMET continued from page 8

how to make tortillas. They had a modern home, but she did a lot of cooking on a wood fire just outside the kitchen. We had an excellent and very filling meal of black beans, rice, fried plantains and homemade tortillas. We talked, laughed and the children introduced me to their new puppy and showed me their home and yard full of medicinal plants. Even the children knew the plants and their many uses. The girls told me about the farm and their expectant mama sheep and promised to take me to see her. What a happy family

and so open to a complete stranger. They were aware that Thursday was Thanksgiving Day in the United States and invited me to have a Thanksgiving dinner at their home. What an exceptional meal Juliet prepared. We had sliced tomatoes, delectable, stuffed roasted chicken, fried plantain (bananas), black beans, rice, fry pumpkin, "Johnny" cakes and canned cranberry sauce. The cranberry sauce was a special treat for them, as it was difficult to find and quite expensive. The stuffed chicken was moist, tender and had a

wonderful flavor. I liked the spicy, hot, fry pumpkin too. It was shredded and cooked with onion, coconut milk and habanero peppers. The fried plantains were not prepared until they turn black. Their sweetness was a nice compliment to the chicken. The "Johnny" cakes were similar to my grandmother's drop biscuits...crusty on the outside and light on the inside. No meal is complete in Belize, without Marie Sharp's Habanero Pepper Sauce. I don't eat breakfast, without a splash of it on my eggs. What a great flavor! It was especially good on Juliet's black beans and rice. I enjoyed a

very unique, delicious and outstanding Thanksgiving dinner that I will never forget.

The Moguels took me in and treated me as part of their family. I went with them to their farm to plant; feed the sheep and harvest herbs, bananas and citrus. They took me to the small Mayan village where they grew up, the open-air market to go shopping, the river and spring where women washed cloths and children played and to the school where Juliet taught third grade. I met her

... GOURMET continued from page 12

students and got to see the Children's Day Parade. I never made it to the Crystal Caves, but the friendship and cultural experience the Moguels gave me was worth so much more.

Belize Stuffed Roasted Chicken

1 large chicken
2 limes
1 medium onion, sliced
1 sweet pepper, seeded and sliced
4 large cloves garlic, chopped and crushed
½ t. black pepper
½ t. salt
1 T. vegetable oil

1. Pre heat oven to 375 degrees
2. Wash chicken in lime juice in a large bowl and pat dry, saving the lime juice
3. Loosen skin from breast and thighs.
4. In a small bowl mix the garlic, pepper and salt.
5. Rub the mixture in the cavity and onto the meat under the loosened skin of the thighs and breast.
6. Put onions and sweet peppers in the bowl of lime juice saved from the chicken.
7. Stuff the onions and peppers in the cavity and under the skin of the thighs

and breast.

8. Place the chicken in a small roasting pan and brush with vegetable oil.

9. Roast at 375 degrees for about an hour or until done. (Cover the breast with foil as it starts getting brown, until chicken is cooked.) Serve with black beans and rice.

Johnny Cakes

4 cups flour
1 T. baking powder
½ t. salt
4 T. shortening
1 cup coconut milk, approximately

1. Combine flour, baking powder and salt.
2. Add shortening and blend with fingers until crumbly.
3. Add enough milk to make a nice dough.
4. Knead until smooth.
5. Pat into 20 balls and flatten to a thickness of half an inch.
6. Place on greased baking sheets.
7. Bake at 350 degrees for about 20 minutes or just until the bottoms are browned.
8. Turn broiler on and cook until tops are brown. Serve hot with butter.



Lindal Model Home 2-Day Open House Fri., Nov. 28 & Sat., Nov. 29 – 10am-4pm

Drop by, browse around and look through the extraordinary Lindal Planbook Living Dreams. Questions about building costs, construction procedures, financing or any other aspect of creating you dream home? We can discuss your individual needs.

INDEPENDENTLY DISTRIBUTED BY:

Highlands Custom Cedar Homes
Call for directions to our Model Home
828 526-5101 or Toll Free 877 526-5101
visit us at www.highlandscedarhomes.com

Lindal
CEDAR HOMES



ROSEWOOD MARKET THANKSGIVING MENU 2007

ENTREES:

10-12# Roasted Turkey \$60

14-18# (Serves 10-12) \$75

20-22# (Serves 14-16) \$90

All Turkeys come with Giblet Gravy

15# Bourbon-Brown Sugar Baked Ham \$149

8# Pork Loin Stuffed with Figs & Pears \$139

4.5# Classic Beef Wellington (Serves 8-10) \$169

SALADS:

Cranberry Congealed Salad
Roasted Beets, Oranges & Montrachet
Arugula Salad with Figs & Parmesan

SOUPS:

Tomato-Basil, Winter Squash,
Corn & Crab Chowder,
Split Pea, Shrimp Bisque

SIDES: \$7.95 per pound

Cornbread Stuffing,
Oyster Stuffing (\$9.95 per pound),
Sweet Potato Souffle, Potatoes Anna,
Squash & Corn Bread Pudding,
Squash Casserole, Creamed Spinach,
Roasted Green Beans with Onions
Southern Green Beans,
Broccoli Casserole, Corn Pudding

BREADS:

Buttermilk Biscuits \$3.95/dz.
Cheddar Scones \$4.95/9
Italian Sourdough Boule \$4.95/ea.
French Seeded Miniature Baguettes \$2.25/ea.

DESSERTS:

Apple Crumble \$15.95
Cherry Pie w/ Lattice Top \$16.95
Pumpkin Cheesecake \$49
Buttermilk, Coconut, Pecan or Pumpkin Pies \$16.95/ea.
Ambrosia \$9/lb
Carrot Cake \$49
Cranberry or Apple Walnut Bread Pudding \$3.95/serving



(828) 526-0383

tim@distinctiveevents.com

• HIGHLANDS SCHOOL BASKETBALL •

Photos by Bill Taylor – Iwanna



Girls Varsity Team – Lady Highlanders

Sayne Feria-Cruz – 4, Taylor Buras – 5, Courtney Rogers – 10, Jenny Coram – 12, Sarah Power – 21, Brie Schmitt – 22, Julianne Buras – 24, Emily Munger – 30, Stephanie Smart – 32, Emily Murphy – 33, Marlee McCall – 40, Elizabeth Gordon – 44, Kate-Marie Parks – 50, Jessica Gagne – 52. Coach Brett: Lamb.



Girls Middle School Team

Kalyn Billingsley – 1, Caroline Christy – 11, Candice Dills – 21, Emily Gabbard – 12, Rebecca Johnson, Cara Hedden – 10, Autumn Houston, Rebecca Parks – 22, Dusty Raby – 14, Emily Shuler- 25, Lindsay Wagner – 5, Skyler Wagner – 2, Sydney Wagner – 4, Manager: Autumn Chastain, Coaches: Tracy Hedden, Michelle Munger

Highlands Basketball drops a pair to Rabun County in home opener

By Ryan Potts
Boys Varsity Assistant Coach
Girls Varsity

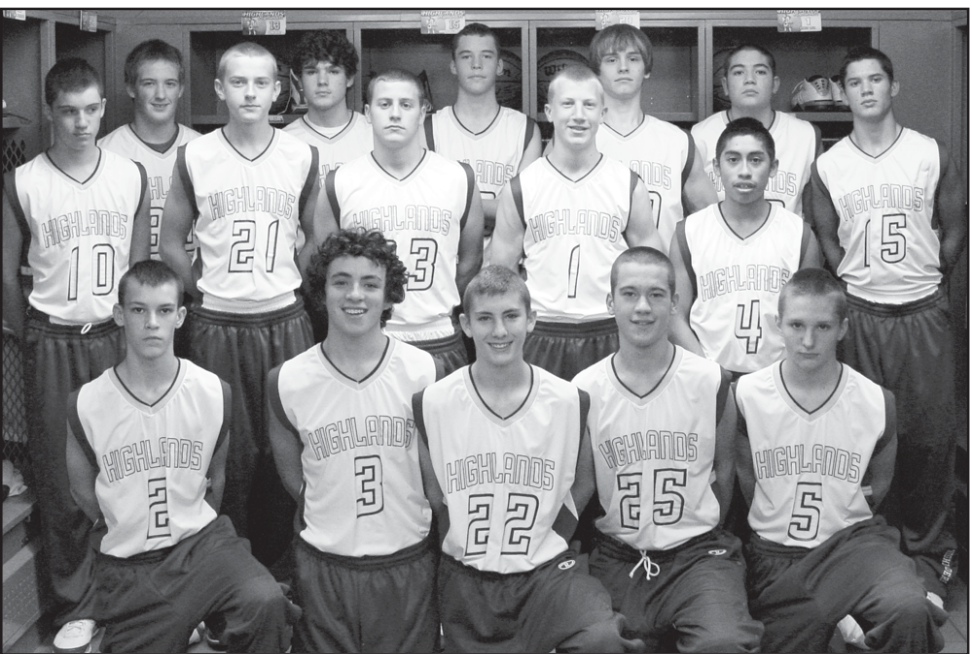
The Highlands Varsity Basketball teams opened at home Friday in front of a packed house at Highlands Gym, unfortunately, the Rabun County Wildcats were not fazed by the home crowd as they racked up a pair of convincing victories.

The Lady Highlanders withstood an early push from the Lady Wildcats to cut the lead to just 6 at the end of the first quarter, but were unable to counter the size and physicality of the Lady Wildcats. Rabun

County forced double digit turnovers in the second quarter and opened up what would prove to be an insurmountable lead.

The second half saw a lot of action from both benches as Rabun County finished up with a 80-52 final. Lady Highlander coach Brett Lamb knew coming in that his young team would be in for a challenge, and noted that “we played with them for a few stretches, but we have to cut down on turnovers and value the ball more if we are going to beat a team the caliber of Rabun County.”

Emily Munger led the Lady Highlanders with 19 points, and Brie Schmitt added 9.



Boys Varsity Team – The Highlanders

#1 Mikie Lica, Senior, #2 Tim Fogle, Freshman, #3 J J Rodriguez, Freshman, #4 Jose Feria, Sophomore, #5 Cody St. Germain, Freshman, #10 Byron Gordon, Freshman, #12 Aaron Burton, Junior, #13 Ezra Herz, Senior, #15 Andrew Billingsley, Senior, #20 Michael Baty, Senior, #21 Samuel Wheeler, Sophomore, #22 Logan Schmitt, Freshman, #23 Michael Shearl, Sophomore, #24 Robbie Vanderbilt, Sophomore, #25 Cai Roman, Freshman, #30 Clayton Lassiter, Sophomore, #42 Josh DeLaCruz, Sophomore. Head Coach: Butch Smart, A.D. (40 yrs, 666-553) Assistant Coaches: Ryan Potts, Noel Buras. Statistician: Eric Schmitt.



Boys Middle School Team

Justin Morgan, 3; Shawn McCall, 15; Chase Flowers, 25; Tyler Munger, 23; Tyler Owens, 30; Matt Rodriguez, 5; Felipe Ruiz. 20; Parker Sims, 22; Ash Gordon, 21; Craig Forster, 4; Ryan Vinson, 00; Phillip Murphy, Manager; Kenan Lewis, Manager; Coach, Steve Massey; Asst Coach, Jesse Munger; Statistician, Rebecca Johnson, Autumn Chastain

Boys Varsity

In the late game, the Highlanders (Varsity Boys) took a 2-0 before any time ran off the clock due to a technical foul on Rabun County for dunking in warm-ups. This would prove

to be the Highlanders only lead of the night, as they found themselves playing catch-up from the first minute onward.

Despite 4 starters with 2 fouls apiece in

•See BASKETBALL page 15

• TO YOUR HEALTH •

Coping with the holidays

By Carole Light

Thanksgiving and Christmas are portrayed in media and in advertisements as times of festive joy and times for families to come together and celebrate.

For some families this is true, but for the majority of families the holidays fall short of this ideal.

In fact, the holidays can be a source of great disappointment and often trigger depression, anxiety, irritability and a profound sense of loneliness.

When you imagine that everyone but you is able to enjoy the holidays and years of some idealized notion of family gatherings, it is quite easy to assume that the reason it isn't happening for you is because there is something fundamentally wrong with you.

That is most often not the case.

In fact, many, many people share the experience of being let down or disappointed around these major holidays. This can happen for many reasons.

First of all, when families get together old tensions, jealousies, insecurities or disappointments often come to the table.

In addition, people often drink alcohol at holiday dinners and that allows people to say and do things they might be able to better control when not under the influence. Misunderstandings happen under normal conditions. When alcohol is involved, it is more likely that people will not be able to hear and clearly understand what others say to them. People have shorter fuses, leading to more anger and hurt.

In families where there have been divorces and remarriages, there is often tension and hurt feelings about who spends the holidays with whom. Children may feel pulled in many directions, unable to make anyone, most especially themselves happy and a dread of the holiday season becomes the prevailing emotion.

If you are hosting holiday dinners, especially in difficult economic times, it is not unusual to feel a desire to provide a "more perfect" holiday than is possible, and again experience disappointment or anxiety when unable to do so.

Learning to let go, to take care of yourself and to settle for "less than perfect" can make for a better experience for both yourself as host or hostess and for your guests.

Before a family gathering, check that your expectations of yourself and your family are realistic. Understand how people may have changed over time or how some family members will never change and then focus on the things that are good and fun, not on the things that evoke pain and disappointment.

Taking care of yourself may mean dis-

appointing someone else's expectations or changing traditions. requires that you become aware of what stresses you, and experiment with doing things differently. Taking time out to take a walk, do something fun, see the humor in things, can make all the difference.

When families are scattered over great distances and costs or schedules prohibit visiting and gathering, a healthy and satisfying alternative is to form a "family of friend" to develop rituals and traditions that fit your current circumstances and to focus on how you can give to someone less fortunate or more isolated than yourself.

NAMI, the National Alliance on Mental Illness has a chapter in WNC that meets the first and third Thursday of every month at 7 pm. At the Children's Home on Wiley Brown road in Franklin.

It is a support group for anyone suffering from depression, bi-polar disorder, panic/anxiety disorder, schizophrenia.

Joining others and talking about what you are thinking or experiencing can be a good way to manage stress.

To get more information about these meetings, you can call Ann Nandrea at 369-7385, Mary Ann Widenhouse at 524-1355 or me, Carole Light at 526-9769.

... BASKETBALL continued from page 14

the first half, the Highlanders only trailed by 6 at halftime and looked poised to make a second half push. That second half push did come, as with 2 minutes to play in the third quarter, Highlands was able to cut the Wildcat lead to a single point.

Unfortunately for the Highlanders, they never could get over the hump, mostly due to 6'6" Wildcat senior Luke Cross, who dominated the lane to the tune of 34 points.

Cross was complimented inside by the outside shooting of Corey Page, who was 7-9 behind the three point arc for 21 points, and whose three three pointers in the 4th quarter put the finishing touches on a 84-65 Rabun County victory.

Highlanders coach Butch Smart had little to say after the game except that he guaranteed that the Highlanders would "work harder" on both the fundamentals as well as their effort on the court.

Highlands was led by Andrew Billingsley with 17 points and Ezra Herz with 14 points. The Highlanders will play at home on December 1st against Andrews, so come out and support your Highlands Highlanders.



*Serving Highlands
for over 126 years*

Proclamation...

For Thanksgiving at Plymouth In the Bay Colony, November 22, 1623 A.D.

To All Ye Pilgrims

Inasmuch as the great Father has given us this year and abundant harvest of Indian corn, wheat, beans, squash, and garden vegetables, and has made the forests to abound with game and the sea with fish and clams, inasmuch as He has protected us from the ravages of savages, has spared us from pestilence and disease, has granted us freedom to worship God according to the dictates of our own conscience; now, I, your magistrate, do proclaim that all ye Pilgrims, with your wives and little ones, do gather at ye meeting house, on ye hill, between the hours of 11 and 7 in the day time, on Thursday, November ye 22nd of the year our Lord one thousand six hundred and twenty three, and the third year since ye Pilgrims landed on ye Plymouth Rock, there to listen to ye pastor, and render thanksgiving to ye Almighty God for all His blessings.

- *William B radford*

Seatings 11:30-4pm

Kelsey Restaurant in Highlands Inn

526-9380 for more information and Reservations

THANKSGIVING Sale!

Shiraz
Family owned & operated for over 20 years

RUG GALLERY

*At Main and 3rd streets in
Highlands*

45% - 75% Off

Other showrooms, Tampa, Sarasota,
Naples, Orlando

*Open Monday-Saturday
10am to 6 pm, Sunday 12-5pm*

828-526-5759

WE BUY or TRADE OLD RUGS

Cleaning • Restoration • Appraisals

**85% on
red tag
SALE!**

5103721

Lorri knows of view property just waiting for you! Give her a call today.

**Smoky Mountain View Acreage
Between Franklin and Highlands**

Easily accessible off of Highlands Road U.S. 64. Septic permits, recent survey, graded homesites, gravel roads.

MLS# 40855,40857,40858,50860,40862

1+ Acre lots starting at \$39,000

SPECIAL OFFER - 7.46 acres (4 building sites) - \$199,000



Lorri Bell

828-226-2154 or 828-421-4433 for details

LGREFE@att.net • WWW.WITHAMOUNTAINVIEW.COM.

**Own a legacy for your children
and grandchildren.**

Invest in their future now with this one-of-a-kind
13.54+ - acreage in prestigious Scaly Mountain.
Perfect lying building acreage, waterfall, lake, springs,
wildlife and more all above 3500' right
outside of Highlands - Don't wait!
Asking \$895,000
Contact Lorri Bell (828) 226-2154

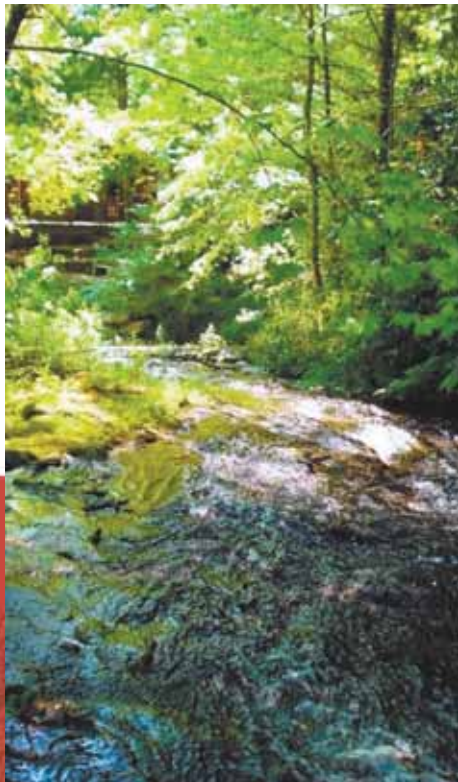
Have a Blessed Holiday Season!

This view could be yours!

These select lots vary in size from 1.14 acres to 7.46 acres are \$39,000 to \$199,000. The lots have light restrictions and are in an established community with fine homes.

Equi-distant from Highlands and Franklin they are part of the landscape for the North Carolina Scenic Byway (Highlands Road). Enjoy the cool breezes above 3,200 feet in elevation. These fine lots represent the best of the mountains with septic permits, graded homesites and low HOA fees.

Don't let this opportunity to own a piece of paradise pass you by.



... MACKEY continued from page 1

Because Al-Quaida are Suni Muslims and the Iranians are Shite Muslims. They are terrified of Al-Quaida.

In fact, shortly after the attack on Afghanistan in 2002, there was a lot of cooperation between U.S. and Iran on that issue. When Russians got involved in the state of Georgia recently, that made the Iranians extremely nervous because in the mid 19th century Russia actually broke a big chunk of what was Iranian territory and put it in Russia. So Iran is very nervous about them. That's a common interest we have.

The main reason we are really concerned about Russia's moves, is because all the pipelines running out of central Asia bringing in the newly developed oil and gas resources are going across Turkey and the closer the Russians move down to get foothold on those pipelines the more we have to be concerned.

In 1990 there was a proposal by oil companies developing the resources to run a secondary pipeline across Iran to exit into the Persian Gulf with the idea that there would be two oil pipeline routes if one got closed up. The Clinton administration said no to that idea because it would have meant helping Iran and we weren't in the mood to do that at that time. But we would have been ahead of the game if that scenario had been allowed, because we would have a second pipeline route which would have made the current one less critical — mainly because the Iranians would have an economic interest in maintaining stability in the area. So, that turned out to be a mistake. My point is there are points of contact."

Afghanistan

Afghanistan is a huge problem so what is our goal there?

Our goal is to keep Afghanistan from becoming a failed state. A failed state is a territory that basically has no control over that territory. We see this situation in Somalia which is a failed state. Afghanistan at the time of the Taliban was a failed state. We don't

want Afghanistan to become this vacuum into which every undesirable element in the Middle East can pour.

Afghanistan is very difficult to control; it's very tribal, the terrain is very difficult to operate in and what is happening is, we're seeing these unsavory elements come over from Pakistan into Afghanistan burrowed in these mountains.

The goal has to be is to give these farmers in this area some sort of steady income so they don't grow heroin because when the Taliban was in power stamped out heroin production and the tribesman turned against the Taliban and that's one reason they fell when the invasion occurred.

Now they are back producing heroin which they are selling to Al-Quaida and their fellow travelers who are selling into the market and that's the way they are being financed. So the first thing to figure out in Afghanistan is how to get these heroin farmers some sort of income and I don't know the answer to that.

Pakistan

But the biggest most dangerous country in this entire region is Pakistan. We don't talk about Pakistan that much and we need to. It's a country with a feudal society where they have the very rich and very poor and on the verge of becoming a failed state and to make matters worse, they have the bomb.

With that I'll stop and I'll take your questions.

Question 1:

Can you explain the ramification of the new American embassy being built?

There is a new American embassy which has been under construction since early on in the occupation and it's supposed to be the biggest U.S. embassy in the world. Understandably, this is causing talk in the region.

Everyone wants to know why is it there. It's translating to bad PR and I don't know if it's because what we're doing is unsavory, or what, but it's not good PR.

The fact is the U.S. wants to keep perma-

nent bases in Iraq so we can get troops into the Persian Gulf.

We had to get U.S. troops out of Saudi Arabia because the Saudis are having to protect themselves from their own population which is mad about having U.S. troops there.

We still have air bases there in the case of an emergency so we could get troops back in there if we needed to, but it's the time factor. Where we had most of our military presence is Katar which is very small. I mean, it's tiny and that makes us very nervous with good reason.

Rotary honors students



The Rotary Club of Highlands honored the Highlands School November Scholars of the Month at the club's November 18 meeting. Pictured from the left with Rotary President Derek Taylor are, high school winner Caden Brown, middle school winner Lindsay Wagner, and elementary school winner Remy Adrian.

All of this is why we have to figure out how to internationalize the protection of the Persian Gulf so it's not just about the United States. Because if nothing else, we have to have territory on which to base equipment so if we do have to go in there suddenly, troops wouldn't have to be brought in from the U.S. or Europe.

• Next week Mackey will answer more questions from members of the audience.

Sapphire Valley Christmas Craft Show



Friday, November 28
Saturday, November 29
10 a.m. - 4 p.m.

Route 64, 3 miles
east of Cashiers



Join us for this juried indoor show
at the Sapphire Valley
Community Center



Friends for Life
Benefit Bake Sale



FREE ADMISSION AND PARKING
For further information,
call 828-743-1163

• ART GALLERIES •

Mon-Sat 11-5
381 Main Street • 526-0667
Robert A. Tino
Gallery

Bryant Art Glass



Open Monday-Saturday
10 a.m. to 5 p.m.
New location at
216 S. 4th St. Highlands
526-4095

TiN Roof
studio
Fun & Functional Arts & Crafts
Open Mon-Sat
9:00 am - 5:30 pm
Sun. 1-4 p.m.
828.526.3900
1990 Dillard Road
(Hwy 106)
Highlands, NC

Mill Creek Gallery & Framing

Located in Highlands Village
Square • Oak Street at 5th
(behind Wolfgang's)

Custom Picture Framing
(including laminating service)



Art and crafts by local artisans
Open Saturdays
(828) 787-2021 cypicturelady@aol.com

Main Street

COUNTRY CLUB PROPERTIES

Mt. Fresh

Wright Sq. 828-526-2520 | www.ccphighlandsnc.com | ccp4info@verizon.net



Designer's mountain retreat has a nice view of Mirror Lake. A renovation with entertaining in mind, features all new kitchen appliances with granite counter tops and faux painted walls and cabinets. Beautiful heart pine floors in the great room with cathedral ceilings and a soaring stone-faced fireplace. Master suites on each level with an additional guest bedroom and private bath. Large comfortable family room with fireplace and second kitchen on lower level which also features a wine tasting room. Mature landscaping with a terraced garden; two car garage and ample parking. Attention to every detail in every room. A true dream home. \$695,000. with a furniture package available at designer's cost. mls# 66658.



Highlands Country Club Upper Brushy Face with a spectacular Mountain View. 4 bedrooms, 4 1/2 baths. Huge walls of glass to enjoy the view. 2 fireplaces, wet bar, office, additional family room. 2 car garage. Fully renovated interior and owner has plans to update the exterior and add a carport. Offered at \$1,850,000.



Laurel Falls at Skyline Check out this Spacious Home with all of the bells and whistles. Offered at \$2,595,000. mls# 66797.



Edgewater - Old time Highlands charm exudes from this classic home that overlooks Mirror lake. Great family compound or possible B&B with a usable yard. 3 bedrooms 2 baths in the main house, with updated kitchen and baths, hardwood floors, and a native stone fireplace. The annex has 2 one bedroom ,one bath apartments, each with private entry. A great family gathering spot. Offered at \$ 995,000. mls #66770



This 3 bedroom 3 bath brand new home on almost an acre is close to Highlands with custom rock fireplace and all custom wood inside. The house is just completed and ready for your own taste. Offered at \$595,000. mls #66828



Just Listed on Little Bear Pen Mountain in town! This house has been renovated from top to bottom and is priced to sell. 3/3 1/2 on one level. 2 car garage. Large great room plus large sunroom with a good view. New kitchen with granite and open to large dining room. Extra large master. Each bedroom has a private bath. Basement. Stone Fireplace. Offered at \$779,000. mls #66591



Ravenel Ridge Owner/builder will build these plans or your plans on this spectacular almost 3 acre lot with this panoramic view of Whiteside, Sagee, Little Fodderstack, and Horse Cove. City water, 4 bedroom septic. Builders plan is priced pre-construction at \$ 4,450,000. mls #66896



Viewpoint at Flat Mountain - Beautiful southern view from this 3 bedroom, 2 1/2 bath, plus a den, with many custom finishes. Amenities include a rocking chair porch, two fireplaces, two tiers of decks and a screened porch. Full unfinished lower level for possible expansion. A lovely get away for the weekend or a lifetime. Offered at \$1,250,000. mls #66822



Ravenel Ridge If you are looking for that special one of a kind home, do not miss seeing this one before you make your decision. This spacious home features high scales, with a glass enclosed staircase and open, flowing floor plan. There are 4 fireplaces, and the custom woodwork is crafted by a true artisan. Master bedroom and bath suite on the main floor, 2 guest bedrooms with private bats on the upper level plus a den and office. Lower level has great workshop and storage. Large 2 car garage. If you want fine quality and a wonderful view of Whiteside, do not miss this one. Offered at \$3,500,000. mls #66858



Highlands Country Club If you are looking for a home that has the "it" factor, this is a great home at Highlands Country Club. Old antique beams, and English lead glass windows are just a few of the touches that make this a one of a kind home. The dwelling features 4 bedrooms and 5 1/2 baths, plus and additional family room in the upper level. The kitchen features a huge slab topped island and a flowing plan, that encompasses a screened porch and open deck that views the gurgling water feature in the back yard. Offered at \$1,850,000. mls #66895



Unique property has 2 bedroom, 2 bath cabin with Blue Valley view and can be purchased with 1 acre Offered at \$295,000, or with up to 9 acres for additional building sites Offered at \$1,300,000. mls# 66914



Twin Falls of Highlands, One of the sleepers of the Highlands market. This spacious 3 bedroom, 3 1/2 bath plus a loft features a huge wrap around porch that overlooks a babbling stream. The greatroom plan features massive wood beams that frame a large stone fireplace. The kitchen features granite countertops and quality appliances. Lower level has two car garage and loads of storage. You could not replicate this house for the money. Owner will consider short term financing. Offered at \$950,000. mls #66841

Highlands Concierge

LEAVE THE HOLIDAY DECORATING TO US

Trees Installed and Decorated
With Your Ornaments or Ours
Elegant Lighting
Seasonal Arrangements
Fancy Gift Wrapping
Personal Shopper
Removal and Clean up
Kiln-dried firewood
Relax...It's Taken Care Of...



CALL TO RESERVE A DATE
828-526-5407 or 828-200-1237

Mountain Rarities in Wright Square has new owners, a new look and lots of new merchandise!



We wish you a joyous Thanksgiving. It's a time to remember what a blessing it is to be part of this great country, and especially being able to live in these glorious mountains.

We have a **STOREWIDE SALE** now through Christmas. Come and enjoy the Mountain Rarities experience. Always quality, always affordable!

Featuring gifts, affordable jewelry, wraps, shawls, home decor accessories, butterflies and lots more!

Wright Square #5
177 Main Street
526-8244



Acorn's Annex
AT OLD EDWARDS INN AND SPA

*Up to 75% Off
on Specially Selected Items*

*Specializing in European & American
Antiques and Home Accessories*

41 Church Street, Highlands, NC 28741
Tuesday through Saturday, 10 a.m. - 5 p.m.
Holiday Hours: Thanksgiving Day, 11-4
Fri. and Sat., Nov. 28th-29th, 9-6 • Sun., Nov. 30th, 12-5

096244

Chaco | Teva | Earth | Lole | Merrell | Born | White Sierra | Birkenstock
Carhartt | Clarks | Crocs | Marmot | Ecco

Casual & Active Wear
for the Family

BEAR MOUNTAIN OUTFITTERS
We outfit you for life

Over 450 Styles
of Shoes & Boots

**Huge Sale Up To
75% OFF!**

Mon-Thurs. 10-6, Fri & Sat. 10-8, Sun 1-6 | Corner of 3rd & Main St.
Highlands, NC | 828-526-5784 | BearMtnOutfitters@aol.com

The advertisement for Bear Mountain Outfitters features a central logo with a bear's head and the text "BEAR MOUNTAIN OUTFITTERS" and "We outfit you for life". Surrounding the logo are various images: a person with arms outstretched, a person on a bicycle, and a person standing. The background is a mix of outdoor scenes and product images.

John Schiffli Real Estate

361 Main Street • P.O. Box 725 • Highlands, NC

(800) 526-5750 • (828) 526-5750

info@johnschiffli.com

View all of our listings at www.JohnSchiffli.com

• OUTDOOR - INDOOR REMODEL-RENEW •

828-743-5451

Village Square in Sapphire

HomePlace Blinds & Design Of Sapphire Valley

Custom Window Coverings – Heritance® hardwood shutters
Duette® honeycomb shades, Country Woods® Collection™
Custom Closet Systems, Unique Home Accessories



HunterDouglas
Gallery

Rabun County Roofing

Re-roofs • Repairs • New Construction
Chimney Caps • Custom Copper Work
Inspections • Complete Sheet Metal Services

References available on request

706-782-7302 or 888-711-6412

Previous Member of Contractors Licensing & Regulatory Board
in Florida • State Certified FL Contractor for 17 years

& Sheet Metal, Inc.

American owned
& operated



Don's Carpet and Hardwood Floors

Why Pay More!

SALE!

35% to 70% off
ENTIRE STOCK

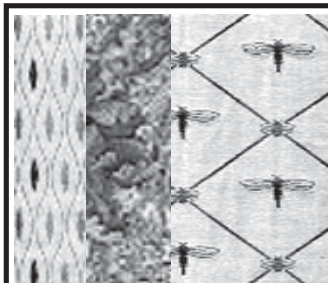
Large Selection

Residential and Commercial

Visit our Showroom

828-743-0711

Located in the Cashiers Insurance Building



WILHITES of Walhalla

Drapery, Upholstery, Fashion & Quilting Fabric

Waverly • Braemore • P Kaufman
Swavelle • Richloom • Barrow

Open Mon.-Fri. • 9 a.m. to 5 p.m., Sat. • 9 a.m. to 1 p.m.

851 Highlands Highway, Walhalla, SC
864-638-8498 or toll-free: 800-444-5743



P.O. Box 593
Walhalla, SC 29691

American Upholstery

We Repair Furniture from frame

Residential or Commercial • 37 Years Experience

Free Estimates • Free Pick-up and Delivery

Open 8 a.m.-5 p.m. Monday-Thursday

102 S. College Street • (864) 638-9661

• HOSPITAL NEWS •

Long-time family physician coming back in response to physician shortage

With the area suddenly facing a shortage of primary care physicians, long-time area doctor John F. Baumrucker, MD, has announced plans to resume seeing office patients on a regular basis.

Baumrucker, who practiced full-time in Highlands for more than 30 years, virtually eliminated his office practice in November of 2003, although he has continued to work in the hospital's emergency room and see a few office patients on Fridays. He announced last week that he is now expanding his office hours to three days per week and adding a physician colleague in order to accommodate the area's need for additional primary care physicians.

"This isn't something I really want to do at this point in my career, but it's something people here need. With (internist) Mark Wagner closing his practice and (family physician) Mark Heffington moving to the coast, there just aren't enough primary care doctors to serve our communities," said Baumrucker. "I still hope to retire completely in three years, but right now the community and the hospital need my help."

Wagner, who has had an office practice in Highlands since 2004, closed his practice here last week in order to become a hospitalist at Oconee Medical Center in Seneca, SC. He is following a national trend for many internists, who are choosing to have hospital-only based practices. And this week, beloved Cashiers family physician Mark Heffington ends his 26-year association with Mountain Area Family Medicine to move to Beaufort, on the coast of North Carolina. He has no immediate professional plans.

At least for the winter, Baumrucker's office will be open to patients from 9 a.m. until 4 p.m. on Mondays, Wednesdays, and Fridays. And joining him in the practice on those days will be former Highlands family physician J. Scott Baker, MD. Baker was in independent practice in Highlands from 1996 until 1999, before practicing in nearby Dillard, GA, and later in Franklin.

As part of his decision to expand his practice, Baumrucker has applied to have his privileges at Highlands-Cashiers Hospital upgraded from associate to active status, which will allow him to directly admit patients to the hospital. He will fill the role of the practice's admitting physician, since Baker is not currently a member of the hospital's medical staff.

"Dr. Baumrucker's decision to essentially reopen his office practice is very wel-

come news, not only to the many area residents who are now looking for another primary care physician, but also to the hospital itself. He has a long history of putting the both community's and the hospital's needs above his own, and we appreciate his willingness to step up during this temporary primary care shortage," observed hospital President and CEO Ken Shull.

"Even though it's certainly a great help, we realize that Dr. Baumrucker's return to regular practice is not, by itself, a long-term solution this shortage, and we want people to know we are working very hard to recruit new physicians to both Highlands and Cashiers. We are currently in discussions with five different candidates, and while we have some strong prospects, we all know the process takes time, he added."

Due to staffing limitations, Baumrucker said his office won't initially be taking appointments. Instead, patients will be seen on a walk-in basis. However, he said that will change when the office moves from Suite 700 on the lower level of the Woodruff Medical Building to a new, larger office on the top floor of the Jane Woodruff Clinic. That is expected to happen within the next two months.

Rumors over the last week or so that he might be expanding his office practice has had the phone ringing off the hook, says his wife Joanna, who has been helping out in the office on Fridays. Many are former patients who want to return, she said.

Baumrucker says he still plans to go to Montero, Bolivia on his regular mission trip this winter, but has shortened the time he plans to spend there because of his medical obligations here.

Dr. Baumrucker earned his medical degree from the University of Cincinnati's School of Medicine and went on to complete his internship at Christ Hospital in Cincinnati, OH. Dr. Scott Baker earned his medical degree from Texas A&M University in College Station, TX, and completed his residency in Family and Community Medicine at Wake Forest University Family Physicians in Winston-Salem, N.C., which provided residents and attending physicians to N.C. Baptist Hospital and the Bowman Gray School of Medicine in Winston-Salem, NC. They are both certified by the American Board of Family Practice.

The office can be reached at 526-1494 between the hours of 9 a.m. and 4 p.m. on Monday, Wednesday and Friday.

• HOSPITAL NEWS •

Medical lecture on vitamins, Dec. 5

Dr. Donald B. McCormick, who is Call-away Professor Emeritus and Chairman of Biochemistry at Emory University in Atlanta, will present a class on vitamins and trace elements on Friday, Dec. 5 at Highlands-Cashiers Hospital.

The class, which can provide medical professionals with continuing education credit, is open to the general public and will be held from 7:45 to 9 a.m. in Suite 103 on the lower level of the Jane Woodruff Clinic on the hospital campus. Cost is \$5 for those who attend without wishing to receive credit, and \$25 for those who want CME credit. The cost includes a continental breakfast.

Dr. McCormick will cover the nature and function of micronutrients (vitamins and trace elements) and what micronutrients are essential in a normal diet, or may be needed when certain diseases are present. He will discuss the recommended and required levels, as well as the levels offered by supplements and potential side effects.

Dr. McCormick received his B.A. degree in chemistry from Vanderbilt University in Nashville, TN, and went on to graduate school there as an assistant in biochemistry and pre-doctoral fellow working under Dr. Oscar

Touster. He received his Ph.D. from Vanderbilt before undertaking post-doctoral research on Vitamin B6 enzymes as a National Institute of Health Fellow under Dr. Esmond Snell at the University of California at Berkeley. He has served as a board member or official with NASA, the US Civilian Research and Development Foundation, the US Department of Agriculture, the Pew National Nutrition Program, as well as many others, and has published nearly 500 articles or publications in his field. He has spoken at more than 50 conferences and symposia, and won numerous professional awards a honors.

The lecture is certified for continuing nursing education by the NC Nurses Association and accredited by the American Nurses Credentialing Center's Commission on Accreditation. It has been designated as meeting the requirements of one credit of continuing education for physicians by the Mountain Area Health Education Center.

Preregistration by Dec. 1 is required and class size is limited to 40 participants. For more information, call the Education Department of Highlands-Cashiers Hospital at (828) 526-1243.

SPECIALTY FOODS

Gourmet to Go & Catering 526-0383



Tuesday-Saturday • 11-6

Next to D&J Express Mart at Main & 3rd streets
Also home to Wedding Designs³

Whole Life Market

Pre-Order your Free-Range Natural or Organic Turkey from Whole Life Market this Thanksgiving Holiday and ensure your family a healthy wholesome taste at the dinner table.

Order now and receive a 10% discount!

For more information please call 828-526-5999

All orders must be received by 11/16/08

"For A Healthier Life"
On the Corner of Foreman Road & Hwy. 64
Monday-Friday 10 a.m.-5:30 p.m.
Saturday 11 a.m.-5 p.m.
526-5999

Mary's
FREE RANGE TURKEY

b basketcase

Highlands' premier
gift basket company
gourmet foods – coffees & teas
fresh-baked pastries – gifts
entertainware

294 S. 4th Street • "on the hill" • 526-5026

DUSTY'S RHODES SUPERETTE

All Year long!

It's Dusty's....

"A Grocery & MORE!"

Let our "Heat & Serve" items
make your life easier.
Pick up your goodies now!

Hours
Mon.-Sat, 8-5:30

493 Dillard Rd. • **526-2762**

Cashiers
828-743-7999
866-480-7653

Century 21
Mountain Lifestyles

Highlands
828-787-2121
866-407-2121

www.highlandscashiersrealestate.com

NEW LISTING IN SHELBY PLACE



A Charming cottage in Shelby Place. Green belt open space to rear of lot, cheerful Sun Porch, hardwood floors, 2-car garage, skylights. Very reasonable HOA fees. Superior Location! \$431,000 MLS #66660. Bob Shipp. 828-787-2121

Visit us at 468 Main Street • next to Wolfgang's Restaurant & Bistro

"Naughty or Nice"
For Everyone
On Your List!

The Hen House

Monday-Saturday
10 a.m. - 5 p.m.
(828) 787-2473
468 E. Main St.
Highlands NC 28741

FOR THE HOLIDAYS!
STONEWALL KITCHEN
Specialty and gourmet foods, gourmet gifts and gift baskets

We Ship!!

Highlands' Newspaper's year end Dec. 31 edition will include:
2008 Recaps, Photos & Realty Transfers.

(A new special real estate for sale section in this edition.)

If you have land or a home to sell, this is the issue you want to be in. Call 526-0782 or email: highlandseditor@aol.com.
\$5 for classified and \$29 for a BW photo ad.

• PLACES OF WORSHIP •

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m., Worship – 11

Sunday night services every 2nd & 4th Sunday at 7
Wednesdays: Mid-week prayer meeting – 7 p.m.

BUCK CREEK BAPTIST CHURCH

Sundays: School – 10 a.m.; Worship – 11
First Saturday: Singing at 7:30 p.m.

CHAPEL OF SKY VALLEY

Sky Valley, Georgia

The Right Rev. Dr. John S. Erbeling, Pastor
Church: 706-746-2999

Pastor's residence: 706-746-5770

Sundays: 10 a.m. – Worship

Holy Communion 1st Sunday of the month

Wednesdays: 9 a.m. Healing and Prayer with Holy
Communion each service

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329

Rai Cammack, Branch President, (828) 369-1627

CHRIST ANGLICAN CHURCH

Office – 526-2320

Sunday: Holy Communion – 11 a.m.

(Highlands Community Center on U.S. 64 next to
the ballfield in Highlands)

Monday: Evening Bible Study at 6 p.m.

Wednesday: Men's Bible study at 8 a.m.
at First Baptist Church

Pot Luck Lunch last Sunday of each month.

CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer

Sundays: School – 10 a.m.; Worship – 11
Prayer – 6:30 p.m.

Evening Service – 1st & 3rd Sunday – 7 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 U.S. 64 east, Highlands

Sundays: 9:30 a.m. Sunday School; 10:45 Worship;
6:30 p.m. High School Group

Wednesdays: Dinner 5 p.m.-6 p.m.; 6 p.m. programs
for all students; 6:15 p.m., Adult Bible Study

Thursdays: Women's Bible Study 10 a.m.

EPISCOPAL CHURCH OF THE INCARNATION

The Rev. Brian Sullivan – Rector: 526-2968

Sunday: Breakfast; 9 A.M. - Sunday School

10:30 a.m. Holy Eucharist (Rite II)

Sunday Service on Channel 14 at 10:30 A.M.

Monday: 4 p.m. Women's Cursillo Group

Tuesday: 8 a.m. Men's Cursillo Group

4:30 P.M. Education for Ministry

Wednesday: 6:30 P.M. Choir Practice

Thursday: 10 a.m. Holy Eucharist (Chapel)

10:30 a.m. Daughters of the King

• Sunday Service on Channel 14 Sun. at 10:30 a.m.

FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977

Sun. Worship 8:30 & 10:45 a.m.; 6 p.m.
(nursery provided)

Sun. school for all ages 9:45 a.m.

Wed: dinner 5 p.m. followed by children's

Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.;

Adult Bible Study & Prayer Meeting 7 p.m.

Small groups available throughout the week.

FIRST BAPTIST CHURCH

Dr. Daniel D. Robinson, 526-4153

Sun.: Worship 10:45 a.m., 6:30 p.m.; School – 9:30

a.m.; Youth – 6:30 p.m.; Choir – 7:15

Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6
p.m.; Prayer – 6:15 p.m., Choir – 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Dr. Don Mullen, Parish Associate 526-3175

Sun.: Worship – 10:55 a.m.; Sun.School – 9:30 &
9:45.

Mondays: 8 a.m. – Men's Bible Discussion &
Breakfast

Tuesdays: 10 a.m. – Seekers

Choir – 7

HIGHLANDS ASSEMBLY OF GOD

Sixth Street

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy

526-3376

Sun.: school 9:45 a.m.; Worship 11 a.m.;
5 p.m. Youth Group

Wed: Supper; 6; 6:15 – children, youth, & adults
studies; 6:15 – Adult choir

(nursery provided for Wed. p.m. activities)

Thurs: 12:30 – Women's Bible Study (nursery)

HOLY FAMILY LUTHERAN CHURCH – ELCA

Chaplain Margaret Howell

2152 Dillard Road – 526-9741

Sundays: Sunday School 9:30 a.m.; Adult discussion
group 9:30 a.m.; Worship/Communion – 10:30

HEALING SERVICE on the 5th Sunday of the month.

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Matt Shuler, (828) 526-8425

Sundays: School – 10 a.m.; Worship – 11
Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

MOUNTAIN SYNAGOGUE

St. Cyprian's Episcopal Church, Franklin

828-369-9270 or 828-293-5197

OUR LADY OF THE MOUNTAIN CATHOLIC CHURCH

Rev. Dean Cesa, pastor

Parish office, 526-2418

Sundays: Mass – 11 a.m.

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Clifford Willis

Sundays: School – 10 a.m.; Worship – 11 a.m. & 7

Wednesdays: Prayer Mtg. – 7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Alfred Sizemore

Sundays: School – 10 a.m.; Worship – 10:45 a.m.;
Evening Worship – 6 p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

For more information call 526-3212.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer.

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

UNITARIAN UNIVERSALIST FELLOWSHIP

828-369-3633

Lay Led Sunday School 10:15 a.m.

Sundays: Worship – 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH

Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School – 10 a.m.; Worship – 11

• SPIRITUALLY SPEAKING •

Take time to give thanks



By Father Dean Cesa

Our Lady of the Mountin Catholic Church

There are so many memories that I cherish when I think of Thanksgiving. Please excuse me if I embellish these memories a bit. The house filled with the smells of the turkey roasting, the pumpkin pies baking. My mother had a favorite recipe for chestnut stuffing that always pleased everyone. There was the opportunity to enjoy all this wonderful food, maybe at times to excess, and then collapse on the couch in a tryptophan-induced nap while watching football. Mom was always careful to time the feast so that it did not interrupt football, though the turkey did not always cooperate.

The gathering of family, usually extended family, was a bit of a challenge, requiring all three leaves be placed in the dining room table. Then, as my siblings got married and had children, there was the need to set-up of an additional table, maybe even a card table for my nephews and nieces in the kitchen. This did not usually satisfy them. They would wander into the dining room to see what the grown-ups were doing. They longed for the day when they too could sit at the adult table.

Conversation rarely kept to the polite norms of avoiding religion and politics. You could count on a lively exchange and as years went by, the in-laws participated more and more. It was a form of initiation and it deepened the bonds of family.

The discussion I remember the most was one particular Thanksgiving when, as strange as this may sound, we went around the table answering the stereotypical Thanksgiving question: What are you thankful for? My niece was the first to respond, "Wearing pretty dresses!" My sister, just having married that summer, said, "Her husband," and then she kissed him. But then there was my nephew. He stammered out something not to clear but that significantly changed the mood and brought on quiet reflection. "I just thank God," he said.

In the U.S., the Roman Catholic Church celebrates a special mass on the day of Thanksgiving. I can't imagine that Catholics are alone in wanting to worship God on this special day. Of the many readings from the bible that can be used for this time of worship, this year we use the parable of the ten lepers. Though all seek pity from Jesus and he responds by cleansing them all, only one recognizes his healing and returns glorifying God, falling at the feet of Jesus and thanking him. In response, Jesus acknowledges his faith with a further gift: salvation.

Is thanks that rare in our own culture? Is it only one in 10 that say thank you at the grocery store, the restaurant, the drive-thru? I don't think this is the kind of tithe God had in mind. Begin your Thanksgiving remembering all those good things you have received. Thank those responsible for the good things you have received. And take some time out to thank God who is the the source of all the good that we give and receive.

... BRUGGER continued from page 9

green with envy to be grateful for that.

I think it's safe to conclude that a lack of gratitude is a basic attribute of an ego-centered life.

We think that our moments of irritation and unhappiness are caused by things outside of ourselves; a person or event has *made* us angry or unhappy or jealous. We're convinced that if we had our way, we'd be happy all the time. Tolle begs to differ: "The ego loves its resentment of reality. What is reality? Whatever it is, Buddha called it tatata — the suchness of life, which is no more than the suchness of this moment. Opposition toward that suchness is one of the main features of the ego. It creates the negativity that the ego thrives on, the unhappiness that it loves. In this way, you make yourself and others suffer and don't even know that you are doing it, don't know that you are creating hell on earth. To create suffering without recognizing it — this is the essence of unconscious living; this is being totally in the grip of the ego."

To end this misery, Tolle tells us we must learn to become aware of our inner state. At any moment we can stop and ask ourselves, "Is there negativity in me now?" Not necessarily raging anger but frustration, discontent, anxiety, etc. "The moment you become aware of a negative state within yourself, it does not mean that you have failed. It means that you have succeeded. Until that awareness happens, there is identification with ego."

In the absence of ego we can let go of our resentment and negativity about the people and events around us, and what we find in its place is gratitude.

I'm not sure why, but Tolle took "Eckhart" for his first name from the 13th Century mystic Meister Eckhart, who is reputed to have said "If the only prayer you said in your whole life was, 'thank you,' that would suffice."

• All of Katie Brugger's columns are available on her website:
www.kathleenbrugger.com



Inn • Cabins • Treehouses

*A Unique Mountaintop Hideaway
Spectacular Mountain Views*

www.firemt.com

800 • 775 • 4446



- Gift Cards
- Accessories
- Gourmet Kitchenware
- Dinner Settings

Casafina

Open Mon – Saturday • 10am to 5pm
450 Main Street Highlands, NC 828-526-5226

Have a Home or Land to Sell?

Sell it in Highlands' Newspaper.

\$5 at week for \$20 words, \$29 for a photo ad.

Call 526-0782 or email: highlandseditor@aol.com

• BUILDERS & ARCHITECTS •



Call today for information.

Highlands – 828-526-2412
Lake Toxaway – 828-883-8004
or visit our website at:
www.schmittbuilders.com



From Country Clubs to
Mountainside Lots,
We Can Help Turn Your Highlands
Dream Into a New Home Reality
828-526-2240
Toll Free: 888-303-2240
www.cimbuild.com



Custom Homes ~ Remodels ~ Green Building
Residential & Commercial Sales

Steve Abranyi
General Contractor
(828) 787-2297

Mary Abranyi
Broker
(828) 526-9523



greenmtnliving.com

© Community Matters Display



"Experience the Difference"

Building Fine Homes in Highlands & Cashiers since 1992

Call to receive a
complimentary
Portfolio and DVD.

Timothy J. Sadlon
828-349-0400



Summit Design Group

Design/Build Specialists

828-482-0110
Highlands, NC



Phone: 828.743.6010

Cell: 828.269.9046

randsoellner@earthlink.net NC Lic.9266 FL Lic.AR9264



Custom Fine Homebuilding / Renovations
in the Cashiers, Sapphire and Highlands communities

Jim Neil
828-371-0645

NC UNLIMITED LICENSE

Mason Neil
828-200-0807

Call us at 828-743-2800 / 828-526-8350
or visit us at: www.brightwaterconstruction.com



PEAK
EXPERIENCE



Celebrating our
10th Anniversary
and helping you
Celebrate the Holidays!
EVERYTHING
is on SALE
20% to 75% OFF!
through Dec. 31, 2008.

Thank to our customers for
another great year!
Wishing you a happy and safe
Holiday season.

2820 Dillard Road
828-526-0229

ANPAWEAR




Now Open for
our 22nd Season!
Featuring our
same great lines

Come
bundle
up with
us!
COATSALE
in progress!

Hard Tail • Junk Food
Citizens of Humanity
BCBG • Tulle • Project E
Free People • Joe's Jeans
Michael Star Tees

355 Main Street
in The Galax Theatre
526-4660

Sizemore named Walmart 'Teacher of the Year'



Scott Isenhour, representing the Franklin Walmart, presented Highlands School first-grade teacher, Donna Sizemore, with the 2008 Macon County Walmart Teacher of the Year Award. This award is presented annually to one teacher in the county. Anyone who wants to nominate a teacher may complete a form at the store. The Walmart associates review the nominations and vote to determine the Teacher of the Year. Mr. Isenhour presented Highlands School with a check for \$1,000 and Mrs. Sizemore with a \$100 gift card. Although the person who nominated her is unknown, this was the quote that swayed the associates to choose Mrs. Sizemore: "She takes extra time with each student. She had the entire class and school send cards to the American soldiers. It was wonderful when one came home and honored her class with a flag!"

THE

SUMMER HOUSE

ANNUAL STOREWIDE "FIRE SALE"

We're not on fire this year but our sales are SMOKIN'!

Join us through Saturday, December 6th

** We will be closed Thanksgiving Day*

2089 Dillard Road
Highlands, N.C.
828-526-5577

This is a special time of the year to offer our greatest
savings just to you- our most valued customers.
www.summerhousehighlands.com

Monday - Saturday:
9 a.m. to 5 p.m.
Sunday:
10 a.m. to 5 p.m.

098174

• UPCOMING EVENTS •

On-going Events

• The Bascom is offering a host of art classes for preschoolers to pre-teens from now through the end of the school year. For more information, call (828) 526-4949, ext. 0#, or visit www.thebascom.org.

• Friends of Panthertown work days, last Thursday of every month (time and location varies). Volunteers needed to maintain trails. For more information, contact Nina Elliott at 828-526-9938 (ext 258) or friends.of.panthertown@gmail.com or online at www.j-mca.org

• Four churches prepare to "Walk to Bethlehem." The Macon County Public Health Center is continuing a successful faith-based wellness program. Four local churches, with assistance from the Health Promotions Program at the public health center, are embarking on a virtual journey from Franklin to Bethlehem as a part of the "Walk to Bethlehem" program. The four participating churches include First United Methodist Church, Holly Springs Baptist Church, Prentiss Church of God, and Watauga Baptist Church. The Walk to Bethlehem program encourages church members to be more physically active and make healthier food choices. According to the Centers for Disease Control, everyone needs at least 30 minutes of moderate physical activity on most days to stay healthy. As a part of the Walk to Bethlehem program, the public health center provided a pre-event health screening to the churches.

• Collections for men and women overseas at Chestnut Hill Retirement community. A wide variety of items currently are needed, including books and magazines, CDs and DVDs, and small pocket books, which fit neatly in the BDUs (Battle Dress Uniforms). Phone cards, lounge pants, grey or black t-shirts, and cards of encouragement are also in great demand. Consumables such as insect repellent, lotions, and other hygiene products must come new, in original packaging. Monetary donations to fund the flat rate APO shipping at \$10.95 per box should be left at the front desk of Chestnut Hill. The drop point for all items will be under the flagpole at the Chestnut Hill Clubhouse on Clubhouse Trail. For any questions, or to schedule a drop-off, contact Jeremy Duke in our community office at (828) 787-2114.

• Refuge Youth meets every Sun. night at 6:30 p.m. downstairs at Cullasaja Assembly of God. If you are in grades 6th-12th then this is the place to be! The church is located at 6201 Highlands Rd. next to Exxon. For more info call youth ministers Matt and Candace Woodroof at 828-369-7540 ext 203, www.cullasajaag.org.

• Raffle of handcrafted Stiefel Botanical Book to Benefit The Bascom. To purchase a raffle ticket, call 526-4949, ext. 8#.

• Yoga at the Rec Park, 7:30 a.m. Monday and Wednesdays. Call 526-4340 for information.

• Yoga in the bottom floor of Jane Woodruff Building, 10:30 a.m. Thursdays. Call 526-4340.

• NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365 or go to the website: www.ncmana.org.

• At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fish-

er at 828-526-1FIT.

• "The Circle of Life" support group continues at the Highlands-Cashiers Hospital at the Jane Woodruff room 201, 10 a.m. until noon. Call Barbara Buchanan at 526-1402 or Florence Flanagan at 743-2567.

Mon. & Wed.

• Pilates Classes Level 1 of Jane Woodruff at the hospital at 4 p.m. \$10 per class. Call 526-5852.

• Middle School students After School Program from 3-5 p.m. at the Rec Park. The program is free and will include a snacks, homework help, arts/crafts, sports, community involvement projects, and mini field trips. Parents will be required to register their child(ren) upon their second day of attendance and children will be required to sign in daily. For more information please call 828.526.3556.

Mon., Wed., Fri.

• Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$50 a month.

Wed., & Fri.

• Open AA meeting noon at the Episcopal Church at Fifth and Main streets.

Tues. & Thurs.

• Dance Aerobics with Susan, 8:30 a.m. at the Rec Park.

First Mondays

• Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

Mondays

• Open AA meeting, 8 p.m. at the Episcopal Church at Fifth and Main streets.

• Recreational Bridge 1 p.m. at the Rec Park. \$3 per person.

Tuesdays

• Highlands Rotary Club meets at noon at the Highlands Conference Center.

• Weight Watchers meets at the Highlands Civic Center. Weigh-in is at 5:30. The meeting starts at 6 p.m.

Wednesdays

• Highlands MountainTop Rotary Club meets at the Highlands Conference Center at 7:30 a.m.

• Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

Every Third Wednesday

• Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

1st & 3rd Thursdays

• The local affiliate of NAMI NC (National Alliance on Mental Illness), NAMI Appalachian South, meets from 7-9 p.m. at the Family Restoration Center, 1095 Wiley Brown Road, Franklin. NAMI offers peer support, education, and advocacy for individuals suffering from serious mental illness and their families and loved ones. Contact Ann Nandrea 369-7385, Carole Light 524-9769 or Mary Ann Widenhouse 524-1355 for more information.

Thursdays

• Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

Thursdays & Fridays

• Live music at The Rib Shack from 7-10 p.m.

Saturdays

• Live music at Cyprus Restaurant at 9:30 p.m.

• See EVENTS page 26

• HIGHLANDS ANTIQUE SHOPS •



Glitter Sparkle Shine

Mirror Lake Antiques

For all your Jewelry needs wants

215 S. 4th Street "On The Hill" • Highlands, NC • 828-526-2080



Advertise your
SALES & SPECIALS
here! email:
highlandseditor@aol.com
Do it an your ad – and
the entire newspaper –
will be seen on the
streets and on the web
at
www.highlandsinfo.com

Chintz & Company

50% off
ENTIRE STOCK...
which is already priced to
move!

(Chintz China not included)

CRAZY PRICES!

on one-of-a-kind pieces.

Come and See!

Last Day Saturday, Nov. 29

Closed Thanksgiving Day

At Spring & 3rd • 526-4222

**Fraser Fir Christmas Trees at Peak Experience,
You Choose–We Cut.**

**Delivery and Set up in the Highlands Area
Available for \$20.00 per Tree.**

*Come Pre-Select Your Tree Now
before the crowds come!
Pick up when you are ready!*

**PEAK
EXPERIENCE**



2820 Dillard Road Hwy. 106
2 miles past Highlands Country Club on left
828-526-0229

Acorn's

THE SHOP AT OLD EDWARDS INN AND SPA

Mary Louise Jewelry Trunk Show • Nov. 26 - Dec. 1
Exclusive Line of 18K Gold Jewelry With a Distinctively Feminine Flair



**BIGGEST SALE OF THE YEAR
THROUGHOUT THE STORE!**

**European and American Antiques
Gifts and Home Accessories • Designer Women's Apparel
Jewelry, Handbags and Scarves • New Bridal Registry**

828.787.1877 • 465 Main Street, Highlands. North Carolina
Open Every Day

**Holiday Hours: Thanksgiving Day, 11-4
Fri. & Sat., Nov. 28th & 29th, 9-6 • Sun., Nov. 30th, 12-5**

Acorn's *Madison's* *OLD EDWARDS INN Spa* *The Spa*

THIS SHOP AT OLD EDWARDS INN RESTAURANT AND WINE GARDEN AT OLD EDWARDS INN

... WOOLDRIDGE continued from page 4

caught up in the seriousness of today's world events. It's not pretty. There's much to fret about. Then I remember the turkey blob and realize there's also much to be thankful for. I remember Rocky and how intense those times were back during the conventions and how unimportant that seems now in comparison. So on this Thanksgiving Day, I will take a chunk of

turkey fat and staple it to our kitchen message board to remind me not to take things so seriously and be grateful for family, friends and a nation that is still free.

I wish everyone a Happy Thanksgiving and hope you put a blob of turkey fat on your message board as a reminder.

... HIS & HERS continued from page 10

fingers crossed on this one, but still clipping coupons, just in case.

And speaking of New York City, I am infinitely thankful that on 9/11, I was at Brooklyn Bridge/City Hall Station, and not a short distance away, at the World Trade Center. I bless those wonderful, kind people who helped me on my journey uptown, so that I could get home and tell my family that I was OK. I'm grateful that in spite of seeing both towers fall down from close up, I did not see any of the jumpers, something that has haunted many others less fortunate than me. I'm glad I made it home in one piece, and have lived to tell the tale.

Of course, when I count my blessings, I've saved the best for last. I thought that I would live out the rest of my life in New York – single and childless. I never imaged I'd marry again, and that this marriage would bring me, not just a devoted husband, but two lovely stepdaughters, their marvelous husbands, and a bevy of adorable, cute

and smart grandchildren. Blessings don't get much better than that.

So, if like me, you tend to get a bit mokey and reflective around this time of year, take a minute and count your blessings. You'll probably find that, like me, you have an awful lot to be thankful for. Just for starters, you're probably not a turkey.

• About the Author: Michelle A. Mead-Armor is a writer and translator who grew up in Waynesboro, Virginia, before wasting her youth and good looks in Baltimore, Sydney, Paris, and New York. She and her husband live on top of a mountain on the Continental divide near Highlands. They are members of the Highlands Writers Group. Michelle loves just about everything about Thanksgiving, except for the football. She also recommends reading Art Buchwald's explanation of Thanksgiving to the French, a long-standing Mead family tradition.

• UPCOMING EVENTS •

Through Dec. 1

- At Acorn's on Main Street, a Mary Louise Jewelry Trunk Show. Exclusive line of 18k gold jewelry with a distinctively feminine flair.

Wednesday, Nov. 26

- Highlands-Cashiers Hospital will offer free flu shots to the general public at a special, one-day-only clinic on the hospital campus Wednesday. Hospital personnel will be giving flu vaccinations between 9 a.m. and 1 p.m. in Suite 103 on the first level of the Jane Woodruff Clinic. There will be no charge, but pre-registration is required and supplies are limited. Those interested in signing up for the clinic should call 526-1434 between the hours of 7:30 a.m. and 4 p.m. Monday through Friday. Appointment slots will be assigned on a first-come, first-serve basis in order to reduce waiting times.

Sat.–Tues., Nov. 29-Dec. 23

- "Winter Landscapes" exhibition at The Bascom, featuring paintings by John Mac Kah and Deborah Squier. Free public opening reception Nov. 29 from 5-7 p.m. Regular gallery hours are Tuesdays through Saturdays, 10 a.m. to 4 p.m. Admission is free. The Bascom is located inside the Hudson Library on Main Street in Highlands. For information,

call (828) 526-4949 or visit www.thebascom.org.

Friday-Saturday, Nov. 28-29

- The Artisans of the Highlands Plateau will be selling their wares at the Highlands Community Building on U.S. 64 east next to the ballfield 10 a.m. to 5 p.m. Don't miss this opportunity to buy one-of-a-kind, handcrafted items for everyone on your Christmas list this year.
- The Annual Hard Candy Christmas Fine Art & Craft Show at the WCU Ramsey Center in Cullowhee. \$3 for adults, children under 12 free. Free parking. 10 a.m. to 5 p.m. both days.
- Lindal Model Home Open House. 10 a.m. to 4 p.m. Call 526-5101 for directions.
- Sapphire Valley Christmas Craft Show and bake sale, 10 a.m. to 4 p.m. at the Sapphire Valley Community Center. Free admission and parking. Call 828-743-1163 for information.

Friday, Nov. 28

- Wine Tastings at Old Edwards Inn & Spa. Sumptuous hors d'oeuvres amid festive fireside ambiance of Hummingbird Piano Bar in the inn. 2-4 p.m. \$20 applies to purchase if you choose to buy and not just taste! Call 526-8008.

•See EVENTS page 27

• UPCOMING EVENTS •

• Santa will be at the Highlands Visitor Center from 10 a.m. to 4 p.m. to hear wishes and for photos.

Saturday, Nov. 29

• Highlands annual Christmas Tree Lighting on Main Street in front of the Highlands United Methodist Church at 6:30 p.m.

• Santa will be at the Highlands Visitor Center from 10 a.m. to 4 p.m. to hear wishes and for photos.!

• The Mirror Lake Improvement Association's Christmas Gathering is Friday at 5 p.m. at Jane and Paul Wilgus's home. Bring a covered dish and serv-

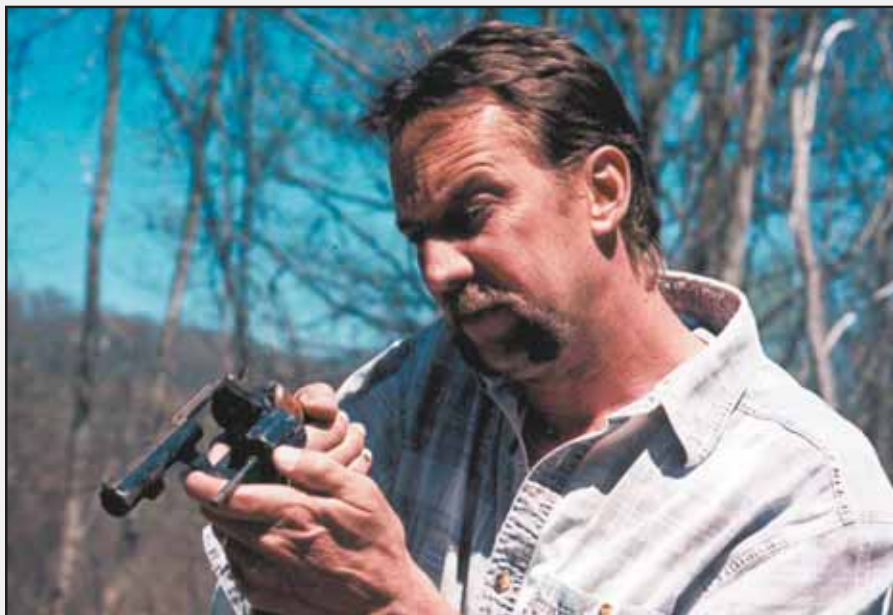
ing utensils. For more information, call Elaine Johnson at 526-9939.

• At PAC at 8 p.m., "The Prince of Dark Corners," a play written by North Carolina humorist Gary Carden, at the Martin-Lipscomb Performing Arts Center on Chestnut Street. Admission price: \$15. Call 526-9047.

• NANTAHALAHIKING CLUB will take a moderate 4-mile hike with a couple of steep descents to Turtleback Falls, Rainbow Falls, and Stair Step Falls on the Horse Pasture River. Meet at Wacho-

• See EVENTS page 28

'Prince of Dark Corners' at PAC Nov. 29 speaks to local history at 8 p.m.



On Saturday evening, Nov. 29, "The Prince of Dark Corners" will be presented at the Martin-Lipscomb Performing Arts Center in Highlands. Written by popular storyteller, writer and former teacher Gary Carden, the play will start at 8 p.m. It combines drama, Appalachian history and folklore and stars Milton Higgins of Burnsville, NC.

"The Prince of Dark Corners" is the story of outlaw Lewis Redmond, described at the time of his capture in 1881 as "the most famous man in South Carolina." Actually he was equally well-known in western North Carolina and north Georgia where local newspapers begged the court to "forget his faults, in admiration of his undaunted courage and unmistakable dash." Because there were rumors that he would be dramatically rescued from jail, his trial in Asheville was cancelled and he was transferred to Greenville, SC. People visiting the jail while he waited for trial gave him food, whiskey and cigars. And he acquired quite a collection of perfumed notes from women.

Redmond was born in 1854 and, though he claimed to have been born in

Georgia and moved to North Carolina as a child, one of his captors wrote that he was born in Macon County, North Carolina. His base of operations as a moonshiner was within the 100-mile radius of Ellicott's Rock. His father owned a moonshine still, as did all the neighboring farmers, according to him. He plowed crops during the day and worked the still at night. His trouble with the revenueurs started when he stopped distilling and began delivering whiskey.

Robert Anthony, former president of NC Writers Association says, "The 'Prince of Dark Corners' is absolutely captivating! Gary Carden in turn has us laughing and sighing, gasping and crying, as he leads us on a journey into the soul of outlaw Lewis Redmond."

The play to be performed at the Performing Arts Center on Chestnut Street traces Redmond's rise from hardscrabble obscurity to nationwide fame, then his descent into a rueful old age haunted by past misdeeds that can never be undone. Tickets to the play are \$15 each and may be charged by phone at 526-9047, or online at www.highlandsp Performing Arts Center.org.

Historical Society Christmas Showhouse set for Dec. 6-7



Connie Thompson of Basketworks in Cashiers selects decorations to use when she joins five other decorators at the Christmas Showhouse to be sponsored by the Highlands Historical Society on December 6 and 7, from 1-5 p.m. each day. The decorators are delighted to have the opportunity to decorate a Joe Webb log house built in 1930 on Satulah Road, to benefit the Historical Society. Tickets priced \$15 each are available at Cyrano's Bookshop, or they may be purchased on the day of the event in front of Bryson's Food Store. Shuttles will run from Bryson's.



2-Day Holiday Gift Show & Sale

Featuring Artisans of the Highlands Plateau

Friday, Nov. 28, 1-4 p.m.
Saturday, Nov. 29, 10am-5pm

at the
**Highlands Community
Center**
(next to the ballfield)





Established 1925
Scudder's
GALLERIES

NEW HOURS
MONDAY-THURSDAY
10AM-5PM
FRIDAY & SATURDAY
10AM-3PM
AUCTIONS
FRIDAY & SATURDAY
8PM

352 Main St.
Highlands, NC
828-526-4111

www.scuddersgalleries.net

Frank A. Scudder
License 992

NC Company
License 966

Ruby Cinemas

Hwy. 441, Franklin • 524-2076

Showing Nov. 28-Dec. 4

FOUR CHRISTMASES
rated PG-13

Friday: (4:10), 7:05, 9:10
Sat & Sun: (2:05), (4:10), 7:05, 9:10
Mon – Thurs: (4:10), 7:05, 9:10

TWILIGHT
rated PG-13

Friday: (4:30), 7, 9:30
Sat & Sun: (2), (4:30), 7, 9:30
Mon – Thurs: (4:30), 7, 9:30

BOLT
rated PG

Friday: (4:15), 7:10, 9:15
Sat & Sun: (2:10), (4:15), 7:10, 9:15
Mon – Thurs: (4:15), 7:10, 9:15

QUANTUM OF SOLACE
rated PG-13

Friday: (4:20), 7:15, 9:20
Sat & Sun: (2:15), (4:20), 7:15, 9:20
Mon – Thurs: (4:20), 7:15, 9:20

Channel 14

Highlands' own TV channel!

Heart of the High Country

weekly show about Highlands

Mountain Home Showcase

home tours, design tips, and cooking classes

Visitor Information Program

hosted by Blackberry Bear

DVDs of Heart of the High Country available at the Hudson Library and Movie Stop



Northland Cable Television

• UPCOMING EVENTS •

via Bank in Cashiers at 8:30 AM. Bring water, lunch; wear sturdy shoes. Drive 16 miles round trip. Hikes are limited to 20. Call leader Walker Taylor at 743-6977 for reservations. Visitors are welcome, but no pets please.

Tuesday, Dec. 2

• At the Highlands Historical Society a class on making "Galax Roses" with Sue Potts with two sessions available – 9 a.m. until noon and 1-4 p.m. The cost per session is \$15. To register call Sue Potts at 526-3163.

Thursday, Dec. 4

• Bingo at the Highlands Community Center 6:30-8:30 p.m.

Saturday & Sunday, Dec. 6 & 7

• Sanders' Family Christmas" (sequel to "Smoke on the Mountain") a wholesome musical at 7 p.m. on Saturday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

• Christmas Showhouse to benefit the Highlands Historical Society 1-5 p.m. each day. The Joe Webb log-house at 149 Satulah Road will be decorated for the holidays by professional and semi-professional decorators. Advance tickets: \$15.00 each at Cyrano's. Shuttle from Bryson's.

Friday, Dec. 5

• At Highlands-Cashiers Hospital, Dr. Donald B. McCormick, who is Callaway Professor Emeritus and Chairman of Biochemistry at Emory University in Atlanta, will present a class on vitamins and trace elements at Highlands-Cashiers Hospital. The class, which can provide medical professionals with continuing education credit, is open to the general public and will be held from 7:45 to 9 a.m. in Suite 103 on the lower level of the Jane Woodruff Clinic on the hospital campus. Cost of the class is \$5 for those who attend without wishing to receive credit, and \$25 for those who want CME credit. The cost includes a continental breakfast.

Saturday, Dec. 6

• Highlands Chapter #284 Order of the Eastern Star is making Pumpkin Rolls again this year. The cost is \$10 each. You may place your order by calling Mary Anne Creswell at 526-2635 or Kathleen Wilson at 526-2852. The Eastern Star will be selling pumpkin rolls outside of Bryson's Food Store Thanksgiving weekend and on Main Street during the Christmas Parade on Saturday, Dec. 6. All proceeds from the sale of the pumpkin rolls are given to local and Eastern Star charities

• 'Carol Sing' at First Presbyterian Church right after the parade featuring the McAllister siblings with harp and song and bagpiper David Landis with Angie Jenkins on pipe organ. • Wine Tastings at Old Edwards Inn & Spa. Sumptuous hors d'oeuvres amid festive fireside ambiance of Hummingbird Piano Bar in the inn. 2-4 p.m. \$20 applies to purchase if you choose to buy and not just taste! Call 526-8008.

• Highlands Alternative Market immediately following the Christmas Parade until 2:30 p.m. at the Episcopal Church of the Incarnation. Free lunch and chance to give to area nonprofits.

• Annual Christmas Parade 10 a.m. until noon on Main Street.

• Santa will be at the Highlands Visitor Center from 12:30-4 p.m. to hear wishes and for photos.

Friday-Sunday, Dec. 12-14

• Sanders' Family Christmas" (sequel to "Smoke on the Mountain") a wholesome musical at 7 p.m. on Saturday and 3 p.m. on Sunday at the Dillard Playhouse, in Dillard, Ga. Tickets are \$10 for adults and \$5 for children under 11. Call 706-212-2500.

Saturday, Dec. 13

• Wine Tastings at Old Edwards Inn & Spa. Sumptuous hors d'oeuvres amid festive fireside ambiance of Hummingbird Piano Bar in the inn. 2-4 p.m. \$20 applies to purchase if you choose to buy and not just taste! Call 526-8008.

• Santa will be at the Highlands Visitor Center

The Last Bingo of 2008



The last Rotary SuperBingo in 2008 will be held this coming Thursday, Dec. 4th at the Highlands Community Building from 6:30 to 8:30. Don't miss this last Rotary SuperBingo before the spring. Like Highlands' bears, Bingo is going to hibernate over the winter. Same great Bingo deals: 14 games for \$10; game 15 is SuperBingo for \$1 per card and you can win \$300 for full card Bingo in 55 calls or \$150 for a full card Bingo after 55 calls. Refreshments by Highlands Boy Scouts and humor by Rotary – what could be better? SuperBingo is a fun evening for family, children and big people. Bring a group or come by yourself. Half of Bingo proceeds are paid as prizes. Highlands Rotary profits go to community non-profit organizations. Rotary hopes to see you at The Last Bingo of 2008. Highlands Rotary Club is licensed by NC to conduct Bingo games.

• UPCOMING EVENTS •

'Winter Landscapes' exhibition opens Saturday at The Bascom

The Bascom's next exhibition, "Winter Landscapes," showcases a mountain winter's tranquility and grace in paintings by John Mac Kah and Deborah Squier.

The exhibition opens this Saturday, Nov. 29, with a free public reception from 5-7 p.m. The annual Highlands Christmas Tree lighting occurs at 6:30 that night, so The Bascom encourages people to make it a night on the town: attend the exhibition opening at 5, then head to the tree lighting.

The exhibition runs through Dec. 23. Admission is free.

Mac Kah was The Bascom's first artist-in-residence in 2008. He braved the icy weather and winter winds to create the work he will be presenting in this exhibition. Mac Kah, who has a studio in Swannanoa, was born in St. Petersburg, Fla.,

and holds a BFA from Ringling School of Art & Design. He is on the faculty of the Fine Arts League of the Carolinas and teaches all over the region. He has been a freelance artist and has had a private studio since 1984. He works primarily in oils and acrylics and is represented by John Collette Fine Art in Highlands, Linville Gallery in Banner Elk, 16 Patton Gallery in Asheville and Blackbird Frame & Art in Asheville (limited edition prints only).

Squier, who has a studio in Asheville, was born in Newton, Mass., and was a student of the late Donald Gordon Squier, landscape painter and family portraitist for General George S. Patton and family, and a student at the Boston Museum School, Massachusetts. She holds a BA from UNC-Chapel Hill and is represented by Summit One Gallery in

Highlands, Blue Spiral 1 in Asheville, Pinkney Simons Gallery in Columbia, S.C., and Hanson Gallery in Knoxville, Tenn.

Her work has appeared in solo and group exhibitions and is in private collections locally and elsewhere in the nation.

The Bascom is located at 554 Main Street inside the Hudson Library. Hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m.

For more information about the exhibition, call (828) 526-4949 or visit www.thebascom.org.

"Crop Field," by Deborah Squier, is one of the paintings that will appear in the "Winter Landscapes" exhibition, on display at The Bascom Nov. 29 to Dec. 23. A free public opening reception will be Saturday, Nov. 29, from 5-7 p.m.



from 11 a.m. to 4 p.m. to hear wishes and for photos.

Saturday, Dec. 20

- Wine Tastings at Old Edwards Inn & Spa. Sumptuous hors d'oeuvres amid festive fireside ambiance of Hummingbird Piano Bar in the inn. 2-4 p.m. \$20 applies to purchase if you choose to buy and not just taste! Call 526-8008.

- The Highlands-Cashiers Chamber Music Festival will present at Christmas concert entitled "Father Christmas' Favorite Chamber Music" at 5 p.m. at PAC to benefit the Highlands Emergency

Council. Santa Claus himself will be on hand to introduce some of his favorite works for violin, viola, cello and piano; and good listeners will receive a treat from Father Christmas on the way out. For more information and tickets, call 828-526-9060.

- Santa will be at the Highlands Visitor Center from 10 a.m. to 4 p.m. to hear wishes and for photo.

- Santa will also be at the Scaly Mountain Community Center from 10 a.m. to 4 p.m. Bring your list to share with Santa, coins for reindeer food and a sweet tooth!

'Carol Sing' at First Presbyterian after the Highlands Parade, Sat., Dec. 6



There will be a Christmas Carol Sing at First Presbyterian Church at 2 p.m. on Saturday, Dec. 6. Special guests will be Margaret McAllister, harp and Johnathon McAllister, soloist. Johnathon will be singing "O Holy Night." Also featured will be bagpiper David Landis who will join Angie Jenkins at the pipe organ in a



rousing rendition of "O Come All Ye Faithful." The public is cordially invited. The church is located at 471 Main Street.

21st Annual

"Hard Candy Christmas"

Fine Art & Craft Show

A MOUNTAIN HOLIDAY TRADITION

Always the Friday & Saturday after Thanksgiving

10 AM – 5 PM

WCU Ramsey Center
Cullowhee, NC (Hwy. 107)

\$3.00 for Adults
Children under 12 FREE ~ Free Parking
(828) 524-3405 ~ mountainartisans.net

\$5. for 20 words weekly

• CLASSIFIEDS •

\$2. for each add'l. 10 words

Free Classified Ads for items
(not live animals)
FOR SALE less than \$1,000.

One free ad per person.

All other terms:
20 words for \$5; \$2 for each
10-word increment.

Email copy to:
highlandseditor@aol.com
or FAX to 1-866-212-8913

Send check to:
Highlands' Newspaper
P.O. Box 2703
Highlands, NC 28741
828-526-0782

MOVING SALE

NOV. 28-30, FRI.-SUN., 10 -4 – All Clad Pots, Glass Top Vanity "Rags to Riches!" 2731 Cashiers Road. (US 64 and Flat Mountain Road.)

HELP WANTED

HIGHLANDS UNITED METHODIST CHURCH is actively seeking a responsible and energetic individual to fill the full-time position of Director of Children and Youth Ministries. Bachelor's degree or five years related experience required. Send resumes to HUMC, P.O. Box 1959, Highlands, NC 28741. Attn: Scott Roddy or email inquiries and resumes to humcsc@dnet.net.

SOUS CHEF – Experience required. Full time position available. Team player. Call 787-2200.

MLT or MT needed in the laboratory at Highlands-Cashiers Hospital. Second and third shifts available with an occasional weekend and holiday rotation. Registry of ASCP or equivalent is required. Must be able to work alone. 3-5 years experience as a generalist with blood banking is preferred. Full benefits, or the option to opt out of benefits for an increase in pay, available after 60 days of full-time employment. Pre-employment screening required. Call Human Resources at 828-526-1376 or apply online at www.hchospital.org.

PHYSICIAN BILLING MANAGER: needed at Highlands-Cashiers Hospital. Full time position available. Responsible for managing all billing procedures for the physician's offices. At least 3 years of office and insurance billing experience. CMA, EMT, or similar training and certification. Current training in coding is required. Full benefits, or the option to opt out of benefits for an increase in pay, available after 60 days of full-time employment. Pre-employment screening required. Call Human Resources at 828-526-1376 or apply online at www.hchospital.org.

RNs at Highlands-Cashiers Hospital and Fidelia Eckerd Living Center. Full, Part-time and PRN positions available for 12 hour day and night shifts. Excellent wage scale, with shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 30 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week,

medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1301 or apply online at www.hchospital.org.

CNA OR CNA II at Fidelia Eckerd Living Center. PRN positions are available. Our wage scale is \$11.00 to \$14.40 per hour, and you also receive shift and weekend differentials. Pre-employment substance screening. Call Human Resources, 828-526-1301 or apply online at www.hchospital.org.

WORK WANTED

WILL DO ODD JOBS, YARD WORK. JUST ASK. CALL 526 8525.

WILL DO MOST ANYTHING – clean houses, baby sit, caregiver. Call 526 8525.

CUSTOM TILE AND SLATE INSTALLATION. 828-526-4889.

PROFESSIONALLY TRAINED CHEF – with 15 years experience in 4 and 5 star restaurants available to prepare custom menus for you and your family. Your kitchen or mine. Will travel for specialty/organic ingredients. Long-term /year around or special event catering available. Special dietary needs accommodated. Please call 743-0649 or email eleanorcrowe@aol.com for consultation or questions.

RETAIL-BIZ SPACE FOR RENT

OFFICE SPACE NEAR NEW BASCOM GALLERY. Approximately 450 square feet. \$500 includes utilities. 526-5558

SAPPHIRE VALLEY – Beautiful 1,500 sq. ft. available Feb. 1 \$1995/month. Call 743-2299. 12/7

DEVELOPER CLOSEOUT! – Unit at Freeman Center on N.C. 106 available for Rent/Own at \$1,995 monthly or for sale at \$379,900. That's a purchase price of only \$165 per sq. ft. Call 526-5296 or 828-421-3161.

PRIME OFFICE SPACE FOR RENT – 800 sq. ft., air-conditioned, heated, plenty of parking. Call 526-5673.

RETAIL/OFFICE SPACE - 800 - 3,000 Sq Ft. Located in Highlands Plaza. Entrances on Hwy. 28 & 106. Great Visibility. High Traffic. Abundant Parking. Reasonable Terms. Best location in town. Call 864-630-0808 for info.

RESIDENTIAL FOR RENT

HOUSE FOR RENT, YEAR-ROUND, walk to town. 3/3, oil heat, hardwood floors, small pets ok. \$1,275 includes electric. 526-5558.

TURTLE POND 3bd/2 1/2b, hot tub, furnished, no smoking/pets Lease/lease purchase 828 526 2759 marbago@hughes.net (st. 11/27)

APARTMENT FOR RENT – 1 bed, 1 bath, living area, kitchen and utility room. \$750/month. \$300 security deposit. Rent includes utilities (electric, water, heat, local phone.) one-year lease. Prefer non-smoker. No pets. Unfurnished. Good for 1-2 people. Call 526-9494. (st. 11/13)

AVAILABLE DECEMBER 10TH. Prefer long term. Location: Off Buck Creek Road and Shortoff....Highlands mailing address. 4 bedroom plus bonus room (can be used as bedroom); 3.5 bath..year round house for rent, rent to purchase

or purchase. W/D, dishwasher. Walk in closet in Master on main; deck, water feature, two car garage. Loads of storage. Will rent partially furnished or unfurnished. NO smoking; prefer no pets; \$2,200/mo plus utilities. Require one month security deposit that CANNOT be used as final months' rent. Pictures available upon request. Please call Jim at 828.200.0723 for rental information. 12/4

LUXURY LONG-TERM RENTAL HOME W/ OFFICE – Convenient "Heart of Cashiers." Quiet lake. Furnished 3 bdrm/3 bath with large home office. www.nc-mountainhouse.com \$2,600/month + utilities. (828) 526-3704 or (828) 526-0169. 11/27

LOOKING FOR CLEAN, QUIET NON-SMOKER WITH NO PETS – to rent furnished 1 bed, 1 bath apartment. \$600 includes all basic utilities. Cheaper with one year lease. Call 526-0079.

HOUSE FOR RENT AND SALE – 3/2 w/ office, great roommate plan 1600 sq. ft., gated community, Scaly Mt. half way between Highlands and Clayton, access to 17 acre lake and hiking from 424 sq ft porch or watch sun rise from 424 sq. ft. deck. \$1,200/mo plus utilities. Internet and satellite available. No children, pets, or ATVs; house actively being shown for sale during rental. Call Pat 828-243-9646 re rent or Becky 828-526-2475 re sale. pscherrer@mindspring.com

DOWNTOWN APARTMENT RENTAL – One bedroom (Queen), one bath, vaulted ceiling in great room, heat and air with gas fireplace. Fully furnished with W/D, cozy and comfortable. \$750 a month plus utilities. Call 526-2598 or 421-3614.

1 BED, 1 BATH and small room with bunk beds on Lake Sequoyah. Furnished, two boats. \$1,000 a month including utilities except phone. Call Tony at 828-332-7830.

SAPPHIRE NC – 2 Story 3Bed/3 Bath, Yr round views, 2 decks, remodeled, Furnished, 2 car garage. Available yearly or seasonal. 561-626-9556

2 BDRM, 2 BATH CONDO AT HIGHLANDS MTN. CLUB, next to Highlands Country Club. AC, gas logs, hwd floors, fully furnished. One small pet allowed. Deck & screened porch. In city limits. Amenities include heated pool, road & entrance snow removal. \$875 per month. 828-200-0786.

2 BED, 2 BA HOUSE – Carport, Storage, Garage. \$800 a month. In Scaly. Call 423-715-7757.

2 BED, 2 BA, COTTAGE – W/D, 2 miles from town off Cashiers Road. Garage/basement, covered deck. \$925 a month. Call 864-944-1175.

FURNISHED 3BD/2BATH HOUSE IN MIRROR LAKE area available for 6-12 month lease \$1200+ utilities. Call 770-977-5692.

ATTRACTIVE 2 BEDROOM, 1 BATH APARTMENT available for immediate occupancy. Desirable Main Street location features balcony, large kitchen with dishwasher, spacious laundry equipped with washer and dryer. Recently renovated. No smokers and no pets. Call John for details. 526-5587. References required.

TURTLE POND 2 bed/2 1/2 bath, hot tub; furnished; no smoking/pets 828-526-2759.

3BR, 2BA COTTAGE NEAR MIRROR LAKE

– In town. \$1250 per month. Very clean. 770-977-5692.

ON MIRROR LAKE – Charming 3 bed, 2 bath. Huge sunroom, stone fireplace, 3 decks, canoe, furnished. Available Nov-May. \$1,500 a month plus utilities. Call 770-435-0678.

COTTAGE FOR RENT – 1BR, 1BA in town @ Chestnut Cottages. Private, screen porch, Heat/AC, FP, extra sleeping loft, furnished or unfurnished. 6 month lease - \$750. monthly plus utilities. Call 526-1684.

VACATION RENTAL

HIGHLANDS COUNTRY CLUB – Sorry, golf and club privileges not available. \$2,495 a week. Call 912-230-7202.

THE LODGE ON MIRROR LAKE – Fish or canoe from deck. Available weekly, monthly, No min. Call 828-342-2302.

REAL ESTATE FOR SALE

OWNERS MOTIVATED! LOWEST PRICED LOT IN DESIREABLE PINCHOT DEVELOPMENT IN CASHIERS. – 3.04 acres. Flat, ready to build. Priced to sell. \$399K. Lot 32B. Call Elain at 706-746-5220 or Leif at 954-551-9271. 11/27

ITEMS FOR SALE

MAYTAG WASHER & DRYER – \$350 FOR BOTH. ALSO, 13" SONY DIGITAL TV \$75. ALL VERY GOOD CONDITION. CALL 526-2710.

125-Gallon All-Glass aquarium - over 6 feet in length, was a salt-water shark-only tank. Comes with Eheim Pro series-2 external canister filter, and optional mahogany base. Will settle for \$500; base, extras and help moving it are optional but free. Call cell 828-342-2809

HEALTHRIDER N35 RECUMBENT BIKE – Five programmed workouts, heart rate indicator. \$150. After 6 p.m. call 787-1264.

CHRISTMAS TREES. Fraser Firs available on Helen's Barn Ave. between the back of motel and drug store. Between 3rd and 2nd streets.

DRY, HARDWOOD, FIREWOOD – Priced to Sell! Call 828-526-4946 or 828-200-0268.

SMALL EMERALD AND GOLD RING. Originally \$300 Asking \$175. 828-631-2675 after 5 p.m.

BABY LOCK SERGER MACHINE with extra spools of thread. \$200.00 828-631-2675 after 5:00 p.m. Sylva area.

REDUCED! 52" BIG-SCREEN TV RCA Home-Theater edition, with guide-plus gold. Moving and its too big to take. \$375 or OBO; this TV is in great condition and has a perfect picture, purchased at Circuit-city. Allows for 480P HD through Direct-tv. Call cell: 828-342-2809

YARD MACHINE LEAF MULCHER – purchased at Lowes. Used only a few times \$350. 526-5056.

SIX CEDAR ADIRONDACK CHAIRS – custom made. \$100 each or all for \$500. Call 526-3824.

LENEX CHINA "AUTUMN" PATTERN – \$125 for 5-piece place setting or sell by the piece at 20% below store prices. Call 526-0498

\$5. for 20 words weekly

• CLASSIFIEDS •

\$2. for each add'l. 10 words

3-PIECE BEDROOM SET – Oak veneer. one dresser, one desk, one chest. \$300. Call 526-5772.

NEW BAUM BROTHERS CHINA. Service for 8- with serving pieces-white with gold trim, In original box \$150. for set. Call 526-3251

STONE AVAILABLE – Assorted. 14 pallets. \$200 per pallet. Call 526-9532

MARTIN-C-1740 UNVENTED GAS HEATER – with oxygen depleting sensing system. BTU 40,000. H. 14 24 3/4 W. 25" D. 13". Fan blower-model B35. \$125. Call 526-5640.

BEAUTIFUL, KNOTTY PINE WOOD ENTERTAINMENT CENTER WITH POCKET DOORS. Will hold up to a 31" TV. \$100. Call 369-5863.

TWO 19" PORTABLE TELEVISION SETS. Perfect for rentals or spare rooms. \$20 each. Call 369-5863.

ANTIQUE WOODEN ROCKING CHAIR FROM LATE 1800'S. Fully refinished. \$100. Call 369-5863.

AVON CAPE COD RED GLASS – 8 piece place setting. 64 pieces. \$385. Also, accessory pieces available. Call 828-524-3614.

SET OF 4 ORIGINAL RIMS/TIRES FROM TOYOTA SOLARA – 16" x 6 1/2" with mounted Bridgestone Potenza tires 215-60-R16 M&S. \$500. Call Wolfgang at 526-8396 or 526-4603, evenings.

ANTIQUE WALNUT DINING TABLE with two 10 1/2 inch leaves, \$250; six oak pressed back chairs. Very good condition. \$300. Whirlpool upright freezer, \$100; 80,000 BTU propane central heat unit, \$100 and 60-gallon propane hot water heater, \$75. Call 526-0036 or 421-1159.

DESK (LARGE) WITH MATCHING CREDENZA, oak, leather chair. \$850. Call 743-6869.

4 BOARD PINE DINING TABLE - \$300. Early American New England spinning wheel - \$225. 526-2671

GOLF CLUBS CLASSIC – SET OF MacGregor Tourney 9 irons (2-9 P.W.) 1980. Per-simmon Drivers, new. \$50. Used \$25. Also miscellaneous items cheap. Call 706-746-3046. (Sky Valley).

DOUBLE UPHOLSTERED HEAD BOARD with 4 matching valences. \$35 for all. Blue and yellow plaid. Call 526-3251.

MR. HEATER – 75,000 BTU. Forced Air Heater. Like New. \$110. Call 526-3206.

TABLE SAW – 9" with 4" Joiner. All one stand. \$75. Call 526-3206.

PFALTZGRAFF "HEIRLOOM" DISHES. Complete service for 8 plus numerous serving pieces, extras and accessories. Too much to list. \$300 Call (828) 631-2675 after 5 p.m. Sylva area.

JESSICA MCCLINTOCK VICTORIAN STYLE WEDDING DRESS. Very unique. Size 11/12. \$200. Call (828) 631-2675 after 5 p.m. Sylva area.

MAN'S FORMAL (MID-LENGTH) WESTERN STYLE BLACK COAT. Size 46. Worn once. Bought at Stages West in Pigeon Forge. \$150. Call (828) 631-2675 after 5 p.m. Sylva area.

8 SOLID OAK, LADDERBACK dining room chairs with woven seats. \$800 for set. Call 526-3048.

UNUSUAL OLD OAK ROCKER. \$225. Call 526-3647.

1930S CHILD'S WICKER ROCKING

CHAIR. \$175. Call 526-3647.

1930S WICKER DOLL CARRIAGE. \$200. Call 526-3647.

OLD OAK MIRROR TOWEL RACK. \$85. Call 526-3647.

TWO LOW-BACK SOUTHWESTERN-LOOKING UPHOLSTERED CHAIRS. \$400. Call 526-5056.

RED WICKER CHAISE LOUNGE WITH PAD. \$250. Call 526-5056.

5-PC BEDROOM SET C.1920 Bed/Chest of Drawers/Vanity-stlye Dresser/Stool/Mirror. Rosewood inlay. Original brass hardware. Good condition. \$995. 828-200-1160 or highlandsnative@yahoo.com

CRAFTSMAN 10" RADIAL ARM SAW WITH STAND. Old but used very little. Excellent working condition. \$150. 828/787-2177.

HEWLETT PACKARD 15" CRT MONITOR in good working condition with all connection cord included. "FREE." Call Randy at 828-488-2193.

COLONIAL GLASS – set of 12 Sherbet Goblets, and dessert plates. \$35. Call 526-4063.

TANZANITE LOOSE STONES: I have for sale 10 gorgeous oval cut 1-carat Tanzanite stones which would make beautiful earrings, bracelet, necklace, or a cluster ring. These stones are AAA+++ quality grade. Each stone is priced at \$400 each or discounted for a multiple stone purchase. Call 828-488-2193 and ask for Randy.

WATER PURIFYING CHLORINATOR PUMP with large heavy duty plastic holding tank. Was \$75. Now \$50. Call Randy at 828-488-2193.

PLASTIC OUTDOOR TABLE: Hunter green 36"x36" in like new condition. \$10. Call Randy at 828-488-2193.

DECK CHAIR WITH MATCHING FOOT RESTS – \$20. Call 526-5367.

DRESSING MIRROR – \$5. Call 526-5367.
STEEL TYPEWRITER TABLE – \$5. Call 526-5367.

TWO TWIN CREAM COLORED BEDSPREADS – \$6 each. Call 526-5367.

3-TIERED GLASS CORNER SHELF \$10. Call 526-5367.

TWO ELECTRIC WATER COOLERS for sale. Approximately 38" tall x 12" square. Put bottled water on top. \$50 each. OBO. Call 526-3262

7 JIM SHORE LAMPS BY ENESCO For sale. Call 828-787-1292. Prices range from \$70-\$125.

FREE BRICK FRONT FOR BUILT-IN FIREPLACE. W-68", H-52" Call: 828-349-3320

LENOX SPICE JARS, full set mint condition, original price \$45 each. Also jewelry call 369-0498. 7-9 p.m.

GEISHA GIRL NIPPON TEAPOT, rattan bails handle circa 1891-1921, Creamer/Covered Sugar Set, Tea set/ rice bowls 369-0498 7-9 p.m.

GREEN PRINT VELOUR SWIVEL ROCK-ER, new, \$250; blue stripe club chair w/ottoman, like new, \$175; large pine armoire, like new, \$200; Simms X-large waders w/attached boots, bought at Highland Hiker, used 3 times, \$250. Call Beatrice or Dennis at 743-5600.

JEEP RIMS – 17-inch aluminum factory rims off 2005 Jeep Liberty 4x4. Brand new! Complete set of 4 \$800. Valued at \$265 each. Call 706-982-2254.

THREE "HOUSE OF DENMARK" BOOKCASES – walnut, 3' x 6', containing TV, tape player, turn table, radio/CD. Sold as an entertainment unit including 2 Advent speakers. \$550. Call 526-9273.

MISC. ITEMS – Various proof coin sets, old 78 LP, Old Walt Disney movies (never opened); Girls' bicycle; Collectible Basketball Cards (never opened). Call 526-9123.

MASSEY FERGUSON DIESEL DELUXE 35 WITH POWER STEERING. Completely rebuilt, repainted, new tires. Includes scrape blade, and an 8,000 lbs. tandem axle trailer. Sharp Package! \$6,000. Call (828) 526-1684 and leave message.

BEAMS, FLOORING AND ENTIRE STRUCTURES: HAND HEWN BEAMS. Beautiful material, large faces, \$3.50-\$4.50 per board foot. Wormy white oak flooring (milled w/ a t&g), 6-12" widths, \$8 per ft. Original, reclaimed white and yellow pine flooring, random wide widths (6-16") \$6/ board ft. Wide barn siding, \$3/ft. Also historic log cabins and barns ready to reassemble. 215-529-7637. Delivery available.

ANTIQUE CHERRY DINING TABLE – drop-leaf. rope carved legs. Seats 4-10 people. \$1,500 obo 828-787-1515

DELUXE VENTED GAS heater high btu, slightly used, \$100. 524-6038.

CUSTOM DECK SET – Painted aluminum Love seat & club chair with laminated waverly cushions. \$125. Call 526-1078.

ANTIQUE BEAMS, FLOORING AND STRUCTURES: Hand hewn beams in oak and yellow pine. Beautiful material, large faces, \$3.50-\$4 per board foot. Original, reclaimed white and yellow pine flooring, random wide widths (6-16") \$6/board ft. Also selling entire log and timber frame structures. 215-529-7637 (www.jcwoodworking.info)

VEHICLES FOR SALE

1997 FORD F250 CREW CAB — 4WD. 75,000 original miles. 460 8 CY, 5 SP, Short WB, Black, one owner. 35" tires. 3" lift. \$8,500 or OBO. Call 526-3824.

1984 JEEP CJ7 – Rebuilt 304. 10,000 miles. 8 CY, 4 SP, 4WD, Front Bush Guard. 35" tires. 6" lift. Headers. Good condition. \$8,500. OBO. Call 526-3824.

02 DUTCHMEN 27' LITE TRAVEL TRAILER. – Slidout. Queen MBR, sleeps 6. \$12,000. OBO. Call 526-3824.

15-FT. DUAL AXLE TRAILER FOR HAULING TRACTORS – Worth \$750. OBO. Call 526-3824.

SERVICES

HANDYMAN SPECIAL – Repairs and Remodeling, Electrical and Plumbing, Carpentry and more. Low prices. For free estimate call 828-342-7864.

RELIABLE CHILD CARE IN MY HOME – Minutes from Highlands-Cashiers Hospital. Daily/ Weekly. 12 years experience, referemces and Early Childhood credentials. \$5 per hour for first child, \$10 a day for second sibling. Call 743-2672.

Highlands' Newspaper
Internet Directory

The PDF version of
Highlands' Newspaper
on

www.HighlandsInfo.com

is downloaded more
than 3,000 times a
week and the internet
directory -
HighlandsInfo - gets
more than 1,316 visits
a day.

People read your ad on
the street & on the
web.

**CUSTOM TILE AND SLATE
INSTALLATION.** 526-4889. 1/21

HOUSE & PET SITTING – References Available. Call 443-315-9547. 11/27

DESIGNATED DRIVER – Available now through Jan. 1. Call 526-3824.

HOUSEKEEPING – Saturday and Sunday mornings. Call Kim at 828-482-2105.

LANDSCAPE CLEANUP – leafs, gutters and more. Call Juan at 200-9249 or 526-8525.

COMPLETE LAWN SERVICE - All Levels of Lawn Care at Competitive Rates . Design, Installation, & Maintenance. No Job Too Small or Too Large. 30 Years Experience. For Free Quotes, References, or Scheduling, Please Call: 526-1684.

CLOCK REPAIR - Antique or modern, complicated antique clocks are my specialty. Experienced and dependable with housecalls available. Call 706.754.9631 or visit my website at www.oldclockrepair.com. Joseph McGahee, Clock-maker.

FIREWOOD "Nature Dried" Call 526-2251.

HIGHLY SUCCESSFUL HEMLOCK WOOLLY ADELGID TREATMENT & FERTILIZATION – Great Results by J&J Lawn and Landscaping services. NC Licensed Applicator, Highlands, NC 828-526-2251.

J&J LAWN AND LANDSCAPING SERVICES – total lawn care and landscaping company. 20 years serving Highlands area. 828-526-2251.

SHIPPING SERVICES - STORK'S WRAP, PACK & SHIP UPS Ground & Next Day Air services and large furniture shipping available. Packing services and/or supplies. Gift wrapping and fax services. 323 Hwy 107 N., Cashiers, NC (1/2 mile from crossroads) (828) 743-3222.

HIGHLANDS SHUTTLE SERVICE – Atlanta Airport Shuttle. Drive -Away • Auto Delivery. All Out-of-Town Trips Driving Services. Call 526-8078.

Wholesale Down Comforters & More!



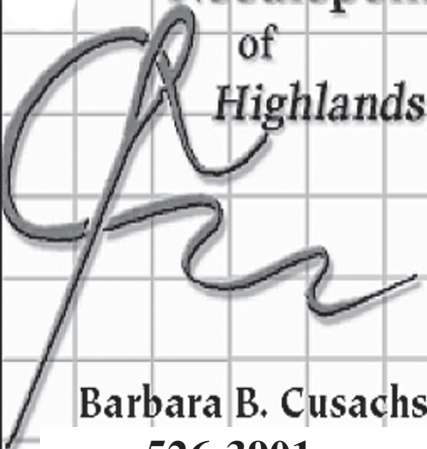
- 400-800 thread count sheet sets
- Down alternative comforters
- Pillows and MORE!!

526-4905

Next to Farmers Market on the Main Street side

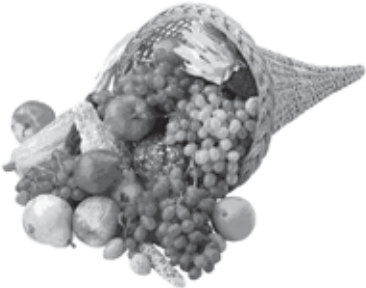
Monday-Saturdays
10 a.m.-4 p.m.

Needlepoint of Highlands



Barbara B. Cusachs
526-3901
800-526-3902
210 N. 5th Street • in Village Square


Got a house or land to sell?
Sell it in Highlands' Newspaper.
\$5 a week for 20 words, or
\$29 a week for picture ad.
Call 526-0782 or
email: highlandseditor@aol.com



If the only thing plentiful in your life this holiday season is car problems, call us!
You'll be thankful you did!

- Oil change
- Winterization
- Tune up
- Brakes
- Batteries

Manley's Auto & Towing
526-9805
James "Popcorn" Manley
Owner/Operator





AUTO INSURANCE



WAYAH INSURANCE

Auto-Owners Insurance

ONE AND THE SAME

Call Wayah at
526-3713
or stop by the office on
Carolina Way

• BUSINESS NEWS •

Bel Canto donates the The Bascom and to the Highlands School music program

For the sixteenth year since its inception Bel Canto has once again donated to the Bascom permanent collection and to the Highlands School music program. \$10,000 was donated to the Highlands School for its music program. left are Linda Steigleder, Executive Director of the Bascom accepting a \$10,000 check from W. Stell Huie, Chairman of the Bel Canto Steering Committee in front of "Sunflowers" painted by Amelia Curtis which was previously purchased for the permanent collection of the gallery.



Above, Highlands School principal Brian Jetter and music teacher/band director John Gorecki accept a \$10,000 check from Mr. Huie.

H-C Hospital Auxiliary quilt winner



Mrs. Natalie Niemi of Phoenix, AZ, displays this year's Wildflower Quilt the was raffled off last month at the Fall Craft Show by the Highlands-Cashiers Hospital Auxiliary. Mrs. Niemi purchased the winning ticket while in Highlands visiting relatives earlier in the summer. The raffle raised some \$2,500 for the hospital. Each winter Auxiliary members, such as Jolene Niblack, Elaine Reynolds and several others, draw and then embroider local wildflowers and plants on fabric panels, which are then made into the highly-prized quilts by well-known local quilter Hazel Miller. This was the 17th quilt raffled for the hospital by the Auxiliary.

... SHERIFF continued from page 7

office, Jeffery Thompson was arrested and bond by a Mecklenburg County Magistrate was set at \$102,500.

"While the SBI investigation continues, I remain confident that the use of force was justified as well as appropriate and I continue to stand behind the actions of my officers completely," said Sheriff Holland. "As evident from an in-car-camera that recorded the incident, Deputy Briggs gave Mr. Thompson significant opportunity to comply but instead he chose to continue approaching Deputy Briggs in a threatening manner, just as he did others on that day."

Sheriff Holland said officers have an obligation to secure a scene, investigate an incident and keep everyone safe including themselves and that is exactly what the officers

did on October 19th.

Thompson's charges include: 2 (F) Counts of Attempted Larceny, 2 (F) Counts of Attempted Kidnapping, 1 (F) Count of B&E of Motor Vehicle, 1 (M) Count of Assault on Government Official, 1 (M) Count of Resisting a Public Officer, 1 (M) Count of Assault on a Female, 2 (M) Counts of Communicative Threats, 2 (M) Counts of Disorderly Conduct, and 1 (M) Count of Simple Assault.

Thompson's trial date has not been set at the time of this release.

Macon County's LBJ Job Corps is one of several facilities in North Carolina that provides youth with the chance to learn a trade and get a high school diploma or GED.

... EDWARDS continued from page 3

6% annually.

Edwards said when he first joined the school board, long-time Macon County School Superintendent Lonnie Crawford told him if he always put the students first he'd be able to look himself in the mirror everyday. "I've tried to do that," said Edwards. "And I thank the voters of Macon County for trusting in me to do the job for five terms."

Both Edwards, Swank and architect Mike Watson, who was at the meeting seeking permission to bid out the K-4 school and to present portico and covered walkway plans for Highlands School, said the positive relationship between the Macon County Commission and the school board can not be overstated.

"I've never seen anything like it," said Watson.

Swank said she's proud that the commission and school board worked so well together.

"I hope the incoming board members on both boards can keep that tradition alive," said Edwards.

Brigman presented Edwards, McCoy and Swank with plaques of appreciation.

The new school board members – Bobby Bishop, Frieda Bennett and Jim Breedlove – will be sworn in 9 a.m. Dec. 1 followed by an executive meeting. The December school board meeting will be Monday, Dec. 15 at 6 p.m. at the central office in Franklin.

– **Kim Lewicki**

\$17 weekly

• SERVICE DIRECTORY •

\$17 weekly

Highlands Concierge • 526-5407 or 828-200-1237

**Trees Installed and Decorated
With Your Ornaments or Ours
Elegant Lighting
Seasonal Arrangements
Fancy Gift Wrapping
Personal Shopper
Removal and Clean up
Kiln-dried firewood**



"Relax...it's taken care of!" – Suzanne McDavid

Michael David Rogers

Native grown trees and plants
Erosion Control Specialist
Landscape Installation
& Maintenance

515 Wyanoak Drive • Highlands
828-526-4946 or 828-200-0268
tinarogers@nctv.com



Santa visits, too!

William & Ruby Shaheen

Creative Decor

828-526-4890
Free Consultations
Santa Visits

Decorating for All Occasions & Holidays

~ Interior & Exterior ~

Nurseries • Childrens Rooms • Dinner Parties
Residential • Commercial • Churches

P.O. Box 187 • Scaly Mountain, NC 28775 Email: popngran1@verizon.net

J&J Lawn and Landscaping

Serving Highlands & Cashiers for
20 years!

Phone: 526-2251

Toll Free: 888-526-2251

Fax: 828-526-8764

Email: JJlawn1663@verizon.net

John Shearl, Owner • 1663 S. 4th St. Highlands



DETAILS

A new kind of home service

Expert cleaning and home care by someone who pays distinct attention to details. Private homes and vacation rentals. White-glove service, organic products, and demonstrations upon request. If you've entrusted the care of your Highlands home to someone in the past and been disappointed, please contact me for a consultation. Highlands resident. References available. Please call (828) 342-8853 or e-mail tanfenton@yahoo.com.

Runaround Sue Pet Sitting



• Healthy Homemade Treats
• Birthday Parties
• Pet Photos
• Hand-crocheted Dog Clothing

Sue Laferty
P.O. Box 1991
Highlands, NC 28741
(828) 526-0844
slaferty@verizon.net

Don't Scream...

Get the help you
need with

TempStaffers!

Quality help for a day, a week, a season.

526-4946 • 342-9312



**FIREWOOD
(Dry Hardwood)
for SALE.**

Priced to SELL!

Call 526-4946 or 200-0268

Kenneth M. Crowe
RESIDENTIAL CONTRACTOR

Repair & Maintenance

(828) 526-5943 HIGHLANDS, NC

**Allan Dearth & Sons
Generator**

Sales & Service, Inc.

828-526-9325

Cell: 828-200-1139

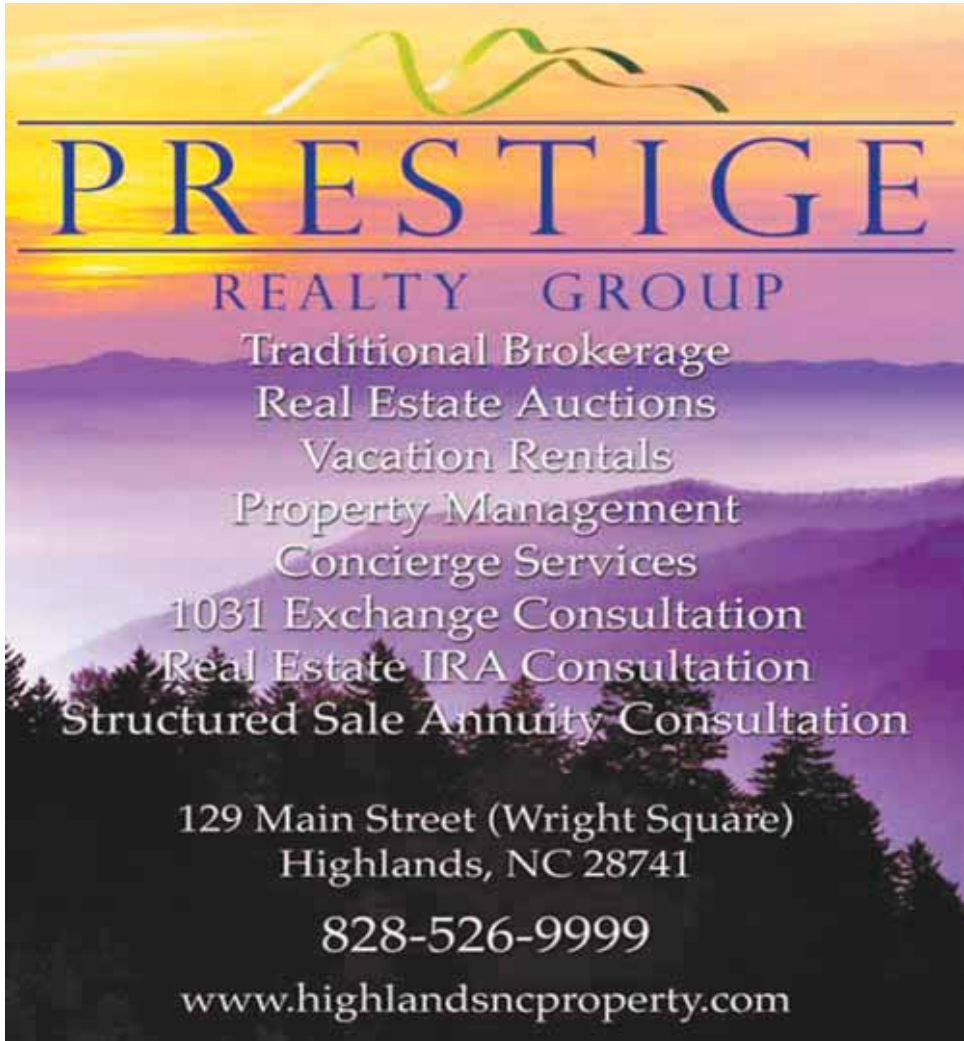
email: allandearth@msn.com

**Climate Controlled
Self Storage**

• Units Available •

**Highlands Storage
Village**

828-526-4555



PRESTIGE

REALTY GROUP

Traditional Brokerage
Real Estate Auctions
Vacation Rentals
Property Management
Concierge Services
1031 Exchange Consultation
Real Estate IRA Consultation
Structured Sale Annuity Consultation

129 Main Street (Wright Square)
Highlands, NC 28741

828-526-9999

www.highlandsncproperty.com

POLICE & FIRE DEPARTMENT ENTRIES

The following are the Highlands Police Dept. log entries for Nov. 19-25. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Nov. 19

- At 2:45 p.m., officers performed a welfare check at a residence on Horse Cove Road. Everything was OK.
- At 8:14 p.m., officers performed a welfare check at a residence on Horse Cove Road. Everything was OK.

Nov. 21

- At 11:40 p.m., a motorist at Main and Third streets was cited for speeding 32 mph in a 20 zone.

Nov. 24

- At 6:30 a.m. a motorist on N.C. 106 was cited for speeding 50 mph in a 35 zone.
- During the week, officers issued 6 warning tickets and responded to 2 alarm activation.

The following are the Highlands Fire & Rescue Dept. log entries for the week of Nov. 19-25

Nov. 19

- The dept. responded to an alarm at a residence on Whiteside Mountain Road but it was false.
- The dept. responded to a call of a chimney fire at a residence on Clear Creek Road. The fire was in the flue and it was extinguished. There was

no damage.

Nov. 21

- The dept. responded to a two-vehicle accident on U.S. 64 east at the hospital due to road conditions. There were no injuries.
- The dept. responded to a two-vehicle accident on U.S. 64 east at Apple Mountain due to road conditions. There was one minor injury.
- The dept. responded to a call of an overdue motorist on his way back from Jackson County.

Nov. 22

- The dept. responded to an alarm at a residence on Hickory Lane. It was false.
- The dept. responded to a call of a possible structure fire on Azalea Lane but it was the ash dump in the fireplace on fire. It was extinguished.

Nov. 23


- The dept. provided mutual aid to the Satolah Fire Dept. to stand by at their department while they fought a structure fire.

The following are the Macon County Sheriff Dept. log entries for the week of Nov. 19-25. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Nov. 19

- At 11:30 a.m., deputies responded to an alarm at a residence on Hickory Nut Gap. All was


•See POLICE page 35



The Lodge at Mirror Lake Bed & Biscuit

or

Your Private Vacation Rental Home for Couples or Small Groups



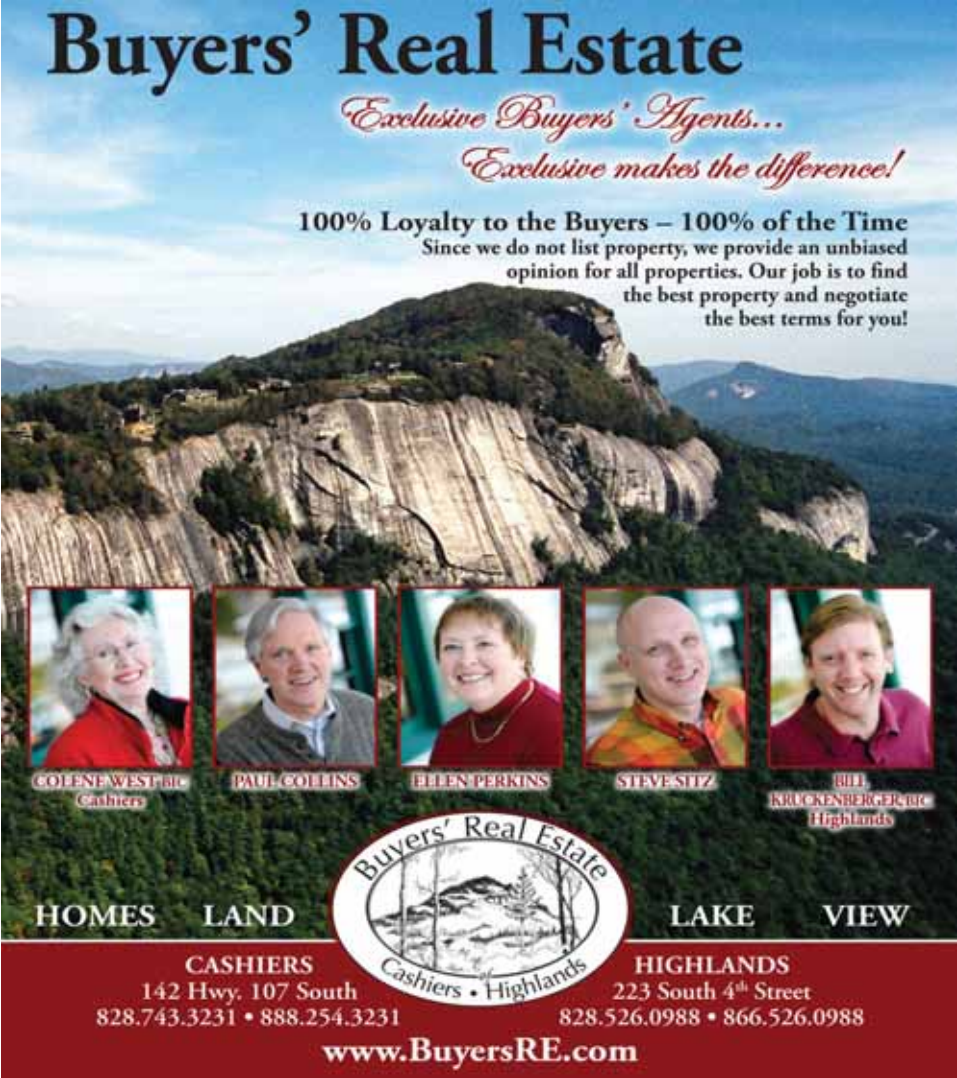
828-342-2302






www.thelodgeonmirrorlake.com

Buyers' Real Estate

Exclusive Buyers' Agents...
Exclusive makes the difference!

100% Loyalty to the Buyers – 100% of the Time
Since we do not list property, we provide an unbiased opinion for all properties. Our job is to find the best property and negotiate the best terms for you!






COLENE WESTFALL
CASHIERS

PAUL COLLINS
CASHIERS

ELLEN PERKINS
CASHIERS

STEVE STITZ
HIGHLANDS

BILL KLUCKENBERG
HIGHLANDS



HOMES LAND LAKE VIEW

CASHIERS
142 Hwy. 107 South
828.743.3231 • 888.254.3231

HIGHLANDS
223 South 4th Street
828.526.0988 • 866.526.0988

www.BuyersRE.com

Second Home ...First Love



- 3 BR/2 BA
- Mountain Styled
- Custom Kitchen
- Tiled Baths
- Cypress Floors
- Gated Comm.
- Garage
- HVAC
- Granite Tops
- Pro. Designed
- Golf Front
- \$750,000

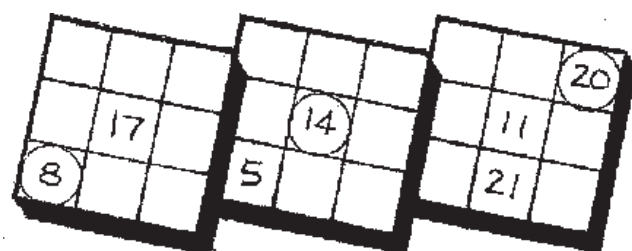


MEADOWS MOUNTAIN REALTY

Contact us at 866-526-3558
for more information.

• FUN & GAMES •

PseudoCube®



#DN3F Level of Difficulty – Moderate

THE SETUP:

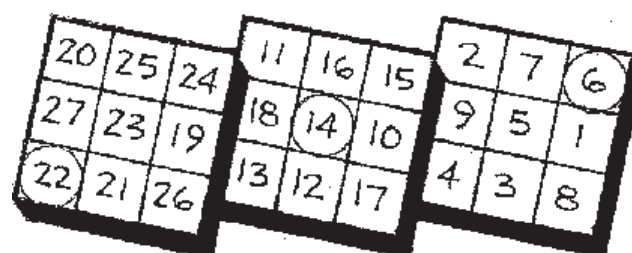
The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equalling the total of the three center numbers. One of the diagonals is shown with circles.

THE CHALLENGE:

Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

Email: pseudocube8@aol.com.

Solution to #BN2F in Nov. 20 issue



Sudo-Grams®

2008

by Pete Sarjeant and Don Cook

OBJECT:

A mystery word or phrase using all different letters is designated by circled squares (other short words will appear when solving, for which a list of meanings is provided). Every puzzle has a different mystery word or phrase (no spaces). Assign different letters to each square of each column and row. In addition, various cells (six, eight or nine) in the puzzle layout have the same different letters (this is like Sudoku but uses letters instead of numbers).

How to Solve:

Determine the different letters among those given. Write in the mystery word using the clue and these letters. Other small words will appear in the puzzle. As in conventional crossword puzzles, a list of meanings for these Across/Down words is given and number positions shown. Doing them will speed up your solution to the puzzle. Using your powers of induction, inference and insight, place missing letters in blank squares according to the rules noted above. Focus your attention where the least number of letters are needed to complete a line, column or cell.

Mystery Word

#F606

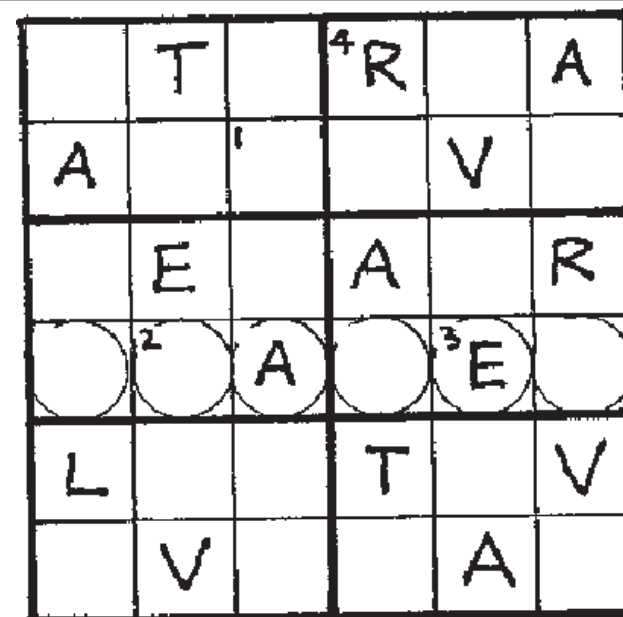
To Proceed (6)

Across

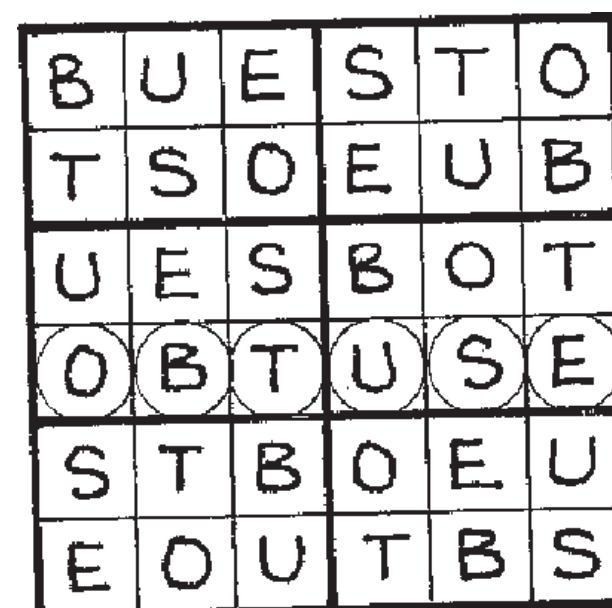
1. Revolution (Abbr.) (3)
2. To babble excitedly (4)

Down

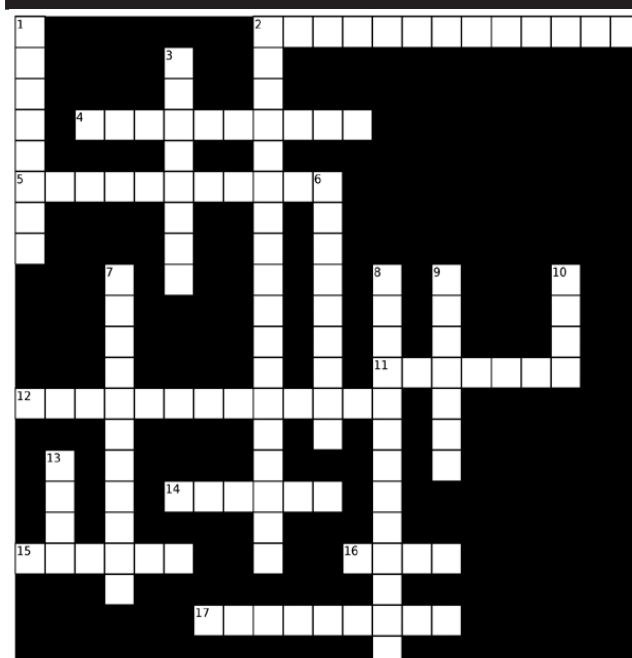
3. Time Period (3)
4. Second musical note (2)



Solution to Nov. 20 Sudo-Grams



RYAN POTTS CROSSWORD PUZZLE



College Basketball Hall of Fame

I will name the college hoops Hall of Fame coach and you provided the school where he or she obtained the majority of their wins.

Across

2. Dean Smith
4. John Thompson
5. Geno Auriemma
11. Lute Olsen
12. Leon Barmore
14. Ray Meyer
15. John Chaney
16. Don Haskins
17. Pete Carril

Down

1. Adolph Rupp
2. Everett Case
3. Jim Boeheim
6. Pat Summit
7. Van Chancellor
8. Henry Iba
9. Bob Knight
10. John Wooden
13. Mike Krzyzewski

... POLICE from pg. 34

secure.

• At 2 p.m., Rex Miller, 70, of Highlands, arrested for failure to appear in court on charges of 2nd degree trespassing. He turned himself in at the magistrate's office, posted a cash bond and was released.

Nov. 20

• At 10:30 p.m., deputies responded to a call of a breaking and entering with larceny at a residence on Maplewood Lane. The case is under investigation.

Nov. 21

• At 10:14 p.m., deputies responded to an alarm at a residence on Highgate Road. All was secure.

Nov. 22

• At 5:30 p.m., deputies responded to a call of a burglary with larceny and forced entry at a residence on Hurrah Road where \$1,200 in household goods was reported stolen. The case is under investigation.

Find It All On This Map

HighlandsInfo.com - #1 Directory For 5 Years

Upscale Lodging, Fine Dining, Unique Shops & Best Realtors

Waterfalls & Day Trips

Just Google
Highlands or Highlands NC

Cullasaja Falls
* Gem Mining

Bust Your Butt Falls

Cliffside Lake
Bridal Veil

Dry Falls

Scaly Mtn
BP Gas
Fire Mtn

Chinquapin
Xmas Trees
Peak Experience

Highlands
HOSPITAL
Wildcat Cliffs
Cullasaja Club
Giant Poplar

Whiteside Trail
Sliding Rock

Chattooga Trail

Chattooga Iron Bridge

Sapphire Valley

Twigs At Highlands Edge

Comm. Ctr. BaseBall

Whole Health Market

Civic Center Rec. Park

Performing Arts Center

Community Players

Madison's Wine Spectator

Wolfgang's Wine Spectator

Paoletti's Wine Spectator

ACE HARDWARE
Doors & Windows
Paint & Artistic Stone
Birdseed & Grills
Everything You Need
In Town - 3'd & Main

"We Cut The Best Steaks In Town"

Dusty's Market

Cyprus
Live Music - Cyprus

Taylor Barnes

Xmas Trees @ Peak Experience
3 Miles Hwy. 106

The Farm & Highlands C.C.
1 Mile Hwy. 106

Summer House & Tin Roof
2 Miles Hwy. 106

Manley's Auto Service
J&J Lawn & Landscaping
<<< 1 Mile Hwy. 28s

2008 Highlands Map

Please support our advertisers - They make this newspaper possible

DINING	DINING	Fashion	Antiques
1 Brick Oven	13 Nick's	1 AnnaWear	1 Acorns
2 Buck's	14 Oak St Cafe	2 Bear Mt. Outfit.	2 Chinz
3 Cyprus	15 On The Verandah	3 Bungalow Boutq.	3 CK Swan
4 Don Leon	16 Paoletti's	4 Jackson Madeleine	4 Mirror Lake
5 Fireside	17 Pizza Place	5 McCulley's	5 Scudder's
6 Fressers Eatery	18 Rib Shack	6 Needle Point	Galleries
7 Fressers Express	19 Rosewood	7 Silver Eagle	1 Bryant Art Glass
8 Golden China	20 Skyline Lodge	8 Stone Lantern	2 Mill Creek Gallery
9 Kelsey Place	21 Sports Page	9 Wit's End	3 Tin Roof Gallery
10 Lakeside	22 SweetTreats	10	4 Tino Gallery
11 Log Cabin	23 Wild Thyme	11	5 Summit One
12 Madison's	24 Wolfgang's	12	

Reserve now for our Dec. 31 "Realty For Sale" section
(remember your ad is included for FREE in our Internet PDF version)

Beauty	Home Decor	Real Estate
1 # 1 Nails	1 Acorn's	1 Buyers
2 All Seasons	2 Dry Sink	2 Caralina Mtn Br.
3 Creative Concepts	3 Dutchmans	3 Century 21
4 Head Inovations	4 Out On A Limb	4 Chambers
5 Images Unlimited	5 On The Rocks	5 Country Club
6	6 Shiraz Rugs	6 Green Mountain
7 Mountain Rayz	7 Summer House	7 John Cleaveland
8 Pro Nails	8 Twigs The Season	8 John Schiffli
9 Taylor Barnes	9 Twigs	9 Meadows Mtn.
10 The Salon	10 Wholesale Down	10 Prestige Realty

Lodging

- 1 Fire Mountain
- 2 Hampton Inn
- 3 Highlands Inn
- 4 Highlands Suites
- 5 Millstone Inn
- 6 Mirror Lake Lodge
- 7 Mtn. High Lodge
- 8 Old Edwards Spa
- 9 Skyline Lodge
- 10 The Lodge

Real-Time Weather & WebCam

NewsPaper

Santa

Country Club Prop. Fireside Restaurant RARITIES

Don Leon

Exxon

Nick's

Marathon Gas

Fibber Magee's

Mt Findings

SweetTreats Ice Cream & Eatery

Wayah Insurance

Wild Thyme

MovieStop

Carolina Way

ATM Bank Amer.

CK Swan

Village SQ

Drug Store Hen & Cafe 460

House

Old Edwards Inn & Spa

Acorns

Country Club Prop. Concepts

Episcopal

Presbyterian

Hudson Library - Bascom Gallery

Child Care

McCulley's

Basketcase

The Lodge

Rib Shack

Live Music

Cleaners

Northland Cable TV

Highlands School K-12

Peggy Crosby Center

Mtn. Rayz

Lakeside Wine Spectator

HARRIS LAKE

Live Music The Rib Shack Thurs. & Fr. 7-10 p.m.