

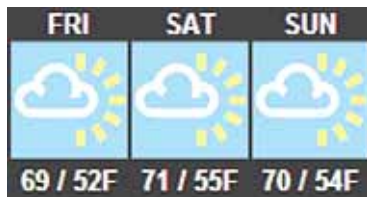
# Highlands' Newspaper

**FREE**

Volume 7, Number 35

PDF Version - [www.HighlandsInfo.com](http://www.HighlandsInfo.com)

Thursday, Sept. 3, 2009



## This Week in Highlands

### Thursday, Sept. 3

- Public Comment meeting at the Rec Park to discuss the overall master plan of the Rec Park property from 6-8 p.m. Planners want to know what citizens want in a Rec Park.

- Cub Scout and Explorer sign-up in the Highlands School cafeteria at 6 p.m. A new Public Safety Explorer group for ages 14-20 sponsored by the Highlands Police Dept. and Highlands Fire & Rescue is starting. Call 526-3645 if interested in Explorers.

### Fri.-Sun., Sept. 4-6

- Robert Ray's "I Hear America Sining" the music of Harold Arlen, Irving Berlin & Johnny Mercer at PAC. All seats \$25. Call 526-9047. 8 p.m. Fri. & Sat., 2 p.m., Sun.

### Sat.-Sun, Sept. 5 & 6

- Village Square Art & Craft Show in Highlands' Kelsey-Hutchinson Park 10-5.

### Saturday, Sept. 5

- At Twigs at Highlands Edge, NC potter, Jim Crabtree will be demonstrating his craft 11 a.m. to 4 p.m.

- At Cyrano's Bookshop, author Pat Conroy signing "South of Broad" at noon.

- At Summit One Gallery, opening reception from 5-7 p.m. 100 years of Highlands-Cashiers Land Trust.

- At High Country Cafe on U.S. 64 east, The JW Band Dinner Concert, dancing & auction, 5-9 pm. In memory of Cyndi McCall and for Relay for Life.

### Sunday, Sept. 6

- The Nantahala Hiking Club will take a moderate 3.5 mile hike with an elevation change of 600 feet on the Camprock Trail at Coweeta Labs. Meet at the Smoky Mtn. Visitors Center on Hwy. 441 in Otto at 2 p.m. Drive 10 miles round trip. Bring water, a snack if you wish; wear sturdy shoes. Call leader Kay Coriell, 369-6820, for reservations. Visitors are welcome, but no pets please.

### Wednesday, Sept. 9

- CLE presents Cooking with Chefs - Nicholas Figel of Cyprus Restaurant from noon - 2:30 p.m. at Cyprus Rest. Call 526-8811 for more information.

- CLE presents Creative Journaling - Journaling to the Self from 2 - 5 p.m. at the Episcopal Church Library. Call 526-8811

## What do you want at the Rec Park? Come to the Rec Park 6-8 pm, Sept. 3 and say!

Now is the time for citizens to tell the Town Board and the planning firm hired to help, exactly what they want at the town's 30+ acre Recreation Park and Civic Center.

Thursday, Sept. 3 from 6-8 p.m., a public open house will be conducted at the Rec Park by representatives from Haden-Stanziale

whose specialty is planning, urban design, landscape architecture, civil engineering and environmental graphics.

"We are working with the Town of Highlands to update its current Parks, Recreation, and Greenways Master Plan. The public is encouraged to drop in to speak

with us about its current and future ideas regarding recreation facilities and programs," said associate Bert Lynn.

For years, citizens have been discussing the Rec Park - its facilities, its personnel and its programs. "Now is the time to say exactly what

• See REC PARK page 23

## MC on alert after death of Swain County child

With the death of a Swain County child due to La Crosse encephalitis Macon County Health Department are urging citizens to take precautions against mosquito bites.

This is the first person to die from La Crosse encephalitis in North Carolina since 2001, said officials. In 2001, a Transylvania County child died as a result of this disease.

Although La Crosse encephalitis is rarely fatal it can have long-lasting effects on a person's health. Macon County Public Health officials say the only guaranteed way to prevent La Crosse encephalitis is to prevent mosquito bites.

"These cases are an unfortunate reminder that we all need to take precautions to prevent mosquito bites," said Jim Bruckner, Macon County Health Director. "In addition to La Crosse, mosquitoes are carriers of eastern equine encephalitis."

• See ALERT page 20



## 2 arrested for RBC robbery

Early this week a man and woman were arrested for the armed robbery of RBC Centura Bank on Aug. 13, but because Federal charges are pending, few details have been disclosed.

The Highlands Police Department has determined that the robbery attempt of the credit union ATM in Highlands Plaza the night of Wednesday, Aug. 5 where a vehi-

cle was crashed into the ATM and the armed robbery of RBC Centura Bank the morning of Thursday, Aug. 13 are related.

Arrested were Billy Edward Vitatoe, 40, and Kari Huskey Conard, 32, both of Franklin. On the booking report, Vitatoe is listed as unemployed; Conard is listed as an unemployed shipping clerk.

• See ROBBERY page 13

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## Treasury Dept. has unclaimed money for MC citizens

This week Macon County Clerk of Superior Court Vic Perry announced that Macon County citizens may claim any escheated funds that belong to them at the Department of State Treasurer.

"The State Treasurer has notified my office that this year's unclaimed property list for Macon County citizens is now accessible on the Department website. If your name is on the list, that means the state is holding money that belongs to you, and you are entitled to receive it," Perry said.

The money comes to the State Treasurer from various sources. "This is money that some entity has tried to get to the rightful owner but has been unsuccessful in doing so. After holding the money for a period of time, it is sent to the Treasurer, where citizens may lay

• See MONEY page 2

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# • THE PLATEAU'S POSITION •

## • LETTERS •

### Etiquette is a lost trait

Dear Editor,

Fred Wooldridge's column on cell phones in the Aug. 20 issue is right on.

What could be funnier than someone trying to parallel park with one hand and talk on the cell phone with the other or more annoying than the loud talker? Like so many things in America today, etiquette is a lost trait.

R.A. Clough  
Highlands

### Editor's title was misleading

Dear Editor,

In the Aug. 27 issue of this paper, I submitted a response to Don Swanson's article "Observations from outer space" which ran in the Aug 20 issue. I just wanted to say that I did not care for the title as it appeared in the paper, "Swanson's got global warming facts all wrong." While I feel Swanson's statements on global warming were misleading - I never indicated that he was wrong. As to the cap and trade issue - I was faulting the lobby groups, not him. While we both obviously have differing opinions, I think it important that these issues be discussed without headlines shouting that someone was wrong.

While I may not agree with all his points of view - he should be commended for keeping up with the pros and cons of our current administration, and for encouraging people to talk about the issues important to us.

Mike Bagby  
Franklin, NC

### ... MONEY continued from page 1

claim to it," said Perry.

Citizens and businesses may go to the website at [www.nctreasurer.com](http://www.nctreasurer.com) and search under "Unclaimed Property" to see if their name is on the list. If it is, information tells you on how to claim it. If you do not have internet access, you may call 919-508-1000 for information.

"These are usually not great amounts of money, but every little bit helps, especially in today's economic climate," said Perry.

### Just Say No!

Dear Editor,

When will enough be enough? I believe the North Carolina legislature should have considered this question when they increased the statewide sales tax by 1%. North Carolina now has the 8th highest sales tax in the nation. As a small business owner, I cannot overspend and simply raise my prices to meet my overextended obligations. The state of North Carolina does not appear to have the same concern as a small business. It appears they can spend and spend and simply force the citizens to pay higher taxes to cover their overextended obligations.

One concern regarding this additional tax is the lack of any media attention this was given. I subscribe to the Asheville-Citizen Times and read two weekly local newspapers and I could not recall a single article addressing the additional sales tax. This item should have been front page since it will generate significant revenue and clearly it was used to shore up the budget shortfall.

Our government officials do not need to take more money, they need to spend less money. I encourage the citizens of North Carolina to send a message to their elected officials that taxing and spending will not solve our problems.

Jerry Moore  
Highlands, NC

### Utility crews continue to deface roadways

Dear Editor,

Have you seen what they've done to the sides of the highway from Scaly mountain to Highlands? Once again, the power company has deemed fit, since it's their "right of way," to spray defoliating poison on all plants within 50 feet of their power lines.

At first it was a gradual browning and I thought autumn was early. Now it is obvious it is intentional devastation along our beautiful highway. And, if you look carefully, where they sprayed is not under the wires. There is no reason to kill the low lying wildflowers and plants. They will not impede the repair trucks or interfere with the high wires.

This is the same company that cuts and slashes trees and bushes leaving them to rot along the road. We view this devastation for years. This is what the tourists, locals and summer people see when they drive up the mountain on the Dillard Road to Highlands.

Surely there is something that can be done to rein in the power company's destruction of our beautiful mountains. The ugliness that greets our visitors to Highlands is senseless!

Juliana Stottlemeyer  
Highlands

### It's time to move forward with health care

Dear Editor,

Four presidents have promised to solve the intractable problem of healthcare and none have even come close! Instead of meaningful discussions, President Obama and members of Congress have endured well-orchestrated heckling and screaming at the ubiquitous Town Hall meetings.

There is no Republican alternative being offered. The cost of doing nothing is staggering. The Town Hall participants complain loudly about big government. I wonder how many cheerfully accept assistance from Medicare and Medicaid? What about unemployment benefits and the extending of these benefits to the millions of our jobless?

Where is the voice of reason? Is it coming from Sarah Palin and her claim of a Death Panel? Due to my own recent personal loss, I can appreciate the great difficulty with which end of life decisions are made. Fortunately, Hospice makes it possible to follow directives in a Living Will.

Perhaps the Republican leadership will be left to the likes of Rush Limbaugh who compares our president to Adolf Hitler. What happened to the good old American values of civility and compromise? Will this hatemongering backfire?

I appreciate President Obama's Herculean efforts to find a bipartisan solution, but if he chooses to go it alone and come up with an answer, so be it. I would support the cost of the plan at least the parts I have read about in my local newspaper, Time and USA Today. The plan must reduce the cost of medical care. Therefore the government option should be part of it.

I can no longer endure the thoughts of millions in this Christian nation suffering and dying because they are refused health care.

Please listen, discuss and then support whatever you believe to be the best possible alternative. Do not listen to the voices of those who only wish to bring down the President of these United States.

Edna Foster  
LaGrange, GA

## LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions. **NO ANONYMOUS LETTERS WILL BE ACCEPTED.** Views expressed are not necessarily those of Highlands' Newspaper. Please EMAIL letters by Monday at 5 p.m. There is a 500-word limit without prior approval.

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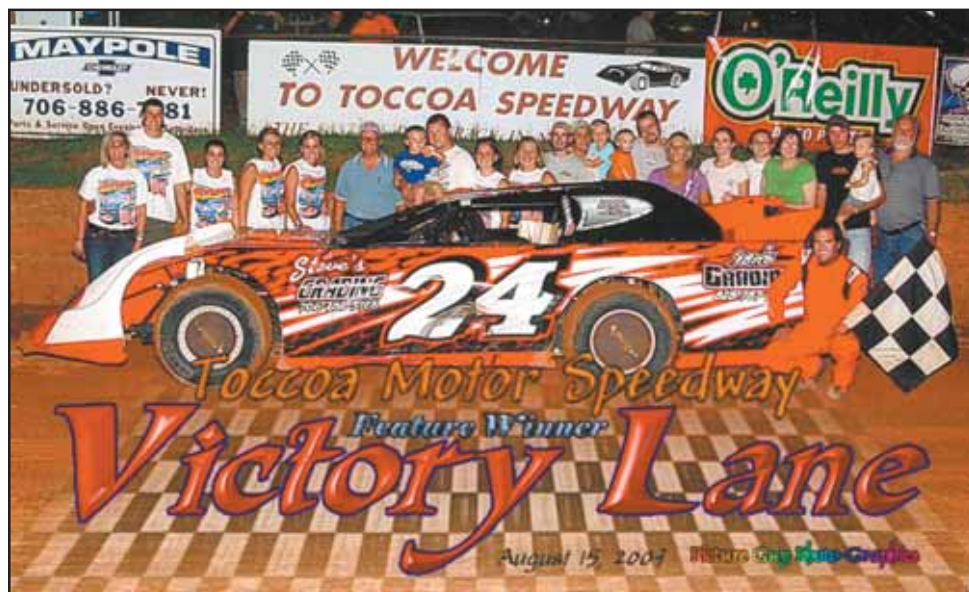
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## • MILESTONES •

### Bryson wins again!



Ryan Bryson of Bryson Motorsports, celebrated in Victory Lane Saturday night, Aug. 15 at Toccoa Motor Speedway in Toccoa, GA. He qualified second and lead all the laps to make this his second win of the season. Thanks go to his friends and family and to his sponsors, Appalachian Tree, B&S Haulers, Highlands Construction, Sams Grading and Bryson Grading and Trucking.

### Herz makes the grade



Lucy Herz, Highlands School Class of 2007 Valedictorian, and a student at Columbia University in New York City, made the Dean's List for Spring 2009.

A student needs at least a 3.6 GPA to make the Dean's List. Lucy is the daughter of Anna and Patrick Herz of Highlands. She is a rising Junior majoring in philosophy.

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• LAUGHING AT LIFE •

You can kiss my grits ... again

I guess the easiest way to explain this is to tell everyone what my job is not. I'm not writing a weekly column to report facts, give the weather forecast, report stock market trends, praise various countries, including my own, on its many virtues. I never write serious stuff without identifying it as such and I don't report the news. Warning: I am complex.

Surely there are enough columnists writing for this paper to do those things I just mentioned. I'm also not writing to prove how intellectual I can be (Thank God, 'cause I couldn't.) and I'm certainly not writing to praise the Democrats or Republicans for anything ... and I mean anything.

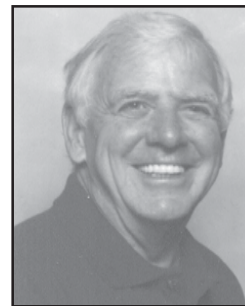
On rare occasions I write something serious and ask my editor to change the title of my column to "Looking at Life" to let everyone know the column will not be satire so watch for it.

Soooo, allow me to explain my job. Merriam-Webster's Collegiate Dictionary defines "satire" as "a literary work holding up human vices and follies to ridicule or scorn." Ta Da, that's me. Wait, the definition continues. "Trenchant wit, irony, or sarcasm used to expose and discredit vice or folly." Ta Da. ....me again.

I take what's real and turn it to fiction by blowing everything out of proportion. I distort and make fun. Hello ... I distort and make fun.

If my editor was a weenie, I would've been fired long ago. In the past, some merchants, like real estate folks, have actually dumped their ads and cost her income because of me. I push people's buttons and it always amazes me how supposedly very bright, intelligent people can become upset over the dumbest things. One real estate agent called to ream me out about my satire on commissions. After he finished his lengthy dissertation that included threats and ugliness, I asked, "Are you aware I write fiction?" The idiot hung up on me.

Because the Republicans had been in power for the past eight years and totally blew it, I directed most of my political satire to making fun of good ole George Bush, the great uniter. Now that we have a new president, some folks think I should



Fred Wooldridge

Feedback is encouraged!  
email:

askfredanything@aol.com

drop my satire and not make fun of President Obama and his large army of worthless czars. Well, they can kiss my grits 'cause it ain't goin' happen. I'll stop when my editor orders me to stop. Hey, it's Obama's turn in the barrel.

Last month, I said some pretty outrageous and ridiculous things about making the president of Iran our vice president. In that same column, I ridiculed George Bush, Dick Cheney and war hero John McCain,

but the real turkey in the piece was our current bone-headed Congress. That's about as outrageous as I get, yet I had some folks take me serious. Huh?

If I write 500 words poking fun of Fox News commentators or Rush Limbaugh or George Bush or Dick Cheney or any of their right wing ilk, but wind up the column making fun of Congress or our president, I'll get nasty letters and phone calls for my attack on the left, but seldom get anything from the right. What's that all about? Doesn't everyone know by now I'm an equal opportunity offender?

I've been invited to leave town and never come back. (Ain't gonna happen.) I've been threatened with lawsuits and physical violence. (Bring it on.) I've been called every foul name known to mankind. (Sticks and stones.) I've even heard a few insults that even a 28-year-veteran policeman didn't know. No, I can't publish them but call the house. If it wasn't for the big bucks, I'd quit.

My job is to be way over the top. It's why people read my column. If people don't complain, I feel I failed. Then I wonder, "How could anyone possibly take any of this seriously?" Folks should remember when they read something and hate me, there's a whole different group out there who loves me ... well, at least for that week they do. I have not been able to upset the entire town of Highlands all at once but it's still my goal.

I'm convinced every person has a button to be pushed, a sensitivity that will light their fuse and wad their shorts. My job is to find that button and push it. Write in if you would like for me to push yours ... no charge.

Have you read Fred's book, *I'm Moving Back to Mars?*

## • THE VIEW FROM HERE •

### Quality of life should be what counts

**T**wo weeks ago I mentioned end-of-life counseling. The topic is far too important to dismiss with charges of "death panels," but much too sensitive to be fully and openly discussed by our elected officials.

Politicians are unlikely to take on the subject as long as the American Association of Retired Persons (AARP) is standing by, eager to help defeat any candidate whose positions seem to threaten senior citizens.

Nonetheless, the choice of treatment for a dying patient is too important to be ignored, and I'm not running for anything. The subject is painful and frightening, but if it is not discussed, a dying person can find himself swept up by currents over which he has no control.

There are individual choices and personal decisions. When is it time to fight on, and when is it time to say, "No mas?"

Medical advances have dramatically increased both the quality and length of life. Early detection, coupled with advanced surgical techniques, radiation, and chemotherapy have reduced the mortality of many cancers. Antibiotics routinely cure once lethal infections.

My Dad had a heart attack in 1962. He was placed under a filmy oxygen canopy and given morphine



**Dr. Henry Salzarulo**

**Feedback is encouraged.  
email:**

**hsalzarulo@aol.com**

injections for pain. He languished for two weeks before dying. Today, with the intervention of drugs, cardiac catheterization, and perhaps coronary artery bypass, he might well have had years of added life. That's the bright side of American medicine.

There is a darker side. Let's focus for a moment on care for the terminally ill.

A huge portion of Medicare funds are spent for terminal care. One third of the total is spent in the last year of

life. Aggressive care in the final month accounts for 80% of that. This money is

spent without either prolongation or enhanced quality of life. That's right. These patients don't live longer and they don't live better. They die just as quickly, but less comfortably, and at greater cost. Care givers and nurses agree that the quality of the fading life is better if palliative, rather than aggressive, care is provided.

So much for pulling the plug on Grandma.

Many claim that withholding or withdrawing aggressive care amounts to killing the elderly. If a doctor injects a patient with an overdose of morphine, that is killing, although it may be justified. More on that later.

• See SALZARULO page 10

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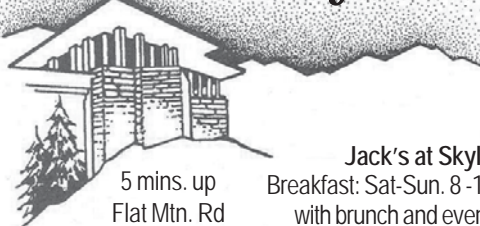
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## • FROM MY PERSPECTIVE •

### Upgrades to police dept., sewer and roads are all signs of progress

**W**e have just returned from a great trip. My wife and I take each of our grandchildren on a special trip when they reach 16 years of age and this was the fifth one we have had the honor of being with on one of these special trips. The closeness of our large family is very important to us. Our granddaughter Rachael enjoys theater and has been very much involved in high school theater in her school in Durham, so we all felt the perfect place to take her would be to see theater productions in London. And we really saw some great shows in addition to all the sites in London and a special trip down to Stonehenge. If any of you have ever driven in England, you know what an exciting time that can be! Patsy and I had lived in Nairobi in Kenya for a year doing medical mission work there and both of us became adept at driving on the wrong side of the road.



**Mayor Don Mullen**

Let me make a comment on our special little hospital here in Highlands. Four days before we left for London, I had a surgical situation which required emergency surgery. I first saw the surgeon, Dr. Billy Noell, on a Monday morning about 11 o'clock, and under general anesthesia, a strangulated hernia was repaired. I was home by 3 o'clock

that afternoon. And four days later we were on the airplane to London. Where else in the world can you get such rapid care and in such an expert way?! We are very fortunate to have such a wonderful hospital with fine doctors giving such great care amongst us here in Highlands and Cashiers. As a member of that board, I take great pride in the progress our hospital is making.

Recent newspaper reports have concluded what most of us have known for a long time. We have an outstanding police force in Highlands, comparable in ability and financially to any in our part of the state. The grant the town recently received has allowed the Town of Highlands to obtain new well equipped police cars for our officers. My Daddy always told me you get what you pay for and supporting this fine group of men and women on our police force is an important part of what the Town Board does.

Chief Harrell is one of the finest men I know and has surrounded himself with outstanding officers. To recruit good people to our isolated little town requires extra efforts on everyone's part and that has been achieved. Just like the hospital, they should all be commended.

Just a word about the two big sewer projects, the Harris Lake and Mirror Lake projects. I must say we have learned a lot on the Harris Lake project. It was more than many in that area could take, and I certainly apologize for the many inconveniences that have occurred, primarily because of some inadequacies with the construction crew with whom we contracted. We should have those roads paved by October and that area can get back to normal. Sometimes progress is painful and in this case it certainly has been but the final result will be good.

We will not repeat that on the Mirror Lake project. However, we plan to have a community meeting with all homeowners involved in the Mirror Lake project to explain exactly what is going to happen and answer questions regarding the procedures. Everyone must understand that indeed there will be inconveniences, but we are going to do everything in our power to minimize those. Another construction company has been contracted and the work will begin hopefully in October. I hope that project can be completed before the department of transportation begins the Mirror Lake bridge project next June. Having both going on at the same time would indeed be a major inconvenience.

Progress in the town of Highlands continues to move forward in looking toward total sewer coverage for everyone in town.

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## • COACH'S CORNER •

**College football is here**

**L**adies and Gentlemen, our long national nightmare is over...college football season has begun-here's a look at some of the weekends best games.

**South Carolina vs. NC State**

This one is more of local interest, mainly because folks in South Carolina are still waiting to see if the Visored One (Steven O. Spurrier) can bring a winner to Columbia. The Gamecocks have been better than average during Spurrier's tenure, but they haven't been the team folks expected when Spurrier signed on. NC State will rely on dual threat QB Russell Wilson to revive a Wolfpack program that has been down in recent years. Look for South Carolina to pull this one out in a close game.

**Oregon vs. Boise State**

Last year the Broncos upset the Ducks in Eugene in a game marred by some chippy play on the part of both squads. This year should provide another physical matchup between these two teams on the "Smurf Turf" in Boise. If Ducks QB Jeremiah Masoli can stay healthy in this game, I look for Oregon to win in a mild upset. Boise State is one of the best home teams in the nation, so a



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win by the Ducks would be a major accomplishment, which speaks volumes for the type of program that Boise State has become in recent years.

**Oklahoma State vs. Georgia**

Another Big 12 vs. SEC matchup which sees a reloading Bulldogs team facing the explosive offense of the Cowboys in Stillwater. Oklahoma State has a huge advantage at the skill positions with QB Zac Robinson throwing to Dez Bryant, but Georgia is still Georgia on the defensive and offensive lines, and that is why the Bulldogs will prevail in another mild upset.

**Virginia Tech vs. Alabama**

The Hokies had a tough start to their season, losing running back Darren Evans for the season to a knee injury. Alabama has some issues to address as well, losing three offensive linemen and replacing QB John Parker Wilson. The Tide's defense will be stout again, particularly against the run, and WR Julio Jones is the best WR in college football. I look for the Tide to win this one by two scores.

**Miami vs. Florida State**

Speaking of tough summers, ol' Bobby Bowden had a tough one as well, having to vacate some wins due to allegations of improper conduct. Factor in that the Noles have seemingly been on a downward trend as of late and things are not all good in Tallahassee. Miami hasn't been up to par the last couple of seasons either, but their defense showed signs of life last year and they have plenty of talent on both sides of the ball, provided QB Jacory Harris can keep the chains moving offensively. Miami by a FG in this one.

**Florida vs. 1-AA Charleston Southern**

The defending champs are favored by 70 points. Only watch this one if you enjoy car crashes and or horror movies.

## ... WET from page 16

The peak color change time in WNC usually in the middle of October, although the sourwood and tulip poplar trees change earlier, in late September to early October, with deep red and yellow leaves, respectively. Next come the deep purple color of Bradford pears and red of dogwoods.

Mid-October brings the red, yellow and orange of maples, and the yellow of birches and cherries, followed in late-October by the yellow and red of oaks and sweetgums, yellow of hickories and bronze of beeches, she said.

## ... BRONZE from pg 19

Among all of the other memories that Woods will carry with him from his X Games adventure, Woods will also remember his first visit to LA. "It was definitely not what I expected," said Woods, "but the weather was tremendous and we had a chance to tour Hollywood and Rodeo Drive, which was great."

Despite his recent success, Woods plans to keep working in Highlands and racing locally in preparation for next year's qualifying. "I am just so blessed to be here," said Woods, "so many people have told me that they watched the X Games and I am extremely grateful for all the support I have received from this community."



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## • COOKING ON THE PLATEAU •

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#### Southwestern Rib Eye Steak With Chile Butter

Serves 4

4 tablespoons salted butter, softened at room temperature  
1 tablespoon Worcestershire sauce  
1 tablespoon canned chipotle in adobo sauce, pureed  
1 tablespoon garlic, chopped  
1/2 teaspoon chile powder  
4 Rib Eye Steaks  
1 tablespoon olive oil  
Kosher salt and black pepper, to taste  
Place butter in a mixer or mixing bowl and whip until smooth and creamy.  
Add Worcestershire sauce, chipotle in adobo sauce, garlic and chile powder. Mix well and reserve chile butter.  
Preheat grill on high.  
Rub steaks with olive oil on each side and generously season with salt and pepper.  
Grill steaks to the desired doneness, while searing the outside.  
Place a dollop of chile butter on steaks just prior to taking off the grill.

#### Heart of Dixie Southern Whiskey Barbeque Marinated Top Sirloin

Serves 4

1 1/2 cups barbeque sauce  
1 1/2 cups whiskey  
1/4 cup Worcestershire sauce  
1/4 cup honey  
2 teaspoons black pepper  
2 teaspoons kosher salt  
4 Top Sirloin Steaks  
Combine all ingredients, except steaks, in a bowl and mix well.  
Reserve 1 cup of marinade and set aside.  
Place steaks in a gallon resealable bag.  
Pour marinade over steaks and place in refrigerator to marinate for 24 to 48 hours.  
Preheat grill. Place steaks on grill, discarding marinade. Grill steaks to desired doneness while basting with reserved marinade.

• Courtesy of Family Features





# • REFLECTIONS FROM TURTLE POND •

## Trickle up poverty

Some months ago in a conversation with a friend about life in America in 2009 — the tough economic times and the disappearing middle-class — we came up with the phrase, “Trickle Up Poverty.” I wrote it down on a slip of paper and it’s been sitting by my computer waiting for the right moment.

In last week’s newspaper there was a letter criticizing one of my columns. The writer suggested that I “research my facts before I put pen to paper.” He went on to state a fact: “Look it up. Bush’s eight years had the lowest percentage of debt to GDP of any administration ever.”

So I looked it up. In the last few days I’ve looked at many charts and articles that all give the same figures, but I thought since this writer was obviously a conservative, it would be best to give a conservative source, so, if you’d like to check up on me, go to the Heritage Foundation website. I put the whole link so it would be easy to confirm: (<http://www.heritage.org/research/features/BudgetChartBook/Obama-Budget-Debt-Levels-Not-Seen-Since-World-War-II.aspx>).

You may be thinking, “What is she talking about? What is the debt-to-GDP ratio and why should I care?” The debt-to-GDP ratio is commonly used as a quick measure of the health of a country’s finances. It’s calculated by dividing the government’s debt by the nation’s gross domestic product (GDP) and the resulting number is the “ratio.” The lower the number the better. Last year the number for the U.S. was around 40%, this year it will be closer to 60%.

One of the criteria the European Union uses in assessing whether a country is eligible to join the EU is this ratio; it must be below 60%.

So what did I find out? Was the ratio lowest during George W. Bush’s presidency? The answer: No. The letter writer’s “fact” is complete fiction.

If you look at a graph of this economic measure starting from World War II (the GDP was invented in the 1930s) you’ll see that after a spike of debt during the war, the ratio dropped and kept dropping until it leveled off during the stagnation of the 1970s.

Then during Reagan’s presidency it started climbing, and climbing, until Clinton became president, when it started dropping again. In 2001 after George W. Bush took office, it resumed its up-



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ward climb. The ratio averaged about 37% during most of Bush’s presidency, but it was lower for the entire period from about 1968 until 1983.

In other words, this letter writer was dead wrong in his “fact.”

His next “fact” was that government revenue is down 18% this year from some unspecified comparison period in Bush’s term (numbers can be very slippery). Gosh, what a surprise! I would never have guessed that tax revenues would have decreased after the global economic meltdown of the last year. Only a year ago we were hearing we were on the verge of another Great Depression.

He is right about one point: “trickle down” economics did work — for the top one percent of the population. It most definitely did not work for the rest of us — the other 99 percent.

In April of this year the Center on Budget and Policy Priorities (cbbp.org) released a study on the increase in income inequality in the last 30 years, using Congressional Budget Office figures. They found that in 1979 — just before Ronald Reagan took office — the average after-tax income of the top one percent of households was 7.9 times higher than those of households in the middle income bracket.

By 2006, top incomes were 23 times higher than those of the middle — nearly tripling the income gap between the top one percent and those in the middle since 1979.

In 2006 *The Washington Post* introduced a series about income inequality in America with an editorial entitled “A Rising Tide?” “In the 25 years from 1980 to 2004, a period during which U.S. GDP per person grew by almost two-thirds, the wages of the typical worker actually fell slightly after accounting for inflation. So, too, did wages for the 50 percent of the work force that earned less than the typical, or median, employee. The rising tide helped only workers at the top. Wages for workers in the top 10 percent jumped by more than a quarter.”

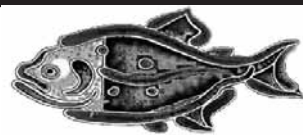
Paul Krugman addressed the strange persistence of the belief in the efficacy of trickle-down economics in his August 24 column, “All the President’s Zombies.” “Let’s talk for a moment about why the age of Reagan should be over. First of all, even before the current crisis Reaganomics had failed to deliver what it promised.

Remember how lower taxes on high incomes and deregulation that unleashed the ‘magic of the marketplace’ were supposed to lead to dramatically better outcomes for everyone? Well, it didn’t happen. To be sure, the wealthy benefited enormously: the real incomes of the top .01 percent of Americans rose sevenfold between 1980 and 2007. But the real income of the median family rose only 22

percent, less than a third its growth over the previous 27 years...President George W. Bush, who had the distinction of being the first Reaganite president to also have a fully Republican Congress, also had the distinction of presiding over the first administration since Herbert Hoover in which the typical family failed to see any significant income gains.”

• See BRUGGER page 11

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... HIS & HERS continued from  
page 12

Kennedy would be the defeat of both the Republican and Democrat candidates for his seat, by someone who believes in, and will carry out, the ideas that Teddy verbally supported for decade after decade after decade.

As Bill Shakespeare said, "T" is a consummation devoutly to be wished."

• John Armor is a 33-year practitioner in the US Supreme Court, who now lives in semi-retirement in the Blue Ridge Mountains. His latest book is on Thomas Paine. [www.TheseAreTheTimes.us](http://www.TheseAreTheTimes.us)



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... SALZARULO  
continued from  
page 5

If, on the other hand, he says, "You are dying. We have no tool in medical science that can cure you. We can put a tube in your throat that will breathe for you, but it will prevent you from telling your children that you love them. We can admit you to the Intensive Care Unit, but you can't see your garden from there. We can administer chemotherapy that will make you too sick to eat, but unfortunately it won't kill your cancer. Or we can let you go home to share your final days with your loved ones. It's up to you."

That is not killing. Nor is it killing to withdraw aggressive care from a patient who had initially chosen it, but later realizes the futility of the effort.

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I'm going to continue this subject next week, and discuss the very touchy subject of assisted suicide.



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## ... BRUGGER continued from page 9

In other words, the middle-class lost economic ground during Bush's presidency. Wages weren't keeping pace with inflation so people maxed out their credit cards and used their homes as ATMs in order to get by.

Ordinarily I wouldn't address a letter, but unfortunately I believe this is going to be one of the main areas of attack by the Republicans on any progressive legislation: "We can't afford it. The debt is too enormous." And by next year they will try and pin this whole economic

mess on Obama and the Democrats.

Once again I will urge readers to look at a graph of the U.S. Federal debt over our nation's history ([www.Treasurydirect.gov](http://www.Treasurydirect.gov)). From our republic's first day to Ronald Reagan's first inauguration, the accumulated debt totaled one trillion dollars. Reagan quadrupled it to four trillion in just eight years! When Clinton left office the federal debt was \$5.7 trillion, and George W. Bush

managed to double it during his eight years to \$10.6 trillion.

The legacy of Reaganomics: the federal debt increased by 10 trillion dollars and the majority of Americans got poorer. Trickle-down only works for the rich. For the rest of us it brings trickle-up poverty.

• All of Katie Brugger's columns are available on her website: [www.kathleenbrugger.com](http://www.kathleenbrugger.com)

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## • HIS & HERS •

### A fitting legacy for Teddy

What would make a fitting legacy for Ted Kennedy in the Senate? I think it would be the election of a Senator to take his place, who committed to the same great public ideas that Senator Kennedy spoke about, so often and passionately.

Teddy often spoke of his dedication to and respect for the Constitution. This is to be expected where Sam Adams created the Sons of Liberty who threw the tea in Boston Harbor. And where the first shots of the American Revolution were fired at, and later fired by, the Minutemen at Concord and Lexington. So, the person who replaces Teddy should never vote to confirm as a judge, much less a Justice of the Supreme Court, anyone who has stated his or her intent to follow personal choices, rather than the Constitution itself, in deciding cases.

Again and again, decade after decade, Teddy bellowed his insistence for "new and fresh ideas" in the government. That's an excellent idea. But new and fresh ideas do not usually come from tired old men. So, the person who replaces Teddy should support what John Adams called "rotation in office."

Today that's known as term limits. Periodically, office holders would stand aside let others be elected, and go home to live under the laws they'd written. The Framers thought that the prospect of living under the laws they wrote was the best assurance that office holders would always favor the interests of their constituents, rather than their own, personal interests. The person who replaces Teddy should be committed to serving just two terms in the Senate, and supporting a constitutional amendment which would install limits for Senators and Representatives like the present limit on Presidents.

Ted Kennedy was frequently praised for "doing his homework" and "being well prepared." For sure, much of that work was done by staff, but Teddy was the man in charge. Anyone who replaces him must also be prepared to work hard, and well. No new Senator in Teddy's place would ever think of voting for a bill that includes taxes and regulations on the American people without reading the bill, and knowing what was in it.

Often, Teddy spoke of "ideas that work, and are effective." It is out in the real world, where executives must meet payrolls, provide goods and services that people genuinely want, that good ideas are winnowed out from failed ideas by the discipline of free markets. Therefore, the person who replaces Teddy should have executive experience in the



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**michiamead@aol.com**  
**John\_Armor@aya.yale.edu**

real world in successful businesses or institutions.

Ted Kennedy in his speeches often spoke glowingly of integrity in public office. Anyone who replaces him should pick up that torch as well. The new Senator should never let slide the dismissal of charges against Democrats, like Presidents, Senators, Representatives, Governors or merely armed citizens standing outside a Philadelphia

voting precinct. Whether the apparent criminals were Republicans, Democrats, independents or anything else, integrity is integrity and must be defended.

Where will that political paragon to replace Teddy, be found? It will not be among Massachusetts Democrats. Many of them are part of the corruption, both in Massachusetts and Washington, which has led to the current state of affairs. Those in Congress now supported the laws that turned Freddie Mac and Fannie Mae into slush funds, throwing money into the wind, and down rat holes.

Will that paragon come from the ranks of Massachusetts Republicans? That's highly unlikely. Republicans in that state have a tendency to be demi-Democrats. They sell out part way, rather than all the way, to Democrat ideas. Governors like William Weld and Mitt Romney are examples.

No, the legacy of Teddy Kennedy cannot be filled through the election of nominees from either the Republican or Democratic Primaries. The proper candidate must be a scrupulously honest, dedicated, committed, successful in the real world, and now justifiably seeking promotion to the Senate. The candidate must support the Constitution, support term limits, support public integrity for all. Not just for people in the opposition party.

The legacy of the verbal claims of Teddy Kennedy can be honored. But it must come from an outside candidate, one with the enthusiastic support of the riled up Americans who have made their voices heard at Tea Parties and Town Halls across America, including in Massachusetts. Those people should commit their time and energy to put on their ballot a candidate who will go one better than Teddy Roosevelt for President in 1912.

Roosevelt started late in his 1912 campaign. Still, he buried the sitting Republican President, William Howard Taft. At the end, that race was between the challenger, Roosevelt, and the Democrat, Woodrow Wilson. With much more time to organize, raise funds, and run, the fitting legacy for Teddy

• See HIS & HERS page 10

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## ... ROBBERY continued from 1

Both are charged with robbery with a dangerous weapon, breaking and entering, discharging a weapon in an occupied property and second degree kidnapping.

"They've been charged with kidnapping because the people at the bank were not free to leave which is equal to kidnapping," said Highlands Police Chief Bill Harrell. "And since Conard was Vitatoe's accomplice she is charged with every action he took."

Numerous other unrelated charges from a July 15, 2009 incident are associated with Vitatoe, including larceny of a motor vehicle and possession of a firearm by a felon.

The Highlands Police Department worked with other local agencies developing and exhausting leads in the case.

Through intelligence gleaned by the collection of evidence, and an intense collaborative effort between the Highlands Police, Macon County Sheriff's Dept., Franklin Police, and the NC State Bureau of Investigation, Vitatoe and Conard were named suspects in the case, Chief Harrell said.

Because Vitatoe failed to appear in court on previous charges involving the incident in July he was already in custody.

Both evidence and subsequent interviews

with Vitatoe lead to the arrest of Conard, who was cooperative, said Chief Harrell.

"After substantial probable cause was established through the evidence collected and suspect interviews, we were able to arrest the two," he said. "I have also been working with the Bureau of Alcohol, Tobacco and Firearms and the FBI to establish Federal charges which could put these two away for a long time."

Around 10 a.m. Thursday, Aug. 13, a disguised Vitatoe entered RBC Centura carrying a tote bag and a .410-gauge shotgun. He shot the gun into the ceiling and demanded cash. After the tellers handed over the money, Har-

rell said Vitatoe fled into the woods behind the bank between the deVillie and Crane property on foot with \$4,541, some of which has been recovered.

His accomplice and the driver of the getaway car, Conard, was waiting nearby in a 2000 Chevy Silverado that belonged to Vitatoe.

They are each being held on a \$500,000 bond. Vitatoe's pre-trial court date is Thursday, Sept. 3 at 9 a.m. Conard's is Thursday, Sept. 19 at 9 a.m.

Harrell said evidence that lead to their capture can't be disclosed at this time.



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### Miss Manners, where are you?

I don't know about you, but I need a week off from the humongous problems as sailing our dear country. Deficits measured in trillions, thugocracy rampant in our government, war in a mountainous pile of rocks, health care on the brink, enough already. On the other hand, if we don't point out the problems facing us, what of interest can we write about?

Our Hall of Shame bimbettes have supplied little in the way of salacious carrying on although LiLo (Lindsay Lohan for those of you who are so yesterday) has been her nasty self lately. Seems the little darling was dining in a deli in Little Italy the other day and left her cell phone on the counter. A clerk spotted her celly in the deli and ran to the curb to give it to her as she boarded a cab. The clerk asked her to verify the number, which she could not do. When he wouldn't hand it over until he got verification that it was hers, she told her companion to call the cops.

They sorted the matter out and the clerk was heard to say, "Who is she? Is she a star?" That is up for debate. Just when you think there is no justice, shortly thereafter, LiLo's home was burglarized and a lot of "personal stuff" was burgled.

While I am no great fan of Ted Kennedy's, I certainly am not going to enumerate his many transgressions as some detractors have. I am sickened, however, by the efforts of Pelosi and others to use his

death as a rallying point to promote their health care legislation. Whoops, there I go, jumping into the muck. But I mean, really, the announcement is barely out, and she's trying to make political hay out of his passing. Disgraceful.

In a bit of irony, the Massachusetts legislature finds itself twisted up in a bundle. In 2004, when their Senator John Kerry had hopes of becoming president, at the urging of Kennedy, they changed a law to say that, if a Senator gave up his seat, that a special election must be held to elect the successor. This was done because, at that time, Republican Governor Mitt Romney would have had the power to appoint Kerry's replacement, and Kennedy couldn't have that. Now the shoe is on the other foot, and, unwilling to risk a special election, the Democrats want the current Governor, one of theirs, to have appointment powers. The Senate needs the seat Kennedy now leaves vacant to assure a bullet-proof majority on health care reform. "Oh, what an evil web we weave..."

The scene will have changed by the time you read this, but at the time I'm writing this, the Dow (Jones Industrial Average)



**Don Swanson**  
**Feedback is encouraged. Email**  
**swandonson@dnnet.net**

has closed up eight trading days in a row. Maybe it's coincidence but I prefer to ascribe it to the fact that Congress is in recess and Obama is on vacation. If I'm right, look out below in September, a historically weak month for the market anyway.

Let me tell you, Obama so dominates the news that it's really difficult to find something other than his exploits to write about. Let's try sports. Everyone likes sports.

Football season's knocking on the door, let's talk about that. Remember our old friend Plaxico Burress, the ex-New York Giant's receiver who felt the need to pack iron (in his pants) to go out clubbing last November? You know, the guy who SHOT HIMSELF IN THE THIGH. Well, in September, old Plaxico will trade in his pads and jersey for prison garb for the next two years.

That really wasn't about sports, was it? Let's try again. How about Michael Vick. What's he up to? Michael reversed the scenario and traded his prison stripes for football gear. He just made his debut as QB for the Philadelphia Eagles in a pre-season game, much to the concern of Donovan McNabb, who has guided the Eagles of-

fence for years. To put a twist on the story, Vick spent much of game day in bankruptcy court in Newport News, VA, before flying back to Philly to suit-up for the Jaguar's game. Rumor has it that Vick will not be named to the Humane Society Hall of Fame again this year.

Surely there must be a story that doesn't involve convicts, wouldn't you think? Here's one. Everybody's favorite old grizzly Wrangler wearing ball player, 40-year-old Brett Favre, came out of his annual psychophrenic retirement spasm and signed with the Vikings. For those of you who are ignorant of such things, last year, Favre kept his career-long team, the Packers, dangling at sign-up time, retiring, un-retiring and finally joining the NY Jets. Talk about culture shock!

Evidently, Favre was affected by the change in scenery and had a mediocre season. He again retired and was tempted to come out of hibernation by a 2-year, \$25 million contract, dangled by his old rivals, the Vikings. That, in addition to the fact that he will play indoors, was too much to resist. Don't get me wrong - Favre is a stud and passed the likes of Marino, Elway and other legends in various career statistics. The wifey asks the typical female question - "Why doesn't he just retire already?" \$25 mil for playing games - it's a no brainer.

Next week - it's back to business.

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# Highlands Planner urges citizens to fill out survey on Macon County Comprehensive Transportation Plan

On Thursday, Sept. 10, at 12:15 p.m., Ryan Sherby, coordinator of the Rural Transportation Planning Organization (RPO) for Region A of the Southwestern Commission, will explain the process and plans for the MC County Comprehensive Transportation Study at the League of Women Voters meeting in Tartan Hall of the First Presbyterian Church in Franklin.

But, if you can't make it to the meeting,

Highlands Town Planner Joe Cooley urges citizens to go online and fill out The Comprehensive Transportation Plan (CTP) survey. "The CTP study is a long-range plan for Macon County, which will identify major transportation improvement needs and will develop long-term solutions for the next 25 to 30 years and those long-term solutions will in part be determined by the answers on the survey," he said.

The study is a joint effort between the towns of Franklin and Highlands, Macon County, the North Carolina Department of Transportation (NCDOT), and the Southwestern Rural Planning Organization, said Sherby. "It involves both government officials and the public in an effort to determine the area's future transportation needs based on the best information available including, but not limited to, population, economic conditions, traffic trends and patterns of land development in and around the county."

The CTP study will also include alternative modes of transportation, such as transit, walking, and biking.

Recommendations to address current and future capacity deficiencies and that provide for the safe, efficient, cost-effective and environmentally sensitive use of the transportation system will be made.

Key to the information gathering aspect of the study is the on-line survey where citizens are asked their opinion on goals and objectives as well as their "transportation" habits.

Cooley is encouraging Highlanders

and anyone who commutes to Highlands to fill out the survey on line at [www.surveymonkey.com/MaconCountyCTP](http://www.surveymonkey.com/MaconCountyCTP).

If Internet access isn't available to them, Cooley suggests having someone

print it out for them so they can fill it out by hand.

"People could turn the surveys in at the temporary Highlands Town Hall on Dillard Road and we can give them to Ryan Sherby," he said.

from the history guy....

## On the day Sept. 4, 1783

American Revolutionary War:  
The war ends with the signing of the Treaty of Paris by the United States and the Kingdom of Great Britain.

Not quite sure what's in store  
for us at the end of the English war  
but it looks like from where I'm sittin'

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What were the reasons to make this new nation?

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Let's not dig ourselves into a deep pit,  
we have a Republic, if we can keep it.

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## Wet Spring means average leaf color this year

The good news is that ample rainfall across the Western North Carolina mountains put an end to a lengthy drought that

threatened local water supplies and reduced crop yields. The bad news is all that moisture will put somewhat of a damper on fall

color this year.

That's the official prediction from Katherine Mathews, Western Carolina

University's fearless fall foliage forecaster and an associate professor of biology specializing in plant systematics.

Mathews bases her annual forecast in part on the amount of rainfall received during vegetation's prime growing season of the warm-weather months. She subscribes to the theory that the best fall color is seen after springs with below-average rainfall, when plant growth is stunted by a lack of sufficient water.

"The heavy rains don't bode well for brilliant fall leaf color," she said. "This year, I predict we'll see more muted colors than in the past two years. With trees taking advantage of the abundant rainfall during the growing season to pile on the woody growth, they won't be spending that much energy on pigment production in the yellow, orange and red color spectrums."

Another factor in the equation is climate during the first weeks of autumn, she said. "If the cool and cloudy days we've been experiencing for much of the summer persist through September and October, then there just won't be a great burst of coloration come fall. I expect we'll see a gradual color change from September through October and lingering well into November," Mathews said.

Although the peak of the fall color show is still a couple months away, some areas of WNC already are experiencing color change in a few trees here and there. "Some individual trees and certain species seem out-of-beat with most of their neighbors in putting on a very early color show," Mathews said. "For instance, at the entrance to the Western Carolina University campus, the leaves of the katsura trees are already turning a pretty pinkish-orange in August."

Motorists also may notice the leaves of the black locust trees along the roadsides turning brown at the end of the summer. "This is a normal occurrence caused by a leaf miner insect," she said. "The trees will recover from this late-season damage."

In spite of the fact that signs point to less-brilliant fall foliage, visitors to the mountains and residents should still enjoy a lovely and scenic season this autumn, if not the eye-popping colors of years past, Mathews said. "There is always good color to be found somewhere in the mountains in the fall," she said.

See WET page 20

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# Forest Service announces final decision on recreation uses on the Upper Chattooga

## Final alternative allows some new limited boating opportunities on the upper river

After considerable analysis and public involvement, US Forest Service officials announced a final decision on managing recreation uses on the upper Chattooga River and released the Environmental Assessment (EA) entitled *Managing Recreation Uses on the Upper Chattooga*. The final decision reflects Alternative 4 analyzed in the EA.

"A few minor changes were made to the preferred Alternative 4 released in July, 2008," said Acting Forest Supervisor for the Francis Marion and Sumter National Forests Monica Schwalbach. "However, the final decision still provides additional boating opportuni-

ties on the main stem Chattooga River above the Highway 28 bridge while continuing to emphasize, protect and enhance optimal, year-round, high-quality trout fishing. This decision minimizes user conflicts and also takes steps to reduce resource damage from existing and future recreation uses."

Specifically, boating will be allowed from the confluence of Norton Mill Creek in North Carolina to Burrells Ford Bridge in South Carolina (not including the tributaries) between December 1 and March 1 when the river reaches approximate flow levels of 450 cfs or more at the Burrells Ford gauge.

These flows are above those considered optimal for fishing and will produce approximately six boatable days in an average year. This stretch of river provides challenging, whitewater boating in a solitude setting and was rated the highest by boaters for creek boating.

The Forest Service decision also enhances the scenery Outstandingly Remarkable Value (ORV) by reducing the number and size of campsites and closing or rehabilitating user-created trails and campsites. It recognizes the value of large woody debris for aquatic habitat, prohibiting its removal to

accommodate recreation in the upper reaches, and acknowledges the important role of tributaries in the restoration of the native brook trout. Additionally, guidelines are established for encounter limits for all uses, primarily to protect opportunities for solitude now and in the future.

"The purpose of this new management direction is to ensure the continued enjoyment of the upper Chattooga by a variety of recreationists consistent with protecting and enhancing the river's free flowing conditions, water quality and ORVs as required under

• See CHATTOOGA page 33

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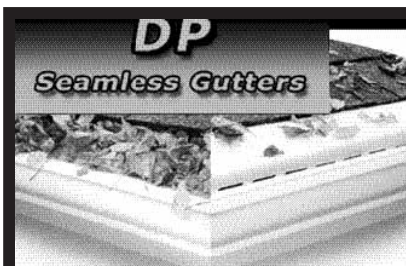
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Gates of Highlands - This builders home has a great floor plan and loads of great custom extras. Open living living room with cathedral ceiling and heavy beam work. Large dining room flows into a keeping room that is open to the kitchen with huge storage and butlers pantry. Large office on main level with powder room and a large master suite with his and her baths and closets. Upstairs level has Family room with 2 bedrooms and 2 baths. Lower level has Family room with custom bar, exercise room, Game room, bedroom and bath. large mechanical room with TONS of storage! detached 2 car garage with breezeway. Offered at a great value of \$1,490,000 mls #68814



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This cute log home is near town and sits on a great wooded lot and has an extra lot next to the house that goes with it. Living room has high ceilings and a great stone fireplace. Home has large outside decks to enjoy the Summer. Highlands Hills residents have deeded access to Apple Lake for fun, fishing and boating. Offered at \$475,000 MLS# 68425



# Woods goes on to win Bronze at X Game



Jason Woods wearing bronze.

By Ryan Potts

A few weeks ago the Highlands Newspaper profiled Jason Woods, a local motorcycle rider who qualified to participate in the X Games in Los Angeles, California. Woods went to California on a mission, and that mission was partially accomplished with a third place finish in the Moto X Super Adaptive Race.

"It was an awesome experience," said Woods, "I had a chance to meet some really great people and race on an extremely challenging track." Some of the "great people" that Woods is referring to included professional skateboarder Tony Hawk and Moto X champion Travis Pastrana. In addition to meeting many celebrities of the extreme sporting world, Woods was also able to pick up sponsorships from several vendors including Steelroots.com and Teenfaith.com.

While Woods obviously went to California with the intention of winning, he was certainly not disappointed with a bronze medal in his first X Games. Woods managed to medal despite having some equipment issues before the race. Woods said that "I felt like I possibly could have finished second with a little better equipment, I had a footpeg break in the practice run and had to borrow one for the actual event." While he is satisfied with this year's performance, Woods is already thinking ahead, saying that "next year, when I go back I am going to try and be more prepared."

•See BRONZE page 7



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... ALERT continued  
from page 1

litis, West Nile virus and other diseases. Thankfully, it is fairly easy for people to protect themselves by applying mosquito repellants and making their home or work environment less attractive to mosquitoes."

La Crosse symptoms occur from a few days to a couple of weeks after being bitten by an infected mosquito. These symptoms include fever, headache, nausea and vomiting. In more severe cases, convulsions, tremors and coma can occur. Children under 16 years of age and the elderly are the most susceptible to the disease.

While other mosquito-borne diseases like West Nile virus are found across the state, LAC is largely confined to western North Carolina and is the state's most common mosquito-borne disease. State officials recorded 10 LAC cases in 2007. The Centers for Disease Control and Prevention (CDC) records about 70 cases each year.

"We know that Lacrosse Encephalitis and West Nile Virus are both present in Macon County, so people need to protect themselves from mosquito bites," said Bruckner. "That means properly applying a mosquito repellent that contains DEET, picaridin, or oil of lemon eucalyptus (PMD) and mosquito-proofing your environment."

Bruckner said residents can protect themselves from mosquito bites by following precautions outlined by the NC Division of Public Health.

"These simple precautions have proven very effective at preventing mosquito bites and the diseases they transmit."

Questions regarding mosquito transmitted diseases may be directed to the Macon County Public Health Center at 349-2081 or by visiting the Centers for Disease Control website at [http://www.cdc.gov/ncidod/dvbid/westnile/qa/insect\\_repellent.htm](http://www.cdc.gov/ncidod/dvbid/westnile/qa/insect_repellent.htm)

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# MountainTop Relay for Life beats goal of \$100,000 – raises \$102,000 & counting!



Survivors of all ages took the first walk around the Rec Park gym, when rain Friday moved the festivities inside.

Photos by Kim Lewicki




Citizens of Highlands and Cashiers keep up the fight.

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## • HIGHLANDS SCHOOL SPORTS •



Highlands School Girls Volley Ball has begun on the up side with two wins – one against "Cherokee and one against Rabun County — 3 up 3 down. Photo by Stephanie McCall

## Boys soccer fights hard but loses

The Highlands Men's Soccer team began their 2009 campaign with a hard fought loss to county rival Franklin last Wednesday.

The Highlanders came out strong to start the match, using tough midfield play to generate a number of chances in the early minutes. Unfortunately for Highlands, they could not sustain the early momentum and gave up a goal off of a long shot to go down 1-0.

Minutes later the Highlanders had some misfortune when a deflection led to another goal, and Highlands went into the half trailing the Panthers 2-0.

The second half saw little action until late, when senior captain Will Mathowdis scored to cut the deficit in half. Highlands

tried frantically to equalize in the closing seconds, but was unable to generate a quality scoring attempt before falling 2-1.

Highlander coach Chris Green was pleased with his teams effort against the Panthers, particularly in the closing moments of the second half. "We are still trying to gel as a team," said Green, "but as long as the effort is there we will be successful in the long run."

Highlands was scheduled to host Tallulah Falls on Friday, Aug. 28, but the game was cancelled due to weather and will not be made up. The next Highlands home game will be Friday, Sept. 4 as the Highlanders will host Thomas Jefferson.



## ... REC PARK continued from page 1

you want," said Recreation Director Selwyn Chalker. "If you want an indoor pool, come tell us. If you want a racket ball court, come tell us. If you want shuffle board, come tell us. What comes out of this meeting and the subsequent survey will determine the direction for the park and recreation for the next 20 years."

Though there may be an abbreviated post-card survey distributed tonight, Heden-Stanziale will be formulating a comprehensive survey – part of which will be determined by responses and requests at Thursday night's meeting – which will be mailed out to everyone within the Highlands town limits as well as the Highlands Township later this year.

"This will be a specific mailing which will be announced ahead of time so people can be expecting it," said Chalker. "The town has determined that this issue is that important and we want concrete information to work from."

For instance, in addition to expected questions as to activities, one question on the survey will ask citizens to say what destinations in town they would like to access by walking or biking.

Haden Stanziale has identified and in many cases photographed town recreation facilities including the Civic Center and all its rooms, the swimming pool and bathhouse, the four tennis courts, the multi-purpose court, three picnic shelters, the system of walking trails that now incorporated The Greenway, the ball park on U.S. 64 and Hickory Street, the Martin-Lipscomb Performing Arts Center and Kelsey-Hutchinson Park.

Part of the comprehensive plan includes the creation of a Mission Statement and Goals and Objectives for the Highlands Parks and Recreation Department.

But the first step is feedback from citizens.

"The process tonight will be similar to the county's procedure a few years ago when it was compiling its Master Recreation Plan only I hope there will be more interest," said Chalker. "We truly want to know specifics – what do you want your Recreation Department to offer?"

Chalker said citizens don't have to stay the entire two hours, but encourages them to come, if only briefly, to let their views, concerns and desires known.

## Seasonal flu shot clinics begin Sept. 11

The Macon County Public Health Center has scheduled a series of seasonal influenza vaccination clinics at locations in Franklin, Highlands, Nantahala, and Otto.

Though Macon County citizens can get shots during any of the clinics, in Highlands the time is Tuesday, Sept. 29 from 2-6 p.m. at the Highlands Civic Center.

This year, seasonal influenza vaccine is available for everyone 6 months of age and older. Appointments are not needed for these clinics and vaccine will be given on a first come, first serve basis. Individuals unable to wait in line may have someone wait in line for them and a nurse will take vaccine to their vehicle.

- Friday, Sept., 11 from 9-11 am at the Macon County EMS Building in Nantahala.

- Monday, Sept. 21 from 9 am to 4 pm at the Community Facilities Building on 441 South in Franklin

- Wednesday, Sept. 23 from 4-6 pm at the Otto Community Building on 441 South in Otto

- Thursday, Sept. 24 from 9 am to 4 pm at the Community Facilities Building on 441 South in Franklin

- Friday, Sept. 25 from 9 am to 4 pm at the Community Facilities Building on 441 South in Franklin

- Saturday, Sept. 26 from 9 am to noon at the Macon County Public Health Center on Lakeside Drive in Franklin

- Tuesday, Sept. 29 from 2-6 pm at the Highlands Civic Center in Highlands

The cost for the vaccine is \$25 and the health center will bill Medicare and Medicare replacements, BCBS, Crescent, and Tri-

care – so clients should bring their cards with them to the vaccination clinics.

This year, all children enrolled in Macon County Public Schools will have the option to be vaccinated against seasonal and H1N1 influenza at their school. Information about this option will be sent home to parents by the school nurse.

Currently, only vaccination clinics for seasonal influenza are being scheduled for the public.

Clinics for the novel H1N1 influenza will be scheduled as soon as the health center's shipment of H1N1 vaccine arrives. The H1N1 vaccine, when it becomes available, will be distributed first to individuals who are listed on the Centers for Disease Control and Prevention (the CDC) priority list. The individuals on this list are thought to be at highest risk for H1N1 infection and complications. This list currently prioritizes the following groups:

- pregnant women,
- people who live with or care for children younger than 6 months of age,
- health care and emergency medical services personnel with direct patient contact,
- children 6 months through 4 years of age, and
- children 5 through 18 years of age who have chronic medical conditions.

To keep up-to-date about seasonal and H1N1 influenza vaccination clinics, visit the health department's website at [www.maconnc.org/healthdept](http://www.maconnc.org/healthdept) or call the Macon County Public Health Center at 349-2081.

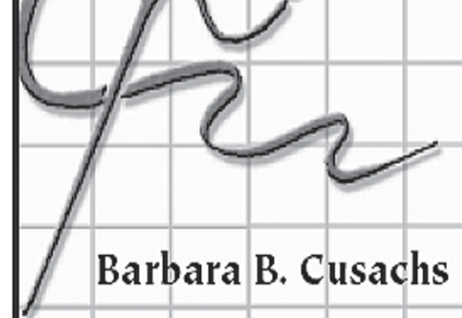
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**LINE COOK AND WAIT STAFF** needed, Highlands Bistro on Main drug-free rest 828-526-2590. st. 8/27

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**C.N.A I** needed at Highlands-Cashiers Hospital in the Acute Department. Full-time and PRN positions available, night shift. Excellent wage scale, with shift and weekend differentials. Full benefits, or the option to opt out of benefits for an increase in pay, available after 60 days of full-time employment. We are now offering part-time employees, working at least 24 hours a week, medical insurance. Pre-employment screening required. Call Human Resources at 828-526-1376 or apply online at [www.hchospital.org](http://www.hchospital.org).

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### YARD SALE

**SATURDAY, AUG. 22** – Multi Family, 10 a.m. to 4 p.m. 174 Dolly Lane, Highlands. Mirror Lake Area.

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### YARD SALE

**SATURDAY, SEPT. 5** – 8 a.m. to 3 p.m. Scaly Mountain, 8106 Dillard Road. Tools, collectibles, Wooden Mantle, paintings by local artists & misc.

**DAILY** – Basement of Highlands Pharmacy at 238 Helen's Barn Ave. 9 a.m. until. Tools, lumber and household items. EVERYTHING MUST GO!

**ESTATE SALE** — Sept. 11-12, 9 am-4 pm/ 460 Dillard Rd (across from Dusty's) antiques, home furnishings, accessories, rugs, lamps, silver; from elegant to "shabby-chic. st. 9/3

### RESIDENTIAL FOR SALE

**FOR SALE BY OWNER** – 6.28 acres, just off Buck Creek Road. Backed by USFS land. Great View. 526-9388. Leave message. 9/24

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**4BR/2.5BA HOME** – with long-range mountain views only \$299,000! Call for recorded property info: 1-800-526-1648 ext. 1238. Also available, 2Br/2.5Ba remodeled cottage only \$209,000! Call for recorded property info: 1-800-526-1648 ext. 1228. Available together or separately. Offered by Green Mountain Realty Group. st. 7/30

**FOR SALE** – 4.28 acre great building lot in Pine Forest, (adjacent to Spring Forest) Sapphire.

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**FOR SALE BY OWNER** – 535 N. 4th Street. Zoned Commercial. \$350,000. Currently rented at \$2,500 a month. Call 770-827-0450. (st. 2/19)

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**PATIO APARTMENT** – 1 queen-sized bedroom, 1 bath, all utilities included except phone. \$650 a month. Call 526-2561. St. 9/3

**HIGHLANDS MOUNTAIN CLUB CONDO:** 2 bdrm, 2 bath, next to Highlands Country Club, Central Heat/AC, gas logs, hwd floors, high speed internet, cable TV, fully furnished. Deck and screened porch. In city limits. Amenities include heated pool, tennis courts, road and entrance snow removal. Adults only. \$875 per month includes utilities. 828 200-0786

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**APARTMENT FOR RENT** - 1 bed, 1 bath, living area, kitchen and utility room. \$650/month. \$300 security deposit. First and last month rent. Rent includes utilities, (electric, water, heat, local phone) One year lease. Prefer non-smoker. No pets. Unfurnished. Good for 1-2 people. Call 526-9494.

**FOR RENT AND SALE** - 2/2 condo, LR, DR, Sun room, W/D. Walk to town. Available year round. Call 828-421-2144

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**THE LODGE ON MIRROR LAKE** - Fish or canoe from deck. Available weekly, monthly, No min. Call 828-342-2302.

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**BABY LOCK SERGER MACHINE** with extra spools of thread. \$200. 828-631-2675 after 5 p.m. Sylva area.

**3-PIECE BEDROOM SET** – Oak veneer. one dresser, one desk, one chest. \$300. Call 526-5772.

**MARTIN-C-1740 UNVENTED GAS HEATER** – with oxygen depleting sensing system. BTU 40,000. H. 14 24 3/4 W. 25" D. 13". Fan blower-model B35. \$125. Call 526-5640.

**AVON CAPE COD RED GLASS** – 8 piece place setting. 64 pieces. \$385. Also, accessory pieces available. Call 828-524-3614.

**GOLF CLUBS CLASSIC – SET OF** MacGregor Tourney 9 irons (2-9 P.W.) 1980. Persimmon Drivers, new. \$50. Used \$25. Also miscellaneous items cheap. Call 706-746-3046. (Sky Valley).

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**2004 FORD EXPEDITION XLT**, olive green, beige leather, 72,000 miles, Excellent condition, V-8 5.4 liter. \$13,500. Call 828-526-4707.

**CADILLAC DEVILLE 2002** – Silver, 85,300 miles. One owner, garaged. \$8,950. See at 150 Shelby Circle, Highlands. 787-2310. (St. 7/9)

**SCOOTER 2007 YAMAHA VINO 125** -- Never used. 15 miles logged. Mid-life crisis purchase. \$2,200, helmet included. Call 828-526-0844.

### SERVICES

**THE HIGHLANDS HANDYMAN** – Anything and everything. Call a neighbor. Call mark at 526-0031. 9/24

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**ECONOMIC CONDITIONS GOT YOU DOWN?** Need help processing feelings, creating an action plan? Contact Betty Holt, M.Ed, Licensed Professional Counselor at the Conscious Connection, 526-8885. Sliding scale, recession rates. (st. 6/25)

**CLOCK REPAIR** – Antique or modern, complicated antique clocks are my specialty. Experienced, dependable and courteous with housecalls available in the Highlands area. Call 706-754-9631. Joseph McGahee. Clockmaker. www.oldclockrepair.com. 9/1

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**RELIABLE CHILD CARE IN MY HOME** – Minutes from Highlands-Cashiers Hospital. Daily/Weekly. 12 years experience, references and Early Childhood credentials. \$5 per hour for first child, \$10 a day for second sibling. Call 743-2672.

**LANDSCAPE CLEANUP** – leaves, gutters and more. Call Juan at 200-9249 or 526-8525.

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## • UPCOMING EVENTS •

### Week Long

• YOGA - all levels all week, schedule posted  
Moonrise Yoga 464 Carolina Way. 828.526.8880  
www.highlandsyoga.com 10/15

• Nantahala Tennis Club at the Rec Park, six days a week at 9 a.m. Public invited.

• At Health Tracks at Highlands-Cashiers Hospital, various exercise classes. Call Jeanette Fisher at 828-526-1FIT.

### Sundays

• Old-fashioned hymn-sing at the Little Church in the Wildwood 7-8 p.m. Memorial Day weekend through Labor Day weekend. For more information call Kay Ward at 743-5009.

• Refuge Youth meets every Sun. night at 6:30 p.m. downstairs at Cullasaja Assembly of God. If you are in grades 6th-12th then this is the place to be! The church is located at 6201 Highlands Rd. next to Exxon. For more info call youth ministers Matt and Candace Woodroof at 828-369-7540 ext 203.

• Hal Phillips on piano at Skyline Lodge and Restaurant on Flat Mountain Road during the Champagne Brunch 12-2pm.

Mon., Wed., & Thurs.

• Yoga On The Mat. New location. The Episcopal Church of Incarnation on Main Street. Enter through single door facing Mountain Fresh. MWW @ 7:30 a.m.;

• See EVENTS page 28

## Car Wash & Bake Sale



On Saturday, Sept. 5, The Franklin Panthers 10U Travel Baseball Team will be having a Car Wash and Bake Sale on Saturday from 9-1 at the U Save It Pharmacy on the Georgia Road. All proceeds will directly benefit the team to help offset expenses for tournament entry fees etc. Please come out and support your local travel baseball team! For more information, please contact Renee Burt @ 828-421-2424

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## • SERVICE DIRECTORY •

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Home: 526-5213

Office: 526-2520

betzrealtor@gmail.com





# • UPCOMING EVENTS •

Thurs. @10:45 a.m. Bring your mat. 828-482-2128 10/29.

**Mon., Wed., Fri.**

• Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$50 a month.

**First Mondays**

• Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital. Auxiliary meetings are held the first Monday of each month at 10 a.m. at the hospital.

**Mondays**

• Closed AA meeting, 8 p.m. at the Episcopal

Church at Fifth and Main streets.

**Tuesdays**

• Clogging Lessons at the Rec Park. 5 p.m. Leather shoes recommended and tap shoes can be ordered. For more information, call Joyce Doerter at 877-6618. \$30/mth. 9/26

• Highlands Rotary Club meets at noon at the Highlands Conference Center.

• Closed AA Women's meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

**Beginning Sept. 10 on Tuesdays & Thursdays**

• Zumba Classes at the Rec Park. Aerobic/dance/toning. No dance experience necessary. One-hour. \$5/class. Tuesdays, 12:30-1:30, Thursdays, 8-9 a.m. and 1 p.m. Thursdays at Cashiers Rec Park. Call Mary K. Barbour at 828-342-2498. 9/26

**Wednesdays**

• The Highlands Mountaintop Rotary meets at Ruka's Table at 163 Main Street in Wright Square in Highlands at 7:30 a.m. Visitors are welcome. If you are new to the Highlands area we invite you to join us for breakfast and our meeting.

• Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

**Wednesdays & Fridays**

• Open AA meeting at noon at the Episcopal Church at Fifth and Main streets.

**Every 3rd Wednesday**

• Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. For more information call 828-524-6777 or 706-746-9964.

**Thursdays**

• The Zahner Lecture Series at the Nature Center at 7 p.m. Subjects vary.

• Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

**Every 2nd Thursday**

• NAMI (National Alliance on Mental Illness) Appalachian South support group will meet once a month through the summer on the third Thursday of each month. The meetings will be held at 7p.m. at the Children's Home for Family Restoration, 827 Wiley Brown

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## Robert Ray's 'I Hear America Singing'



**This Weekend Only at PAC, Sept. 4 5, & 6. All seats \$25. Call 526-9047 for tickets.**

For the past 100 years Americans have been listening, dancing and singing along to the songs of three of our country's best loved com-posers, Harold Arlen, Irving Berlin and Johnny Mercer.

Whether in the parlor by the piano, in a Vaudeville House or Broadway Theater or on Radio or Television, Americans have literally dated, married, raised children, gone off to war, lived and died to a uniquely American soundtrack given to us by these musical giants.

Mercer with his unsurpassed 18 Academy Award Nominations, Arlen with his unforgettable *Somewhere Over the Rainbow* and Berlin who with songs like *White Christmas* and *Easter Parade* turned religious holidays into national celebrations.

Broadway performer and Award Winning Cabaret Singer, Robert Ray has made it his passion to keep this great music alive by producing numerous shows over the past years that honor what has come

to be known as “The Great American Songbook.”

Having previously presented separate shows about Arlen, Berlin and Mercer at Charleston's Piccolo Spoleto Festival....Ray now has taken the “best of the best” and created a new show featuring 3 of Atlanta's top female cabaret singers, himself and an on-stage musical quartet.

Beautifully staged and costumed, expect to hear some of the greatest musical treasures ever produced by American composers:

*Blue Skies, Alexander's Ragtime Band, Come Rain or Come Shine, Moon River, Somewhere Over the Rainbow, Accentuate the Positive, Stormy Weather, Blues in the Night, What'll I Do, Always, Get Happy, No Business Like Show Business, Fools Rush In, White Christmas, Easter Parade and God Bless America....to name a few.*

Showtimes are: Fri. & Sat. - 8pm and 2 p.m. on Sunday.



# • UPCOMING EVENTS •

Rd. in Franklin. NAMI is a grassroots organization providing support, advocacy and education for individuals with mental illness and their families. Membership is not required to attend meetings. For more information contact: Ann Nandrea 828 369-7385, MaryAnn Widenhouse 828 524-1355, Carole Light 828 226-6213.

## 2nd & 4th Fridays

- Community Drum Circle at the Highlands Rec Park, from 6-7:30 p.m. For more information call 421-0551.

## Fridays & Saturdays

- At Fressers Eatery, Cy Timmons live from 6 p.m.

- Hal Phillips on piano from 7- 9:30 pm at Skyline Lodge and Restaurant on Flat Mountain Road.

- At Highlands Wine & Cheese, at Falls on Main, complimentary wine samplings during business hours.

## Fridays & Sundays

- Highlands-Cashiers Music Festival Concerts every Friday at 6 p.m. and 5 p.m. on Sundays at PAC in Highlands through Aug. 9. For tickets or more information, call (828) 526-9060 or visit [www.hcmusicfestival.org](http://www.hcmusicfestival.org).

## Every Third Saturday

- The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

## Every Fourth Saturday

- Friends of Panthertown work days, are the fourth Saturday of each month. (Time and location varies). Volunteers needed to maintain trails. For more

information, contact Nina Elliott at 828-526-9938 (ext 258).

## Saturdays

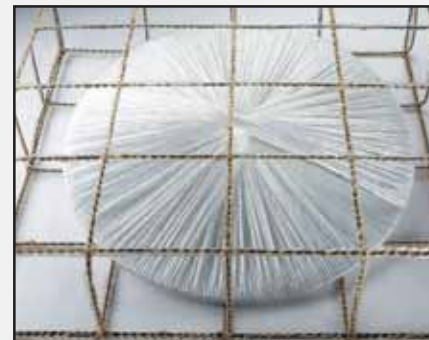
- At Cyprus International Restaurant, live music beginning at 9 p.m. No cover.

- At Highlands Wine & Cheese, Falls on Main,

• See EVENTS page 30

## 'Cat Chow: Beyond Fiber Art' opens Saturday at The Bascom

*NYC artist makes rare visit to North Carolina*



Images by hot young New York City artist Cat Chow will be featured in a new exhibition at The Bascom opening Saturday, Sept. 5.

An exhibition by critically acclaimed fiber artist Cat Chow, who has been touted by The New Yorker as "a compelling young artist," will be on display at The Bascom beginning this weekend. "Cat Chow: Beyond Fiber Art" opens with a free reception from 5 to 7 p.m. this Saturday, Sept. 5, then continues through Oct. 10.

"Chow draws on her training in fashion design when making her mixed media pieces; her work incorporates zippers, measuring tapes, fish line, keys, wire and other unusual materials," said Kaye Gorecki, Bascom artistic director. "It's a definite don't-miss."

Chow will be present at the Sept. 5 opening, giving a gallery talk at 6 p.m.

Exhibitions are free and open to the public Tuesdays through Saturdays from 10 a.m. to 5 p.m. The Bascom's new address is 323 Franklin Road, Highlands. Two other exhibitions are also open at The Bascom: "Southern Landscapes by Lamar Dodd and Will Henry Stevens" in the Main Gallery and "Dave Russell: Stacked Stone Sculpture" outdoors and on the Nature Trail.

"Cat Chow" exhibition sponsors are Nancy and Larry Fuller.

For more information, visit [www.thebascom.org](http://www.thebascom.org) or call (828) 526-4949.

## Live and silent auction items take center stage at Autumn Leaves' Oct. 2 gala



Auction items like the Beach Villa Paprika, in the Turks and Caicos Islands, above, will be available for bid at Autumn Leaves' Oct. 2 gala. For tickets, visit [www.thebascom.org/autumnleaves](http://www.thebascom.org/autumnleaves) or call (828) 526-4949, ext. 4. All proceeds benefit The Bascom.

An elegant evening with an array of live and silent auction items awaits you at The Bascom's annual Auction Gala at The Farm at Old Edwards Inn on Friday evening, Oct. 2.

Featuring fine dining from Executive Chef Johannes Klapdohr, as well as wine and spirits, the Auction Gala is the first night of The Bascom's two-night fundraiser "Autumn Leaves," and all proceeds support the community exhibition and art education programs presented by The Bascom at its new six-acre campus.

Dozens of live and silent auction items will be available for bid, including a cruise to the Greek Islands; a Chamber Music Festival concert in Rome, Italy; a portrait by Comer Jennings; a visit to the Omphoy Hotel in Palm Beach; jewelry by Zonnie Shiek; a get-away at a new house at Sea-

grove Beach; a round of golf at one of several courses; and much more.

That night will also feature the long-anticipated raffle drawing for the Rosemary Stiefel botanical book to benefit The Bascom.

Tickets to the Auction Gala are \$225 each. For tickets to the Friday, Oct. 2, Auction Gala or its sister event, the Saturday, Oct. 3, Autumn Leaves Party, visit [www.thebascom.org/autumnleaves](http://www.thebascom.org/autumnleaves) or call (828) 526-4949, ext. 4.

Corporate sponsors are Old Edwards Inn & Spa as presenting sponsor, ZWJ Investments as gold sponsor, Donna Laird Graphic Design, Franklin Ford/Moss Robertson Cadillac, Highlands' Newspaper, The Hillside Shops at Cashiers Village, InMed, The Laurel magazine, The Shoptaw Group, and Zeke and Earl's Hot Dog Stand.



Upcoming Book Signings  
526-5488 • Main Street

e-mail: [cyranos@nctv.com](mailto:cyranos@nctv.com)

**Sept. 5**

**Pat Conroy**

*South of Broad*

**At noon**

**Sept. 19**

**Overton & Isabel Chambers**

*Remembering Highlands*

**1- 3 pm**

**Sept. 20-25**

**Southern Women Authors**

Teamed with Old Edwards Inn for the first Highlands Southern Women's Writers Conference - Cassandra King, Mary Kay Andrews, Kathryn Stockett, Angela Dove, Kathleen Parker, Sandra Mackey, and more.

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**Sept. 4-10**

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Sat-Sun: 2, 4:20, 7, 9:20

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Sat-Sun: 2:10, 4:15, 7:10, 9:15

**HALLOWEEN II**

rated R

Mon-Fri: 4:30, 7:15, 9:30

Sat-Sun: 2:15, 4:30, 7:15, 9:30

**INGLOURIOUS BASTERDS**

rated R

Mon-Fri: 4, 7:05, 9:45

Sat-Sun: 4, 7:05, 9:45



## • UPCOMING EVENTS •

Wine Flights from 4-6:30 p.m. Five wines, artisan cheeses and specialty foods. \$19 per person.

- NA open meeting every Saturday at 7:30 p.m. of the ACC Satellite Group at the Graves Community Church, 242 Hwy 107 N. in Cashiers. Call 888-764-0365.

### Saturdays & Mondays

- Highlands-Cashiers Music Festival Concerts at 5 p.m. at the Albert Carlton-Cashiers Community Library. For tickets or more information, call (828) 526-9060 or visit [www.hcmusicfestival.org](http://www.hcmusicfestival.org).

### Through Sunday, Sept. 6

- The 12th Annual Cashiers Designer Show-

house, the "ONLY" showhouse in the mountain area this year at the historic Hanks House, 1903 Highway 107 South, just south of the Cashiers crossroads. The hours are Monday through Saturday, 10am- 4pm and Sunday 1 - 4pm. General Admission is \$25. For more information, call 828-743-7710.

### Thursday, Sept. 3

- DANCE — Foxtrots, Waltz, Latin, Line Dances, Country, Rock and Polkas. Thursday at the MC Community Building, on Hwy 441 S. in Franklin, from 6:30 to 9 p.m. with music by "Swingtime Band" for information call (828) 369-9155 or (828) 586-6373.

- The movie *Slumdog Millionaire* at the Cashiers

Library. The movie and popcorn are free, but donations are appreciated. Movies are sponsored by the Friends of the Library.

- Taize service at the Highlands United Methodist Church at 5:30 p.m.

### Friday-Sunday, Sept. 4-6

- Robert Ray's "I Hear America Singing" the music of Harold Arlen, Irving Berlin & Johnny Mercer at PAC. All seats \$25. Call 526-9047.

### Sat. and Sunday Sept. 5 & 6

- Village Square Art & Craft Show in Highlands' Kelsey-Hutchinson Park (downtown) from 10 - 5. Features high quality regional crafts, fine art and folk art. (828) 787-2021 for more info.

### Saturday, Sept. 5

- The Franklin Panthers 10U Travel Baseball Team will be having a Car Wash and Bake Sale on Saturday from 9-1 at the U Save It Pharmacy on the Georgia Road. All proceeds will directly benefit the team to help offset expenses for tournament entry fees etc. Please come out and support your local travel baseball team!! For more information, please contact Renee Burt @ 828-421-2424.

- The Nantahala Hiking Club will take a moderate 6-mile hike along Panther Creek in Georgia to a waterfall with pool below for wading. Meet at Westgate Plaza in Franklin, across from Burger King, driving 60 miles round trip, or call leader for alternate meeting place if coming from Highlands or Cashiers. Call leader Gail Lehman, 524-5298, for reservations. Visitors are welcome, but no pets please.

- At Cyrano's Bookshop, author Pat Conroy signing "South of Broad" at noon.

- At Summit One Gallery, opening reception from 5-7 p.m. 100 years of Highlands-Cashiers Land Trust featuring 30-plus artists. South 2nd Street.

- At Twigs at Highlands Edge, NC potter, Jim Crabtree will be demonstrating his craft from 11 a.m. to 4 p.m.

### Sunday, Sept. 6

- The Nantahala Hiking Club will take a moderate 3.5 mile hike with an elevation change of 600 feet on the Camprock Trail at Coweeta Labs. Meet at the Smoky Mtn. Visitors Center on Hwy. 441 in Otto at 2 p.m. Drive 10 miles round trip. Bring water, a snack if you wish; wear sturdy shoes. Call leader Kay Coriell, 369-6820, for reservations. Visitors are welcome, but no pets please.

- The High Mountain Squares will be having a special "ANNUAL GREENWAY DANCE" on Sunday at the Tasse Pavilion on the Greenway from 2-5 p.m. Danny Weeks from Oxford GA will be the caller. We dance Western Style Square Dancing, main/stream and plus levels. A picnic will be furnished at the dance. Everyone is welcome, so come in casual clothes and enjoy the food and dancing. For information call 828-349-0905, 828-369-8344, 706-782-0943

### Wednesday, Sept. 9

- Annual Friends of Panthertown meeting on Wednesday from 5-7 pm at the Cashiers Library in the large meeting room. Open to the public - anyone interested is invited to attend. The purpose of the meeting is to conduct Friends of Panthertown business and outline projects for 2009. Crystal Powell with the USDA Forest Service from the Nantahala Ranger District will present the Panthertown Trail Project. For more information, contact Nina Elliott at 828-526-9938 (x 258).

- CLE presents Cooking with Chefs – Nicholas

Figel of Cyprus Restaurant from noon – 2:30 p.m. at Cyprus Rest. Lunch is included in this demonstration of the foods of Italy. Call 526-8811 for more information.

- CLE presents Creative Journaling – Journaling to the Self from 2 – 5 p.m. at the Episcopal Church Library. Join Betty Holt as you experience 16 different writing techniques of journaling to help you get in touch with yourself on a deeper level. Call 526-8811 for more information.

### Beginning Thursday, Sept. 10

- ZUMBA classes at the Highlands Rec Park. Tuesdays, 12:30 p.m. and Thursdays 8 a.m. Classes are one hour long and cost \$5 per class. Also at the Cashiers Community Center at 1 p.m. on Thursdays. Call 342-2498 for more information.

### Thurs. & Fri., Sept. 10-11

- Register for the Native Plant Conference to benefit the Botanical Garden at the Highlands Biological Station. The experience includes a field trip, lectures, a luncheon, and a native plant auction. Choose among field trips that visit spectacular local private gardens landscaped extensively with native plants, pilgrimage to view 400+ year old hemlocks near Highlands, or hike the scenic Panthertown Valley or Whiteside Mountain with experienced botanists. If hiking is not your thing, several workshops will be offered on creating Monarch butterfly waystation gardens or growing rare southern Appalachian heirloom vegetable and fruit varieties. To obtain a registration form or to get more information visit [www.wcu.edu/hbs](http://www.wcu.edu/hbs) or call the Highlands Biological Station at 828-526-2602.

### Thurs., Sept. 10

- CLE presents The Story Behind the Story from 10 a.m. to noon at the Community Bldg. Award winning local author Ron Rash will discuss his best-selling novel *Serena*. Call 526-8811 for more information.

- The September meeting of The Western North Carolina Woodturners Club is Thursday at 6 p.m. at the Blue Ridge School, in Glenville. Drive to the back of the school to the woodworking shop. Visitors are always welcomed. The club meets every second Thursday at the Blue Ridge School. Listen to WHLC (104.5 FM) at 5 p.m. for cancellation due to weather.

- Taize service at the First Presbyterian Church at 5:30 p.m.

- The League of Women Voters of Macon County will sponsor a program on the Macon County Comprehensive Plan Study. This Comprehensive Transportation Plan (CTP) study is a long range plan, which identifies major transportation improvement needs and develops long term solutions for the next 25 to 30 years. The meeting will be held at Tartan Hall of the First Presbyterian Church. Lunch is available at noon by reservation. Call 524-5192. The program will begin at 12:15. The public is invited.

### Saturday, Sept. 12

- Quick Draw, 6-8 p.m. at the OEI Executive Conference Center. 8:15 p.m. Live Auction. \$45 per person includes hors d'oeuvres, social hour and cash bar. Quick Draw benefits local Highlands Mountain Top Rotary charities and projects in Highlands.

- The Nantahala Hiking Club will take a 3.5-mile moderate hike to the Devil's Courthouse and Whiteside Mtn. with an elevation change of 800 feet. Meet at the Whiteside Mtn. parking area at 9:30 a.m. Bring water, lunch; wear sturdy shoes. Call leader Jim Whitehurst, 526-8134, for reservations. Visitors are welcome but no pets please.

### Sunday, Sept. 13

## Bel Canto coming to PAC Sept. 13



**Piano accompanist, Dr. Stephen Dubberly**

The 17th annual Bel Canto takes place in just a few short weeks, and with tickets in high demand, now is the time to reserve your seat.

Literally "beautiful music," Bel Canto has been bringing an exceptional, rare treat to the mountains for 16 years, and this year is no exception.

Under the artistic direction of Stella Zambalis for the second year, Highlands' visitors and residents are promised an exquisite performance designed to delight opera lovers from the newly introduced to the well-seasoned patron.

Zambalis, who has had her own illustrious career in the world of opera, joined the organization last year, saying she was ready for the next stage in her career. While she has no plans to stop singing completely, she said she is ready to slow down. The Bel Canto Artistic Director was a perfect opportunity to launch her into a new phase with her musical career.

It is her connections and knowledge of the opera world that bring this year's performers, tenor John Pickle and soprano Lynette Tapia, to the Highlands stage.

Joining this year's accomplished singers is Dr. Stephen Dubberly — pianist, distinguished coach and opera conductor.

This year marks Dubberly's 17th



**Artistic Director Stella Zambalis**

appearance as Bel Canto accompanist and admired keyboard soloist. A Bel Canto favorite since the recital's inception, Dubberly is the principal orchestral conductor at North Texas University, where he is opera music director.

His career as an opera conductor is accelerating, and since he made his conducting debut 15 years ago, he has been lauded for productions in Saint Louis, Knoxville, Tenn., Athens, Ga., Hilton Head, S.C. and with the American Bel Canto Opera Company. As an accompanist, Dubberly has partnered Met stars Denyce Graves, Elizabeth Futral and Kristine Jepsen. Few musicians understand the human voice better than Stephen Dubberly, which makes his partnership with every Bel Canto singer a pleasurable experience for the vocalist and for the Highlands audience.

Bel Canto is scheduled to run Sunday, Sept. 13 at 4 p.m. at the Martin-Lipscomb Performing Arts Center. A specially catered dinner is planned afterwards hosted by Highlands Country Club. Tickets can be obtained by calling 828-526-9142, or writing to Bel Canto, PO Box 2392, Highlands, NC, 28741. Proceeds benefit The Bascom, the Highlands School music program and the Highlands Childcare Development Center.



## • UPCOMING EVENTS •

• Bel Canto at PAC, 4 p.m. with dinner to follow at Highlands Country Club. Call 526-1947 for tickets.

### Mon., Sept. 14

• The Highlands Audubon Society will have a program at the Highlands Civic Center beginning at 7:30. Doreen Miller, Wildlife Biologist for the Nantahala National Forest will discuss how forest management can benefit migrating birds. Please join us for refreshments beginning at 7 p.m. For additional information call Brock Hutchins at 828-787-1387. The program is free.

• CLE presents Pencil Drawing from 10 a.m. to 12:30 at PAC. All levels will discover new drawing techniques as artist David Knott teaches ways of capturing details with your eyes and your pencil. Call 526-8811 for more information.

• "Parenting Matters" is an 8-week parenting class taught by Sherrie Peeler, Extension Agent, Family & Consumer Science, that helps parents learn their personal and parenting strengths; define ideas and ways to be effective parents; describe more about themselves and their attitude toward others; ways to identify things they can do to encourage and support their children based on their child's age; learn effective listening skills, and discipline techniques; manage stress, anger and conflict and find ways to strengthen their social support system. The classes will be every Monday - Nov. 2 at the Cooperative Extension Office. Please contact Sherrie Peeler at 349-2046 for more information or to register.

• The Highlands All Male Beauty Pageant will be held at the Highlands Playhouse on Monday to benefit the Bolivian Mission. This bi-annual show is always a fun filled event with 12 of Highlands' most famous people competing in evening gown, talent, and lingerie for the title of "Missed Highlands." This is an event that cannot be missed. Ticket for this event are available by calling 526-3605. Tickets cost \$100 but this is a fully tax deductible.

• Macon County Commission meeting in the courthouse board room at 6 p.m.

### Tuesday, Sept. 15

• Hospital blood drive. The bloodmobile will be in front parking lot of Highlands-Cashiers Hospital from 9 until 11:30 a.m.

• Hospital blood drive. The bloodmobile will be in the parking lot of First Citizens Bank on US 64 East in Highlands (across from the Recreation Park) from 12:30 until 6 p.m.

### Wed., Sept. 16

• Highlands Town Board meeting in the community building at 7 p.m.

• Hospital blood drive. The bloodmobile will be in at the Blue Ridge School in Cashiers 7:40-10:30 a.m.

• Hospital blood drive. The bloodmobile will be at the Albert Carlton Library on Grouse Point Road, from 1 until 3:30 p.m.

### Thursday, Sept. 17

• Mark Twain (Marvin Cole) will perform at the Performing Arts Center on Chestnut Street in Highlands at 7:30. Tickets are fifteen dollars, and may be reserved at 828-526-9047. 9/17

• PTO General Dinner-Meeting in the school cafeteria Thursday to coincide with the annual school Book Fair. A fundraiser dinner to benefit the basketball team begins at 5 p.m. with the meeting at 6 p.m. this way people can keep eating during the meeting. There will be a drawing for a \$50 gift certificate at the Book Fair. The winning class during "class count" will receive

a \$100 for their teacher/classroom.

• Taize service at the Holy Family Lutheran Church at 5:30 p.m.

### Fri., Sept. 18

• CLE presents Gastrointestinal Problems and Aging from 10 a.m. to noon at the Jane Woodruff Bldg at the hospital Dr Richard Carter will discuss the gastrointestinal issues that often occur after age 65. Call 526-8811 for more information.

### Saturday, Sept. 19

• At Cyrano's Bookshop, authors Overton and Isabel Chambers to sign "Remembering Highlands" from 1-3 p.m.

• The Nantahala Hiking Club is providing an easy 3- mile hike for children under ten with their adult(s) on the Park Creek Trail in the Standing Indian Campground area, with an option to wade in the creek. Meet at Westgate Plaza in Franklin at 9:30 a.m. Drive 30 miles round trip. Bring a drink, lunch, and wear sturdy, comfortable shoes. Call leaders Sharon and Bill Van Horn, 369-1983, for reservations. Visitors are welcome but no pets please.

• Benefit for Desiraya Drummond, daughter of Trysta Green and Ryab Drummond, granddaughter of Gene and Ann Green, Saturday, 5-9 p.m. at the Highlands Rec Park. Turkey dinner with all the fixings, \$6 per plate, \$4 for child's plate. Music by Mountain Top Bluegrass, Appalachian bluegrass and Nathan Parris. There will also be a raffle and bake sale. 3-year-old Desiraya has Blounts Disease and requires extensive surgery.

• Harvest Bazaar at the Lodge of Sky Valley, in Sky Valley, GA, from 9 a.m. to 4 p.m. Proceeds from this upscale bazaar will go to the Women of the Chapel of Sky Valley "Feed the Hungry" project. There will be original and handmade gifts, holiday items, white elephant items, baked goods, homemade jams and jellies and a boutique of designer accessories as well as a raffle of elegant crafts. For more information, call Maureen Platt at 706-746-2358.

• Rabies Vaccination Clinic at the Highlands Community Building by the ballfield from 1-2:30 p.m. with Dr. Amy Patterson. Dogs, cats, and ferrets over 4-months of age are eligible, as required by NC state law. The cost is \$5 (cash only) per pet and all pets should be kept in vehicles, on leashes or in carriers. Call 349-2490 for a recorded schedule of other sites.

• Rabies Vaccination Clinic at the Scaly Mountain Post Office from 3-4 p.m. with Dr. Amy Patterson. Dogs, cats, and ferrets over 4-months of age are eligible, as required by NC state law. The cost is \$5 (cash only) per pet and all pets should be kept in vehicles, on leashes or in carriers. Call 349-2490 for a recorded schedule of other sites.

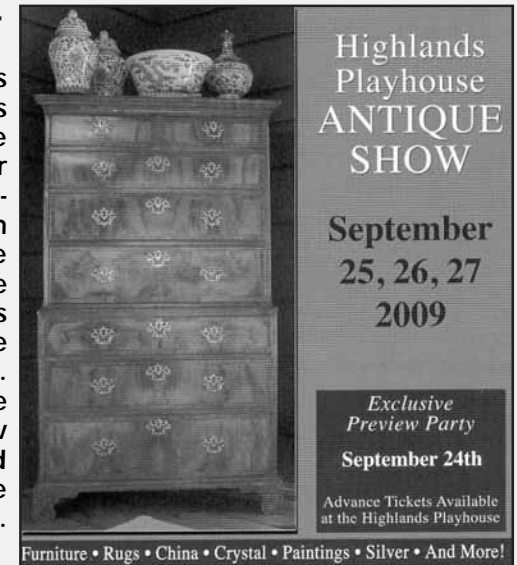
• The Highlands Plateau Audubon Society will have a field trip around Highlands to look for fall migrating birds. Meet at the public parking area next to the town hall at 7:30 a.m. For additional information call Brock Hutchins at 828-787-1387. There is no charge to participate.

### Sunday-Thursday, Sept. 20-24

• Old Edwards Hospitality Group will host "A Celebration of Southern Writers" with Cyrano's Bookshop of Highlands. Spend four days and nights at Old Edwards Inn and Spa hosting cocktail parties, special meals and panel discussions for their fans. Call 866-526-8008 or visit [www.olderdwardsinn.com](http://www.olderdwardsinn.com) for more details. Seating is limited at all events.

## Highlands Playhouse Antique Show begins Sept. 24

The fifth annual Highlands Playhouse Antique Show closes the 71<sup>st</sup> season. The show will be held at the Highlands Civic Center on Sept. 25 and 26 from 10 a.m.-5 p.m. and on Sept. 27 from Noon-5 p.m. Tickets for the Antique Show are \$12 and will be made available at the Highlands Playhouse Box Office soon. There will be a Preview Party on Sept. 24 from 6-8 p.m. Tickets for the Preview Party are \$35. Come view some of the finest art and antiques from all over the country. It is an event not to miss.



## Get your 'Quick Draw' tickets now!

Tickets are on sale now for the Highlands Mountaintop Rotary "Quickdraw" artists exhibition and auction. Join us on Saturday, Sept. 12, at the Executive Conference Center at Old Edwards Inn in downtown Highlands for this fun and exciting annual Highlands Mountaintop Rotary fundraiser.

This is an opportunity to see art in the making first hand as sixteen professional local and regional artists come together under one roof for the art event of the year. For two hours, artists will work on a subject that was selected weeks in advance in preparation for this event.

During the timed Quickdraw, artists work swiftly, drawing on their experience, their artistic instinct and their passion for art. Watch each artists technique as each brush stroke comes to life on the canvas right before your eyes.

In this rare opportunity to meet and interact with the artists, guests will see all that goes into each thoughtfully selected piece. Participants will be able to stroll through the artist's workstations as they create each masterpiece. In addition to a great evening of delicious food, fellowship and the opportunity to meet the artists, guests have the chance to take home one of these carefully crafted pieces of art. At the end of the Quickdraw, each piece of artwork will be auctioned off during a live auction.

The artists scheduled to participate this year are Bonnie Adams, Chris Bell, Kathie Blozan, Cheryl Combs, Jan Eubanks, Gra-

ciela Giles, Kay Gorecki, Duncan Greenlee, Jon Houghlum, Susan Lingg, Mark Menendez, Karen Pait, Herbie Rose, Rob Saville, Elsa Sibley and Janet Whitehead.

Rotarian Dennis Hall of Hall Auction Services will again be donating his valuable services. The Quickdraw is an important fundraiser for the Highlands Mountaintop Rotary with all proceeds being used by the Mountaintop club for local area Rotary projects.

The event is \$45 per person. Ticket

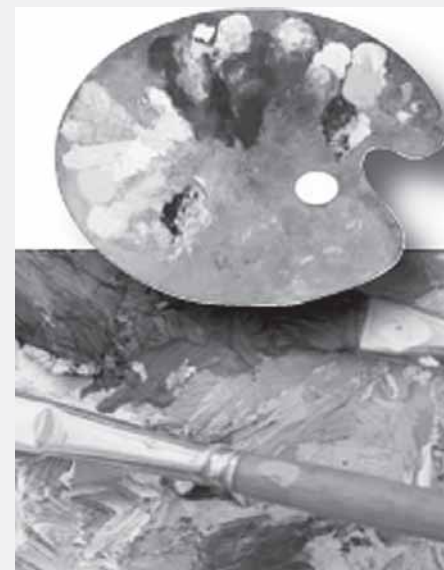
price includes the Quickdraw artist exhibition, a live auction, a silent auction and plenty of delicious hors d'oeuvres. A cash bar will also be provided. The doors open at 5:30 and the Quickdraw begins at 6.

Tickets may be purchased at The Highlands Visitor Center, The Highlander newspaper office, Stanberry Insurance and Peak Experience.

For ticket information please call 706-746-6913 or contact [mntntopquickdraw@aol.com](mailto:mntntopquickdraw@aol.com).

The Old Edwards Inn will be providing special guest rates. Contact 866-526-8008 and be sure to mention "Quickdraw" when making your reservation.

The Highlands Mountaintop Rotary meets every Wednesday morning at 7:30 at Ruka's Table in Wright Square on Main Street. If you are new to the Highlands area or interested in learning more about Rotary please join us for breakfast.





## • SPIRITUALLY SPEAKING •

### The purpose of life



**Rev. Brian Sullivan**  
Episcopal Church of the Incarnation

One of the greatest questions that undergirds our life is: "what is my purpose?" To answer this question, one only needs to open the best-selling book on earth - The Holy Holy HHoBible. The Word of God is where we can encounter the deepest meaning of life. It is where we learn that it was God who created us, and loves the world so much that we were given eternal life. The Word is where we find that God's greatest desire for our life is to live it abundantly.

To prove the importance of these instructions, the Word became flesh and dwelt among us. Fortunately, when we begin to live like this flesh dwelling Word, our easy to read rules, black and white words, and commandments that rabbis have argued about for thousands of years, are reduced to two easy instructions: Love God and love your neighbor as yourself.

The Word made flesh went on to say, we must lose our life in order to find it, hate mother and father, sister and brother. He broke the simplest of life's early instructions, like washing hands before eating, talking to unbelievers, eating with sinners, and even forgiving sins. To those who worked hard at controlling the spiritual lives around them, the Word made flesh was a threat to the inerrant, obvious, clear, unarguable way to God. Those most threatened by this flesh dwelling word, permanently silenced him.

If this story sounds familiar, you know about the life of Jesus of Nazareth. You also know how futile this 2,000 year old crucifixion was in silencing The Word, because it still lives among us. You also know the complexities 2,000 years can add to a simple message. The struggle to add complexities continues, even now, even here in Highlands. Some of you reading this already know the answers and have no interest in looking deeper into themselves or others to see the many diverse places the Word continues to dwell. Others among us strive to find The Word in every cranny of the world and every walk of life. And there are those of you who could care less.

Of these three categories, I am not sure who is actually living life most abundantly, especially when we are told by Jesus not to worry about today for tomorrow brings its own worries. But it does beg the question, if there are no clear instructions on how we are to love God and neighbor, how do we know if we are following The Word? Luckily, this question has an easy answer. You can see it as plain as day. The Word can be seen in your self-control, in a gentle approach to life, through faithfulness in your relationships.

See SPIRITUALLY SPEAKING page 33

## • PLACES OF WORSHIP •

### BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965  
Sundays: School - 10 a.m., Worship - 11  
Sunday night services every 2nd & 4th Sunday at 7  
Wednesdays: Mid-week prayer meeting - 7 p.m.

### BUCK CREEK BAPTIST CHURCH

Sundays: School - 10 a.m.; Worship - 11

### CHAPEL OF SKY VALLEY

Sky Valley, Georgia  
The Right Rev. Dr. John S. Erbeling, Pastor  
Church: 706-746-2999

Pastor's residence: 706-746-5770

Sundays: 10 a.m. - Worship

Holy Communion 1st Sunday of the month  
Wednesdays: 9 a.m. Healing and Prayer with Holy Communion each service

### CHRISTIAN SCIENCE CHURCH

Third and Spring Streets, Highlands  
Sunday Service - 11 a.m.; Sunday School - 11 a.m.  
Wednesday Testimony Meeting - 11 a.m.  
3rd Wednesday of the Month

### CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329  
Rai Cammack, Branch President, (828) 369-1627

### CHRIST ANGLICAN CHURCH

Father Jim Murphy: Office - 526-2320  
Sunday: Holy Communion - 11 a.m.  
Highlands Community Center  
Monday: Evening Bible Study at 6 p.m.  
Wednesday: Men's Bible study at 8 a.m.  
at First Baptist Church

Pot Luck Lunch last Sunday of each month.

### CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer  
Sundays: School - 10 a.m.; Worship - 11  
Prayer - 6:30 p.m.  
Evening Service - 1st & 3rd Sunday - 7 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685  
Pastor Gary Hewins  
3645 U.S. 64 east, Highlands  
Sundays: 9:30am Sunday School; 10:45am  
Childrens/Family Program; 10:45 Worship  
Tuesdays: 9:30am Women's Bible Study  
Wednesdays: 5pm Dinner; 6pm Pastor's Bible Study  
Fridays: 6:30pm Re:Act Middle & High School  
Gathering

### EPISCOPAL CHURCH OF THE INCARNATION

The Rev. Brian Sullivan - Rector: 526-2968  
Sunday: Breakfast; 9 A.M. - Sunday School  
10:30 a.m. Holy Eucharist (Rite II)  
Sunday Service on Channel 14 at 10:30 A.M.  
Monday: 4 p.m. Women's Cursillo Group  
Tuesday: 8 a.m. Men's Cursillo Group  
4:30 P.M. Education for Ministry  
Wednesday: 6:30 P.M. Choir Practice  
Thursday: 10 a.m. Holy Eucharist (Chapel)  
10:30 a.m. Daughters of the King  
• Sunday Service on Channel 14 Sun. at 10:30 a.m.

### FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977  
Sun. Worship 8:30 & 10:45 a.m.; 6: p.m.  
(nursery provided)  
Sun. school for all ages 9:45 a.m.  
Wed: dinner 5 p.m. followed by children's  
Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.;  
Adult Bible Study & Prayer Meeting 7 p.m.  
Small groups available throughout the week.

### FIRST BAPTIST CHURCH

Dr. Daniel D. Robinson, 526-4153  
Sun.: Worship 10:45 a.m., 6:30 p.m.; School - 9:30  
a.m.; Youth - 6:30 p.m.; Choir - 7:15

Wednesdays: Dinner - 5:30 p.m.; Team Kids - 6  
p.m.; Prayer - 6:15 p.m., Choir - 7:30 p.m.

### FIRST PRESBYTERIAN CHURCH

Dr. Lee Bowman, Pastor  
Dr. Don Mullen, Parish Associate 526-3175  
Sun.: Worship - 8:30 & 11 a.m.; Sun. School - 9:30  
& 9:45.

Mondays: 8 a.m. - Men's Bible Discussion &  
Breakfast

Tuesdays: 10 a.m. - Seekers

Wednesdays - Choir - 7

### HIGHLANDS ASSEMBLY OF GOD

Sixth Street

Sundays: School - 10 a.m.; Worship - 11

Wednesdays: Prayer & Bible Study - 7

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Paul Christy

526-3376

Sun.: school 9:45 a.m.; Worship 8:45 a.m., 11 a.m.;  
5 p.m. Youth Group

Wed: Supper; 6; 7:15 - children, youth, & adults  
studies; 6:15 - Adult choir

(nursery provided for Wed. p.m. activities)

Thurs: 12:30 - Women's Bible Study (nursery)

### HOLY FAMILY LUTHERAN CHURCH - ELCA

Chaplain Margaret Howell

2152 Dillard Road - 526-9741

Sundays: Sunday School and Adult discussion group  
9:30 a.m.; Worship/Communion - 10:30

HEALING SERVICE on the 5th Sunday of the month.

### LITTLE CHURCH IN THE WILDWOOD

Kay Ward - 743-5009

Sundays: 7-8 p.m. Memorial Day - Labor Day

Old Fashioned Hymn-Sing

### MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Matt Shuler, (828) 526-8425

Sundays: School - 10 a.m.; Worship - 11

Choir - 6 p.m.

Wed: Bible Study and Youth Mtg. - 7 p.m.

### MOUNTAIN SYNAGOGUE

St. Cyprian's Episcopal Church, Franklin

828-369-9270 or 828-293-5197

### OUR LADY OF THE MOUNTAIN CATHOLIC CHURCH

Rev. Dean Cesa, pastor

Parish office, 526-2418

Sundays: Mass - 11 a.m.

### SCALY MOUNTAIN BAPTIST CHURCH

Rev. Clifford Willis

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7

Wednesdays: Prayer Mtg. - 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Alfred Sizemore

Sundays: School - 10 a.m.; Worship - 10:45 a.m.;

Evening Worship - 6 p.m.

Wed: Adult Bible Study & Youth - 7 p.m.

For more information call 526-3212.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer.

Sundays: School - 10 a.m.; Worship - 11

Wednesdays: Prayer & Bible Study - 7

### UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive • 828-524-6777

Sunday Worship - 11 a.m.

Child Care - 10:30 a.m. - 12:30 p.m.

Religious Education - 11 a.m. - 12:15 p.m.

Youth from 8th - 12th grades meet the second

Sunday of each month from 5 - 7:30 p.m.

### WHITESIDE PRESBYTERIAN CHURCH

Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School - 10 a.m.; Worship - 11



# POLICE, FIRE DEPT. LOGS

The following are the Highlands Police Dept. log entries from Aug. 29. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Aug. 29

• At 8 p.m., officers responded to a call for service at a residence on Holt Road where nearby kids were setting off fireworks.

Aug. 31

• At 12:05 a.m., officers responded to a call for service from a residence on Potter Road where a 9-1-1 line was left open. Everything was OK.

During the week, police officers responded to 4 alarms and issued 31 citations.

The following are the Highlands Fire & Rescue Dept. log entries from Aug. 28:

Aug. 28

• At 12:53 a.m., the dept. helped remove a tree from a power line on U.S. 64 east.

• At 1:56 a.m., the dept. was first-responders to assist EMS with a medical call at a residence on Apple Mountain Lane. The victim was taken to the hospital.

• At 10:20 a.m., the dept. was first-responders to assist EMS with a medical call on Main Street where a woman had fallen. She was taken to the hospital.

• At 5:35 p.m., the dept. was first-responders to assist EMS with a medical call at a residence on Oak Lane for a possible stroke victim. He was taken to the hospital.

• At 8:57 p.m., the dept. was first-responders to assist EMS with a medical call at a residence on Falls Drive West.

Aug. 29

• At 8:29 a.m., the dept. was first-responders to assist EMS with a medical call at a residence on Blue Valley Road. There was no transport.

Aug. 30

• At 8:52 p.m., the dept. was first-responders to assist EMS with a medical call at a residence on Whiteside Mountain Road.

Aug. 31

• At 6:02 p.m., the dept. responded to a fire alarm at a residence on Falls Drive West because a damper was closed in a fireplace.

Sept. 1

• At 3:18 p.m., the dept. responded to an alarm at a residence on Horse Cove Road because of burning oil on the stove.

## ... CHATTOOGA from page 17

the Wild and Scenic Rivers Act," said Schwalbach. "It also preserves the natural conditions, wilderness character, and 'outstanding opportunities for solitude or a primitive and unconfined type of recreation' within the Ellicott Rock Wilderness as required by the Wilderness Act."

The agency intends to hold at least one public workshop on implementing the final decision in the fall. A separate announcement with more detailed information will be released in the near future.

A copy of the Decision Notice and EA will be available on the Francis Marion and Sumter National Forests' Web site at <http://www.fs.fed.us/r8/fms> where additional background information can be found.

## ... SPIRITUALLY SPEAKING

continued from page 32

It is surrounded by generosity towards your fellow human beings, in your peaceful demeanor, and your patience with one another. It permeates your life in joyful expression and can be seen most fully in the love you freely give away, even to your enemies. Fortunately it is just as easy to see if you are not living fully into the Word. You are easy to anger and full of dissension. You like quarrels, strife, and factions. Among us there are those who follow both, which is why followers of the world understand GRACE.

So in the end, maybe it is better not to worry, but to live life abundantly in the present moment. Maybe in order to see eternal life we must follow the only two simple instructions that matter, love God and love your neighbor as yourself. In which case this whole article is nothing but a bunch of words on a page, and I should go pick up my children from afterschool, take them home early, and start living eternal life by showing them how easy it is to love – which is the purpose of life.

## • FUN & GAMES •

### Hex-a-Ku<sup>©</sup> 2009 by Pete Sarjeant and Don Cook

#### OBJECT:

A mystery word or phrase using all different letters is designated by circled squares (other short words will appear when solving, for which a list of meanings is provided). Every puzzle has a different mystery word or phrase (no spaces). Assign different letters to each square of each column and row. In addition, 3x2 cells in the puzzle layout have the same different letters. (This is similar to Sudoku but uses letters instead of numbers.)

#### How to Solve:

Determine the different letters among those given. Write in the mystery word using the clue and these letters. Other small words will appear in the puzzle. As in conventional crossword puzzles, a list of meanings for these Across/Down words is given and number positions shown. Doing them will speed up your solution to the puzzle. Using your powers of induction, inference and insight, place missing letters in blank squares according to the rules noted above. Focus your attention where the least number of letters are needed to complete a row, column or cell.

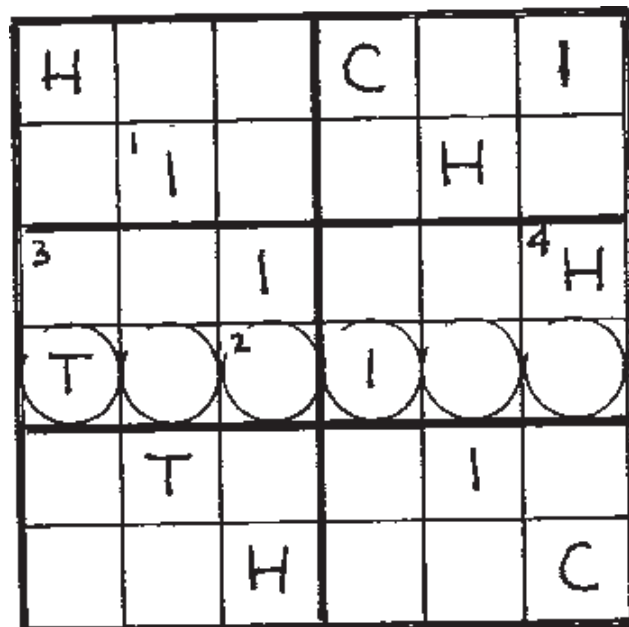
#### Mystery Word: Three Times

#### Across

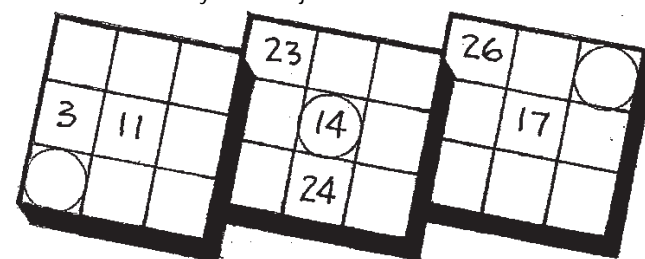
1. Solid Water (3)
2. Asian Staple Food (4)

#### Down

3. And so on... (3)
4. Third person fem. possessive (3)



### PseudoCube<sup>©</sup> by Pete Sarjeant and Don Cook.



#### #DZ4A Level of Difficulty – Hard

#### THE SETUP:

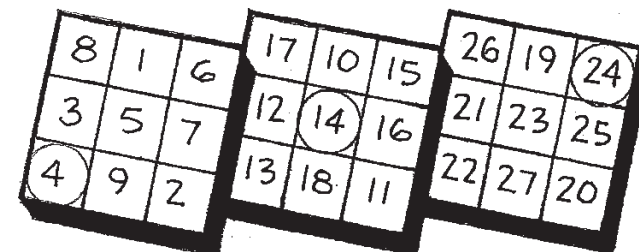
The cube has 27 consecutive numbers in it, arranged in three layers with 9 numbers each. These numbers are arranged in a special pattern: For each layer, the sum of the three numbers in each row, column or diagonal, is 3 times its center number. Eight diagonals connect all 3 layers by running through the center number of the middle layer. Each diagonal contains 3 numbers equalling the total of the three center numbers. One of the diagonals is shown with circles.

#### THE CHALLENGE:

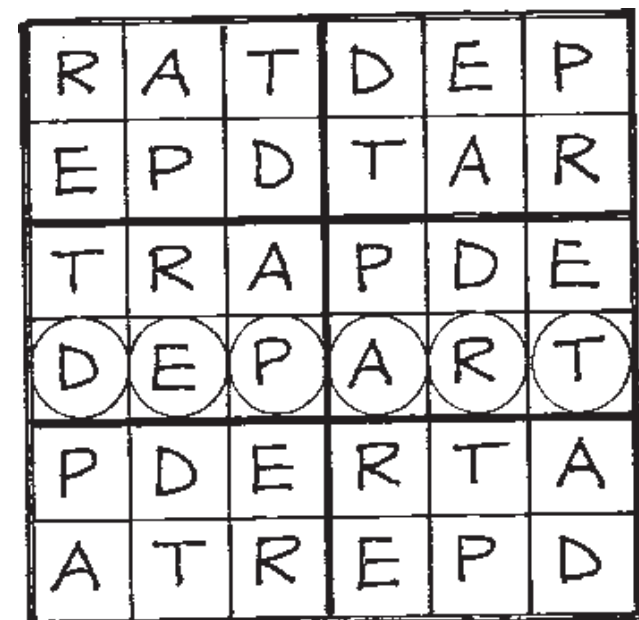
Start with the three center numbers for each layer and the other numbers given. Now pour a cup of coffee, pick up a pencil and eraser and try to figure out where the other numbers belong. Good Luck!

Email: [pseudocube8@aol.com](mailto:pseudocube8@aol.com).

#### Solution to #BZ4A in Aug. 27 issue



#### Solution to Aug. 27 Hex-a-Ku





• BUSINESS NEWS •

Labor Day Weekend art demonstrations at Twigs at Highlands Edge



Former Northwest Artist David Knott joins the Twigs at Highlands Edge array of artists which make up the unique theme of Twigs. Knott who has been a resident of Western North Carolina for four years, supports himself through his wildlife art and totem carvings. Knott's works have recently become a part of the group of artists that make up Twigs, both inside and out. His totem work resides outside alongside flowers and the relaxing sitting areas, while his artwork is blended throughout the "Out on a Limb" shop Twigs at Highlands Edge. Now through the holidays Knotts will be performing totem pole carving demonstrations. Knotts joins Karen Kaleta, a longtime resident of the area and a respected nature photographer during the Labor Day weekend art demonstrations and presentations at Twigs 10 a.m. to 5 p.m. daily Thursday through Mondays.



This is another example of Knotts work.

Hospital honors volunteers with annual fete



Hospital volunteers enjoyed the hospitality of Wildcat Cliffs Country Club.

Highlands-Cashiers Hospital wine and dined more than 120 volunteers, spouses or guests Aug. 21 at a special reception and dinner at Wildcat Cliffs Country Club in Highlands to thank them for the nearly 11,300 hours of service given during the past year.

The volunteers and guests were joined by a number of hospital leaders and department managers who acted as hosts for the evening. One of those hospital leaders, board chairman Bud Smith, officially thanked the volunteers, stressing that they are the face of the hospital to its many patients, customers and visitors. "You are our ambassadors out there at the hospital. Thank you very much for the outstanding job that you do," he said.

Smith said the evening was somewhat bittersweet for him, since he will soon be ending his fourth term as chairman at the end of September and retiring from the post. "This is the last time to talk to you as chairman, and personally say thank you. This has always been one of the most enjoyable responsibilities I have had as chairman."

Smith then pointed out that the role of volunteers frequently gets underestimated in many organizations. "I'd like to leave you with this thought," he added. "Remember that Noah's Ark was built by volunteers; the Titanic was built by professionals."

CEO Ken Shull then asked volunteers to stand by hospital department to be recognized. Among those departments represented were the Eckerd Living Center, the pharmacy, employee health, HealthTracks, the gift shop, the mail room, and Highlands-Cashiers Hospice. He also recognized a number of the board of directors who were in attendance, adding "these folks are also volunteers. We sometimes forget that."

"We appreciate your dedication and willingness to serve others in your communities by volunteering at the hospital. This (the recognition dinner) is a tiny way for us to say thank you," Shull concluded.

In addition to wine provided by Bryson's Food store and the hors d'oeuvres, attendees were treated to a buffet of prime rib, tilapia, and fried chicken, as well as a table of fabulous desserts.

In all, the hospital has approximately 170 volunteers who serve in a variety of ways throughout much of the hospital and its affiliated organizations. However, there are still opportunities available. Anyone interested in volunteering at the hospital should call Volunteer Coordinator Earlene Bennett at 526-1345.

Labor Day Weekend opens "100 Years of Conservation by the Highlands-Cashiers Land Trust at Summit One



Labor Day Weekend opens "100 Years of Conservation by the Highlands Cashiers Land Trust," Saturday, Sept. 5 at Summit One Gallery on Second Street.

Summit One Gallery's artists have created works inspired by the photography from the Land Trust's newly published book, "First Creation", a collections of photographs of the Land Trust's conservation properties.

Some of the photographers included in "First Creation" are: Kevin Fitz-Patrick, Mark Hutchison, Bill Lea, Ralph Preston, Cynthia Strain, and Sarah Valentine. Thirty plus paintings by sixteen artists will premier. Artists include: Tom Bluemlein, Betty Foy Botts, Pat Calderone, Elizabeth Ellison, Shari Erickson, Bob Francisco, Brian Hibbard, Libby Mathews, Diane McPhail, Toby Penney, Edward Rice, Susan Robert, Jane Smithers, Rosemary Stiefel, Scott Upton, and Ron Williams. Impressionism, Abstract, and Representational art are included.

The book "First Creation" will be available for sale. This exhibition will benefit the Highlands Cashiers Land Trust.

Opening reception will be Saturday, Sept. 5 from 5-7pm. All are welcome. "100 Years of Conservation by the Highlands Cashiers Land Trust" will continue through Oct. 7.

Summit One Gallery is located in "The Galleries", South Second Street, Highlands.





## • BUSINESS NEWS •

### Mountain Findings gives \$70,000 in proceeds back to the community



Left, Mountain Findings volunteer Larry Brannan with Highlands Nature Center Director Patrick Brannon. In 2009 the Nature Center offered 9 summer camps with 150 campers. During the school year the Center will do nature programs for as many as 3,000 school children. An additional 1,000 people attend other public programs. Approximately, 30,000 people visit the Nature Center each year. This year's donation is to update displays, some of which have not been done since the 1950s, and to improve class areas.



Above, Mountain Findings volunteer Mary Thompson at Highlands Head Start, for children between ages 3-5, maximum of 16. There will be 12 by end of September. All monies donated by Mountain Findings are used in the Highlands program and not comingled with Macon County funds.



Above, Mountain Findings volunteer Jean Shields at Highlands Early Start, a program for children between the ages of 6 weeks and 3 years, maximum number of children is eight, open from 8AM-3PM each day, serves breakfast, lunch and a snack. All monies donated by Mountain Findings are used in the Highlands program and not comingled with Macon County funds.

Left, Mountain Findings volunteers Bill and Ruth Watkins with Highlands Fire & Rescue Chief James Manley. A \$5,000 donation will be used to pay down the loan used to purchase the ladder fire truck and the building needed to house the truck

### Golfers at Wildcat Cliffs CC 'Rally for a Cure'



From left, Beverly Horvath, Pegi Williard, Karen Hendry, Carolyn Ann Holder.



From left Jim Wade, John Davidson, Elliott Gassner, Mike Edwards.



Above, Tom Hill presents a check to Highlands Town Manager Jim Fatland for the Highlands Cemetery Fund.



Mary Lou Fouser, both a Mountain Findings and a Food Pantry volunteer, accepts a check from Mountain Findings.



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