




Highlands' Newspaper

FREE

Volume 8, Number 41

PDF Version - www.HighlandsInfo.com

Thursday, Oct. 14, 2010

FRI	SAT	SUN
		
62 \ 35F	60 \ 34F	63 \ 37F

Thurs., Oct. 14

- At Hudson Library, Financial Management Lecture – at 5:30-6:30 pm. Presented by Sue Gorski of RBC Bank – Understanding Your Credit Score.

- MC Girls Basketball Signups 4-6 p.m. at the Highlands Rec Park. Call Justyne Reese at 828-342-2740.

Friday, Oct. 15

- The Highlands Community Foundation and the Highlands Cooperative will host a free workshop for Highlands area nonprofits from 10 a.m. to 2 p.m. with lunch provided in Coleman Hall at the First Presbyterian Church. Call Wood Lovell at 526-4104 to register.

- "Travel for Peace Fundraiser for Nicki Miglionico at Down Hill Grill in Scaly Mountain, featuring dinner and music at 7 pm. with Fiddlin' Mitch. Nicki is raising money for an educational trip to Istanbul, Turkey to visit the sister school of Fulton Science Academy.

Sat. & Sun., Oct. 16-17

- The Art League of Highlands Fall Colors Fine Art Show. 10-5. Civic Center Rec Park. Free admission. 828-743-7673.

Saturday, Oct. 16

- The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

- The annual Highlands School PTO Fall Festival from 5-9. Fall Festival Raffle where tickets are \$1 each or 6 for \$5.

Tuesday, October 19

- At Hudson Library, Health Lectures by Dr. Sue Aery of Mountain Air Wellness Center. "Wheat free diet- why does it work?"

- CLE presents Darwin and Evangelicals 1809-2010 with Rev. Michael Roberts, Anglican clergyman, geologist and Darwin scholar from 3-4:30 pm. at the Highlands Biological Station. It's FREE.

- Return to Margaritaville – The Philosophical Side of Jimmy Buffet at the Civic Center from 10-11:30 a.m.

Scaly Mountain dog death case closed

The death of numerous dogs late August through mid-September along Buck Knob Road in Scaly Mountain initiated an investigation by the Macon County Health Department as well as the Macon County Animal Control Department.

One department was con-

cerned about human health, the other about animal safety.

Tests of vomit retrieved from at least one dog verified what Vet Dr. Steve Arbitter of Rabun Animal Hospital initially reported – at least some dogs fell victim to ingesting the biochemical organophosphate – a compound found in common herbicides

and insecticides and used to control weeds and pests.

"The vomitus sample was positive for the organophosphate Disulfoton," said Barry Patterson with the Macon County Health Department. "However, one positive sample for organophosphates does not

• See DOG DEALTH page 11

Planners say 'yes' to Realtors' request

Amending the entire sign ordinance – or even just the part requested by business owners lately – will be a while in coming.

At Monday's Planning Board meeting, members agreed to move slowly on the ordinance, at least until a new look is taken at the Parking Study which includes recommendation for way finding signage. It was recently resurrected at the request of Town Board Commissioners John Dotson and Amy Patterson.

Though it's unlikely it will be discussed at the Oct. 20 Town Board meeting, it will be re-distributed at that time so commissioners can reacquaint themselves with its content.

In addition, members agreed to wait for signage recommendations that may come out of the findings of the Main Street Project which met for the second time Thursday, Oct. 7 with a walk-about.

Reportedly, a look was taken

• See REALTORS page 10



Yarmolovych Yurievna drove her car into Big Creek early Monday morning.

Photo by Jim Lewicki

Motorist drives into Big Creek; crashes into water intake valve

They're calling her the Little Mermaid for two reasons.

One, she swam out of her submerged car through the sunroof, and two, Highlands Fire & Rescue diver Robbie Forrester found "The Little Mermaid" CD floating around in-

side the car.

Around 3:30 a.m., Monday morning, Yarmolovych Yurievna, 25, of Highlands, was driving on US 64 west toward Franklin when she missed the curve just before the

• See CRASHES page 11

• Inside •

Letters	2
Obituary	2-3
Wooldridge	4
Salzarulo	5
Coach's Corner	6
Conservative POV	9
Events	12
Spiritually Speaking	17
Health Matters	21
Police & Fire	24
Town Map	27

'Wilderness' request tabled; low interest rate locked in

The Bob Zahner Wilderness Area proposal – previously OK'd by the Highlands Town Board but yet to be considered by the Federal legislators – was tabled by the Macon County Commission Monday night.

Though commissioners were OK with naming the Overflow Wilderness Study Area "The Bob Zahner Wilderness Area" – they had questions about allowed uses in a "Wilderness Area" and what that new designation might mean to citizens in the future.

"We are concerned that the roads stay open to camping areas and that the camping areas remain open to citizens," said Commissioner Bob Simpson.

This includes having the roads and trails maintained for public access even if that means using a chainsaw and that hunting and fishing be continued to be allowed.

"Exactly what does a wilder-

• See WILDERNESS page 10

"We are all about birds!"

526-3910


the bird barn
at the Falls on Main

Nature's Website
HighlandsInfo.com



Highlands
Cashiers
Glenville



The Hen House

Ray Pottery
Event



Coming
Saturday, Oct. 23

488 E. Main Street • Highlands • 787-2473

• THE PLATEAU'S POSITION •

• LETTERS •

Democrats need to get past their 'religion'

Dear Editor,

Why do conservative Democrats vote for liberal politicians who clearly do not share their values? Why do Democrats have such a hard time voting for someone who has the same views, but is affiliated with a different party? Part of it is that non-leftist Democrats hear mostly leftist interpretations in the major media which depict liberals as caring for the downtrodden and conservatives as mean spirited homophobic racist bigots. Neither is true!

Why would conservative Democrats vote for people who voted for the Cap & Trade legislation which almost everyone acknowledges will make US manufacturers uncompetitive in world markets and kill millions of jobs. Why don't they vote for the candidate who best represents their values and interests?

My wife, who grew up in a leftist family explained, "For Democrats, their party is their religion. To go against the Party is to sin. It is an emotional bond that cannot be broken without having to re-evaluate ones basic beliefs."

If there was ever a time for conservative Democrats to get past their Democrat religion, it is now. Forget about party and vote for the candidate who best mirrors your values. Our future as a prosperous nation depends on it.

James F. Davis
Hayesville, NC

Salzarulo should not speak ill of Dillard

Dear Editor,

In December of '04 I was driving to Asheville. I was speeding. I got a ticket. It wasn't because the cop had a "quota" or was trying to fulfill any tax base. It wasn't because his father was unemployed or because he saw the "bill for his kid's braces." It was because I was speeding. Me! I TAKE RESPONSIBILITY FOR IT! It's called "personal responsibility", something you hear batted around by a certain group of politicians these days. It is to be used for anyone BUT them.

As a store owner in Dillard. I take exception to "The View from Here" which portrayed Dillard as a hick town in the

1950s.

We have an exceptional police force, one that I will put against Highlands' any day (because I know Highlands' is exceptional, also.)

I'll match the courtesy and consideration of the Dillard officers against force in the country. Our police force doesn't go after drivers who are driving through town; they go after drivers who are breaking the LAW.

Five paragraphs into his diatribe blaming everyone else for his troubles, Salzarulo finally admits, "I forgot" his inspection sticker was over a month out of date.

I'm dropping off his column to our officers to make sure they recognize him so they will give him special treatment the next time he comes through town, after all, a celebrity like him shouldn't be treated like us common folks. He should get the treatment a column like his deserves.

But if he does get stopped again, I wouldn't suggest he check out how "snug" and "co-medical" the uniform is. He might smile and the officer might wonder...

Ben McInnes
Dillard, Ga

Remembering Marie Reese

Dear Editor,

Highlands being a small town, I always knew who Marie Reese was, but I really got to know her when we started swimming together at the Rec Park Pool. One of the staff suggested I swim with Marie because she had recently taught herself to swim (in her 60s!) and needed a little "watching out for" to make sure she was alright. It seemed like a good idea at the time: help out Marie and try to pin down my exercise motivation.

Through the summers, Marie and I became swim buddies. We nailed down how our families knew each other two generations back. We shared stories of Highlands and stories of our families. We swam through illnesses, sorrows, and deaths of loved ones. I saw her determination to survive life's challenges, her joy with her husband Harold, her love of her children, and her stubborn determination to do the right thing.

Marie had character, a rare formidable strength of character that I was privileged to know.

Margaret Shaffner
Highlands

LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions. **NO ANONYMOUS LETTERS WILL BE ACCEPTED.** Views expressed are not necessarily those of Highlands' Newspaper. Please EMAIL letters by Monday at 5 p.m. There is a 500-word limit without prior approval.

Highlands' Newspaper

"Our Community Service - A Free Local Newspaper"

Member N.C. Press Association

FREE every Thursday; circulation over 7,500

Toll Free FAX: 866-212-8913 • (828) 526-0782



Email: HighlandsEditor@aol.com

Publisher/Editor - Kim Lewicki; Copy Editor - Tom Merchant

Cartoonist - Karen Hawk; Digital Media - Jim Lewicki

Locally owned and operated Kim & Jim Lewicki

Adobe PDF version at www.HighlandsInfo.com

265 Oak St.; P.O. Box 2703, Highlands, N.C., 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

• OBITUARY •



Dr. Cornelius 'Patrick' Brogan

Dr. Cornelius Patrick Brogan, 78 died unexpectedly but peacefully, on Monday, Oct. 4, 2010 while traveling through Littleton, New Hampshire.

He leaves behind his beloved wife of 54 years and best friend, Pud, their four children: Jim (Kelly), Kelly (Robert), Amy (Marc) and Dr. Mike; their 10 grandchildren, Rory, Emily, Ali and Colin; Haley, Courtney and Robbie; Eva, James and Mia, and his sister Betty.

Patrick was an officer in the US Navy and served on board the destroyer, the USS Warrington and also in the Civil Engineering Corps. He had an insatiable thirst for learning which led to a civil engineering degree, a doctorate in dentistry and a master's in Periodontics. After practicing dentistry and raising their family in the North Palm Beach Florida area, Patrick and Pud retired to Highlands, NC where they immersed themselves in the community.

As a member of the First Presbyterian Church of Highlands, Patrick served on the session as an elder, sang in the church choir, played in the hand bell choir and thoroughly enjoyed being part of the men's prayer group. A man with a compassionate, selfless spirit, Patrick was a Hospice volunteer, helping many in times of need. He was an incredible role model for all you knew him. He had a sense of humor that bridged generations. He was truly a man of love and faith.

Over the years, he thoroughly enjoyed sailing, playing tennis, the game of football, wood-working and loving his rescue dogs, Mystic and Louie. In recent years, Patrick had become an enthusiastic member of the Highlands Writers Group and had recently completed his first novel.

Most of all Patrick was the most giving person, wonderful husband, fabulous father, grandfather, brother, brother-in-law and friend anyone could ask for. He will be missed dearly by all who knew him.

A service will be held Monday, October 18 at 2:30 p.m. at the First Presbyterian Church in Highlands.

In lieu of flowers, the family asks that donations be made to the Highlands-Cashiers Hospital, Highlands-Cashiers Hospice, Highlands-Cashiers Humane Society, or the charity of your choice.

• OBITUARY •

Eileen Chastain

Eileen Chastain, age 88, of Highlands, NC died Monday October 11, 2010 in a Sylva hospital. Born in Transylvania County, she was the daughter of the late Neal and Margaret Fisher Prince. She was married to Robert Hampton Chastain who died in 1971. She was a member of Highlands United Methodist Church. She was employed by Cashiers Plastic as an assembly line worker; had worked as lunch lady for Highlands School and worked in various restaurants in town and as custodian at Highlands United Methodist Church.

She is survived by one daughter, Kathryn Forrester and husband Kenneth of Highlands, NC; two sons, Neal Robert Chastain of Highlands, and Jack H. Patterson and wife Carolyn of Greenville, SC. Eight grandchildren and 10 great-grandchildren also survive. In addition to her parents and husband, she was preceded in death by two

sons, Terry Ray Chastain and Charles Lee Chastain.



Funeral services will be held Thursday, October 14, at 2 p.m. at Highlands United Methodist Church with Rev. Paul Christy and Rev. Walter Rice officiating. Burial will be in Highlands Memorial Park. Pallbearers will be Larry Chastain, Jeff Patterson, Robbie Forrester, Austin Forrester, Timothy Lee Chastain, Jack Patterson, Danny Chastain and Allen Chastain. The family will

receive friends Thursday from 1-2 p.m., one hour prior to the service, at the Church. In lieu of flowers memorial donations may be made to the Mission Fund of Highlands United Methodist Church, 315 Main Street, Highlands, NC 28741.

Bryant-Grant Funeral Home is in charge of arrangements.

Designers wanted for Highlands flag

The Highlands Flag Committee is now asking for entries from any and all budding artists over the next few months. Entries will be accepted until the end of March with the winning design to be announced in April.

The Town of Highlands is offering a cash prize of \$500 to the creator of the design selected.

Possible things to keep in mind when

designing the flag are colors representing the area, landscapes, the town's founding date, civic organizations, etc.

• See FLAG page 8

It's Outdoor Fireplace Time!

The weather is perfect
and when it comes to pricing
there's no better time than
now!



Call Larry Houston Rock Work

Walls • Fireplaces • Patios
Stucco, too.

526-4138 or
cell: 828-371-7451

Early Fall Sale!
Many collections
reduced
throughout the
store!

Wit's End

Open
Monday-Saturday
10 a.m. to 5 p.m.
828-526-3160

A Highlands Tradition Since 1940
Our 70th season on Main Street

382 Main St. in Highlands!

Surf faster.
Save faster.

- 6Mbps - Speeds way faster than DSL!
- 24 hr. technical support from your local Northland staff.



**THE BEST DEAL
IN TOWN ON
HIGH SPEED
INTERNET.**

Stop by our
local office
today!
Coupon required.

479 South Street

Call (828) 526-5675 • Highlands, NC 28741

Offer ends 6/30/10. Maximum speeds are approximate. Actual speeds may vary. Unlimited pricing limited to direct-dialed domestic calls. After promotional period, regular monthly fees apply and may change. Activation fee due on activation. Installation not included. Promotional phone offer valid for new phone customers. May require credit check, deposit and/or payment by credit card. Rates exclusive of fees, taxes and, if necessary, equipment rental. Equipment necessary for some services. Not available in all areas. Subject to terms and conditions of Northland's Subscriber Agreement. See www.northlandcabletv.com/offers for details.



CHESTNUT HILL

Of Highlands

The Lodge at Chestnut Hill

announces openings for 1,2, and 3 bedroom apartments.

Prices starting at \$3500.

(Additional occupants, dining packages and housekeeping available.)

All maintenance – interior and exterior – included.

Please call marketing for an appointment.

This is a community of residents 55 years and older.

828-787-2114

64 Clubhouse Trail, Highlands, NC

TenT SALE

at

Cosper's Flowers

in Highlands Plaza

Planters, Vases, Christmas and Autumn items,
decorating accessories and much more!

Fri. and Sat., Oct. 15 & 16 • 10a to 5p

• Highlands Fine Dining •

Ristorante Paoletti

Uptown Italian Dining Since 1953
Downtown Highlands Since 1984

Exceptional Wines and Robust Cocktails

Dinner/Bar from 5:30, Fri.-Mon. • Reservations: 828.526.4906

Full Bar, Beer
and Wine



Open 7 days a week
Dinner at 5:30
Reservations suggested

The Bistro
Open 4 p.m. – Small Plates
Outside Dining Available!

WOLFGANG'S RESTAURANT & WINE BISTRO

CHEF WOLFGANG

Former Executive Chef for
The Brennan's Family of Commander's Palace
Air-conditioned!

"Our State" magazine named Wolfgang's Restaurant &
Wine Bistro the place you must eat in Macon County.

Wine Spectator Best of Award of Excellence
474 Main Street • 526.3807

Cyprus

International Cuisine

Dinner: 5-9 nightly
(Open late weekends • Music Saturdays)

Winner of 2010
"King of the Mountain"
Chef Challenge

Featuring GREAT STEAKS
World Chophouse Menu

N.C. 106 in Dillard Road Shopping Center • 526-4429



WILD THYME GOURMET

Serving Lunch and Dinner Year-Round!

Gourmet Foods, Fine Wine and Beer

Wed-Mon: Lunch: 11:30 a.m.-4 p.m.; Dinner from 5:30.

Closed Tuesday

Outdoor Dining Available!

www.wildthymegourmet.com

526-4035 • 490 Carolina Way • Highlands



...on the Verandah Restaurant on Lake Sequoyah

Open for Dinner from 6 p.m.
Everyday & Brunch
on Sunday

"Offering lite fare in the Dugout Bar
starting at 4 p.m."

828-526-2338 • www.ontheverandah.com



Wine Spectator Award

Nick's Fine Foods

Fine Food For Particular People

Lunch Tues. - Sat. 11 a.m to 2:30 p.m.

Dinner Tues- Sat. from 5:30 p.m.

Sunday Brunch: 11 a.m. to 2:30 p.m

Now offering beer, wine and cocktails!

www.nickssofhighlands.com



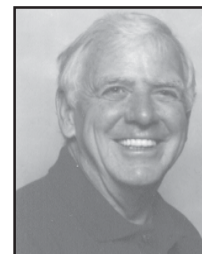
108 Main Street • 526-2706

• LAUGHING AT LIFE •

Fun with Fred and Jane

Thank God, the Final Act

If you'll recall, our last scene closed with many unanswered questions, the biggest being the building of a beautiful mosque with a gold dome on the hill at one of the busiest intersections in lucky spermer Jane's quaint mountain town. And has zany Fred, with one dollar of inheritance in his pocket, been fired from the paper? Has he been chased out of town?



Fred Wooldridge

Feedback is encouraged!
email:

askfredanything@aol.com

Six months have passed and our scene opens at a construction shack on a hill at the busiest intersection in lucky spermer Jane's quaint mountain town. (Aren't you sick of reading that?)

A car arrives at the construction shack and zany Fred, with only one doll — -well, you know, gets out and walks to the construction shack to get out of the rain.

Zany Fred: "Good morning, lucky spermer Jane. How are you this beautiful morning?"

Lucky Spermer Jane: "I'm fine, thank you. And thanks for bringing the Cokes. Have you seen the latest changes in my emporium design?"

Lucky Spermer Jane rolls out a large architectural drawing and places it on a table, thumb tacking the corners.

Zany Fred: "I have not seen this drawing and that's why I came over this morning."

Zany Fred and Lucky Spermer Jane study the drawing together. Zany Fred opens two cokes and hands one to Jane. They clink bottle necks and take sips as if they had rehearsed it. (Actually, they have rehearsed it.)

Zany Fred: I think putting a card room in the basement of your combo Jewish deli/senior center/post office was a brilliant idea. Are you still having difficulty with the inspectors on the design of the indoor pool shaped like a giant soft drink bottle?"

Lucky Spermer Jane: "Ha, surely you jest. Mr. Gotrocks spoke with the inspectors and now we are clear to build whatever we want whenever we want. Is this a great country, or what?"

Zany Fred: "When is your meeting with all the town's pastors?"

Lucky Spermer Jane: "This afternoon and the rumor is they will approve my idea of adding a multi-cultural religious emporium with the large gold dome on the south side where all faiths can come together and pray in the same hall. We're even going to include those Catholic people; now that took some finagling,

especially with the Baptists."

Zany Fred: "You are an amazing woman and...."

Lucky Spermer Jane interrupts: "No, Zany Fred, Mr. Gotrocks is an amazing man. When he comes to town with his briefcase, doors open. I'm not sure, but I thought I heard heavenly singing in his presence yesterday. And I've been told that others inside the Oval Office

have heard this spiritual singing."

Zany Fred continues: "I'm so glad the newspaper fired me. Now I can work for you and devote all my attention to this emporium. Can you envision this? As you approach the busiest intersection of our quaint mountain town, you see the large flashing neon sign, 'Zany Jane's Emporium.' Is that brilliant, or what?"

"Then you drop off your mail at the post office, walk over to the Jewish deli for breakfast, and then shoot a couple of rounds of pool at the senior center before taking a swim. Then check out the religious hall to see if any Muslims or Catholics are actually in there. Then head to the basement for an afternoon of bridge and fellowship. Oh, and your idea of offering free candy to everyone was brilliant. This emporium is going to rock and roll, don't ja think?"

Lucky Spermer Jane: "Don't say 'Don't ja think.' You sound like that Tea Party woman. And yes, none of this could have happened without your very sick mind working overtime.... and, oh, the magic of Mr. Gotrocks."

Zany Fred: "I'm so glad I was able to talk you out of building a center for young people. All that would do is cause trouble. Let's face it, they don't use snail mail or eat Jewish food and they don't play bridge. Anyway, we need more really old people in our quaint mountain town and not a bunch of rowdy teenagers."

Mr. Gotrocks arrives and is offered a Coke. Than the three players hug while swaying back and forth, singing, 'Kumbaya' as the curtain slowly closes. The audience jumps to its feet with loud applause. They begin to chant "Zany Jane, Zany Jane, Zany Jane...." In the back of the theatre, The Kimster is spotted sipping a Dr. Pepper.

The End

• Read Fred's column on-line all winter.

• THE VIEW FROM HERE •

Boys will be boys, but...

It is a joy to watch boys as they scratch and scramble their path to manhood. Boys are warriors. Place a banana in the hands of an unarmed boy and, in his imaginative world, it becomes a pistol. A stick becomes a sword, unless it's stout, in which case it might better serve as a club or a mace.

Boys can wage war for hours, firing thousands of imaginary rounds at an enemy who'll later host a sleep over. When a boy grows older and gets his first B-B gun, the stakes are raised. Every bird and furry rodent is fair game. Street signs are enemy cavalry and traffic reflectors the eyes of a raging beast.

What boy has ever fired a bottle rocket without recognizing its military potential? A fire cracker taped to a rock is a handy grenade, or a depth charge to stun tiny fish to the surface. A soda can, warmed and vigorously shaken, produces a satisfying reaction when struck by a pellet. The world is his battle ground.

Unfortunately, the genetically predisposed and socially malleable adolescents are clay in the hands of ambitious leaders. We are grateful that our boys are willing to serve but regret comparable dedication on the part of our enemy's sons.



Feedback is encouraged.
email: hsalzarulo@aol.com

Most boys grow into men and put aside visions of military might, but not all. Some men keep the dream alive with paint ball battles. Grown men sit for hours killing Nazi zombies or Japanese soldiers in video games. Others armed with high powered rifles hunt bigger game than the squirrels and chipmunks of their childhood. As kids, we played cowboys and Indians and battled for the Allies from the banks of Clear Creek.

We re-fought the Civil War, a conflict in which I represented the Union, not by virtue of politics but because I was owned a Union cap. My brother's cap was grey. I envied his role. The Confederacy, it seemed to me, represented noble virtues of loyalty and sacrifice.

I admired the underdog role and resiliency in the face of adversity. Slavery just wasn't an aspect I considered. We didn't think of ourselves as "re-enactors" although I suppose in a sense, we were. We just knew we needed both the good guys and the bad to have a war. That's how we thought about it at the time; good versus evil. It's rarely as

• See SALZARULO page 7

ANNAPWEAR



Huge
Selection
of new
Fall
Styles
•
Great
Sales!

Also featuring:
Free People • Hudson • Joes
Citizens 7 for All Mankind
Tulle • Michael Stars
Shoe Boutique

355 Main Street
in The Galax Theatre
526-4660

Call 526-0782 or email:
highlandseditor@aol.com
for advertising rates and
information. Don't miss out!

DUTCHMANS

*"Transforming Your
House into a Home"*

Rowe Sleeper Sofas

Robin Bruce

Upholstery

Mattresses

Pinecone Hill

Bedding

Dash & Albert Rugs

Bramble Wood

Furniture

Lamps

Great Gifts

Open
Year Round
342 Main Street
Highlands, NC
828-526-8864



**DUTCHMANS
CASUAL LIVING**
Become a Fan Today!

www.DutchmansDesigns.com

7,500 readers see your
ad every week - on the
street and on the web
at

www.highlandsinfo.com.
click: LOCAL NEWS.

Don't miss out.

Call 526-0782 or email:
highlandseditor@aol.com

Halloween Mini Sessions

15 Minutes with 1 costume child
includes: (2) 5 x 7 digital images
for \$40

\$15 for each additional sibling
with 2 additional digital images

~By Appointment Only~

@ Greenleaf Gallery
211 South Fourth Street
828.342.1995
sValentinePhotos.com



...on this day Oct. 14, 1834

Philadelphia: Whigs and Democrats stage a gun, stone, and brick battle for control of a Moyamensing Township election, resulting at least one death, many injuries, and the burning down of a block of buildings.

You think today's politics are contentious?
Before you speak, be more contentious.
Sure, thing can get heated at a contested caucus,
but in the past, it'd be a bit more raucous.
Today we just whine and prattle,
before, they'd engage in an outright battle.
Wouldn't resemble today's kind of rally,
more like "Parry, Charge, Sally!"
Sort of changes the meaning of when a politicians
says they're taking a defensive position.
How offended we get if someone shouts "Liar!"
What about "ready, aim, Fire!"?
Seems there is in Pennsylvania
a history of intense civic mania.

• HIGHLANDS FINE DINING •

El Azteca Mexican Restaurant

Serving fine Mexican fare

7 days a week for lunch and dinner

Clip and Save \$1 on your next meal!

70 Highlands Plaza • 526-2244



The Main Street Inn
270 Main Street • (828) 526 - 2590
www.mainstreet-inn.com

FULL BAR – Beer, wine, cocktails
Tues. & Wed. LUNCH 11:30 until...
Thurs. - Sat. LUNCH & DINNER 11:30 until...
Sat & Sun. BREAKFAST 8:30 until ...

Some of the featured items include:

SOUPS, SALADS & APPETIZERS

Lobster Bisque Soup in a Bread Bowl \$12
Goat Cheese & Baby Spinach Salad \$9.50
Hickory Grilled Salmon Salad \$13
Ka-Boom Shrimp \$9
Ahi Tuna Martini \$12

SANDWICHES & ENTREES

French Dip \$9.50
Chicken Pot Pie \$12.50
Hickory Grilled Salmon \$16
Turkey Apple Brie Sandwich \$9.50
Sunburst Rainbow Trout \$19.50
Bistro Beef Filet \$19.50

Make your Thanksgiving Dinner reservations now!



151 Helen's Barn Avenue, Highlands
& The Bakery at Village Square
526-8867

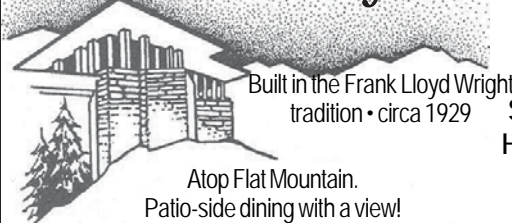
526-4188 Lunch, Dinner and Sunday Brunch

"Wing it on Wednesdays!"
at lunch and dinner

50% off on wings and \$1 beer specials
(Not good on any other offer)

Now taking Thanksgiving Dinner reservations!

Altitudes at Skyline



Built in the Frank Lloyd Wright
tradition • circa 1929

Atop Flat Mountain.
Patio-side dining with a view!

New Menu ... Mediterranean Rim
Cuisine.

Open Wed.-Sat for Dinner 5-10

Breakfast Sat 8-11; Sun. 10-12

Sunday Champagne Brunch noon-2

Hal Phillips at the piano Fri & Sat. 7-9

& during Sunday's Brunch noon-2

Call 526-2121

• COACH'S CORNER •

The Mad Hatter-crazy like a tiger



Ryan Potts
tryanpotts@hotmail.com

Florida had no chance Saturday. I tried to tell the guys in the bar that, but they just refused to listen. Here was LSU down 29-26 with just a little over three minutes remaining and I tried to explain to my patrons at the Rib Shack that these were the moments in which Les Miles seems to hold all control over time and space.

Les Miles is absolutely crazy, and the best part about his craziness is that he embraces it. Most coaches like to outthink themselves—they like to play it safe when people expect them to gamble and gamble when they are told to play it safe. Miles is of a different breed though—when the stakes call for him to be conservative, he throws caution to the wind and plays crazy. When the stakes call for him to gamble, he doesn't just gamble—he rides the wave of the absurd and sublime and always seems to come up roses.

35 seconds left, LSU lined up for a 52 yard field goal as the announcers warned repeatedly of a fake FG. Despite even the announcers being able to see the fake coming, LSU still managed to "execute" the fake, and by execute I mean have the ball bounce perfectly into the hands of Josh Jasper as he managed to outrun two linebackers with SEC speed because they ran into each other. Les Miles knew that would happen, because Les Miles knows these things. Les Miles won't outcoach you with "discipline" or "preparation." No, Les Miles will embarrass you because his...er...Lesticles are made of one hundred pound cannonballs.

Don't believe me? Think I am joking? Ask Derek Dooley, who thought that his Tennessee team had pulled the upset only to have Les Miles mind control 13 of his players onto the field for a penalty. How about the time that Les decided to have LSU beat North Carolina in Atlanta without playing any offense? If you were to play poker against Les Miles, he would beat your four of a kind by laying down straight onions—because Les Miles doesn't walk on water—water holds up Les Miles because it is afraid of him.

Sure, the LSU and game pretty much confirmed what the Alabama game showed to Florida fans. Florida is average this year, but Les Miles already knew that. Take heart Florida fans, your young team will continue to improve defensively, but the offense is a mess right now due to injuries and the not so steady hand of OC Steve Addazio. As for LSU—they are my sleeper pick to play for a BCS championship, mainly because of their defense and special teams but also because of the man that wears the hat. I can't imagine that there is anything worse than looking towards the LSU sideline at the opposing coach and realizing that not only is he crazy, but he embraces that crazy—and will use that method of crazy to rip your heart out.

Highlanders remain at #7

After a week in which the Highlands Varsity Soccer team went 2-1, they remain ranked in the top 10 statewide.

Saturday, the Highlanders hosted the Rabun Gap Eagles looking to avenge an early season loss in Dillard. Things looked bleak early, as the Highlanders went down 2-0 in the first 67 seconds of play after a couple of defensive breakdowns.

Fortunately for Highlands, they were able to regroup and get back a goal from Samuel Wheeler in the second minute off of a long throw from Michael Shearl to only trail 2-1. Early in the second half, Highlands was able to equalize after Robbie Vanderbilt headed home a long throw, and Highlands took control of the momentum. Minutes later two Highlander scoring chances were denied as Samuel Wheeler hit the crossbar on a beautiful one-timer and a blast from Shearl was saved by the diving Eagle keeper.

Rabun Gap then regrouped and was able to regain the lead after a corner that was misplayed was squeaked inside the post. As the Eagles celebrated, one player was given a red card and sent off for poor sportsmanship after he taunted the crowd. With the Eagles a man down, Highlands was on the attack the remainder of the game, but was unable to equalize, giving Rabun Gap a 3-2 victory.

Monday the Highlanders traveled to Murphy to face the Bulldogs in a return to SMC play. Highlands scored early and often, getting 3 goals from Shearl and one goal each from Isaac Beavers, Jake Shelton, Luigi Pacheco, Taylor Osteen, Clayton Creighton, Robbie Vanderbilt, Cody St. Germain and Samuel Wheeler. Shearl added 4 assists and Bryon Neumann had 2 assists. The Murphy game also clinched one of the teams pre-season goals as every player on the roster now has a goal for the season.

Tuesday Highlands hosted Swain County in sloppy conditions. The soggy field did not seem to affect the home team, as they received two goals apiece from Shearl and Wheeler and a goal each from Ricky Reyes, Tucker Bates, Temba Lama and Clayton Creighton. Robbie Vanderbilt and Shearl each had two assists as well. Highlands improved to 14-3 overall on the season and have only given up one goal in conference play.

The Highlanders host archrival Franklin today at Highlands School, so please come out and add your voice in what will surely be a hard fought soccer match.

... SALZARULO continued from page 5

straightforward as that although the Allies against Nazi Germany came close.

This is why I wondered why Rich Iott, an Ohio's Ninth District Republican congressional candidate has, in recent years, always played the part of the German SS. He's been an enactor for years, battling different foes from different centuries, but in recent years has settled on the Nazis. Photos of the candidate wearing a Nazi uniform surfaced as the campaign approached its climax. His opponent, who may have been the source of the disclosure, expressed disbelief and disgust.

She didn't mention glee, which was undoubtedly the real sensation. He belonged to an outfit that always trained and fought as Germans. The unit's website, www.wiking.org, denies any connection with Aryan Brotherhood, KKK, or American Nazi Party, and repudiates any support for Hitler's atrocities. The site's creator obviously anticipated a reaction and the denial seems a little too urgent.

I'd like to believe that Mr. Iott was just an overgrown boy, playing "war" but I can't help feel there is more to it than that. My reaction may have been influenced by Mr. Iott's endorsement by the Tea Party. We are being treated to an assortment of unconventional candidates this year.

In this case, it stretches my imagination to believe the fellows in Rich's outfit are a bunch of tolerant, fun loving, non prejudiced overgrown boys who find inspiration in the lives of SS foot soldiers and enjoying playing the bad guy. A common creed seems a more likely bonding agent; that and the belief that whatever the world's judgment, they aren't the bad guys.

• Highlands Eateries •

365 Main Street
526-5660

Your
family
friendly
pizzeria
& sub
shop

The
Pizza
Place

Open 7 days a week
11 a-10p



Pescado's

Quesadillas – Tacos – Burritos

Homemade soups &
freshly baked cookies

Monday-Saturday 11-7
Closed on Sundays

226 S. 4th St., Highlands
838-526-9313

Eat right, Live long!

SportsPage



Sandwich Shoppe

Soups • Salads • Sandwiches
Desserts • Loaded Baked Potatoes

Hours:

Mon-Sat: 11 a.m. to 3 p.m.

314 Main Street • 526-3555

GOLDEN CHINA &
SUSHI BAR

Daily Lunch SPECIAL

\$4.95

Seafood Buffet Friday Lunch

\$7.95

11 a.m. - 9:30 p.m.

Serving beer & wine

Open 7 days a week

526-5525

Highlands Plaza

Delivery in town w/\$15 order



June's Place

Open 7 days a week

7 a.m. to 3 p.m.

Breakfast all day & lunch

526-0572

Corner of Spring & S. 4th St.

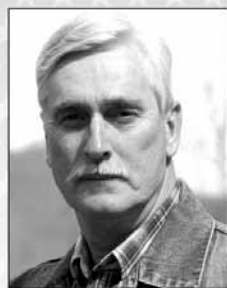
Get your events in
Highlands'
Newspaper where
they are seen
EVERY WEEK!

Email
highlandseditor@aol.com

ELECT
GEORGE LYNCH

SHERIFF OF MACON COUNTY

Committed to honesty & integrity



❖ I will listen to your concerns

❖ I will be your voice for justice

❖ I will fight your battle against injustice

❖ I will treat everyone equally regardless
of their political party or beliefs

❖ I will protect life, property and preserve
the peace of Macon County

www.georgelynch.org

Paid for by the committee to elect George Lynch for Sheriff



Made to Order

Our grill serves fresh angus burgers
made to order with hand cut french fries,
grilled chicken, and daily specials like
soup bread bowls, stew, and chicken tenders.
Grill open from 11 am until 3 pm every day.



Call Ahead
for Take Out

Corner of 5th & Main, Highlands NC 828-526-2400

... FLAG continued from page 3

The new Town of Highlands flag will be on permanent display and available for viewing at public institutions such as the Town Hall, Civic Center, and the Community Building to name a few.

Flags will also be available for purchase. In addition to the flag, a new Town of Highlands emblem will evolve from the

chosen design.

Everyone is encouraged to participate over the next few months with submissions sent in an email to a dedicated website. Please send to flag@highlandsn.org and attach a scan or PDF of your rendering. Please call 828-526-5858 with any questions.

OPEN HOUSE Sat & Sun 12-5pm \$364,900*



3 bed, 2 ½ bath, 1.35 ac; hot tub; wood floors; native stone fireplace; cathedral ceilings; 950 sq ft wrap-around porch; 2-car garage; laundry; workshop; **with 5+- acres \$464,900**

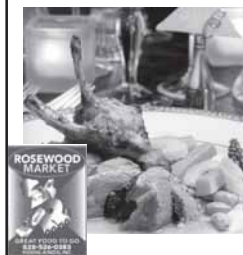
DIRECTIONS:

From 64 W @ Turtle Pond Rd 1 mi to fork @ Turtle Pond & Dendy Orchard Rd, veer left on Turtle Pond, ½ mi to Painted Turtle Lane; right ¼ mi to fork @ Shadow Creek Lane, right to last house on right #221.

marbago@hughes.net

SPECIALTY FOODS & MORE

Rosewood Market



Gourmet to
Go &
Catering
526-0383

Tuesday-Saturday • 11-6
Next to D&J Express Mart at Main & 3rd streets

Also home to Wedding Designs³

Dusty's!

Your one-stop shopping store
Bakery, Produce, Salads, Meats, Wine,
Beer, Specialty Foods & More
Try our new Cake Pops Cupcakes, Fall
Cookies & other treats
Remember we make beignets Friday
and Saturday mornings until 10 a.m.
Come Join the Fun!

Monday-Saturday 8-5:30

493 Dillard Road (NC 106)
Highlands
(828) 526-2762

**Whole
Life
Market**

Stop by and see our wide selection of
Local Organic Produce,
Specialty Gourmet Foods, Quality
Supplements, Organic Body Care,
Natural Health Books & References, &
Local Hand-Crafted Gifts.

"For a Healthier Life"

On the Corner of Foreman Rd. & Hwy. 64E

Monday-Friday 10 am - 5:30 pm
Saturdays 11 am - 4 pm

Call 526-5999

Gourmet Sauces & Spices



Casafina

- Accessories
- Gourmet Kitchenware
- Dinner Settings

Open Mon - Saturday • 10am to 5pm
450 Main Street Highlands, NC 828-526-5226

• BUSINESS NEWS •

Tooth Fairy visits Highlands School



On October 1, Mary McClean RDH, aka the tooth fairy, spent the day at Highlands School educating the younger students in proper dental hygiene and preventive care. Mary is the Preventive Dental Program Coordinator for Nashville, TN and graciously accepted Rotary's invitation to visit Highlands again this year to lead the annual Highlands School Dental Education Day. Later in the school year a free dental screening exam for the younger students is scheduled. A weekly fluoride rinse for students in grades K-5 is also a part of the continuing Dental Health Project sponsored and funded by the Rotary clubs in Highlands.

OCTOBER SALE!
40%-70% Off

Buy any rug 6x9 or larger & get a FREE gift!



**WE GUARANTEE OUR
QUALITY AND YOUR
SATISFACTION.**

**(828)
526-5759**



For the past 25 years, Shiraz has had prominence in the Highlands, N.C. area as the ultimate resource for genuine, hand-knotted Oriental rugs. Shiraz has built a reputation that is second to none. **Hand Cleaning, repairing and appraisals, too.**

♦ MAIN STREET ♦ OAK SQUARE ♦ HIGHLANDS
Naples, FL ~ Tampa, FL ~ Sarasota, FL ~ Orlando, FL

• CONSERVATIVE POV •

This guy has got it right

This article, which was written by a Russian columnist for Pravda, the Russian news source, has made the rounds of conservative email boxes for about a year. If you've seen it, read it again. If you haven't, it will give you an idea of what outsiders see happening to us in an objective way. It says what I think better than I could.

"It must be said, that like the breaking of a great dam, the American descent into Marxism is happening with breath-taking speed, against a backdrop of a passive, hapless sheeple, excuse me, dear reader, I meant people. True, the situation has been well prepared on and off for the past century, especially the past twenty years. The initial testing ground was conducted upon our Holy Russia and a bloody test it was. But we Russians would not just roll over and give up our freedoms and our souls.

These lessons were taken and used to properly prepare the American populace for the surrender of their freedoms and souls, to the whims of their elites and betters. First, the population was dumbed down through a politicized and substandard education system based on pop culture, rather than the classics. Americans know more about their favorite TV dramas than the drama in DC that directly affects their lives. They care more for their 'right' to choke down a McDonald's burger or a Burger King burger than their constitutional rights. Then they turn around and lecture us about our rights and about our 'democracy'. Pride blinds the foolish.

The final collapse has come with the election of Barack Obama. His speed in the past three months has been truly impressive. His spending and money printing has been record setting, not just in America's short history, but in the world. If this keeps up for more than another year, and there is no sign it will not, America will at best resemble the Weimar Republic and at worst, Zimbabwe.

The past two weeks have been the most breath-taking of all. First came the announcement of a planned redesign of the American Byzantine tax system by the very thieves who used it to bankroll their thefts, losses, and swindles of hundreds of billions of dollars. These make our Russian oligarchs look little more than ordinary street thugs, in comparison. Yes, the Americans have beaten our own thieves in



Don Swanson
Feedback is encouraged. Email
swandonson@dnet.net

the sheer volumes.

These men, of course, are not an elected panel but made up of appointees picked from the very financial oligarchs and their henchmen who are now gorging themselves on trillions of American dollars, in one bailout after another. They are also usurping the rights, duties, and powers of the American congress. Again, congress has put up little more than a whimper to their masters.

Then came Barack

Obama's command that GMs (General Motors) president step down from leadership of his company. That is correct, dear reader, in the land of 'pure' free markets, the American President now has the power to fire CEOs and we can assume other employees of private companies, at will. Come hither, go dither, the centurion commands his minions.

Prime Minister Putin, less than two months ago, warned Obama and UK's Blair not to follow the path to Marxism, it only leads to disaster. Apparently, even though we suffered 70 years of this Western sponsored horror show, we know nothing, as foolish, drunken Russians, so let our 'wise' Anglo-Saxon fools find out the folly of their own pride.

So, should it be any surprise to discover that the Democratically controlled Congress of America is working on passing a new regulation that would give the American Treasury department the power to set 'fair' maximum salaries, evaluate performance, and control how private companies give out pay raises and bonuses? Senator Barney Frank, a social pervert basking in his homosexuality and his Marxist enlightenment, has led this effort. He stresses that this only affects companies that receive government monies, but it is retroactive and taken to a logical extreme, this would include any company or industry that has ever received a tax break or incentive.

The proud American will go down into his slavery without a fight, beating his chest and proclaiming to the world how free he really is. The world will only snicker as they watch his great United States invaded from the South by a third world country."

The Obama administration has continued to impose its Marxist agenda on the sheeple, I mean people, it governs. Oct. 14th starts your turn to speak. Be thoughtful when you vote; the Country can't stand more of the same.

MounTAin Findings

"Your non-profit resale store"

YEAR END SALE CONTINUES

ALL ITEMS 50% Off original price

Closing for season Oct. 30

Thank you for your support!

Open daily 10 a.m. to 4 p.m. Closed Sundays

432 Spruce Street (behind Bryant Funeral Home on N. 4th St.) 526-9929

Proceeds support non-profit entities in the Highlands-Cashiers-Franklin areas

526-5208

high country photo

A Full Service Photo Center

Hours:
Mon-Fri 9-5
Sat. 10-2

Quality Prints and Service In Highlands Since 1988

High Quality Prints and Enlargements • Photo Books • Home Movies to DVD • Photos Printed on Canvas • Passport Photos • Frames and Albums

Salons & Spas



Color, Cuts, Up Do's, Highlights, Massage, Facials, Pedicures, Reflexology, Personal Training

OPEN: Tues. - Sat. • Monday by appt.

Located behind Highlands Decorating Center
on Highway 106 (The Dillard Rd)

NC LMBT #1429

(828) 526-4192

All Seasons Salon

Signature Hair Designs for Men & Women

Razor Cuts • Color • Perms

Off the Alley Behind Wolfgang's

Oak & Fifth Streets

Barbara & Van • 526-0349 • Open Mon - Sat

Images Unlimited Salon

225 Spring Street • Highlands

Highlights, Color, Cuts & Perms

~ Yonka Facials ~

Microdermabrasion ~

~ Manicures & Pedicures ~

~ Acrylics & Gel Enhancements ~

Gift Certificates

828-526-9477



Creative Concepts Salon, Inc.

549 East Main Street "Falls on Main"
Highlands, NC (828) 526-3939

Walk-Ins Welcome!

Opening at 9 am, Tuesday - Saturday

Owner/Stylist: Lacy Jane Vilardo,

Stylist: Heather D. Escandon,

Stylist: Christa Hooper,

Massage Therapist: Betsy Phillips



ahealthy
crawlspace solutions
home

Smell a musty odor? It's MOLD!

Call Kip @ (828) 505-6780

Email EVENTS to highlandseditor@aol.com
They will be UPDATED and SEEN in the
newspaper and online every week!

Clarence Day's **Life With Father**

Adapted for the Stage
by Howard Lindsay & Russel Crouse

Sponsored in part by Good Bodies - Adele Jones & McKee Properties

Directed by Ronnie Spilton



**October 28 - 31 &
November 4 - 7, 2010**
Evenings at 7:30 p.m.
Sunday Matinees at 2:30 p.m.

For Ticket Information,
please call
828-526-8084

HCP
HIGHLANDS/CASHIERS
PLAYERS

Martin Lipscomb
Performing Arts Center
Chestnut Street, Highlands, NC 28741

... REALTORS continued from page 1

at the visual continuity of the eastern part of Main Street – east of Third – by about 40 people – but again many business owners were missing from the equation.

Those meetings will take place the first Thursday of each month for the next two years.

Members of the Planning Board agreed that the reason for stipulations in the current sign ordinance grew out of signage problems from the past which it should consider.

“These items are in the ordinance for a reason – they were complaint-driven due to problems, and we need to look at them carefully,” said Ricky Bryson.

The group talked about allowing “Open” flags if they fly over green space as they have at the Bird Barn at The Falls on Main but were concerned about the height of flags and encroachment into public rights-of-way on sidewalks.

No decisions were made concerning flags, signs in windows or moveable signs and banners.

However, signage requests made by the real estate community were discussed and the subsequent recommendation will be forwarded to the Town Board.

... WILDERNESS continued from page 1

ness designation mean?” they asked.

Before the commission agreed to endorse the designation to “Wilderness Area,” it wants to know exactly what the allowed uses are and they want them outlined in the resolution before it is signed.

“Come back with a proposed resolution outlining all allowed uses,” they said.

Under the Wilderness Act all this can be changed, said one citizen.

Once an area is officially named a wilderness area, it's protected and technically trees can't even be cut down with a chainsaw.

“I want to make sure camping areas remain open for the citizens of Macon County,” said Commissioner Simpson.

“What, if anything, are we giving up with this designation?” asked Commissioner Bobby Koppers. “Are we giving up rights so that at a later date someone can come in and change the present day uses in a wilderness area so uses as we know them will not be able to continue?”

The proposed area is about 3,200 acres including Osage Overlook, part of the Bar-

tram Trail, to Overflow Creek, to Blue Valley, to the bottom of the Glen Falls Trail all the way to Hale Ridge Road in Scaly Mountain.

Typically, the intent of the Wilderness Act is to protect native species and plants, not necessarily to endorse the multi-recreational use of waterfall overlooks, hiking, camping, hunting and fishing.

The commissioners unanimously agreed they were against timber logging or commercial development of the area – uses already not allowed in the 3,200-acre tract as it stands now.

In other news, the board finalized the financing for the new K-4 School which means taxpayers will be paying rock-bottom prices for the work at a 0.044% interest rate. “The closest you get to a zero percent you'll get,” said Commission Chair Ronnie Beale.

Macon County got the special funding package because it was shovel-ready when other less fiscally sound counties couldn't jump through all the hoops required to be eligible for the federal funding package.

— **Kim Lewicki**

New Home • Exceptional View Lots **www.Hardscrabbleridge.com**



... CRASHES continued from page 1

bridge at Hickory Hill Road and plowed into the arm of Big Creek — stopping when she hit the town's water intake valve.

Highlands Police Master Officer Thomas Parker said no alcohol was involved, but Yurievna was driving at an excessive speed "going too fast to make the curve" as evidenced by 94 feet and 10 inches of skid marks.

Despite the speed, she managed to maneuver the car between the end of the bridge guardrail and stop sign on one side and a tree

on the other — only damaging the Hickory Hill Road sign and possibly the water intake valve upon impact.

Her 2006 gold Toyota Corolla was totaled, she was pretty shook up, said Parker, but she was physically unharmed. "She's a lucky girl," he said.

Officer Parker said Yurievna tried to escape the submerged car through a window but when that failed she stuck something into the sunroof and pushed it out.

... DOG DEATHS continued from page 1

mean that all the recent dog deaths can be linked to organophosphate poisoning."

In addition, water samples collected in the creek along Miller Road off Buck Knob Road by the Department of Water Quality were negative for organophosphates.

Patterson said the initial investigation involved going door to door with a questionnaire looking for a common thread in the cases. Questions involved the when and where dogs were walked, in an effort to establish a timeline as well as pinpoint possible contamination locations.

Patterson said though his department is concerned and alarmed about what happened to the dogs in Scaly Mountain, the Health Department's first concern was for people.

"Our main concern is for the human population," he said. "Because if dogs and other animals can get into this stuff, people can, too."

Compounds containing organophosphate work on the nervous system and can kill dogs and cats if ingested or absorbed through the skin — even through their paws. If exposed, the diagnosis is grim.

Almost immediately, dogs have seizures, have difficulty breathing, begin shaking, drooling, vomiting and having diarrhea. "It's known as Sludge Syndrome and basically their bodies just start shutting down," said Arbitter.

Doctors at Rabun Animal Hospital have successfully treated two dogs who have been exposed to the chemical with an antidote, fluids and heat application.

According to the MC Health Dept., there are no additional reports of animals that are sick or have died since early September. "Therefore, this does not appear to be an ongoing situation," said Patterson. "If there have been additional sick or dead animals, please notify the Macon County Public Health Center at 349-2490."

There have been no reports of any sick humans.

"At this time, unless there are additional cases of sick animals or humans, we do not foresee this as having an impact on the public's health," said Patterson.

If there are additional complaints, they will be followed up by the appropriate agency — Macon County Animal Control or Macon County Public Health. The Macon County Sheriff's Office is fully aware of the situation and is willing to assist as needed.

— Kim Lewicki



Email events to
highlandseditor@aol.com

She swam to the shore and walked to a friend's house — 6 a.m. Monday she went to the police station to report the accident.

The Highlands Fire & Rescue Department was called to retrieve the car. Diver Forrester tried to attach a cable to the rear of the car from a dry seat in a John boat, but eventually had to get into the water to attach the cable securely.

Fire Chief James Manley, who also owns

Manley Towing, pulled the vehicle out of the brink.

Highlands Police Chief Bill Harrell said charges are pending; Town Engineer Lamar Nix said an engineering dive team will have to determine if the water intake valve was damaged during the collision.

To see a video of the extraction go to www.highlandsinfo.com/wx.htm.

— Kim Lewicki

VIC DRUMMOND

FOR MACON COUNTY COMMISSIONER
DISTRICT 2



A CONSERVATIVE
INDEPENDENT CHOICE

I pledge to oppose unwarranted property tax increases like the 6% increase effective July 1, 2010.

I will oppose the enactment of the Planning Board's proposed "Steep Slope Ordinance" which would infringe on the rights of property owners.

I will press for a revaluation of properties in 2011, not as delayed to 2013 by the current Board. This would adjust current unwarranted "real estate bubble" values.

www.VicDrummond.com
Home: 828-349-2970

Paid for by Drummond For Commissioner



Reserve yours today
we sell out early

Thanksgiving Dinner

Dinner for Six \$152 Includes:

Butter Basted Turkey or Honey Spiced Glazed Ham

Mountain Fresh Dressing

Traditional Green Bean Casserole

Pumpkin Bisque and Cranberry Relish

Yukon Gold Mashed Potatoes

House-Made Yeast Rolls and Turkey Herb Gravy

Choice of Pies: Granny Smith Apple, Pumpkin or Pecan



Corner of 5th & Main, Highlands NC 828-526-2400

An inexpensive way to buy into the Highlands experience!



Chestnut Cottages
... a Park Model Cottage Community
(Lease or Purchase with Owner Financing)
Located at 674 Chestnut – 3 blocks from Main Street
Call Charles Dasher, owner at 526-8645 or
email:chestnutcottages@yahoo.com
HighlandsInfo.com/ChestnutCottages.htm

KEEP YOUR SHERIFF'S OFFICE MOVING IN THE RIGHT DIRECTION!

"Criminals have no jurisdictional boundaries and a successful Administrator realizes the importance of ALL of us working together to fight drugs and the crime associated with them. Your Sheriff understands this and has worked with our agencies on multiple occasions for the benefit of all our communities."

Graham	Jackson	Clay	Cherokee	Haywood	Swain
Russell Moody	Jimmy Ashe	Joe Shook	Keith Lovin	Bobby Suttles	Curtis Cochran

As Western North Carolina Sheriffs, We Support Your Sheriff & would encourage your family to do the same...

VOTE Nov. 2nd

**Early Voting
October 14 - 30**

at the Board of Election's Office,
Macon County Courthouse.

**Re-Elect
HOLLAND
FOR SHERIFF**



**ENFORCING
THE LAW...**

- ★ • FAIRLY
- ★ • HONESTLY
- ★ • PROFESSIONALLY

www.HollandforSheriff.com
Work 349-2152 • Home 369-6096

Paid for by Citizens to Re-Elect Holland for Sheriff.

Ongoing and Upcoming Events

Through Jan. 2011

• The Green family is collecting coke can tabs to give to the Shriner's Hospital which turns them in for funds which helps the organization buy supplies. Please drop off coke can tabs at the Citgo Station across from the Rec Park (the old Stop n' Shop). Leave them with Ann or Trysta Green.

Through 2010

• At The Bascom, Do Tell environmental sculpture: Patrick Dougherty. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Through Dec. 18

• At The Bascom, American Craft Today, Juried Exhibition, Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Through Sat., Nov. 27

• At The Bascom, Recent Works: Aaron Yakim and Cynthia Taylor. Admission is free. For information, call 828.526.4949 or visit www.thebascom.org. Galleries are open to the public, Tues.-Sat., 10 am-5 pm; Sun., noon-5 pm.

Through Nov. 6

• At The Bascom, Tuesday After School Art Classes for grades K-6 are held weekly at The Bascom in Highlands, 3:15-4:30 pm. \$40 for 8-week session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

• At The Bascom, Saturday Art School for grades

K-8 is held weekly at The Bascom in Highlands, 10 am-noon. \$64 for 8-week session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Through Nov. 2

• The South Jackson County GOP office at Laurel Terrace in Cashiers will be open Monday through Saturday from 1PM until 6 PM though November 2nd. The North Jackson County is at 482 West Main Street in downtown Sylva is open from noon to 6PM. All candidate and election information including bumper stickers, lawn signs and other campaign paraphernalia is available at each office. For additional information or to volunteer, call Jackson GOP Chair Ralph Slaught @ 828 586-9895 for additional information or visit the website www.jacksoncountygop.com.

Through Nov. 1

• At The Bascom, Wednesday Preschool Creativity Classes for Parent and Child at The Bascom in Highlands, ages 2 1/2-5, 10-11 am. \$40 for 8-weeks session. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Tues. & Thurs., through Oct. 30

• At The Bascom, Joe Frank McKee in conjunction with Pat Taylor, ceramics and sculpture, Wheel Throwing Skills, 10 am-1 pm. All basic materials provided. Tuition: \$350 members/\$375 non-members For information, call 828.526.4949 or visit www.thebascom.org.

Ongoing

• Hospital Tours: "Grand Rounds" at Highlands-

• See EVENTS page 13

Get Ready for FALL at ...

Bryson's Food Store

Locally owned and operated since 1977



- Bittersweet • Bag Gourds • Pumpkins • Indian Corn**
• Sourwood Honey • Firewood & Kindling
• Fresh, Local Apples • NC Sweet Potatoes
• Variety of Mums • Apple Cider • Aspen Spices
• Peanut Brittle

Monday-Saturday 7:30 a- 7:30 p • Sunday 8a-6p
Highlands Plaza • Highlands, NC • 828- 526-3775

Ongoing and Upcoming Events

PULL OUT

Cashiers Hospital will be providing small group tours to interested area residents. Tours will be held periodically each month, through October. Tours begin at 7:30 a.m. and will include breakfast with HCH's doctors and a meet and greet with the new CEO, Craig James. Call the Foundation Office at 526-1435 as space is limited. Or RVSP by email at info@hchospital.org.

• At Health Tracks at Highlands-Cashiers Hospital, various exercise classes all week long. Call 828-526-1FIT.

• Nantahala Tennis Club meets everyday at 9 a.m. at Highlands Recreation Park. \$2 per person; all visitors welcome. Call 526-3556.

• **YOGA** – Moonrise Yoga – The Highlands Dedicated Studio, 464 Carolina Way. Mon., 10 a.m. & 5 p.m.; Wed., 10 a.m.; Sat., 9:30 a.m. All Levels. Mats provided. 526-8880. More info at www.yogahighlands.com (10/28)

Sundays

• Aftershock Youth meets every Sunday Night at 6:30 p.m. downstairs at Cullasaja Assembly of God at 6201 Highlands Road, Franklin, NC. Contact youth ministers Seth & Sarha Henegar at 828 369-7540 ext 203.

• The High Mountain Squares will be having a dance workshop get-together on Sundays. This will include main/stream and plus levels. The caller will be Jim Roper from Cornelia, GA. The dances will be held at the Environmental Resource Center, Lakeside Drive, Franklin, from 3 to 5 p.m. Come in casual clothes and dance with us. Now is the time to come if you have not danced in a while and you would like to get started again. This is good exercise and a lot of fun. The cost is \$3 per person. For information, call 828 349-0905, 828 369-8334, 706 782-0943.

Mon. & Thurs.

• On the Mat Yoga at the Episcopal Church of the Incarnation on Main Street. Upper Level Jones Hall. Mon., and Thurs. at 10:45 a.m. Bring your mat. 828-482-2128. \$10/hour. (12/31)

Mon., Wed., Fri.

• Heart Healthy Exercise Class at the Rec Park. 8:30-9:30 a.m. \$20/month.
• Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$50 a month.

First Mondays

• Participate in your hospital by joining the Auxiliary of the Highlands-Cashiers Hospital first Monday of each month at 10 a.m. at the hospital.

Mondays

• Closed AA meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

Tuesdays

• Highlands Rotary Club meets at noon at the Highlands Conference Center at noon.

• Closed AA Women's meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

• The Highlands Dialogue invites everyone to participate in our Tuesday discussions at the Civic Center from 10-11:30 a.m. While our name is new, the Highlands Dialogue intends to build on the Fall/Winter-Spring discussion series previously sponsored by HIARPT. Discussions range from current events and great books to extreme whimsy. The only membership requirements are that you come with an exploring mind and that you read a session's material before attending the discussion (we distribute readings either by e-mail or at previous sessions). Even if you are not able to attend all of the discussions, you are encour-

aged to come when you are available. If you would like information about the Highlands Dialogue or any of our upcoming discussions, please e-mail John Gaston johnngaston@aol.com or Karen Hawk hwkncrw@earthlink.net. If you would like us to add your name to the Highlands Dialogue's e-mail list, please contact David Scheyer at scheyer08@frontier.com.

Tues. & Thurs.

• Study Hall at the Literacy Council of Highlands in the Peggy Crosby Center from 3 to 5 p.m. Come do your homework, projects use the resources on site and get help from a tutor. For more information, contact Faviola Olvera at (828) 526-0925 or by email at missolvera@yahoo.com.

• Kettlebell Class at the Rec Park with Ginger Baldwin at 5:15 p.m. Fast moving free weight kinetic chain movement for 30-40 minutes. \$8 per class. Call 526-3556 or 526-4959 to reserve a spot.

Wednesdays

• \$2 off bar drinks at El Azteca. 70 Highlands Plaza across from Bryson's Food Store.

• The Highlands Mountaintop Rotary meets at 7:30 a.m. in the dining room at the Highlands-Cashiers Hospital. Enter the hospital in the main or emergency entrance and follow the signs downstairs. Visitors are welcome. Meetings end at 8:30 am.

• Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

• The Homegrown Buds, a homeschool 4-H club, meets at noon at the Macon County Library on Siler Road in Franklin at 1 p.m.

Wednesdays & Fridays

• Open AA meeting at noon at the Episcopal Church at Fifth and Main streets.

Every 3rd Wednesday

• Study sessions at the Universal Unitarian Fellowship Hall in Franklin. A \$5 soup-supper will be served at 5:30 p.m. Study sessions will begin at 6:30 p.m. Call 828-524-6777 or 706-746-9964.

Thursdays

• Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

• Zahner Conservation Lecture Series every Thursday at 7 pm at the Highlands Nature Center

May 13 through Aug. 5 It's free.

Friday & Saturdays

• Live Music at The Downhill Grill at Scaly Mountain Outdoor Center 7-9 p.m.. BYOB.

Every Third Saturday

• The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

Saturdays

• At Paoletti's Restaurant, intimate Wine Tasting at the bar at 1 pm. Great values in wines from around the world, available for retail sales daily. Cheese and Crackers are served. Cost: \$20 per person.

• At Cyprus International Restaurant, live music beginning at 9 p.m. No cover.

• Highlands Knitting & Needlepoint Guild meets to knit, crochet and needlepoint on the terrace at the Bascom. Questions? 526-1741.

• At The Bascom, Nov. 12, 19, Dec. 11 and 18 (no class on Thanksgiving Saturday or Christmas Parade day). Youth will learn about other cultures and make crafts that can hang on the tree or be given as gifts. Each class will cover the art and culture of two different countries. To register or for more information, visit www.thebascom.org or call 828.526.4949, ext. 100.

Saturdays through Oct. 23

• At The Bascom, Workshop: Fayne Ansley, painting and drawing, Fall Fruits and Foliage - Botanical Watercolor, 2-4 pm. Tuition: Take one \$25 members/

• See EVENTS page 14



Highlands 4th Annual
Culinary Weekend

November 11-14 2010
Eat, Drink and Be Merry!

www.highlandsculinaryweekend.com
866-526-5841

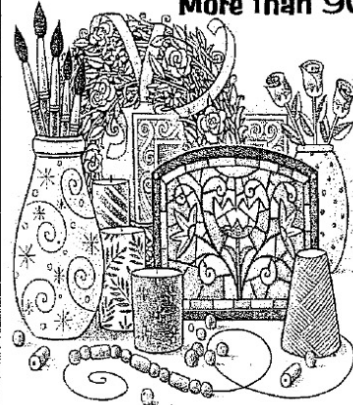
Highlands Area Chamber of
Commerce & Visitor Center

The Laurel Magazine
Bryson's Food Store
The Highlander Newspaper
WHLC 104.5
Drake's Diamond Gallery
A Moment In Time Photography
The Little Flower Shoppe
Mountain Fresh Grocery
Old Edwards Inn & Spa
Inland Seafood
4 1/2 Street Inn

Sapphire Valley Arts & Craft Festival

Saturday, Oct. 16 • Sunday, Oct 17 • 10 a.m. - 4 p.m.

More than 90 artists and crafters displaying and demonstrating their original works



Live Music • Food Stand • Drinks

Cashiers-Highlands Humane Society Stop'n Adopt

Friends For Life Information & Adoption

Free Admission & Parking

For further information, call 828-743-1163

Route 64 3 miles east of Cashiers



Ongoing and Upcoming Events

Spooky Raku, Woodturning and Photography headline upcoming programs at The Bascom

On Saturday, October 30 at 8 pm, the community is invited to The Bascom to celebrate a "Spooky" Raku pottery firing under the Halloween moon. People are encouraged to come in costume and enjoy this great new Highlands' tradition. The event is free and open to all ages. P a t Taylor and Britt Ammann will teach a course on Raku firing on Monday and Tuesday, October 25 and 26 from 1-4 pm or 5-8:30 pm. Students will be given a bag of clay to create pottery pieces for the Raku firing and glaze preparation for these pieces will be from 2-5 pm on Saturday, October 30. Tuition for the course is \$100 Bascom members/\$125 non-members.

Other programs at The Bascom:

- **Britt Ammann**, "Play in the Clay," October 23 and November 20. Have you ever looked at someone effortlessly pull up a lovely pot from a hunk of clay and thought, "I'd like to try that!" This is a day for you. Britt Ammann will teach participants the basics of clay handling and wheel throwing. Tuition: \$40 members/\$45 non-members per class (all materials provided).

- **Bill Rouda**, book signing Saturday, October 23, 2 pm.. Join photographer Bill Rouda for a short slide lecture about

documentary art photography followed by a book signing of "Nashville's Lower Broad: The Street That Music Made", published by Smithsonian Books. Bill will also be the



instructor for "Improving the Photographic Eye" on Friday, November 5, 2-5 pm and Saturday, November 6, 9 am-4 pm.

- The outstanding works of Philip and Matt Moulthrop as well as the Highlands/Cashiers Woodturners Club are at The Bascom! An exhibition of lathe-made bowls is on display in The Bascom's Atrium gallery through November 13.

Other exhibitions now at The Bascom: *Fire and Heat by Three*; Recent Works: Aaron Yakim and Cynthia Taylor; *American Craft Today* and Patrick Dougherty's *Do Tell* environmental.

Exhibitions at The Bascom are free and open to the public Tuesdays through Saturdays from 10 a.m. to 5 p.m. Workshop registration is going on now. Pre-registration is required. For more information on The Bascom visit www.thebascom.org or call (828) 526-4949.

Raku pieces like this one by Patrick Taylor will be publicly fired at The Bascom on Saturday, October 30. "Spooky" Raku is free and open to all ages. For more information, call (828) 526-4949 or visit www.thebascom.org.

\$30 non-members or all four \$90 members/\$100 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Wed.-Fri., Oct 13-15

- At The Bascom, Workshop: Marilyn Brandenburger, pen and watercolor, More Journaling in Ink and Watercolor, 10 am-4 pm. Tuition: \$275 members/\$295 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thurs-Sat., Oct. 14 -16

- At The Bascom, Workshop: Alice Ballard, ceramics, Finding Your Form Through Nature II, 10 am-4 pm Discover forms that attract and inspire us through the close observation of nature. Tuition: \$325 members/\$350 non-members. Call 828.526.4949 or visit www.thebascom.org.

Thurs. & Fri., Oct. 14 -15

- At The Bascom, Workshop: Carol Singletary, fiber, Yarn Dyeing in Luscious Colors, 10 am-4 pm. Tuition: \$275 members/\$300 non-members. For information or to register, call 828.526.4949 or visit www.thebascom.org.

Thurs., Oct. 14

- At Hudson Library, Financial Management Lecture – at 5:30-6:30 pm. Presented by Sue Gorski of RBC Bank — Understanding Your Credit Score.

- Macon County Girls Basketball Signups. 4-6 p.m. Pick up application forms and pay the entry fee anytime at the Highlands Rec Park front desk. 6-17 years old are eligible. Must be 6 before Nov. 1, 2010. \$35 per player, \$25 per player for parent/coach volunteer. Sponsors are needed. Call Justyne Reese at 828-342-2740. Sponsor fee is \$150. Coaches are also needed.

- The October meeting of The Western North Carolina Woodturners Club is Thursday at 7 PM at the Blue Ridge School, in Greenville. Drive to the back of the school to the woodworking shop. Visitors are always welcomed. The club meets every second Thursday.

- Election Forums for Macon County Commissioners at Noon at Tartan Hall at the First Presbyterian Church, Franklin. Incumbents Ronnie Beale (D) and Bob Simpson (D) will face Charlie Leatherman (R), Ron Haven (R), and Vic Drummond (I) for the two District 2 seats. Incumbent Brian McClellan (R) will face Allan "Ricky" Bryson (D) for Highlands District 1 seat. The general election will take place on November 2. One-stop voting begins on October 14 and ends on October 30.

Fri. & Sat., Oct. 15 & 16

- Kountry Kraffers Annual Fall Craft Show from 8 a.m. to 3 p.m. at the Coweeta Church Fellowship Hall in Franklin.

Friday, Oct. 15

- The Highlands Community Foundation and the Highlands Cooperative will host a free workshop for Highlands area nonprofits from 10 a.m. to 2 p.m. with lunch provided in Coleman Hall at the First Presbyterian Church on Main Street. Registration deadline is Friday, Oct. 8. Call Wood Lovell at 828-526-4104 to register and David Moore at 828-332-1609 for more information.

- "Travel for Peace Fundraiser for Nicki Miglionico at Down Hill Grill in Scaly Mountain, featuring dinner and music at 7 pm. with Fiddlin' Mitch. Nicki is raising money for an educational trip to Istanbul, Turkey to visit the sister school of Fulton Science Academy.

Sat. & Sun., Oct. 16-17

CROCS • GRAMICCI • MERRELL • MINNETONKA • AVENTURA • CAMELBAK • LOLÉ • TEVA



**BEAR MOUNTAIN
OUTFITTERS**

MEN • WOMEN • KIDS
CASUAL CLOTHING • ACTIVE WEAR
ACCESSORIES • BACKPACKS

HUNDREDS OF
SANDAL, SHOE AND BOOT STYLES

"We Outfit You for Life"



Mon-Thur 10-5, Fri Sat 10-6, Sun 11-5 • 828-526-5784

Corner of Main and 3rd St. • Highlands, N.C. Open Year Round • bearmountainoutfitters@dn.net

MOUNTAINSMITH • AETREX • BORN • GEOX • TIMBERLAND • SMARTWOOL • WOOLRICH • JAMBU

CLARKS • EARTH • ASOLO • SEBAGO • OBOZ • PRIVO • ECCO

AMERIBAG • WEEKENDZ OFF • SOFTSPOTS • MARMOT

Ongoing and Upcoming Events

PULL OUT

• The Art League of Highlands Fall Colors Fine Art Show. 10-5. Civic Center Rec Park, Highlands, North Carolina across from the Citco Station on Fourth Street. Gymnasium filled with original art and fine crafts. Children's Art Room open Saturday. Door prizes. Free admission. 828-743-7673.

Saturday, Oct. 16

• There will be a meeting of the Mountain Patriots Tea Party at 2 at the 441 Family Diner in Otto. Come early to make new friends & socialize. Guests and visitors are always welcome.

• The annual Highlands School PTO Fall Festival from 5-9. The festival has great food and many exciting activities for children and adults. Highlands Rotary Club sponsors our cash bingo where the winner takes half! There is the Chenoweth Cake Walk, and the senior class is preparing a thrilling haunted house in the middle school. There will be a 20' inflatable slide and bounce house, hay rides, face paint and hair spray, fish pond, pirate dig, soccer, basketball, football booths and balloon dart toss...not to mention the popcorn, cotton candy and many more exciting

activities! Each class has prepared a theme box filled with great items that will be available for our Great Silent Theme Box Auction. Mountain Fresh Fine Foods, Bryson's Food Store, Reeves Hardware and RBC Centura Bank have all donated \$100 in gift certificates for our traditional Fall Festival Raffle where tickets are \$1 each or 6 for \$5.

Sunday, Oct. 17

• The Nantahala Hiking Club will take an easy 1.5 mile hike with an elevation change of 100 feet to Pickens Nose for an outstanding view from the top. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2 p.m. Drive 50 miles round trip. Bring water, a snack if you wish; wear sturdy shoes. Call leader Kay Coriell, 369-6820, for reservations. Visitors are welcome, but no pets please.

Monday, Oct. 18

• The Plateau Fly Fishing Club will hold its last meeting of the season on Monday, October 18. The meeting begins at 7 PM at the Albert Carlton-Cashiers library and features Jeff Curtis who will discuss fly fishing the Blue Ridge Parkway. Jeff is the co-founder

of Curtis Wright Outfitters, camp director of Trout Unlimited's "Rivercourse" and local guide for the past 15 years. His family operates Sourwood Inn outside Asheville. An accomplished fly tyer, Jeff brings a wealth of fly fishing experience. Following the presentation, a raffle featuring an Orvis 9' 5 weight midflex rod and other fly fishing essentials will end the ninth season of the Plateau Fly Fishing Club. The rod will be awarded to the lucky ticket holder. Everyone is invited. Call 828-885-7130 for additional information.

Tuesday, October 19

• At Hudson Library, Health Lectures by Dr. Sue Aery of Mountain Air Wellness Center. "Wheat free diet- why does it work?"

• CLE presents Darwin and Evangelicals 1809-2010 with Rev. Michael Roberts, Anglican clergyman, geologist and Darwin scholar from 3-4:30 pm. at the Highlands Biological Station, Biodiversity Laboratory 265 N. Sixth Street, Highlands, NC 28741. There is no need to register. It's FREE. If you have any questions, please contact the Biological Station at 526-2602. Rev. Roberts is a professional geologist, but is currently a full time clergyman in the Church of England. He has a special interest in Darwin and the history of evolutionary biology, and has published several papers on Darwin's geological work, geologist-evangelicals of the 19th century such as Adam Sedgwick, and philosophical/ theological papers on topics relating to evolution, design, etc.

• Return to Margaritaville —The Philosophical Side of Jimmy Buffet. Coordinator: John Gaston is The Highlands Dialogue's Tuesday discussion at the Civic

Center from 10-11:30 a.m. For more information about the Highlands Dialogue or any of our upcoming discussions, please e-mail John Gaston johngaston@aol.com or Karen Hawk hwnkrcw@earthlink.net. If you would like us to add your name to the Highlands Dialogue's e-mail list, please contact David Scheyer at dscheyer08@frontier.com.

Thurs., October 21

• An American Red Cross Adult CPR/AED and First Aid Basics course will be conducted by the Macon County Public Health Center from 8:30 a.m. until 4:30 pm at the Macon County Public Health Center at 1830 Lakeside Drive. Participants must pre-register and pre-pay at the Macon County Public Health Center before Monday, October 18, 2010. For more information on class fees, please call Jennifer at 349-2439.

Friday, Oct. 22

• Live bird demonstration with Doris Mager, "The Eagle Lady" will give a program and demonstration with her live birds at the Civic Center beginning at 7:30 pm. Doris has made a lifetime career of caring for and educating the public about birds of prey. This program is sponsored by the Highlands Audubon Society and is free of charge.

Saturday, Oct. 23

• At The Hen House on Main Street, Ray Pottery signing from 10-5.

• The Nantahala Hiking Club will take a moderate 4-mile hike on the Appalachian Trail to see the new tower and shelter on Wayah Bald, returning via the

• See EVENTS page 16

"Life with Father" – A cast of thousands



Well, maybe not thousands but it probably seems like it in rehearsals. Dr. Ronnie Spilton, no stranger to directing large cast shows, is directing HCP's upcoming production of "Life With Father", an absolutely terrific stage adaptation of the collected essays of Clarence Day, in which he wrote about his large, loving, but somewhat chaotic, family.

And it must be almost as demanding to organize this cast as it was to run the Day household. It's a large, talented cast, with some new faces and some returning veterans (if you can call someone not quite old enough to drive a "veteran"). David Hoffman, who was in HCP's "How the Other Half Loves" returns to the stage as the title character, and he is well accompanied. Betsy Miller as "Clare's" patient wife, a crowd of red-headed sons, portrayed by Cai Roman, David Long,

Daniel Long, and Taj Roman, an ever changing troop of maids, played by Elizabeth Gordon, Kris Maree, Denise Dunn, Jeannette Brand and Vangie Rich, some charming visitors, played by Michelle Hott and Kaycee Carver, and an assortment of doctors and ministers, ably done by Wayne Coleman, Curtis Rich, and Jim Dunn (Whew, did I miss anybody?).

This cast, along with an equally large crew of light and sound technicians, make up artists, hair dressers, set designers and decorators, props specialists, costumers and more will be bringing you the second show in HCP's 15th season.

Really, a great, funny, touching piece of whole family entertainment, it will be staging Oct. 28-31 and Nov. 4-7 at the Martin-Lipscomb Performing Arts Center, you will not want to miss this talented cast and this wonderful material

Highlands Emporium

A Mini Department Store

LUGGAGE BONUS SALE

BOYT • HARTMANN • DELSEY • HEYS
RICARDO • BRITTO • ATLANTIC • AND MORE

25% to 80% off

**SAVE
20%-70%**
Bed Ensembles
Comforters
Throws
Bath Shop
Towels
Baggallini
Lotions
Creams
Candles
Diffusers
Vanity Mirrors



**SAVE
20%-70%**
Placemats
Napkins
Runners
Furniture
Accessories
Lamps
Fans
Serveware
Wallets
Shave Kits
Clocks

Premium CIGARS ... Buy 3 get 1 FREE

375 Main Street • Highlands • 526-1660 • www.highlandsemporium.com

We ship anywhere in the USA

PULL OUT

Ongoing and Upcoming Events



Take home
one of our
new coffees

Honduran Copan
Las Capucas
and
Tanzania Balckburn
Estate AA

Autumn Roasted Coffee

Warm up with our **organic** beans roasted in house,
then crafted into your favorite **coffee** drinks.
Espresso, Latte, Cappuccino, Coffee Shakes, or
just a **great** cup of coffee. Pair with **apple** fritters,
croissants, and **muffins** baked fresh every morning.
Mon - Sat open at 7 am and Sundays at 8 am.



Corner of 5th & Main, Highlands NC 828-526-2400

Dutchmans Design

at 342 Main Street in Highlands • 526-8864

Open Mon.-Sat. 10-5:30 • Sun. 11-5

Annual Fall SALE!

50% off all wood furniture in the store and ...

at our Warehouse

Friday, Saturday, & Sunday,

Oct. 15, 16, & 17 from 10-4

(The Warehouse is on Cherry Wood Lane, past the hospital at The Meadows)

Bartram Trail. Meet at Westgate Plaza in Franklin, opposite Burger King, at 2 p.m. Drive 30 miles round trip. Bring water, lunch; wear sturdy shoes. Call leader Larry Jelley, 524-4200, for reservations. Visitors are welcome, but no pets please.

- Yard Sale Benefit for Colleen Fogle in Wright Square at the old John Collette space from 10 a.m. to 5 p.m. Donate items for sale up until Friday, Oct. 22 by calling Noel Atherton at 787-1515. Colleen is fighting breast cancer.

- At The Bascom, Book Signing and Artist Talk: Bill Rouda, photography, 2 pm. Admission is free. For information or to register, call 828.526.4949 or visit www.thebascom.org.

- Abenefit for Laura Mashburn at Cartoogechaye School in Franklin starting at 5 p.m. She is 17 and has a rare progressive neurological disorder called Rasmussen Encephalitis which attacks one side of the brain. There is no cure. There will be a hot dog, hamburger supper, games, a cake walk, face painting, singing, hair cuts an auction and music by The Patton String Band, Bobby Dills and Josh Cochran. There will be a raffle for a: 7M Ruger Rifle; 50/50 cash pot; 22M Ruger rifle; and \$200 in gas. Tickets may be purchased at \$1 each or 6 for \$5 by calling 828/342-3846.

- Auction at Scudder's Gallery featuring ivory figurine valued at \$10,000 with proceeds to benefit Highlands-Cashiers Hospital Foundation.

Mon. & Tues. Oct. 25-26

- At The Bascom Spooky Raku class and Halloween Firing, Composition, instructors Pat Taylor and Britt Ammann, 1-4 pm or 5-8:30 pm. Create your choice of pottery pieces for a spooky Raku firing under the Halloween moon.

Wed., Oct. 27

- The Rotary Club of Highlands is holding its second coats and cans collection at the Highlands Rec Park from 9am -2pm. Coats of ANY kind, and any non perishable food that will directly benefit the Highlands United Methodist Church's Food Pantry.

Passionate Hearts
for All,
Because of Jesus'
Passion for Us!

Christ
Anglican Church

Every Sunday at 9 a.m.

Communion Service

Come and See!

Worshipping at the facilities of
Whiteside Presbyterian Church
621 US 64 Hwy, Cashiers

Now offering a
HEALING Service – Thursdays at noon

The Reverend Jim Murphy, Rector
(252) 671-4011 or (828) 743-1701
www.christanglicanchurch.com

• SPIRITUALLY SPEAKING •

Of thanksgiving and holiness



**Rector
Jim Murphy
Christ Anglican
Church**

From the beginning of the Bible to its end the theme of holiness is so tightly woven into scripture's fabric that one (the Bible) without the other (holiness) would render both unintelligible. God is holy. We are called to be holy. Holiness is implicit if not explicit in every passage of holy writ.

To be holy, in the biblical sense, is to be dedicated to God and pure. When one is dedicated they are devoted to our heavenly Father. Purity has to do with sinfulness or lack thereof. When we are devoted to Jesus without sin, we are holy. It's that simple. It's that difficult.

In this season of Thanksgiving, for those of us who count ourselves as Christians, we owe our Lord more than lip service of thanks, we owe Him our holiness. This is because when our lives are seen to be dedicated and pure we not only fulfill His call to holiness but we also fulfill His great commission. As those outside of the church take note of our dedication and sinlessness we lay witness to the gospel of Christ. This then is the most sincere form of Thanksgiving.

Yes, it's easier said than done. However, if we are to believe the Good News, all things are possible with God. To be devoted means that we have to rid our lives of everything that stands between God and us. Anything that has a higher priority or in which we place greater trust has to be put in its place behind God. To be pure means that we have to repent of our sins and receive His forgiveness—repeatedly. Tuff stuff to do but possible with His grace.

The rich young ruler (cf. Mark 10) went away with his head hung low because he was unwilling to be holy. His particular idol, the thing that stood between him and God, was money. His sin was trusting in or coveting his riches more than the almighty God who provided them. Here is an instance of someone who because of his station in life should have been gushing with thanksgiving and holiness. Instead we remember him as one who does damage to both the gospel, his life and his salvation.

What inhibits your holiness? What is your idol? What is your sin? Is it jealously guarded time? Perhaps family? Or maybe riches? Some immoral practice? Even another activity, not sinful in itself, that takes precedence in some way? All of these must be overcome and put in the proper perspective of God's holiness if we truly desire to express our Thanksgiving and to "...be holy I am holy." (Lev 11:44, 1 Peter 1:16)

May we, with great conviction, work toward personal and corporate holiness as the most sincere expression of Thanksgiving to our heavenly Father in this season of Thanks.

• PLACES TO WORSHIP •

BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965
Sundays: School – 10 a.m., Worship – 11
Sunday night services every 2nd & 4th Sunday at 7
Wednesdays: Mid-week prayer meeting – 7 p.m.

BUCK CREEK BAPTIST CHURCH

Sundays: School – 10 a.m.; Worship – 11

CHAPEL OF SKY VALLEY

Sky Valley, GA
Church: 706-746-2999
Pastor's residence: 706-746-5770
Sundays: 10 a.m. – Worship
Holy Communion 1st Sunday of the month
Wednesdays: 9 a.m. Healing and Prayer with Holy Communion each service

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

NC 28 N. and Pine Ridge Rd., (828) 369-8329
Rai Cammack, Branch President, (828) 369-1627

CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011
Worshipping at the facilities of
Whiteside Presbyterian Church, Cashiers
Sunday: Holy Communion - 9:00 a.m.
Sunday: Adult Forum - 10:45, Bucks Coffee Cafe,
Cashiers
Monday: Evening Bible Study at Whiteside
Presbyterian – 5 p.m.; Bible Study & Supper at
members' homes - 6 p.m.
Wednesday: Men's Bible Study -8:30 a.m., First Baptist
Church

Thursday: Women's Prayer Group - 10 a.m., Whiteside
Presbyterian Church; Healing Service at noon

CHRISTIAN SCIENCE CHURCH

283 Spring Street
Sunday: Service – 11 a.m.; School – 11 a.m.
3rd Wed. of month: Testimonial Service – 5 p.m.
Reading Room: Wednesday - 3-5 p.m.

CLEAR CREEK BAPTIST CHURCH

Pastor Everett Brewer
Sundays: School – 10 a.m.; Worship – 11
Prayer – 6:30 p.m.
Evening Service – 1st & 3rd Sunday – 7 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685
Pastor Gary Hewins
3645 U.S. 64 east, Highlands
Sun.: 9:30 am: Adult Sunday School, Prayer Group.
10:30 am: Children's Program (Pre-K – 5th Grade),
Merge for 6th Graders. 10:45 am: Worship Service. 5
pm Student Arts Group, The River Middle & High
School Student Ministries.

Tues.: 9:30 am: Women's Bible Study.
Wed.: 5 pm: Dinner. 6pm: Children's Program

EPISCOPAL CHURCH OF THE INCARNATION

526-2968
Sunday: Breakfast; 9 A.M. - Sunday School
10:30 a.m. Holy Eucharist (Rite II)
Monday: 4 p.m. Women's Cursillo Group
Tuesday: 8 a.m. Men's Cursillo Group
4:30 P.M. Education for Ministry
Wednesday: 6:30 P.M. Choir Practice
Thursday: 10 a.m. Holy Eucharist (Chapel)
10:30 a.m. Daughters of the King

FIRST ALLIANCE CHURCH OF FRANKLIN

Rev. Mitch Schultz, Pastor • 828-369-7977
Sun. Worship 8:30 & 10:45 a.m.; 6: p.m.
Sun. school for all ages 9:45 a.m.
Wed: dinner 5 p.m. followed by childrens
Pioneer Club 6 p.m.; Jr & Sr Youth Group 6:30 p.m.;
Adult Bible Study & Prayer Meeting 7 p.m.

FIRST BAPTIST CHURCH

526-4153
Sun.: Worship 10:45 a.m., 6:30 p.m.; School – 9:30

a.m.; Youth – 6:30 p.m.; Choir – 7:15
Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.;
Prayer – 6:15 p.m., Choir – 7:30 p.m.

FIRST PRESBYTERIAN CHURCH

Dr. Lee Bowman, Pastor
Dr. Don Mullen, Parish Associate 526-3175
Sun.: Worship – 11 a.m.; Sun. School – 9:30
Mondays: 8 a.m. – Men's Prayer Group & Breakfast
Wednesdays – Choir – 7

HIGHLANDS ASSEMBLY OF GOD

Sixth Street
Sundays: School – 10 a.m.; Worship – 11
Wednesdays: Prayer & Bible Study – 7
HIGHLANDS UNITED METHODIST CHURCH
Pastor Paul Christy 526-3376
Sun.: school 9:45 a.m.; Worship 8:30 & 11 a.m.; 5
p.m. Youth

Wed: Supper; 6; 7:15 – children, youth, & adults
studies; 6:15 – Adult choir
(nursery provided for Wed. p.m. activities)
Thurs: 12:30 – Women's Bible Study (nursery)

HOLY FAMILY LUTHERAN CHURCH – ELCA

Chaplain Margaret Howell
2152 Dillard Road – 526-9741
Sundays: Sunday School and Adult discussion group
9:30 a.m.; Worship/Communion – 10:30
HEALING SERVICE on the 5th Sunday of the month.

LITTLE CHURCH OF THE WILDWOOD

Kay Ward – 743-5009
Sundays: 7-8 p.m. Memorial Day - Labor Day
Old Fashioned Hymn-Sing

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah
Pastor Matt Shuler, (828) 526-8425
Sundays: School – 10 a.m.; Worship – 11
Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

MOUNTAIN SYNAGOGUE

St. Cyprian's Episcopal Church, Franklin
828-369-9270 or 828-293-5197

MOUNTAIN BIBLE CHURCH

Pastor: Clayton Lopez • 828-743-9704
Independent Bible Church

Sundays: 10:30 a.m. at Blue Ridge School
Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH

Rev. Dean Cesa, pastor
Parish office: 526-2418
Mass: – 9 a.m.: Sun., Thurs. & Fri
Saturday Mass – Mem Day through Oct. at 4 p.m.

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Clifford Willis
Sundays: School – 10 a.m.; Worship – 11 a.m. & 7
Wednesdays: Prayer Mtg. – 7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Alfred Sizemore
Sundays: School – 10 a.m.; Worship – 10:45 a.m.;
Evening Worship – 6 p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

For more information call 526-3212.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer.
Sundays: School – 10 a.m.; Worship – 11
Wednesdays: Prayer & Bible Study – 7

UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive • 828-524-6777
Sunday Worship - 11 a.m.
Child Care - 10:30 a.m. - 12:30 p.m.
Religious Education - 11 a.m. - 12:15 p.m.
Youth from 8th - 12th grades meet the second Sunday
of each month from 5 - 7:30 p.m.

WHITESIDE PRESBYTERIAN CHURCH

Cashiers, Rev. Sam Forrester, 743-2122
Sundays: School – 10 a.m.; Worship – 11

VOTE

Allan "Ricky" Bryson

Your Neighbor
for District 1 commissioner

Proven
Effective
Leadership

526-4925 • hot@hcgexpress.net • Facebook

Paid for by the Committee to Elect
Allan "Ricky" Bryson District 1 Commissioner

• BUSINESS NEWS •

Scouts win big at Rotary bingo

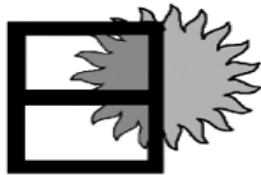


The Rotary Club of Highlands partnered with Highlands Cub Scout Pack 207 to offer Cub Scout Bingo on Thursday, October 7th. The Super Bingo Winner was Cub Scout Cole Satterwhite pictured with Bingo volunteer Caroline Cook and Cub Scout leader Tay Bronaugh, a member of Highlands Rotary

Renovate & Renew

Home - Business - 3M Film

Authorized Dealer for 3M Prestige Clear Film



**TINT SOLAR
WORKS**
WINDOW FILM
www.tintsolorworks.com

Highlands 828-526-8468 and Toll Free 800-811-8468

Eliminate Mold, Mildew, & Radon Immediately!

FREE Radon Testing • Call 828-226-9696

www.drycrawlspaces.com

Dry Crawl Spaces

Crawl Space Encapsulation System®

Sadlon & Associates

PLANNING • DESIGN • CONSTRUCTION

Visit our unique website at
SadlonandAssociates.com

Current projects include new homes in
Mountain Top Club and Old Edwards Club

Timothy J. Sadlon

828-349-0400

Building Fine Homes in Highlands & Cashiers Since 1992

Larry Rogers Construction Company, Inc.

Serving Highlands and Cashiers from over 25 years

Excavating • Grading • Trucking Trackhoe

Backhoe • Blasting • Utilities

(828) 526-2874

776 Dillard Road • Highlands



American Upholstery

Residential or Commercial

Over 40 Years Experience • Fast & Dependable

Free Estimates • Free Pick-up & Delivery

Open: 8 a.m.-5 p.m. Monday-Thursday

(864) 638-9661



Main Street COUNTRY CLUB PROPERTIES Mt. Fresh

Wright Sq. 828-526-2520 | www.ccphighlandsnc.com | ccp4info@verizon.net



This is what everybody wants when they come to the mountains, close to town, in the woods, charming and comfortable. 3 bedrooms with fireplace in master bedroom. Offered at \$498,755 MLS#63260



High atop the Mountain at Highgate, located on Summit Trail. This almost new 3 bedroom, 3 bath features a long range view with southwest exposure. Concrete countertops, antique beams, wood walls and plenty of glass and a large deck. Offered at \$995,000. MLS#64454



3 bed, 4 1/2 baths, this home looks like it was built last month. A custom home built by a great builder with great detail to everything. It has large screened porches to the great open kitchen and see-through fireplace. Offered at \$795,000. MLS#71720



Dogwood Drive. Fully renovated cabin is loaded with features: Cathedral ceiling in the living room with fireplace opens on to a great screened porch with a mountain view, custom kitchen with stainless appliances and hardwood floors. Offered at \$445,000. MLS#66120



This nice home at Highlands Falls has 3 bedrooms, each with a private bath; 1 powder room; an open kitchen, living room and dining area with stone faced fireplace; a screened porch and lots of decks. Membership is available upon acceptance and applicable fees. Offered fully furnished including a golf cart for \$695,000. MLS#71830



Great location is convenient to both Highlands and Cashiers. Level access with a 2 car garage. Large open great room plan with split bedrooms on the main level and upper loft bedroom with bath. A spectacular view for the price. Offered at \$1,275,000. MLS#60517



4 BR, 2-1/2 baths, granite countertops, stainless steel appliances. Bonus room above garage and separate studio with a porch and deck. Offered at \$619,000 MLS#71824



Quality construction with 6 walls and Anderson windows, 2 fireplaces, wood floors and lots of wormy chestnut paneling. Custom master bath with stacked stone and wainscoat, 2 car garage on main level and a one car garage on patio level. Large private lot. Offered at \$925,000. MLS#71823. Owner/Agent.



Totally renovated designer home. Home features native stone fireplaces, large great rooms, custom finishing, flat screen TVs, hardwood floors, 4 bedrooms, 3-1/2 baths, granite countertops, views, and close to town.. MLS#66057, Offered at \$695,000. MLS#66057



Cullasaja Headwaters at Wildcat Cliffs—Lot #3 Whiteside Club. Deck with outside fireplace. Subject to Wildcat Cliffs Country Club Membership approval. Buyer must purchase membership at time of closing. Offered at \$695,000. MLS#60514



Exceptional property! 23 acre farm has hundreds of feet of stream frontage, lovely pasture, pond, Mountain views, AND backs up to USFS lands! Main house, detached garage, new garage with guest quarters above. Offered at \$1,800,000. MLS#65054



Cullasaja Club Fairway Cottage. Located on the 10th tee. This brand new cottage is loaded with upgrades. Stone fireplaces in great room and on the spacious screened porch. Huge master bedroom. Guest bedroom and bath on main level with a loft bedroom and bath that closes off for privacy. Offered at \$899,000. MLS#65523



Located at The Cotswolds, this 4 bedroom, 4 1/2 bath has an exceptional floor plan, loads of glass, French doors, 2 car garage and a great covered porch are just a few of the features of this new home under construction. Offered at \$1,495,000. MLS#60668



Harbison Woods in nestled under the cliffs of Satulah Mountain and the last remaining property of Highlands' early botanist and professor, T.G. Harbison. It offers an extraordinary view of Satulah Mountain, Blue Valley and beyond. A park-like setting is created by the old growth timber overstory. Bound on the East by USFS and on the North by Highlands-Cashiers Land Trust. Offered at \$2,995,900. MLS#68845



This charming house, nestled in the woods at the end of a long drive, features a large great room and dining area that opens onto a spacious deck with a spectacular view of Whiteside Mountain. A real buy! Offered at \$1,500,000 MLS#64142



Sagee Mountain. Lovely 4 bedroom, 4 bath features a flat lot with exceptional gardens and large garage. A huge screened porch. Offered at \$1,040,000 MLS#59410



Unbelievable long range mountain views. Post and beam construction with true mountain feeling. Concrete kitchen countertops, twig railings, custom lighting system. Golf and tennis available. Offered at \$695,000 MLS#64547



Wildwood Subdivision. Spacious and has a view! This 4 bedroom, 3 bath has clean contemporary lines with wood floors in the main living area. Garage and workshop/storage on the terrace level. Offered at \$557,400 MLS#65908



Perched on the side of roaring Buck Creek Falls. This family home has room for guests or a large family. Living room has windows and deck that overlooks the Waterfall and a wood burning fireplace. Large kitchen with eat in area and picture window. You will need to provide the finishing touches. Situated on 1.5+/- acres. Offered at \$495,000. MLS#54731



Situated on nearly 2 acres in a quiet setting on a small pond with dock, this custom built home was completed in 2007. Features rustic finishes, granite countertops, stainless appliances, Jacuzzi tub in master, volume ceilings and more. Offered at \$435,000. MLS#65563

Art Galleries & Antiques

Visit this fall!

Dozens of free art activities:
exhibitions, lectures,
demos, trail, more!



THE BASCOM
A CENTER FOR THE VISUAL ARTS

P.O. Box 766 | 323 Franklin Road
Highlands, NC 28741
828.526.4949

www.thebascom.org

Tuesday through Saturday, 10 am-5 pm
through December 18

Sunday 12-5 pm through October 10

Exhibitions | Classes | Nature Trail | Shop and Café

John Collette Fine Art



381 Main St. • 526-0339
email: jcfa@verizon.net

Corey James Gallery



Fine Art and Collectables, Bronzes,
Water Fountains, Furniture and
Accessories, Hand-made Signs &
Custom Artwork

Corner of Spring & 3rd. • 526-4818

The Summer house

Antiques ~ Accessories
Gifts ~ Upholstery

Home of
**Tiger mounTain
WoodWorks**

Custom Handcrafted Furniture

The PanTry
*Decorative Accessories for Kitchens
and Keeping Rooms*

PaTio & Porch
A Designated
SUMMER & CLASSICS
Store

Visit Our Sale Room
for
Irresistible Savings!

Open Year Round
Monday - Saturday 10 - 5
Sundays 12-5

828-526-5577

2089 Dillard Road Highlands, NC
(2 miles from Main Street)
www.summerhousehighlands.com

• HOSPITAL NEWS •

Arthritis



Dr. Richard S. Mathews, Jr.

One of the most common problems treated by physicians today is arthritis. Arthritis is typically caused by osteoarthritis, which is a slow degeneration of cartilage in the articular large joints. Most degenerative arthritis that I hear about from patients has to do with knee, hip, or shoulder degenerative arthritis. Many patients also complain of hand arthritis, ankle and foot arthritis, essentially degeneration of the cartilage surface in the joint.

The most frequent treatment, which is also the easiest, involves the use of ibuprofen or naproxen sodium. Ibuprofen is sold over-the-counter as Advil or Motrin and is a very good anti-inflammatory agent and pain reliever. This should be taken with food. Naprosyn sodium is marketed under the name, Aleve, another excellent anti-inflammatory agent and pain reliever. These two drugs work by reducing inflammation and taken for over 5-7 days will produce an anti-inflammatory effect in the articular cartilage of every joint.

Other drugs used commonly that are good nonsteroidal anti-inflammatory drugs (NSAIDs) are Naprosyn, Mobic, Clinoril, Feldene, as well as the newer drugs that you have heard of including Celebrex. These work by reducing inflammation and swelling in the joints which lead to pain and discomfort. Most people that have chronic hand pain as well elbow, shoulder, hip, knee, ankle, and foot pain have degenerative osteoarthritis.

Rheumatoid arthritis is another affliction that ails patients. This can be diagnosed by simple lab tests and consideration of a referral to an orthopedist, then rheumatolo-

gist. Some patients occasionally have fibromyalgia or polymyalgia rheumatica which typically is caused by not only arthritic pain, but pain and discomfort in the muscles as well as the joints. Typically, in these two disorders the pain moves from one site to another routinely and can be debilitating.

Many times, physicians will order lab work including a CBC, complete metabolic profile, as well as antinuclear antibody to rule out system lupus erythematosus and a rheumatoid factor to evaluate for possible rheumatoid arthritis. Regularly, physicians give medications such as Motrin, Naprosyn, Mobic, or Celebrex as well as consideration of a steroid (cortisone) shot which can help this as well. Please see your physician to have this evaluated, as this is something that can make a big difference in your quality of life.

Physicians' Forum

Last Monday, close to 40 community residents and Highlands-Cashiers Hospital staff members attended a physician forum presented by Dr. James C. Smallwood, Board Certified Gynecologist, addressing women's health issues with the importance of disease prevention and healthy lifestyles.

Dr. Smallwood began by reviewing a variety of services and treatments that his practice and the hospital offer. Dr. Smallwood said "Each patient's health is our top priority. I not only screen my patients for gynecological issues, I also focus my attention on reducing one's risk of heart disease,

• See HOSPITAL page 24

Antiques & Collectibles at Affordable Prices!

327 East North First Street in Seneca, SC
Easy to find!

Hwy 28 to Walhala -
28 becomes East North 1st Street in Seneca
Corner of Walnut St. & E.N. 1st St.

A.O. Antiques & Collectibles

End of Season SALE!

Ending our 27th Season on
Saturday, Oct. 23

The Elephant's Foot Antiques
4th St. and Foreman Rd.
next to Whole Life Market

526-5451

Since 1983

• HEALTH MATTERS •

Five reasons for getting a dental implant

by Dr. Joseph Wilbanks, DDS

There are many ways to replace missing teeth but only one method – the dental implant – so closely matches how natural teeth work in the mouth. Here are some reasons you should consider an implant:

1. Dental implants help save your jawbone. The old adage “use it or lose it” applies to the bone in our jaw as well. Without the tooth roots the bone has no stimulation and will simply be absorbed into the body.

2. Dental implants make you look younger! Our teeth and bones support our facial features, keeping them in place. Losing teeth (and jaw bone – see above) ages your facial appearance. Dental implants also allow you to smile and laugh without worrying which makes you feel better and when

you feel good you look great!

3. Dental implants last longer. Ordinary wear and tear and decay underneath attached teeth can cause normal dental bridges or partial dentures to need repair and replacement after several years of use. A successful dental implant can easily last 20 years or more and will never decay because they are made of titanium.

4. Dental implants improve your speech. No, they won't get rid of the accent you've been trying to lose for years but they help you avoid the clicking or whistling that can accompany poor fitting partial or full dentures. Dentures can be bulky and frequently come loose. Since dental implants act like real teeth – you can speak with confidence.

5. Dental implants help keep your re-

maining teeth where they belong. When one tooth is removed, the others start to wander to fill in the empty spot. This can lead to a bad bite and its accompanying headaches, jaw pain and muscle soreness. A dental implant keeps the existing teeth in their rightful places and maintains your good “bite”.

While dental implants may initially cost more than alternative tooth replacements in the long run, over the life of the implant, the costs may even out. Plus the dramatically better quality of life and comfort given by a dental implant is hard to put a price tag on.

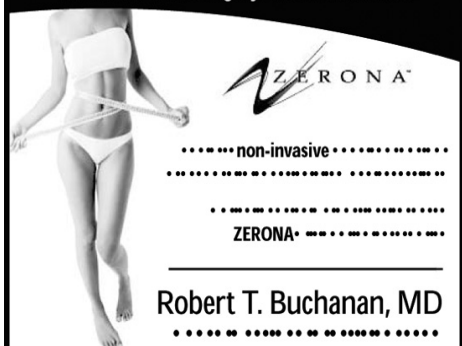
Please contact my Toccoa, Georgia full-service dental office today at 706-886-9439 to discuss whether you are a candidate for a dental implant.



Dr. Joseph Wilbanks, DDS

AREA HEALTH SPECIALISTS

We have added a new service to:
REDUCE FAT WITHOUT SURGERY
Zero Pain, Zero Surgery, Zero Down Time



Robert T. Buchanan, MD

Call for a complimentary consultation

(828) 526-3783

877-526-3784 Toll Free

209 Hospital Dr • Suite 202 • Highlands, NC 28741
www.PlasticSurgeryToday.com



"So acupuncture can help restore my health without drugs or surgery?"

— Naturally! —

Center for
Acupuncture
& Healing Arts

Kim Bonsteel, L.Ac., Dipl. Ac.
— classical Chinese medicine —
in the Crosby Center, 348 S. 5th Street, #224
Highlands, NC (828) 526-0743

1 20/200

2 20/100

3 20/70

I
HAVE
BLUE EYES



Hard to tell in a black & white ad, huh?

Actually, “Blue” refers to how clear my world is after having LASIK vision correction at the Blue Laser Group. If you have ever imagined a life without glasses or contacts, call their Highlands office and ask how you can earn a **\$1000 credit** toward the procedure!

Go on and make those bad eyes Blue.



295 Dillard Road Highlands, NC
(888) 237-2583
www.bluelasergroup.com

Dr. Joseph H. Wilbanks, D.D.S.

278 East Doyle St. • Toccoa, GA
706-886-9439 • 800-884-9439
www.WilbanksSmileCenter.com



You are only 50 miles away from 30 years experience in top-notch, high-tech, one-stop dentistry known for its gentle touch.

- Dental Implants
 - Root Canal Therapy
 - Single Visit Crowns
 - Orthodontics including Invisalign
 - Wisdom Teeth Extractions
- and of course Fillings and Cleanings!
(IV Sedation, too)



• CLASSIFIEDS •

Classifieds Policy

Non-Commercial Classifieds:

\$6 for first 10 words;
20 cents per word
thereafter.

Commercial Classifieds:

\$6 for first 10 words;
25 cents per word thereafter.

Email Copy To:

highlandseditor@aol.com
or FAX to 1-866-212-8913

No phone submissions.

Send check to:

Highlands' Newspaper
P.O. Box 2703
Highlands, NC 28741
828-526-0782
VI SA/MASTERCARD Accepted

DEADLINE:

Mondays at 5 p.m.

HELP WANTED

FULL-OR PART-TIME JOB OPPORTUNITIES AT HIGH-END CLOTHING STORE – Retail sales experience necessary. Call 828-482-2118. (St. 10/7)

PART TIME POSITION – Enthusiastic sales associate/manager for established upscale antiques & accessories store. call 828.421.9136 (St. 9/16)

PART TIME MANAGER NEEDED IMMEDIATELY AT RETAIL APPAREL AND GIFT STORE. Flexible hours and benefits. Please reply to PO Box 2366, Highlands NC 28741 or e-mail mountainstar1@verizon.net. (st. 8/5)

PROGRAMS COORDINATOR, Literacy Council of Highlands. 32 hrs/week. Work with children and community. Must be resourceful, patient, diligent, organized. Educational experience and bilingual skills preferred. Send resume to highlandsliteracy@live.com. (st. 8/2)

YARD SALE

166327



Highlands-Cashiers

HOSPITAL

Fidelia Eckerd Living Center
US 64 Between Highlands & Cashiers, NC

Positions Now Available

RN – Acute/ER (2)
RN – Surgical Services
C.N.A – Living Center
C.N.A. – Acute
Scrub Tech – Surgical Services
Respiratory Therapist –
Cardio-pulmonary

Full benefits, or the option to opt out of benefits for an increase in pay, available after 60 days of full-time employment. Pre-employment substance screening. Call Human Resources, 828-526-1376, or apply online at www.hchospital.org.

SATURDAY - SUNDAY: OCT. 16TH & 17TH @ 9 a.m. until 3 p.m. Come to 674 Chestnut Street and go straight back to the rear of the property. Rocking chairs, wooden straight chairs, wicker outdoor furniture, picnic tables, glassware, truck toolbox, dehumidifier, double and queen beds w/frames, upholstered wing chairs, mahogany drop leaf table and chairs, small mahogany chest, wooden stools, futon w/mattress, lamps, stainless steal cookware, propane cooker, Christmas decorations, iron fire grate, several wool rugs, electric fans, outdoor planters, iron patio set, and more.

ESTATE SALE Fri 10/15 & Sat 10/16: Pinebrook Condos-510 N. 5th St Unit 3; Furniture, china, glassware, lamps, art, decorative accessories — Years of collecting; 828-200-0361

WANTED

QUALITY 3 OR 4 BEDROOM YEAR-ROUND HOME. Close to town. Upgraded kitchen, unfurnished. good access. Small clean dog. Long term lease. Possibly interested in option for the right home. Call 828-200-0815. (st. 9/2)

LOOKING FOR CARPENTRY WORK. Have tools. Please call Alferdo: 524-9304 or 371-2976.

LOOKING FOR LANDSCAPING, yardwork. Call 828-200-1038 or 526-1025.

LOOKING FOR HOUSECLEANING WORK. Call 828-200-1038 or 526-1025.

REAL ESTATE FOR SALE

2 FOR 1 IN SHELBY PLACE – 3bed/2 bath, 2-story town house PLUS a 1 bedroom apartment on the lower level! All decorator finished and furnished. \$299,000 or OBO. Call 770-622-0088. (11/25)

BARGAIN HOME SALE WITH BEAUTIFUL VIEW! – Owner will take \$220,000. Like new. 3 bed, 2.5 bath, 1 acre landscaped. Huge garage, paved access, heat/air. Big deck. Call Becky Simmons. Cabe Realty. 526-2475. (10/14)

APPROXIMATELY 9 ACRES MOUNTAIN LAND W/2 HOUSES. one is handicapped access. Well & spring water, fish pond, bordered by Buck Creek. \$550k. or handicapped access. house w/elevator on approximately 3 acres. w/new metal roof, hardwood, carpet, Pella windows; 3br/ 2 large bath. Central gas heat, stone fireplace w/gas logs. Landscaped w/native stone. Finished basement w/unfinished work area. \$289k. dbolick@dnnet.net, 828-524-6038 (10/14)

MUST SELL – 3 BR/2BA home. In town. Hickory Street. Offers WelcomE. 352-494-1531. (10/28)

2/2 VILLA ON 14TH TEE MILL CREEK GOLF COURSE IN FRANKLIN. Furnished, skylights. Beautiful. \$175,000. Call 419-967-0796. Pictures at www.realtor.com/realstateandhomes-detail/1118110305 (11/4)

CLASSIC 40'S CABIN in Webbmont area w/ 1+ ac. 2/2.5 w/ wormy chestnut walls. Completely renovated in 2000. Below REA at \$439K furnished. By appt ONLY. 526-0974

TWO LOTS IN BLUE VALLEY – Dead-end Road. Water & Septic included. Subfloor and foundation on one, 70-ft. single-wide on the other. .55 acre and .65 acre. Borders USFS and great view of Satulah Mountain. Call 828-482-2052. (St. 11/24)

\$205,000 FOR BOTH. BY OWNER NO AC NEEDED. CLASSIC COUNTRY HOME, 4.2 acres. Perennial landscaping. 4 bed 3 bath, garage and shed 2900 sq. ft living space. 1,523 sq. ft deck. \$338,500, 743-5788 (st. 10/15)

RESIDENTIAL FOR RENT

COTTAGE ON TURTLE POND ROAD NEAR DILLARD ROAD. 2/2, unfurnished, \$600 a month plus utilities. Call 526-5838 ext. 230 (st. 9/30).

1 BEDROOM/1 BATH, in-town furnished apartment, totally renovated, 2 decks, hardwood floors, granite countertops, washer/dryer. Call: 526-9523 (st. 9/30)

HOUSE/ROOMS — split level house with 3 bedrooms 3 bath. Fireplace, washer & dryer, walking distance to hospital. 828 200-1064. (10/21)

1/BED/1 BATH APARTMENT. Furnished. Clean. No smokers, no pets. \$450 per month plus utilities. Call 828-200-9360. (10/ 7)

2 BEDROOM, 1.5 BATH , central heat/air, dishwasher, wood floors at Oak Square Apartments on Main Street, Highlands. Washer-dryer access. Competitive rental price Available NOW. Call 828-421-1157. (st. 9/23)

FOR LEASE – LARGE, 2 STORY, 5 BEDROOM HOME with decks. Available for immediate occupancy Near downtown Highlands. 914-761-8880 x 19 Sandy. (st. 4/29)

STUNNING MOUNTAIN VIEWS SECLUDED AND ONLY MINUTES FROM THE TOWN OF HIGHLANDS. Fully furnished, large 1 bed, 1 bath apt. with large walkin closet, porch and yard. Updated with new carpet. Available seasonal through November. All utilities included AC and Heat. \$1,200 month. Call 526-3608 (Spoiled Rotten) or evening, 526-2694, (st.4/29)

SMALL PRIVATE ONE BR FURNISHED COTTAGE ON CHESTNUT STREET with screen porch. Additional sleeping loft. Three blocks to Main Street. Available immediately. \$650. monthly plus utilities for six months lease. e-mail: chestnutcottages@yahoo.com or, contact Charlie @ (828)526-8645 (st. 4/22)

SPACIOUS MAIN ST. APT, full kitchen, fully furnished, covered balcony, small pets OK. \$675/mo. 526-0560. (St. 3/25)

REAL ESTATE FOR RENT/SALE

PINEBROOK CONDO FOR LEAST OR SDALE – 2/2 downstairs. Call for details. 200-0018 or 421-2144.

FOR SALE/RENT – BEST ‘COMMERCIAL’ BUY IN HIGHLANDS – 535 4th Street. Zoned mixed-use, commercial and residential. Recent Remodel. Great retail/office and separate one-bedroom basement apartment. \$299,000. Call 770-827-0450. (St. 11/5)

RESTAURANT FOR LEASE ON THE CASHIERS ROAD. – Previously occupied by High Country Cafe. 6,300 sq. ft. Call Buddy or Sherry Kremser at 706-782-6252. (St. 11/5)

ITEMS FOR SALE

CYPRUS - 1,800 board feet, clear #1 interior or cabinet grade, no cupping, curling or chinking, perfectly cured and stored inside. 1"x10"x12". \$1.50 per linear foot, or \$18 per board. Also, new set of thermo-pane sliding doors & vertical blinds: \$150 for all. 828-526-8645

RUG, BLUE FLORAL. 11 ft. by 8 ft. acrylic. Hand-tufted. \$250; Rug oval, pink floral, 10 ft. by 8 ft. \$150; 2 antique headboards quilted. OBO; 6 ft. Queen sleeper-sofa, multi-stripe \$250; glass top. \$50 each; Pet door. Fits standard 7 ft. single door. \$50; Call 828-743-5543 (st. 9/30)

2009 CAMOUFLAGE ATV 250 CC BRAND- KAYAK has front and rear racks with helmet and trailer only 20 miles.Paid \$5,000, will sacrifice for \$1,995 or OBO. 828-371-2129 or 828-371-2129.(st. 9/9)

DIAMOND SOLITAIRE RING GOLD — Beautiful solid 1.03 caret. Brilliant perfect stone. Retail for \$5,800. In gorgeous setting must sacrifice asking \$1,999 or OBO. 828-371-2129 or 828-524-7233 27 (st. 9/9)

AFGHANISTAN-VINTAGE RIFLE very rare. Collector's Dream. Saw one at gun show for \$7,000-\$10,000 will sacrifice for \$1999 or OBO. 828-371-2129 or 828-524-7233 (st. 9/9)

BALDWIN ORGAN \$100, Gulbransen Spinnet piano \$250. 828 526 4818 (st. 8/26)

PIANO — Gorgeous Fully restored. Late 1800s upright owned by the Vanderbelts and was in the Biltmore Estates. Plays beautifully \$7,000 invested, worth way more. Must sell. Will sacrifice for \$2,300. OBO. 828-524-7233 or 828-371-2129 (st. 10/22)

COLEMAN 5000 ER ELECTRONIC GARAGE DOOR. \$500. Call 526-5025. (st. 8/13)

VEHICLES FOR SALE

SELLING CAR THAT KEEPS APPRECIATING! Fun '73 VW Thing 4-door convertible; garaged; excellent condition; good for at least 37 more years! 828 526 2759 **2007 CHEVROLET TRUCK** – 14,000 MILES. \$12,000. 526-2416. (10/14)

• CLASSIFIEDS •

1985 MERCEDES 500 SEC CLASSIC CLUB COUPE — Near mint condition. Low miles. Second owner. List Price new \$84,000. Asking \$8,900. Call 828-743-7878 or 256-329-0099. (10/14)

LINCOLN TOWN CAR, sign/series. 1998 48,000 miles. Excellent condition. Call 828-743-5543 (st. 10/7)

MERCEDES BENZ 1995, C220, \$5,900. New tires, brakes, battery, hoses. Garaged. Perfect, dependable, exceptional, 32 mpg regular gas, 182,000 miles. 706/745-3993 or 404/520-0852. (st. 6/17)

2003 NISSAN FRONTIER — 4 Door, 60,000 miles, Excellent condition, \$9,000 OBO. 526-9180. (St. 5/20)

SERVICES

ECONOMY SEDAN SERVICE – AIRPORT TRANSPORTATION. Easy Pickup Procedures. Hikers, Casino, Attractions or anywhere! Call Bill for BEST prices. 407-810-6408. (10/28)

AMSOIL SYNTHETICS – independent testing proves superiority to competitors. Buy at wholesale; Programs to sell products for additional income. Clay 828-349-3479 or 828-342-1603 (9/30)

WILL SIT FOR ELDERLY, HANDICAPPED OR CHILDREN. Your home or mine. 13 years childcare experience. By the hour. Call 828-966-3988. References.

THE HIGHLANDS HANDYMAN – Anything

and Everything. Local References. Call a neighbor. Call Mark at 526-0031.

RESIDENTIAL CLEANING – affordable rates. Call 828-369-0589. (st. 7/8)

QUALITY PAINTING, PRESSURE WASHING, LANDSCAPING, CARPENTRY. Steaming, shampooing, drycleaning floors any surface, Upholstering, rugs, curtains, whole houses. References 828-526-2536 or 828-332-7303.

HANDYMAN SPECIAL – Repairs and remodeling, electrical and plumbing, carpentry, painting and pressure washing more. Low prices. Free estimate. Call 828-421-4667. (9/30)

DEBRIS AND TREE REMOVAL CLEAN UP. Roof and gutter repair expert. Call 371-1103. (st. 2/25)

24-HOUR CARE FOR YOUR LOVED ONE – 16 years experience. Will travel to accommodate. \$2,800 monthly, negotiable. Call Clare Myers 828-349-3479 or 828-342-1603. (10/28)

TREE SERVICE – Complete Tree Removal, Trimming, Stump Grinding, Lot Clearing, Under Brushing, and Hemlock treatment and fertilization for "Woolly Adelgid." 828-526-2251

J&J LAWN AND LANDSCAPING SERVICES – Complete Landscaping Company, Design, Installation and Maintenance. Also featuring Plants, Trees, Hardscapes, Water Features, Rockwork, Fencing, Drainage, Erosion Control and RR-Tie work. 20 years serving Highlands area. 828-526-2251.

• SERVICE DIRECTORY •

95 Highlands Plaza
526-3379
FAX: 526-3309



- Complete line of office supplies
- Laminating • Fax Service
- Greeting Cards • Laser paper
- Ink Cartridges • UPS services

"It's good to do business in Highlands"

ESTATE / MOVING SALE "From Rustic to Refined"

**Years of collecting = items galore
Furniture, china, glassware, art, & more**

Pinebrook Condos Unit 3 510 N 5th Street
Fri 10/15 & Sat 10/16 9-4. (828)-200-0361

UNIFORM PAVING & Seal Coating

"All work guaranteed"

Leonard Harrison, Owner
828-361-5343



Mark's Sedan Service

AIRPORT TRANSPORTATION

Easy Pickup Procedures

Mark9398@live.com

828-524-2149

Cell: 239-292-3623

MC/VISA AMEX Cash/Check

LW HOME IMPROVEMENTS

Renovations and Additions
Ceramic Tile • Decks • Finish Carpentry
Custom Cabinets • Custom Furniture

Highway 28
• 828-332-0553 •

MASTERBUILDER FOR HIRE

Highlands Native w/35 years experience
Great references. All workmanship guaranteed
ABSOLUTELY, NO JOB TOO SMALL!

The ONLY DEAL in town!

Call Neal Chastain for all of your remodeling, home improvement and repair needs. Full insured.

(H) 526-8883 (C) 342-2030

Deluxe, Indoor
Climate Controlled
Self Storage
With covered
loading zone



• Units Available •
Highlands Storage Village • 828-526-4555
Cashiers Road

Allan Dearth & Sons Generator


Sales & Service, Inc.

828-526-9325


Cell: 828-200-1139

email: allandearth@msn.com

Put your
Business Card
HERE!



CHEF NICOLAS FIGEL
KING OF THE MOUNTAIN!
WINNER OF THE 2010
HIGHLANDS CHEF'S CHALLENGE
CYPRUS INTERNATIONAL RESTAURANT



GREAT STEAKS!

WORLD CHOPHOUSE MENU
STEAKS AND CHOPS
INSPIRED BY THE GREAT
CHOPHOUSES OF THE WORLD,
PERFECTLY PREPARED!

Cyprus introduces our World Chophouse Menu, six great cuts, perfectly seasoned, and cooked over smoldering hardwood. This menu reflects an absolute dedication to excellence: We have selected the best cuts, from the best cattlemen. If you settle for nothing less than superior quality, you will love our new Steaks and Chops. World-Class Chops in Highlands! Try One Tonight!

Open
5pm-9pm
Until April 30
5pm-10pm
Starting May 1

Cyprus International Cuisine
470 Dillard Rd., Highlands
(828)526-4429
cyprushighlands.com

Live music every
Saturday night,
9:00pm
STARTING ON SATURDAY, MAY 8

Highlands Police & Fire Reports

Highlands PD log entries from Oct. 6 Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

Oct. 6

• At noon, officers responded to a two-vehicle accident at Poplar and the Town Shed.

Oct. 7

• At 3 p.m., a burglary without forced entry was reported at a home on Sagee Drive where several silver goblets valued at \$1,200 were reported missing.

• At 5:43 p.m., officers responded to a call of a missing four-year-old child. The child was found at the home.

Oct. 8

• At 3:42 p.m., officers responded to a two-vehicle accident at NC 28 and Sweetwater Circle.

• At 7:10 p.m., offices assisted EMS with a women on Wahoo Trail who had fallen.

Oct. 9

• At 1 a.m., a suspicious unoccupied vehicle with its tail lights on was reported at August Produce.

• At 1:30 p.m., officers responded to a call of an intoxicated man staggering on Main Street. His friends helped him home.

• At 9 p.m., officers assisted a tractor-trailer driver who was attempting to travel US 64 west.

Oct. 11

• At 3:30 a.m., an accident at Hickory Hill Road and the arm of Big Creek occurred when the driver missed the curve in the road and went into the creek hitting the town's water intake valve. The car was submerged but the driver got out through the sunroof.

• During the week, police officers responded to 8 alarms and issued 14 citations.

tions.

Highlands F&R Dept. log entries from Oct. 6:

Oct. 6

• At 1:15 p.m., the dept. was first-responders to S. 4th Street where some had an allergic reaction. The victim was taken to the hospital.

• At 7:13 p.m., the dept. provided mutual aid to Cashiers Fire Dept. The call was cancelled en route.

Oct. 7

• At 2:46 a.m., there was a fire alarm activation on Main Street. It was cancelled by the alarm company.

Oct. 8

• At 6:46 a.m., the dept. provided mutual aid the Cashiers Fire Department. The call was cancelled en route.

• At 6:22 p.m. the dept. responded to an vehicle accident on the Cashiers Road. There were no injuries.

Oct. 9

• At 2:07 p.m., the dept. was first-responders to Clubhouse Trail. The victim was taken to the hospital.

• At 10:10 p.m., the dept. was called to Country Club Drive due to a water flow alarm. It was cancelled.

Oct. 10

• At 11:58 a.m., the dept. responded to an vehicle accident on NC 106. There were no injuries.

Oct. 12

• The dept. responded to a head-on collision involving a tractor-trailer and vehicle on US 64 west near Bridal Veil Falls. The drivers of the car were taken to the hospital.

• At 1:06 p.m., the dept. was first-responders to Main Street where a woman had fallen in the fountain at OEI. There were no injuries.

... HOSPITAL continued from page 20

and cancers (breast, ovarian, skin, etc) as well as educating them on how to live a healthier life. The state-of-the-art technology and equipment on our hospital's campus allows patients to undergo all necessary screenings such a digital mammography's and colonoscopy's, keeping them in good health and disease free."

"Reducing one's risk of developing life threatening cancers is as simple as early detection," said Dr. Smallwood. Regular visits to your gynecologists and/or family doctor discussing both family history and any new symptoms or changes in your body, having age appropriate screening exams to detect the early stages of breast, cervical and colorectal cancer, exercising, and kicking the tobacco habit if a current smoker, can all increase your chances of beating cancer."

Many attendees wanted to know the latest information regarding hormone treatment and therapies. In answer, Dr. Smallwood said "Hormones are now being individually dosed to better match each patient's needs. Before beginning any patient on hormone treatment, benefits as well as risks are thoroughly discussed. There is much research concerning the correlation between hormone therapy and cancer, but not in all cases do the risks eliminate the good that treatment can bring. Also, recent studies show that women over the age of 60 are generally not in need of hormone replacements/supplements.

Dr. Smallwood closed by stressing that all women age 40 and over have a yearly mammogram. "Breast cancer is the most common

• See HOSPITAL page 25

Reliable Products for Your Tough Projects.





460 Rancher

- X-Torq® engine reduces fuel consumption up to 20% and emissions up to 60%
- LowVib® anti-vibration system minimizes fatigue
- Air Injection™ removes up to 97% of debris before it enters the filter
- 60 cc, 3.7hp, 12.8 lbs without bar & chain, 18" bar

Price...\$449.95

450 Chain Saw

- X-Torq® engine reduces fuel consumption up to 20% and emissions up to 60%
- Smart Start® one-touch choke/stop control for easy starting
- 50 cc, 3.2 hp, 11.2 lbs without bar and chain, 18" bar

Price...\$369.95



www.husqvarna.com

HIGHLAND'S OUTDOOR TOOL

2330 CASHIERS • HIGHLANDS, NC 28741
828-526-4925

... HOSPITAL continued from page 24

cancer in women aside from skin cancer. 28 percent of all cancers found in women are breast cancers with over 270,000 diagnosed each year. Because of the advances in preventive screenings, the cancer related deaths decrease 1-2 percent every year.

In support of National Breast Cancer Awareness Month (NBCAM), Highlands-Cashiers Hospital will host a special "Pink Power" luncheon for all individuals who have their annual mammogram schedule between October 1st and the 29th. Board Certified Physicians Dr. Billy Noell, General Surgeon, Dr. James Smallwood, Gynecologist and Dr. Rodney Stinnett, Radiologist will be available during the event for questions. In addition, participants will be entered in a raffle drawing for a "Longaberger Mammography" basket.

"Preventive screening and early detection are the best methods of defense fighting this serious disease," said Presi-

dent and CEO, Craig James. "We feel it's our mission to help educate the community on important issues such as this and we continuously urge all women to have the life saving screening each year."

Please call 526-1437 to schedule your yearly mammogram. When making your appointment, please arrange to make previous mammography films available to the radiologist for comparison. If you have had a mammogram within the past 12 months, you may not be medically eligible for another mammogram. Please check with our appointment scheduler or your insurance plan.

About Highlands-Cashiers Hospital

"HCH is a community hospital that provides diagnostic, surgical and acute patient care to the public through on-site professional services, or as a referral to regional support providers. Our emergency care facility is Physician staffed 24/7 and treats patients promptly, monitoring their visit with

personal care and attention. We make the extra effort to assure that you get "best of class care", and feel "special" every time you pass through our doors. HCH also provides Physician Clinics, a skilled Nursing Facility, Hospice Care, Skilled Rehabilitation, and Medically-Based Wellness Programs allowing individuals and families nearby access to professional care in these critical areas. The hospital continues to expand its programs to provide the public the broadest possible range of quality healthcare. Our *Board-Certified Physician Staff* continues to grow to better serve you, as do our medical specialties now covering 14 areas of healthcare, specialties usually only found in much larger facilities. We continually update our range of diagnostic procedures by adding new state-of-the-art equipment."

Our goal is to be the healthcare partner to whom you can entrust your life.

\$17 weekly

• SERVICE DIRECTORY •


Kenneth M. Crowe
Custom Homes • Remodels • Maintenance & Repairs
Cell: 828-332-8290 Office: 828-526-5943
Fax: 828-526-8421
1540 Blue Valley
Highlands, NC 28741



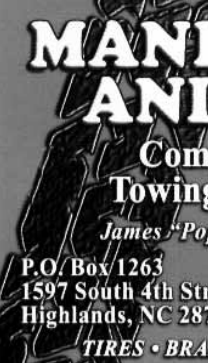
Don't Scream...
Get the help you need with
TempStaffers!
Quality help for a day, a week, a season.
526-4946 • 842-9312



Having company, a dinner party or unexpected last minute guests? In a dilemma?
I have the perfect fix!
Would a fresh buttermilk pie or fruit cobbler with a side of whipped cream fit the bill?
Call Caroline to order now.
828-342-0625
(24 hour notice nice, but not necessary.)



MANLEY'S AUTO AND TOWING
Complete Auto Service
Towing Available 24 Hours
James "Popcorn" Manley - Owner/Operator
P.O. Box 1263 Garage: (828) 526-9805
1597 South 4th Street Cell: (828) 342-0583
Highlands, NC 28741 Towing: (828) 526-0374
TIRES • BRAKES • OIL CHANGES • TUNE UPS



J&J Lawn and Landscaping
Serving Highlands & Cashiers for 20 years!
Phone: 526-2251
Toll Free: 888-526-2251
Fax: 828-526-8764
Email: JJlawn1663@verizon.net
John Shearl, Owner • 1663 S. 4th St. Highlands



DP Painting
Residential • Commercial
Pressure Cleaning • Seamless Gutters, too
Insured • Licensed • References
828-371-2277 or 828-526-3542

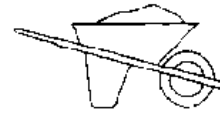


FIREWOOD
Buy now for the coming winter!
Call 526-4946 or 200-0268

Michael David Rogers
Native grown trees and plants
Erosion Control Specialist
Landscape Installation & Maintenance
515 Wyanoak Drive • Highlands
828-526-4946 or 828-200-0268
tinarogers@nctv.com



LARRY HOUSTON ROCK WORK
Walls • Fireplaces • Patios
Piers • All Rock Work • Stucco •
(828) 526-4138 828-371-7451 Cell



Put your Business Card HERE!

Home - Business - 3M Film
Authorized Dealer for 3M Prestige Clear Film
TINT SOLAR WORKS WINDOW FILM
www.tintsolorworks.com
Highlands 828-526-8468 and Toll Free 800-811-8468



Now is a great time to buy!
Martha Betz
Real Estate Broker
Country Club Properties
Wright Square
828-526-2520 (Office)
828-526-5213 (Home)
828-200-1411 (Cell)
betzrealtor@gmail.com



Women on the Highlands Cashiers Plateau Have a New Reason to Stay in Town.



The Hologic Selenia Digital Mammography Machine is helping women in our area take the steps they need to practice better breast cancer awareness. This new discovery in breast cancer detection will enable area women, even those with dense breast tissue, to assure they are in good health. Now is the time to make an appointment to protect you and your loved ones by calling (828) 526-1450.



The Chandler Inn
1-888-378-6300

Country Club Properties
"Your local hometown
Real Estate professionals."

3 Offices 828-526-2520
www.CCPHighlandsNC.com

TWIGS
at Highlands' Edge

"Everything for your Nest"®
... including
furniture, accessories, art & gifts.
526-5551
Cashiers Road about 1 mile from town



Main Street Inn & Bistro on Main
526-2590 • www.mainstreet-inn.com



526-1717
866-526-3558
450 N. 4th Street
meadowsmtnrealty.com



**The
Chambers
Agency
Realtors**

Homes and Land For Sale
Vacation Homes for Rent
526-3717 OR 888-526-3717
401 N 5th St, Highlands
www.chambersagency.net



**The Car
Spa of
Highlands**

In Highlands Plaza
Mitchell's Lodge &
Cottages
www.mitchellslodge.com



On
Log Cabin
Lane
526-5899

On
Main St.
526-9380



"Ace is the Place!"

**Reeves
Hardware**

At Main & 3rd streets
Highlands 526-2157

WAYAH Insurance Group

Auto~Business~Home~Life~Health
526-3713
800-333-5188
www.wayah.com
Professional • Local • Personal
Service • Great Prices
472 Carolina Way



THE PEOPLE YOU TURN TO.
THE BANK YOU TRUST.
800.438.2265
WWW.MACONBANK.COM
MEMBER FDIC
EQUAL HOUSING LENDER

HighlandsInfo.com
Weekly Events & News
Real-Time Weather
Leaf Looker Reports
Golf, Hiking & Fishing



DINING		DINING		SHOPPING		SHOPPING		LODGING		REALTY		SERVICES	
1	Brick Oven	17	Wild Thyme Gourmet	32	AnnaWear	48		64	Chandler Inn	80	Century 21	96	Chamber of Commerce
2	Cyprus	18		33	Bear Mountain	49	Twigs	65	Hampton Inn	81	CCP	97	Larry Rogers
3	Golden China	19		34	Bird Barn	50	Wholesale Down	66	Highlands Inn	82	Harry Norman	98	Macon Bank
4	Flipside	20		35	C.K. Swan	51	Wine&Cheese	67	Mitchell's Lodge	83	Meadows Mtn.	99	Northland Cable
5	Fresser's	21		36	Custom House	52	McCulley'sCashmere	68	Main St. Inn	84	Preferred Prop.	100	Wayah Insurance
6	Highlands Hill Deli	22		37	Cyrano's	53		69		85	Prestige Realty	101	The Car Spa
7		23		38	Drakes Diamonds	54		70	Prestige/Rentals	86	Signature Prop.	102	Post Office
8		24		39	Dry Sink	55		71		87	ChambersAgency	103	
9	Main St. Inn	25		40	Reeves Hdware			72		88		104	
10	Nick's	26		41	Needlepoint			73		89			
11	on the Verandah			42	Hen House			74		90			
12	Paoletti's			43				75		91			
13	Pescado's			44	Highlands Photo			76		92			
14	Pizza Place			45	Kilwins			77		93			
15	Ruka's Table			46				78		94			
16	SweetTreats			47				79		95			

MARKETS		GALLERIES		BEAUTY	
27	Brysons	56	Mill Creek	105	All Seasons Salon
28	Dusty's	58	Corey James	106	CreativeConcepts
29	Mtn. Fresh	59	Bryant Art Glass	107	Images Unlimited
30	Whole Life	60	Greenleaf	108	Taylor Barnes
31		61		109	

**Drake's Diamond
Gallery**

"For the luxury of fine
custom jewelry"
Open year round
Tues. through Sat., 10-5
152 South 2nd Street
828-526-5858 or 404-668-4380
drakesdiamonds@yahoo.com



Great Food,
Ice Cream, Coffee
Mountain Brook Center
(1 block off Main Street)
526-9822

the bird barn
"We're All About Birds"

Next door to
Mountain Fresh Grocery
at The Falls on Main
828-526-3910



The Falls on Main • 526-5210
highlandswine@nctv.com

**Needlepoint
of
Highlands**

526-3901 • 800-526-3902
Barbara B. Cusachs
Village Square • Oak at 5th

**Mill Creek Gallery
& Framing**

Village Square • Oak Street at 5th
Art and crafts by local artisans
(828)787-2021 • cypicturelady@aol.com

Our passion for the mountains starts with you!



HARRY NORMAN
REALTORS®
Since 1930
www.HighlandsRealEstate.com

828-526-8300
800-223-8259

Hwy 64 & Carolina Way

THE GAMEKEEPER'S TAVERN

Dinner: from 5:30
Lounge: 4 until


(828) 743-4263
3646 US 64 East
Sapphire, NC
www.gamekeeperstavern.com



NADINE PARADISE, BROKER

828-526-8300 (OFFICE)
828-371-2551 (CELL)
nadineparadise@gmail.com
www.NadineParadise.com

MOUNTAIN BROOK CENTER
HWY 64 & CAROLINA WAY, HIGHLANDS

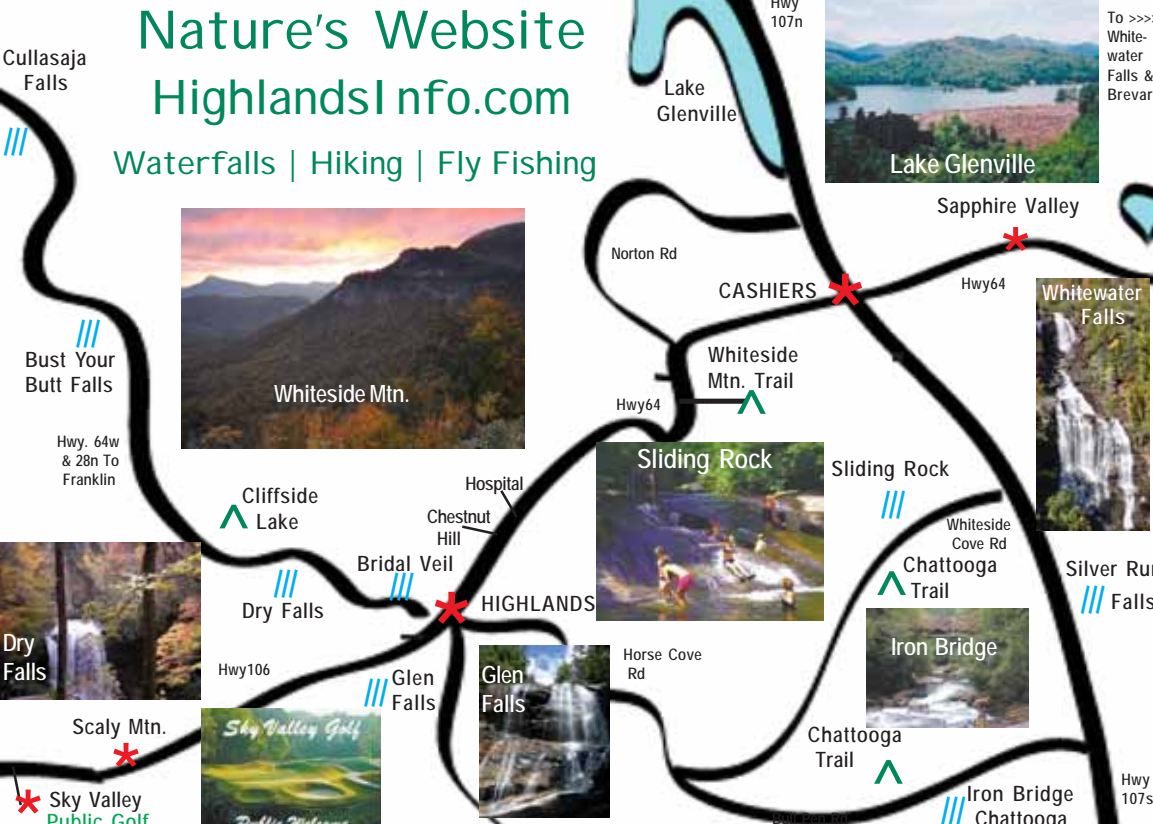



Unique Home Furnishings
• • •
Lampshades & Lamps Galore!!!


The Custom House
442 Carolina Way • 828-526-2665
Highlands

Nature's Website
HighlandsInfo.com

Waterfalls | Hiking | Fly Fishing



Landmarks include: Cullasaja Falls, Lake Glenville, Whiteside Mtn., Sliding Rock, Iron Bridge, Silver Run Falls, Chattooga Trail, Horse Cove Rd, Glen Falls, Dry Falls, Scaly Mtn., Sky Valley Public Golf, Hospital, Chestnut Hill, Bridal Veil, Cliffside Lake, Norton Rd, CASHIERS, Sapphire Valley, Whitewater Falls, Bust Your Butt Falls, Hwy 64w & 28n To Franklin, Hwy 106, Hwy 107n, Hwy 107s.



Dinner from 5:30
Reservations: 526-4906

Hours:
Mon.-Sat. 10-5
Sun. 12-4
828-787-2473



The GOOD EARTH POTTERY
488 Main Street • Highlands



Fire Mountain



www.firemt.com • (800) 775-4446



Scaly Mountain outdoor center
scaly mountain, nc

Home of the DownHill Grill!
Food and Live Entertainment
Friday & Saturday 7-9 p.m.
828-526-3737
www.scalymountain.com

Cut n Patch Quilt Shop

Custom Quilts
Fabrics, Notions
526-9743
Hours by Appointment
Highlands



Building Green Building Value



CIMARRON BUILDERS

828-526-2240
www.cimbuild.com




CHESTNUT HILL AT HIGHLANDS

Retirement Community and Assisted Living. New Respite Care Facilities, Monthly Rentals, Seasonal Rentals Short Term Rentals. No Endowment Fees.

64 Clubhouse Trail
Contact us: 828.787.2114 - Marketing
JanEdwards@ChestnutHillAtHighlands.com
www.ChestnutHillAtHighlands.com

The Animal Wellness Hospital
OF HIGHLANDS

NOW OPEN
Brad Smith, DVM
Stephen Arbitter, DVM
Amanda Whitlock, DVM
828-526-8700
Large, Small, & Exotic
Animal Medicine & Surgery
Laser Surgery Available
Next to Freeman Gas @ 19 Caba Place, Highlands

M'CULLEY'S CASHMERE



Scotland's Best Knitwear
Top of the Hill • 242 S. 4th St.
526-4407 • Open 7 days a week

10-5: Mon.-Sat 12-5: Sunday



THE TOY STORE

526-9415 364 Main Street

Kilwin's
Chocolates Ice Cream Fudge

Open Late!
Monday through Saturday
10 am to 10 pm

Fudge & Ship Special!
\$20 total
3 Fudge slices
Anywhere in USA
Main Street, Highlands
828-526-3788