

# Highlands Newspaper

FREE every Thursday

Volume 10, Number 16

Internet PDF Version at [www.HighlandsNewspaperPDF.com](http://www.HighlandsNewspaperPDF.com)

Thursday, April 19, 2012

Thursday, April 19

• Taize at Our Lady of the Mountains Catholic Church at 5:30 p.m.

Friday, April 20

• The Highlands-Cashiers Land Trust eco-tour of the Kelsey Trail 10 a.m. to 1:30 p.m. with botanist Dr. Gary Wein and herpetologist Kyle Pursel. New HCLT friends can join for \$35 which includes the lunch and membership. For HCLT members, it's \$5. Reservations are required and can be made by calling (828) 526-1111 or emailing [Julie.hitrust@earthlink.net](mailto:Julie.hitrust@earthlink.net).

Sat., April 21

• Spring Gorge Cleanup on Saturday at 8 a.m. Breakfast will be served from 8-8:30 a.m., then the clean-up will begin. After the Clean-Up lunch will be served. Volunteers will be given a T-shirt for participation. For more info, 526-2112.

• The Highlands Plateau Greenway work trip 9 a.m. Saturday. To participate, call Ran Shaffner at 526-5622.

Monday, April 23

• The Hudson Library will be participating in World Book Night at Sweet Treats Deli on the corner of Main and 4th Streets and the Ugly Dog Pub on 4th Street. Volunteers will be at these locations from 5:30 – 6:30 p.m. to give away books that have enjoyed critical and popular acclaim over the last few years. World Book Night is dedicated to the promotion of literacy and the celebration, sharing and enjoyment of reading amongst teenagers and adults.

Tuesday, April 24

• Highlands Dialogue, 10-11:30 a.m. at The Hudson Library. Season Wrap-up and Social Gathering. For more info, contact John Gaston [john.gaston@aol.com](mailto:john.gaston@aol.com) or Karen Hawk [hwkncrw@earthlink.net](mailto:hwkncrw@earthlink.net).

Wednesday, April 25

• All libraries in the Fontana Regional Library system will be closed for Annual In-Service Training on Wednesday.

Thursday, April 26

• Cyprus Restaurant is participating in the "Dining Out for Life®" (DOFL) AIDS fundraiser and will donate 20% of its daily sales to the cause.

## Town says no to encroachments & more

At Tuesday night's Town Board meeting, commissioners made quick work of business from supporting an amendment to the U.S. Constitution, to juggling funding requests, to passing the Unified Development Ordinance to ruling to uphold its encroach-

ment ordinance.

First representatives of non-partisan MovetoAmend came to the Town Board meeting for the second time in as many weeks, this time armed with a resolution which will be sent to the NC General Assembly urging the nullifi-

cation of the Supreme Court's 2010 *Citizens United* decision by proclaiming that corporations are NOT people and that corporate money is NOT free speech.

"This is now a corrupt system where the government is in the  
• See TOWN page 15

## Primary candidate forum

– Part 1 –

The League of Women Voters presided over a Macon County Commission Candidate Forum last Thursday so citizens could become acquainted with the six candidates who will be on the Primary Ballot May 8.

Primary candidates for MC Commission are incumbent Bobby Kupperts, District 3 (D), Rick Snyder, District 3 (D); incumbent Kevin Corbin, District 2 (R), Vic Drummond, District 2 (R); and incumbent Jim Tate, District 1 (R) and Steve Higdon, District 1 (R), who didn't attend the forum.

The candidates were asked three questions. To keep the discussion going, we will feature one question each week, April 19, April 26 and May 1.

Question 1: In the future, the economy of Macon County may look different prior to the decline of the economy. Tell us your ideas for economic development.

• See FORUM page 15

## Locals on track to become full-time firefighters



Two local volunteer firefighters from Highlands Fire & Rescue, Hunter Leffler and Jamie Barnes, graduated on March 9 from The Cleveland Community College Firefighters Academy in Shelby, NC. They completed 24 modules over a nine-week period with 44 training hours. Some of the training they received was: Rapid Intervention Training (RIT), Haz-Mat, and Forcible Entry, to name only a few. By successfully completing these they received their Firefighter I, Firefighter II, Haz-Mat, and RIT Certifications. This puts them in the position of gaining employment in areas that hire full-time firefighters. Both men graduated from Highlands School.

## • Inside •

Letters .....	2
Wooldridge .....	4
Salzarulo .....	5
Back Days .....	6
Swanson .....	8
Investing at 4,118 ft .....	9
Health Matters .....	10
Events .....	12
Classifieds .....	20

## Taxpayers might pay for Wayfinding project

The good news is the slogan branding Highlands as "Simply Stunning" is out; the bad news is there's a chance the taxpayers will end up footing another bill for this Small Town Main Street (STMS) project.

The two-step process, which began several months ago with community input, questionnaires and meetings, involved first "branding" Highlands and second, the consolidation and upgrading and construction of signage in town.

Taxpayers paid \$27,450 for the first phase, which is still in the works as Frazier Associates from Virginia attempts to design appropriate signs while incorporating the branding components suggested by Arnette, Muldrow and Assoc., of Greenville, SC.

The use of a font, muted colors mimicking nature (greens, blues, golds, reds), photos etc., are nearing finalization and will be incorporated on the signs, promotional products and possibly used as a town logo. The tree from the flag is also being considered.

Instead of the slogan "Simply Stunning" which "may suit

• See WAYFINDING page 19

The  
**SUMMER HOUSE**  
'Home Furnishing Center'  
Mon.-Sat. 9-5 • Year Round!  
2089 Highway 106  
828-526-5577



Extreme Information:  
[HighlandsInfo.com](http://HighlandsInfo.com)

FRI	SAT	SUN
68 \ 49F	69 \ 51F	60 \ 44F



# • THE PLATEAU'S POSITION •

## • LETTERS •

### So much for equality and justice for all

Dear Editor,  
Did Fred Wooldridge not see the same police photos I saw of Zimmerman getting out of the back of the police car handcuffed with ease? I'm referring to his "satire" in the April 12 edition of Highlands Newspaper entitled "Once Upon a Time."

Per the police report, this was 35 minutes after the police arrived at the shooting of Trayvon Martin. From the time the 911 person said we do not need you to follow the suspect the police arrived within five or so minutes. This is all part of the official records.

There were no hospital visits by Zimmerman, no bandages, no visible blood. His clothing was as neat and in order as if he had just left home to go to a movie show. This, only 35 minutes after he killed the young boy.

Zimmerman had a gun, even though he had previous physical run-ins with the same police department, has domestic violence reports, reports of violence at his work place, and a history of seeking out black individuals.

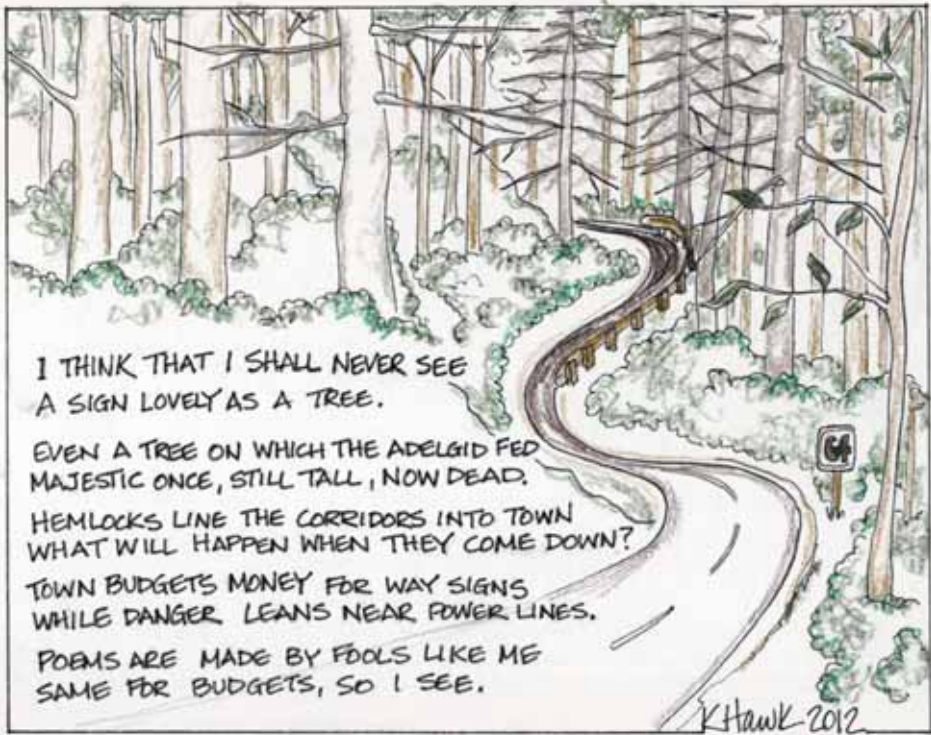
If the police would have arrested Zimmerman that very night, imprisoned him, made him post bail, etc. all the media commentary we heard over and over and over would not have happened.

It took marches, interviews, Federal investigations and all the rest — a total of 45 days — to get the police to act as they should have immediately after the incident occurred. I do not understand Mr. Wooldridge's humor — he is getting too close to columnist Don Swanson and Freedom Works. Freedom works truly, but obviously only for the Right People in the Right Place, with the Right Money.

I am extremely discouraged by Mr. Wooldridge's lack of real concern for what I used to believe our country stood for — Equality and Justice for ALL! Very Sad.

Joe Mathis  
Otto, NC

## • HAWK'S EYE VIEW •



### LETTERS-TO-THE EDITOR-POLICY

We reserve the right to reject or edit submissions.

**NO ANONYMOUS LETTERS WILL BE ACCEPTED.**

Views expressed are not necessarily those of Highlands' Newspaper.  
Please EMAIL letters by Sunday at 5 p.m. There is a 500-word limit without prior approval.

## Highlands Newspaper

"Our Community Service - A Free Local Newspaper"

FREE every Thursday on the street and on the web;  
Circulation 10,000

Toll Free FAX: 866-212-8913 • (828) 526-3228

Email: [HighlandsEditor@aol.com](mailto:HighlandsEditor@aol.com)

Publisher/Editor – Kim Lewicki; Copy Editor– Tom Merchant

Cartoonist – Karen Hawk; Digital Media - Jim Lewicki

Locally owned and operated Kim & Jim Lewicki

Adobe PDF version at [www.HighlandsInfo.com](http://www.HighlandsInfo.com)  
265 Oak St.; P.O. Box 2703, Highlands, N.C. , 28741

All Rights Reserved. No articles, photos, illustrations, advertisements or design elements may be used without permission from the publisher.

## Fred is clever writer

Dear Editor,  
When in Highlands I always enjoy reading your newspaper and when elsewhere I read it on line. One of the best parts of Highlands Newspaper are the columns, which express various viewpoints. My favorite is the weekly column written by Fred Wooldridge. He is a clever, satirical, and humorous writer.

Fred has gone "over the top" this time. The column on George Zimmerman/Trayvon Martin was one of his best ever. Written as a bedtime story, Fred presented the Sanford, Florida incident more accurately than what we are seeing on the nightly newscasts.

Some of your readers will find fault, but this reader thinks it was a masterpiece. Thank you, Fred.

Paul Thompson  
Highlands

## Nothing 'independent' about FreedomWorks

Dear Editor,  
Don Swanson is the Director of Macon County's "FreedomWorks." If it is, as he says, an "independent" organization, then his other position, as Treasurer to Republican Senator Jim Davis, appears to represent some conflict of interest. I could not tell whether Mr. Swanson's response to Margery Abel's March 29th letter to the editor was supposed to have been written to represent FreedomWorks or Senator Davis-as a representative of Senator Davis Mr. Swanson's view is not independent and unbiased.

Mr. Swanson is correct in clarifying that North Carolina prohibits candidates from receiving financial contributions from corporations and lobbyists. But what he failed to mention is that they can take money from Political Action Committees (PACs). The Supreme Court decision, Citizens United, does indeed retract hundreds of years of campaign finance law and allows corporations to contribute unlimited amounts, so long as the money does not go directly to local candidates but goes to PACs, which act as their "front groups."

I am sure Mr. Swanson is aware of  
• See LETTERS page 3



this, as his group has the FreedomWorks PAC. He may recall the \$1,537,726 spent by the deceptively named "Real Jobs NC" PAC to attack Davis's opponent, then-Senator John Snow, and other elected Democrats. While that astronomical amount was spent attacking him, John Snow received 155 donations from individuals, each donating less than \$200. Fewer than half that number of individuals sent donations to Davis.

Mr. Swanson's letter states that when Senator Snow was in office, Mr. Swanson visited his office in Raleigh in search of an answer to the drastic increases in the educational deficit forming within our state, and Senator Snow had no answer. Mr. Swanson fails to mention that while his boss, Senator Davis, has been in office, he has not come up with a reasonable solution either.

Is the response of FreedomWorks and Jim Davis to the rising cost of education a plan to balance the budget on the backs of working poor and middle class students? While Davis has been in office, \$682.2 million was cut from the UNC system's 2011-2013 budget, and \$235 million was cut from community col-

lege for the same budget year. On top of these budget cuts, tuitions in the university system were increased on average 23 percent last year alone and by a total of 52 percent since the 2008-2009 academic year. Community college tuition was also increased, by 17.7 percent last year. With more cuts and higher tuition, one would hope that financial aid would at least be working to make up for the shortfall, but instead need-based financial aid for university students was cut by 22 percent this past year. With more cuts, higher tuition, less financial aid, maybe it is not that bad because fewer people are attending college? No. During the recession, enrollment in UNC increased by 14 percent.

Maybe Davis' and the Republican-led General assume that employers will understand the shortfall and will lower their requirements for potential employees. No again. Studies show that by 2018 60 percent of all jobs will require post-secondary education.

Clay County School Superintendent Scott Penland, a lifelong Republican, took aim at lawmakers in response to the budget handed down by the Republican-controlled General Assembly.

"I'll be honest with you, I was very

excited on election night, when I saw that the Republican majority had taken over the House and Senate," he said. "But with each passing day, and each passing educational budget, my euphoria is waning."

Penland said he gets steamed by political sound bites that schools have "administrative bloat." He said that's not true in his county in the far west of North Carolina. The county has nearly 1,400 students, many of them poor, he said.

"We don't get to cherry-pick our kids," he said. "We educate them all. This is America."

Counties across the state have had to make devastating cuts in their districts as a result of "Davis' solution to the educational budget shortfall." The Union County School Board reluctantly decided to slash more than 400 classroom positions in July, to deal with a \$10 million shortfall. In a meeting at Antioch Elementary School, the board voted unanimously to eliminate about 55 teaching positions and more than 350 teacher assistant jobs. The cuts will go into effect at the start of the 2012-13 fiscal year, July 1, and will be felt in classrooms when school starts in August.

Mr. Swanson claims FreedomWorks

is an "independent" organization promoting "Lower Taxes, Less Government, More Freedom." This claim might be more convincing if the Director of the group were not blinded by such an obvious and unfortunate conflict of interest.

Paul Roth  
Cashiers

•See LETTERS page 5

## Take Highlands Home! The Highlands Coffee Mug



Exclusively at...  
**The Hen House**

488 E. Main Street • 787-2473  
Monday-Saturday 10a-5p



It's spring...and we're  
"bursting" to show off our  
new look!  
Call for Lunch and a Tour!



## A Residential Retirement Community

Independent Cottages and Apartments or Assisted Living Suites

Retirement as it is meant to be! Enjoy our carefree lifestyle with elegant dining, scheduled transportation, and a full calendar of planned events to meet all stages of life.

Call for a tour and join us for lunch.  
828.526.5251

CHESTNUT HILL is located at 64 Clubhouse Trail.  
Turn on Buck Creek Road and proceed to Clubhouse Trail.  
Visit us at [www.ChestnutHillAtHighlands.com](http://www.ChestnutHillAtHighlands.com)

• LAUGHING AT LIFE •

with Fred Wooldridge  
Feedback is encouraged!  
askfredanything@aol.com

Politics in a small town

I've spent the majority of my life in big cities but I've lived in Highlands long enough to witness and appreciate the politics of a small town. For the record, I love small town politics. It's soooo....messy.

In a big city, if you want something accomplished, you'll need influence, power, ruthless conduct and, most importantly, money. In a small town, if you want to get something accomplished, you'll need influence, power, ruthless conduct and, most importantly, money.

Oh, and you'll also need large reproductive glands.

For example, in big cities, the elected leaders don't give two hoots what the people want or think because politician's phone numbers are unlisted and they're in hiding most of the time....kinda like a satire writer. If the power, influence and money are present, it gets done, like it or not. In small towns, the citizens pick up their phone and give their politicians "what



for" if they don't like what's going on. I like that. Depending on who and how many voters called, the politicians will have to balance his or her decision over the wishes of the caller. Fun, fun, fun!

Here's an example of how it works. In the dead of night, a small town leader suddenly wakes and realizes he has the answer to the traffic problem at 3rd. and Main St. At dawn, he and his associates meet for coffee

and the idea is suggested....and approved. After coffee, a worker grabs a quart of paint from the shelf so he can paint right turn arrows in the street. Slowly, the winter people waken and realize they can no longer cross Main St. at third. TA DA! This is an example of small town politics at its finest.

But wait, the fat lady hasn't sung on this one. Politicians' phones start ringing and letters are written. They're told it was a terrible idea. Who and how many

• See WOOLDRIDGE page 22

• Highlands Dining •

**Paoletti**  
Uptown Italian Dining Since 1953  
Downtown Highlands Since 1984

Treat Yourself to our  
Spring Promotions through April!

10% Off Entire Dinner Check  
Sunday, Monday & Thursday  
15% Off Beer, Cocktails & Most Bottled Wines  
Friday & Saturday Nights


Dinner/Bar from 5:30 Thursday-Monday  
Reservations: 828.526.4906

**Fressers eatery**  
Serving Highlands Since 1999

It's never too early to plan for Mother's Day!  
Now taking reservations.

Open for Lunch, Dinner  
Call for Hours: 526-4188

www.Fresserseateryhighlands.com  
151 Helen's Barn Ave.

  
**Buck's COFFEE CAFE**

Coffee  
Espresso Drinks  
Smoothies  
Frozen Yogurt  
Paninis & Baked Goods

On Main Street  
7 days a week • 7 a to 6 p • 526-0020

  
**WILD THYME GOURMET RESTAURANT**

Serving Lunch and Dinner Year-Round!  
Gourmet Foods, Fine Wine & Beer

Wed.-Mon.: Lunch: 11:30 a.m.-4 p.m.; Dinner from 5:30  
Closed Tuesday  
Outdoor Dining Now Open!

  
526-4035  
490 Carolina Way • Highlands  
www.wildthymegourmet.com

...on the Verandah Restaurant  
on Lake Sequoyah  
Wine Spectator Award



Open for Dinner  
7 nights a week 4-9pm  
and Sunday Brunch

828-526-2338 • www.ontheverandah.com

  
**PESCADO'S**

Quesadillas • Tacos • Burritos  
Homemade soups & freshly baked cookies

Tues., Wed., Fri., Sat. 11-3  
Mon. & Thurs. 11-7  
Closed Sunday

226 S. 4th St. Highlands • 828-526-9313



# • THE VIEW FROM HERE •

## Intoxicating Belize



**Dr. Henry Salzarulo**

**Feedback is encouraged.  
email:**

**hsalzarulo@aol.com**

Suddenly, the yawning mouth of the cave appeared, belching turquoise blue water of the river that formed it. We trudged through the shallow stream until the bottom fell away and we made a short swim, the first of two. After nearly an hour of wadding through the river and dodging sharp boulders, both exposed and submerged, we faced an intimidating challenge. A large sheer rock rose from the river bed, perhaps 10 feet tall. To advance deeper into the cave, we had to scale it and having done so, leave its relative security and transfer to the next level. After removing our shoes and donning socks, we approached the main chamber where we found human skeletons partially shrouded in the same stuff that makes stalactites. One guy said the adventure was a life-changing journey. He had more scraps and bruises than I. Wisdom comes through pain. I thought it would have been better if they'd scattered a few per-Columbian, gold and jade trinkets around the place.

We hadn't traveled to Belize to trek in the rain forest. We were here to dive with whale sharks, the largest fish in the sea. Each year in April, May and June massive schools of snapper are mysteriously drawn by the full moon to Gladen Splint, two hours off shore. They form schools a mile across and hosting up to half a million fish; not the dinner-plate size snapper you've enjoyed, but 30- to 50-pound monsters, a gigantic, churning mass of life with a single purpose, to create the next generation. Females release their eggs and males supply clouds off sperm. The con-

coction is like caviar to the whale sharks who have learned to arrive at the same time.

As we swam above the tumultuous mass of twisting writhing snapper, our guide suddenly pointed excitably into the depths, jabbed the water again and again with his pointed finger. We strained our untrained eyes to see what he saw. Suddenly the first whale shark emerged from the mist. It was as if he materialized, first a vague shadow form we could see him in ever greater detail as he lumbered toward us, each swipe from his massive tail propelled his 30 foot body through the sea. It is impossible to describe the enormity of these creatures except to say their tails looked bigger than a Volkswagen. It was over all too soon, like the passing of totality in a solar eclipse. Ten-foot bull sharks suddenly looked like pesky puppies, to be pushed aside at will.

There were two sightings on our first dive; six on the second. We all agreed that we could have hung there forever, suspended above those magnificent animals. Elation reigned on the boat back to the resort; unfettered joy before the realization we might never see them again.

**FOR SALE BY OWNER  
\$285,000!**



### **Commercial Space PLUS a Residential Apartment**

535 N. 4th St. In town Highlands.  
Fresh remodel. Business upstairs,  
one-bedroom apartment downstairs.  
Call 770-827-0450.

### **Gourmet Sauces & Spices**



- Home chef supplies
- Kitchenware
  - Dinner Settings
- Accessories



**Open Mon – Saturday • 10am to 5pm**  
**450 Main Street Highlands, NC 828-526-5226**

... **LETTERS** continued from page 3

## Tasteless Attempt

Dear Editor,

The pathetic attempt at humor on page four of the April 12th edition of the Highlands Newspaper, entitled, "Once Upon A Time," is not only tasteless and offensive, it is not funny either. Even though we as readers, regularly endure repetitive and boring commentaries of self-perceived importance and wisdom from being a cop in Miami over the years, it's patently clear as illuminated by this article, that this columnist may be incapable of showing any humanity or compassion for the murdered unarmed teenager, at the hands of what could have been lawless vigilantism in his own home state of Florida.

The family of Trayvon Martin has ex-

hibited an immense amount of courage, grace, spiritual strength, dignity, faith in our system, and character while publicly grieving their tragic loss. They have also exhibited steadfast composure in their relentless, yet peaceful pursuit of justice for their son. Remarkably, they have also shown far more compassion and sensitivity for the killer in this case than apparently this columnist is capable of showing for the slain youth and his grieving family.

Compared to the smallness and racially tinged bigotry that is spewed in this so-called humor column, Trayvon Martin's family are giants to be admired and emulated. They seem determined to

• See LETTERS page 11

# • BACK DAYS • PART 12

## The story of the Frank and Belle McKinney Potts family

Frank Potts was the third of 10 children born to W.T. Mattie Ammons Potts. He, in turn, had five children – Eula Mae (Betsy) Potts Chapman, Jack Huffman Potts, John Stephen Potts, Jessie Potts Owens and Nancy Potts Coward – on whose memories

this account is based.

Frank was born August 1, 1888 at Sugar Fork, NC, shortly before his parents moved to Franklin. Though he was only nine or 10 when the family moved to Highlands, Jack recalls that when Frank Potts was in his early

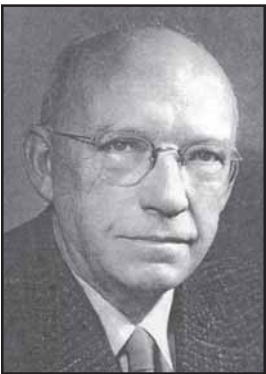
teens, he and one of his brothers lived in Franklin and operated Granddaddy's livery stable there.

Returning home, he dint' remain long. He ran away to the West and stayed for a number of years, first working as a cook and then as a foreman in a logging camp. Jack's impression is that Frank Potts left because of a conflict with his mother, but Steve says that Granddaddy's religious fervor got to be too much for him.

Frank Potts was not the only young person from Highlands to take a look at the outside world. Eula Belle McKinney, born in Highlands, January 9, 1887, and her twin sister Helen had gone to Chicago to work for the family of Professor A.O. Anderson, the inventor of puffed wheat and puffed rice. The story is that as young boys Frank Potts and his best friend Jamie Cleaveland would see Belle and Helen walking up the road and shout "Here come those damn McKinney twins!" Another is that when they would see them, they would say, "Hello, Helen and Belle. Where's the other Helen and Belle?" They grew up to marry them.

Belle and Helen were beautiful women. The Indian blood from their mother's side was evidenced in the straight black hair, chinquapin eyes, dark skin and high cheek bones. A picture of them at the time of their stay in Chicago shows young ladies dressed in very high style with hair piled in pompadours. No wonder that the young men who had been noticing them for a long time were ready to make serious proposals!

According to stories, Frank followed Belle to Chicago and took care of an insane person to make a living while he was there. Sarah Thompson McNamee adds a bit of information which must have been told her Helen – that the Andersons sent Belle home because she was dating a man of whom they didn't approve. If that story is true, Frank must have been



**Frank and Belle Potts**  
– Courtesy of the Highlands Historical Society

in suspense until he got her to the altar.

The double wedding took place in the Methodist Church in Highlands, May 28, 1911.

Supposedly only Belle and Frank were married, with Helen and Jamie as their attendants. But after they exchanged vows, the other couple stepped forward and entered the state of matrimony. Belle and Helen always did everything together. There is a legend that at the reception that followed, Coca-Cola was served for the first time in Highlands. Another legend is that Frank had the opportunity to buy Coca-Cola stock but refused it. There went the chance for the family fortune!

Instead, he supported his family by selling groceries. His first work of course was with W.T. Potts (his father) in the livery stable. He always was a man for partners. He owned his first grocery store with Charlie Wright in what people remember as the Fred Edwards building. Then he went in with George Marrett, buying out H. M. Bascom in his store on the corner of Main and Fourth streets. Later he joined Roy Potts in opening a grocery store and ice cream parlor in the Holt building. It began as a partnership that would last for his life and was continued by his son Steve. The name of the store reflected the owners – Potts Brothers. To make their ice cream, they cut the ice in winter and stored it in four ice houses – two big ones and two little ones. When the weather was cold

enough to freeze the water two feet deep, men would work 24 hours a day harvesting it off Lindenwood (Lake Ravenel) and Hall lakes – the former of which they owned for that purpose.

It was dangerous work with ice being cut with a one-handed, cross-cut saw and hauled away by a team of oxen. They borrowed the money from Bob Munger to build the brick building which was built in 1927. In excavating, the builders hit pipe clay and pilings had to be driven by hand. It was used as a grocery store – owned first by the two brothers and then by Roy and Steve until they built a new one in 1962. The building was on Main Street where the old Highlander Restaurant once stood.

Frank and Belle first lived in a house on the site of Arthur Potts' homeplace, where W.T. and Mattie lived more than once. Betsy, Jack and Steve were born in that house. While they lived there, Betsy became very ill. Dr. H.P.P. Thompson had come to Highlands because he was ill and it was considered a health resort. He started treating Betsy and to be close to her, he rented a room from Helen who lived next door and who was now a widow. The house is where Bryant Funeral Home now stands. Belle's house was where Mountain Findings now sits. To make a long story short, Betsy got well and Helen and Dr. Thompson got married.

• To be continued ...



# NANTAHALA

**The Original Zickgraf Flooring Outlet**  
*Even better than before!*

Same building, just 2 doors down  
**Featuring: Hardwood, Engineered,  
Laminate & Vinyl Flooring**  
**Now Offering Cabinets  
(SOLID WOOD)**

Unfinished Red Oak and Hickory builder-grade options,  
as well as Pre-finished custom cabinets at big-box  
store non-wood prices!

**Unbelievable Prices!**  
**Ready to Go!**

**Ask about our oil rubbed**  
**7" River Recovered Antique Heartpine**  
**NOW AT OVER 50% OFF!**  
**Solid Unfinished – Starting at \$0.89**  
**Solid Pre-finished – Starting at \$1.29**  
**Laminate – Starting at \$1.09**  
**Vinyl – Starting at \$0.77**



**791 Ulco Drive • Franklin, NC**  
**Office: (828) 369-9781 • Fax: (828) 524-**



# • COACH'S CORNER •

## The solution of 'Somewhere Else'

Upon reading the latest news on the decision of Duke's Michael Gbinije to transfer, I started thinking about the way that transfers are currently affecting the college game. Currently, there are over 300 players in college basketball in the process of transferring from one school to another. In the past 10 years there have been over 2,000 college transfers, which is an astounding number when one sits and thinks about it. And this transfer epidemic isn't just relegated to basketball, as there are countless transfers in all NCAA sports. Player movement is at an all-time high, but for what reasons?

The primary cause for player transfer centers around the usual reasons for player unhappiness...lack of playing time. In today's sports world, our athletes are taught a different set of values through today's sports. The values of teamwork, selflessness and hard work have been replaced by the individual. More and more time is spent playing AAU or American Legion sports and demonstrating individual talent instead of meeting team goals and expectations. Now, this statement is not that usual "angry old dude railing against the new generation" stuff-coaches are just as much a part of the problem as anyone else. Amateur athletics are broken in our country, and it starts at the high school level and filters up into the college ranks. Case in point- the goal of most high school athletes in previous generations was to win a championship and become a local hero. Sure, playing in college or the pros was great, but back then the pros weren't multimillionaires and there was no ESPN. Therefore, those who wanted glory and a place in the annals of history did so by becoming a local hero. However, as times have changed, so have the goals. Rarely do the best players play to bring honor to a local school or community, instead, they play to showcase their talents in the hopes of being noticed and offered a college scholarship. If they aren't getting the opportunity to showcase themselves at their local school, then they want to showcase through AAU or YBOA. If they get in trouble at school or don't fit in on campus, they simply go somewhere else. If things aren't working out, today's kids simply go somewhere else, somewhere bigger to play



**Ryan Potts**  
tryanpotts@hotmail.com

better competition, or somewhere smaller to get PT and stand out...whatever the case may be, current players always look elsewhere first.

Of the 10% of high school students lucky enough to play college athletics, many of these players arrive at their respective schools not loyal to the University that is providing them with a scholarship or the coach that recruited them, instead these players are only loyal to themselves and their own individual success. If things don't work out to the players' liking, they simply demand to go somewhere else. The idea of somewhere else is not purely a criticism of today's athlete. We have made them this way-our love of ESPN and our emphasis on individual accomplishments have made us culpable for this transfer epidemic. We have lauded athletes who are so driven that they can only focus on improving themselves, yet we scoff at their "me-first" attitude. So what, if any, are the solutions? ESPN isn't going away....good kids like Mike Gbinije and KT Harrell are still going to transfer, as are kids who get in trouble, such as Janoris Jenkins or Rodney Hood. Identifying the problems are easy, but it seems to me like the solutions to these issues will likely be found a long time from now, and they will be found somewhere else.

## Highlands Fine Consignments

*Biggest selection of high-end consigned merchandise in Highlands!*

- **Henredon Furniture**
- **Leathercraft Chair & Recliner**
- **Kitchenaid Refrigerator**
- **New Stove**
- **New selection of high-end rugs**
- **Double beds, chairs and much more!**

**Open Thurs.-Sat. • 11a-4p**

**460 Carolina Way • 526-3742**



dinner to go

## What's for Dinner?

Highland's favorite lunch place also serves  
homemade **dinner to go**.

All served **hot** and ready to take **home**.

Mon - Sat pick up from **4 30 pm** until **7 pm**.

Each Dinner feeds a  
family of four

Mon	<sup>24</sup> Buffalo Wings or 2 lbs Chicken Tenders and hand cut fries	16.95
Tue	In-House made Italian Sausage Lasagna with a large Salad	17.95
Wed	Chicken or Steak pot pie and a large Salad	17.95
Thu	Roasted Meatloaf with mashed Potatoes Gravy and a large Salad	17.95
Fri	Wild caught fried shrimp, baked potatoes, hush puppies, and coleslaw	20.95
Sat	In-house smoked BBQ, coleslaw, apple and bacon baked beans, and yeast rolls	17.95

## Mountain Fresh Grocery Cooking for Highlands

Mon - Sat open at 7 am and Sundays at 8 am.  
Corner of 5th & Main, Highlands NC 828-526-2400



# • CONSERVATIVE POV

## He said what?

The inspiration for this week's title was a comment made by the esteemed Dick Durbin (D-IL), Senate Majority whip and the right-hand of Harry Reid, who leads the leaderless US Senate.

I didn't know if there would be enough inane quotes to fill a column, but, having faith in the insanity of the human race, I'm plunging on.

From Real Clear Politics: "Sen. Dick Durbin reacts to the recent tornadoes in Dallas Texas. Durbin calls for more laws regulating carbon output while he sends a dire warning that we must convert to hybrid cars or lose our life. Durbin says we must spend money now to fix the problem.

'It's your money or your life,' he said in a press conference. "We are either going to dedicate ourselves to a cleaner, more livable planet and accept the initial investment necessary or we're going to pay a heavier price in terms of loss of human life, damage

and costs associated with it."

A comment from the Humble Libertarian. All I know is that they claim to espouse Peace, Love, Liberty – they can't be all bad. "Is Dick Durbin a brain dead moron? Does he really believe that the Texas tornadoes were caused by global warming and forcing everybody to drive a hybrid vehicle will stop the tornadoes? I live in Texas – tornadoes happen all the time, and the Gulf of Mexico side gets hit with hurricanes. Weather happens and there isn't a hill of beans that anybody can do to stop the weather. Nonetheless, fear mongering remains a powerful tool of the tyrannical political class – do as I say or die!"



**Don Swanson**  
Feedback is encouraged. Email [swandonson@dnet.net](mailto:swandonson@dnet.net)

And right on schedule – another idiot quote. This one takes some back-ground.

The Florida Marlins (baseball) started in 1993 drawing over 3,000,000 fans to their home park, which was built as a football stadium, and shared it with the Dolphins. They had remarkable success and in 1997, from the wild-card slot, went on to beat the Cleveland Indians in the World Series. Wayne Huizenga, owner of the Marlins and CEO of Block-

buster Entertainment, couldn't stand prosperity and sold the players that took his team to the championship. It's known as "The Fire Sale" in baseball circles.

The fans never forgave Huizenga and never returned to the ballpark. Even when the Marlins won the 2003 World Series, beating the Yankees in six, the fans weren't interested. Again, the winning team was dismantled, driving the fans father away from the ballpark. The franchise floundered, and the powers that be decided it was time for changes, lots of them.

First, Miami-Dade spent a half a billion building a new stadium on the old Orange Bowl site. In November 2011, the Marlins officially rebranded themselves the Miami Marlins with a new logo, uniform, and color scheme. Oh yes, they hired Ozzie Guillen as the manager of the new and improved Marlins. Good times are on the horizon for the fish.

Or are they? Guillen managed the White Sox for years, during which time he raised eyebrows and turned stomachs with his colorful remarks. When the Marlins hired him to move the franchise forward, I thought, "what are they thinking. The guy is a mutt." It didn't take long for Ozzie to undo all the Marlins did to redo the image of the team.

In an area where the Cuban-American community is dominant, with the ballpark located in Little Havana, Guillen let the people know that, "I love Fidel Castro. I respect Fidel Castro." That should do wonders for attendance. Guillen received a five game suspension. He's fortunate I don't own the team. I'd ship him off the Cuba to bask in the radiance of his hero.

I was going to finish with Eric Holder making a stupid comment concerning voter fraud (a stranger walked into Holder's polling place and was offered Holder's ballot). However, not to be outdone, a woman stepped in and took his place. She said WHAT?

From CNN: "Hilary Rosen, a CNN contributor, sparked outrage among Republicans and Democrats alike when she said that Ann Romney, a former stay-at-home mom, had 'never worked a day in her life.' While Republicans had quickly seized on her remarks, top Democrats – including first Lady Michelle Obama, VP Joe Biden, and Democratic National Committee Debbie Wasserman-Schultz – also railed against her remarks."

Rosen, a Democrat strategist with apparently unfettered access to the White House, as well as a Capital Hill lobbyist, would appear to be totally whacked to say such a thing, however, those of us with suspicious minds allow for a different possibility. OK so Rosen is a baddie, but look at the opportunity she gave senior Democrats to praise stay-at-home moms that was set up by Rosen's comment.

How big a stretch is it to think that Rosen was "encouraged (paid)" to make the public statement to give others the chance to endure themselves to a large voting block? To date, there has been no comment from Rosen's lesbian partner. One assumes she is staying at home taking care of their two adopted twins.

# Faster than a speeding bullet.

## 12 Mbps Internet is now available!

Enjoy High Speed Internet that delivers faster, more reliable performance than DSL!

- Faster uploads and downloads.
- Greater bandwidth for multiple users at the same time.
- Smoother HD streaming without buffering.
- Better gaming with less lag time.

Internet starting at

# \$19.99

PER MO.

WHEN BUNDLED



**Call Northland Today!**  
**(828) 526-5675**  
**[www.yournorthland.com](http://www.yournorthland.com)**

Offer ends 12/31/11. Promotional price through March 31, 2012. Unlimited pricing limited to direct-dialed domestic calls. After promotional period, regular monthly fees apply and may change. Activation fee due on activation. Installation not included. Offer valid for new Phone customers. May require credit check, deposit and/or payment by credit card. Rates exclusive of fees, taxes and, if necessary, equipment rental. Equipment necessary for some services. Not available in all areas. Subject to terms and conditions of Northland's Subscriber Agreement. See [www.yournorthland.com/offers](http://www.yournorthland.com/offers) for details.



# • INVESTING AT 4,118 FT. •

## Sagee Manor advertising to benefit Highlands

Bob and Cathy Fisher, owners of Sagee Manor in Highlands are setting out to market their grand estate in an expansive advertising campaign.

The home and grounds of this 22-acre estate is being offered at \$17.9 million. Bob has already engaged about \$250,000 in advertising over a three-month time period, including The New York Times, Veranda Magazine, Gun and Garden Magazine, The Wall Street Journal and International Herald Tribune's special edition for the Cannes International Film Festival.

Bob readily acknowledges that his high-end national and international advertising must sell the Town of Highlands first to attract a buyer of this financial stature.

To that end, Bob has produced a new video of the town with help from many local photographers which has received over 2,500 hits on YouTube in the first 7 days.

He has paid for a website in multiple languages, including Chinese and Russian, with videos of the home and a brand new video of Highlands. Bob will be leaving on a four-week road trip to high-dollar towns such as Dallas, Houston, Aspen, Vail and New York City to persuade friends and business contacts to come to Highlands. This type of campaign is far reaching as these contacts have contacts and so on.

Highlands is the beneficiary of such a promotion. Shops, restaurants, services, Realtors and contractors are just some of the businesses which could benefit by this engagement.

This comes on the heels of the recent Barron's Magazine which chose Highlands as one of 20 best places in the country to have a second home.

When asked why Bob would take on the job of being a "for sale by owner," his answer might surprise you.

This move was not inspired by saving money on Realtor fees, he estimates he will spend \$500,000 marketing the home and in addition is willing to pay a substantial broker referral fee. Bob has the contacts to promote this limited number of potential buyers for such a home and he has the ability to pay for such an endeavor.

In addition, some preferred local real estate firms, including Meadows Mountain Realty, have been engaged as Broker Affiliates to represent this property in hopes of generating a buyer for Sagee Manor, as well



Lynn Kimball  
lynn@meadowsmtnrealty.com

as making contact with buyers for other properties on the Highlands Plateau.

The 12,500-square-foot Sagee Manor has seven bedrooms, a wine cellar, two offices and 10 fireplaces on 22 mountaintop acres. It is landscaped by one of the world's experts in English gardens. The home's white oak beams and paneling are hand-shaped, and its views take in surrounding valleys in a 360-degree circumference.

I am on record to say "Thank you Bob and Cathy" for bringing such an opportunity to our community.

If you want a good overall introduction of our area and to search available properties, you are invited to visit my user friendly website at [www.signatureproperties-nc.com](http://www.signatureproperties-nc.com).

Meadows Mountain Realty has two locations, one will be moving its downtown location in April to Church Street in the Old Edwards Inn complex and the other is on the Cashiers Road across from Highlands Falls Country Club. Lynn Kimball can be reached at 828-526-4101 or by email at [Lynn@MeadowsMtnRealty.com](mailto:Lynn@MeadowsMtnRealty.com).



Starting April 19th Vote For

# VIC DRUMMOND

Republican Candidate  
District 2 County Commissioner

► My opponent said "Macon County is in 'VERY GOOD SHAPE' financially." I agree, because the General Fund balance contains millions of dollars more than necessary. **But TAXPAYERS sure are suffering financially!** Why won't my opponent push to reduce property taxes by 9% July 1, 2012, as I have proposed? Let over-taxed taxpayers keep more of their money while maintaining a healthy General Fund balance without affecting County employees or services.

If elected, I will also work with fellow Republicans to:

► Protect the rights of property owners that have been under attack from overly restrictive county ordinances. I will **NOT** support a "steep slope" ordinance.

► Promote a conservative agenda, by voting **WITH** fellow conservative Republicans, not **AGAINST** them.

Visit [VicDrummond.com](http://VicDrummond.com) for more information.

**The TRUE Conservative Republican Candidate**

Paid for by Drummond for Commissioner

Advertising works ... email [highlandseditor@aol.com](mailto:highlandseditor@aol.com)



Come by in the morning for fresh baked goods and in house roasted coffee daily  
Mon - Sat open at 7am  
Sundays at 8am

# Made to Order

Our **grill** serves fresh angus burgers made to order with hand cut french **fries**, grilled **chicken**, and daily specials like chicken parmesan or **pimento** cheese burgers. Grill open from 11 am until 3 pm every day.



Corner of 5th & Main, Highlands NC 828-526-2400



**Dr. Joseph H. Wilbanks, D.D.S.**

278 East Doyle St. • Toccoa, GA

**COMPLETE DENTAL CARE UNDER ONE ROOF!**

**706-886-9439 • 800-884-9439**

[www.WilbanksSmileCenter.com](http://www.WilbanksSmileCenter.com)

You are only 50 miles away from 30 years experience in top-notch, high-tech, one-stop dentistry known for its gentle touch.



- Dental Implants
  - Root Canal Therapy
  - Single Visit Crowns
  - Orthodontics including Invisalign
  - Wisdom Teeth Extractions
- and of course Fillings and Cleanings!  
(IV Sedation, too)



*Be Yourself... Only Better.*

Looking good  
is a matter  
of opinion.

Looking  
natural is  
a matter of  
expertise.

*Center for  
Plastic  
Surgery*

Robert T. Buchanan, MD

526-3783 • Toll Free 877-526-3784  
209 Hospital Drive, Highlands, NC  
[www.PlasticSurgeryToday.com](http://www.PlasticSurgeryToday.com)

• **HEALTH MATTERS** •

**Fats, good; carbs, not so good**

**By Ken Bonsteel**

In my last column, you heard there is no such thing as 'bad' cholesterol; cholesterol and fats are good for you. Here are two references to support that statement:

"The cholesterol hypothesis links cholesterol intake and blood levels to cardiovascular disease. It has had enormous impact on health care and society during decades, but has little or no scientific backing that is relevant for the human species. Apparently, the hypothesis is false and should be buried." — Scandinavian Cardiovascular Journal, 2011 December; 45(6):322-3

In 2010, the American Journal of Clinical Nutrition published an exhaustive meta-analysis including 347,747 people in various studies over 5 to 23 years, and you know what they said? There is no significant evidence for concluding that dietary saturated fat is associated with



increased risk of coronary heart disease or coronary vascular disease.' Read the abstract on the National Institutes of Health website at <http://www.ncbi.nlm.nih.gov/pubmed/20071648>

Throw away your Lipitor, or other statin drugs, because they are killing you. Eat some honest fats from real foods, but avoid industrial,

polyunsaturated cooking oils like the plague. Get rid of margarine and Crisco, and don't eat restaurant fried food; if you fry foods at home, don't use any vegetable oil except coconut oil, or fry with pure lard from pigs, like your grandparents did. Have a nice, juicy red meat steak from grass-fed beef (not from industrial feedlots). Go ahead, it's good for you. You and your doctor have been hoaxed.

How could medical science have  
• See HEALTH MATTERS page 11

**LASIK MYTH # 26**

*"I've been told I am not a candidate for LASIK because I have Astigmatism..."*

Far too often, people are given misinformation about LASIK. To view short videos of Dr. Blue explaining why, despite what you may have been told, it's very likely that you ARE a candidate for LASIK, please visit [www.bluelasergroup.com/myths](http://www.bluelasergroup.com/myths)



Call today to schedule  
your free LASIK  
evaluation with Dr. Blue!

2768 Georgia Rd.  
Franklin, NC 28734  
(828) 369-1602



## ... HEALTH MATTERS continued from page 10

gotten so far off on the wrong track for so long? This whole idea started off wrong. The original research about saturated fat, cholesterol, and heart disease was done on rabbits! Rabbits were fed a high-fat, high-cholesterol diet. Rabbits naturally do not eat fat or cholesterol. No wonder they got sick. But we are not rabbits.

It stands to reason that each creature on the planet is adapted to a particular diet, and the diet for which it is adapted must create health for that creature. Humans evolved eating meat, from the time the first hominid stood on two legs more than two million years ago. Besides killing animals and catching fish for food, we dug up roots and tubers, gathered succulent leaves and shoots, ate delicious fruits, and cracked open various nuts. We have plenty of evidence from archaeology, paleontology, and anthropology to show this. We also know what upright-walking human ancestors did NOT eat for more than 99% of our evolutionary development. We didn't eat grains, beans, or dairy products, which

only came with the beginning of agriculture 10-12,000 years ago. That's very recent, even in terms of just the modern human species. We certainly ate nothing that came out of a box — no industrial, mass-produced, processed, refined, foodless food; nothing but whole food in its natural state.

As it turns out, research is showing that many, if not most, of our modern degenerative diseases are linked to easily digestible carbohydrates, especially sugar and concentrated sweets, breads, and other grain products. Easily digestible carbohydrates spike our blood sugar, leading to disruption of the hormonal system and inflammation. But more than that, grains and beans contain lectins and phytins, substances which bind our gut, prevent absorption of nutrients, and may even leak into the bloodstream where these large, foreign protein molecules trigger an immune response, and even more inflammation. Remember, we said that without inflammation of the artery wall, no kind of cholesterol will clog your arteries.

## ... LETTERS continued from page 5

turn their tragic loss into an opportunity to exemplify what is best in humanity, showing an inordinate degree of compassion and understanding for the killer and his family.

This is apparently frightening and unsettling to this columnist because that composed behavior doesn't fit the narrow-minded views, or the culturally entrenched stereotypes that are pronounced in this column. Instead, this columnist has responded to this tragedy by promulgating spiteful divisiveness, and has chosen to use it as a vehicle to spread hateful and vitriolic bigotry, under the guise of low-browed humor, replete with every demeaning racial slur and derogatory remark that a feeble mind is able to conjure up. These prejudicial sentiments are rarely harmless or benign, and often manifest with tragic results as has been shown in the Martin case along with a litany of other disturbing cases in our history as a nation. Sadly, the prerequisites to sentiments and prejudices of this nature are fear, insecurity, and ignorance, and this columnist has vividly revealed all of these apparent afflictions. Prophetically, Mr. Wooldridge's self absorbed musings are all about himself, and say nothing about the Martin family, or their murdered son and this case.

Our children should not be storied

by, but rather protected from the poison that this form of hate mongering rhetoric engenders. As has been the systemic and institutionalized acceptance of these destructive sentiments over a large portion of our history, so now should be the systematic confrontation and intolerance of these insidious sentiments, and the accompanying hate speech that go with them, whenever and wherever attempts are made to implant such vitriol into our conscience, even if disguised as humor.

Thankfully, this columnist is only a rhetorically bigoted and self proclaimed humorist that is rarely funny, and no longer an officer of the law that is charged with enforcing fair and equal treatment under the law for all Americans. This warped sense of humor is telling, and a window into an apparently depraved mindset that would be incapable of discharging such duties without bias and prejudice. The world will be a much better place when this kind of hateful rhetorical garbage dies out, along with the antiquated tiresome old white supremacist that espouse it.

As a charitable gesture, Mr. Wooldridge should be thanked for serving up this opportunity to confront the destructive sentiments that underlie such sordid and base attempts at humor, and that are

• See LETTERS page 14

Various hyper-immune responses to foods are thought to be involved in autoimmune diseases like arthritis, multiple sclerosis, lupus, and so on. There is a well-known connection between hyper-immune response to gluten and Hashimoto's thyroiditis, where the body attacks its own thyroid gland. This happens partly because the protein in gluten resembles a protein that naturally occurs in the thyroid. (Gluten is found in wheat, rye, barley, spelt, and kamut.) Patients with many autoimmune diseases have seen marked


benefit by strictly avoiding concentrated sugars and anything made from grains, beans, or milk. This diet has come to be called the 'Paleo diet,' because it resembles the diet of our Paleolithic ancestors, before the advent of agriculture in the Neolithic period. It is also a diet that results in automatic regulation of healthy weight.

• Kim Bonsteel, LAc owns Center for Acupuncture & Healing Arts in Highlands.

## Lordy, Lordy, Christy's 40!



Sorry we're late; we missed the date. But never fear there's always next year. And when it comes she'll be 41!



Stop by and see our wide selection of  
Local Organic Produce,  
Specialty Gourmet Foods, Quality  
Supplements, Organic Body Care,  
Natural Health Books & References, &  
Local Hand-Crafted Gifts.

**"For a Healthier Life"**

On the Corner of Foreman Rd. & Hwy. 64E  
Monday-Friday 10 am - 5:30 pm  
Saturdays 11 am - 4 pm  
Call 526-5999

## NOW SERVING BREAKFAST & LUNCH

### Sports Page Sandwich Shoppe

Monday – Saturday

Breakfast: 7:30am – 10:30am • Lunch: 11am – 2:30pm

### Full cooked-to-order breakfast featuring house-made:

- Three-egg Omelets and Egg Plates
- Triple-Stack Pancakes
- Southern French Toast
- Granny's Biscuits and Sausage Gravy
- Fresh Hot Biscuits with sausage, bacon, country ham...

### Daily Lunch Specials!

Pick Two – Half sandwich, cup of soup, or small salad

314 main Street, Highlands

(828) 526-3555



# Highlands Area Upcoming Events

## June 14 marks day of Highlands School Scholarship Golf Tournament

Wildcat Cliff Country Club will host the annual Scholarship Golf Classic. The Town of Highlands Scholarship fund began in 1975 through the generosity of a local businessman named Jack Taylor. His gift of \$5,000 was the initial funding for this scholarship program enabled by special legislation in the NC General Assembly making Highlands unique in the state with the ability to administer such a fund for the benefit of Highlands School graduates who are committed to higher education through college, university or vocational training.

In succeeding years Jack Brockway along with other prominent concerned citizens became increasingly involved in the development and promotion of the Town of Highlands Scholarship Endowment Fund which at the time exceeds \$780,000. Through the ensuing years, various Clubs including Highlands Falls, Cullasaja, and now Wildcat Cliffs, have graciously provided each of their unique

golf course and clubhouse facilities for the purpose of creating an annual one day "fund drive golf tournament." The historical generosity has been essential in building and sustaining the endowment fund with the ultimate goal of providing financial and moral support to our young highland school graduates.

Event Co-Chair, Brian Stiehler said, "We are excited to continue this important tradition. Wildcat Cliffs management and staff have gone above and beyond to make this a successful event on all levels. We are grateful for the membership and staff of WCCC."

The event kicks off at 7:30am with breakfast and use of the driving range and practice green. A 9am shotgun start is followed by cocktails, lunch and awards ceremony. The cost for the event is \$150 per player. For sponsorship information or to sign up, please contact event co-chairs, Brian Stiehler (787-2778) or Rebecca Shuler (526-2118).

## Spring has sprung and the Mountain Garden Club is getting its garden ready

It's time to be thinking about your garden. If you have an established area, you probably already know what needs to be done. However, if you are starting a new garden or rearranging a current one, these few hints may be of help.

1. Make a diagram of the area or areas involved.
2. Decide whether you want sun-loving plants, shade-preferring ones, or a combination of both.
3. Do you want a particular color scheme or a varied mixture?
4. What about annuals or perennials, any plants to be used as cut flowers?
5. Do you plan any garden art, bird bath, water feature, etc?
6. Be sure to mark off pathways to make it easier to care for your plants...deadheading, fertilizing, etc.

Your local nursery folks will be a great help with choosing plants, choice of fer-

tilizer, and much general information.

So, now you are ready to get started: Mark your areas, till and prepare the soil. Again your nursery crew will advise you. Know where you can find the plants you want to use, but don't plant until May 1st, the suggested date for our area. Check with your nurseryman regarding your particular plants.

Also, don't forget to visit the Mountain Garden Club annual plant sale at the Highlands Town Ball Field 9-12 noon Saturday, May 26th - Rain date, Sunday, May 27th 9-12 noon. The plants are healthy and lush and proven to grow in our climate. Talk to MGC members about your plant selections and get some free advice.

Now, get out those rakes and hoes and go to work. Gardening isn't for sissies, you know!

**-Emily Compost**

• Registration is now open for the 2012 summer nature day camps at the Highlands Nature Center. Five different camps are offered: "WOW! - a World of Wonder" (ages 4-6), "Amazing Animals" (ages 7-10), "NatureWorks" (ages 8-11), "Mountain Explorers" (ages 10-13), and "Junior Ecologists" (ages 11-14). Most camps are offered more than once during the summer. Sessions run from Tuesday to Friday each week. For complete schedules, costs, and other information, please call 828-526-2623 or visit [www.wcu.edu/hbs](http://www.wcu.edu/hbs).

### Daily

• CORE classes at Mountain Fitness on Carolina Way. Tues., Thurs., Sat., 9:30; Mon., Wed., Thurs., 5:15. \$10 per class or ask about specials. Call 526-9083. (st. 6/9)

### Mon., Wed., Fri.

• Heart Healthy Exercise Class at the Rec Park. 8:30-9:30 a.m. \$20/month.

• Step Aerobics with Tina Rogers at the Rec Park, 8-9 a.m. \$10 per class or \$40 a month.

• Zumba at the Rec Park, 9:05a-10a. \$5 per class. First class free. Call Mary Barbour for Franklin schedule: 828-342-2498.

### Mondays

• All meetings of the Mountain View Group of Alcoholics Anonymous will be held in the Faith and Fellowship Center of First Presbyterian Church. Enter via the entrance on 5th St. and proceed a few steps down to the library.

### Tuesdays

• Highlands Rotary Club meets at noon at the Highlands Conference Center at noon.

• Closed AA Women's meeting, 5:30 p.m. at the Episcopal Church at Fifth and Main streets.

• NAMI offers Peer-to-Peer Recovery Education Course. NAMI Appalachian South, the local affiliate of the National Alliance on Mental Illness, is offering a 10 week education class in Franklin on Tuesdays, starting March 13, 6:30-8:30. This is a nationally recognized course designed for individuals living with the challenge of mental illness. The course covers the major mental illnesses, treatments, coping strategies, relapse prevention, recovery and wellness in a confidential setting. There is no charge. Pre-registration is required. For more information or to register contact: Paul 524-9133 or Hank 342-34789.

### Wednesdays

• The Highlands Mountaintop Rotary meets

at 7:30 a.m. in the dining room at the Highlands-Cashiers Hospital. Enter the hospital in the main or emergency entrance and follow the signs downstairs. Visitors are welcome. Meetings end at 8:30 am.

• Men's interdenominational Bible Study at 8:30 a.m. at First Baptist Church.

• The Homegrown Buds, a homeschool 4-H club, meets at noon at the Macon County Library on Siler Road in Franklin at 1 p.m.

### Wednesdays & Fridays

• Open AA meeting at noon at the Episcopal Church at Fifth and Main streets.

### Thursdays

• Al-Anon meeting, noon at the Episcopal Church on Main and Fifth streets.

• The Highlands Writers Group meets at 1 p.m. at the Hudson Library on Thursdays. Free writing exercises. Bring a seven-minute writing piece to read. Newcomers are welcome. Call Anne Doggett at 526 8009.

• Free Dinner at the Cashiers Community Center from 5-7 p.m. Mostly organic, healthy food. Donations accepted. Call 743-5706 for more information. Volunteers needed!

### Saturdays

• The Art Room, 45 East Main St. in Franklin is having free Make & Take Classes from 10am to 12:30. Come make a Card...Ages 15 and up please! For More Information call Diane 828-349-3777 or Robin 828-421-9891.

### Every Third Saturday

• The Highlands Memorial Post #370 of the American Legion meets at the Shortoff Baptist Church. Breakfast is at 9 am. Meeting is at 10 a.m. All veterans are invited to attend.

### Through June 17

• At The Bascom. Chicks It's All Gone to the Birds, Bunzl Gallery. The gallery will be filled with a plethora of art works that portray an avian theme. Despite the focus on a single theme, the exhibition offers rich variety. Artists pursue the topic through a range of approaches and media. This exhibition, devoted to our feathered friends, provides a broad look into the world of contemporary and traditional art, letting divergent approaches take wing. From the traditional to the way out and wacky, visitors will experience a flight of fancy. Presented in partnership with the Highlands Biological Station and the Highlands Audobon Society.



# Highlands Area Upcoming Events

## Thursday, April 19

• Taize at Our Lady of the Mountains Catholic Church at 5:30 p.m.

• The Nantahala Hiking Club will take a 4-5 mile easy-to-moderate hike to Rough Run and High falls on a mostly level trail with many wildflowers and some scrambling over rocks near High Falls. Meet at the Cashiers ball park parking lot near the post office at 10 a.m. Drive 17 miles round trip. Bring water and lunch. Call leader Carl Blozan, 743-1765, for reservations. Visitors are welcome but no pets please.

## Friday, April 20

• The Highlands-Cashiers Land Trust eco-tour of the Kelsey Trail 10 a.m. to 1:30 p.m. with botanist Dr. Gary Wein and herpetologist Kyle Pursel. New HCLT friends can join for \$35 which includes the lunch and membership. For HCLT members, it's \$5. Reservations are required and can be made by calling (828) 526-1111 or emailing Julie.hitrust@earthlink.net.

• The High Mountain Squares will dance this Friday night at the Macon County Community Building from 6:30 to 9 PM. Marty Northrup from Columbus, NC will be the caller. We dance Western Style Square Dancing, main/stream and plus levels. There will be a Plus Workshop from 6:30 to 7 p.m. Everyone is welcome. For information call 828-349-0905, 828-524-4930, 524-2280.

• Special Olympics "Far West Regional Games" on Friday at Macon Middle School Track (Rain date - April 27). Athletes from Macon, Clay, Cherokee, Graham and Qualla Boundary will be competing in Track and Field Events for gold, silver and bronze medals. Opening ceremonies will be at 10:15am trackside. There will be a parade of athletes and Macon County Law Enforcement will bring the Flame of Hope to the stadium in a Torch Run that will begin at Big Bear Park. Many local dignitaries will be on hand to cheer the athletes to victory! For more information please call Jennifer Garrett at 828-349-2454.

## Sat., April 21

• The Highlands Chamber of Commerce and Visitors Center and The Jackson-Macon Conservation Alliance are teaming up for the Spring Gorge Cleanup on Saturday at 8 am. Volunteers are greatly needed and appreciated. Breakfast will be served from 8-8:30am, then the clean-up will begin. After the Clean-Up is

complete lunch will be served. Volunteers will be given a T-shirt for participation. For more info, contact the Highlands Chamber of Commerce and Visitors Center at 526-2112.

• The Highlands Plateau Greenway will have its monthly work trip this Saturday. Anyone interested in participating, please register with Ran Shaffner by leaving a message at 828-526-5622 or emailing highlandsgreenway@nctv.com. We will meet at the large upper parking lot (near the pool entrance) behind the Rec Park at 9 AM for a brief orientation session. We'll be completing the Ilges Trail, which connects the Greenway over Lindenwood Lake dam with Big Bear Pen Road. We'll be installing two sets of stone steps. Participants will be furnished the necessary tools and safety equipment. Participants should bring water, rain gear, and a day pack to hold them. Wearing clothes that can get dirty is advised.

• The Nantahala Hiking Club will take 5.5-mile moderate-to-strenuous hike in Panthertown to School House, Granny Burrell, and Wilderness falls and over Little Green Mtn. for great views of the valley below. Meet at the Cashiers ballpark parking lot near the Cashiers Post Office at 10 am. Bring water and lunch. Drive 16 miles round trip. Call leaders Mike and Susan Kettles, 743-1079, for reservations. Visitors are welcome but no pets please.

• The Nantahala Hiking Club will take a 9-mile strenuous hike with an elevation change of 2200 ft. on Wesser Creek Trail to the Appalachian Trail, descending to the Nantahala River, passing the Rufus Morgan shelter. Meet in Franklin at Bi-Lo parking area at 8 a.m. Drive 60 miles round trip. Bring water and lunch. Call leader Don O'Neal, 828-586-5723, for reservations. Visitors welcome but no pets please.

## Monday, April 23

• The Hudson Library will be participating in World Book Night at Sweet Treats Deli on the corner of Main and 4th Streets and the Ugly Dog Pub, further up the hill on 4th Street. Volunteers will be at these locations from 5:30 - 6:30 p.m. to give away books that have enjoyed critical and popular acclaim over the last few years. World Book Night is dedicated to the promotion of literacy and the celebration, sharing and enjoyment of reading amongst teenagers and adults.

## Collective Spirits Wine and Food Festival 2012 at The Bascom

Collective Spirits, the largest annual fundraiser for The Bascom, A Center for the Visual Arts in Highlands, North Carolina, is pleased to announce an updated weekend itinerary that includes a new dance party and series of six exclusive in-home dinners. Atlantans Jack Sawyer and Dr. William E. Torres, co-chairs for the 2012 spring benefit, have been busy confirming details for the upcoming May events. The three-day long festival (May 17 through 19th) will culminate in a live auction and gala dinner at The Bascom.

On Thursday evening, May 17th, six gracious Highlands/Cashiers hosts will welcome Collective Spirits Benefactors in their homes for winemaker dinners. Pairings include: Chef Aaron Burgau of Patois in New Orleans, LA alongside Anomaly Vineyards and Hook & Ladder Winery; Chefs Gerry Klaskala of Aria in Atlanta, GA and Gary Mennie of High Cotton in Greenville, SC alongside Dick Grace of Grace Family Vineyards; Chef Nico Romo of Fish in Charleston, SC alongside Gabrielle Collection Wines and Solena Estate Winery; Chef Mike Lata of FIG in Charleston, SC alongside Ramey Wine Cellars; Chef Scott Crawford of Herons at The Umland in Cary, NC alongside Schug Carneros Estate Winery and Chef Joshua Hopkins of the newly opened STG in Atlanta, GA will be paired with Fisher Family Vineyards, Zacherle Wines and David Arthur Vineyards.

On Friday evening, May 18th, guests will be enjoy a mountain casual walk-around Wine Tasting & Market from 5pm to 7pm. Then, at 7pm, the Sensational Sounds of Motown will take center stage on the Terrace at The Bascom for a night of dancing with a buffet supper.

On Saturday evening, May 19th, guests will gather on the Terrace at The Bascom once again for the Grand Gala Benefit Dinner and Auction at 6:30pm. The Auction will feature approximately 20 lots. Highlights include rare and special French and American wines; a trip for up to seven to San Miguel de Allende, Mexico with accommodations, airfare and a guide for a



day; a wine and art trip for four to France and the Champagne region; and a cocktail party for 20 on the Bridge at The Bascom with a 9L bottle of Veuve

Clicquot Champagne to kick things off in style. More information on all auction lots is available at [TheBascom.org/collective-spirits](http://TheBascom.org/collective-spirits).

During Collective Spirits 2012, The Bascom will showcase a number of exhibitions including Chicks: It's All Gone to the Birds - a plethora of art works that portray an avian theme; Youth Art K-12 - in recognition of the creative spirit in children and youth throughout the plateau; Green Art - celebrating the 50th anniversary of the Studio Glass Movement, Tracy Kirchmann shares her forward-thinking artistic vision and the thoughtful craftsmanship she uses to create functional objects in glass; and Alex Matisse: Ceramics - this installation of large ceramic vessels will be the signature outdoor exhibition on The Bascom campus in 2012.

Collective Spirits raises essential operating funds to maintain quality exhibitions, enrichment activities and studio art instruction for learners of all ages. For additional information about receiving an invitation to become a Benefactor or to attend Collective Spirits, please visit [TheBascom.org/collectivespirits](http://TheBascom.org/collectivespirits) or call 828.787.2896.

Wilmington Trust is the Platinum Sponsor of the 2012 Collective Spirits Wine and Food Festival. Support is provided by Delta Air Lines; Old Edwards Inn and Spa; The Laurel Magazine; Franklin Ford and Moss Robertson Cadillac; J.T. Turner Construction; and Sysco.

An art center, destination and 501(c)(3) charity, The Bascom serves audiences in Western North Carolina and beyond; providing a dynamic experience that inspires and attracts residents and visitors through interaction with all forms of visual arts. The Bascom is located at 323 Franklin Road, Highlands, NC 28741. Phone (828) 526-4949.

The Bascom® and The Bascom® logo are registered trademarks of The Bascom Corporation.

PULL OUT

# Area Events

- Tuesday, April 24**
  - Highlands Dialogue, 10-11:30 a.m. at The Hudson Library. Season Wrap-up and Social Gathering. For more info, contact John Gaston johngaston@aol.com or Karen Hawk hwkncrw@earthlink.net.
- Wednesday, April 25**
  - All libraries in the Fontana Regional Library system will be closed for Annual In-Service Training on Wednesday.
- Thursday, April 26**
  - The Highlands School Sophomore Class is sponsoring a steak dinner in the cafeteria from 4:30-6:30 p.m. \$10/dinner. Carry-out available. Tickets for dinner sold in advance in the school office or by Sophomores through Tuesday, April 24.
- Cyprus Restaurant is participating in the "Dining Out for Life®" (DOFL) AIDS fundraiser and will donate 20% of its daily sales to the cause.
- Saturday, April 28**
  - The Highlands Police Department and the Drug Enforcement Administration (DEA) will give the public another opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. From 10 a.m. to 2 p.m., take your medications for disposal to Highlands Pharmacy and Main Street Pharmacy at 460 Main Street and 225 Main Street in Highlands, N.C. The service is free and anonymous, no questions asked.

## CLE presents workshops for the artist in each of us

**By Bettie S. Banks**

The Center for Life Enrichment (CLE) will begin the month of May with a focus on the artist in each of us by presenting three hands-on workshops: creating a concrete garden trough, beginning drawing and watercolor. We all wonder at times if we have any creativity or talent at all and have either been afraid to find out or haven't had the time to explore this part of our being. Now is the time to learn and have fun.

**GARDEN WHIMSY:** Making a French Concrete Garden Trough -- Tuesday and Thursday, May 8 and 10, 10-2 (bring a bag lunch) at a Private Home (directions will be given); Fee: Members \$120, non-members \$135 (includes supplies)

These garden troughs can be simple or fancy and can be filled with your favorite flower or depict a whimsical miniature landscape. Instructor Mary Guy Gunn will guide you in the process of building a trough for your garden.

**BEGINNING DRAWING.** Tuesdays and Thursdays, May 15, 17, 22, 24, 29, 31; 10 a.m. to noon at the Highlands Civic Center. Fees: Members \$85 and non-members \$95

The good news is that everyone can be taught how to draw. Drawing is a learned skill and that skill simply needs to be awakened. Sketching what matters to you, at home, abroad, or where ever you are gives you the power to claim what you see and make it your own.

Instructor Freddie Flynt can be seen around Highlands with her sketchbook and pencils, or on the Queen Mary 2 helping travelers capture images to remind them of their adventures. She knows how to unlock the pleasure of drawing in others. She will show you all about the basics of line, shading, contour, form and perspective, none of which are as mysterious or daunting as they sound.

**PAINTING SPRING WILDFLOWERS IN WATERCOLOR,** Tuesdays and Thursdays, May 15, 17, 22, 24, 29, 31; 1-3 p.m. at the Highlands Civic Center.

**PLACE:** Highlands Civic Center (Recreation Park) Members \$120; non members \$135

With Spring ushering in the wildflower season on the Highlands plateau, what better time to bring out paint and brushes to capture these lovely blooms on paper. These classes are being taught by Fayne Ansley, a renowned Atlanta artist who has been teaching Botanical Watercolor painting for years. Each participant will receive a bouquet of freshly cut flowers to study and recreate the image onto paper.

To register call 828-526-8811 or email clehighlands@yahoo.com or visit the website at www.clehighlands.com or visit us in person at the Peggy Crosby Center on S. 5th St.

## ... LETTERS continued from page 11

so cleverly crafted as an art of subtle persuasion and influence. The appropriately entitled piece, "Once Upon A Time," is better suited for the tired old relics that would be inclined to read The KKK Gazette, or The Skinheads Review, that is the ones that could read, rather than the readers of Highlands Newspaper.

Words on a page can be powerful and effective tools. They can be used to make one laugh or make one cry. They can be used to promote harmony and understanding, or they can be used to stoke racial tensions and appeal to the lowest common denominator. They can be used to enhance peace and good will in the world, or they can be used divisively as weapons to denigrate others and bring harm and misunderstanding. Regrettably, this columnist has too often chosen to take the low road by using racially bigoted slurs against minority groups that he apparently fears and feels inferior to for whatever reason, as he has once again demonstrated in his most recent column labeled as humor.

If a person considers themselves a humorist and wishes to be funny, then they should choose their words and topics more carefully, and not take such cheap shots making light of a senseless tragedy that has taken a young innocent life, ruined the lives of others at the taxpayers expense, and that has impacted forever the lives of at least two grieving families.

How is that for being, "over the top?"  
Charlie Dasher  
Highlands

### Wake up and VOTE!

Dear Editor,

Recently there were two local letters to the editor by Shirley Ches and Marge Abel which expressed the exact issues that many women in Macon County are very concerned about. I couldn't have proclaimed the issues any better. Thanks to these intelligent, caring individuals. There is a very important primary election coming up on May 8 in Macon County, with early voting April 19th through May 5th. I urge all women and their caring menfolk of Macon County to become aware of the issues and turn out to vote.

Bobby Koppers needs to be returned to his seat, period! His opponent, Rick Snyder, is an unknown with no legislative experience. Heath Shuler's seat is up for grabs. One of those vying for that position is Hayden Rodgers, a true clone of Shuler. Do we need more votes geared toward the Republican agenda? Cecil Bothwell, also running for that seat, is a true progressive and would certainly serve Western NC wisely, taking into account what is truly best for his constituents.

Also on this ballot is an amendment on the issue of marriage, making it only legal for a man and woman in North Carolina to be married. No town, county, state or the country should stand in the way of the civil rights of any consensual union between any couple! Vote NO to this ban! Hurray for the states who are forward thinking enough that this is not an issue.

There is a great statement that has gone viral on the internet which sums this election year up. "Women bring all politicians into this world. In 2012 women can also take them out."

Step up and be counted this election year. You must not sit home and think that other people will take care of the issues.

Joan Palmroos  
Otto, NC

### Sad attempt at ridicule

Dear Editor,

I found nothing to laugh at in Mr. Wooldridge's sad attempt to ridicule our President in the April 12 edition, at the expense of a young life taken and the possibility that an innocent man may spend the rest of his life in prison.

Mr. Swanson's comments concerning the President were more appropriate giving that he clearly wrote under the heading "Conservative POV." Although I was confused that he would talk about President Obama "knee deep in a hole and still digging" immediately after reminding us of the theological foundation of our Christian faith "... that Christ was resurrected after paying the price for our sins." Was there a metaphor in there that I missed?

Kenneth Privat  
Sapphire, NC



## ... TOWN continued from page 1

hands of corporations and out of the hands of the people," said Avram Friedman of the Canary Coalition, a supporter of MoveToAmend.

The board voted 3-2 to sign the resolution, Commissioners John Dotson and

Eric Pierson voted no. Commissioner Dotson said personally he believed in the movement, but didn't feel it was in the purview of the Town Board. "As Town Board members we are not empowered in matters of this magnitude to speak for our citizenry."

## ... FORUM continued from page 1



Left: Incumbents Bobby Koppers, District 3(D), Kevin Corbin, District 2(R), and Jim Tate, District 1(R); Below: Vic Drummond, District 2 (R) and Rick Snyder, District 3(D).



construction business. Government should stay out of the way. We don't need more regulations. As a commission we should assist any way we can. Economic Development is a priority – that's the economy, business growth and jobs. Keep infrastructure strong – schools top-notch and low maintenance. Low taxes. Our budget is 15% lower than it was in 2007-08. Keep rates same or lower. Small businesses creates business; government doesn't create business.

### Bobby Koppers (D) District 3:

- There are three stages to Economic Development: Keep what we have through networking, infrastructure, and continue to be an entrepreneurial friendly community; workforce training. SCC in Franklin, that investment will keep us alive. We need to stay in front by making investments now which will pay off later; pay attention to infrastructure – schools, airport, recreation. We may not get big businesses here, but we can get small ones by making us user-friendly.

### Answers to question 2 will be in the April 26 issue:

- Some see land use planning as good, some say it hampers business – it's a balance between short-term profits and long-term benefits. Specifically, what needs to be done in reference to planning and development in the near future?

— **Kim Lewicki**

### Rick Snyder (R) District 3:

- The county needs to explore every opportunity to make Macon County small-business friendly. Low interest loans to attract businesses as long as there is a guarantee that local people will be hired. Small business is the backbone of the economy. We need to do everything possible to attract small business, not big-boxes that don't need incentives nor do they pay a liveable wage.

### Vic Drummond (R) District 2:

- The commission can't really bring jobs to an area, but it can promote policies that attract businesses. This can be done with low tax rates, making sure there are good schools, housing, and community colleges available. That's what attracts businesses to an area. I am not in favor of tax incentives to lure businesses. We need to be realistic. There are limited opportunities for small businesses in Macon County. We need the infrastructure – internet services for computer developers, trained people for higher salary jobs. I also wonder if we have too many Economic Development groups. Perhaps we need to centralize them and foster cooperation between the groups.

### Jim Tate (R) District 1:

- We can't pay out of pocket to attract businesses but we can promote Macon County and work hard to hold on to the businesses we have. We need to make the county ready-made – make sure our educational facilities are ready, our hospitals are ready – both top-notch to outshine surrounding areas. Then promote and be ready while holding on to the key jobs we have while keeping taxes as low as possible.

### Kevin Corbin (R) District 2:

- The economy is the big question. We were hit hard because our economy is based on tourism and the second-home

He said should it appear on a ballot he would vote for it.

Highlands now joins the Town of Franklin in supporting MoveToAmend. The resolution is on the agenda for the May Macon County Commission meeting.

The Highlands Playhouse requested \$7,500 to replace its defunct HVAC system. Town Manager Bob Frye said since it's a town building, the town should allocate the funds to fix it.

Though requested early Fall of 2011, a survey outlining the physical needs of all town buildings has not been completed and because of that commissioners were reluctant to OK the funding until more information was available.

"I thought we were going to assess all our buildings to determine what needs to be done and to begin an ongoing history so we don't keep throwing money at projects in a piecemeal fashion," said Commissioner Amy Patterson.

Frye said the town needed to look at individual leases and each buildings situation so that money needed for ongoing repairs could be built into the budget each year. "We need sufficient funds to deal with whatever comes up," he said.

The issue will be discussed at the May 1 meeting.

The Unified Development Ordinance passed unanimously following a presentation by Planner David Clabo where he outlined corrected inconsistencies and clarified language.

He said the confusion over Conditional and Conditional Use Zoning has been cleared up. Conditional Use Zoning has been in affective for a number of years and the Highlands Town Board has initiated it for two R3 projects and one R2 project. That's when the Town Board puts stipulations on a project, but the underlying zone requirements still apply. It must also go through all the appropriate boards including the issuance of a Special Use Permit from the Zoning Board.

He said the Conditional Zoning discussed lately where the underlying zone goes away at the discretion of the Town Board went no where and all reference to it have been removed from the UDO.

Though the vote was unanimous, Commissioner Patterson said she still isn't pleased with giving the Town Manager ultimate control over the hiring and firing of the Town Planner/Zoning Administrator. "I just don't think that is right," she said.

The most contentious subject Tuesday night was about businesses encroaching on town property. In the end the board voted 3-2 to uphold its ordinance disallowing encroachments. Commissioners Dotson, Patterson and Pierson voted to deny the re-

quest to encroach. Commissioners Brian Stiehler and Gary Drake voted to allow it.

This was in reference to the four, two-top tables Bob Carlton, owner of Sweetreats Deli on the corner of Main and S.4<sup>th</sup> Street, has put on the sidewalk in front of the shop.

At the April 3 meeting, Clabo was asked to return with an inventory of all encroachments in the business district. He supplied photos of objects – planters, benches, rocking chairs – on sidewalks in town but was quick to say the photos didn't insinuate any wrong-doing.

He said it was his professional opinion that tables and chairs could be considered permanent encroachments – like lamps, streetlights, handrails, planters, fences – for which a revocable permit could be issued and withdrawn at the town's discretion.

Commissioner Dotson said the issue was two-fold: "Having benches and rocking chairs on town sidewalks needs some consideration and judicious thought, he said, "but that's not what we are dealing with here. What we have is four town benches in front of the building which the town put there, and we are now dealing with someone conducting business on town property and that is something we have never allowed."

He agreed the 30-year ordinance is old and worth looking at, but he also said it has worked. "We don't allow merchants to put merchandise on the sidewalk, no matter how wide it is, because that's expanding their business on town property. Once we allow folks to do business on town property, then that is a Pandora's Box we don't want to open."

Because the benches are town owned and are town property, anyone can sit on them.

"The benches are for everyone," said Patterson. "The tables and chairs are for that business. That's why the town put the benches around town so everyone could use them."

In the Planning Department's Code Enforcement report, owners of the Ugly Dog Public House were told that their outdoor tables were encroaching on the town right-of-way. The tables must now be against the windows and three of the four tables must be two-tops to keep them from encroaching in the right-of-way.

Four firms are submitting insurance package quotes for the town so nothing concerning employee/family benefits will be discussed until the May 1 meeting.

There will be a budget meeting in the Community Building from 3-5 p.m. on Thursday, April 26.

— **Kim Lewicki**

John 3:16

• PLACES TO WORSHIP •

Proverbs 3:5

**BLUE VALLEY BAPTIST CHURCH**

Rev. Oliver Rice, Pastor (706) 782-3965  
Sundays: School – 10 a.m., Worship – 11  
Sunday night services every 2nd & 4th Sunday at 7  
Wednesdays: Mid-week prayer meeting – 7 p.m.

**BUCK CREEK BAPTIST CHURCH**

Sundays: School – 10 a.m.; Worship – 11

**CHAPEL OF SKY VALLEY**

Sky Valley, GA

Church: 706-746-2999

Sundays: 10 a.m. – Worship

Holy Communion 1st Sunday of the month

Wednesdays: 9 a.m. Healing and Prayer w/Holy Communion

**CHRIST ANGLICAN CHURCH**

Rector: Jim Murphy, 252-671-4011

Worshipping at the facilities of Whiteside Presbyterian Church,  
Cashiers

Sun.: Holy Communion - 9 a.m.; Adult Forum - 10:45 at Buck's  
Coffee Cafe, Cashiers

Mon.: Bible Study & Supper at homes - 6 p.m.

Wed.: Men's Bible Study - 8:30 a.m., First Baptist Church

Thurs.: Women's Prayer Group - 10 a.m., Whiteside Presbyterian  
Church; Healing Service at noon

**CLEAR CREEK BAPTIST CHURCH**

Pastor Jim Kinard

Sundays: School – 10 a.m.; Worship – 11

Wednesdays -- 7 p.m.

**COMMUNITY BIBLE CHURCH**

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC

Senior Pastor Gary Hewins

Sun.: 9:30 am: Adult Sunday School

10:30 am: Middle School; 10:45 am: Children's Program., Worship

Service. 12:30 pm Student Arts Group, 5 p.m. HS

Wed.: 6pm: CBC University Program

**EPISCOPAL CHURCH OF THE INCARNATION**

526-2968 • Reverend Bruce Walker

Sunday: Education for children & adults and choir rehearsal  
beginning at 9:00am. Holy Eucharist Rite II Service held at 10:30am  
in the Main Nave of the Church.

Monday: 4 p.m. Women's Cursillo Group

Tuesday: 8 a.m. Men's Cursillo Group; Bible Study 10:30 a.m.

Reverend Howard L'Enfant

Thursday: 10 a.m. Holy Eucharist (Chapel)

**FIRST BAPTIST CHURCH**

Dr. Charles Harris, Pastor • 526-4153

Sun.: Worship 10:45 a.m.; School – 9:30 a.m.; Evening Worship  
6:30

Wed.: Men's Bible Study 8:30 a.m.,  
Prayer Meeting – 6:15 p.m., Choir – 7:15-8:15 p.m.

**FIRST PRESBYTERIAN CHURCH**

Dr. Lee Bowman, Pastor

Dr. Don Mullen, Parish Associate 526-3175

Sun.: Worship – 11 a.m.; Sun. School – 9:30

Mondays: 8 a.m. – Men's Prayer Group & Breakfast

Wednesdays – Choir – 7

**GOLDMINE BAPTIST CHURCH**

(Off Franklin/Highlands Rd)

Rev. Carson Gibson

Sunday School – 10 a.m., Worship Service – 11 am

Bible Study – 6 pm

**HIGHLANDS ASSEMBLY OF GOD**

Randy Reed, Pastor

828-421-9172 • 165 S. Sixth Street

Sundays: Worship – 11

**HIGHLANDS CENTRAL BAPTIST CHURCH**

Pastor Dan Robinson

670 N. Fourth Street (next to the Highlands Civic Center)

Sunday: School 9:30 a.m.; Morning Worship 10:45 a.m., Evening  
Worship, 6:30 p.m.

Wednesday: Prayer Service, 6:30 p.m.

**HIGHLANDS UNITED METHODIST CHURCH**

Pastor Paul Christy 526-3376

Sun: School 9:45 a.; Worship 10:50 a.; Youth Group 5:30 p.

Wed: Supper; 6; 7:15 – children, youth, & adults studies; 6:15 –  
Adult choir (nursery provided for Wed. p.m. activities)

Thurs: 12:30 – Women's Bible Study (nursery)

**HOLY FAMILY LUTHERAN CHURCH – ELCA**

Chaplain Margaret Howell

2152 Dillard Road – 526-9741

Sundays: Sunday School and Adult discussion group 9:30 a.m.;  
Worship/Communion – 10:30

HEALING SERVICE on the 5th Sunday of the month.

**MACEDONIA BAPTIST CHURCH**

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Roy Lowe, (828) 526-8425

Sundays: School – 10 a.m.; Worship – 11

Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

**MOUNTAIN SYNAGOGUE**

St. Cyprian's Episcopal Church, Franklin

828-369-9270 or 828-293-5197

**MOUNTAIN BIBLE CHURCH**

Pastor: Clayton Lopez • 828-743-9704

Independent Bible Church

Sundays: 10:30 a.m. at Big Ridge Baptist Church, 4224 Big Ridge  
Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

**OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH**

Rev. Dean Cesa, pastor – Parish office: 526-2418

Mass: – Sun: 11 a.m.; Thurs & Fri: 9 a.

**SCALY MOUNTAIN BAPTIST CHURCH**

Rev. Clifford Willis

Sundays: School – 10 a.m.; Worship – 11 a.m. & 7

Wednesdays: Prayer Mtg. – 7 p.m.

**SCALY MOUNTAIN CHURCH OF GOD**

290 Buck Knob Road; Pastor Alfred Sizemore • 526-3212

Sundays: School – 10 a.m.; Worship – 10:45 a.m.; Worship – 6  
p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

**SHORTOFF BAPTIST CHURCH**

Pastor Rev. Andy Cloer.

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

**UNITARIAN UNIVERSALIST FELLOWSHIP**

85 Sierra Drive • 828-524-6777

Sunday Worship - 11 a.m.

Child Care - 10:30 a.m. - 12:30 p.m.

Religious Education - 11 a.m. - 12:15 p.m.

Youth 8th - 12th grades meet the 2nd Sundays 5 - 7:30 p.m.

**WHITESIDE PRESBYTERIAN CHURCH**

Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School – 10 a.m.; Worship – 11

• SPIRITUALLY SPEAKING •

**More than conquerors**



**Pastor Charles Harris  
First Baptist Church  
of Highlands**

We have just celebrated the Easter Season with a focus on “Christ’s Resurrection.” As a continuation of that celebration I would like to share this devotional with the Highlands community. The Apostle Paul says through Christ, Christians are not only conquerors, we are “more than conquerors!”

My scriptural text is Romans 8:28-39. In my text the Apostle Paul shares an encouraging and uplifting message for us Christians. Primarily, he focuses on two subjects: He shares a promise and he provides an assurance. We all know that “promises” are often empty, especially if they do not have “assurances” attached with them. Unfortunately, some promises are made and with little or no intention of being kept. Fortunately for us, Paul not only shares a promise, he attaches an assurance with it.

First, Paul shares a tremendous promise with us that is life-changing for the Christian. Paul says that God is in charge of our world and our lives if we are surrendered to his will. He continues by saying that God can somehow bring good out of all of life’s experiences...positive or negative... good or bad. Finally, Paul adds that God requires our participation and cooperation in this process. Then he declares that two conditions must be met if God is able to use all of life’s experiences for our good. The two conditions are: We must love God without reservation...i.e., with our total being and we must live in the center of God’s will.

In verses 29-30...Paul shares five important truths for Christians: that God “foreknew” us; that God “predestined” us to be made in the image of Christ; that God “called” us; that God “justified” us; and that God “glorified” us. The glorification is a future event, but Paul writes as if it has already occurred.

Not only does the Apostle Paul give us a tremendous promise, he gives us a marvelous assurance. In verses 31-35...Paul continues by saying “Nothing can separate us from God’s love” through Jesus Christ. Then he shares a powerful assuring statement “If God is for us who can be against us?” Then he reinforces the assuring statement “Since God did not spare His son, but allowed him to die on the cross for us...we can have the assurance that God will meet every need.” Paul then shares a “creedal statement” by stating that Christ died for us; rose from the grave; and is presently at the right hand of God interceding for us!”



# • HIGHLANDS-CASHIERS HOSPITAL NEWS •



## Two advances in diagnostic services now available

A recent software update in the radiology department's ultrasound equipment provides the means for a "heightened" cardiac stress test study called Stress Echocardiograms. The study involves a combination of ultrasound monitoring during a stress test, from the resting stage through immediately after an exercise session on a treadmill. The results indicate vital information about the heart's anatomy such as arterial blockage, assessment of the pumping function of the heart, and status of heart valves.

"The whole purpose of the stress echo is to prevent heart attacks," said Dr. Patti Wheeler, Family Medicine Physician at Mountain Medical Associates. "The test is such a valuable diagnostic tool for my patients with heart disease and/or risk factors. By utilizing ultrasound equipment during a stress test and studying the heart after peak exercise, the stress echo can detect potential life threatening conditions and give inclination of needed follow-up treatment such as bypass or stent placement surgery. Thankfully, because of the study, several of my patients' heart conditions were identified and an acute cardiac event was prevented. It's the standard of care in maintaining their viability."

Stress Echocardiograms are ordered by a patient's primary care provider once probable symptoms have risen.

HCH's radiology department also announced excellent results of a March 15 state survey regarding radiation safety requirements. "Every two-three years the North Carolina Department of Health and Human Services Division of Health Service Regulation Radiation Protection Section surveys our Hospital, evaluating radiation exposures to both our patients and staff," said Laura Ammons, Radiology Director. "To maintain our license our entire department must demonstrate specified radiation safety requirements and I'm proud to say this

year, our staff was praised for their organization and rigorous attention to detail."

The surveyors conducted a radiation safety inspection primarily in regards to the nuclear medicine services provided at HCH which has been in place since 2008. Nuclear medicine is an imaging process that provides information about body organ structure and function using very small amounts of radiation materials. When conducted properly the test safely obtains information that would otherwise be unavailable, require surgery, or require more diagnostic tests.


"Alex Lane, Radiology Technologist, certified in Nuclear medicine, has done an amazing job managing our nuclear medicine services," said Ammons. "We are all committed to maintaining the upmost standard in safety and providing our patients the best care possible."

## Highlands-Cashiers Hospital re-accredited for Digital Mammography Imaging

Digital Mammography imaging at Highlands-Cashiers Hospital has been awarded full, three year re-accreditation by the American College of Radiology (ACR), the designated accrediting organization for medical imaging by The Centers for Medicare and Medicaid Services (CMS).

The ACR headquartered in Reston, Va., awards accreditation to facilities for the achievement of high practice standards after a peer-review evaluation of the practice.

"Since installing the new Digital Mammography machine our radiology department had to complete the



### Celebrating People in Action


National Volunteer Week  
April 15-21, 2012

More than 100 smiling volunteers provide valuable services throughout Highlands-Cashiers Hospital and Fidelia Eckerd Living Center.

During National Volunteer Week we wish to take this opportunity to thank our valued volunteers from the bottom of our hearts for compassionately sharing your time to help others.

Every service you perform, every person you help, and every heart you touch is a meaningful gift!

Gift Shop • Mail Room • Greeter • Laundry • Pharmacy  
Lab • Bingo • Crafts • Visiting • Field Trips  
Gardening • And More!



**Highlands-Cashiers**  
HOSPITAL

For Volunteer Opportunities: (828) 526-1376  
[www.highlandscashiershospital.org](http://www.highlandscashiershospital.org)

process again, to maintain our accreditation. We are delighted to have received such great survey results," said Radiologist Dr. Stinnett.

Changing from film to the state-of-the-art digital mammography screenings meant the hospital's radiology department was required to meet certain educational and training standards to earn ACR's accreditation. Qualifications of personnel, policies and procedures, equipment specifications, and patient safety measures were included in the review to assure high quality standards

... SPIRITUALLY SPEAKING from page 16

Paul tells us that Jesus Christ is the only one "Holy and righteous enough" to judge us...yet He is actually "interceding for us"...i.e., Christ is pleading our case before the heavenly Father. If that were not sufficient, Paul then gives us an extended list of things that can not separate us from Christ. Then just in case he has left something out, he adds "nor anything else in all creation" (Romans 8:35-39).

This means as committed Christians, we can live with the assurance that nothing,

absolutely nothing, can come between us and Christ. Nothing can separate us from Christ if we love Christ totally and if we are living in the center of his will.

The well-known and popular gospel singer, George Beverly Shea, says that people often share songs that they have written with him in hopes that one day he will sing them. He tells about attending the 1975 Praise Sing. A writer at the Praise Sing gave him a song entitled "God's Grip Don't Slip." Mr. Shea responded to the song's title by saying "This

is poor grammar, but it is great theology!" Trapeze artists use a double wrist grip while performing. This "double grip" prevents slips and falls. This is a great image for the Christian ...while we are holding on to God our grip may slip, but God's grip on us never slips.

Paul concludes these verses with a memorable and powerful statement "We are more than conquerors in Christ!" (Romans 8: 37-39). This means two things for the committed Christian: First, nothing can happen to us unless it is by God's design or by God's permission. In Genesis 37-41, Joseph's brothers mistreated him by selling him into slavery.

Later he was mistakenly placed in prison. Two years later, he was promoted to be the Prime Minister of Egypt. When his brothers visited him in Egypt, Joseph told them "You meant it for harm, but God meant it for good." Second, God will use all the events and happenings in our lives for good if we meet two conditions: love God unreservedly and if we live in the center of his will.

Regardless of where we are, regardless of our situation, health or financial conditions "Christians can be more than Conquerors through Christ!"



**Clayton Merchants & Business Assoc. Events**  
**www.downtownclaytonga.org**

SAT. APRIL 28 – SUN. APRIL 29  
Celebrate Clayton  
Main Street, Clayton  
WWW.CELEBRATECLAYTON.ORG

SAT. APRIL 28, 8AM  
Celebrate Clayton 5K Run  
Starts onm Ramey Blvd.  
WWW.PEARLSJWC.ORG

FIRST FRIDAY FESTS  
May-October  
6PM – 8 PM  
Downtown Clayton  
Shop Clayton/Concert at Rock House Park

SAT. MAY 5  
Annual Awakening of the Vines  
Tiger Mountain Vineyard  
WWW.TIGERWINE.COM

SAT. MAY 12 & SUN. MAY 13,  
11:30AM – 4PM  
Red Barn Cafe Opening  
Tiger Mountain Vineyard  
WWW.TIGERWINE.COM

SAT. MAY 19 – SUN, MAY 20  
Warrior Dash  
Blue Ridge Camp  
Mountain City, GA  
WWW.WARRIORDASH.COM

FRI. JUN 22 – SUN. JUN 24  
Chattooga River Festival  
WWW.CHATTOOGARIVERFESTIVAL.COM

SAT. JULY 21, 6PM-9PM

4th Annual Clayton Crawl  
Main Street, Clayton  
WWW.CLAYTONCRAWL.ORG

SAT. OCT 6, 10AM -5PM  
Foxfire Mountaineer Festival  
WWW.FOXFIREMOUNTAINEER.ORG

SAT. OCT 27, 10AM – 1PM  
Halloween Hay Day

SAT. OCT 27, 1PM  
Halloween Trick or Treat  
Main Street, Clayton

SAT. NOV. 17, 5PM-7PM  
Festival of Trees Preview Party  
Rabun County Civic Center  
WWW.RABUNCIVICCENTER.COM

THURS. NOV 22, 8AM  
Clayton Clucker's Turkey Trot

FRI. NOV 23, 5PM – 8PM  
Christmas in Clayton

FRI. NOV 23, 11AM-6PM &  
SAT. NOV 24, 10AM-5PM  
Holiday Shopping Extravaganza and  
Festival of Trees  
Rabun County Civic Center  
WWW.RABUNCIVICCENTER.COM

SAT. DEC 1, 5PM  
Christmas Parade  
Main Street, Clayton  
WWW.GAMOUNTAINS.COM

• HIGHLANDS SCHOOL SPORTS •

**Spring Sports on a roll**

By Ryan Potts

The Highlands High School Spring Sports of Soccer, Softball and Baseball all finished the week with two wins apiece in what has been a year of progress for the Highlanders rebuilt spring sports programs.

The baseball team finished the week 2-1, dropping a wild game to Tamassee-Salem 18-16 despite a 3 run blast from Isaac Beavers and the Highlanders best offensive output of the season. The Highlander bats stayed awake on Saturday, as Highlands was able to put 11 runs on the board in an 11-3 rout of Oconee Christian. Isaac Beavers pitched a complete game for Highlands, giving up just one earned run in 7 innings. Andrew Renfro scored 3 runs for Highlands, and Cody St. Germain drove home 3 runs to lead Highlands. On Tuesday, the Highlanders traveled to Rosman looking to improve upon an 18-0 defeat to the Tigers earlier in the season. There was certainly improvement shown, as the Highlanders built a 10-0 lead on the strength of 5 RBI's from Kenan Lewis and dominant pitching by Davis Moore. The bottom of the 7<sup>th</sup> was a bit shaky, as Moore finally showed signs of fatigue and the Tigers were able to put together a rally. Beavers came on to close the door for Highlands and help hold on to a 10-7 victory. "We are really starting to come together," said Highlands Coach Jerry Moore, "I think our kids are starting to believe in themselves and it is showing up on the scoreboard."

The Lady Highlander softball team also finished the week at 2-1, beginning with a 9-7 victory over Tamassee-Salem on Thursday. Emily Murphy pitched 7 strong innings for the Lady Highlanders, striking out 9 batters. Emily Shuler knocked in 2 runs for the Lady Highlanders. Perhaps the most impressive effort from the Lady Highlanders came in a 12-6 loss to Swain County on Saturday. Swain entered the game ranked #2 in the

state, but the Highlanders were able to take a slim 4-3 lead into the 7<sup>th</sup> inning. Unfortunately, a few errors led to a rally from Swain, who took a 12-4 lead into the bottom of the 7<sup>th</sup>. Highlands was able to start a rally, but it fell short, resulting in a 12-6 final. Tuesday, the Lady Highlanders traveled to Rosman where they were victorious in a 6-5 thriller against the Lady Tigers. Murphy again pitched 7 strong innings for Highlands. The three wins for the Lady Highlanders mark the most since the program rebooted back in 2008. Senior Julianne Buras was a freshman on that 2008 team, and as a senior she has been able to see the changes that have been made over the past few seasons. "This is definitely the most competitive we have been," said Buras, "it is exciting to be able to win games...it's definitely an awesome feeling."

The Lady Highlander soccer team finished this week on a three game winning streak, taking games from Cherokee, Smoky Mountain and Swain. In a 5-1 victory against Cherokee, the Lady Highlanders received three goals from Kirstyn Lamb, one from Caroline Christy and one from Emily Munger. On Saturday, the Lady Highlanders traveled to Smoky Mountain, where they dominated from the opening kickoff in what was a 3-0 victory. Sayne Fera-Cruz scored the first goal for Highlands, and Lamb added a goal just before halftime for a 2-0 lead. Munger capped off the scoring in the second half with a goal to finish the scoring. Ashlee Maitland and Ann-Marie Osteen combined in goal for the shutout of the Lady Mustangs. On Monday, the Lady Highlanders continued their strong play in a 6-0 shellacking of Swain County. Fera-Cruz scored 2 goals for Highlands, Lamb, Munger and Jenny Coram all added a single goal apiece for Highlands.



## ... HOSPITAL continued from page 17

in the new digital exams.

"During the evaluation process, our department has to submit an extensive application, including credentials of our Radiologist, technologists and physicists", said Radiology Director Laura Ammons. "We also submit samples of both dense and fatty breast tissue exams for review by the ACR's reviewing radiologists. The reviewing radiologist evaluates the images for positioning, compression & exposure level to name a few," she added

ACR's evaluation is conducted by physicians and medical physicists who are experts in the field. They assess the qualifications of the personnel and the

adequacy of the facility equipment. The surveyors report their findings to the ACR Committee on Accreditation, which subsequently provides the practice with a comprehensive report.

The ACR is a national organization serving more the 32,000 diagnostic and interventional radiologist, radiation oncologist, and nuclear medicine and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive healthcare services.

"The accreditation demonstrates our commitment to quality patient care," said Craig James, President and CEO. "We are

proud of our staff for taking the necessary steps to achieve this certification."

### About Highlands-Cashiers Hospital

"HCH is a community hospital that provides diagnostic, surgical and acute patient care to the public through on-site professional services, or as a referral to regional support providers. Our emergency care facility is Physician staffed 24/7 and treats patients promptly, monitoring their visit with personal care and attention. We make the extra effort to assure that you get "best of class care", and feel "special" every time you pass through our doors. HCH also provides Physician Clinics, a skilled Nursing Facility, Hospice Care, Skilled

Rehabilitation, and Medically-Based Wellness Programs allowing individuals and families nearby access to professional care in these critical areas. The hospital continues to expand its programs to provide the public a broad range of quality healthcare. Our *Board-Certified Physician Staff* continues to grow to better serve you, as do our medical specialties now covering 14 areas of healthcare, specialties usually only found in much larger facilities. We continually update our range of diagnostic procedures by adding new state-of-the-art equipment."

*Our goal is to be the healthcare partner to whom you can entrust your life.*

## ... WAYFINDING continued from page 1

weddings and diamonds but not Highlands," said Ran Shaffner of the design committee and who is spearheading the wayfinding project, the phrases "Elevation 4118," "Established 1875," or simply the name of the state following the word "Highlands" are all being considered.

Once both agencies and the STMS steering committee agree on all aspects of the Wayfinding project – branding and signage designs — the cost of constructing and erecting the signs will be determined.

Mayor David Wilkes, who is also a STMS member, suggested the wayfinding signs budget be presented to the Town Board for possible inclusion in the FY 2012-13 budget, which staff is working on now.

Other sources of funding could come from the Chamber of Commerce or the Tourism Development Commission.

Meanwhile, the two-year STMS stint ends June 30, 2012 and Sherry Adams, STMS facilitator wants the group to figure

out where the project is going from here.

Participation has waned since the start but the group hopes it will pick up in May or June when second-home owners return and the three established committees – Economic Restructuring, Promotions and Design – begin functioning with their own agendas.

Sherry said in other towns, after the two-year facilitation, the STMS group transitions to a formal advisory group that reports to the Town Board quarterly.

At the Town Board retreat in March, commissioners appointed Town Planner David Clabo as the liaison to the board but didn't discuss the town's involvement or fiscal responsibility.

Highlands was the recipient of "free" STMS money when John Lupoli was awarded a \$200,000 grant for his Town Square project which will include public restrooms.

– Kim Lewicki

## • POLICE & FIRE •

Highlands PD log entries from April 11. Only the names of persons arrested, issued a Class-3 misdemeanor, or public officials have been used.

### April 11

• At 5:10 p.m., officers assisted another agency with committal papers.

### April 12

• At 1 a.m., officers stood by at Highlands Pharmacy while a prescription was filled for a hospice patient.

• At 8:58 a.m., officers assisted Hwy Patrol with an 18-wheeler on the gorge road that forced a car over causing damage to the vehicle.

• At 1:43 p.m., officers assisted the driver of an 18-wheeler turn around before going down the Gorge Road.

• At 2:04 p.m., officers assisted another agency with a medical call at Kilwin's.

• At 8:40 p.m., officers responded to a call from a resident on Raoul Road claiming unauthorized use of her vehicle by her daughter.

• At 11:30 p.m., officers responded to a noise complaint at the Highlands Smokehouse where the sound meter registered 80 decibels from across the street.

### April 13

• At 4:34 p.m., officers responded to a possible breaking and entering at a residence on Vinca Lane. There was a forced entry but nothing was missing.

• At 8:06 p.m., the person who cleans a number of banks in the area reported bank keys missing, but they were found.

• At 8:30 p.m., officers responded to the call of an utility line down on Holt Circle.

### April 14

• At 3:24 p.m., officers received a call from a resident on Vinca Lane who said a transient man had knocked on their door twice in two days asking for a ride into town. Extra patrols were assigned to the area.

• At 2:20 p.m., a couple consuming alcoholic beverages at a school ball game were told to throw the beverages away.

### April 15

• At 12:30 p.m., officers responded to a domestic dispute at a residence on U.S. 64 west.

• At 5:05 p.m., officers responded to a mother/daughter dispute at a residence on Raoul Road.

### April 18

• At 6:53 p.m., officers responded to a noise complaint due to construction noise at Spring and S. 5th Street.

• At 8:44 p.m., the drivers of a vehicle in the vicinity of SweetTreats on Spruce Lane were told to stay away from the property as per the owners' request.

• During the week, police officers responded to 5 alarms and issued 6 citations.

### Highlands F&R Dept. log entries from April 12.

### April 12

• At 12:10 p.m., the dept. was first-responders to Main Street.

• At 1:59 p.m., the dept. was first-responders to Main Street.

• At 9:54 p.m., the dept. responded to an alarm at a residence on Mirror Lake Road set off by a closed fireplace damper.

### April 13

• At 12:08 p.m., the dept. was first-responders to Edwards Circle Road. EMS transported to the hospital.

• At 6:25 p.m., the dept. responded to an alarm at on Potter Lane caused by a closed fireplace damper.

• 11:41 p.m., the dept. was first-responders to Main Street. EMS transported.

### April 14

• At 1:47 p.m., the dept. was first-responders to Main Street where a lady fell and bumped her head.

### April 16

• At 6:25 p.m., the dept. responded to an alarm on Club House Drive set off by a low battery at the pull station.

### April 17

• At 8:51 p.m., a mutual aid call from Cashiers was cancelled en route.

### April 18

• At 1:42 a.m., the dept. provided mutual aid to Cashiers on a structure fire on Yellow Mountain Road.

Images Unlimited is now...

# Shear Elevations!

Call for an appointment today!

*Updated interior, Same Staff, Same Top-Notch Services*

Color, Cuts, Highlights, Perms, Manicures, Pedicures, Acrylics & Gel Enhancements

Call for your Appointment Today • 828-526-9477 • 225 Spring Street, Highlands

## Larry Rogers Construction Company, Inc.

Excavating • Grading • Trucking  
Trackhoe Backhoe • Blasting • Utilities  
(828) 526-2874



# CLASSIFIEDS – \$6 FOR 10 WORDS, 20 CENTS EACH WORD AFTER, ADD A HIGHLIGHT FOR \$2

## HELP WANTED

**CASHIER AND DELI POSITIONS** available at Mountain Fresh in Highlands. Apply in person or call 828.526.2400. (4/19)  
**SALES ASSOCIATE FOR HIGH END RETAIL CLOTHING**

**STORE IN HIGHLANDS.** Part time to full time. Must work weekends. Retail clothing sales experience preferred. Please call 828-526-4407. (st. 2/29)

## WANTED

**BIDS FOR LANDSCAPE SERVICE** – Hudson Library is taking bids for next year. Bid information and specs are available at the Hudson Library or by contacting Dale Sticka at 526-1786. The Bidder must provide 3 references. Bids close on

\$17 weekly – add \$5 for color

## • Service Directory •



**Singley Lay Designs**  
Wildflower Gardens  
Seeding Identity  
Garden Maintenance  
Weeding & Transplants  
Spring Ephemerals  
Tutoring Included!  
(828) 526-5981  
www.singleylaydesigns.com



**Larry Houston  
Rock Work**  
Walls • Fireplaces • Patios • Piers  
All Rock Work • Stucco  
(828) 526-4138 or (828) 200-3551

**Now Open!**  
**Highlands Barber Shop**  
**288 Franklin Road**  
**526-1699**  
**Hours: 8:30-4:30 Tues.-Fri.**  
**Sat. 9-1**



**J&J Lawn and Landscaping**  
Serving Highlands & Cashiers for 20 years!  
Phone: 526-2251  
Toll Free: 888-526-2251  
Fax: 828-526-8764  
Email: JJlawn1663@frontier.com  
John Shearl, Owner • 1663 S. 4<sup>th</sup> St. Highlands



**Cut n Patch  
Quilt Shop**  
Custom Quilts  
Fabrics, Notions  
(828) 526-9743 • Highlands  
Please Call for hours & directions



**ATLANTIC SOUTH  
POWER  
SYSTEMS**  
**LIGHTNING PROTECTION  
EMERGENCY GENERATORS**  
Electrical License # NC 18822U KOHLER Dealer # 2584990  
www.ASPowerSystems.com | 828.526.0070

**Deluxe, Indoor  
Climate Controlled Self Storage  
With covered loading zone**



• Units Available •  
**Highlands Storage Village**  
**526-4555 • Cashiers Rd.**

**Michael David Rogers**  
Native grown trees and plants  
Erosion Control Specialist  
Landscape Installation  
& Maintenance  
515 Wyanoak Drive • Highlands  
828-526-4946 or 828-200-0268  
tinacrogers@frontier.com

You know us as **RUNNERS**, but don't forget we are also **NC REAL ESTATE BROKERS**. You can count on us every step of the way to get you to the finish line. We train hard for races, and we will work equally hard for you!

Richard Betz 828-526-5213  
Martha Betz 828-200-1411  
Country Club Properties  
betzrealtor@gmail.com



**MANLEY'S AUTO  
AND TOWING**  
Complete Auto Service  
Towing Available 24 Hours  
James "Popcorn" Manley - Owner/Operator  
P.O. Box 1263  
1597 South 4th Street  
Highlands, NC 28741  
Garage: (828) 526-9805  
Cell: (828) 342-0583  
Towing: (828) 526-0374  
TIRE • BRAKES • OIL CHANGES • TUNE UPS

**Allan Dearth & Sons  
Generator  
Sales & Service, Inc.**  
828-526-9325  
Cell: 828-200-1139  
email: allandearth@msn.com



# CLASSIFIEDS

May 15, 2012. (May 10)

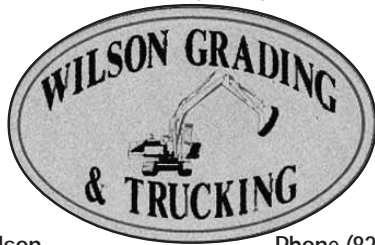
## RESIDENTIAL / COMMERCIAL FOR RENT

**UNIQUE LARGE, UPSTAIRS MAIN ST APT** with open porch area. 2/2 with den and open living area. Washer/dryer, unfurnished but could be partially furnished. Call 526-4044 or 200-0036. (st. 4/19)

**YEAR-ROUND RENTAL**, walk to town. 1/1 garage apartment, unfurnished. No pets, references. \$550/month. 526-5558. (4/26)

**SMALL FURNISHED APARTMENT FOR LEASE RIV-**

Grading & Excavating • Certified Clearwater Contractor  
www.wilsongrading.com



Edwin Wilson  
wilsongrading@yahoo.com

Phone (828) 526-4758  
Cell (828) 421-3643



**Highlands-Cashiers  
HOSPITAL**

Fidelia Eckerd Living Center  
US 64 Between Highlands & Cashiers, NC

## Positions Now Available

Med/Surg Registered Nurse  
ER Registered Nurse  
Inpatient Coder  
Seasonal Physical Therapy Assistant  
Part Time Cook

Full benefits, or the option to opt out of benefits for an increase in pay, available after 60 days of full-time employment. Pre-employment substance screening. Call Human Resources, 828-526-1376, or apply online at www.hchospital.org.

**ER RUN II** Washer Dryer Large Deck. Walking distance to Skiing, Swimming, Restaurants, Exercise Amenities, Meeting rooms and Red Bird Public Golf Course \$550 a month annual/\$850 Seasonal 561-626-7467. (4/18)

**2BR/2BA FURNISHED CONDO IN TOWN.** \$800 per month. Call 828-342-4277 (st. 3/22)

**VACATION RENTAL:** Architect's private home with stunning features. Three bedrooms, plus den, three full baths, and an open living area, two stone fireplaces and two decks overlooking stream and private stocked trout pond. Full Privacy. Designer furnished. Walking distance to town. Rate dependant on term. Non smokers only. Deposit required. Weekly, monthly or yearly rental. Call 770-639-2682. (5/30)

## REAL ESTATE FOR SALE

**\$149,000** -- 3 bed, 2 bath manufactured home. 6 miles from downtown in Clear Creek/Blue Valley. 3.55 acres. Workshop. Closing cost assistance. 828-526-8191 (5/2)

**COMMERCIAL SPACE PLUS RESIDENTIAL APT.** -- 535 N. 4th St. In town. Great location. \$285,000. Fresh remodel. Business upstairs, one-bedroom apartment downstairs. Call 770-827-0450. (St. 2/8)

**2/2 SINGLE-WIDE WITH GREAT VIEW AND PRIVACY.** backs to national forest and move-in ready. \$89,000. 526.1971 or 482.2050.

## SERVICES

**MASSAGE THERAPY** – Pain relief/relaxation. NC License #1498. Deborah Woodham. 526-9178. (4/25)

**AVON** - for catalogs & orders, call local sales representative Amy Jenkins Ramey 342-2279.

**Schmitt Building Contractors, Inc.**  
Building Dream Homes  
SINCE 1965

Renovations & Remodels  
Fire & Water Damage  
Commercial Projects

215 N. 4th St. • Highlands  
(828) 526-2412 • www.schmittbuilders.com

**Douglas Tank**  
General Contractor

Since 1965  
New Home and Remodeling  
Licensed and Insured

**828-526-9450**

**ACUPUNCTURE & HEALING ARTS** — Herbs, bodywork, women's health, healthy weight, all ailments, wellness. 828-526-0743. (7/19)

**HIGHLANDS CLEANING SERVICES** – house, office, auto. Expert floor restorer, minor repairs. For estimates call 828.526.1971.

**HANDYMAN SERVICE** – electrical, plumbing, pressure cleaning, painting, carpentry, yardwork. References. Call Al Edgar at 332-7271 (cell) or 369-6245. (st. 3/8)

**CRAWLSPACE MOISTURE PROBLEMS?** Musty smell in your home? Call 828-787-1673. (St. 4/28)

**J&J LAWN AND LANDSCAPING SERVICES** – Complete Landscaping Company, Design, Installation and Maintenance. Also featuring Plants, Trees, Hardscapes, Water Features, Rockwork, Fencing, Drainage, Erosion Control and RR-Tie work. 20 years serving Highlands area. 828-526-2251.



## TECHNICAL SERVICES REPRESENTATIVE

Northland Communications is seeking a Technical Services Representative who will be responsible for providing information and assistance to customers by maintaining good customer relations and treating each customer contact as a sales opportunity in a professional manner both on the telephone and in person. This position is located in Highlands, NC and demonstrates a commitment to customer service by exceeding customers' expectations through assisting with sales, scheduling, billing and problem solving. The successful candidate possesses excellent communication and strong customer service skills and is able to handle any customer tactfully, courteously and professionally. Minimum one in cable television or customer service and high school diploma or equivalent, some college education preferred. A curiosity and aptitude for technical proficiency is required. Equal Opportunity Employer. Pre-employment drug test, motor vehicle record and background check required.

Please send resume and cover letter to: TSR - Highlands | Fax: 206.623.8034 | E-mail: jobs-clm@northlandcable.com. See website for details: www.yournorthland.com/highlands

## 2012 Town of Highlands Boards and Committee Vacancies

The Town of Highlands has current and upcoming vacancies for the following Town Boards and Committees:

1. Zoning Board ~ 1 Alternate position
2. Planning Board ~ 3 openings
3. Appearance Commission ~ 2 openings
4. Scholarship Committee ~ 2 openings

Board and Committee applications can be accessed at www.highlandscnc.org or at Town Hall. For more information, feel free to contact the Town of Highlands at 828.526.2118. (4/26)

• BUSINESS/ORGANIZATION NEWS •



Rotary clubs sponsor dental exams

On April 13, members of the Rotary Club of Highlands and the Highlands Mountaintop Rotary club combined to sponsor dental examinations for students in grades K-5 at Highlands School. Local dentists volunteered their time to examine the students. A form was sent home with the students indicating any potential dental problems.

In addition to the annual dental examination day, the two clubs jointly sponsor and fund a weekly fluoride rinse and a yearly dental education day for students in grades K-5. The photo shows volunteer dentist Dr. Bruce Walker examining a student while Rotarian Joyce Baillargeon completes the evaluation form.

Candidates turn out for convention

The Macon County Democratic Party held its 2012 Convention on Saturday, April 14 at the Macon County Courthouse. Among the many in attendance were candidates to represent all levels of government, with John Snow starting the lineup at the microphone and Cecil Bothwell, Bobby Koppers, Rick Snyder and Donna Rogers for her husband Haydon in lively succession. Highlands was well represented with its delegation of seven.



John Snow

Eastside 64 – An Artist Community, opened with a big bang Saturday, April 14



Above: Ken Johnson, owner/proprietor of Eastside 64 – An Artist Community with artists, patrons and customers at the opening Saturday. Eastside 64 is a collaboration between numerous artists and a showcase of an eclectic mix of artwork. Eastside 64 is located at 1152 N. 4th Street, a mile from Main Street on the Cashiers Road.

Photo by Kim Lewicki

Relay For Life of Highlands celebrated their annual Kick off on April 14, 2012.

Right: Mike Murphy and Colleen Fogle spoke at the kickoff noting the strides that have been made in fighting cancer but also noting that too many continue to die of the disease. This year's Relay for Life is Aug. 17 at 6 p.m. at the Rec Park.



Photo by Kim Lewicki

... WOOLDRIDGE continued from page 4

people call are tantamount to another possible decision. The leaders meet and decide maybe it wasn't a good idea. Just as they're reaching for the paint remover, a small town leader shows his gonads. It's decided the arrows will stay for now and a study will take place.

Ah yes, the ever important never ending study. It's what gets politicians off the hook on situations like this. If the right turn arrows stay, what will the summer people think when they start arriving in May? Of course, who cares what the summer people think? Do they have voter's cards in their wallets? Are they not coming be-

cause of the arrows? Of course not!

I would never recommend a four way stop at this intersection as this is much too reasonable a solution. But for a retired cop who lives in Highlands during the summer and crosses that intersection daily, I want to go on the record with my opinion. I don't care what they decide. I'm no longer in a hurry to get anywhere. I don't rile easy and I never pick up the phone to give a politician what for. Just leave me alone.

• Deceived, is not about politicians but is about Fred's mystery/thriller you can download on your Kindle or Nook.



## Country Club Properties

"Your local hometown  
Real Estate professionals."

3 Offices 828-526-2520  
www.CCPHighlandsNC.com



**Main Street Inn & Bistro on Main**  
526-2590 • www.mainstreet-inn.com



## The Chambers Agency Realtors

Homes and Land For Sale  
Vacation Homes for Rent

526-3717 OR 888-526-3717  
401 N 5th St, Highlands  
www.chambersagency.net



**Tammy Mobley**  
BIC/Owner  
Highlands NC Realty  
535 N. 4th  
Cell: 770-337-1000  
www.HighlandsNC.info



**three bears**  
classic children's clothing  
305 Main Street  
(Corner of Main and 3rd)  
828.482.2279

## Ruka's Table

in Wright Square  
Fine Southern Cuisine  
Serving dinner daily from  
5:30

Bar opens at 4 p.m.  
526-3636

## The Highlands Playhouse



**Friday, April 20**  
• Eco-tour of the Kelsey Trail 10 a.m. to 1:30 p.m. Reservations are required. Calling 526-1111 or email Julie.hitrust@earthlink.net.  
**Sat., April 21**  
• Spring Gorge Cleanup on Saturday at 8 am. Breakfast will be served from 8-8:30 am, then clean-up, then lunch. Call 526-2112.  
• The Highlands Plateau Greenway work trip 9 a.m. To participate, call Ran Shaffner at 526-5622.  
**Monday, April 23**  
• The Hudson Library will be giving out books on World Book Night at Sweet Treats Deli and the Ugly Dog Pub from 5:30 - 6:30 p.m.



## SILVER EAGLE

Authentic Native American  
Jewelry Arts & Crafts

JEWELRY • GEMS & MINERALS  
MINNETONKA MOCCASINS  
NATIVE AMERICAN ART  
BOOKS • KNIVES

370 Main Street  
Highlands, NC 28741  
www.silvereaglegallery.com

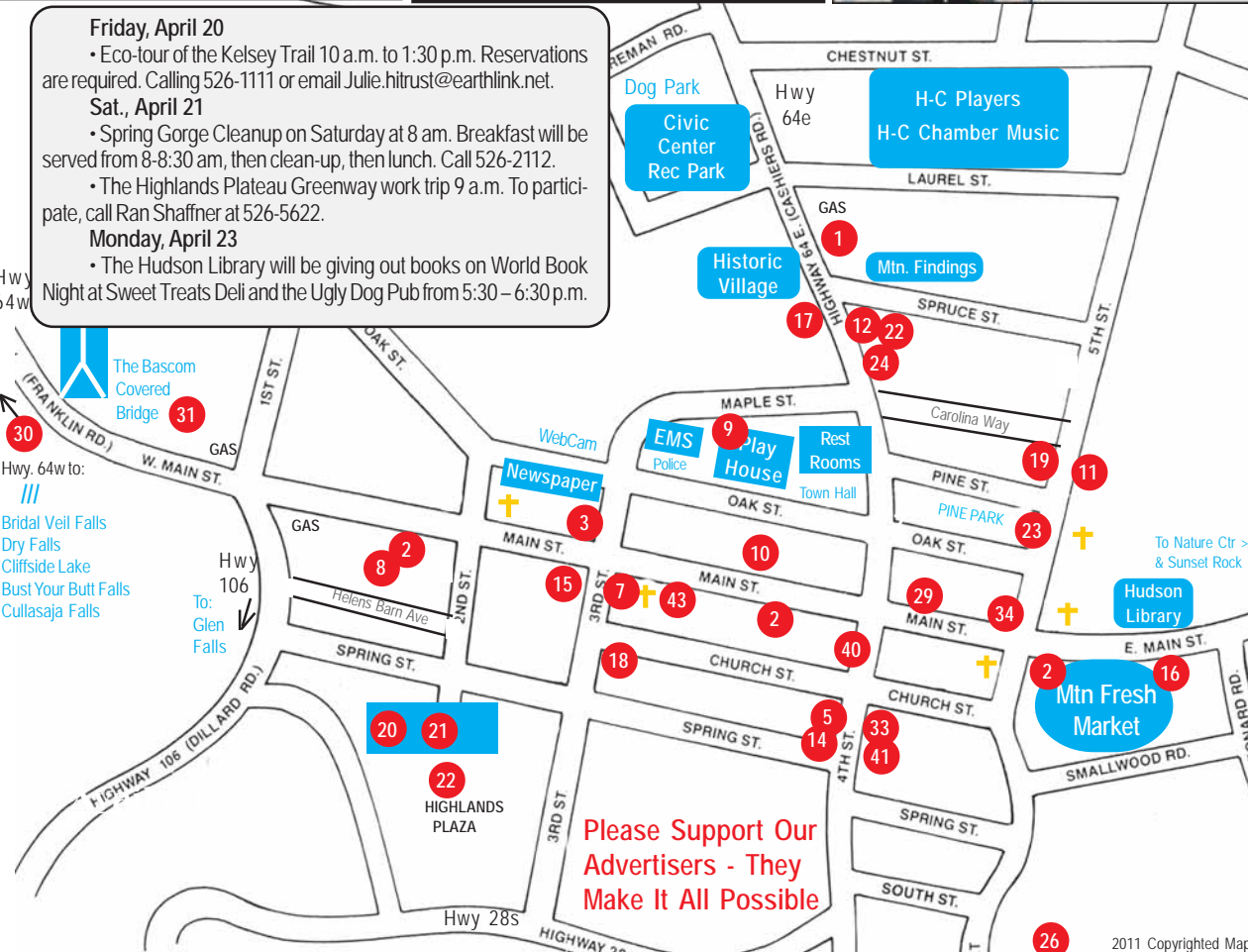


**MEADOWS MOUNTAIN REALTY**  
C: 828-371-3252  
H: 828-526-8217  
www.joedeckmanrealestate.com  
www.meadowsmtnrealty.com  
email: joe@meadowsmtnrealty.com



**Reed Family Linens**  
400 • 600 • 1000 ct. Sateen Sheets  
...and much more!  
Mtn. Brook Center  
411 N. 4th St. • 526-5114

"Ace is the Place!"  
**Reeves Hardware**  
At Main & 3rd streets  
Highlands 526-2157



**4th St. Boutique**  
comfortable  
clothing for  
women  
526-8878  
219 S. 4th St. ...on the hill

**the bird barn**  
"We're All About Birds"  
Next door to  
Mountain Fresh Grocery  
at The Falls on Main  
828-526-3910



## Golden China & Sushi Bar

Listed in  
'100 Top Chinese Restaurants in USA'  
Lunch Buffet: 11 - 2:30, M-F  
Dinner: 3-9:30, 7 days  
Wine & Beer

Highlands Plaza  
526-5525

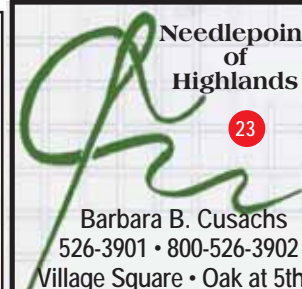
Delivery in town w/\$15 order

## The Computer Man!

But you can call me James!  
• Computer Sales  
• Computer Services  
• Computer Parts  
526-1796  
68 Highlands Plaza • Highlands NC

## Cosper Flowers

Where Smiles are in Bloom All Year Long!  
Now Open Year-Round  
Spring Hours: Thurs-Sat  
10a to 5/6p  
In Highlands Plaza  
(828) 526-8671  
www.cosperflowers.com



**Needlepoint of Highlands**  
Barbara B. Cusachs  
526-3901 • 800-526-3902  
Village Square • Oak at 5th





*Pat Allen*  
REALTY GROUP  
*Voted #1 Realtor in Highlands!*

Pat Allen, Broker-in-charge

pat.f.allen@gmail.com  
patallenrealtygroup.com



828-200-9179 (cell)  
828-526-8784 (office)

**PEAK  
EXPERIENCE**

Gallery of  
Fine American  
Handcrafts  
including jewelry, pottery,  
glass and much more!

2820 Dillard Road  
828-526-0229

**NADINE PARADISE, BROKER**  
FOR ALL YOUR REAL ESTATE NEEDS!  
**828-371-2551 (CELL)**  
nadineparadise@gmail.com  
www.NadineParadise.com



**BlackRock**  
REALTY GROUP, LLC

... at the Peggy Crosby Center  
PO Box 785, Highlands, NC 28741

26

**Building Green Building Value**



**CIMARRON  
BUILDERS**

**828-526-2240**

www.cimbuild.com



**2010**  
Highlands #1 Agency

Exurbia  
Sotheby's  
INTERNATIONAL REALTY

and  
Highlands-Cashiers  
MLS #1 Agent



Jody Lovell  
828-526-4104  
exurbiasothebysrealty.com

33



**Paoletti**

Dinner from 5:30  
Reservations: 526-4906  
April Promotions:  
10% Off Entire Dinner Check  
Sunday, Monday & Thursday  
15% Off Beer, Cocktails &  
Most Bottled Wines  
Friday & Saturday Nights

29

**WILD THYME GOURMET  
RESTAURANT**

Serving Lunch & Dinner Year-Round!



526-4035 • 490 Carolina Way  
www.wildthymegourmet.com

**ROTO-  
ROOTER**  
PLUMBING &  
DRAIN SERVICE

Call  
**526-8313**



Brad Smith, DVM  
Amanda Markum, DVM

**828-526-8700**

Small & Exotic  
Medicine & Surgery  
Digital Radiographs & Laser  
Surgery Available  
Next to Freeman Gas @ 2271 Dillard Rd.

**In-Town 4 bed, 3 1/2 bath Home**  
Completely Finished Shell/Home  
Ready for you to finish inside

**\$179,000!**  
w/lot

Call:

**Call:**  
828-482-2045

**Highlands Flex/Shell Homes & Structures**

Homes starting at \$28/sq. ft. on your lot!



...on the Verandah Restaurant  
on Lake Sequoyah



828-526-2338 • www.ontheverandah.com

30

40



Susie deVillie Schiffli,  
Broker-in-Charge  
susie@WhiteOakRG.com

**WHITE OAK**  
REALTY GROUP

*"Invest in Highlands, NC Real Estate ...  
and Invest in Your Life!"™*

(828) 526-8118 • 125 South 4th Street

WhiteOakRG.com



Mal Phillips,  
Broker  
mal@WhiteOakRG.com



**McCULLY'S  
CASHMERE**

Scotland's Best Knitwear

Open 7 days a week

526-4407

"Top of the Hill"

242 S. 4th St.



41