Volume 14, Number 36

Real-Time News, Weather & WebCams: HighlandsInfo.com

Thurs., Sept. 7, 2017

Congressman Meadows visits Macon County

Just before the September session was slated to begin in Washington D.C., Congressman Mark Meadows spent a few weeks in his district meeting with constituents. Last week he made his way to Macon County and

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was able to honor World War II Army Veteran Herbert Simmons and tour one of the county's oldest and fastest growing manufacturing companies.

Wednesday morning, Congressman Meadows met with veterans from across Western North Carolina to honor WWII Veteran Herbert Simmons, Simmons, who served in the Army Air Corps, never received medals he was deserved for his service due to lost paperwork, Congressman Meadows had the honor of presenting Simmons with the medals during a ceremony arranged by Macon County Veteran Services.

After the ceremony for Simmons, Congressman Meadows,

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Highlands School Varsity Volleyball team



Kedra McCall, 2, Sophomore; Jordan Carrier, 3, Freshman; Analyse Crook, 4, Senior; Abby Olvera, 5, Junior; Brooke Rehmeir, 8, Senior; Hannah Holt, 10, Junior; Tristan Castro, 11, Junior; Captain Madison Lloyd, 12, Senior; Madison Dalton, 17, Senior: Jeslyn Head, 24. Sophomore: Head Coach, Katy Postell: Assistant Coach. Eileen Carrier, See HS Sports on page 11. Photo by Kim Lewicki

Bingo at the Community Building on Thurs., Sept. 7 from 6:30-8:30 p.m. will benefit the Highlands Wreaths Across America initiative. A Chick-fil-A supper will be available for a nominal donation. It's \$1 per game with Grand Jackpot winner.

Op-Ed:

Mission's position against BCBSNC

How much is enough?

By Ronald A. Paulus, MD President and CEO Mission Health

A barrage of negative advertising and misleading claims from Blue Cross and Blue Shield of North Carolina (BCBSNC) have generated a common question: "How much is enough?" Since BCBSNC reported more than half a billion dollars of profit (\$542 million) for the first six months of 2017 – that important question "How much is enough?" has new and very profound meaning.

Let's put BCBSNC's extraordinary profits into context: it would take Mission more than 15 years to earn what BCBSNC did in just six months. If Mission accepted BCBSNC's below zero or 'forever zero' contract offers, we would be devastated - slowly, but surely over the coming years.

But with just over 3% of its last six months profit, BCBSNC could cover Mission's requested payment increase and support quality healthcare for our one million residents – and no rate increase for any consumer or employer; alternatively, it could use that profit to cover Mission's requested payment increase for more than 25 years.

My repeated requests to even discuss a contract have always been immediately rejected. With no one to speak with, I've publicly offered two •See ENOUGH page 7

Painted rock finds a new home



In last week's issue in the front page story "Painted rock offers encouragement to Highlands School students on the first day of school" we put a call out to find the painted rock at Highlands School.Vivian Kennedy found it and will now decide whether to keep it or re-hide it. She will be perpetuating a movement full of whimsey and hope that has gone global.

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LATEAU'S POSITION

We must prepare, plan for the future

'm excited about the town moving toward finding a pri-Lyate provider as a partner for a fiber optic network. This aging baby-boomer wants reliable TV, and fast Internet speeds to download grandchildren photos and videos instantaneously. I'm so dated! Download? There is FaceTime, Instagram and Skype, and other technologies unknown to me.

Just wanting a network for my current needs would overlook an important idea. I somewhat follow broadband technology, and realize everything will change sooner than later. Using digital and broadband technologies, people will rely on artificial intelligence (AI) to do many tasks that human workers now do. "Alexa do this" is just the beginning.

A recent piece in the Economist provides a new perspective. There are growing concerns that AI will create huge job displacement. Frankly, this process has been going on for quite some time. For instance, film technicians were displaced by digital photography. While many workers in film processing industry lost jobs, those that retrained, or knew digital technology, transitioned in many cases to other jobs.

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Phone: (828) 200-1371 Email:

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Highlands Mayor Patrick Taylor

So, the Economist article begins with the statement, "Artificial intelligence will create new kinds of work. Humans will supply digital services to complement AI." The article states that workers are even now providing online services by way of the "human cloud." Ironically, folks can provide these services because of artificial intelligence. People can work in this "human cloud" anywhere in the world provided there is reliable broadband.

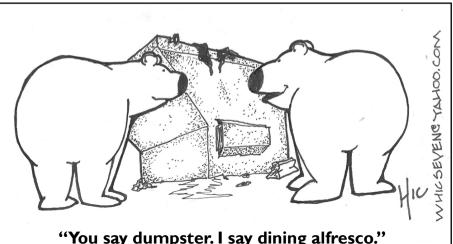
While some fear AI's impact on human behavior, there could be opportunities to create new forms of work. The new AI technology will generate huge amounts of data and information, but human workers will have to "work" to input information for AI processing, and also interpret and apply the output.

Some folks may respond, "Mayor, this is crazy thinking. This is Highlands and these trends don't effect us." My response is that Highlanders have continually embraced new technologies.

Telephones arrived here around 1914, but some rural areas didn't have telephone service until after World War II. The Sequoyah Dam and hydro plant gave Highlands a strategic advantage in operating the first municipal utility system in the area. Having these utilities early on helped generations of Highlanders build the community we all now treasure. These utilities helped promote businesses and jobs on this plateau. The new fiber network will be another utility that does the same. It's not just about having good televi-

The Town Board and staff have been working for several years in developing a state of the art broadband utility. Is it absolutely essential? Some may say no, but I view it as a critical investment for Highlands to remain a desirable place to live and work. As digital technology and artificial intelligence exponentially grow, the concept of jobs, work and employment will be very different for the next generations coming to Highlands. Generation X, Millennials and the Creative Community won't remain, much less live here, if we are a disconnected community.

It would be easy for the Town Board to simply ignore this challenge; just let events workout. But, that could be a strategic error, just as if our town forbearers had decided to wait for telephone and electrical service to just emerge a decade or so later.



"You say dumpster. I say dining alfresco."

Drop off Hurricane Relief donations at the Highlands Fire & Rescue Dept.



Last week's community-wide hurricane relief initiative brought in hundreds of items. They were deposited at the Highlands Fire & Rescue Dept. on Oak Street and trucked to Beaumont, Texas on Sunday, More than 1,200 pounds of dogfood, close to 1,500 gallons of water, as well as chlorox, sanitary wipes, buckets and more. Donations are still being accepted. The items will also go to Beaumont, but if not needed they will be taken to the potential victims of Hurricane Irma. So far donations have been for those in survival mode but soon recovery mode will set in. Still needed are buckets, pump sprayers, flat shovels and dust pans.



For Real-time Weather and the Extended Forecast, go to www.highlandsinfo.com and click on Weather

) RITUARIES •

Hope Laverne Hedden Calloway

Hope Laverne Hedden Calloway, 68, of Cullowhee, NC, passed away Monday, August 28, 2017.

Born in Jackson Co, she was the daughter of the late I. Ouince Hedden and Emma Stewart Hedden. In addition to her parents, she was preceded in death by stepgrandson, Jason Mathes; two sisters. Hester Keener and Barbara Ledford and one brother, Dwight Hedden. Hope worked as a real estate broker and loved to read. She was a member of Yellow Mountain Baptist Church.

She is survived by her husband of 29 vears, William "Bill" Calloway; two sons, Brent Buchanan and wife Debi and Kellen Buchanan both of Cullowhee; stepson, Thomas Chad Calloway of West Palm Beach, FL; five sisters, June Hedden of Lilburn, GA, Mary Keener of Highlands, Shelba McFarland of Virginia Beach, VA, Helen Justice of Hendersonville, NC and



Alice Lee of Knoxville, TN; one grandson, Cavden Buchanan; step-grandson, Johnny Mathes Jr. and wife Kim; nine step-great grandchildren and numerous nieces and nephews.

Funeral Services were held Thursday, August 31st at Yellow Mtn. Baptist Church. Rev. Bill Rogers and Rev. Scotty Patrick officiated. Burial was in Stewart Cemetery.

Pallbearers were Jimmy Stewart, Ieff Stewart, Mark Justice, Paul Dalton, Olin

Vinson and Buddy Miller. Jeremy Stewart and Mike Thompson will serve as Honorary Pallbearers.

Memorial donations can be made to Glenville Cashiers Rescue Squad, PO Box 919, Cashiers, NC 28717.

Macon Funeral Home was in charge of the arrangements.

Condolences can be made at www.maconfuneralhome.com.

Helen Lucille Frey

Helen Lucille Frey, 91, of Highlands, NC went home to be with the Lord, September 1, 2017.

Mrs. Frey was born August 4, 1926 in Tampa Fl. to the late William S. Frink and Katherine Mae Lewis Frink. She was married to the late Leo Alfred "Buddy" Frey.

She married Buddy in 1945, after his return from the war, and for several years

they lived on a lovely lake in Odessa, Fl. They developed a close friendship there with neighbors Eliseo and Irene Hernandez, a friendship that would last for decades. The two couples bowled together on various leagues and brought home several trophies. They also spent many happy evenings playing cards, one of Lucy's favorite simple pleasures. Her days were also busy, though, with raising six children, long, summer days playing on the lakeshore with them, and once all the young ones were in school quiet afternoons sewing and painting in

In 1974, the Freys moved to the mountain town of Cashiers, NC. Sold on the beauty of the area, friends Irene and Eliseo soon followed. Lucy, along with Irene, again



took up bowling and joined several teams. Over the years, she and Irene were an awardwinning duo. For nearly two decades the ladies bowled at Franklin Lanes, competing in tournaments and winning several more trophies. In her later years, Lucy retired from bowling and spent more time gardening and crocheting.

Survivors include two daughters, Dawn Cramer (Harley) of Swanton, Ohio

and Heather Blanton (Carl) of Apex, NC; and two sons, Bill Brewer of Franklin, NC and Robin Frey of Live Oak, FL; a sister, June Lazzara of FL and a brother, Percy Frink of FL; 14 grandchildren; and numerous greatgrandchildren.

Lucy was preceded in death by a daughter, Susan Moss, and two sons, Valiant Frey and Forest Frey.

A funeral service was held Wednesday, September 6, 2017 at the Cashiers Church of God with the Rev. Nathan Moss, Ralph Campbell, and David Hall officiating. Burial followed in the Evitt Cemetery.

Online condolences can be left at www. bryantgrantfuneralhome.com/Bryant-Grant Funeral Home and Crematory is serving the Frey family.

•See OBITUARIES page 6

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Mon: 7:30-11a

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<u>Dinner:</u>

Wed-Sat: 5:30-close

THIS WEEK'S FEATURES

APPETIZERS

Nutty Smoked Trout Spread

Apple wood smoked trout blended with cream cheese & pecans. Served with crostini

Chevre Strudel

A blend of goat cheese, and spices in puff pastry. Served with our roasted vegetable puree

ENTREES

Smoked Pork Roast

Garnished with our peach - Vidalia onion chutney Served with vegetable of the day

Butternut Squash Lasagna

Back by popular demand. Served with sauteed spinach or vegetable of the day

SOUP

Roasted Sweet Potato, Bacon & Fennel Topped w/ smoked gouda & cardamom sour cream

Reservations appreciated but not required.

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...OBITUARIES continued from page 3

Nadyne Hofer

Nadyne Hofer (Nee Lefholz) of Clearwater, Florida, passed away peacefully on Sunday, September 3, 2017 in Highlands, NC at the age of 94. Loving wife of the late Edward Hofer Sr.; beloved daughter of Lillian Kienker Lefholz and Clarence Lefholz; devoted mother of the late Christine Hofer McClellan (Bob), Candace Hofer, and Edward Hofer Jr. (Diana); cherished grandmother of Robert McClellan Jr., Kelly Hooper (Justin), Dana Hofer and Dani Hofer; and dear great grandmother to Jarrod Hooper and Caleb McClellan.





What's wrong with this picture?

Last Tuesday a semitruck made it from 107 on Bull Pen Road, across Iron Bridge, then up almost to Ammons Branch campground. This demonstrates extreme driving skill but risked damaging the roads not meant for such weight as well as damage to Iron Bridge.

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•THE INK PENN•

The art of the garbage disposal

ay what? Is there an art to using the garbage disposal? Well nooo, but you can create art while using it. Just ask my husband. How? By running the disposal without first checking to see what may have slipped down into it.

I must admit that I was the first and only member of the family to clog it up, by putting potato peels in it. Thankfully, my husband took it apart and cleaned it out, and it worked fine. And, one of us ruined a stainless steel teaspoon when it fell in. The spoon still looks like a spoon but is pretty darned rough around the edges. I can't bring myself to throw it away, though we never use it.

This latest episode made me smile. I was reading the paper after dinner when I heard an awful racket coming from the kitchen. I knew right away it was the garbage disposal and kept expecting it to be turned off—more quickly than it was. When the noise finally stopped, I walked



Kathy Manos Penn

in to find out just what had been destroyed. My husband stepped away from the sink, and I reached in to find the first piece of my oldest set of measuring spoons—the metal ones we all had back in the 70's. First came the bent tablespoon, then the cleverly twisted teaspoon, followed by the relatively unscathed ½ and ¼ teaspoons.

In all fairness to my husband, he is the resident dishwasher, so if anyone is going to reshape something in the disposal, it would be him. I occasionally wash my breakfast and lunch dishes, but he washes the dinner dishes every evening after we eat the dinner I cook, so he has many more opportunities than I to get creative.

The resulting design from this episode was so intriguing, that I immediately began seeing possibilities. Perhaps this garbage disposal art could be mounted on a wooden plaque. Better yet, the plaque could include a written warning: Beware the garbage disposal.

Can't you see an Etsy listing in our future? We just

need a catchy name, maybe "Clever garbage disposal art" or "Disposal Design." What do you think?

• Find Kathy's new book "Lord Banjo the Royal Pooch" and her collection of columns, "The Ink Penn: Celebrating the Magic in the Everyday," locally at The Molly Grace in Highlands and Books Unlimited in Franklin and on Amazon. Contact her at inkpenn119@gmail.com.



ALL MACON COUNTY BUSINESSES!

You can now go online and register to participate and support the upcoming Thank a Veteran Program.

To register log onto the Register of Deeds website: www.maconncdeeds.com and click on the Services drop down then click on Veteran Rewards Program link, it will then take you to the registration form; you will receive an approval email after you have registered. If you have any questions, you can contact your Macon County Register of Deeds Todd Raby at 349-2097.

Thank you in advance for your support for our Macon County Veterans.
THERE WILL BE ANOTHER PRESS RELEASE IN THE FUTURE ANNOUNCING
THE ACTUAL KICKOFF FOR THE THANK A VETERAN PROGRAM.

...ENOUGH continued from page 1

solutions: 1) Mission would accept a one year 0% rate increase if Blue Cross did likewise for its customers; and 2) Mission would accept – without even knowing the number – the same rate of increase BCBSNC extracted from western North Carolina employers.

Silence.

BCBSNC even refused when Mission succumbed to its demand for no increase for Obamacare exchange members who can only choose BCBSNC.

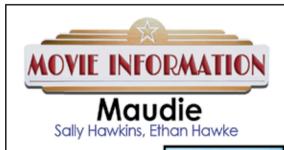
Unconscionable.

While BCBSNC's focus may be on profit, control and power, Mission's focus is survival. Although healthy today, our financial foundation is remarkably fragile. BCBSNC dominates the insurance market with 72% share, so it literally controls Mission's financial destiny.

I understand that some see Mission as "a big, deeppocketed organization like BCBSNC." Perhaps that's driven by Asheville's new \$400 million tower construction - a big project that does cost a lot of money. But it is simply a bedfor-bed St. Joseph's Hospital replacement. Partially constructed in the 1950s, St. Joseph's will soon no longer support good patient care. When buying a home, you take out a loan, work hard and repay it over decades; Mission is doing the same. Mission is large relative to our region, but BCBSNC is a truly enormous company; no valid size comparison exists except perhaps David and Goliath.

Despite our challenges, Mission Health and BCBSNC have had a good relationship for many years, working together to provide exceptional care to western North Carolina residents. Yet the numbers make it obvious that Mission's financial needs are nearly insignificant for BCBSNC. And Mission has done its part. We are the only entity in North Carolina ever rated a Top 15 Health System, and we've received that recognition in five of the past six years. And we've continually reduced our costs - \$240 million between 2012 and 2018;

•See ENOUGH page 8



For TWO WEEKS

Please note that we will be going back to our normal movie schedule starting Friday the 8th.

9/3 at 5:30 & 8 pm 9/4 & 9/5 at 2, 5, & 8pm 9/8, 9/9, & 9/10 @ 2, 5, & 8pm Private Event 9/11 -> No Shows 9/12 at 2, 5 & 8 pm

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...ENOUGH continued from page 7

nearly \$70 million this year alone. Cost reductions are essential for Mission's financial stability, but so are fair payments from BCB-SNC. Despite our cuts, costs rise for drugs, medical supplies and

technology - all entirely out of Mission's control. One example is a new breakthrough leukemia drug: iust approved: \$475,000 per dose.

BCBSNC's failure to acknowledge Mission's inflation reveals its

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focus on profit, control, and power. It routinely threatens to abuse that power by ignoring patients' choices to send insurance payments to medical providers and instead send checks only to patients. This practice, already illegal in the majority of states, is designed solely to create harm to Mission while leaving vulnerable patients responsible for managing complex, impossible to decipher insurance forms. All of this from a company that was recently fined the largest ever amount by the North Carolina Department of Insurance because it couldn't pay its claims or even specify who was

So how much is enough? How many hundreds of millions of dollars – taken directly from businesses and consumers like you to pay doctors and health systems like Mission for your care - will BCBSNC use to maintain market dominance, intimidate healthcare providers and disparage Mission? Mission won't join BCBSNC in its advertising war gutter because it is unethical; we use the

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money we receive to care for you.

Everyone in western North Carolina – not just BCBSNC's customers - needs Mission and BCB-SNC to work together. Mission needs your support to ask BCB-SNC to break its nonsensical vow of silence, focus on the people of western North Carolina and talk to Mission about a contract. As long as the issue remains BCBSNC's profit, control and power, we all lose; but if we focus on improving health and managing costs effectively together, we all win.

We can only hope BCBSNC's board - and its new CEO who begins October 1 – know how much really is enough.



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...MEADOWS continued from page 1



Johnny Mira-Knippel, President of TekTone gave Congressman Mark Meadows a tour of the company's newly renovated 72,262 square foot facility.

along with Macon County Manager Derek Roland and Commissioners Ronnie Beale and Gary Shields met with Johnny Mira-Knippel, President of TekTone, to tour the company's new facility. TekTone® Sound & Signal Mfg, Inc. has spent the year expanding operations in the Macon County Industrial Park with the purchase of the vacant 72,262 square foot former SKF facility. The company was given a county economic development grant for the renovations that were matched with the promise of creating an additional 35 workers over the next five years, and investing \$3.2 million.

Founded in 1973, TekTone Sound &

Signal Mfg., Inc. opened its manufacturing facility in Franklin in 1989. TekTone designs and manufactures wired and wireless nurse call, apartment entry, area of rescue assistance, alert integration and resident wandering systems. TekTone healthcare communications systems are found in hospitals, retirement communities, skilled nursing, and assisted/independent living facilities around the globe.

Congressman Meadows and other lawmakers returned to Washington on Tuesday after a five-week summer recess. The 12-day-session will likely be jam packed with important legislative decisions. The country

•See MEADOWS page 19



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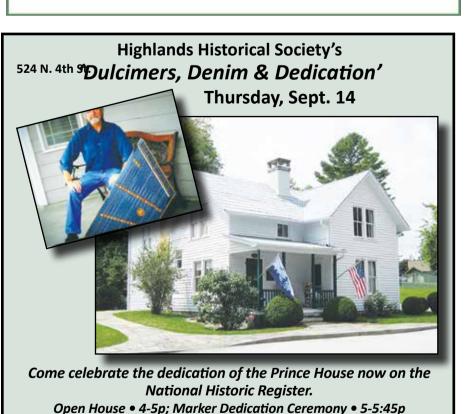
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• H-C Hospital News •

Our dialogue has started

By Jacki Medland President H-C Hospital

littingly, I spoke about my first 100 days as President and CNO of Highlands-Cashiers Hospital in my first column last month. Now that we've hosted two Town Hall meetings - one on the hospital campus and one at the Cashiers Community Center, I'm pleased to say that our real dialogue has truly begun. First allow me to thank our invested community, hospital and foundation board members who were present at those sessions; the combined attendance at both July meetings exceeded 60 community members. It was obvious that our guests put thought into their comments and questions, and I appreciate how respectfully opinions were shared. Our candid conversation covered important ground.

I have a clear idea of how the community feels about the care, services and programs in Highlands- Cashiers. Concerns ranged from the simple and easy-to-fix, like repairing the uneven entryway floor at our Physicians' Clinic, to complex issues like specialty care coverage (ensuring community access to specialists through a variety of means, including telemedicine and satellite clinics), provider stability (retaining clinicians), plans for new technology investments, the average numbers of patients our physicians see daily (~ 20 per day), the search for effective care coordination when patients cross state lines, and how we might gain insight into patient needs by examining population data about year-round versus seasonal residents. This feedback has already allowed me to act; in fact I've already signed the purchase order to fix our entryway.

I'd be remiss if I didn't address another urgent issue raised in both meetings:

the Mission Health- BCBSNC contract dispute. We share your concerns. Though none of us knows how this will end, our goal is to negotiate in good-faith with Blue Cross and obtain a contract with them. That's been hard, because BCB-SNC has literally refused to even speak with us about a new contract. We don't want our patients to experience care disruptions, and I urge readers to make your voices heard by Blue Cross, because you, as health care consumers, are the most important stakeholders. To learn more about ways you can advocate for healthcare in our region, go to http://www.standwithmission.org/, which addresses the most frequently asked questions about this critical issue.

Moving forward, I will use the various concerns raised in our initial Town Halls to steer my column's focus throughout the remainder of the year, including information about the health care industry, emerging trends in healthcare, and the evolution of Highlands-Cashiers Hospital as a vital member of Mission Health. I will write about Critical Access Hospitals next month: what features define them, the challenges they face, Highlands-Cashiers Hospital's role in the regional Critical Access Hospital landscape, and what this means for patients.

We shape healthcare most effectively if we're all at the table with our sleeves rolled up and ready to share and work together. I look forward to more positive exchanges like these interactive forums.

Continued dialogue will ensure that HCH serves this community in the best ways possible.



• HIGHLANDS SCHOOL SPORTS •

with Kedra McCall

The week in review

ighlands school sports are fully underway. High school teams have been playing for several weeks now and middle school began last week. Each now has one game under their belts.

Middle school soccer began its season with a tie to Summit Charter school on Wednesday, Aug. 30. Middle school volleyball came out with a win, in two sets, over Rabun Gap on Thursday Aug. 31.

JV's volleyball season is now at 1-6. It has one win over Rabun County and losses to Andrews, Rosman, Murphy, Robinsville, and Franklin.

Varsity volleyball is at a 3-6 record. It has beaten Andrews, Rosman, and Rabun

County. It has also lost to Andrews, Murphy, Robbinsville, Franklin, Rabun County, and Tallulah Falls.

High school boys soccer has a 1-3-1 record at this point in the season. The team beat Madison County and tied with Tallulah Falls. It has been beaten by Franklin



and Smoky Mountain.

As each team is getting into its groove this season there have been some ups and downs. With conference games beginning this week for high school we hope to see everyone settle in.

High school volleyball will play its first conference game tonight, Thursday, Sept. 7 in Hiwassee Dam. The next home game will be on Saturday, Sept. 9 starting at 2 pm against Cherokee.

High school soccer's next home game will be tomorrow, Friday, Sept. 8 at 6 pm against East Henderson.

Middle school soccer's next home game will be tonight, Thursday, Sept.7 at 4:30 pm

against Cherokee.

Middle school volleyball will play its next home game, Monday Sept. 11 at 4 pm against Nantahala.

Come out and support your Highlanders!





Above, Griffin Green #15 jumping over the rest for a corner kick vs. Summit.

Left: Brooke Rehmeier #8 jumping for a block against Andrews.



SAVOR SEPTEMBER!

Dead As a Dodo

Friday, Sept., 8 Time: 9:45-11:15 Presenter: Olya Milenkaya

EAT, DRINK AND BE MERRY!

 All Time Favorites of...on the Verandah

Wednesday, Sept. 20 Time: 12:00-2:00

Cost \$50/\$60

Presenter: Chef Andrew Fiael

 Brewing and Brewery Tour in Beer City, USA-Asheville, NC

Saturday, Sept. 23 Time: 9:00-late afternoon Cost \$125/\$140 (Includes tour and lunch at Sierra Nevada)

 Tasting the Difference Between Old World and New World Wine

Thursday, Sept., 28 Time: 3:30-5:30 Presenters: Davis and Tina Picklesimer Location: Highlands Wine Shoppe Cost \$45/\$55

 Annual Meeting and Membership Party! Please RSVP

Celebrate a great year with us on the Porch of the Peggy Crosby Center Hors d'oeuvres, wine and beverages will be served.

Monday, Sept. 18 Time: 5:00-7:00

Center for Life Enrichment



www.clehighlands.com 828-526-8811 clehighlands@yahoo.com

THE
CURIOUS MIND
KNOWS NO
BOUNDS

• Highlands Area Events •

Ongoing

- Movies at the Highlands Playhouse: Summer Movies: Sun.,, 5:30 and 8p; Mon.,, 2, 5, 8p, Tues., 2, 5, 8p.
- Highlands Hurricanes Swim Team is open to all levels of swimmers ages 6-18.
 Contact Coach Steve Hott at 828-421-2121.
- The Nature Center will be open Tuesday-Saturdays from 10am-5pm and from 12pm-5pm on Sundays. The Nature Center is closed on Mondays.
- The Glenville Area Historical Society Museum is open every Thursday, Friday and Saturday 11 AM to 3 PM until October 14. The Museum that traces the history of Glenville from it's founding to present day

though wall displays and items of historical value, is located at 4735 Highway 107 in Glenville. For information call 828 743-1658, email historicalsocietyglenville area or go to www.glenvillecommunity.com

First Mondays

• Shortoff Baptist Church non-denominational Men's Meeting at 7 pm

Mondays

•At the Rec Park, High Cardio Zumba Fitness with Certified Instructor Tiffany Austin at 5:25 p.m.

Mon. & Thurs.

• The Joy Program at HUMC from 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors

are welcome. For more info, call Tricia Smith at 828-338-8167.

Mon., Wed., Fri.

- Heart Healthy Exercise Class Monday, Wednesday and Friday 8:30-9:30am. Contact Janet Avery at 828-200-7508 for more information.
 - · Aerobics with Tina Rogers 8-9a.

Mon.-Fri.

- Lap Swim Monday-Friday 7am-10am 6 lanes and Monday —Thursday 5pm-6pm 1 or 2 lanes. Sharing pool with Water Aerobics @ 5:15.
- Water Aerobics Monday-Friday 10:15am-11:15am and Monday-Thursday 5:15pm-6pm (sharing pool with lap swimmers) and Saturday mornings from 11:15-noon.

Tuesdays

- FREE Community Table Dinner at the Community Bldg, at 6p.
- The Humanist Discussion Group meets every Tuesday morning from 10:30-11:30a in the Meeting Room in the back of Hudson Library.

First Tuesdays

• The monthly family support group for those with family members, friends, or loved ones living with the challenge of mental illness meets at 7 p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. For info call 369-7385.

2nd and 4th Tuesdays

• OccupyWNC meets at the 7PM in the Sneak E. Squirrel Community Room (1314 Main St., Sylva. Visit www.occupywnc.org or call 828.331.1524

Third Tuesday

•The Macon County Poultry Club meets at the NC Cooperative extension office located at 193 Thomas Heights Rd.,Franklin on the third Tuesday of each month at 7pm. Meetings are open to the public. Call 828-369-3916.

Tuesday and Thursdays

- Zumba with Connie at the Rec Park 8:15 a.m. \$5.
- Pickle ball from 11:30a to 1p in the gym at the Rec Park.
- Exercise Class with Tina Rogers are held Tuesday and Thursday at 5:15p.m.

1st Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-3031 for titles.

3rd Wednesdays

• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

Wednesday-Saturday

 The Highlands Historic Village is open June-October. It's free. Visit the Highlands Historical Museum, the Prince Houe, Bug Hill Cottage, Furman Vinson's Boat, The Old Jail

that commemorates Highlands' past. **Thursdays**

• Storytime with Miss Deanna at Hudson Library 10:40 am. Open to the public.

while taking a break in the peaceful setting

- Weight Watchers support group meets every Thursday at 5 pm at Christ Church of the Valley. Call Lisa 828-506-3555
- Indivisible Highlands, a non-partisan activist group meets weekly at the Hudson Library at 5p. For more information call 770-823-0601
- NAMI Support Group for individuals dealing with mental illness and the family members of individuals dealing with these challenges from 7 8:15 pm. at First United Methodist Church Out Reach Center on West Main Street beside Bryant's Funnel Home. Call Donita for more info (828) 526-9510.

2nd Thursdays

 Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

3rd Thursdays

 Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

Thurs., & Sat.

• Zumba with Mary K. Barbour at the Rec Park from 11a to noon. For more information, call 828.342.2498.

Fridays

• Live music in Town Square from 6-8

Fridays & Saturdays

• Art's at the Lodge. Live Music 4-8 p.m.. Cocktails in Art's or on the lawn at the Lodge. On Spring Street.

Saturdays

- * Farmers Marketplace in K-H Founders Park from 8a-12:30p.
- At The Bascom, Pottery Sale in the barn from 10a to 5p.
- Scrabble at Hudson Library from I-4 p.m. Bring board if possible. All are welcome. 727-871-8298.
- The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.

Thur., Sept. 7

 Advanced Photoediting for iOS, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com

Fri., Sept. 8

 Dead as a Dodo, 2:00-4:00, Cost \$25/\$35 Presenter: Olya Milenkaya. To Register Call 526-8811 or www.clehighlands.com

Mon., Sept. 11



set to take place at the Highlands Playhouse on Mon., Sept. 11. The bi-annual All Male Beauty Pageant is back and the stage will be graced by 10-12 of Highlands most well-known men competing in evening gown, talent and lingerie. This event is the main fundraiser of the mission that provides health care to the community, a prison ministry, evangelical projects and runs a foster home for street and abandoned boys.

The boys have been cared for since 2003 and two are now in college. This is the main

The boys have been cared for since 2003 and two are now in college. This is the main difference between our foster home and the orphanages in Bolivia, in which the children, by law, must be discharged from their facilities by the age of 18. At that age, many of the children have not finished their 6 years of high school and usually find themselves back out on the street or working in low paying jobs without a future. Three of the boys have spent a year in the United States adding to their education and becoming fluent in English and giving them a competitive edge in future employment.

The exterior of The Mama Joanna House, a facility for volunteer groups that come frequently to Bolivia, has been completed and now the interior needs to be completed so the building will be ready for occupation next year. The Pageant will raise funds for this important structure that is on the four-acre grounds of the foster home. The young men in the home will be responsible for maintenance of the grounds and the interior of the building, thus gaining responsibility in their lives. The older boys will



be responsible for the financial aspects of the home with help from the administrative staff of the mission in Montero, Bolivia and therefore, getting experience in running a business. The income derived from the rents will support the home in many years to come. Already three groups have asked to use the facility and it is not yet completed.

Tickets to the Pageant can be obtained by sending a check to Highlands Bolivian Mission, 209 Hospital Drive, Suite 203, Highlands NC 28741, or by calling 200-0902 and reserving your tickets. The price is a donation of \$100 for each ticket and the donation is tax deductible as you will receive nothing of value for your donation. The mission is a tax free 501 C3 corporation. Tickets will also be available at the door if there are seats available. A free wine bar will begin at 7pm at the Playhouse sponsored by Bryson's Food Store.

• HIGHLANDS AREA EVENTS

• The Highlands Bolivian Mission fundraising event: The All Male Beauty Pageant at the Highlands Playhouse at 8pm. Tickets are \$100 and the donation is fully tax deductible. Call 200-0902 to reserve tickets.

Tue., Sept. 12

• SIRI, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com

Thur., Sept. 14

- Apple iWorks: Office Suite for iPad, iPhone and Mac Products, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith.To Register Call 526-8811 or www.clehighlands.
- Highlands Historical Society Patron Party is Thursday from 6 to 8:30 pm at the Highlands Historic Village Complex. For additional info, check the website www.highlandshistory.com or call 828.787.1050.

Fri., Sept. 15

• The Language of Art, 2-4p. Cost \$25/\$35 Presenter: Erin Rodman Jones. To Register Call 526-8811 or www.clehighlands.com

Sat., Sept. 16

- Sausage Academy, 10a-1p Cost \$45/\$55 Instructor: Warren Dawkins. To Register Call 526-8811 or www.clehighlands.com
- At PAC, free Paul Taylor Master Class, 10 a.m. AND performanace at 8 p.m. To register for free class or for performance tickets call 828.526.9047.

Tue., Sept. 19

• IPAD PRO, 10:30-3:30 Cost \$75/\$85 Instructor: Nigel Sixsmith. To Register Call 526-8811 or www.clehighlands.com

Wed., Sept. 20

• All Time Favorites of...on the Verandah, 12:00-2:00 Cost \$50/\$60 Instructor/ Chef: Andrew Figel. To Register Call 526-8811 or www.clehighlands.com

Sat., Sept. 23

- Brewing and Brewery Tour in Beer City, USA, 9a-late afternoon. Cost \$125/\$140. To Register Call 526-8811 or www.clehighlands.com
- At the Nature Center, GO: Get Outside!All Ages 11:30 am 4:30 pm Free. Come out to Highlands Biological Station to kick off Take a Child Outside Week. The Nature Center will be open and offering nature-based activities and programs throughout the day. This is the perfect opportunity to get the whole family out and exploring in the wild! For info, call 526-2221

Tue., Sept. 26

- The Art and Craft Debate, 2-4p Cost \$25/\$35 Presenter: Anna Fariello. To Register Call 526-8811 or www.clehighlands.com
- Village Nature Series: Save Water,
 Drink Beer Tales of a Satulah Mountain
 Brewer with Dale Heinlen, Satulah Mountain
 Brewer. Co-hosted by Highlands-Cashiers
 Land Trust and The Village Green. 5:30 PM,
 rain or shine. Wed., Sept. 27
 - Paoletti's Restaurant will once again

host the charity dining event "Peaceful Journey" in support of Hospice House Foundation of WNC (HHFWNC). Dining patrons will indulge in a decadent 4-course menu and wine pairing specially selected for the evening. The evening will be accompanied by a silent auction of fabulous items, including assortments of distinguished wines. 6:30pm Cocktails - 7:30pm Dinner. \$300/person. (\$125 is tax deductible) Call Phyllis Racine for reservations and information - 828-524-8261.

Thur., Sept. 28

 Tasting the Difference Between Old World and New World Wine, 3:30-5:30p Cost \$45/\$55 Presenters: Davis and Tina Picklesimer. To Register Call 526-8811 or www.clehighlands.com

Sat., Sept. 30

• "Satulahbration 2017" The Highlands-

Cashiers Land Trust second annual event to celebrate its first and one of its most visited properties, Satulah Preserve. Visit www.hicashlt.org for details.

Sun., October I

• At the Nature Center, Highlands on the I/2 Shell -- 4:30pm 'til dark. Cost: \$75 members, \$100 non-members. Feast on oysters, shrimp and jambalaya while enjoying live music to benefit the Highlands Biological Foundation. Thanks to the generosity of members and community residents, admission to the Nature Center and Botanical Garden are free. Knowing that your support directly contributes to conservation efforts in the southern Appalachian Mountains, you'll find that oysters and jambalaya have never tasted – and jazz never sounded - so good. For info, call (828) 526-2221.

Paul Taylor's Master Class and Performance is Sept. 16 at PAC



Master Class, Highlands PAC, March 2016.

The Highlands Performing Arts Center will present Taylor 2 on Saturday, September 16 at 8pm. Taylor 2 is part of Paul Taylor's American Modern Dance from NYC.

Paul Taylor, one of the most accomplished artists this nation has ever produced, continues to shape America's indigenous art of modern dance as he has since becoming a professional dancer and pioneering choreographer in 1954. Having performed with Martha Graham's company for several years, Mr. Taylor uniquely bridges the legendary founders of modern dance – Isadora Duncan, Ruth St. Denis, Ted Shawn, Doris Humphrey and Ms. Graham – and the dance makers of the 21st Century. Through his new initiative at Lincoln Center – Paul Taylor's American

Modern Dance – he is presenting great modern works of the past and outstanding works by today's leading choreographers alongside his own vast and growing repertoire. And he is commissioning the next generation of dance makers to work with his renowned Company, thereby helping to ensure the future of the art form.

In addition Ruthie Aldrien, Taylor 2 Dance Master, will contact a Master Class for all area high school and older dance students on Saturday morning, September 16 at 10am. All students should come early dressed and prepared to dance. To register please call: 828.526.9047. There is no charge for this unique opportunity.

Tickets are available online: highland-spac.org or by calling: 828.526.9047.

What's the Key to Understanding Art? Figure it out at CLE!

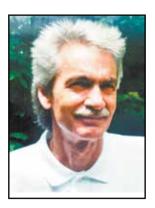
Need a little help in appreciating art? Art is a great status symbol in modern society and because of that can be quite intimidating to the casual viewer, but the more you know the better the experience will become. Fortunately, Director of the Bob Jones University Museum and Gallery, Erin Rodman Jones, will be at the Center for Life Enrichment, Friday, September 15 from 2-4p to take the mystery out of understanding art in the class "The Language of Art: Learning How to Read a Painting." It is true that some people devote their entire lives to studying the minutest details of an artist's work, but there's no need to become an expert to have a meaningful relationship with art. All it takes is a moderate attention to detail, a little bit of patience, and a willingness to reflect on your own feelings.

Referencing the visual library of the European Master painting collection at the Museum and Gallery at Bob Jones University you'll discover clues to "reading" art by learning the vocabulary, colloquialisms and techniques for visual storytelling – a foundational help for visiting any gallery or museum. By taking a closer look, art simply becomes a window into the past (or mirror to the present) revealing that there is truly "nothing new under the sun."

Presenter Erin Rodman Jones oversees one of America's finest collections of European Old Master paintings from the 14th through the 19th centuries. Erin received her Master of Arts in Dramatic Production from Bob Jones University. She has lectured widely before business, academic, civic and student audiences, both in the U.S. and abroad and is sure to delight you with her knowledge and give you a better understanding of how to interpret art.

To register for this class please call 526-8811 or visit www.clehiglands.com. Cost is \$25 for members/\$35 for non members and students attend FREE.

SPIRITUALLY SPEAKING.



Be done with 'self' to be born again

Pastor Dan Robinson **Highlands Central Baptist Church**

t is quite probably the greatest misunderstanding of the Christian life. Namely:Jesus doesn't save someone Lin order to help them live their lives. He is not an additive or supplement. He is not a spiritual vitamin or steroid.

The Christian is one who has died. This is the truth of Romans six. In that passage we find that the old man has indeed died. He has been crucified with Christ and therefore no longer lives. Rather it is now Christ who lives in him.

In our consumer culture this truth is almost unbelievable.

The only life the Christian can rightfully claim is His life. Jesus Christ saves someone not by giving them a product called salvation but by giving them a person called Jesus! He saves us in order to give us His very life. This is Paul's point in saying: "It is no longer I who live but Christ!"

This truth accounts for and gives insight into every dynamic facet, heartache and perplexity in the Christian life. All of these things in the Christian's life are intentional. From heaven's perspective they have a purpose. That purpose is the opportunity for the demonstration of and for His perfect and sufficient adequacy in all things.

The Christian is not expected to rely upon their resources, connections or shrewdness. None of these things can rise to the level necessary to deal with all the vicissitudes of life. Rather, they fall and fail miserably. But not so with His life.

Since all situations and circumstances are under His Sovereignty anyway, they can pose no threat or challenge to His life. It is therefore His way to deliberately (and seemingly sometimes indifferently) expose His child to all sorts of extremities and calamities (remember Job).

He wants us to see time and again His perfect ability in these pressures.

Some Christians never see this.

They fight on in their best flesh power. They are the "can-do" people. Sadly, that's all that's ever seen. Only what they can do.

This transition-cross-over from my very best power to Him only is a deliberate decision.

While many Christians understand (to some degree) what it means to be done with sin, very few understand what it means to be done with self. This is as much a faith decision as anything else in the Christian life. Faith is a agreeing with what the Bible says about the Christian. It is by faith that I appropriate what is already mine in Christ Jesus. This means that I appropriate my co-death, burial and resurrection with Jesus Christ. This additionally means that

• See SPIRITUALLY page 22

BLUEVALLEY BAPTIST CHURCH

Proverbs 3:5

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School: 10 a.m., Worship: 11

Sunday night services every 2nd & 4th Sunday at 7 Wednesdays: Mid-week prayer meeting: 7 p.m.

BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor Sundays: School: 10 a.m.: Worship: 11

CHAPEL OF SKY VALLEY

Sky Valley, GA • 706-746-2999

Sundays: 10 a.m.: Worship

Holy Communion 1st & 3rd Sundays

CHRIST ANGLICAN CHURCH

Rector: lim Murphy, 252-671-4011 464 US Hwy 64 east, Cashiers

Sun. 8:30a 1928 Prayer Book Service (no music): 9:30a Sunday School: 10:30a Worship Service

Mon. 6p Bible Study & Supper at homes

CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Steve Kerhoulas • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching. Tues, Guys study 8am, Gals 10am.

CHRISTIAN SCIENCE CHURCH

283 Spring Street

Sunday Service: II a.m.

Testimony Meeting: 5 p.m. on the 3rd Wed.

CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 1 Ia.m.

1st & 3rd Sunday night Service: 7.p.m.

Wednesdays -Supper at 6 p.m.

COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC

Senior Pastor Gary Hewins

Sun.: 9:30am: Sunday School

10:30am: Middle & High School: 10:45am: Child. Program. 10: 45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC U.

EPISCOPAL CHURCH OF THE INCARNATION

The Rev. Dr. Maurice L. Goldsmith • 526-2968

Sundays: Education and choir rehearsal, 9 am,

Holy Eucharist Rite II, (sanctuary), 10:30, nursery available

Mondays: Centering Prayer at 3 pm in the library

Thursdays: Holy Eucharist Rite II.

FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands NC 28741

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm; Ch. 5p

FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Worship: 11 a.m.: School: 9:30

Mondays: 8 a.m.: Men's Prayer Group & Breakfast

Wednesdays: Choir:5:30p

GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd)

Sunday School: 10 am, Worship Service: 11 am

GRACE COMMUNITY CHURCH OF CASHIERS

Non-Denominational-Contemporary Worship

242 Hwy 107N, 1/4 miles from Crossroads in Cashiers

www.gracecashiers.com • Pastor Steve Doerter: 743-9814 Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, Nc • 743-2729 • Pastor Nathan Johnson Sunday: School 9:45a, Worship IIa & 7p, Bible Study 6p Wed. Kidsquest 6p.: Worship 7p.

HIGHLANDS ASSEMBLY OF GOD

John 3:16

Randy Reed, Pastor828-421-9172 • 165 S. Sixth Street Sundays: Worship: 11

HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center) Sun.: Morning Worship 10:45 a., Evening Worship, 6:30 p.

Wednesday: Prayer Service, 6:30 p. HIGHLANDS UNITED METHODIST CHURCH

Pastor Randy Lucas 526-3376

Sun: School 9:45a.: Worship 9:09.10:50.: Youth 5:30 p.

Wed: Supper: 5:15: youth, & adults activities: 6: Handbell rehearsal, 6:15; Choir Rehearsal 7. (nursery provided); 7pm Intercessory Prayer Ministry

HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741

LutheranChurchoftheHolyFamily.yolasite.com

Sun: School and Adult discussion group 9:30 a.m.;

Worship/Communion: 10:30

HEALING SERVICE on the 5th Sunday of the month.

MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah Pastor Zane Talley

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.:7 p.m.

MOUNTAIN SYNAGOĞUÈ

at St. Cyprian's Episcopal Church, Franklin • 828-524-9463

MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church,

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m. **OUR LADY OF THE MOUNTAINS**

CATHOLIC CHURCH

Parish office (Father Francis): 526-2418

Mass: Sun: II a.m.: Sat. at 4p

SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby

Sundays: School -10 a.m.: Worship -11 a.m. & 7

Wednesdays: Prayer Mtg.:7 p.m.

SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212 Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11 a.m.

Wednesdays: Prayer & Bible Study:6 p.m.

THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359 • Rev. Rob Wood June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a

Nursery available for Rite II services

Sept 6-Oct 25-Informal Evening Eucharist-5:30 p.m. Thursday: Noon Healing Service with Eucharist.

LITTLE CHURCH IN THE WILDWOOD

Memorial Day weekend through Labor Day Horse Cove - Kay Ward 828-506-8148

Old-Fashion hymn-sing Sunday 7-8p.

UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive, Franklin • uufranklin.org Sunday Worship - 11 a.m.

WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am, Worship Service: 11 am

BREAKFAST • LUNCH • DINNER • GRILL WOOD • FIRE PIZZA COFFEE • BAKERY • ESPRESSO • WINE • CRAFT BEER BUTCHER • ARTISAN CHEESE • OIL AND VINEGAR



MOUNTAIN FRESH GROCERY



COOKING FOR HIGHLANDS

BREAKFAST

Full breakfast made to order every morning until 11:00 am
Cage-free eggs, waffles, french toast, sausage, ham, homemade biscuits, muffins, croissants. Espresso bar and coffee roasted in-house.

LUNCH & DINNER

Grill
Every day from 11:00am - close
Fresh angus burgers, fresh
Natural chicken breasts, fish or chicken
tenders, cooked to order, hand-cut fries,
salads, homemade soups, daily specials.
See our website for more info.

Pizza
Every day from 11:00am - close
Authentic Neapolitan and NY deck
oven pizzas, Stromboli and Hoagies.
All made from scratch.

Soup & Salad Bar Mon-Sat 11:00am – close Fresh salads, homemade dressings, soups, chili and more. \$9.99 each (dine in) or \$9.99 a pound (to go)

STARTING SEPT 11TH Weekday Lunch Special Monday through Friday 11am to 2pm \$9.99 each (dine in) or \$9.99 a pound (to go)

Monday: Asian dishes such as egg rolls, lo mein, stir fries and wonton soup

Tuesday & Thursday: Fresh baked pizza and pasta bar

Wednesday: Mexican/Latin bar: fajitas, cilantro-lime shrimp, guacamole and rotating specials

Friday: Southern Classic Meat and Three: country fried steak, mashed potatoes, skillet corn, banana pudding – and always a fish selection

SUNDAY SOUTHERN BRUNCH BAR

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Or... 24 buffalo wings or 2 lbs chicken tenders and hand cut fries. \$21.95 serves four.

Tuesday: Made in-house Italian sausage

lasagna and a large house salad. \$21.95 serves four Wednesday: Chicken or steak pot pie and a large salad. \$21.95 serves four

Thursday: Roasted meatloaf with mashed potatoes, gravy and a large salad. \$21.95 serves four

Friday: Wild caught fried shrimp, baked potatoes, hush puppies & coleslaw. \$24.95 serves four

Saturday: In-house smoked bbq, coleslaw, apple and bacon-baked beans, and yeast rolls. \$21.95 serves 4

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Getting Ready for that Big Move? How Do You Track and Organize Your Belongings?

K, vou've found the perfect home or the right buyer. Now you must organize for the move. As with everything else, there's an app for that!

Below is a list of some of the current apps to help you with your move or to organize in general. You can download all on your iPhone and most on your Android mobile phone. These applications would, in fact, be useful for everyone so that you have an inventory of your belongings should you have an insurance claim. Also,

if vou're in that early stage of home selling import feature alone makes and are trying to decide which items to take and which to convey with the home, an app could expedite that process.

Sortly - This app comes in both a limited free version and a premium version for \$4.99. The free version allows input of up to 100 items with custom tags, serial numbers, purchase dates, warranty dates, value and price, notes, and more. The premium version allows for an unlimited number of items as well as the ability to import the list (the

the \$4.99 price tag seem a deal). Sortly has been featured in Forbes, New York Post and Inc. Magazines.

Encircle - This is a web and mobile documentation tool that allows users to add photos or videos of rooms, property and individual items as well as notes and details. PDF and Excel reports can be easily created. Information is automatically synchronized across smartphone, tablet or web devices. It's free and seems to be quite easy to use. This app can also be used for business inventory.

Google Keep - This is another free program that is available for web, iPhone and Android. It is a multi use app. When using for home inventory purposes, you can easily list belongings and upload images of items and receipts. These items are also searchable for easy access. This app is also used to create shopping lists, to-do lists and to take notes and set reminders.

Microsoft OneNote - This app also allows users to create notes with images and videos. It should be very intuite for users of



Wanda Klodosky Landmark Realty BIC 828-526-9520 Mobile

Microsoft Office products. This app is also free for web, iPhone and Android.

All of the above software tend to be multi-functional for both moving and organizing your belongings (and your life in some instances). Two apps that are specifically targeted for moving are Move Advisor and My Move. Both of these apps are free for both iPhone and Android and contain inventory control. but then take the moving process through time tables and even help connect the

user with local moving companies.

While moving, preparing for putting your home on the market or simply organizing your belongings is never easy, it's comforting to know that technology has stepped in to lend a helping hand!

 Wanda Klodosky is the Broker in Charge of Landmark Realty Group's Highlands office. Landmark also has offices in Cashiers and Burlingame providing the Highlands Cashiers Plateau with professional and friendly service. Visit their website at www. Landmarkrg.com

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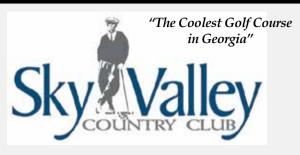
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Luxury mountain spec home. Superb finishes and design throughout this 3bd/3.5 ba home in Riverwalk. Gourmet kitchen and main level master is second to none. \$950.000 MIS #82612



Meticulously maintained home with tremendous mountain views! 3.46 acres for plenty of privacy. Kitchen features granite counter tops, new appliances, cabinets and flooring \$ 490,000 MLS #86766



Create lasting family memories at this 4bd/4ba Trillium Links & Lake Club home. Breathtaking year round lake & mountain views from over 1,200 sq ft of outdoor living spaces. Great rental opportunity with seperate entrance to lower level with 2bd/2ba & 2nd kitchen. \$895,000 MLS #85779



2bd/2ba Highlands Falls CC condo. Vaulted ceilings and stone fireplace and open kitchen. Master suite with deck access. \$249,000 MLS #86143



Newly renovated 3bd/3ba home, Granite breakfast bar and stainless steel appliances. On more than an acre with long range mountain views. \$280,000 MLS #85787

LOT LISTING

The Park in Cedar Hill is a beautiful 3.21 acre estate lot featuring views of Laurel Knob from the building site, fantastic park like setting w/ great flat areas and multiple spring fed streams. \$174,000 MLS #86703



This timeless home is on the National Registry of Historical Places. Enjoy the 3+ acres of lush native plantings combined with colorful annuals and perennials in several gardens. 5bd/3ba w/ sleeping porch. \$995,000 MLS #82122



One story Cullasaja Club home on level wooded lot. Oversized screen porch and adjoining open deck are perfect for gatherings. 2 master suites and 2 guest rooms, 2 car garage with golf storage. \$789,000 MLS #86218



Beautiful log cabin located between Highlands and Franklin. This meticulously kept 2bd/2ba would make a great vacation or rental property. \$347,000 MLS #85731



Old Highlands feel in this 3bd/3.5ba home. Comes with attached 800 sq ft of retail/office space plus 1bd apartment over 2 car garage. Zones B-4. \$647.000 MLS #86107

LOT LISTING

True walk-to-town lot, only 3 blocks over from main street. Gentle terrain with building site and all town utilities. \$125,000 MLS #84967



Wonderful home in prestigious Wildcat Cliffs CC. Just a two minute golf cart ride to the club house. Fantastic views from the back porch of Whiteside Mountain and Cullasaja Clubs golf course. \$350,000 MLS #82872



Cullasaja Club with fairway, mountain and lake views from this 5bd/4ba/2hb home. Offers sunroom, home office plus an upper level loft with 2nd office/hobby area and sweet kid's room. Lower level family room, wine room and billiards room. \$1,290,000 MLS #83731



Private location and mountain view in prestigious Cullasaja Club. 4br/4.5ba Lupoli built home is decked out in beautiful stone and high quality finishes. Spacious screened porch with a second fireplace and a lavish master suite. \$1.595,000 MLS #85666



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The Strange Case of the Incredible Shrinking Town

By Bud Katz Highlands Writers Group

I recently found myself adrift in the kind of puzzlement that comes from having a particular truth in which I have placed my complete confidence called into question. This moment of

Jody Lovell's "Investing" column in the Highlands Newspaper's August 31st edition. Let me assure all who enjoyed Ms. Lovell's well-chosen and thoughtfully expressed words, my personal nothing to do with the sentiments she so perfectly articulated. No. HER words were on the money, the title of the column.

I always read the "Investing" column in the Highlands Newspaper. But until the 8/31st

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titled, "Investing at 4 118 Feet." 4. 1 1 EIGHT!! On 8/31, according to this typically unimpeachable source. Highlands plummeted in altitude to 4.117 feet. As previously questioned, what the heck?

When, pray tell, did Highlands lose twelve

confusion occurred while I read inches of altitude? Did I miss the announcement? Was it the massive influx of sun/moon peepers who collected on our precious plateau on or around 8/21? Did those so and so's inadvertently (or, perhaps, advertently) tamp our fair town down 'What The Heck' moment had a foot? Did super-drencher Harvey soak us down by 0.00024284%? Come on, people, what happened to our foot? Will Bear Mountain so to speak. My problem was with Outfitters and Highland Hiker now be forced to somehow magically edit ALL those t-shirts proclaiming 4,118'? Will that new Chamber of Commerce magazine, 4,118', change edition it was always, ALWAYS its name? What about all the signage in which the town fathers and mothers invested precious tax revenues? The mind boggles. The horror ... the horror!

Now, in all honesty and in the spirit of transparency so important when one's words find purchase in the 'REAL news media' these days I must confess, almost 11 years ago when I first looked at the home in which my wife and I now reside, our Realton excitedly called me to her car and, proudly pointing to a display on her Lexus SUV dashboard. announced that if we signed on the many dotted lines we'd soon be the proud owners of a house firmly planted at 4,130'. Coming from a place where the altitude tends to top out at just a bit under 12' this was understandably a very big deal. Since that day, and with the emergence (invasion?) of so-called smart phones and apps, I've not been able to replicate that awesome combination of digits. Best I've done using my My Altitude app, (available everywhere fine apps are given away) while standing in my driveway so as to compare altitudes to altitudes, is 4,107'. Still pretty cool, but definitely not 4,130'. Close, but no cigar, if you get my drift.

So, what's the deal? Are we a town situated at 4,118' or just some place at 4,117'?

Please, PLEASE don't tell me this was a simple mistake in the production of the 8/31st Highlands Newspaper. Fans of 4.118' don't want to think our town's elevation status has been even slightly diminished as the result of anything as mundane as a simple keystroke error. Universally respected media outlets, like

Unlike invasive weight-loss surgery, the Highlands Newspaper (See? Newspaper is even part of **ZERONA** $^{\text{m}}$ is applied externally. its name.), DO NOT MAKE Don't get me wrong. I know Robert T. Buchanan, MD a thing or two about shrinkage. At Board Certified Plastic Surgeon one time in my over seven decades Call about our Special Promotion breathing air on Planet Earth I actually reached a personal best (828) 526-3783 altitude of 6"1". Not too shabby, right? These days I top out at 877-526-3784 Toll Free a bare hair over 6'. Sometimes. When I stand especially tall. So I 209 Hospital Dr • Suite 202 • Highlands, NC 28741 guess these things do happen, this www.PlasticSurgeryToday.com • See STRANGE page 19



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...MEADOWS continued from page 9



Congressman
Mark Meadows
and Macon County
Veterans Service
Coordinator Lee
Tabor who helped
award WWII veteran Herbert
Simmons with
medals he earned
while in the Army.

is looking at Washington for a decision on the debt ceiling, a repeal of the Affordable Care Act that continues to be thrown around, and tax reform that President Donald Trump continues to urge Congress to pass.

In addition to the usual business of Congress, Rep. Meadows and others will be faced with a decision on spending for Hurricane Harvey relief for Texas and Louisiana, all while monitoring Hurricane Irma, which is predicted to be the larg-

est hurricane in history and is headed for Florida.

Congressman Meadows, who chairs the House Freedom Caucus, the most conservative group in Congress, noted that the 12 legislative days in September will likely determine the fate of the Republican Party, ahead of the 2018 election. Meadows is calling on all members of congress to stop with the same rhetoric voters have heard time and time again, and rather pass legislation to enact change.

...STRANGE continued from page 18

altitudinal diminishment. But we should have been warned. We should have known this was coming.

Maybe I'm just late to the party. Am I? Did you all know Highlands had slipped below its previously well known and well-established altitude, and I just now managed to stumble across this info?

I implore our Mayor, our Highlands

Newspaper publisher/editor/intrepid reporter ... ANYONE. What happened? Are we 4,118' or 4,117'? This is no trivial matter, folks.

And more importantly, if the answer turns out to be the latter, please tell us, are we finally done shrinking?

Note: Yes, nothing more than a keystroke error which has been fixed.

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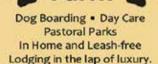
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Mutt Strutt at Highlands CC

On August 13, Highlands Country Club members and their dogs held a MUTT STRUTT, to benefit the Cashiers-Highlands Humane Society. All donations and entrance fees went to help the CHHS animals. Pictured are the winners which were selected in a blind draw, along with their owners and the masters of ceremonies. From the left: M.C. Slocum Howland, Kay Hodges with Lizzie, Jack Huckabee with Max. Liz Dalton with Buzzy (the Grand Chambion), MC John Rymer, Kathy Ward with Felix, and Rusty Stewart with Lady Di.



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...SPIRITUALLY continued from page 14

sin shall no longer have dominion over me nor the self through which it operates. This is the truth of Romans Six (as already mentioned).

We can conclude then by saying that: Some Christians are mostly carnal with a little bit of spirituality. Others are mostly spiritual with a little bit of carnality. EVERY CHRISTIAN however can be dead to sin and self and alive only to Jesus Christ. And furthermore alive to His perfect,majestic and royal life living in them!

For this Christian their testimony will unceasingly be "For me to live IS Christ!"



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