

# Highlands Newspaper

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Thursday, July 12, 2018

## Town looking to simplify SUP process

To both streamline the Special Use Permit process and to alleviate some of the Planning and Zoning boards involvement, Town Planner Andrew Bowen has initiated a Community Design

Standard Ordinance.

"In looking toward the future of development and redevelopment of properties on Highlands' Main Street and adjacent commercial corridors, the town has created

a list of architectural standards to bolster community aesthetics," says the guideline summary. "It is not the intent of these guidelines to set a formal architectural theme

• See SUP page 6

## Sheriff, EMS sacrifice to fund COLA for county

By Brittney Lofthouse

When County Manager Derek Roland first proposed his budget to commissioners, it came with a significant increase to insurance costs for county employees, and no Cost-of-living-adjustment (COLA).

The change left county employees with a little more than two weeks to brace for new insurance rates that would ultimately cost them anywhere between \$64 to \$205 more a month. The increase, which was fully implemented the first pay period in June, means insurance rates for county employees are now between \$216 and \$693 a month, depending on family size and plan.

Roland's budget marks the second consecutive year insurance rates have increased for county employees. Last year, however, the increase came with a two percent

• See SACRIFICE page 14



From left, Layla Babak and Briella McKim prepare for a dive.

— Photo by Brian O'Shea

## Highlands Hurricanes win big again!

By Coach Steve Hott

On Thursday, July 5 Jackson County Swim Team (JCST) and Cherokee County Swim Team (CCAC) came to Highlands to compete with the Highlands Hurricanes Swim Team (HHST). Final score: HHST 629.5; CCAC 301; JCST 224.5.

The Hurricanes were led by

Jr. Olympian Chase Kenter and Jr. Olympic Qualifier Masyn Smith. Both Kenter and Smith scored 31 points which is the maximum a swimmer can score in a Mountain Swim League (MSL) meet. Both won four individual events and teamed up on a relay with Jr. Olympians Conner Hughes and

• See HURRICANES page 12

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## A visitor comes 'a calling'



Bob Wolsey who lives on Cowee Ridge snapped this shot Saturday morning of an inquisitive bear on his deck.

## Thrasher's concur; skate park is awesome

By Brian O'Shea

With the opening of the new skate park at the Highlands Parks and Recreation Department in

May, town officials said the new facility is an asset that will benefit the community.

• See SKATE PARK page 8

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# • THE PLATEAU'S POSITION •

## • MAYOR ON DUTY •

### Highlands' hierarchy of human needs

As mayor I am always striving to connect information I have read to what is characteristic of our Highlands community. My observations and insights hopefully focus on a broader perspective. That is what I attempted as I revisited the work of the 20th Century psychologist, Abraham Maslow. He is famous for creating a model for a hierarchy of human needs.



Highlands Mayor  
Patrick Taylor

At the base of Maslow's diagram is the psychological needs for food, water, warmth and rest. The next tier is security and safety. I see these two tiers of basic needs relating directly to what we do in town government. Our task is to be responsive to citizens by operating a basic system that somewhat provides these needs. Our police, firemen, utility workers all contribute. Our taxpayers expect this to be our primary focus. I might add our private sector creates great hospitality places for our visitors to rest and recharge. The overall pace of life in Highlands affords these basic essentials for all.

The next two tiers on Maslow's ascending pyramid deals with psychological needs. These needs are not directly related to government functions, but well operated towns

can make supportive contributions. The first tier in this group is a sense of belongingness and love. As a community Highlands is committed to this notion of belonging. We want people, whether residents or visitors, to feel that they are welcomed and belong here. The town strives to create an aesthetic place where folks want to be, a community where intimate relationships with friends and family can flourish.

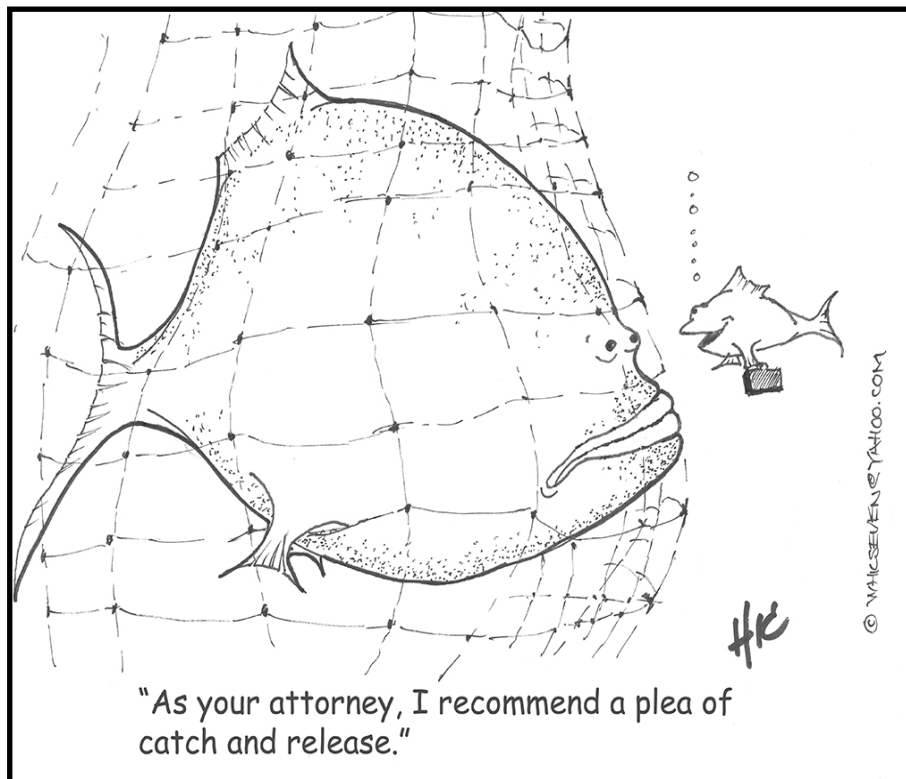
Above the sense of belongingness is the tier of esteem needs where one seeks a feeling of prestige and feeling of accomplishment. Highlands is also a place where individuals are proud to be residents. The many nonprofit organizations, volunteer activities, not to mention entrepreneurial endeavors, all create opportunities for individuals to attain a feeling of accomplishment and personal satisfaction. There are ample opportunities for individuals with initiative to succeed.

The top tier of Maslow's model is self-actualization. Again, town government is not responsible, nor can facilitate this self-actualization, but Highlands is a place where people can realize their full potential by engaging in the myriad of creative activities in the artistic, scientific, intellectual, spiritual and athletic realms. Highlands has always been an active community among both young and mature citizens. One need only visit our recreation department, or other nonprofit venues, to observe a mix of folks engaged in stimulating endeavors.

I may be creating an exaggeration in ap-

• See MAYOR page 17

## • HIC'S VIEW •



## • THANK YOU •

### ...from the Garland family

The family of Willard H. Garland would like to express our genuine appreciation and thanks to everyone for the flowers, prayers, inquiries and words of compassion shared with our family during his illness.

Our gratitude to the staff of Four Seasons Hospice for the at-home service provided during this time.

A special thank you to the Rev. Roy Lowe and Bryant Grant Funeral Home and Crematory, Franklin VFW Post #7339 and American Legion Post #108 for their participation in his funeral and interment.

## • WEATHER •

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	Friday 7/13		Saturday 7/14		Sunday 7/15	
	Daytime	Overnight	Daytime	Overnight	Daytime	Overnight
Temp	76 F	62 F	77 F	61 F	78 F	62 F
RealFeel	84 F	67 F	87 F	70 F	90 F	72 F
Winds	3 g 5	3 g 4	4 g 6	2 g 4	3 g 5	2 g 4
T-Storms	60%	60%	45%	24%	60%	60%
Rainfall	0.04	0	0.1	0	0.05	0.05
Snowfall	0	0	0	0	0	0

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## ... SUP continued from page 1

for the town; in contrast, the town encourages architectural creativity and eclecticism within commercial zoning districts."

For decades, the majority of the Planning Board's agendas have centered around the appearance and the legality of proposed changes to buildings or new construction.

With adoption of the "Design Standards" the Planning Board can focus on planning and not the enforcement of standards, said Bowen.

With the Design Standard Ordinance in hand, the Planning Director can issue Special Use Permits (SUP) as needed

if the project presented hits all the marks in the ordinance – including meeting the standards set forth in the town's Unified Development Ordinance – without involving the Planning or Zoning boards.

The ordinance, which was finalized at the June 26 Planning Board meeting, will be presented to the Town Board at its July meeting as the first step in adoption proceedings.

"Once adopted, the job of the Planning Board and even the Zoning Board will diminish greatly," said Bowen. "The Planning Board's job will now be to focus more on planning issues such as the Comprehensive Plan, which will keep the board busy for some time. As for the Zoning Board of Adjustment, it will indeed meet less frequently."

Special Use Permits are required for all "changes of use" on a parcel, changes to the exterior of existing uses, new construction and if a variance is requested.

Whereas changes to exteriors won't need to be heard by the Planning or Zoning boards anymore, changes of use and variance requests, which typically involve permission to extend into a front, back or side setback or extend a roofline, etc., will still be heard by the Zoning Board.

The reason is because a change of use and the granting of a variance could contradict standards set in the Unified Development Ordinance which is a quasi-judicial subject and the Zoning Board is the town's quasi-judicial board.

Subjects in the Design Standards Ordinance involve building orientation; scale and massing; façade design, materials and colors; roof design, materials and projections; exterior lighting; parking; vegetation; and storm water considerations.

There are numerous options in each of those categories and some involve criteria set forth in the UDO which is

• See SUP page 16

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# Ginger has been found!



"We received so many tips and calls from members of the Highlands community which took us to the area where she was roaming - on Dillard Road near the Summer Home, just before dusk on July 4. Thanks to the kindness and help of this community we are reunited. Thank you for getting word and Ginger's photo out in Highlands Newspaper. We are blessed," they said. "Please convey how grateful we are to the entire Highlands community. They were all so kind!"

Mark McCarthy and Eileen Wright in Highlands over the July 4th holiday asked for help finding Ginger, their elderly 15 lb. black and white terrier mix who is near deaf and timid. She had been lost since July 1 which meant she spent several nights alone in the wilds including during the torrential storm Sunday night.

Ginger is now home in Atlanta, safe and sound.

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## ... SKATE BOARD continued from page 1

"I think they're [skateboarders] enjoying it and I've really seen their skills," said Rec Department Director Lester Norris. "The kids who have just started skating have come a long way. It's become the new place to hang out."

Norris said the skate park was designed by the American Ramp Company and was made possible by a donation of over \$200,000 by Art & Angela Williams. The project took about three months to build and thanks to private donations and donated in-kind work from members of the community, it was completed in late April.

Riders could not be happier the park was built.

"I think this is excellent," said Aaron Coin, 24. "It's put together well and good for beginners, intermediate and advanced riders."

Coin uses the park about twice a week and added that it covers both street and vertical skating well and he appreciated that the facility was free. However, he was a

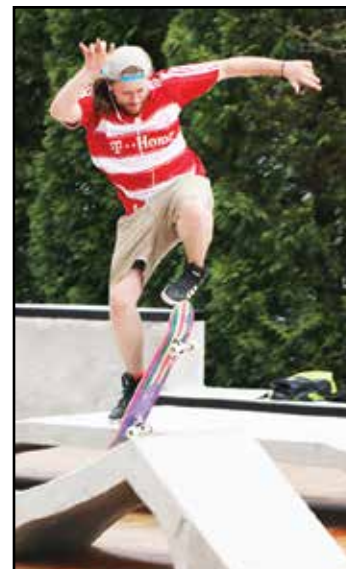


Photo by Brian O'Shea

bit surprised at the park's location.

"I was a little surprised they were building it in Highlands," he said. "I thought it would be off the beaten path. It's good that it's at the Rec Park so it won't get a bunch of graffiti with all of the other visitors and police coming through."

Owen Munoz, 13, said he goes to the park often and it's a fun place to hang out.

"A bunch of my friends live around here and it's something to do over the summer and after school," said Munoz. "It's good because I saw how it turned out and I like it."

Carson Forrester, 11 was

skating on a sunny afternoon. He said he wasn't heavily into skateboarding but once he started going to the park he thought it was fun.

"It's a good hang-out spot to come and have fun with your friends," said Carson. "My parent don't like it when I come here by myself, but with friends it's just better and more fun."

Cam Ramey, 11 agrees with his fellow skaters.

"I was excited because every time I come here I get better [at skateboarding]," said Ramey. "I've gotten better every single day and my best move is a kickflip."

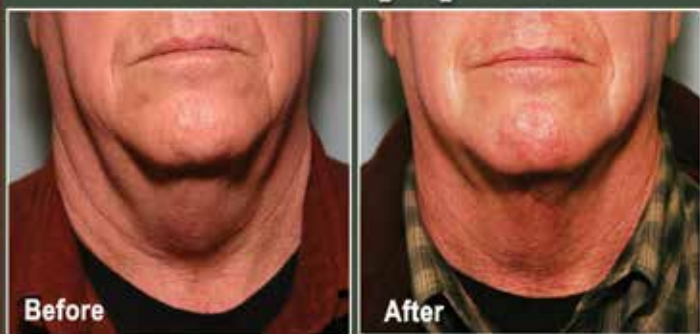
It's not just skateboarders who appreciate the town's skate park, parents also like something local to take their kids said Highlands resident Mandy Naron, who's three boys are often at the park.

"I was really excited," said Naron. "My boys have skateboarded since they were small and it's rough traveling to Asheville, Cherokee or Atlanta. To have something here in their hometown is perfect. It's something different and the kids are learning something."

Town officials have publicly said that the cost of the park wouldn't have been possible without financial help from private donors.

The park is open seven days a week from dawn until dusk.

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# • WORD MATTER •

## On Thinking Critically

For years there has been an debate in certain parts of our country regarding whether critical thinking should be taught to our children. Seriously.

In 2012, Texas adopted a platform plank was put forth by the Republican Party removing any teaching of critical thinking skills from the state's public schools. Their reasoning? If children are taught to think critically, to question, to not automatically adhere to proclamations from others in their lives, including their parents, they might be able to form ideas and opinions of their own. If you Google the words 'Critical Thinking' and 'Texas' you'll be directed to an in-depth, well-researched article from the Washington Post on the subject, along with a complete reading of the platform referenced above.

In addition, the article questions whether critical thinking can actually be taught. It asks whether it is something people are wired to have or not. I believe it can be taught, at least on a primary level.

Too often, when we are young, we automatically adopt the belief systems of our parents, our teachers, and other influential adults, such as coaches or religious leaders, even our peers. Over time, the natural outgrowth of such intensive programming on young people becomes a deterrent to learning.

Critical thinking, at its essence, is the objective analysis and evaluation of an issue in order to form a judgment. There's a whole lot more to it, of course, but even at the highest level, just unpacking the aforementioned definition presents potential for misunderstanding and/or disagreement.

First, is anyone truly capable of an "objective analysis and evaluation" of anything? Anthropologists tell us objectivity is virtually non-existent in humans. It's also been suggested that children brought up in an authoritarian, absolutist setting can either lose or surrender the ability to think for themselves.



**Bud Katz**

Second, we live in an age where so much information is available young minds can experience a sort of overload, which, in turn, results in an unfathomable level of confusion.

Let's face it, when our parents, who we love and respect, and who we hope have only our best interests at heart, share an opinion that might be contradicted by a respected teacher, what's a young mind

to do? Whom should they believe? How should they process and prioritize the information? All to often, especially now, the line between tested fact and closely held opinion is blurred to a point approaching non-existence.

I like to think I brought my children up to question, respectfully, and to form their own opinions about things. The price for that approach to parenting, of course, can be some uncomfortable discussions as those children turn into hopefully informed adults. Are we, as parents, willing to allow our children to think critically, to

question our own closely held beliefs and opinions? Are we willing to allow our children to think for themselves, to grow into adults dependent on their own abilities to learn, to process information both logically and emotionally, and arrive at opinions based on input other than from us?

It's a risky proposition. But if the truth is, indeed, simple, doesn't it follow that we're not always right? We don't know everything. We can't. And don't we certainly understand that entrenched, carefully taught opinions should not hold sway over tested, objectively confirmed facts. Doesn't it follow that times and circumstances change, and what was true, or right in the past may not be true or right now?

Many of us, as children, recall moments when we asked a parent "why" and the response was, "because I said so." I'm sorry, but that response no longer cuts it, if it ever did.

Just as we humans continually wrestle with the inherent difference between fact

• See WORD MATTER page 11

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# • YOUNGER THROUGH FITNESS •

## Are you a 'Sarcopenia' senior?

**S**arcopenia is defined as degenerative loss of skeletal muscle mass and strength associated with aging. Prior to age 30, the human body is in full growth stage in regards to skeletal muscle. In other words, at this stage of life you are in development and resilient. After the age of 30, inactive people begin to lose 3 to 5 percent of their muscle mass every 10 years. By the time they reach 75 years of age, the decline is dramatic and can result in frailty, loss of a vibrant life and higher risk of falls and subsequent injuries including devastating hip fractures.

Inactivity to boot is a leading cause of obesity and heart disease.

There are, however, other factors involved in age-related loss of muscle mass.

According to an article on the National Institute of Health website, by Jeremy D. Walston MD, "The causes of sarcopenia

are a combination of neurological decline, hormonal changes and inflammation; along with declines in activity, chronic illness, fatty infiltration into muscle tissue, and poor nutrition. He also noted in addition there are recent findings showing that there may also be other biological mechanisms involved.

At this point, there doesn't seem to be any definitive testing to determine all the causes and so there are no pharmaceutical interventions for the dilemma.

OK, so now let's put it in terms that we can all understand.

As we age, we will get frail and lose the ability to enjoy life as we did when we were younger. Our walking gate and balance will begin to fail and at some point, we will begin to have an increased risk of falling and breaking our hips. As a result, we will move less and become over weight and be more prone to a heart attack, stroke and cancer.

To sum it up, in the immortal words of the great philosophical genius Chicken Little, "THE SKY IS FALLING!"

Currently, the best sarcopenia intervention known to medical science, is proper



Hank Miller

nutrition combined with strength training exercises. There have been studies done with frail older people of advanced age proving that muscle loss in Type 2 muscle fiber can be slowed down and even reversed to some extent with resistance exercises. Type 2 muscle fiber is the muscle fibers associated with strength and power and is the tissue that is primarily the age-related culprit when declining results in frailty.

The other type of muscle fiber is Type 1 and its primary purpose is endurance.

Strength training however needs to be done in a certain format to stimulate the power and strength of Type 2 muscle tissue.

Many of you have heard about the benefits of strength training but are confused as to which exercises will benefit you the most. Some of you are possibly going at it on your own and most likely not seeing the benefits due to the fact that much of the advice out there today

is based on fad fitness programs that are just plain ineffective.

To stimulate Type 2 muscle fiber, the tissue must be fatigued in a brief time period. In strength training it means that you

should feel your muscles tiring in under 18 repetitions. Ideally between 12 and 15 repetitions. If the weight is too heavy and you are fatigued at less than 10- 12 reps, you risk straining and damaging ligaments, tendons and joints. Also, in the early stages of strength training you need to increase the weight and intensity slowly over a period of months to give connective tissue time to adapt.

For older individuals, strength training should be multi-joint and mimic real life movements such as standing and pushing, pulling and twisting.

Engaging in strength training if done correctly can increase years of healthy enjoyable quality of life.

It's your call. Make a choice to take action and avoid becoming a Sarcopenia Senior!

For more information on the most beneficial exercises, I put together a free video entitled "The Best Strength Training and Bone Exercises for Seniors" at [www.thebestexercisesforseniors.com](http://www.thebestexercisesforseniors.com).

• Hank is a local fitness trainer specializing in the over age 50 population. He is certified by The American College of Sports Medicine as an Exercise Physiologist, Certified Cancer Exercise Trainer and a licensed NC Massage therapist specializing in Therapeutic Stretching.



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# • ALL ABOUT BOOKS •

## Lewis Grizzard: Thanks for the memories

*I wrote this piece on Lewis Grizzard as a blog in 2016, and it still makes me smile.*



Kathy Manos Penn

I hadn't thought of Lewis Grizzard in quite some time; that is until I read an Atlanta Journal-Constitution article titled, "Remembering Lewis Grizzard on his 70th birthday." It's hard to imagine that this popular columnist who died at age 47 would have been 70 this year and harder still to imagine him as a 70-year-old.

I can somehow see him, though, as a modern version of Mark Twain, the Hal Holbrook version. As that thought popped into my head, I was googling Lewis Grizzard only to learn that there is a similar one-man show dedicated to him and that the Los Angeles Times had, in fact, called him "A Mark Twain for our generation."

Further googling revealed that he originated the saying, "Life is like a dogsled team. If you ain't the lead dog, the scenery never changes." It seems I've heard that quote all my life, but I never knew it was his. Married four times, the last time just a few days before he died, he also famously said, "Instead of getting married again, I'm going to find a woman I don't like and give her a house."

Before he was a columnist, he was the youngest sports editor of the Journal at the age of 23 and later executive sports editor at the Chicago Sun-Times for three years before returning to the AJC as a sports columnist. His years as the humor/lifestyle columnist are the ones most of us remember.

How he also managed to write 18 books is beyond me. Just seeing some of the titles again makes me laugh:

- Elvis is Dead and I don't feel so good myself

- Shoot Low, Boys - They're Ridin' Shetland Ponies

- If I Ever Get Back to Georgia, I'm Gonna Nail My Feet to the Ground (inspired by his stint in Chicago)

Raised in Moreland, Georgia and a graduate of the University of Georgia, he often referenced his childhood and his love of the Georgia Bulldogs in his columns. Did he exaggerate? Well, yes, as do most good comics. On making the New York

Times Bestseller list, he said, "I am the only person from Moreland, Georgia who ever made the New York Times Bestseller List...I am the only person in Moreland, Georgia who ever HEARD of the New York Times Bestseller List..."

His popular writing led to standup comedy and speaking engagements, and you can find recordings on YouTube and DVD. He appeared on the Johnny Carson show and even played a Sugarbaker brother on "Designing Women." I listened to a snippet or two on YouTube and wished I'd heard him when he was still with us. The good news, though, is that the books are still here. I may have to add a few to my reading list.

• *Kathy is a Georgia resident. Find her book, "Lord Banjo the Royal Pooch" at Highlands Mountain Paws and on Amazon. Contact her at [inkpenn119@gmail.com](mailto:inkpenn119@gmail.com), and follow her on Facebook, [www.facebook.com/KathyManosPenn-Author/](http://www.facebook.com/KathyManosPenn-Author/).*

## ...WORD MATTER continued from page 9

and opinion, we also struggle with the equally inherent conflict between logic and emotion. This rubber-meets-the-road moment is where the ability to think critically becomes essential, so much so that to legislate it out of a young person's education is to do a disservice to a generation of Americans, in this case, Texans.

It's natural to think, as adults, we know better and we know what's best for our own children. The problem is, even as adults, we're still only human. That means we're flawed. And if we accept that premise, we must accept that everything our parents or other influential people in our lives told us wasn't always true or right.

That's why it's important to not only allow our children to question, to think critically, we must encourage them to do so.

• *Bud Katz is a full-time resident of Highlands and a member of the Highlands Writers Group.*



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# • HIGHLANDS AREA EVENTS •

## Ongoing

• Let's fill the brick walkway of the Highlands Veterans Memorial Garden by Veterans Day, Nov. 11, 2018. Bricks are \$50 for 1, \$40 for the second one. Contract for the purchase form is through Bill Edwards at Edwa7353@bellsouth.net 404-915-1344. Forms are also available for pickup and return at Town Hall. Sept. 1, 2018 is the deadline for placement by Nov. 11.

• Summer Movies at the Playhouse: Sundays at 5:30 & 8pm, Mondays & Tuesdays at 2, 5 & 8pm

## First Mondays

• Shortoff Baptist Church non-denominational Men's Meeting at 7 p.

## Mondays

• At the Rec Park, High Cardio Zumba Fitness with Certified Instructor Tiffany Austin at 5:15 p.m.

• Hip Hop classes with Tori Schmitt at 5:30-6:30 at the Rec Park.

## Mon. & Thurs.

• The Joy Program at HUMC from 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors are welcome. For more info, call Tricia Smith at 828-338-8167.

## Mon. & Wed.

• Gentle Yoga at the Rec park at 9:30. All levels welcome.

## Mon., Wed., Fri.

• Heart Healthy Exercise Class Monday, Wednesday and Friday 8:30am-9:30am.

• Aerobics with Tina Rogers 8-9a.

## Mon., Wed., Thurs.

• Pickle Ball at the Recreation Department Gym 10:30am -1pm

## Tuesdays

• FREE Community Table Dinner at the Community Bldg. at 6p.

• The Humanist Discussion Group meets every Tuesday morning from 10:30-11:30a in the Meeting Room in the back of Hudson Library,

• The Highlands Writers Group, a collection of professional and talented amateur writers, meets to read, workshop, or to just share information on writing, every Tuesday, 3pm-5pm, in the downstairs board room at The Bascom, 323 Franklin Road, Highlands, NC 28741. For more information, call 828-526-3190.

## First Tuesdays

• The monthly family support group for those with family members, friends, or loved

ones living with the challenge of mental illness meets at 7 p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. For info call 369-7385.

## 2nd and 4th Tuesdays

• OccupyWNC meets at the 7PM in the Sneak E. Squirrel Community Room (1314 Main St., Sylva. Visit [www.occupywnc.org](http://www.occupywnc.org) or call 828.331.1524

## Third Tuesday

• The Macon County Poultry club meets to discuss topics related to raising backyard chickens. Meetings are open to the public of all ages family friendly and educational. For more information please call 828-349-2046 or 828-369-3916.

## Tuesday and Thursdays

• Exercise Class with Michelle Lane at 5:15. A combination class with many different styles of exercise at Rec Park.

## Wed. - Sat.

• At Highlands Inn on Main Street held in the dining room, Afternoon Tea 2-4:30pm. Royal Tea: \$45; Classic Tea: \$35. Call 828-526-9380 for more information.

## Wednesdays

• The Glenville Historical Society Museum is open every Wednesday through Saturday 11 AM to 3 PM until October 13th. Church, club, school and family groups are welcome to visit the museum by appointment on any day of the week. The Museum is located at 4735 Highway 107 in Glenville next to Signal Ridge Marina. A historic time line, photos, documents, artifacts and antiques tell the story of Old Glenville, building the Lake Glenville Dam and new Glenville development from the 1940s to present day. Go to [www.glenvilleareahistoricalociety.com](http://www.glenvilleareahistoricalociety.com)

## First Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-3031 for titles.

## 3rd Wednesdays

• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

## Wed. & Fri.

• Duplicate Bridge 12-4pm at Rec Park.

## Thurs. - Sat.

• Highlands Historical Village is open 11a to 3p through October.

## Thursdays

**Aug 2, 16, 30, Sept. 13, 27, Oct. 11 & Nov. 1 and 8.**

• Four Seasons Compassion for Life will be leading a grief support group at First Presbyterian Church in Highlands on alternating Thursdays 10:30-11:30am. This will be a closed group due to the nature of the group unless there are special circumstances that keep an individual from coming to the first meeting. Music therapy will be used for most

sessions. Dates include: Aug. 2, 16, 30, Sept. 13, 27, Oct. 11 and Nov. 1 and 8. For additional information, contact Four Seasons at 866-466-9734

## Thursdays

• Live music in OEI's The Wine Garden on Main Street. Zorki from 7-9 p.m.

• Storytime with Miss Deanna at Hudson Library 10:40 am. Open to the public.

• NAMI Support Group for individuals dealing with mental illness and the family members of individuals dealing with these challenges from 7 – 8:15 pm. at First United Methodist Church Out Reach Center on West Main Street in Franklin Call Donita for more info (828) 526-9510.

• Hip Hop classes with Tori Schmitt at 6:30-7:30 at the Rec Park.

## 2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

## 3rd Thursdays

• Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

## 1st and 3rd Thursdays

• Indivisible Highlands, a non-partisan activist group meets weekly at the Hudson Library at 5p. For info call 770-823-0601

## Fourth Thursday

• At the Hudson Library, Kids Zone LEGO Club. Intended primarily for kids in grades 1-5, LEGO Club allows creativity and STEM skills to develop together as kids enjoy making a wonderful variety of LEGO creations.

## Fridays & Saturdays

• Live music at OEI's Art's At The Lodge on Spring Street. 5-8 p.m. Fridays Steve Wohlrab. Saturdays Zorki.

Live Music in OEI's Hummingbird Lounge. Maestro from 6-8 p.m. and Cy Timmons 8 p.m. to close. **Fridays**

• Live FREE music in Town Square on Main Street from 6-8 p.m.

## Saturdays

• Live FREE music in K-H Founders Park on Pine Street from 6-8 p.m.

• At The Bascom, Pottery Sale in the barn from 10a to 5p.

• Scrabble at Hudson Library from 1-4 p.m. Bring board if possible. All are welcome. 727-871-8298.

• The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.

## 4th Saturdays

• Scaly Mountain Women's Club Pancake Breakfast 8-10:30a at the old Scaly Mtn. School at Buck Knob and NC 106.

## Sundays

## ...HURRICANES continued from page 1

Finneus Garner for another win. Along the way, Kenter broke his 10th MSL record. There are 41 male MSL records.

Hughes scored 2nd in four events losing only to Kenter, scoring 27 points. Garner won the 50 free and had three MSL Allstar swims scoring 22 pts.

Justin Powell scored 26 pts including a Medley Relay win. Matti Cohen and Jr. Olympic Qualifier Layla Babak each scored 25 pts. Each having two individual event wins.

Blake Kenter won three individual events and scored 24 pts. Vivi and Annie Geren and Katya Somov each scored 23 pts. Somov won two events, Annie Geren won one. Vivi Geren swam two MSL Allstar times, Somov one. Penelope Hilson and Jr. Olympic Qualifier Lauch Young each scored 22 pts. Each won one race. Hilson qualified for the MSL Allstars. Patrick Wood and Andre Haldin scored 21 pts. Haldin won the 100 IM and each had three MSL Allstar times. Jasmin Barranco and Max Jestin each scored 20 pts. Barranco had three Personal Records (PRs) while Jestin won the 25 Breaststroke with a MSL Allstar time.

Jordan Powell, Sadie Green, and Ben Halldin all scored 19 pts. All three had an

MSL Allstar time. Savannah Byrd and Cassie McDowell each scored 18 pts. Byrd had two MSL Allstar swims. Ian Kittrell scored 17 pts, winning the 25 Freestyle and setting three PRs. Dasha Haldin scored 14 pts, winning the 50 Free with an MSL Allstar time. Vivian Kennedy scored 13 pts including swimming the butterfly leg of a winning Medley relay. Emma Desinoff and Elizabeth Hilson scored 12 pts. Desinoff had three PRs, Hilson one.

Alex Baranco and Asa Garner each scored 11 pts. Each had three PRs and Baranco a MSL Allstar swim. Vanessa Russell scored 10 pts. And set a PR. Fen Hilson scored 8.5 pts with two PRs. Charlie Wilkes scored seven pts with three PRs, and Timmy McDowell scored five pts. With two PRs. Josiah McKibben and William Russel each set two PRs.

The Highlands Hurricanes Swim Team is a Highlands Recreation Park Team that practices at the Highlands Recreation Park pool in the evenings during the week and on Saturday mornings. Attendance at all practices is not required. The only requirement to join is that swimmers can swim 25 yards (one pool length) unassisted. For more information, call 828-421-4121.



# • HIGHLANDS AREA EVENTS •

- Live Music in OEI's Hummingbird Lounge 8 p.m. to close with Paul Jones.

## Through Sat., July 14

- At Highlands Playhouse, Guys and Dolls. Call 828-526-2695 for tickets.

## Thurs., July 12

- P.E.O. Annual Summer Luncheon at the Cullasaja Club, 1371 Cullasaja Club Drive. Hosted by Chapter BJ of Chashiers/Highlands. Registration is from 11:30a to noon. uncheon is at 12:30p. Cost is \$28.25 per person. Silent auction between 11:30a and 12:15 p. For more information or to make a reservation, call Mary Anny Ray at 828-526-8251.

- Free Zahner Lecture Series "The Endangered Rock Gnome Lichen." At Nature Center on Horse Cove Road at 6pm.

## July 13-15

- Trunk Shows at Acorns on Main Street from 10a to 5p. Ellen Brook Fashion and Monica Rich Kosann Jewelry.

## July 13-22

- At Acorn's on Main Street. Vitamin Clothing from 10a to 5p.

## July 14

- At Acorn's on S. 4th Street Carolyn Goldsmith Art from 10a to 5p.

## Sun., July 15

- At HUMC Open House from 1-3 p.m. Come tour the new facility and explore its possibilities for our community and you. Faith & Fellowship Center is on South 3rd Street

## Wed., July 18

- Free Summer Interlude at Episcopal Church at 2 p.m. Angela Massey, Flutist. John Wickey, Harpist Sponsored by Highlands-Cashiers Chamber Music Festival.

## Thurs., July 19

- Join Thomas Duncan, MD, as he leads a panel discussion on the topic of Advanced Care Planning. The program will be held on Thursday at 5:30 pm in the Jane Woodruff Clinic, Suite 103. Time will be available for questions. The option to complete advanced directive forms will be provided and a notary will be present (state-issued photo ID required). This free event is part of Highlands-Cashiers Hospital's Evening with the Docs series. Reserve your space today. Light refreshments will be provided. The event is limited to 50 attendees. RSVP to Brittany Dryman at 828-526-1345.

- Free Zahner Lecture Series "Planting in a Post-Wild World." At Nature Center on Horse Cove Road at 6pm.

## Fri. & Sat., July 20-21

- At Jannine Bean Custom Jewelry, Open House and Gem Show 10a to 4:30p. For more info call 828-526-5858.

## July 20-22

- At Acorn's on Main Street from 10a to 5p, Mark Garland Studio Clothing.

## Friday, July 20

- At The Bascom, Mountains in Bloom Garden Tour - Friday, July 20. This year the tour will feature amazing gardens in and around the Highlands Country Club, many never before seen. Tickets are \$100 and can be purchased on-line at [www.thebascom.org](http://www.thebascom.org)

## Sunday, July 22

- The Bascom Gala: Sunday is sure to be the event of the season! Don't miss it. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866.

## Wed., July 25

- Free Summer Interlude at Presbyterian Church 2 p.m. Trey Clegg Chamber Singers. Conducted by Trey Clegg. Sponsored by Highlands-Cashiers Chamber Music Festival.

## Thurs., July 26

- Free Zahner Lecture Series "Timber Rattlesnakes on the Highlands Plateau." At Nature Center on Horse Cove Road at 6pm

## Sat., July 28

- Come enjoy breakfast at the Historic Scaly Mountain School House while supporting the work of the Scaly Mountain Women's Club. Their primary cause is scholarships for local area college students. On the menu is pancakes - plain and blueberry - sausage, orange juice and coffee. The Scaly Mountain School House is at 41 Buck Knob Road. \$6 for 13 and up, \$4 for 5-12 and under 5 is free. No family pays more than \$25.

## Wed, Aug. 1

- Free Summer Interlude at Episcopal Church at 2 p.m. Tyrone Jackson, Jazz Pianist. Sponsored by Highlands-Cashiers Chamber Music Festival.

## Thurs., Aug. 2

- Free Zahner Lecture Series "Herpetological Mysteries." At Nature Center on

Horse Cove Road at 6pm.

## Sat., Aug. 4

- HF&R Open House at the depart-

ment on Oak Street, 11a to 2p. Free hot dog lunch and fire truck rides. Donations accepted.



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## Highlands Community Fund 'Rise and Shine' fundraiser is Sun. August 5

Ah, it's Summertime in Highlands. The season is in full bloom. It is almost time for the most anticipated event of the Summer – the Fourth Annual Highlands Community Fund 'Rise and Shine' Event. This is an evening one will not forget.

The 'Rise and Shine' Event is to be held at The Bascom on August 5th at 6:30 P. M. The party starts with cocktails, followed by a

scrumptious supper provided by Lovies Barbeque of Atlanta. Back by popular demand, the Caribbean Cowboys will be providing toe tapping- dancing music.

Highlands Community Fund supports local non-profit organizations. In 2017, HCF awarded over \$54,000.00 in grants. Since 1996, HCF has, in partnership with the Community Fund of Western North Carolina awarded

## ... SACRIFICE continued from page 1

COLA to help offset the impact of the increase, which was a result of a high claims year, and the need to rebuild the county's insurance reserve fund which had been misguidedly depleted by the county's prior administration. Roland's initial budget proposal this year included another increase, but this time didn't provide employees with a COLA.

Macon County Commissioner Jim Tate spoke up for county employees during a budget work session and said that such a drastic increase in insurance rates, with such little time for financial planning, would place a burden on county employees, who are constantly working to do more with less and provide the citizens of Macon County with essential services, he said.

When county employees were initially notified of the 24 percent increase in insurance rates, the county's human resource director suggested those who may not be able to afford the increase consider applying for

government assistance programs such as Medicaid.

"Macon County received seven Health Insurance renewal proposals for FY 18-'19," Roland told commissioners during his budget message. "At an increase of 24.3% or \$762,469 over FY '17-'18, Blue Cross Blue Shield, the county's incumbent provider, submitted the lowest health insurance renewal offer for FY '18-'19. \$258,321 of this increase was absorbed by those employees and retirees who currently have dependent coverage through a 10% reduction in county subsidy on both the base (55%-45%) and enhanced (40%-30%) level plans."

Commissioner Vice Chair Ronnie Beale agreed with Tate that county employees shouldn't have to consider such an option and asked that Roland revisit the budget in hopes of finding the \$400,000 needed to provide all county employees

• See SACRIFICE page 16

## Students being asked to design 'artwork' for 'Free to Be' production

Students in the twin communities of Highlands and Cashiers are being enlisted to design poster art, T-shirts, and artwork to decorate the set walls for the Summer Musical, "Free to Be...You and Me," produced by the PAC Youth Theatre and the Albert Carlton-Cashiers Community Library slated for Thursday, August 2, through Sunday, August 5, at the Cashiers Library.

"Our Youth Theatre program is all about encouraging young talent, so naturally we'd turn to local young artists to help us create the look of our play," says Pac Youth Theatre Artistic Director Megan Greenlee-Potts. "The winners will be selected from students, and all entrants will see their works displayed at the Library during the run of the play."

"The Library is delighted to partner with local Youth Theater and we look forward to offering this production to the entire community," says Librarian Serenity

Richards.

All entries are due by Monday, July 16, and may be submitted to Albert Carlton-Cashiers Community Library and Hudson Library in Highlands, addressed to Greenlee-Potts. One high school winner, one middle school winner, one elementary winner and one preschool winner will be selected. Winners will receive \$25 iTunes or Amazon Gift Cards.

There will also be a reception with a Meet & Greet with the cast and the artist-entrants after the evening Public Performance on Friday, August 3. All artists with entries and their families are encouraged to attend this performance and reception.

The play will be performed for the general public at 10am Thursday, August 2; 7pm Friday, August 3; and 3pm Sunday, August 5. All performances are free for everyone.

grants totaling more than \$800,000.

So, buy your tickets and have a wonderful evening. It will be great opportunity to get to meet the HCF Board members and learn more about what HCF does for the Highlands community.

You can make a difference for local non - profits by attending the HCF 'Rise and Shine' Event. Tickets are \$100 per person, dress is

mountain casual and the enjoyment of the evening is priceless.

For more information contact Highlands Community Fund, 'Rise and Shine' Chairpersons. Ann Klamon at faek@comcast.com or 1-404-432-6004 or Cindy Trevathan at cindytreathan@gmail.com or 828-526-2336.



# • BUSINESS/ORG NEWS •



Hudson Board President Bill Stiefel, 2018 Harbison Award recipient John N. Gaston III, and Hudson Librarian Carlyn Morenus with the Harbison Award plaque.

## John Gaston honored by Hudson Library Board

John Gaston has meant many things for the Hudson Library since he first started volunteering in 2002. He's volunteered through 4 librarians, many staff changes, and sixteen Library Boards, racking up over 2,000 hours of service.

And that's just the beginning. In addition to his volunteer work for Hudson Library, putting covers books and offering technology assistance to patrons, John has served many years on the Hudson Library Board, including 4 years as President; on the Fontana Regional Library Board of Trustees including a term as President; and on the Macon County Library Board of Trustees.

For all of this dedicated service, the Hudson Library Board is honoring John

Gaston with the Gertrude and Dolly Harbison Award, an award given only rarely. Board President Bill Stiefel presented the award at the June 12 board meeting. Previous recipients of the Harbison Award include Rand Shaffner, Avary Doubleday, Carolyn Patton, and Dr. Barbara Reitt.

The award is named for the Hudson's longest-serving librarians, Gertrude Harbison who served as Hudson Librarian from 1926 to 1974, and her sister Dolly who was Assistant Librarian from 1926 to 1974 and Acting Librarian from 1974 to 1975.

Hudson Library, 554 Main Street in Highlands, is open 10am-5:30pm Tuesday through Friday and 10am-4pm on Saturday.

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## MOUNTAIN FRESH GROCERY DINNERS-TO-GO SUMMER MENU 2018

**MON**

**JAMES BEARD AWARD-WINNING CHEF, LOUIS OSTEEN'S LOW COUNTRY LOBSTER/SHRIMP BOIL FOR TWO**  
LOBSTER TAILS, WILD CAUGHT LARGE SHRIMP, RED BLISS POTATOES, SUMMER CORN, HOUSE MADE SAUSAGE, ALL STEEPED IN LOUIS'S PROPRIETARY SEASONING. SERVED WITH DRAWN BUTTER AND COCKTAIL SAUCE.

**\$37.95**  
SERVES TWO

**TUES**

**OVEN OFF NIGHT**  
2 FRESH CHICKEN BREASTS, GRILLED WITH ROSEMARY INFUSED OLIVE OIL. SERVED ON A BED OF MIXED GREENS, WITH STUFFED BRIE, SPICY/SWEET PECANS, MOUNTAIN FRESH OIL AND VINEGAR ON THE SIDE AND TWO CUPS OF HOUSE MADE GAZPACHO, WITH A MOUNTAIN FRESH BAKERY FRENCH BAGUETTE

**\$26.95**  
SERVES TWO

**WED**

**PRIME RIB WITH BAKED POTATOES & SALAD**  
PREMIUM ANGUS STANDING RIB ROAST, COOKED MEDIUM RARE WITH RED WINE AU JUS, TWO BAKED POTATOES AND A LARGE CAESAR SALAD.

**\$36.95**  
SERVES TWO

**THURS**

**BABY BACK RIBS**  
COOKED FALL-OFF-THE-BONE-TENDER. SERVED WITH HOUSE MADE BACON/APPLE BAKED BEANS, AND POTATO SALAD.

**\$28.95**  
SERVES TWO

**FRI**

**SHRIMP; FRIED OR STEAMED**  
WILD CAUGHT LARGE SHRIMP EITHER LIGHTLY BREADED IN OUR SEASONED CORN FLOUR MIXTURE, AND THEN PROPERLY FRIED IN PEANUT OIL AND SERVED WITH HUSH PUPPIES; OR STEAMED TO ORDER IN OUR LOW COUNTRY SEASONING. BOTH COME WITH COLESLAW AND ROSEMARY SEA SALT BROILED RED POTATOES, TARTER AND COCKTAIL SAUCE.

**\$29.95**  
SERVES TWO

**SAT**

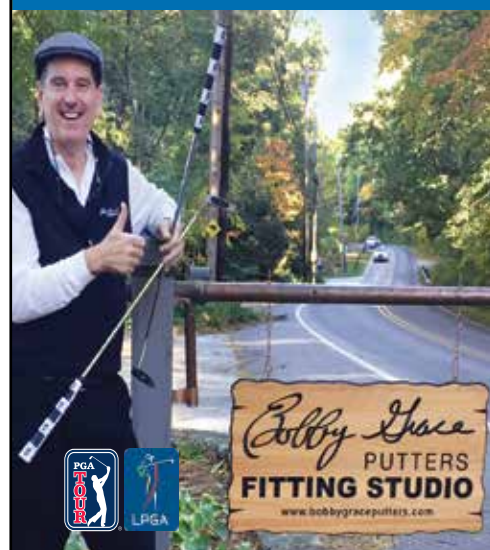
**IN-HOUSE SMOKED BBQ**  
SERVED WITH COLESLAW BACON/APPLE BAKED BEANS AND YEAST ROLLS.

**\$26.95**  
SERVES TWO

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[highlandseditor@aol.com](mailto:highlandseditor@aol.com)

## A Season of Live Music at Old Edwards

<p><b>THURSDAYS</b> THE WINE GARDEN Zorki 7 to 9 pm</p> <p><b>FRIDAYS &amp; SATURDAYS</b> ART'S AT THE LODGE Steve Wohlrab (Friday) Zorki (Saturday) 5 to 8 pm</p>	<p><b>FRIDAYS &amp; SATURDAYS</b> HUMMINGBIRD LOUNGE Maestro 6 to 8 pm Cy Timmons 8 pm to Close</p> <p><b>SUNDAYS</b> HUMMINGBIRD LOUNGE Paul Jones 8 pm to Close</p>
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## ACORNS TRUNK SHOWS

July 13-15	<b>Ellen Brook Fashion</b>
July 13-15	<b>Monica Rich Kosann Jewelry</b>
July 13-22	<b>Vitamin Clothing</b>
July 14	<b>Carolyn Goldsmith Art</b> (At Acorns on Church)
July 20-22	<b>Mark Garland Studio Clothing</b>

*Open 10 am - 5 pm Daily*

828.787.1877 | Acorns Boutique, 465 Main Street  
828.787.2640 | Acorns on Church, Corner of 4th & Church Streets

## • THANK YOU • ...from the Toby Barnes Family

There are not enough words to fully express our heartfelt thanks for the sympathy, love and support you have extended to our family during this time of loss. God will never give you more than you can handle. He always blesses us with more than we deserve.

### ...SUP continued from page 6

the over-ruling document concerning zoning allowances in the town which is why the Planning Director must sign off on projects.

Under the new Design Standards Ordinance, developers who are considering new construction or exterior renovations will first have a pre-proposal meeting with the Planning Director, then an Administrative Review presenting all exterior elevations, all site plans and verification of the completed Design Standard checklist.

At that point, the Planning Director will present the completed package to the Planning Board which will make sure all the marks were hit as outlined in the Design Standards Ordinance. The board will also make sure the Planning Director didn't miss anything.

Assuming all goes as planned, the final approval for a SUP not involving a change of use or a variance will be issued by the Planning Director.

Planning Board Chairman Thomas Craig and other board members said they welcome the Design Ordinance because

they feel the board spends an inordinate amount of time going over minutia better handled another way.

Though SUPs "follow the land," Bowen said there is still a time limit attached to them.

"Work [exterior changes] that is granted under a SUP does expire but changes in use on a parcel carry with the land in perpetuity – as long as that 'use' doesn't change," he said.

Under the town's UDO, if a SUP is granted for exterior changes but the work doesn't start within 12 months, the SUP expires.

One item the Planning Board and Bowen agreed to delete from the Use Regulations Table in the UDO is the need for a SUP if the remodeling of existing buildings result in an increase in the number of business occupants inside the building.

The Town Board will hear the Design Standards Ordinance at its July 19 Town Board meeting.

– Kim Lewicki

### ...SACRIFICE continued from page 14

with a two percent COLA this year.

Because open enrollment for insurance occurred prior to the budget, the county missed out on the option to provide the \$250,000 for insurance that would have left rates the same, a proactive measure Jackson County executed.

Roland scrutinized his budget in attempts to find funding sources to fund a COLA since the county missed the opportunity to provide funding for insurance prior to open enrollment. While the \$250,000 would have met the county's needs in terms of the rate increase from Blue Cross and Blue Shield, by the time commissioners became aware of the situation, the new rates were already implemented. As a result, the COLA will cost the county nearly double or \$400,273.

For a county employee making \$35,000 a year, the two percent COLA will amount to \$700, which depending on family size and insurance plans, would offset the cost of the insurance rates for a few months. For an employee making \$35,000 a year, with the basic insurance plan and a plan for the employee and a spouse, the COLA will cover the dif-

ference in insurance rates for 10 out of the year's 12 months. For an employee with the same salary with the enhanced insurance plan for the entire family, the COLA will offset the increase for three and a half months.

Recognizing the importance of the COLA and the need to support county employees, both Sheriff Robert Holland and Emergency Management Director Warren Cabe revisited their proposed budgets to look for any cost saving measures that could help fund the two percent COLA for all of the county's 360 employees.

Both Holland and Cabe were able to reduce areas in their budgets to provide a portion of the funding for the \$400,273 needed to implement the COLA.

"The employees of the Macon County Sheriff's Office, just as all county employees, work hard every day to provide the best services Macon County can provide to its citizens," said Holland. "To ask the employees to give more and more of themselves and then make less than they did the previous year, is unacceptable and if I can prevent it in some way, I will. We made sacrifices

• See SACRIFICE page 21

# • INVESTING AT 4,118 FT. •

## And they are here!

As we say goodbye to the Fourth of July and the brilliance of the fireworks that lit up our town brokers are asking, "Who let the buyers out?" And for real estate in Highlands and Cashiers that is a great thing and a great question! Traffic jams on Main Street with car tags from many states are a daily ritual.

Sales this year are already up 11.5% compared to the same time last year.

Buyers are in a shopping mood! Research by Barclays found that 57% of the wealthiest want to increase their residential property portfolio in 2018. What better place to invest and own property than the Highlands/Cashiers Plateau!

We have seen an increase in buyers looking for rental homes to put on VRBO or Airbnb.

If, on the other hand, you are a seller, I can't stress enough that your home must be well-maintained and have excellent curb appeal. Potential buyers know within eight seconds if they are interested in your house according to statistics. The price must be seen as a true value because the competition is so great with over 1,300 homes for sale in Highlands and Cashiers.

If you have had over eight showings without an offer, stats show you are overpriced. If you've been listed over 90 days with only a few or no showings it is time



**Pat Allen**  
Broker-in-charge  
**Pat Allen Realty**  
**Group**  
Cell: 828-200-9179

to lower your price to stimulate interest. I suggest you have a home inspection yourself and do repairs to offset buyers using their own inspection to negotiate much lower because it "needs work."

We can show you comparable homes in your price range as listings have been added since yours went on the market.

We, as brokers, are so glad that this year we have seen a change to serious buyers who understand the value of buying in Highlands. It is on Barron's list and ranked #12 in the country as

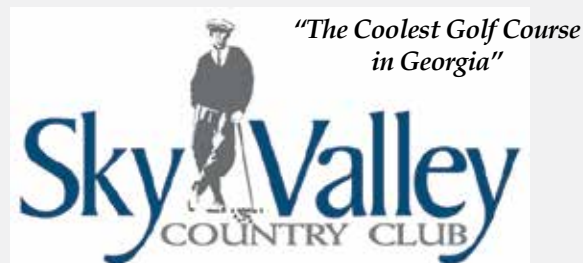
the BEST place to invest in a second home. Or move on up and join us as a full-time resident. We would love to welcome you as part of our great "hometown" community that I refer to as our little "Hallmark town."

With magnificent scenery, award winning restaurants, fabulous boutique shopping, a great playhouse and performing arts center, and an unrivaled fine arts center, there is never a dull moment. Come experience our town...come experience a piece of heaven on earth.

Pat Allen is BIC/owner of Pat Allen Realty Group and a Certified Luxury Home Marketing Specialist. She is consistently ranked as a top seller. Contact Pat at 828-526-8784 or 828-200-9179. Email her at [pat@patallenrealtygroup.com](mailto:pat@patallenrealtygroup.com) and check out her website at [PatAllenRealtyGroup.com](http://PatAllenRealtyGroup.com)

## ...MAYOR continued from page 2

plying Maslow's Hierarchy of Needs to the Highlands community, but I believe vibrant communities are places where individuals and groups can aspire to the top of his pyramid. On a personal note, I am fortunate to live in my safe, warm home among loving family where I can realize my creative potential in producing pottery in my studio. My self esteem also rises when someone thinks enough of my work to purchase a piece, or tells me they appreciate my service as mayor.



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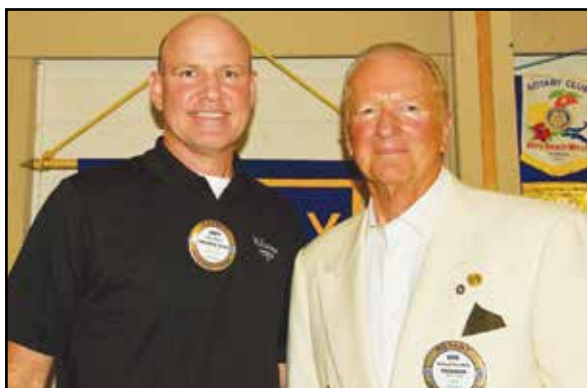
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## • BUSINESS/ORG NEWS •

### Moore takes over as president of Highlands Rotary



Jerry Moore, owner of Kilwins Ice Cream Shop in Highlands, took the helm of the Rotary Club of Highlands when Rick Trevathan passed him the gavel on June 26. In thanking Trevathan, a retired Houston lawyer, for his 2017-'18 service, Moore noted that he has mighty big shoes to fill: "not only those big Texan cowboy boots but also those great sport coats!" Trevathan thanked his board for its service and awarded the "Rotarian of the Year" designation to Sherry Holt, Club Services Chairman, who has worked tirelessly on club projects throughout the year.

# Bryson's

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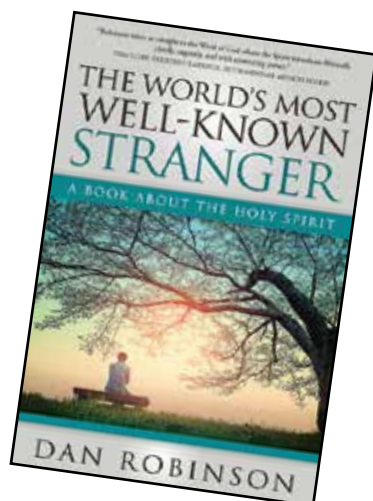
**Highlands Plaza • Highlands (828) 526-3775 • (828) 526-0430 FAX**



# •SPIRITUALLY SPEAKING•

## A New Book

By  
Pastor Dan Robinson  
Highlands Central  
Baptist Church



Do you remember the television series of the late '60s, "The Guns of Will Sonnett?" It starred Walter Brennen, Jason Evers and Dack Rambo. Incidentally, Dack visited our family in Ocala, FL around 1969. We shared an evening meal together. He was a real gentleman. In the series Walter Brennen's character had a signature-and-of-ten-repeated line. You might recall it: "No brag. Just fact." There it was. Plain and simple. To brag would have been out of character. It would break a code of honor. I like that.

With that said, however, I'm sure that advertising one's book is bound to sound like bragging.

The Apostle Paul said it like this: May I never boast except in the Cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world (Galatians 6:14). Paul wrote those words by the inspiration of the Holy Spirit. And we (you and I) understand them, likewise, by the Holy Spirit. This is what all 166 pages of my book are all about. I've titled it "The World's Most Well-Known Stranger," sub-titled "A Book About The Holy Spirit."

One reviewer has written, "If you are an atheist, agnostic or a skeptic about Christianity, this book is for you. Why? Because it is an authentic and unpretentious discussion that reveals how people are drawn to God, how some come to faith in God, and how true disciples of Christ follow God. If you are a long-time disciple of Christ and want to grow deeper in your faith-then this book is for you. It presents an enlightening mix of scripture and practical insights and application that can help deepen the walk of even the most seasoned believer." Well... those are certainly encouraging words and I hope the book lives up to them!

The book is available from Amazon, Barnes and Noble and most all bookstores.

I hope you will get it, read it and let me know what you think.

Obviously, a writer writes from passion. What's on the inside has to be expressed. And yes, I do feel this way about this book. I believe the message is both critical and urgent. Who knows (except heaven) what a renewed interest in the Holy Spirit might produce? We know for certain that it will produce a renewed love for the Lord Jesus Christ, and there is nothing more important than that (Matthew 22:36-40).

Thanks for taking the time to read, not about my bragging, but about the facts!

## Proverbs 3:5

## • PLACES TO WORSHIP •

## John 3:16

### BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School: 10 a.m.; Worship: 11

Sunday night services every 2nd & 4th Sunday at 7

Wednesdays: Mid-week prayer meeting: 7 p.m.

### BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor

Sundays: School: 10 a.m.; Worship: 11

### CHAPEL OF THE SKY

Sky Valley, GA • 706-746-2999

Sundays: 10 a.m.: Worship

Holy Communion 1st & 3rd Sundays

### CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011

464 US Hwy 64 east, Cashiers

8:30a quiet service, 9:30a Sunday School; 10:30a Worship

Service. Mon. 6p Bible Study & Supper at homes

First Thursdays 5p bi-lingual Holy Eucharist

### CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Brent Metcalf • 743-5470

Sun. 10:45am, S.S 9:30am. Wed. 6pm supper and teaching.

Tues. Guys study 8am, Gals 10am.

### CHRISTIAN SCIENCE CHURCH

283 Spring Street • Sunday Service 11 a.m.

Testimony meeting: 3rd Wednesday at 5 p.m.

### CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard

Sundays: School: 10 a.m.; Worship: 11 a.m.

1st & 3rd Sunday night Service: 7 p.m.

Wednesdays - Supper at 6 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685

3645 Cashiers Rd, Highlands, NC • Sr. Pastor Gary Hewins

Sun.: 9:30am: Sunday School 10:30am: Middle & High School;

10:45am: Child. Program, 10:45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC U.

### EPISCOPAL CHURCH OF THE INCARNATION

Rev. W. Bentley Manning • 526-2968

Sundays: 8 am Holy Eucharist Rite I; 9 am Sunday School;

10:30 am Holy Eucharist Rite II. Childcare available at 10:30

### FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org

Dr. Mark Ford, Pastor

220 Main Street, Highlands

Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am

Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm; Ch. 5p

### FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors

526-3175 • fpchighlands.org

Sun.: Worship: 11 a.m.; School: 9:30

Mondays: 8 a.m.: Men's Prayer Group & Breakfast

Wednesdays: Choir: 6p

### GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd)

Sunday School: 10 am, Worship Service: 11 am

### GRACE COMMUNITY CHURCH OF CASHIERS

Non-Denominational-Contemporary Worship

242 Hwy 107N, 1/4 miles from Crossroads in Cashiers

www.gracecashiers.com • Pastor Steve Doerter: 743-9814

Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

### HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, NC • 743-2729 • Pr. Nathan Johnson

Sunday: School 9:45a, Worship 11a & 7p, Bible Study 6p

Wed. Kidsquest 6p.; Worship 7p.

### HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street

Sundays: Worship: 11

### HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson

670 N. 4th Street (next to the Highlands Civic Center)

Sun.: Morning Worship 10:45 a., Evening Worship, 6:30 p.

Wednesday: Prayer Service, 6:30 p.

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Randy Lucas 526-3376

Sun: School 9:45a.; Worship 9:09, 10:50.; Youth 5:30 p.

Wed: Supper: 5:15; youth, & adults activities: 6; Handbell

rehearsal, 6:15; Choir Rehearsal 7. (nursery provided); 7pm

Intercessory Prayer Ministry

### HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741

LutheranChurchoftheHolyFamily.yolasite.com

Sun: School and Adult discussion group 9:30 a.m.;

Worship/Communion: 10:30

HEALING SERVICE on the 5th Sunday of the month.

### MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Zane Talley

Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.

Wed: Bible Study and Youth Mtg.: 7 p.m.

### MOUNTAIN SYNAGOGUE

at St. Cyprian's Episcopal Church, Franklin • 828-524-9463

### MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church

Sun: 10:30 a.m. at Big Ridge Baptist Church,

4224 Big Ridge Road (4.5 miles from NC 107)

Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

### OUR LADY OF THE MOUNTAINS

### CATHOLIC CHURCH

Parish office (Rev. Dr. Francis): 526-2418

Mass: Sun: 11 a.m.; Sat: at 4p

### SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby

Sundays: School - 10 a.m.; Worship - 11 a.m. & 7

Wednesdays: Prayer Mtg.: 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212

Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer

Sundays: School: 10 a.m.; Worship: 11 a.m.

Wednesdays: Prayer & Bible Study: 6 p.m.

### COMMUNITY BIBLE CHURCH OF SKY VALLEY

706.746.3144 • 696 Sky Valley Way #447, Pastor Gary Hewins

Worship: Sun. 9 a.m., with Holy Communion the 1st & 3rd Sun.;

Tues: Community Supper 5:30 followed by Bible Study.

### LITTLE CHURCH IN THE WILDWOOD

Memorial Day weekend through Labor Day

Horse Cove - Kay Ward 828-506-8148

Old-Fashion hymn-sing Sunday 7-8p.

### THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359 • Rev. Rob Wood

June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a

Nursery available for Rite II services

Sept 6-Oct 25- Informal Evening Eucharist: 5:30 p.m.

Thursday: Noon Healing Service with Eucharist.

### UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive, Franklin • uufranklin.org

Sunday Worship - 11 a.m.

### WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers

Sunday School: 10 am, Worship Service: 11 am



# • POLICE & FIRE •

**The Highlands Police log entries from June 16 . Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.**

## June 16

• At 8:37 a.m., officers responded to a one-vehicle accident in the parking area of Park on Main.

## June 18

• At 1:51 p.m., officers responded to a call about credit card fraud at a bar on S. 4th Street.

## June 20

• At 3 a.m., officers responded to a one-vehicle accident on NC 106 near Upper Buttermilk Road.

## June 23

• At 10:26 a.m., officers responded to a one-vehicle accident on US 64 west near N. Cobb Road.

## June 27

• At 8:14 a.m., officers responded to a one-vehicle accident on N. Cobb Road.

## June 28

• At 2:04 p.m., officers responded to a two-vehicle accident on Moorewood Circle.

## July 3

• At 9:56 p.m., officers responded to a report of a burglary and breaking & entering at a resi-

dence onb US 64 west where AC and dehumidifiers valued at \$1,000 were taken.

## July 4

• At 8 a.m., officers responded to a call about drug paraphernalia found at N. Cobb and US 64 west.

## July 7

• At 12:30 p.m., officers responded to a report of an assault on a female in a store on Main Street.

**The Highlands Fire & Rescue log from June 9.**

## June 9

• A little past midnight, the dept. responded to a first alarm at a residence on Half Mile Drive.

## June 10

• At 11:40 p.m., the dept. responded to a fire alarm at a residence on Country Club Drive.

## June 11

• At 12:10 p.m., the dept. responded to a fire alarm at a residence on Williamsburg Court.

At 10:42 p.m., the dept. was first-responders to a residence on US 64 west.

## June 13

• At 9:28 a.m., the dept. responded to a fire alarm at a location on Main Street.

## June 14

• At 4:11 p.m., the dept. assisted

the police department at 4th and Main streets.

## June 15

• At 4:58 p.m., the dept. responded to a fire alarm at a residence on Half Mile Drive.

## June 16

• At 2:26 p.m., the dept. responded to a fire alarm at a residence on Hutchinson Court.

## June 19

• At 6:41 p.m., the dept. was first-responders to a residence on Rolling Acres.

## June 20

• At 5:51 a.m., the dept. responded to a medical alarm activation on Main Street.

• At 12:27 p.m., the dept. responded to a miscellaneous fire at a residence on Cullasaja Club Drive.

• At 2:38 p.m., the dept. provided public assistance on US 64 west.

• At 8:01 p.m., the dept. stood by at Zachary Field for the MAMA helicopter.

• At 11:57 a.m., the dept. responded to a call of a possible motor vehicle accident on Bull Pen Road. but it was unfounded.

## June 21

• At 4:30 p.m., the dept. provided public assistance on Thornhill Road.

# • BIZ/ORG NEWS •

## Highlands Sotheby's International Realty is now in Cashiers, too

Highlands Sotheby's International Realty is please to announce the formation of its Cashiers Realtor team located at 545 Highway 107 south across from the Cornucopia Restaurant.

The following team members have decades of real estate and business experience: Wood Lovell, Suzanne McDavid, Joe Deckman, Dan Doughty, David Jones, Leckie rives and Leslie Talbot. These brokers are a part of the worldwide luxury real estate network with 22,000 affiliated sales associates located in 950 offices in 70 countries and territories worldwide.

The association with the venerable Sotheby's Auction

House, established in 1744, produced more than \$1 billion in worldwide sales in 2017. Highlands Sotheby's International Realty is the number one producing firm in Highlands on the Highlands/Cashiers Multiple Listing Service for four years in a row. This team, which produces the most extensive marketing exposure available for luxury homes, is now bringing the power of the Sotheby's brand to the Cashiers and Lake Toxaway markets.

Please visit the website [www.highlandsothebysrealty.com](http://www.highlandsothebysrealty.com) and [www.sir.com](http://www.sir.com) for more information on how these talented professionals can serve your real estate needs ... or call the Cashiers office at 828-743-7827.



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## ... SACRIFICE continued from page 16

with the cuts I made but they are sacrifices we can lay with knowing that my employees, and all county employees, will receive some additional help financially during times where many households are struggling to make ends meet. I knew the commissioners and the manager were negotiating this issue, so Warren Cabe and myself decided it was in everyone's best interest to do our part to try and help. Two percent is nothing compared to what most deserve for the sacrifices they make on a daily basis."

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# • CLASSIFIEDS •

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## **HELP WANTED**

**PART-TIME LAYOUT AND GRAPHIC ARTIST AT OLD EDWARDS HOSPITALITY GROUP, HIGHLANDS, NC** onsite needed in high-quality, busy hospitality marketing department in Highlands. Proficiency in Adobe In-Design and understanding of layout principals and best practices a must. Work samples will be required. This position is onsite in Highlands; no remote-work applicants will be considered. Position is available immediately. Contact: Pat Turnbull 828-787-2697. (7/19)

**FULL-TIME BREAKFAST ATTENDANT - HALF MILE FARM, HIGHLANDS, NC.** The Breakfast Attendant is responsible for breakfast set up, food and beverage prep/service, breakdown of the breakfast bar while delivering exemplary guest service. The Breakfast Attendant meets and greets all guest as they arrive and thanks them as they depart as well as interacts with the guest to ensure all needs are met and to answer any questions they may have. Contact: Pat Turnbull 828-787-2697. (7/19)

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**TREE CLIMBER / GROUNDSMEN.** Local Tree company is seeking tree climbers. Past experience is a must and references are required.

full/part-time needed. Salary is based on experience. Also, seeking groundsmen crew members, past experience is a plus but company will train. Full/part-time needed. Salary is based on experience. We are looking for reliable, drug-free and hard working individuals. Drivers license and a clean driving record is a plus. If interested, please call owner at 828-342-1974 to set up an interview. (7/19)

**CHURCH CUSTODIAN NEEDED.** First Baptist Church Highlands. Job Description available on request. Bids being accepted. 828-526-4153. (st. 5/24)

**SALES ASSOCIATE HIGH END RETAIL CLOTHING STORE IN HIGHLANDS AND CASHIERS, NC.** Full time, part time and seasonal. Inquire to 828-200-0928. (st. 5/10)

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**WOLFGANGS RESTAURANT** is looking for experienced waitstaff, bartender, line cook and baker. Please call Jacque at 828.526.3807. (st. 4/5)

**PAOLETTI'S ON MAIN STREET.** Now hiring for 2018 season. Bartender, Servers, Bus person, cook. Call 828-526-4906. Email resume to amp28741@yahoo.com. (st. 3/29).

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