

# Highlands Newspaper

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Thurs., May 17, 2018

## County budget falls short for schools

By Brittney Lofthouse

Each year the Macon County Board of Education submits a priority list of capital outlay projects to the Macon County Board of Commissioners.

The list includes capital needs the school system wants to see addressed above and beyond the more than \$7 million the county allocates to the school system for operating expenses

each year.

In the past, the process has been for school administrators to submit capital outlay requests to the school board – requests

• See COUNTY page 17

## ‘Walkway’ bricks to be dedicated May 28

At 10 a.m. Memorial Day, Monday, May, 28 there will be a ceremony to dedicate the new bricks installed into the Veterans Walkway in front of the Highlands Police Dept. on Oak Street

Last year, 67 memorial bricks were installed prior to Veterans Day and another 40 bricks are being installed for the May ceremony.

This project by the Highlands American Legion Post #370 is ongoing and two installation/dedication ceremonies happen each year – Memorial Day and Veterans Day.

To find out if a loved one’s brick will be installed Memorial Day call Project Manager, Veteran Service Officer, Bill Edwards at 404-915-1344.

Bricks ordered following the Memorial Day ceremony will be installed as they arrive, and will be dedicated Veterans Day.

For more information call Vice Commander Bill Reese at 828-526-3314.

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On Monday, donors, projects leaders, family and friends attended a plaque dedication ceremony to Jim Green at World’s End on Satulah Mountain to commemorate the reopening of a trail that leads to the summit.

– Photo by Brian O’Shea

## Alternate route to Satulah Mtn. summit now open

By Brian O’Shea

Hikers now have another option to reach the summit of Satulah Mountain after a quarter-mile of trail has been rehabilitated. The trailhead is located off Satulah Road, just after the fork in the road at Satulah and Worley

roads. The rehabilitated trail then connects with the trail that leads to the summit of Satulah Mountain.

The project was a joint venture between the Highlands Plateau Greenway and the High-

• See SATULAH page 19



This mama brought her two cubs along on a foraging trip to the residence of Scott and Kelly McDuff’s on Chowan Drive.

– Photo by Scott McDuff

## Bear family comes calling

The 2014 movie “Bears” is a documentary that follows an Alaskan brown bear mama and her two cubs trekking from the mountains to the sea along ancient trails used by generations of bears. This very scenario may

well be why so many bear families frequent the Mirror Lake area, as well as other areas in Highlands and Cashiers.

It’s assumed they come to where the people are because of

• See BEAR page 8

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# • THE PLATEAU'S POSITION •

## • MAYOR ON DUTY •

### The benefit of choices

Mayor do something, we can no longer get WSB TV out of Atlanta? Several folks have asked if the town can take action to restore WSB to Highlands since a cable provider recently removed WSB from their lineup. My first response is I can do nothing, It's a private business decision.

But, WSB news broadcasts are not necessarily gone from Highlands. They can be streamed on demand. A streaming viewer can see all the ABC network program carried by WSB through streaming. Asheville's WLOS, NBC, CBS and Fox programming can be streamed from stations in Greenville and Spartanburg.

How we access television is changing fast. Two months ago, I recycled my metal dish and began streaming television. My wife was thrilled. I don't know why, but she thought that dish looked bad in the only place we could get a signal, a small space in the front yard.

When I first began streaming, the process was somewhat disconcerting. There were so many factors to deal with and many choices. The former satellite system that had limited but expensive choices. Streaming provides many competing providers



Highlands Mayor  
Patrick Taylor

seeking my business, such as Sling, Hulu, USTV, Directv Now, and YouTube TV, to name only a few. I chose the provider that had all the local news channels, the major networks, the Atlanta Braves in HD, the SEC and ESPN channels.

So, what about WSB News? Using the app NewsOn: Local News Nationwide I can stream it on demand.

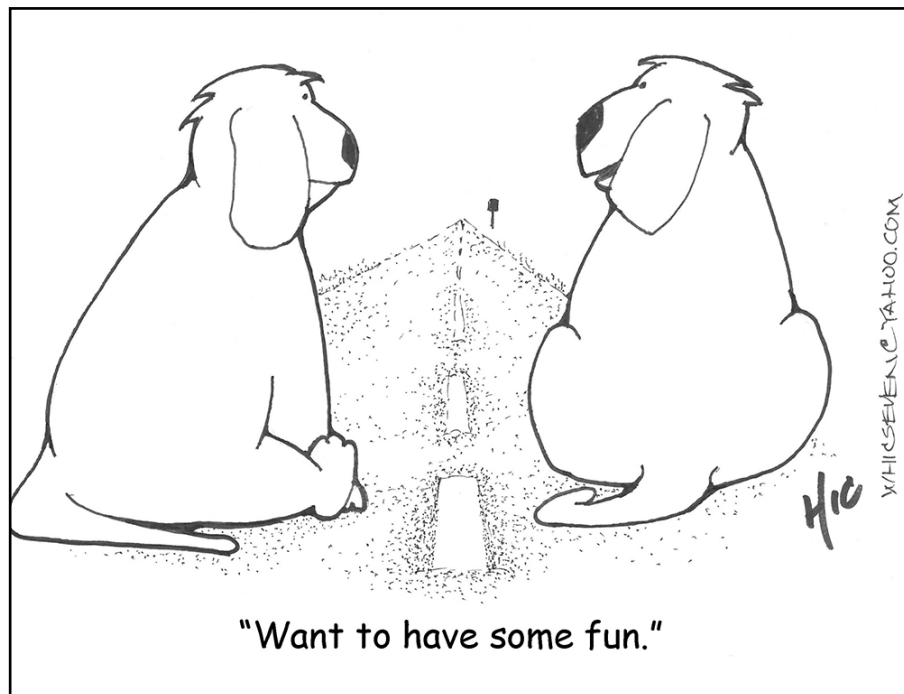
Television changes are somewhat similar to what Highlands/Cashiers faces with future healthcare access. Healthcare is undergoing rapid changes, especially in rural and remote areas. Highlands and Cashiers is caught in the changes. One can't live in a remote community as ours and expect the direct healthcare access provided by metropolitan areas like Atlanta. We have been rather successful in bridging the isolated rural versus urban divided in many areas, but healthcare access is a challenge.

The digital divide facing isolated communities is something we're about to solve, but healthcare access is more complex. The problem invariably requires our shift in the way we view healthcare. Whether we like it or not the old model of a full service, stand-alone hospital for this small community has gone away. Like it or not, we will have to be connected to a greater healthcare network.

I have been talking with numerous community leaders in recent weeks about the future of our hospital and the proposed merger. There are issues that will need to be addressed about our hospital campus as

• See MAYOR page 14

## • HIC'S VIEW •



## • OBITUARIES •

### Terry 'Butch' Von Waller

Terry "Butch" Von Waller, 60, of Highlands passed away Saturday, May 5, 2018. Born in Tampa, Florida, he was the son of Lillian Zachary Waller and the late Albert Lendal Waller. He was the proud owner of Apple Real Estate and Construction and a veteran of the U. S. Air Force, serving our country from 1977 - 1980.

Butch was fortunate to share 27 years with "his rock, his angel, his lucky



star", Susan Whittle Waller of Highlands, where they spent their 24 years of marriage. Additional survivors include his mother, Lillian Zachary Waller of Highlands; daughters, Michele Martin (Josh) of Woodstock, GA and Krista Chapman (Justin) of Ballground, GA; grandchildren, Rachel Chapman, Zachary Chapman, Karson

• See OBITUARIES page 7

## • WEATHER •

	Friday 5/18		Saturday 5/19		Sunday 5/20	
	Daytime	Overnight	Daytime	Overnight	Daytime	Overnight
Temp	73 F	55 F	74 F	54 F	74 F	54 F
RealFeel	80 F	57 F	80 F	61 F	83 F	64 F
Winds	4 g 7	3 g 5	4 g 7	2 g 5	3 g 6	2 g 4
T-Storms	61%	41%	40%	40%	40%	60%
Rainfall	0.28	0.1	0.27	0.04	0.08	0.04
Snowfall	0	0	0	0	0	0

For Real-time Weather and the Extended Forecast, go to • [www.highlandsinfo.com](http://www.highlandsinfo.com) and click on Weather

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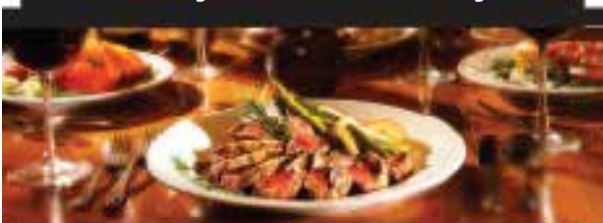
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## • HEALTHY LIFESTYLE CONCEPTS •

### Magnesium: The Miracle Mineral for Better Health

Today, more and more people are beginning to hear about the amazing health benefits associated with getting more magnesium in their diets. This is especially important because according to health advocate Dr. Mercola and Dr. Carolyn Dean, author of *The Magnesium Miracle*, an estimated 80 percent of Americans are deficient in it. The health consequences of deficiency can be quite significant, and can be aggravated by many, if not most, drug treatments.

#### Magnesium — One of Your Most Important Minerals

Magnesium is a crucially important mineral for optimal health and guides a large number of important physiological functions, including creation of ATP, the pumping of your heart, proper bone and tooth formation, relaxation of your blood vessels, and proper bowel function. Magnesium also helps you digest proteins, carbohydrates, and fats and is a precursor for our bodies to create important neurotransmitters like serotonin, which give us a sense of wellbeing and reduces depression. Magnesium also plays a critical role in nourishing the adrenal glands, allowing us to effectively handle stress and prevent what is known as "adrenal fatigue."

#### Signs of Magnesium Deficiency

Unfortunately, there's no easily available commercial lab test that will give you a truly accurate reading of the magnesium status in your tissues. Only one percent of magnesium in your body is distributed in your blood, making a simple sample of magnesium from a serum magnesium blood test highly inaccurate. Some specialty labs do provide an RBC magnesium test which is reasonably accurate. This leaves you with looking for signs and symptoms of deficiency. Early signs of magnesium deficiency include loss of appetite, headache, nausea, fatigue, depression and weakness. An ongoing magnesium deficiency can lead to more serious symptoms, including muscle cramps, numbness and tingling, seizures, personality changes, abnormal heart rhythms, and coronary spasms.



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#### Calcium-Magnesium Ratio 1:1 for Heart & Bone Health

Due to the rise of industrial agriculture and the prevalence of processed foods over the last 50 years, few people get enough magnesium in their diet these days. Herbicides like glyphosate (also known as Round Up) act as chelators, effectively blocking the uptake and utilization of magnesium and other important minerals. Meanwhile, calcium tends to be added to many foods, such as orange juice, and taken in high quantities. If you have too much calcium and not enough magnesium, your muscles will tend to go into spasm. Magnesium is critical for heart health, as excessive amounts of calcium without the counterbalance of magnesium can lead to a heart attack and sudden death. According to Dr. Dean, your heart has the highest amount of magnesium in your body, specifically in your left ventricle - with insufficient amounts of magnesium, your heart simply cannot function properly. Over the past 30 years, women have been told to take supplemental calcium to avoid osteoporosis. Many foods have also been fortified with extra calcium to prevent calcium deficiency among the general population. Despite such measures, osteoporosis has continued to climb. Due to an inaccurate translation from a French scientist, it was believed that 2 parts calcium to 1 part magnesium was an appropriate ratio, which it's not. A more appropriate ratio of calcium to magnesium is 1:1.

#### Magnesium Reduces Inflammation

Many drugs also tend to promote chronic inflammation. Calcium is a precursor of inflammatory effects, while magnesium is an effective anti-inflammatory nutrient. Again, too much calcium without sufficient amounts of magnesium may actually contribute to the development of heart disease. According to Dr. Dean, two major lifestyle factors that deplete your body of magnesium are stress and prescription drugs. Unfortunately, the conventional medical approach for the former often times leads to the latter, making your situation progressively worse. Dr. Dean warns that the more you deplete your mag-

• See **HEALTHY** page 10

## ... OBITUARIES continued from page 5

Martin and Emory Martin and brothers, Ronnie Waller (Vickie) of Highlands and Kevin Waller of Highlands; mother-in-law, Virginia Whittle of Winston-Salem, NC; brothers-in-law, Scott Whittle (Sharon) of Charlotte, NC and Spencer Whittle (Beth) of Winston-Salem, NC and four nephews and two nieces. In addition to his father, he was preceded in death by his father-in-law, Robert Whittle.

Butch was an avid athlete who excelled in golf, baseball, softball, hiking and basketball. In addition he was an avid reader and he loved country music. He was a wonderful husband, father, grandfather and friend to anyone who was fortunate enough to know him. Upon meeting him, people instantly liked him and felt as if they had known him for years.

Funeral service were held Wednesday, May 9, 2018 at First Baptist Church in Highlands with Dr. Mark Ford officiating. Burial followed at Highlands Memorial Park with military graveside rites. Spencer Whittle, David Reese, Gregg Pietras, Dabs Potts, Tommy Chambers, Justin Chapman and Josh Martin served at pallbearers.

Memorial donations may be made to Special Operations Warrior Foundation, PO Box 89367, Tampa, FL 33689 (specialops.org). Online condolences are available at bryantgrant-funeralhome.com. Bryant-Grant Funeral Home and Crematory served the Waller family.

### Charles Robert Wright

Charles Robert Wright, 71, of Franklin passed away Tuesday, April 10, 2018. He was born in Sebastian County, Arkansas to the late Harry and Sara Nell Moore Wright. He was a general contractor in the building industry. He was a veteran of the U. S. Marines during the Vietnam Era. Mr. Wright was a member of Snow Hill United Methodist Church.

Survivors include a younger brother, David Preston Wright of Naples, FL;

aunts, uncles and many cousins.

A memorial service will be held Saturday, May 19, 2018 at 11 am at Highlands United Methodist Church with Rev. Randy Lucas and Rev. Steve Miller officiating. The family will receive friends Saturday from 10 - 11am, prior to the service, at the church.

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## ... BEAR continued from page 1

garbage and birdfeeders. Perhaps it's because people are now blocking ancient trails – places they have always roamed with structures and roads.

Scott and Kelly McDuff and their family stood inside at the window of their home Mother's Day weekend watching a mama bear teach her young how to hunt for food.

The family has lived on Chowan Drive off Mirror Lake for more than 40 years.

According to the McDuffs, folks say Chowan Drive through Hickory Hill was once an old game trail. Evidently, animals have traversed the path (now roads) for years.

"Generations of mother bears have traveled our road and schooled their cubs how to hunt for food," said Kelly McDuff.

It's believed the trail was originally named "Dugout Drive" by the two-legged natives in the area.

Bears are adaptable and though they may never veer from trails ingrained in their DNA, they have come to appreciate tidbits provided by humans along the way. Though still wild, they are smart and sensitive to humans and noise, said McDuff.

From inside the house, "When the young mother stood to peer into the feeder all I had to do was say in a loud deep voice 'No! No! No!' The momma looked toward me, lowered to the ground and backed away into the bushes with her cubs," said McDuff.

Cynthia Strain with the B.E.A.R. Taskforce (Bear Education And Resources) said noise is indeed a big deterrent and evidently bears' hearing is keen.

According to B.E.A.R. Taskforce literature, often bears are just passing through and if they don't find food, they will simply move on. After ensuring the bear has an escape route, make lots of noise to encourage them to leave.

To learn everything there is to know about bear behavior and bear and human interaction go to <http://www.highlandsnc.org/pdfs/WNCA-Bear-Combined.pdf>.

And remember ... they were here first.

"I wish our community had a better understanding and less fear of our beautiful mountain bears and wild nature," said McDuff.

– Kim Lewicki

## Help put flags on veterans' graves

Volunteers are needed at the Highlands Cemetery Thursday, May 24 at 5:30 p.m. to help place flags on veterans' graves in observance of Memorial Day. All ages are welcome to participate. Please contact Phil Potts at 828-200-9753 or [philipot@frontier.com](mailto:philipot@frontier.com) for more information.

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# • WORD MATTER •

## Let's Have Parties ... Or Not

In George Washington's farewell address at the end of his second term as first president of the United States he, among other things, admonished Americans to beware the influence of political parties.

*"However [political parties] may now and then answer popular ends, they are likely in the course of time and things, to become potent engines, by which cunning, ambitious, and unprincipled men will be enabled to subvert the power of the people and to usurp for themselves the reins of government, destroying afterwards the very engines which have lifted them to unjust dominion."*

Here we are, 222 years later. Let's declare the Father of the Country correct.

It doesn't matter which party you support, if any. To vote only for a party, and not for a particular candidate, reduces elections to the same status as college football. We're rooting for a team, not for a person. This works in football, but in elections maybe not so much.

When my wife and I established full-time residence in North Carolina we registered to vote 'No Party Affiliation,' as was the case in our previous home state. In fact, for most of my adult life I have failed to identify with either major political party for one simple reason; I don't understand what a party has to do with a candidate's ability, integrity, experience or character. If they think he or she can win that's pretty much all that matters to the parties.

Democrats and Republicans have a veritable stranglehold on our electoral process. Even on local and state elections, and in so-called 'non-partisan' races, they control much of the funding, almost all of the campaign infrastructure, and hold candidates to dogmatic positions on issues, whether or not the candidate cares about the issue or agrees with the party's point of view.

I wonder how many of us know the people in charge of our political parties on the local, state and national level? Unless you're part of the apparatus, I'm guessing, not many. And these are the people who decide who will carry the banner of their party into the next election.

True unaffiliated candidates are few and far between, but the 2016 presidential race actually presented, for one brief moment, the possibility of a contested election with one or more viable non-party-affiliated



**Bud Katz**

ed candidates, in addition to candidates presented by the major parties.

Prior to 2016, Donald Trump had several party affiliations since he registered to vote.

Trump registered as a Republican in 1987. Since then he's changed party affiliation five times. In 1999, he changed to the Independence Party of New York. In August 2001, Trump became a Democrat. In September 2009, he changed his affiliation back to Republican. In 2011, Trump changed to "no party affiliation" (Independent). In 2012, Trump returned to the Republican Party.

Bernie Sanders has been an Independent for almost his entire political life. He was elected Mayor of Burlington, Vermont three times beginning in 1980. He won a seat in Congress in 1990, and was reelected as an Independent seven times, before running for the U.S. Senate, as an Independent, in 2007.

Both Trump and Sanders were not the preferred candidates of either of their parties. Either or both could have run an independent campaign. Neither needed financial support from their parties. This could have left the parties open to put forth other candidates. Voters might have enjoyed the opportunity to consider viable, well-known candidates beyond the scope of simply (D) or (R) designation, alongside more traditional Democrat and Republican candidates. It would have been interesting. It might have been fun.

I've long wondered what benefit, besides a label, or uniform of sorts, political parties offer voters. I believe voters would be better served if they looked at a candidate's record, positions and fitness for office instead of supporting them based on a red or blue uniform.

I'm not suggesting people abandon their political parties any more than I suggest they stop supporting their college football team. But, let's be honest. Unless we're deeply involved, do we know many of the players on our football team? When we cheer, do we cheer for the player? Or, do we cheer for the team? In football, it's not necessarily about the players. It's about the team.

I love college football, but I think the people we elect matter a great deal more than the team for which they play.

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## ... HEALTHY continued from page 6

nesium, the more out of control your cholesterol will get, because magnesium helps balance the enzyme that creates cholesterol in your body, thereby aiding in normalizing your cholesterol levels. Interestingly, and importantly, statin drugs destroy the same enzyme that magnesium balances, she says. Magnesium deficiency is also a common symptom in diabetes, so drugs may inadvertently contribute to diabetes simply by depleting your body of magnesium.

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While you can typically get enough calcium from your diet by eating nuts, seeds, deep green leafy vegetables, and dairy products, magnesium tends to be a bit scarcer in our modern food supply. "Magnesium is farmed out of the soil much more than

calcium," Dr. Dean explains. "A hundred years ago, we would get maybe 500 mgs of magnesium in an ordinary diet. Now we're lucky to get 200 mgs." Getting enough magnesium in your diet is yet another reason why it's important to buy organic produce from a local farmer that naturally enriches the soil. Seaweed and green leafy vegetables like spinach, kale and Swiss chard can be excellent sources of magnesium, as are some beans, nuts and seeds, like pumpkin, sunflower and sesame seeds. Avocados also contain magnesium. Drinking organic cold-pressed vegetable juices is an excellent way to ensure you're getting the magnesium your body desperately needs – most people notice they feel better almost instantly after having one of our magnesium-rich juices!



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# INK PENN

## • ALL ABOUT BOOKS •

### I Spy

Is it a game, a book, a television show? I suspect many of you first thought of the children's game that parents encouraged during those long family car trips of old. Either that was popular after my childhood, or we just played other games. Truth be told, we were well occupied with reading our books on our trips up and down the East Coast to visit relatives.

Your next thought may have been the old TV show with Robert Culp and Bill Cosby or, depending on your age, the movie with Owen Wilson and Eddie Murphy. I fondly recall the TV show along with The Man from U.N.C.L.E., another spy show with Robert Vaughn and David McCallum. Yes, McCallum had a career before NCIS. The 60s and 70s were Cold War decades; hence the preponderance of books and shows about spies. Even The Wild, Wild West had spies as the main characters.

It was a book review, though, that caused the phrase I Spy to pop into my head. I was intrigued by a review of The Empire of Night, a novel by Robert Olen Butler, set during WWI. I discovered it's the third in a series featuring Kit Cobb as a journalist-turned-spy. I'll soon be searching for the first book either on Amazon or at library sales. Anticipating the successful conclusion of that search made me reflect on the many authors and series I enjoyed in the 70s and 80s.

Robert Ludlum was my favorite long before the Bourne Identity became a hit movie series. I read almost all of Len Deighton, John Le Carre, Ken Follet and Trevanian. My all-time favorite spy novel, though, had to be Tears of Autumn written by Charles McCarry in 1975. This review explains what I liked about it: "Spun with unsettling plausibility from the events surrounding the assassination of John F. Kennedy, and featuring secret agent Paul Christopher, it's a tour de force of action and enigma." For years, I recommended it to everyone I knew, and when I married 19 years ago, I found a copy for my husband. He enjoyed it as much as I did, so much so, that I bought him several other Paul Christopher books. I, for some reason, have



Kathy Manos Penn

never read the others.

I've occasionally thought of picking them up off our very crowded bookshelves and digging in, but somehow I always have another book to finish first. Could that be because I'm forever buying books? Or because the McCarry books are in another room? This time when the thought crossed my mind, I followed through and read the very first in the series, The Miernik Dossier. And, though it's rare if not unheard of for me to read a book twice, I reread the second book in the series, Tears of Autumn. Well, let me qualify that claim; there have been times I buy a book and start reading it only to find I've read it before. That's a hazard of so much reading.

More recently, we've been watching the final season of "The Americans," the FX series about Russian spies embedded in America. Only after the last show airs will I be able to return to reading about the Cold War.

• Kathy Manos Penn is a Georgia resident. Her latest book, "Lord Banjo the Royal Pooch," and her collection of columns, "The Ink Penn: Celebrating the Magic in the Everyday," are available locally at the Molly Grace in Highlands and Books Unlimited in Franklin and are also available on Amazon. Contact Kathy at [inkpenn119@gmail.com](mailto:inkpenn119@gmail.com).

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- **Tuesday, May 22 (Un)Holy Wars: The Crusades**  
Time: 2-4 Cost \$25/\$35  
Presenter: Vicki Szabo
- **RESCHEDULED - Wednesday, May 23 The Making of Our Mountains** Time: 10-12 Cost \$25/\$35  
Presenter: Cheryl Waters-Tormey
- **Thursday, May 24 A History of the War on Drugs**  
Time: 10-12 Cost \$25/\$35  
Presenter: Angela Dills
- **Tuesday, May 29 iOS Delving Deeper: More about the iPad and iPhone**  
Time: 10:30-3:30 Cost: \$75/\$85  
Instructor: Nigel Sixsmith



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THE CURIOUS MIND  
KNOWS NO BOUNDS

# • HIGHLANDS AREA EVENTS •

## Auditions for Youth Theatre's 'Free to Be...You and Me' are May 29-June 2 at Cashiers Library

Albert Carlton-Cashiers Community Library and the Highlands Performing Arts Center's Youth Theater are partnering to produce the musical, "Free to Be...You and Me." The play will be staged this summer at the library and auditions will be held at the end of this month.

"Free to Be...You and Me" is suitable for all ages and provides a positive, joyful message about learning to love yourself and the people around you," says PAC Youth Theater Director Megan Greenlee-Potts.

The play marks the centerpiece of the Cashiers Library's Summer Learning Project. It'll be staged at the library the evening of Friday, August 3, and Sunday afternoon, August 5.

"We're really excited to be offering this play – especially at this time," says Greenlee-Potts. "It uses poetry, song, and sketches to teach that anyone can achieve anything. This message is delivered in a fun, upbeat manner and is suitable for audiences of all ages.

Any young person 10 or older is welcome to audition at the Cashiers Library. Auditions will begin Tuesday, May 29, and go through/including Saturday, June 2. Please sign up for an initial time slot on Tuesday, May 29, between 4 and 7 P.M. at the Cashiers Library. You can call (828) 743-0215 to register or for more information.

Auditioners should prepare:

A) One monologue from an existing play (not a book, tv, or movie script, not made up). This monologue does not need to be memorized, but should be practiced. Greenlee-

Potts can send possible monologues if requested through email at mpotts@fontanalib.org – or children can come to the library to look at some. Children may also choose their own monologue, as long as it meets their parent's approval.

B) Two contrasting songs. These should be 16 bars each in any style of music. The two songs should have different emotions that the child enjoys singing.

Some parts are only acting, some require both singing and acting. Others add dancing and some are like movie extras.

"We welcome everyone, at any skill level even if you have never been on stage before.. The very reason for the existence of the PAC Youth Theater is to discover and nurture young talent," says Greenlee-Potts.

"As proof, you need look no further than last month's PAC Youth Theater's showcase of stage combat, comedy, and Shakespeare. Our young performers, many of whom had no stage experience, were dazzling!"

The first Read-Through and Pot Luck Dinner will be at the Cashiers Library Monday, June 4, beginning at 5:30 P.M. and will go to about 7 or 8 P.M. This first rehearsal will also include an explanation of the director's show concept, a group photo of students, costume measurements, parent/guardian forms to be filled out, and scheduling.

Those interested in technical theater (lights, sound, set, costumes, makeup and hair, props, paint, run crew, Audio-Visual, stage management) are also asked to come to auditions and the first Read-Through to fill out paperwork.

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**Raindate—Sun May 27**

\* This Sale is dedicated to the Memory of Betty McCall



# • HIGHLANDS AREA EVENTS •

## Ongoing

• Movies at the Highlands Playhouse:  
Movies: Fri-Tues, 2, 5 8 p.m.

## First Mondays

• Shortoff Baptist Church non-denominational Men's Meeting at 7 pm

## Mondays

• At the Rec Park, High Cardio Zumba Fitness with Certified Instructor Tiffany Austin at 5:15 p.m.  
• Hip Hop classes with Tori Schmitt at 5:30-6:30 at the Rec Park.

## Mon. & Thurs.

• The Joy Program at HUMC from 11:30a to 1:30p. Includes a free lunch and a variety of programs and games. All seniors are welcome. For more info, call Tricia Smith at 828-338-8167.

## Mon. and Wed.

• Gentle Yoga at the Rec park at 9:30. All levels welcome.

## Mon., Wed., Fri.

• Heart Healthy Exercise Class Monday, Wednesday and Friday 8:30am-9:30am.

• Aerobics with Tina Rogers 8-9a.

## Mon., Wed., Thurs.

• Pickle Ball at the Recreation Department Gym 10:30am -1pm

## Tuesdays

• FREE Community Table Dinner at the Community Bldg. at 6p.

• The Humanist Discussion Group meets every Tuesday morning from 10:30-11:30a in the Meeting Room in the back of Hudson Library,

## First Tuesdays

• The monthly family support group for those with family members, friends, or loved ones living with the challenge of mental illness meets at 7 p.m. at Memorial United Methodist Church, 4668 Old Murphy Road, Franklin. For info call 369-7385.

## 2nd and 4th Tuesdays

• OccupyWNC meets at the 7PM in the Sneak E. Squirrel Community Room (1314 Main St., Sylva. Visit [www.occupy-wnc.org](http://www.occupy-wnc.org) or call 828.331.1524

## Third Tuesday

• The Macon County Poultry Club meets at the NC Cooperative extension office located at 193 Thomas Heights Rd., Franklin on the third Tuesday of each month at 7pm. Meetings are open to the public. Call 828-369-3916.

## Tuesday and Thursdays

• Exercise Class with Michelle Lane at 5:15. A combination class with many different styles of exercise.

## First Wednesdays

• Family Movies at the Hudson Library at 3:30pm. Call 828-526-3031 for titles.

## 3rd Wednesdays

• Recently released movies at Hudson Library at 2pm. Call 828-526-3031 for titles.

## Wed. & Fri.

Duplicate Bridge 12-4pm

## Thursdays

• Storytime with Miss Deanna at Hudson Library 10:40 am. Open to the public.

• NAMI Support Group for individuals dealing with mental illness and the family members of individuals dealing with these challenges from 7 – 8:15 pm. at First United Methodist Church Out Reach Center on West Main Street in Franklin Call Donita for more info (828) 526-9510.

• Hip Hop classes with Tori Schmitt at 6:30-7:30 at the Rec Park.

## 2nd Thursdays

• Sapphire Valley Needlepoint Guild meets at the Highlands Rec Park at 10 a.m.

## 3rd Thursdays

• Kidney Smart Classes in Franklin: from 4:30-6pm, Angel Medical Center, Video Conference Room, 3rd Floor, 120 Riverview St. Contact Majestic 828-369-9474

## 1st and 3rd Thursdays

• Indivisible Highlands, a non-partisan activist group meets weekly at the Hudson Library at 5p. For info call 770-823-0601

## Saturdays

• At The Bascom, Pottery Sale in the barn from 10a to 5p.

• Scrabble at Hudson Library from 1-4 p.m. Bring board if possible. All are welcome. 727-871-8298.

• The Bascom Knitters on the Terrace at The Bascom from 10 am until noon or downstairs in The Bascom Library room.

## Through June 3

• At The Bascom, Joel Gallery. Mnemonic Palace...Grant Benoit exhibit. Exploring memory devices and theories on remembering through the lens of the domestic space, Benoit incorporates hand printed wallpaper, sewing, and sculptural work in response to The Joel Gallery's unique architecture. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866

• At The Bascom, PaPer View exhibit. Sarah Morgan Wingfield, an artist of many disciplines including paper making, is the guest curator of this exhibition, which features the works of fifteen artists from around the country who create with paper and not merely on paper. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866

## Through June 10

• At The Bascom in the Loft Gallery. Noon-Day Land...Anna Norton exhibit. Video Installation of the movement of light within the Nantahala National Forest. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866

## Thurs., May 17

• At CLE in the Peggy Crosby Center on 5th Street, The New World Order: Chinese Influence. Time: 10a-12p. Cost \$25/\$35. Presenter: Niall Michelsen.

• At CLE in the Peggy Crosby Center on 5th Street, iOS for Intermediate Us-

ers. Time: 10:30a-3:30p. Cost \$75/\$85. Instructor: Nigel Sixsmith. For reservations call 828-526-8811.

## Fri., May 18

• At CLE in the Peggy Crosby Center on 5th Street, Enhancing Poor Soil with Biochar. Time: 2-4p. Cost \$35/\$4.5. Presenter: James Taylor. For reservations call 828-526-8811.

## Sat., May 19

• Craft Fair & Yard Sale: Memorial United Methodist Church will again be hosting the Cartoogechaye Christian Fellowship (CCF) Craft Fair. This year, we are also adding a yard sale section, and will be from 8 am- 2 pm. There will also be a Bake Sale and Country Breakfast.

• The Highlands Plateau Greenway will conduct its monthly work day on the Greenway Trail from 9:00-12:00, Saturday. If you are interested in participating, please email [highlandsgreenway@nctv.com](mailto:highlandsgreenway@nctv.com) or leave a message at 828-342-8980. We'll meet at the large upper parking lot

• See EVENTS page 18

## Asheville Symphony Chamber Chorus coming May 20



At 3 p.m. on Sunday, May 20, the Asheville Symphony Chamber Chorus will present a free concert entitled "Love Songs and Waltzes" at Highlands First Presbyterian Church. The Chamber Chorus is conducted by Dr. Michael Lancaster who also serves as Conductor of the Asheville Symphony Chorus and Director of Worship/Music at Highlands First Presbyterian Church. The Chamber Chorus, a 30-voice advanced choral ensemble, was founded by Lancaster in the fall of 2016. The group will also sing during the 11 a.m. worship service at First Presbyterian Church on May 20. The public is cordially invited to attend. The church is located at the corner of Main and Fifth Streets. Handicapped accessible entrances are located on Church Street and on Fifth Street.



## ... MAYOR continued from page 2

to how it fits into any merger acquisition. I am confident Highlands and Cashiers will continue to have access to quality healthcare, but just as there are changes in TV access, there will be changes in our healthcare access. Current trends suggest rural communities developing mini-hospitals/medical centers with a strong emergency center as the core. Changes actually began five years ago, and they continue.

By the way, I love streaming TV. I like it better than the dealing with antennas, cables and satellite dishes. I have more control and have more choices. Could healthcare be similar?



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## Buttercups and Dandelions

We've all heard it ad nauseam -- your home has to have curb appeal and you should stage your home. While there is proof that these suggestions work, I don't think every home has to look the same.

Sometimes after viewing homes, especially newly constructed and remodeled homes, I wonder if I'm on a set from The Stepford Wives. Why do we feel the need to make everything perfect? Why does house A have to have some/most of the features of house B?

Buttercups and dandelions are seen in our yards this time of year- they're everywhere. Most people consider them to be invasive, noxious weeds and can't wait to give them a good dose of Vitamin R (Roundup, or an earth friendly equivalent). Some people let the prolific early bloomers be. No, that's not a misprint. Buttercups and dandelions are some of the first things that attract bees, and we need bees for pollination. There's that, so there. Chalk one up for the bees.

And don't forget wishes -- those dandelions grow up to become the very stem of dreams coming true as you blow the seeds into the air. Having curb appeal in the mountains (or anywhere) doesn't mean homes have golf course turf for a front yard. Behold the imperfections as perfection in itself.

We've approached the house, taken in the yard, whether it's natural or heavily landscaped, and now we're opening the front door. There are plenty of buyers that request to see homes that are in move-in condition, as in they don't want to have to do a thing except bring a suitcase. While they say that, most of them still yearn to have something to do to the house to make it their own.

I think that's an innate, yet sometimes unspoken prerequisite when buying a home. It's something a broker picks up during the process. Granted, some new homeowners think changing things up is a new bed comforter, a painting above the fireplace, or a dining room table centerpiece. "Voila! It's done. Now it's mine. It's all me." And we applaud their efforts every time. It really doesn't matter what extent they go to make it their own space, it's the act of making it their own that's fascinating.

As a broker, we get to see that magical moment, the moment when we see the buy-



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er's light bulb go off. We know at that moment the buyer is seeing a house with fresh eyes. It's like one of those futuristic sci-fi movies where changes are being made on a hologram- they're like Einstein chalking up equations to make a home better for them. It's a broker's job to know when to talk, and when to let the buyer's creativity flow. I'm not talking about tear-downs or homes with major flaws, due diligence periods can help buyers discover and deal with those situations,

I'm talking about a buyer's whim of fancy to have interiors painted, or in some cases, remove the ghastly colors presented, or remove the carpet, or add carpet, put a door where there's a window, etc.

I believe there are plenty of buttercup and dandelion buyers that crave a little imperfection even though they ask for the opposite. Some brokers claim buyers have no vision, so to attract them to a newly listed home, the seller needs to void the house of color, take every bit of personalization away, change the carpet or rugs to a neutral color, etc. Those same brokers tell their sellers "buyers need a blank palette to work with." One can almost tell when walking in the front door what to expect, because it's just like every other home you've just seen. Sometimes, even staged homes evoke a pretentious vibe that can have an opposite effect of the seller's intentions.

Buyers need to feel at home before they consider making an offer. It's not only OK, it's a good thing when a home shows personality because it means the people that are selling found a way to make it their home, but there's room for a buyer to do the same in their own way.

As a buyer or seller, just step away from a Stepford home. Your home should reflect you, and your tastes. In our area, there are plenty of homes on the market with different degrees of dandelions and buttercups, and some pretty amazing, 'magazine-perfect' homes, too.

When choosing a book, we're told not to judge a book by its cover, and the same idea goes for home shopping. Don't judge a home by its dandelions and buttercups because there's a purpose for everything.

• Jeannie and Tucker Chambers are owner/brokers of Chambers Realty & Vacation Rentals at 401 N. Fifth Street in Highlands. Contact them at [info@highlandsiscalling.com](mailto:info@highlandsiscalling.com)



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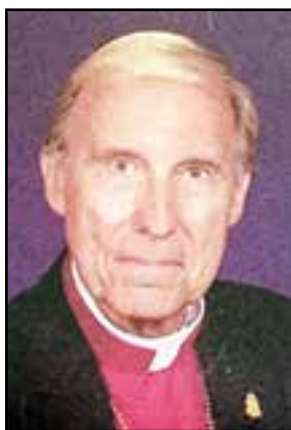
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## • SPIRITUALLY SPEAKING •

### MARRIAGE: The Challenge of an Eight Letter Word

Archbishop  
John Erbeling  
Archbishop Emeritus  
Chapel of Sky Valley  
Sky Valley, GA



It's almost June, the time of year when many young couples vow a long-term commitment to one another. Marriage is alive and well and thriving in the world.

And that is how it should be, for even in this time of restlessness, marriage offers the richest of all rewards. It means someone to be with -- in good times and bad. It means someone to depend on and trust. It means someone to care and be cared for.

Married persons are far happier and more satisfied than singles are. Recent studies show that an individual involved in a close, caring relationship with another person -- the kind engendered by successful marriage -- is healthier, both physically and emotionally.

But happiness in marriage is not guaranteed by the wedding vows. Happiness must be created -- day by day and year by year. It is not enough to marry the right partner. One must also be the right partner. That means continuous caring and courting, giving and forgiving. It means commitment by two individuals to work out problems as one, to form a union of minds as well as of hearts. A couple approaching the holy altar of marriage must know that this commitment means sacrifice and reduction of personal liberties in favor of shared freedom.

I have had the joy of officiating at a large number of wedding services over the years, and when it comes time for the couple to choose a verse from scripture, the most selected is still the most challenging, St. Paul's first letter to the church in Corinth, 13th chapter and starts with the first verse.

Although it was instructing a church in Christian conduct, not marriage, no reading is more instructive to a couple starting out in a life together. St. Paul leaves nothing to be doubted if applied to a life together:

"Though I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal."

Love is just not words. It is the act of loving and caring or it is just noise.

I was celebrating a wedding recently and the bride wanted me to include in my instructions for them both during the service these words: "And remember to tell each other that you love them at least once a day." How

• See SPIRITUALLY SPEAKING page 21

## Proverbs 3:5

## • PLACES TO WORSHIP •

## John 3:16

### BLUE VALLEY BAPTIST CHURCH

Rev. Oliver Rice, Pastor (706) 782-3965  
Sundays: School: 10 a.m., Worship: 11  
Sunday night services every 2nd & 4th Sunday at 7  
Wednesdays: Mid-week prayer meeting: 7 p.m.

### BUCK CREEK BAPTIST CHURCH

828-269-3546 • Rev. Jamie Passmore, Pastor  
Sundays: School: 10 a.m.; Worship: 11

### CHAPEL OF THE SKY

Sky Valley, GA • 706-746-2999  
Sundays: 10 a.m.: Worship  
Holy Communion 1st & 3rd Sundays

### CHRIST ANGLICAN CHURCH

Rector: Jim Murphy, 252-671-4011  
464 US Hwy 64 east, Cashiers  
8:30a quiet service, 9:30a Sunday School; 10:30a Worship  
Service. Mon. 6p Bible Study & Supper at homes  
First Thursdays 5p bi-lingual Holy Eucharist

### CHRIST CHURCH OF THE VALLEY, CASHIERS

Pastor Brent Metcalf • 743-5470  
Sun. 10:45am, S.S. 9:30am. Wed. 6pm supper and teaching.  
Tues. Guys study 8am, Gals 10am.

### CLEAR CREEK BAPTIST CHURCH

Pastor Jim Kinard  
Sundays: School: 10 a.m.; Worship: 11 a.m.  
1st & 3rd Sunday night Service: 7 p.m.  
Wednesdays -- Supper at 6 p.m.

### COMMUNITY BIBLE CHURCH

www.cbchighlands.com • 526-4685  
3645 Cashiers Rd, Highlands, NC • Sr. Pastor Gary Hewins  
Sun.: 9:30am: Sunday School  
10:30am: Middle & High School; 10:45am: Child. Program,  
10:45am: Worship Service

Wed.: 5pm Dinner (\$7 adult, \$2 child), 6pm CBC U.

### EPISCOPAL CHURCH OF THE INCARNATION

Rev. W. Bentley Manning • 526-2968  
Sundays: 8 am Holy Eucharist Rite I; 9 am Sunday School;  
10:30 am Holy Eucharist Rite II. Childcare available at 10:30

### FIRST BAPTIST CHURCH HIGHLANDS

828-526-4153 • www.fbchighlands.org  
Dr. Mark Ford, Pastor  
220 Main Street, Highlands NC 28741  
Sun.: Worship 10:45 am; Sun.: Bible Study 9:30 am  
Wed.: Men's Bible Study 8:30 am; Prayer Mtg 6:15 pm; Ch. 5p

### FIRST PRESBYTERIAN CHURCH

Curtis Fussell & Emily Wilmarth, pastors  
526-3175 • fpchighlands.org  
Sun.: Worship: 11 a.m.; School: 9:30  
Mondays: 8 a.m.: Men's Prayer Group & Breakfast  
Wednesdays: Choir: 6p

### GOLDMINE BAPTIST CHURCH

(Off Franklin/Highlands Rd)  
Sunday School: 10 am, Worship Service: 11 am  
GRACE COMMUNITY CHURCH OF CASHIERS  
Non-Denominational-Contemporary Worship

242 Hwy 107N, 1/4 miles from Crossroads in Cashiers  
www.gracecashiers.com • Pastor Steve Doerter: 743-9814  
Services: Sundays 10am - Wed. - 7pm; Dinner - Wed. 6pm

### HAMBURG BAPTIST CHURCH

Hwy 107N. • Glenville, NC • 743-2729 • Pr. Nathan Johnson  
Sunday: School 9:45a, Worship 11a & 7p, Bible Study 6p  
Wed. Kidsquest 6p.; Worship 7p.

### HIGHLANDS ASSEMBLY OF GOD

Randy Reed, Pastor 828-421-9172 • 165 S. Sixth Street  
Sundays: Worship: 11

### HIGHLANDS CENTRAL BAPTIST CHURCH

Pastor Dan Robinson  
670 N. 4th Street (next to the Highlands Civic Center)  
Sun.: Morning Worship 10:45 a., Evening Worship, 6:30 p.  
Wednesday: Prayer Service, 6:30 p.

### HIGHLANDS UNITED METHODIST CHURCH

Pastor Randy Lucas 526-3376  
Sun: School 9:45a.; Worship 9:09, 10:50.; Youth 5:30 p.  
Wed: Supper: 5:15; youth, & adults activities: 6; Handbell  
rehearsal, 6:15; Choir Rehearsal 7. (nursery provided); 7pm  
Intercessory Prayer Ministry

### HOLY FAMILY LUTHERAN CHURCH: ELCA

Chaplain Margaret Howell • 2152 Dillard Road • 526-9741  
LutheranChurchoftheHolyFamily.yolasite.com  
Sun: School and Adult discussion group 9:30 a.m.;  
Worship/Communion: 10:30

HEALING SERVICE on the 5th Sunday of the month.

### MACEDONIA BAPTIST CHURCH

8 miles south of Highlands on N.C. 28 S in Satolah  
Pastor Zane Talley  
Sundays: School: 10 a.m.; Worship: 11, Choir: 6 p.m.  
Wed: Bible Study and Youth Mtg.: 7 p.m.

### MOUNTAIN SYNAGOGUE

at St. Cyprian's Episcopal Church, Franklin • 828-524-9463

### MOUNTAIN BIBLE CHURCH

743-2583 • Independent Bible Church  
Sun: 10:30 a.m. at Big Ridge Baptist Church,  
4224 Big Ridge Road (4.5 miles from NC 107)  
Weds: Bible Study 6:30 p.m.; Youth Group 6 p.m.

### OUR LADY OF THE MOUNTAINS

### CATHOLIC CHURCH

Parish office (Rev. Dr. Francis): 526-2418  
Mass: Sun: 11 a.m.; Sat. at 4p

### SCALY MOUNTAIN BAPTIST CHURCH

Rev. Marty Kilby  
Sundays: School -- 10 a.m.; Worship -- 11 a.m. & 7  
Wednesdays: Prayer Mtg.: 7 p.m.

### SCALY MOUNTAIN CHURCH OF GOD

290 Buck Knob Road; Pastor Donald G. Bates • 526-3212  
Sun.: School: 10 a.m.; Worship: 10:45 a.m.; Worship: 6 p.m.

### SHORTOFF BAPTIST CHURCH

Pastor Rev. Andy Cloer  
Sundays: School: 10 a.m.; Worship: 11 a.m.  
Wednesdays: Prayer & Bible Study: 6 p.m.

### COMMUNITY BIBLE CHURCH OF SKY VALLEY

Sky Valley, GA • 706.746.3144 • 696 Sky Valley Way #447  
Pastor Gary Hewins  
Worship: Sun. 9 a.m., with Holy Communion the 1st & 3rd Sun.;  
Tues: Community Supper 5:30 followed by Bible Study.

### LITTLE CHURCH IN THE WILDWOOD

Memorial Day weekend through Labor Day  
Horse Cove - Kay Ward 828-506-8148  
Old-Fashion hymn-sing Sunday 7-8p.

### THE CHURCH OF THE GOOD SHEPHERD

1448 Highway 107 South, Office: 743-2359 • Rev. Rob Wood  
June-Sept: Sunday Services: Rite I, 8a, Rite II, 9:15 & 11a  
Nursery available for Rite II services

Sept 6-Oct 25- Informal Evening Eucharist- 5:30 p.m.

Thursday: Noon Healing Service with Eucharist.

### UNITARIAN UNIVERSALIST FELLOWSHIP

85 Sierra Drive, Franklin • ufranklin.org  
Sunday Worship - 11 a.m.

### WHITESIDE PRESBYTERIAN CHURCH

Rev. Sam Forrester/Cashiers  
Sunday School: 10 am, Worship Service: 11 am



## ... COUNTY continued from page 1

routinely reach double-digits in terms of the millions of dollars they would cost to complete. The school board prioritizes the capital outlay needs and reduces the overall request to a million dollars or so. That request is further trimmed to \$600,000.

This year, school board member Melissa Evans suggested not prioritizing the list. Instead, she suggested submitting the entire capital outlay need-list.

"The things on this list are all needs in my opinion," said Evans. "We have asked for them year after year, and they need to be done."

The board unanimously agreed with Evans and a request totaling \$3,179,148 was submitted to county commissioners.

That request in capital needs doesn't include the already approved and in process expansion project at South Macon Elementary School, which will cost the county more than \$2 million. It also doesn't include any significant projects at Macon Middle School or Franklin High School, both of which were removed from the capital outlay list because commissioners have already vowed to look at those projects and needs separately.

The remaining \$3.1 million has several big-ticket items such as \$30,000 for stage lighting at Highlands School, something Highlands has requested for several years. One of the larger items being requested is \$150,000 to replace the sewage treatment plant at Nantahala School,

While Highlands also requested \$12,400 for new bookshelves in the media center which is included in the overall technology replacement request for the entire district, the school, which is the most recently renovated, did not have any other capital requests.

The \$3 million request did, however, include several districtwide needs such as \$114,000 for new furniture at all schools and \$191,897 for two new activity buses, a new car for the central office and a new driver's education car, which would serve students at all schools.

In addition to more capital outlay funds, the Macon County Board of Education is looking for an additional \$1 million in current expense funds. Again, it unanimously voted to submit a current expense budget to the Macon County Board of Commissioners in the amount of \$8,244,749.24, which is about a million dollars more than what the county allocated to the school system this year.

According to Dr. Baldwin, the additional \$1 million from the county is needed to balance the school system's budget, as well as address needs regarding the district's mental health staffing.

Without a fund balance to pull from,

Dr. Baldwin said that if additional funds are not allocated, the district will have to look at eliminating the equivalent of 14 teacher positions or transitioning to a "pay to play" system for athletics which would require students to pay to play sports.

However, despite the Macon County Board of Education's request for an additional \$1 million in current expense funding and another \$3 million for capital outlay needs, Macon County Manager Derek Roland presented commissioners with his initial budget recommendation on Tuesday afternoon and didn't come close to meeting either request.

In front of a room of more than a dozen educators and parents, Roland told commissioners that he recommended the school's current expense budget be increased by \$200,000 and the capital outlay budget remain flat at \$600,000. Roland's proposed \$200,000 increase wouldn't meet the requested needs of the district to hire the school guidance counselors across the district, or funds to make up for budget shortfalls caused by a depleted fund balance.

Without additional capital outlay funds, Macon County Schools will be unable to complete safety upgrades across the district that were suggested by Mike Anderson, Director of NC Center for Safer Schools following the Parkland, FL school shooting that resulted in the death of 17 students.

While Roland's budget falls short of meeting the needs of the district, it's only a recommendation and the final decision is left up to commissioners. Roland created his budget recommendation to county leaders using their directive to create a budget that doesn't raise property taxes.

Now commissioners will spend the next few weeks reviewing the full proposed budget and if they see fit, make suggested changes. Commissioner Chair Jim Tate spoke to the room full of teachers and parents and acknowledged a flood of emails he and other commissioners have received over the last few days in regards to the education budget and said he is working to respond to each of them.

Macon County Commission liaisons to the school board, Commissioners Gary Shields and Ronnie Beale will be meeting with school board members on May 23 to begin budget discussions.

A full budget work session between the entire board of commissioners and board of education is scheduled for June 5 at 5 p.m.

The public hearing on the proposed budget, and any changes that may result regarding requests will be held on June 19.



# MOUNTAIN FRESH GROCERY DINNERS-TO-GO SUMMER MENU 2018

**MON**

**JAMES BEARD AWARD-WINNING CHEF, LOUIS OSTEEN'S LOW COUNTRY LOBSTER/SHRIMP BOIL FOR TWO**  
LOBSTER TAILS, WILD CAUGHT LARGE SHRIMP, RED BLISS POTATOES, SUMMER CORN, HOUSE MADE SAUSAGE, ALL STEEPED IN LOUIS'S PROPRIETARY SEASONING. SERVED WITH DRAWN BUTTER AND COCKTAIL SAUCE.

**\$37.95**  
SERVES TWO

**TUES**

**OVEN OFF NIGHT**  
2 FRESH CHICKEN BREASTS, GRILLED WITH ROSEMARY INFUSED OLIVE OIL. SERVED ON A BED OF MIXED GREENS, WITH STUFFED BRIE, SPICY/SWEET PECANS, MOUNTAIN FRESH OIL AND VINEGAR ON THE SIDE AND TWO CUPS OF HOUSE MADE GAZPACHO, WITH A MOUNTAIN FRESH BAKERY FRENCH BAGUETTE

**\$26.95**  
SERVES TWO

**WED**

**PRIME RIB WITH BAKED POTATOES & SALAD**  
PREMIUM ANGUS STANDING RIB ROAST, COOKED MEDIUM RARE WITH RED WINE AU JUS, TWO BAKED POTATOES AND A LARGE CAESAR SALAD.

**\$36.95**  
SERVES TWO

**THURS**

**BABY BACK RIBS**  
COOKED FALL-OFF-THE-BONE-TENDER. SERVED WITH HOUSE MADE BACON/APPLE BAKED BEANS, AND POTATO SALAD.

**\$28.95**  
SERVES TWO

**FRI**

**SHRIMP; FRIED OR STEAMED**  
WILD CAUGHT LARGE SHRIMP EITHER LIGHTLY BREADED IN OUR SEASONED CORN FLOUR MIXTURE, AND THEN PROPERLY FRIED IN PEANUT OIL AND SERVED WITH HUSH PUPPIES; OR STEAMED TO ORDER IN OUR LOW COUNTRY SEASONING. BOTH COME WITH COLESLAW AND ROSEMARY SEA SALT BROILED RED POTATOES, TARTER AND COCKTAIL SAUCE.

**\$29.95**  
SERVES TWO

**SAT**

**IN-HOUSE SMOKED BBQ**  
SERVED WITH COLESLAW BACON/APPLE BAKED BEANS AND YEAST ROLLS.

**\$26.95**  
SERVES TWO

**COME BY OR CALL IN YOUR DINNER ORDER!**  
AVAILABLE FOR PICKUP FROM 4:30-8, OR UNTIL WE SELL OUT  
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## ...EVENTS continued from page 13

behind the Recreation Center at 9:00 AM for a brief orientation session, and you will be furnished with the necessary tools and safety equipment.

Sun., May 20

• Gypsy Jazz concert in Franklin, at 3 p.m. at the MC Public Library. The Asheville based five piece string-swing

band One Leg Up will perform a vibrant mix of Gypsy Jazz, Latin, Swing, and original jazz compositions.

**Mon.-Fri., May 21-25**

• At The Bascom, Delightful Pottery with Elise Delfield 10 am – Noon & 1 pm – 5 pm Level: All. Work with Elise on throwing an altered pot on the wheel and creating unique slab trays. Elise will demonstrate her techniques including how she paints with ceramic stains. Tuition: \$425 Member/\$475 Non-Member. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866

**Mon., May 21**

• Smoky Mountain Quilters Guild will hold its regular evening meeting Monday at Tartan Hall, 26 Church Street, Franklin. Social time begins at 6:30 p.m. A presentation about the guild's "Outreach Quilting Program" will begin at 7 p.m. Anyone interested in the art of quilting is welcome to attend guild meetings. For more information about the guild, visit [www.smokymtnquilters.org](http://www.smokymtnquilters.org)

### 1/2 Price Sale

The Book Worm



Except New Releases

Located in the "Falls on Main"

All proceeds support  
the Hudson Library

## DUTCHMANS CASUAL LIVING STORES

# Book Signing!

### GOLFING ACROSS THE PONDS

A DUFFER'S PERSPECTIVE



## Saturday, May 26th MEMORIAL DAY WEEKEND BOOK SIGNING

11:00 am - 3:30 pm

828-526-8864  
342 Main Street • Highlands  
[www.DutchmansDesigns.com](http://www.DutchmansDesigns.com)



Follow us on social Media!

**Tues., May 22**

• At CLE in the Peggy Crosby Center on 5th Street, (Un)Holy Wars: The Crusades. Time: 2-4p. Cost \$25/\$35. Presenter: Vicki Szabo. For reservations call 828-526-8811.

**Wed., May 23**

• At CLE in the Peggy Crosby Center on 5th Street, The Making of Our Mountains. Time: 10a-12p. Cost \$25/\$35. Presenter: Cheryl Waters-Tormey. For reservations call 828-526-8811.

**Thurs., May 24**

• At CLE in the Peggy Crosby Center on 5th Street, A History of the War on Drugs. Time: 10a-12p. Cost \$25/\$35. Presenter: Angela Dills. For reservations call 828-526-8811.

• Public is invited to honor Highlands veterans by placing flags on graves at 5:30 p.m. at the Highlands Cemetery. Please contact Phil Potts at 828-200-9753 or [philipjot@frontier.com](mailto:philipjot@frontier.com) for more information.

**Fri., May 25**

• Community Coffee at the Hudson Library in the Meeting Room from 11-Noon w/ Mayor Patrick Taylor in a Question & Answer Session with the Mayor. For more information call the Hudson Library at 828-526-3031.

• 15th Annual "Salamander Meander" at the Highlands Nature Center. 9-10 pm. Listen to a brief presentation about salamanders, then go on a short guided night hike to observe these magnificent creatures along the Garden trails. Be sure to bring your flashlight! Cost is \$5 person, and advance registration is required due to limited space. Please call 526-4123 to enroll.

**Sat., May 26**

• Booksigning at Dutchmans on Main Street 11 a.m. to 3:30 p.m. "Golfing Across the Ponds."

• Mountain Garden Club 36th Annual Plant Sale at the Highlands Baseball Field. Rain date is Sun. May 27.

**Mon., May 28**

• Memorial Day Ceremony to dedicate the bricks that will be installed into the Veteran's Walkway at 10 a.m. That ceremony, where all Veterans and their families are invited to attend along with the general public, will take place at the Veteran's Plaza in Highlands in front of the Police Department Building. The plan is to install another 40 bricks for this ceremony. Project Manager, Veteran Service Officer, Bill Edwards @404-915-1344.

• At CLE in the Peggy Crosby Center on 5th Street, Ever-Changing State of

American Politics. Time: 10a-12p. Cost \$25/\$35, Presenter: Al Tuchfarber. For reservations call 828-526-8811.

**Tues., May 29**

• Community forum about HCA and Mission future at Jane Woodruff Building on the first floor. at noon.

**Wed., May 30**

• At CLE in the Peggy Crosby Center on 5th Street, An Epicurean Evening in Morocco. Time: 4-6p. Cost: \$90/\$100. Chef: Melissa Pelky Hass. For reservations call 828-526-8811.

• Community forum about HCA and Mission future at Cashiers Rec Center at 5 p.m. • At CLE in the Peggy Crosby Center on 5th Street, iOS Delving Deeper: More about the iPad and iPhone. Time: 10:30a-3:30p. Cost: \$75/\$85. Instructor: Nigel Sixsmith. For reservations call 828-526-8811.

**Thurs., May 31**

• At CLE in the Peggy Crosby Center on 5th Street, Basic Photoediting for iOS. Time: 10:30a-3:30p. Cost \$75/\$85. Instructor: Nigel Sixsmith. For reservations call 828-526-8811.

**Tues., June 5**

• At CLE in the Peggy Crosby Center on 5th Street, The Battle Over the Southern Past. Time: 10a-12p. Cost \$25/\$35. Presenter: Fitzhugh Brundage. For reservations call 828-526-8811.

**Wed.-Fri., June 6 – 8**

• At the Bascom, Painting -- Gone Wild! Smokey Mountain Wildflowers in Watercolors with Hillary Parker from 10 am - 4 pm Levels I, II, III. Tuition: \$450/\$500. For more information on these events please visit [www.thebascom.org](http://www.thebascom.org) or call Lin Sheffield at 828.787.2866.

**Thurs. - Sun., June 7-10**

• Highlands Motoring Festival all over town. In K-H Hutchinson Park on Saturday.

**Fri., June 8**

• At CLE in the Peggy Crosby Center on 5th Street, Women in Latin American Literature. Time: 10a-12p. Cost \$25/\$35. Presenter Angélica Lozano-Alonso. For reservations call 828-526-8811.

**Sat., June 9**

• Take medicine back! Dispose of unused medicine at Bryson's Food Store in Highlands and the new Ingles on the Georgia Road from 11a to 2p.

**Mon., June 11**

• At CLE in the Peggy Crosby Center on 5th Street, CLE OPENING PARTY. Time: 5-7p. No Cost. Everyone is Welcome. For reservations call 828-526-8811.



## ...SATULAH continued from page 1

lands-Cashiers Land Trust.

Greenway Vice President Hillrie Quin spearheaded the project and contracted Tate Landscaping Services to do the rehabilitation. He said hiring professionals would be quicker and safer than using volunteers. He added that this would have never happened without the support of donors, especially Julian Franklin.

"Julian said to me 'I'll fund it if you can rehabilitate the trail,'" said Quin.

Franklin's family has been hiking the trails on Satulah Mountain for decades. Franklin and his long-time friend Jim Green, who is the author of "Satulah: The Mountain," have always felt the public should have access to such a beautiful landmark. Green passed away last year and Franklin felt he should continue their mission.

"The trail was constructed in 1996-'97 and makes it possible to reach the summit," said Franklin. "The hope is that the public will use this trail instead of Worley Road. We (Green and Franklin) fell in love with Satulah. Jim and I worked for years to maintain access to the summit but it became apparent we weren't getting it done."

On Monday, donors, family, friends, volunteers, and those involved in the project dedicated a plaque in memory of Green at the trailhead at World's End. All those present spoke and thanked everyone involved and praised the time and commitment that was shown to complete the project.

Land Trust Executive Director Gary Wein said a project like this has several benefits to the community.

"The idea is it gives you an alternate route that is safer and it gets you on a trail and off a road," he said. "It's awesome because the public recognizes the value and importance of Satulah. The public needs access to Satulah and the public likes to hike."

Jim Tate, owner of Tate

Landscaping Services and recently re-elected Macon County Commissioner said his team replaced several old stairs, added handrails, and installed water bars to solve the erosion problems. The entire project took about two weeks. He added that he supports projects like this and everyone should be able to access such a community treasure.

"It's a natural wonder of the area," he said. "Personally, I think it's my favorite in the area. Donors and volunteers who made something like this happen aren't usually recognized. The fact they're doing this means we live in a really special place."

At the plaque ceremony, Land Trust President Bill Mauldin thanked all of the donors and volunteers, especially Hillrie Quin for making this project possible.

"It's amazing the amount of people who came together; donors came together, volunteers came together, and we had good leadership [Quin]," he said. "I know the community will enjoy this trail and I really hope they make use of it."

Greenway Board Member Kevin Gates said that everyone deserves to enjoy this area, regardless of economic status.

"If you're wealthy you can have access to something like this whenever you want, but if you're not, you need public access for everyone to see it," said Gates.

Pam Carver, Franklin's daughter, said she cherished hiking the trails on Satulah Mountain her entire life and looks forward to hiking them with her grandchildren.

"This is great because it belongs to the public," said Carver. "God didn't put it up here only for the people who live up there. I feel like I'm the queen of the world when I'm up there."

Quin recommended that the public should park at the area where 4th and 3rd streets intersect and walk up Satulah Road. At the fork of Worley and Satulah Roads, take a right and walk up a short distance to the trailhead, which is on the left.

## • POLICE & FIRE REPORTS •

**The Highlands Police log entries from April 17. Only the names of persons arrested, issued a Class-3 misdemeanor or public officials have been used.**

### April 29

- At 10:55 a.m., officers responded to a barking dog complaint at Zermatt Circle.

- At 11:50 a.m., officers responded to a call of a verbal argument taking place on the Post Office parking lot.

### May 1

- At 9:15 a.m., officers responded to a two-vehicle accident in the 4th Street Market parking lot.

- At 3:15 p.m., officers responded to a two-vehicle accident in Wright Square.

### May 2

- At 5 p.m., Luis Leonardo Damianmejia, 23, of Franklin, was arrested for being drunk and disruptive. He was issued a \$750 secured bond. His trial date is May 24.

- At 6:30 p.m., officers responded to a call of larceny at the Rec Park, where someone took a shoe from another person.

### May 5

- At 10:30 p.m., Byron Russell Gordon, 23, of Highlands, was arrested for failure to appear in Buncombe County court. He was issued a \$1,000 secured bond. His trial date is May 17.

### May 6

- A little after midnight, Christina Marie Eldridge, 31, of Sapphire, was arrested for DWI when she was pulled over on the Dillard Road.

### May 7

- At 1:10 p.m., officers responded to a two-vehicle accident in the Carolina Cleaners parking lot.

- At 7:03 p.m., officers responded to a call from Old Edward Inn about a person causing a disturbance inside the hotel lobby.

### May 8

- At 9:48 a.m., officers responded to a two-vehicle accident on US 64 west near Webbmont.

- At 7:10 a.m., officers responded to a two-vehicle accident on US 64 west at NC 106.

**The Highlands Fire & Rescue Dept. from April 30**

- At 3:19 p.m., the dept. responded to a fire alarm on Main Street that was set off from sanding wood walls.

### May 1

- At 9:37 a.m., the dept. was first-responders to a residence on Brookside Lane.

### May 3

- At 2:14 p.m., the dept. provided public assistance to a residence on Birchwood Drive.

### May 4

- At 9:28 a.m., the dept. was first-responders to a residence on Clubhouse Trail.

### May 6

- At 9:44 a.m., the dept. was first-responders to a residence on Garnet Rock Trail.

- At 11:01 a.m., the dept. stood by at Zachary Field for the MAMA helicopter.

- At 12:01 p.m., a mutual aid call to Cashiers was cancelled en route.

### May 8

- At 9:35 a.m., the dept. responded to a motor vehicle accident on US 64 west. There were no injuries.

### May 9

- At 11:17 p.m., the dept. responded to a motor vehicle accident at Horse Cove Road and 6th Street. There were no injuries.

### May 11

- At 7:43 a.m., the dept. was first-responders to a residence on NC 106.

### May 12

- At 3:58 p.m., the dept. responded to a mutual aid request from Scaly F&R. It was cancelled en route.

### May 13

- At 10:26 p.m., the dept. was called about a brush pile burning at a residence on Cullasaja Drive.

### May 14

- At 9:18 p.m., the dept. responded to a vehicle accident on N. 4th. Street. There were no injuries.



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## ... SPIRITUALLY SPEAKING from page 16

pathetic! Just once a day and you have to be reminded.

St. Paul gives one of the most powerful definitions of love ever written when he wrote, "Love is patient, love is kind; it does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking [and now the really tough ones], it is not easily angered, it keeps no record of wrongs." Now St. Paul quiets the heart with these words: "Love always protects, always trusts, always hopes, always perseveres."

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