

# Highlands' Newspaper

FREE

Volume 3, Number 21

Locally Owned & Operated

Friday, May 27, 2005

## ON-GOING

- Highlands Wine and Cheese. Wine Flights each Thurs-Saturday 4:30-6:30. Complimentary samples Saturday 12:30-4.

- The Instant Theatre Company's Evenings of Little Entertainments each Friday at 8 p.m.. For reservations call the ITC Box Office at 342-9197. Reserved tickets are \$15. Tickets at the door \$20. Seating is limited.

### May 26

- The Zahner Conservation Lecture Series for 2005 continues on Thursday, May 26, at 7 p.m. at the Highlands Nature Center. Dr. James Porter will give a talk entitled "Butterfly Biodiversity: Conservation Challenges from the New World Heartland and the Old World Tropics." It's free.

### May 27

- Live Music at Buck's Coffee Cafe – Hurricane Creek, Country Fried Rock & Blues from 8-11.

- New exhibit at Mill Creek Gallery and Framing Hours are noon till 5 or 6 p.m. Monday -Saturday. Call 787-2021.

### May 27-30

- Memorial Weekend at The Mountain Retreat and Learning Center. Special youth program Saturday morning. Call 526-5838.

### May 28

- Live Music at Buck's Coffee Cafe – Gary McCourey from 8-11 p.m.

- The Mountain Garden Club's Annual Plant Sale this year at the Highlands Ball Park at U.S. 64 east and Hickory Street.

- There will be a bake sale and breakfast to help raise money for the Bolivian Mission of the Highlands United Methodist Church from 8-11 a.m. on Saturday.

- The Highlands Nature Center is offering the 2<sup>nd</sup> Annual "Salamander Meander." Meet at the Nature Center at 9 p.m. To sign up, please call the Nature Center at 526-2623.

- Live Music at the Pizza Place – Bo Jam, 6-10 p.m.

### May 29

- Live Music at Buck's Coffee Cafe – Mountain Voodoo, Duo with Appalachian Sounds.

- Live Music at the Pizza Place – Bo Jam, 6-10 p.m.




- Bishop Gideon Maghina of the Central Diocese of Tanzania will preach at Christ Church.

### May 30

- Live Music at the Pizza Place – Bo Jam, 6-10 p.m.

### June 2

- The Zahner Conservation Lecture Series for 2005 continues Thursday at 7 p.m. at the Highlands Nature Center. It's free.

FRI	SAT	SUN
		
72--50 °F	70-49 °F	71-50 °F

## Officials walk Bowery Road

By Kim Lewicki

highlandseditor@aol.com

Both sides in the Bowery Road improvement dispute turned out for a meeting at the site Wednesday afternoon but neither side got answers.

"This is simply the first step the state must take before it pursues work in a historical district," said Mary Pope Furr, historical architect with N.C. DOT. "We're here to take pictures of the flags

•See BOWERY page 12

## Inside:

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## Highlands School senior parade



At the end of every school year, graduating seniors from Highlands School drive around town waving balloons and honking horns as their annual rite of passage. Pictured from left are Brook Fowler, Erin Munger, Iyali Ruiz, and Jessie Ziebarth. Hannah Hendricks is in the back of the truck and Jenna Greene is driving. Photo by Jim Lewicki

## Town 2005-2006 budget rising

By Kim Lewicki

highlandseditor@aol.com

As the town grows, so does its budget.

The proposed budget for 2005-2006 is \$16.8 million.

With other revenue coming in from other sources, the ad valorem tax rate

won't be increasing this year – which is always good news.

At the May 18 Town Board meeting, Town Administrator Richard Betz presented the budget message for the upcoming year.

"Thanks to higher than anticipated

•See BUDGET page 24

## The real story behind America's food revealed

By Erin Brown

highlandserin@aol.com

A group of about 30 Highlands' residents gathered together at the Rec Park Monday night to watch a very disturbing documentary.

Ashby Underwood and her husband, Chad Garner, received the film entitled "The Future of Food" from a friend in Connecticut, Rachel Beth Dorfman, and decided to share its message with the community.

The film, directed by Deborah Koons Garcia, the wife of late rocker Jerry Garcia, focuses on genetically modified organism food or GMO food, and how they have quietly infiltrated the American grocery market.

Since there is no legislation forcing corporations to label their products, the average consumer doesn't really know what they are ingesting. It is estimated that genetically engineered food, mainly through corn and canola, have already been added to 60 percent of the processed foods on the grocery store shelves.

"This comes at a really appropriate time when there is so much polarizing going on politically, socially and environmentally," Garner said, before the film started.

Humans have been developing new technology for agriculture since the origination of farming, but the twentieth century saw a radical shift in the type of technology used on our food. Ironically, advances in farming technology were adapted from the technology used to destroy life in the world wars. Nitrogen-based chemical

•See FOOD page 10





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## ● LETTERS TO THE EDITOR ●

### Dr. Heffington resigns from Hospital

Dear Editor,

It is with great sadness that I hereby resign from the Medical Staff of Highlands-Cashiers Hospital, and from the office of Chief of the Medical Staff, effective June 6, 2005.

I am unable to describe my heartbreak. I have dedicated 23 years to supporting the hospital with money, time, energy, service, heart, and soul. The place it has had in my life is not measurable.

I do not have words to convey how much I have enjoyed working with the excellent and dedicated nursing staff, the fine members of the medical staff, and the wonderful employees and volunteers who make our hospital the exceptional facility that it has grown to be. *They are the hospital.* I am *not* resigning from *them*. I will miss them all so much.

I cannot adequately express my anger and frustration at the actions and attitudes of the executive committee of the hospital board that have driven me to take this drastic step. I once hoped that I would be able to help steer them away from their current course, which I believe to be short-sighted and suicidal. I hoped that my 23 years of experience providing medical care to the community, if not my dedication to the mission and the future of the hospital, would earn me enough respect to have some influence on the direction of the institution. Instead, it seems that Jack Calloway and the businessmen who make up the executive committee have decided that they know best how to serve the community's medical needs. They have indicated that my participation (and the participation of the hospital's other long-supporting primary care physicians) is unwanted, and that our dissenting opinions will not be tolerated.

I will not go into detail about the disagreements that I have had with the executive committee over the past few years. The executive committee's claim to be focusing on the "bottom line" and "operating like a business" has resulted in the unwise allocation of our energy and financial resources. This has in turn led to the worst losses in hospital history. It is my belief that the community has always supported the hospital because we have focused on simply providing the best care that we can in a financially responsible way, rather than attempting to dazzle prospective donors with "cutting edge" architecture and "services."

■ See LETTERS page 6

### Say "no" to the cheeseburger bill

Dear Editor,

When obesity has reached epic proportions in our children (and adults) we have not been told that a substance being used in most of the foods on our shelf or served to us in many restaurants is the culprit! That substance is MSG – monosodium glutamate the administration has rushed through the U.S. House of Representatives a bill called the Personal Responsibility in Food Consumption Act, better known as "the Cheeseburger Bill."

This sweeping law bans anyone from suing food manufacturers or distributors even when it is proven that they have added an ADDICTIVE chemical to their food. This bill is due for a rubber stamp in the Senate. What is the rush? The bill must be passed before the factual information in John Erb's book "The Slow Poisoning of America" becomes widely disseminated MSG and the food industry have a powerful lobby!

Without a public outcry the bill will be passed. Never mind that there has been a proven link to not only obesity but possibly also to migraines, autism, ADHD, and even alzheimers. Read the labels. You will find MSG in Campbells soups, Hostess, Doritos, Lays flavored potato chips, Betty Crocker Hamburger Helper, Heinz canned gravy, Swanson's frozen prepared meals and MANY more. (Maybe under as assumed name Hydrolyzed Vegetable Protein. It's still MSG.)

What about your favorite restaurants? Check out Kentucky Fried, Burger King, Wendys, Taco Bell-even sit down restaurants: TGIF, Chili's, Applebee's and Denny's. It makes food taste better and makes you want more and more. (It's addictive and the food industry has known this since 1978!) Unless we want to become a nation of obese lethargic sheep waiting for the slaughter we must contact Senators Burr and Dole and urge them to defeat this destructive "Cheeseburger Bill!"

**Edna Foster  
Highlands**



## Interim Chief of Police named

By Kim Lewicki

highlandseditor@aol.com

Now that Chief Jerry Cook has announced his retirement as of May 28, the search is on for his replacement.

Meanwhile, Assistant Chief Willy Houston, 64, will serve as Interim Chief of Highlands Police.

Though Chief Cook said Houston would make an excellent chief.

"Willy's more than capable of handling the chief's job while the town goes through the process of finding another chief," said Cook. "It's likely to be a lengthy process."

Houston's not sure he wants the job. For now, he's happy with the interim position. "I might want to take up fishing with Chief Cook," he

said with a smile.

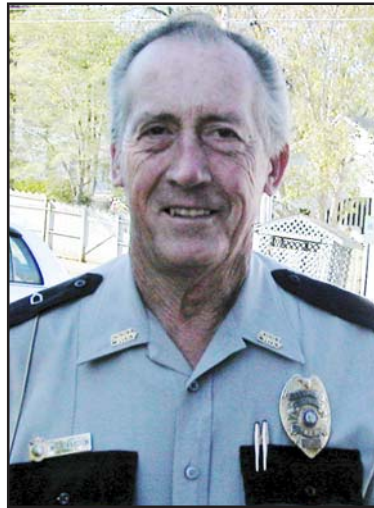
Like many before him, Houston started his law enforcement career as an deputy in the Macon County Sheriff's Department.

He came to Highlands in 1988 and by 1990 was named Assistant Police Chief.

He said moving from the night shift - 4 p.m. to midnight - to the Chief's schedule will definitely be a change but he's up for it.

While the Town Board advertises for the position of chief, Houston said he will urge the department to continue to work

together for the benefit of the town. "I will be open to suggestions from the officers," he said. "As I go along, I'll listen and see how it goes."



**Willy Houston**  
Interim Chief of Police

## Buffer for Hickory Street property still under the gun

By Erin Brown

highlandserin@aol.com

The Planning Board is helping the Town Board define the term "green buffer" for a piece of property which has caused more problems than most.

The 4.72 acre tract, which is bordered by Hickory, U.S. 64 east and Chestnut streets, has also brought about conditional zoning, a step which gives the Town Board more control over development prior to the zoning board's final step of issuing a Special Use Permit.

Defining the green buffer, which would run along U.S. 64 east - a major artery for the town, will enable the board to maintain the rural mountain characteristic of Highlands and save some trees to boot.

"You can't remove anything from the buffer unless it's dead, diseased or dying," said Larry Gantenbein, town planner.

The board wants to maintain opaqueness year-round and ensure the proper thickness of the natural

buffer.

"If the buffer is less than 40 feet wide it should border on the right-of-way," said Gantenbein.

Commissioner Hank Ross prepared a list of possible plant which would be suitable for the vegetative buffer. Some types were - Red Maple, Sugar, Balsam Fir and White Spruce trees, Bottlebrush Buckeye, Red-Twig Dogwood, Inkberry Holly and Mountain Laurel.

Gantenbein gave the board a three-page summary of his "green buffer language" which basically states a buffer to be a "mixture of various trees and shrubs with a minimum width of 20 feet with two staggered rows of planting material placed 10 feet on centers that are a minimum of three feet high when installed...and are expected to achieve a height of six feet within three years."

The board decided to study the language and will give their decision to the Town Board by next week.

■ See BUFFER page 9

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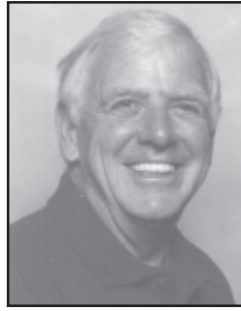
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## • LAUGHING AT LIFE •

### Some policemen retire, some policemen die

On the morning of February 23, 1984, a Cuban refugee known as "El Loco," a released prisoner from a Cuban insane asylum, pulled a two-shot Derringer from his pocket, stuck it next to a police officer's temple and pulled the trigger, ending the life of a good friend. The shot hardly made a sound and life in the



**Fred Wooldridge**

city went on as usual as the officer slowly tumbled to the ground in a back alley of Miami Beach. "El Loco," which means the crazy one, calmly put the gun back in his pocket and walked away. He had promised his friends all week he would kill a cop and he had now fulfilled his vow. The single officer's parents, in poor health, died

of heartache within that same year. A tragedy and meaningless waste of life.

A young man in Michigan kissed his Mom good-bye and headed for Miami to become a policeman. He was barely 21 and looked forward to a long and exciting career. One month after graduating from the police academy, he accidentally discharged his firearm while preparing for work. The bullet perfectly severed the large artery in his inner thigh and in less than a minute he was dead.

And the most ironic waste of a policeman's life came at lunchtime on a humid, summer day during an undercover drug buy. The dealers

pulled guns and tried to kill the undercover policemen. After a brief gun battle, a wild, high-speed car chase ensued, ending in a car crash. The drug dealers fled on foot and were chased by a rookie narc who had been on his assignment less than a week. Even though he was 200 feet from the fleeing criminals, one of them fired a wild shot at the officer, striking him perfectly between his eyes. He was dead before he fell to the ground.

I personally knew all these fine men and their loss of life cut through me like a knife. There were many more who gave their lives that I did

•See WOOLDRIDGE page 7

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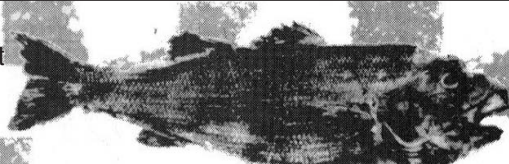
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## • MOVIE PIX •

### "Brubaker"

Directed by Stuart Rosenberg; screen play by W.D. Richter; starring Robert Redford, Jane Alexander, Yaphet Kotto and a small part by Morgan Freeman in one of his earliest film roles.

It's rated "R" for violence and language.



**Stuart Armor**  
**Movie Stop Video**

just implied, but quite a bit is not. It is a good drama. It does address the issue of the lines between prison, punishment, torture, and reform and how you care for public charges when the charges in question are a bunch of murderers and

thieves.

Other good prison dramas are "Cool Hand Luke," "Shawshank Redemption," "Papillon," "Hurricane," and "Monsters Ball."

These and about 5,000 other titles are available at Movie Stop Video. Stop by and give us a look.

A compelling prison drama, dark, as you might expect, but not without a few lighter moments but hardly the thing to make you skip out of the theatre, whistling the theme song.

Story line: Brubaker (Redford) poses as an inmate for the first few days in Wakefield prison before taking over as the new reform warden. He encounters a corrupt and brutal system (it is a prison, after all), literally run by the prisoners themselves, with a series of trustees who are often armed and in control of day-to-day operations, including security and discipline. Local officials, prison board members and local business owners are in collusion in a neatly arranged scheme of corruption, graft and theft. Brubaker works to reduce the worst of the problems and challenges and threatens the system, leading to a clash between Brubaker, the corrupt officials and even his reform-minded allies.

It all seems a little too Hollywood and kind of unrealistic, except it's based on the true story of Tom Morton, an academic with a background in running military stockades, appointed as a reform warden in Arkansas, who did indeed challenge a corrupted prison system, and according to Morton's son, a fairly accurate portrayal of the events, and it did lead to eventual changes in the way prisons and prisoners were treated.

It's not a movie for the kiddies, the violence is real and grim, some

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Sat & Sun: (2), (4), 7, 9

**THE LONGEST YARD**

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**STAR WARS: EPISODE III – REVENGE OF THE SITH**

rated PG-13

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Sat & Sun: (1), (4), 7

**MONSTER-IN-LAW**

rated PG-13

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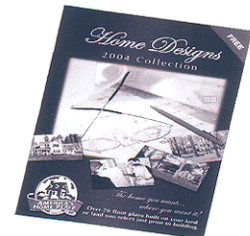
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## ... LETTERS continued from page 2

Dr. David Wheeler and I have also long felt that those in power at the hospital have not given proper attention to the needs of the Cashiers community or to the needs of the less wealthy members of either the Highlands or Cashiers communities.

In addition, the very corporate structure of the Hospital and its fund-raising Foundation Board has been the source of much frustration. The *Chief Executive Officer* of the hospital (Mr. Calloway) is also a voting member of the *Hospital Board of Directors* (to whom he is supposed to answer) and a permanent member of the all-too-powerful *Executive Committee* of that board. As if that is not enough power for one individual, he is also the *President* of the *Hospital Foundation Board*, to which the *Hospital Board* is beholden for financial support. While I believe that Mr. Calloway may have the hospital's best interest at heart, I do *not* believe that the future of the hospital should be so completely dependent on the integrity and judgment of *any* one person.

The emotional stress, sleeplessness, and distraction that have resulted from these and other conflicts have affected my life enormously. If I were able to simply turn away and disengage myself from trying to affect the course of the hospital, no doubt I would be much less frustrated, much healthier, and much happier. I realize that physicians have very little say in the operations of most hospitals. If I did not have such an emotional and professional stake in *our* hospital, I'm sure I could accept that situation, much as some of the newer physicians here do. But it has become impossible for me to "be here" as a part of the hospital after all these years of helping to nurture it, now having to helplessly watch what appears to be happening.

The "last straw," of course, was the executive committee meeting of two weeks ago. The committee summoned Dr. Wheeler and me to discuss our practice and the proposed expansion of the Cashiers Medical Center building. The hospital owns that building (which was built with donations from the community), and we have always rented office space there. Promises had been made to us by the board regarding the expansion. These promises had been broken by the executive committee, and committee members had been less than honest with us and with the board regarding its reasons for doing so. We were told at that meeting that because of our criticism, "the hospital" was not willing to consider *any expansion* of "our" building. We were also told that the relationship between "the hospital" (an obscene self-reference to the executive committee) and us had "soured," that they "could not work with us," and that we were to "go our separate ways." We were told that the hospital would be establishing a new medical facility in Cashiers for "their doctors," and that Dr. Wheeler and I would not be allowed to rent space in the new facility.

Thus, in effect we were told that "the hospital" no longer has use for us other than for us to continue to generate a significant share of the hospital's revenue by admitting and referring our Cashiers *and* Highlands patients.

To add insult to injury, I was then told by the chairman of the board that, although I am a non-voting member of the board by virtue of being chief of the medical staff, I am henceforth prohibited from expressing my dissenting views or asking questions ("cross-examining Mr. Calloway") in board meetings, and that I am to limit myself to "reporting medical staff news and credentialing matters" to the board. He actually threatened to "rule me out of order" if I try to speak, or to take "other measures as allowed by the by-laws."

Their message is clear. Therefore, although it will cost me dearly in terms of my ability to provide inpatient care directly to my patients, my standing in the community, my self-respect, and possibly my professional future, I must resign. I will continue to practice in Cashiers. In fact, I plan to increase my office hours. Our plans to add physicians to Mountain Area Family Medicine have been effectively stymied by the executive committee, but we will explore our options, and hopefully will continue to grow and serve Cashiers.

During the hospital's upcoming fund-raising for its new Cashiers facility, it is important that it be clearly and honestly disclosed to the community and potential donors that Dr. Wheeler and I will not be allowed to use the facility. I do not question the hospital's right to establish another facility to further the executive committee's agenda. But any implication that the funds raised will *benefit* our practice rather than being used by the hospital to *compete* with us would be blatantly fraudulent.

**Mark W. Heffington, M.D.**  
**Highlands**

▪ See LETTERS page 7





... **LETTERS** continued from page 6

## Hospital responds to Heffington resignation

Dear Editor,

The Board of Trustees, administration and staff of Highlands-Cashiers Hospital would like to express their heartfelt appreciation to long-time family physician Mark Heffington, MD, for the many years of devoted service to hundreds of residents throughout the Highlands-Cashiers area. Dr. Heffington's life has been totally centered on serving the families of our communities and we have all benefited greatly from his dedication, expertise, and compassion.

We regret his recent decision to resign from the hospital's medical staff and from his post as chief of staff. He has been a valued and highly respected member of our medical community for many years and we are sorry that efforts over a number of months to reach a common understanding with him regarding the future of the hospital, and how best to meet the medical needs of our communities, have been unsuccessful.

However, Highlands-Cashiers Hospital will continue to move forward to meet the medical needs of those in all of the communities we serve, and to operate in a financially responsible manner while continuing to provide the high level of patient care for which we have become known in recent years. Our commitment to the people of Cashiers and surrounding communities is as strong as ever, and we remain focused on ensuring that there is an adequate number primary care physicians to serve the growing Cashiers-Glenville area.

Everyone associated with the hospital extends their good wishes to Dr. Heffington as he transitions his private medical practice.

**Walton K. Nussbaum**

**Chairman, Highlands-Cashiers Hospital Board of Trustees**

**Jack A. Calloway**

**CEO, Highlands-Cashiers Hospital**

**Jim Graham**

**Administrator, Highlands-Cashiers Hospital**

... **WOOLDRIDGE** continued from page 4

not know personally, but their deaths ate at me just as much.

Of all the things I cherish most about my retirement, it is that I do not have to witness another policeman's funeral. As hardened as I became, I never got accustomed to watching a wife drop to her knees sobbing, clutching her small children at the grave site while bagpipes bid her husband farewell. But for the grace of God, that woman could be my wife and small children. I have attended so many funerals of officers in my 28-year career, I have lost track of which one's I grieved for the most. It is a blur of death and sorrow I can't seem to put behind me.

Policemen retire and policemen die. I am one of the lucky ones. If retiring Chief Jerry Cook and I have anything in common, it is that we are survivors of a very dangerous occupation. If you think for a minute that you cannot die just as easily patrolling the streets of Highlands as you can in Miami, you are wrong. It just takes one "El Loco," one drunk with a pistol, one angry husband with a shotgun to kill a cop. An officer can

bleed out on Main Street, Highlands just as quickly as on the streets of Miami.



The chief and I know that there are a lots of folks who just don't like cops. We are viewed as a necessary evil. They're glad we are around as long as we keep away from them. That's OK with us.

But for those of you who have a greater appreciation for what police do and go through, why don't you extend your hand in friendship the next time you see one working and thank him or her for doing his job and protecting you? Watch the surprised look on his face because that practically never happens to them.

Of all the men I buried, Officer Don Kramer, our departmental Santa Claus and a most genuinely likable young man, stands out as our greatest loss. In fact, folks said he was too nice to be a cop, if that's possible. He was the officer shot by the madman "El Loco" who is currently enjoying a comfortable life in a South Florida mental detention hospital, living better than he ever did on the street.

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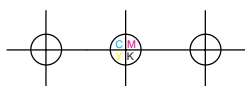
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## • ALL ABOUT WINE •

### What's your favorite wine?"

What's your favorite wine?" That's a question I hear often.

I honestly can't choose. I don't have a favorite. "I like them all," I say. Which is mostly true. Don't get me wrong: I by no means like every bottle I taste. There are bad wines out there—stuff that I wouldn't take if you gave it to me. Some of the bad stuff is cheap, and some has surprisingly high price tags.

What I mean is this: I find wines of all sorts appealing. I have no favorite varietal: I like a sweet German auslese. I like a huge tannic Bordeaux. I like Pinot Noir and Grigio. I like a little Cote du Rhone and a huge California Cab. I even like that blankety-blank Merlot (If you've seen *Sideways*, you know what I mean).

I like Australian and Californian and Italian and Spanish. I prefer reds, I guess, but whites probably offer more to talk about. Forced to make decisions about what I'll take home to drink, I may tip my hand every now and then about wines I prefer, but in this business, I get to taste them all, and I realize how limited my decisions might otherwise be. Instead of sticking with the ones I know, I now take home wines that a few years ago, I'd never heard of.

Of course, getting to taste a bunch of wines is a perk of this business: I have the luxury of abundant choice. But instead of helping me determine favorites, the process instead continues to broaden my horizons. "I like them all."

Every weekend in the Wine Shop, we do wine flights. Some weeks, we pick a theme and align the wines in a progression from light whites to heavy reds. We may pick a country or an area—or the same varietals from various parts of the world. Some weeks, I just look around the Shop and see what looks interesting, some wines that we've not tasted in a while: no particular rhyme or reason—just good wines.

We try to mix price range, including at least one or two inexpensive bottles. If customers like these wines, then great: they've found themselves a bargain—a great drinking



**Bert Mobley**  
**Highlands Wine & Cheese**

wine at a great price. We also include wines in higher price ranges, wines that most people, likely, will not regularly buy, open up, and taste for themselves.

We have fun; customers get to talking, sharing stories, and, before they leave, business cards, hugs, and kisses. We have one

couple who come in often, he a World War II veteran who can tell some good Normandy stories. One afternoon as he was recalling his experiences in France, including some tastes of old Bordeaux, he made a friend. Another of that afternoon's customers came up to me: "I want one of your best bottles of Bordeaux," he said. "Wrap it up and give it to that gentleman. He deserves it."

I can't promise that someone will offer you such a choice bottle when you come in, but I can promise that you'll get to taste some interesting wines which, hopefully, will make you think a bit about what you're tasting and how you're reacting to it. Why do you like it? Or not? Why does one wine seem better than another? What qualities can you identify? Would you want to drink it again?

From my perspective, wine flights are fun for another reason too. What the people at one table like, the people at the next table don't. One customer will rave about the lush fruit, and the next will describe the same wine as thin. One will like the tannins; the next will purse her lips and reach for a cracker.

As the old saying goes, there's no accounting for taste. One person likes a white picket fence; another likes pink flamingoes. One likes a Corvette; another a Sedan Seville. One apple pie, another pumpkin. One Auburn, another Alabama. One Faulkner, one Hemingway. One a sweet Riesling, another a big tannic Super Tuscan.

It's a strange world—why we like what we like and choose what we choose. What we find attractive, what flips our switch. Every weekend in the Wine Shop, I see a miniature version of the world at work.

But for me, when it comes to wine, "I like them all."





## ... BUFFER continued from page 3

IN OTHER NEWS:

### Appearance Commission rejects insufficient plat

The Appearance Commission rejected a plat for a commercial lot on Fourth Street on grounds of insufficiency.

"This plat was clearly done by a draftsman," said Peter Jefferson, commission member. "It's ugly, it's ill proportioned, it's awkward, it's clumsy and should be completely reconsidered."

Jefferson said the town might considered all plans prepared for a buildings for alterations in town be done by an architect so that some level of higher competency could be achieved.

"You see what Old Edwards Inn people bring in a good architect," he said. "They create a pleasant looking building."

Larry Gantenbein, town zoning administrator said the plan met all the zoning requirements, but the commission was displeased with the plat nonetheless.

"Shouldn't the site plan contain the layout of the site," Rick Siegel, a member of the commission, said. "How the building sits in the property?"

Gantenbein concurred it was not a complete site plan and that the plan need to have the parking in the rear, instead in the front of the building, and more landscaping plans.

"It looks like it's going to be all parking," Gantenbein said.

Ginger Slaughter, a member of the commission, pointed out the fact that the lot contains two more parking spaces than are needed and they could be used to further the attractiveness of the building and save some trees.

"He's got 18 spaces and only 16 are required with that amount of square footage," she said.

Chairman John Cleaveland said the commission needed a lot more than they got and Gantenbein said the owner, Richard Boger, "hurried up and got it in."

"I'm not quite sure what the rush was," Gantenbein said. "I want to talk to him about putting the parking in the back or at least some of it."



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### Topic:

Presenter/ Speaker:

### Time:

Location:

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9:15 AM

Suite 201

#### The Anti-Inflammation Diet

Debra Wagner, MD &  
Yvonne Smith, RD

9:30 AM

Suite 103

#### Natural Cosmetics Demo

Center for Plastic Surgery

9:30 AM

Suite 101

#### Introduction to Pilates

Sandie Trevathan

9:30 AM

Level 1 Fitness Studio

#### Yoga Breath & Movement

Ashby Underwood

10:00 AM

Level 1 Fitness Studio

#### Maintaining Healthy Skin

Paul S. Cabiran, MD

10:00 AM

Suite 103

#### Anti-Aging Strategies

Robert T. Buchanan, MD

10:30 AM

Suite 103

#### Introduction to Pilates

Sandie Trevathan

10:30 AM

Level 1 Fitness Studio

#### Seasonal Fruit Smoothies

Susan Hamilton/Kelly Tandy

10:30 AM

Suite 201

#### Yoga Breath & Movement

Ashby Underwood

11:00 AM

Level 1 Fitness Studio

#### Medical Acupuncture

Carlos "Charlie" Vargas, MD

11:00 AM

Suite 103

#### Glycolic Wash Demo

Center for Plastic Surgery

11:00 AM

Suite 101

#### Yoga Demo

Carole Mackey

11:30 AM

Fitness Studio

#### Making Sensational Salads

Susan Hamilton/Kelly Tandy

11:30 AM

Suite 201

#### Bioidentical Hormones

Kristy Henson, RPh &  
Diannia Nelson, BHRT

12 Noon

Suite 103

#### Yoga Demo

Carole Mackey

12:30 AM

Fitness Studio

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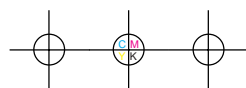
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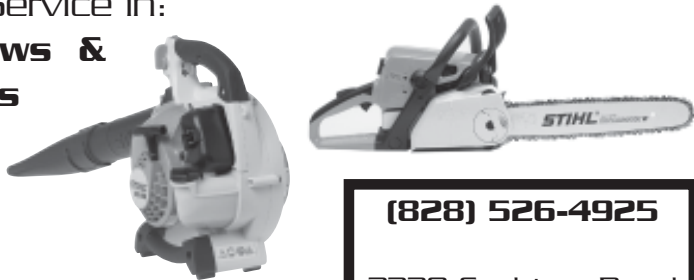




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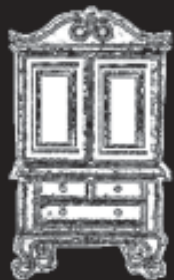


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## ... FOOD continued from page 1

fertilizers used to yield better crops were created from nitrogen-based explosives in WWI. Likewise, pesticides took a turn for the worse when nerve gas that was utilized in WWII was slightly modified to deter insects from crops. New technology produced higher productivity which led to cheaper prices and the "green revolution." The so-called "green revolution" slowly gave way to the "gene revolution" with the advent of GMO (Genetically Modified Organism) technology.

GMO technology takes many forms in the medical and farming industries. The film focused on some of the more insidious types of this technology. For instance, the biotech giant Monsanto has created a seed that is immune to the company's herbicide "Roundup." Another development is the "terminator" seed, which produces an infertile offspring. This forces farmers to buy seed from Monsanto every year.

The film also gives a voice to farmers whose lives and livelihoods have been negatively impacted by this new technology.

The film examines the complex web of market and political forces that are changing what is eaten as huge multinational corporations seek to control the world's food system.

When huge conglomerate corporations began splicing genes in seeds a new market evolved and the corporations began patenting their seeds. This led to a massive nationwide attack on local farmers who found out that the cross-pollination of their original unaltered seeds had somehow combined with genetically altered patented seeds.

One corporation in particular, Monsanto, was highlighted in the film. They targeted farmers in Saskatchewan, Canada and North Dakota, which led to a lawsuits which reached the Canadian Supreme Court. The court ruling was that the farmers were violating the company's patent. The ruling maintained that any plants in the farmers' fields that contained the altered genes belonged to the corporations and it didn't matter how Monsanto's seeds got into the farmers crop. The farmers are liable and many have had to pay undisclosed sums of money to the biotech company.

It is estimated Monsanto owns approximately 11,000 patents on seeds. The health implications, government policies and push towards globalization are all part of the reason

why many people are alarmed by the introduction of genetically altered crops into our food supply.

"What the film is suggesting is we will all be eating the same things, there will be no variety," Underwood said. Garner said he was beginning to feel like there was nothing he could do to stop ingesting GMO food.

The film also explores alternatives to large-scale industrial agriculture, placing organic and sustainable agriculture as real solutions to the farm crisis today.

Allan Streiff, manager of Matlock Creek Farm, spoke to the group after the film and stressed the importance of sustainable farming. Matlock Creek Farm is in Franklin and grows fruits, vegetables, berries and also produces free-range poultry and eggs.

"We show you what goes into what you're eating," Streiff said. "I know those farmers that were shown in the documentary and this is a cold hard fact. It's already here. Genetically modified food is totally unnecessary and is used as a control mechanism."

Streiff, who is originally from Minnesota, said 78 percent of the organics market is owned by large corporations like M&M Mars, Coca Cola and Pepsi and he has mounted efforts to maintain "heirloom" seeds or seeds that have not crossed with genetically altered ones.

"If you can't look the grower in the eye, you don't know what you're getting," he said.

Streiff also said the corporations who manufactured the GMO foods were targeting school lunch programs because the prices were cheaper.

"They're trying to effect school lunch programs," Streiff said. "They're introducing GMO's into school systems because the food will be free." He said the only way to combat this overwhelming problem is for people to be informed.

Matlock Creek Farm sells organic produce on the premises from 8 a.m. to 5 p.m. Monday thru Friday and from 8 a.m. to 2 p.m. Saturday. There is also a tailgate market in Franklin on Saturday mornings from 8 a.m. to noon at the Municipal Parking lot across from the old post office on East Main Street. They are also hosting a Garlic Festival June 25 and 26 from 9 a.m. to 5 p.m. The festival is \$5 per person, \$3 for students and free for children 12 and under. For more information visit them on the web [www.matlockcreekfarm.com](http://www.matlockcreekfarm.com) or call (828) 524-0725.





## A moving experience

**By Nancy Welch**  
Contributor

I am reminded, as we make our 24th move, that it is much like changing pocketbooks.

Traditionally, I have changed from purse to purse just twice a year. And, as I go through the contents, I wonder — where did all this come from? But I know. Each time I go to the grocery store, the clerk hands me a receipt. And I stuff it in my purse. Why? I have no idea. But, when I do take the chance to change from winter purse to spring purse, I take a look at each and every receipt and wonder why I felt the need to keep them.

And, so, as we try to configure every piece of furniture from a 3,000 ft. house to a 1,000 ft. precious cottage, I wonder, why did we save so much? What is all this stuff?

Moving is never pretty at our house, or houses. I pack for three weeks. I learned from all our moving during our military lives how to do it. I wrap, tape and label. In the meantime, my husband continues to go to work and puts the ugly conflagration out of his mind. Who can blame him?

But the arguments begin before the move.

"You had better know where you want everything, because I'm not moving it twice."

Been there, done that.

But the marriage reaches a teetering balance as we move from a large house to a fine little cottage.

Just as I get the heeby-jeebies when I switch my pocketbooks, I dread opening that ever-present kitchen junk drawer. It alone can require hours of agonizing decisions. The wooden spoons are old. Shouldn't I replace them? I'd better not until I buy new ones. I hate the sound of metal spoons scraping metal pans.

And that's just one decision.



**Nancy Welch**

I have a weakness for china, especially antique china. Thus, I have six sets. There is no room in our new little kitchen for six sets of china, no matter how pretty it is. We must hone the collection down to two and store the rest. This, of course, leads to another discussion (argument).

I like these two, he likes those. One set goes in the china cabinet, the

other in the kitchen cabinet. But, wait. How will we fit all the glass ware in?

And so it goes.

Once in the house, I stare helplessly, gawking at the mountains of boxes. Since I don't know where to begin, I sit down and read a book.

When the unpacking begins for real, I am reminded of those little toys my parents would buy us to keep us busy on long road trips to West Palm Beach. The hand-held games were square and contained little tiles, numbered one to nine. The tenth space was open and the numbers were out of order. It was supposed to keep us entertained, trying to move the numbers around and get them in order.

That's the way it's been here. Move one piece of furniture, and you must move two more. But you never can get everything just right. There are always one or two pieces in the wrong place, with no more room available.

We are finally almost settled in. We enjoy our rocking chairs on the front porch and are thrilled with the number of humming birds that fly in and out each evening. Friendly neighbors walk and run by and wave. Some stop to chat. It's very comfortable.

Now, if I could just get all that furniture off the sun porch.

We'll "discuss" that tonight, I suppose.

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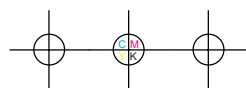
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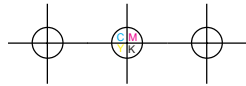
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## ... BOWERY continued from page 1

that have been staked out and nothing more."

Bowery Road is considered a contributing element of the Bowery Road Historical District where some of the homes along the first seven-tenths of the road are listed on the National Historic Register.

Lawyers representing both sides were present. Martin Reidinger with Adams, Hendon, Carson, Crow and Saenger of Asheville, representing the homeowners along the front part of Bowery who have opposed improvement of the road said

Furr's work on Wednesday was not the last step to the road being improved.

"There are still a lot of things that need to be done before anything happens to the road," he said. "This step is required by law whenever the state plans to build a road through a National Historic District."

As per General Statute 121-12. The North Carolina Historical Commission. Protection of Properties on National Register. - "It shall be the duty of the Historical Commission, meeting at such times and according to such procedures

as it shall by rule prescribe, to provide an advisory and coordinative mechanism in and by which State undertakings of every kind that are potentially harmful to the cause of historic preservation within the State may be discussed, and where possible, resolved, giving due consideration to the competing public interests that may be involved."

Some members of the opposing group are under the impression there is still a chance the road will not change. Others see this as a way to minimize the change to the road.

Town Attorney Bill Coward said the town has been committed to lessening

the impact to adjoining property in it's pursuit to improve the road.

"The Town has bent over backwards to try to minimize the effects of widening the road," he said.

After citizens left the site, Coward met with homeowners who contributed funds to the escrow account the town is using for improvement expenses, including legal fees.

"I told them to contact people who might be in the position to make this go through as quickly as possible," he said.

Citizens who live elsewhere in Highlands attended the gathering, too -

■See BOWERY page 24



# HIGHLANDS ANTIQUE GALLERIES WALK



1

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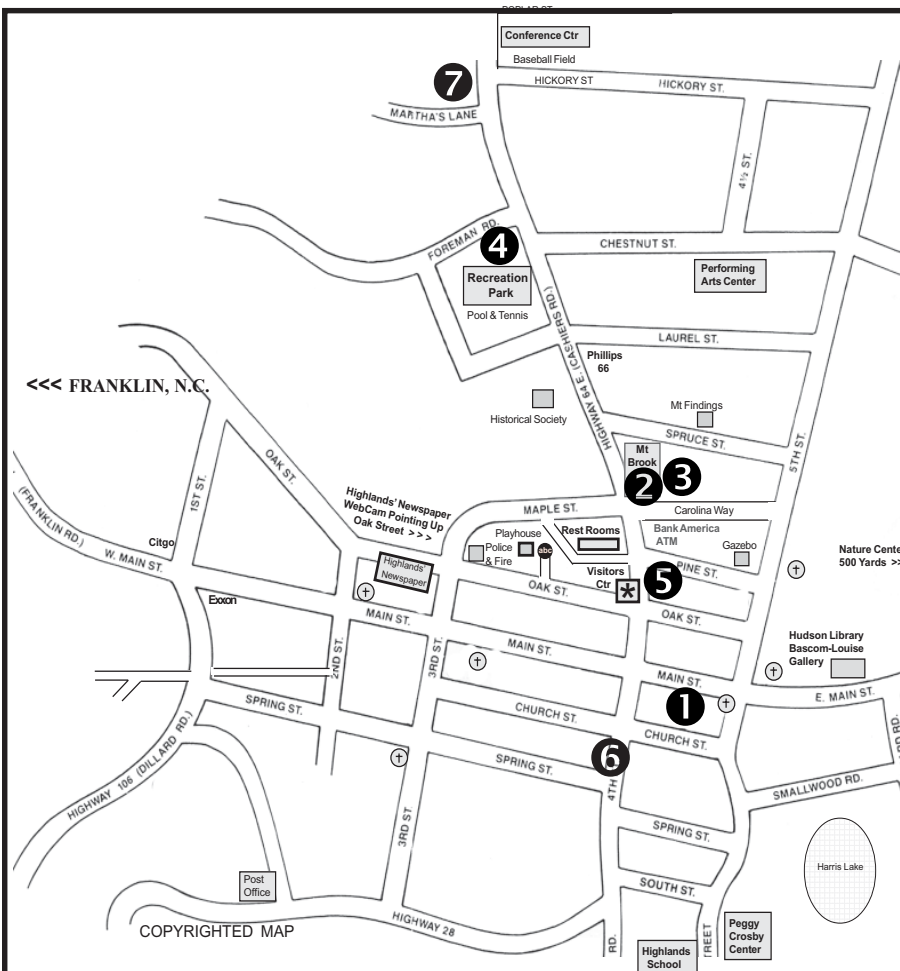
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# Students and Community members Commemorated in Awards Assembly

Highlands School Awards Assembly for Grades 8-12 was held Monday, May 23 in the Gymnasium. Assistant Principal Mark Thomas announced awards while Principal Monica Bomengen handed out the awards.

**PERFECT ATTENDANCE** -These students have been present everyday and have had no more than 3 tardies for the 2004-2005 school year.  
 Callie Rawlins, Taylor Stinson  
**12<sup>TH</sup> GRADE CLASS OFFICERS**—Beverly VanHook, Michelle Lane, Terry Harris, Simeon Hickman  
 President, McKenzie Thompson; Vice-President, Catlin Huitt; Secretary, Allison Waller; Treasurer, Amy Crook  
**11<sup>TH</sup> GRADE CLASS OFFICERS**—Bill Lanford, Butch Smart, Carol Bowen, Adrian Holt  
 President, Rebecca Dotson; Vice-President, Callie Rawlins; Secretary, April Hicks; Treasurer, Matthew Chenoweth  
**10<sup>TH</sup> GRADE CLASS OFFICERS**—Sallie Taylor, Chris Green, Patsy Wilson  
 President, Angela Sanchez; Vice-President, Lara Gibson; Secretary, Lucy Herz; Treasurer, Sara Bates  
**9<sup>TH</sup> GRADE CLASS OFFICERS**—Jane DeWolf, Anne Tate, Dave Cashion, Anne Porter  
 President, Greg Porter

**STUDENT GOVERNMENT OFFICERS**—Mark Thomas  
 President, Alex Osteen; Vice President, Matt Keener; Secretary, Brooke Fowler; Treasurer, Kathryn Coppage

**CLUB PRESIDENTS**  
**FELLOWSHIP OF CHRISTIAN ATHLETES**—Co-Leaders Angela Aspinwall, Kathryn Coppage, Andrew Kerhoulas, McKenzie Thompson  
 (Sponsored by Dr. Patsy Wilson)  
**BETA CLUB**—President, Kayla McCall; Vice-President, McKenzie Thompson  
 (Sponsored by Monica Bomengen)  
**INTERACT CLUB**—Vice-President, Allison Waller; Historian, Kathryn Coppage; (Sponsored by Patricia Catchings)  
**ART CLUB**—President, Allison Waller; Vice-President, Amy Crook  
 (Sponsored by Sallie Taylor)  
**HIGH SCHOOL BAND**—President, Buddy Parrish; Vice-President, Lucy Herz  
 (Sponsored by Joe Powell)

**YEARBOOK** Senior Editors—Angela Aspinwall, Kayla McCall, Janice Talley  
 (Sponsored by Michelle Lane)

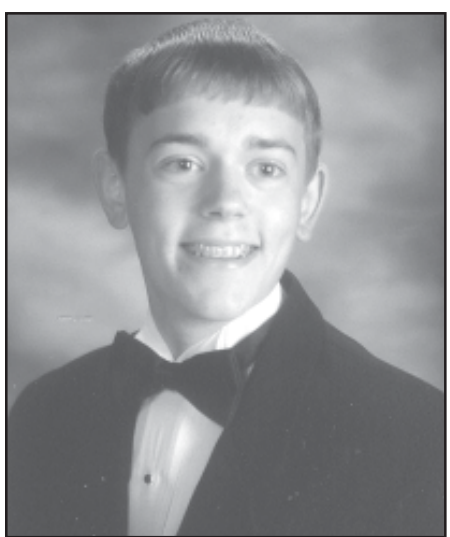
**JUNIOR MARSHALS**  
 These are selected based on highest academic average in prescribed courses.  
 April Hicks (chief marshal), Ramsay Ashburn, Callie Rawlins, Robert Edwards, Stacey Wright

**VALEDICTORIAN & SALUTATORIAN**  
 VALEDICTORIAN—Alex Osteen  
 SALUTATORIAN—Kayla McCall

**CANDIDATES FOR NORTH CAROLINA SCHOLARS** - an overall B average in prescribed courses  
 Angela Aspinwall, Chris Mouchet, Kathryn Coppage, Erin Munger, Amy Crook, Alex Osteen, Brooke Fowler, Iyali Ruiz, Jenna Greene, Britany Sackman, Hannah Hendricks, Kelsey Schmitt, Catlin Huitt, Allen Shearl,



Holly Conard



Jeremy Keener



Seniors Holly Conard and Jeremy Keener received the Highlander Pride Award and Highlands United Methodist Church received the Highlander Service Award. Pictured are Pastors Eddie and Kim Ingram holding the award in front of the church. The awards were presented at the 8th-12th grade awards assembly Monday at the school. Photo by Jim Lewicki

Jeremy Keener, McKenzie Thompson, Andrew Kerhoulas, Allison Waller, Russell Marling, Jessica Ziebarth, Kayla McCall

**SENIOR HONOR STUDENTS**  
 Angela Aspinwall, Andrew Kerhoulas, Kayla McCall, Alex Osteen, Iyali Ruiz, Kelsey Schmitt, McKenzie Thompson

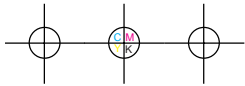
**CLASSROOM ACADEMIC RECOGNITION**  
**SCIENCE**  
 Chemistry— Callie Rawlins  
 Earth Environmental Science—Kyle Lassiter, Taylor Stinson  
 Physical Science—Remington Veteto

Biology—Chase Jenkins  
 William Gilbert Prize in Physics—Robert Edwards  
 Linus Pauling Prize in Chemistry—Lucio Trazzi  
**ENGLISH**  
 English I Honors—Kyle Lassiter  
 English II Honors—Chase Jenkins  
 English III Honors—Callie Rawlins  
 English III College Prep—Matthew Neely  
 English IV Honors—Kayla McCall, Iyali Ruiz  
 English IV College Prep—Holly Conard, Remington Veteto  
 Journalism—Stephanie McCall, McKenzie Thompson  
 Creative Writing—Krystal Cutshaw, Stephanie

McCall, Erin Munger, Stephanie Murray  
**MATHEMATICS**  
 Technical Math—Holly Conard  
 Introductory Math—J. T. Schandolph  
 Algebra IA—Ali Lica  
 Algebra IB—Tiffany Austin  
 Geometry—Chase Jenkins  
 Algebra I—Kyle Lassiter  
 Algebra II—Lucy Herz  
 Advanced Functions and Modeling—April Hicks  
**SOCIAL STUDIES**  
 World History—(Mr. Hickman's Class) Kyle Lassiter  
 World History— (Mr. Green's Class) Thomas Forrester, Sally Wheeler  
 United States History—Allan James, Alex Osteen, Rachel Power, Callie Rawlins  
 Civics—Chase Jenkins, Rebecca Wyatt,  
**FOREIGN LANGUAGE**  
 French II—April Hicks  
 French III—Kathryn Coppage, McKenzie Thompson  
 French I & II (Block)—Lucy Herz  
 French Art Award—Amy Crook, Iyali Ruiz, Allison Waller  
 French Drama—Andrew Kerhoulas  
**PHYSICAL EDUCATION**  
 Lifetime Activities—Allen Shearl  
**BUSINESS**  
 Computer Applications I—Kyle Lassiter  
 Computer Applications II—Michelle Dendy  
 Computer Applications I Block—Darin Keener  
 Computer Applications II Block—Jacob Bowers  
 Accounting I—A. J. Baro-  
**FAMILY & CONSUMER SCIENCE**  
 Food I Fundamentals—Sara Vanderbilt  
 Teen Living—Sally Wheeler, Allison Winn  
**TECHNOLOGY EDUCATION**  
 Construction I—Jacob Bowers  
 Construction II—Matt Chenoweth  
 Drafting I—Kyle Lassiter, Jessica Ziebarth  
 Drafting II—Chris Mouchet  
**MUSIC**  
 Senior Awards—Travis Schultz, Robby Wilson  
 Drum Majors—Senior— Kayla McCall; Junior – Stephanie McCall  
**ART**  
 Art II—Eric Chen, Antoine Coupe  
 Art III—Sara Bates, McKenzie Thompson  
 Art IV—Andrew Kerhoulas  
**DEPARTMENTAL ACADEMIC AWARDS**  
 Social Studies Departmental—John Scott  
 Math Departmental—Kayla McCall  
 English Departmental—Alex Osteen  
 Science Departmental—Kayla McCall  
 Art Departmental—Remington Veteto  
 French Departmental—Chase Jenkins  
 Business Departmental—Janice Talley

**OTHER AWARDS**  
 Brevard College Book Award—April Hicks/ Mrs. DeWolf (April's choice as mentor)  
 Woodman of the World for excellence in American History— Matthew Neely  
 American Legion Awards—Presented by Larry White--McKenzie Thompson, Andrew Kerhoulas  
 The following awards are nominated and voted on by the Highlands School Faculty and Staff.  
**HIGHLANDER SERVICE AWARD**-- United Methodist Church.  
**HIGHLANDER PRIDE AWARD**--Holly Conard and Jeremy Keener.





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Celebrating 30 Years in Highlands

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Since 1975 Nick's has served complete dinners. All of Nick's dinner entrees include: a cup of onion soup au gratin or specialty soup of the day, tossed green salad (choice of dressing, creamy garlic, blue cheese, Greek vinaigrette, thousand island or honey mustard.) Fresh bread and garden vegetable of the day. Your choice of baked potato, spaghetti or rice pilaf is available with all entrees except Pasta selections.

**Appetizers**

Stuffed Mushroom Caps

Medium Sized Mushroom Caps stuffed with Crabmeat Stuffing, topped with Béarnaise Sauce. 8.95

Escargot

Shell free Escargot baked in garlic, butter, and wine sauce, served with toasted bread. 8.95

Jumbo Lump Crab Meat Cocktail

Fresh, No Shells, Mustard Sauce. 13.95

**Seafood**

Fried Fisherman's Seafood Platter

Filet of Flounder, Scallops, Stuffed Shrimp & one Bahamian Lobster Tail. All Golden Deep Fried. Choice of Cocktail or Tartar Sauce. No Substitutions Please. 24.95

Broiled Fisherman's Seafood Platter

Filet of Flounder, Scallops, Stuffed Shrimp & one Bahamian Lobster Tail. All Broiled with Lemon, Butter & White Wine. Served with Drawn Butter. No Substitutions Please. 27.95

Lobster Tails

Two Bahamian Lobster Tails Broiled with lemon, Butter & White Wine. 36.95

**Veal**

All of Nick's Veal Medallions are pounded Thin, Sautéed, & served to Order in the Following Styles.

Veal Parmigiana

Marinara Sauce & Mozzarella Cheese. 24.95

Veal Piccata

Lemon, Butter, White Wine & Capers. 24.95

Veal Scallopini

Marsala Wine & Mushrooms. 24.95

Veal Oscar

Jumbo Lump Crab Meat, Asparagus, Béarnaise. 28.95

Veal Neptune

Jumbo Lump Crab Meat, Shrimp and Scallop, Asparagus, Béarnaise. 30.95

**Nick's Signature Items**

Grilled Salmon Trout

Nick's Most Popular Item! The Fish is Pink like Salmon. It is Mountain Trout. Lightly Seasoned and Grilled. Béarnaise Sauce on the Side. 21.95

Crab Meat Casserole Au Gratin

Fresh Lump Crab Meat and Mushrooms baked in Cheese Au Gratin Sauce. 24.95

Fresh Halibut

Seasonal Availability. Sautéed with White Wine, Capers & Mushrooms. 24.95

Rack of Lamb

7-8 bone New Zealand Rack of Lamb, Seasoned and Grilled, Sliced and Crowned, Served with Port-Sherry Wine Sauce. 26.95

Dominick's Filet of Beef

Filet Mignon Seasoned and Grilled. Served in the Fondue Fashion with Four Separate Sauces for Dipping. Sherry-Port Wine, Cognac-Peppercorn, Balsamic Vinegar-Cabernet, & Béarnaise. 32.95

Filet Neptune

Two Petite Filet Mignon Dressed with Jumbo Lump Crab Meat, Shrimp & Scallop, topped with Béarnaise. 35.95

**Nick's Specialties**

Spaghetti with Meat Sauce. 14.95

Spaghetti with Marinara Sauce. 14.95

Spaghetti with Meat Sauce & Meatballs. 15.95

Marinated, Grilled Chicken Breast.

Skinless, Boneless, Marinated & Grilled, Topped with Tropical Salsa. 15.95

Chicken Parmigiana

Breaded and Golden Deep Fried Skinless, Boneless Breast with Marinara Sauce & Mozzarella Cheese. Served with Spaghetti. 16.95

Broiled Stuffed Flounder Au-Gratin

A Nick's menu item for thirty years. Two pieces of Atlantic Flounder broiled with crabmeat stuffing & topped with au gratin sauce. 18.95

Stuffed Chicken Breast



Sun Dried Tomato, Goat Cheese & Fresh Spinach in Skinless, Boneless Breast. Sautéed and finished in Oven. Topped with Parmesan Cheese Cream Sauce. 17.95

Roast Long Island Duckling

A whole Half of a Long Island Duck, Roasted until skin is Crisp. Served with Orange Sauce & Rice Pilaf. 18.95

Trout Almondine

Boneless, Lightly Floured and Pan Sautéed, Topped off with Toasted Almonds. 19.95

Broiled Stuffed Shrimp Imperial

Five Butterflied Shrimp Broiled with Seafood Stuffing. 19.95

Shrimp Scampi

Five Butterflied Shrimp Sautéed with Garlic, Butter, Seasonings & White Wine. 19.95

Fried Shrimp

Five Butterflied Shrimp, Battered and Deep Golden Fried, served with Cocktail or Tartar Sauce. 19.95

Broiled, Sautéed or Fried Scallops

Sea Scallops Prepared One of three Ways, Your Choice. 19.95

Marinated and Grilled Pork Chop

Marinated and Grilled Center Cut Pork Chop served with Chef's Choice Chutney. 19.95

Vegetarian Angel Hair Pasta

Sautéed Variety of Fresh Seasonal Vegetables with Fresh Tomato, Basil & Garlic Tossed with Angel Hair Pasta. 16.95

Chicken Angel Hair Pasta. 18.95

Shrimp Angel Hair Pasta. 19.95

You're choice of Sautéed Chicken Breast or Shrimp with Fresh Tomatoes, Basil, Garlic & Green Onions Tossed with Angel Hair Pasta.

BBQ Baby Back Ribs

A Slab of Baby Back Ribs slow Cooked and Basted with BBQ Sauce. 19.95

Prime Rib of beef Au Jus

Nick has Proudly Served His Delicious Prime Rib in Highlands for Thirty Years.

King Cut 29.95

Queen Cut 27.95

Steaks

Midwestern, Aged Black Angus, Cooked to Your Liking.

New York Strip 26.95

Ribeye 26.95

Filet Mignon 30.95

Make any Steak a Combo by Adding Scallops, Your Choice of Sautéed, Fried, or Broiled. 6.95

Shrimp, Your Choice of Scampi, Fried, Stuffed. 6.95

Broiled Lobster Tail. 13.95

Oscar, Sautéed Lump Crab Meat, Asparagus, Béarnaise. 13.95

In celebration of our 30th year in Highlands,  
we are offering 18 dinner items for under twenty dollars.

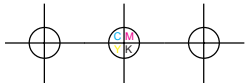
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## A sneak peek into the Beetle Ball

The Beetle Ball will be held at the Highlands Conference Center on Saturday June 4. For tickets call JMCA at 526-9938 ext. 320.

If you haven't already RSVP'd to this one of a kind and exciting event, then you better hurry! Here is a glimpse into what awaits you in the magical forest. The forest is full of fun and games with many hidden treasures. Some are buried in the sand of the Egyptian desert, and others are hiding in the Hemlocks.

There are also many items in the silent auction, including....a painting from Ann Jacobs Gallery, plus jewelry and hand painted furniture from well-known local artisans at the Mill Creek Gallery...a jacket from Rosenthal's says it all... a beautiful Labrador puppy for a child via the Toy Store... and for the teens, a UNC colored electric guitar with logo (they are the champs you know!). There will be many gift certificates,

such as a special discovery excursion to the west fork of the Chattooga River (locals know it as the Three Forks area) with a picnic provided by Holly Does the Cooking, plus visits to the best inns and restaurants around town. You can save your Hemlocks with chemical treatments or a ladybird beetle egg release (courtesy of Clemson University).

The best part is you are helping to save the Hemlocks by helping the dedicated folks in the Jackson-Macon Conservation Alliance. Please come and be a part of this extremely fun event and help save the forests for generations to come!

The Beetle Ball will be held at the Highlands Conference Center on Saturday June 4. For tickets call JMCA at 526-9938 ext. 320.

## Student artwork destined for film festival poster



Last Friday, the Highlands International Film Festival committee awarded three students for designing posters to represent the festival. From left Eric Chen won \$250 for honorable mention, McKenzie Thompson won \$500 for the grand prize and Sara Bates won \$250 for honorable mention.

## Macon County Soccer Club '05 Fall Soccer Sign Up

Concession stand buy-out is \$10.00/ must be paid at time of registration. All first time players must bring a copy of their birth certificates to registration. Fee is \$45.00 per player with a \$5.00 sibling discount.

All sign-ups in Highlands will be held at the Rec. Park. Additional sign-up forms are at the Rec. Park.

Any sign-up questions for Highlands players can contact Christy Weller at 526-9931.

All sign-ups in Franklin will be held at the Community Building EXCEPT May 22, this will be held at the Industrial Park.

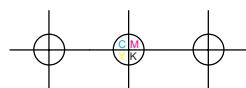
Visit: [www.smnet.net/mcsc](http://www.smnet.net/mcsc) or 524-1928 for information.

Reserve a spot on your calendar for the Summer Soccer Camp, July 18-22.

## Students awarded for working hard



This year's Academic Banquet was held, Friday, May 20 at the Highlands Conference Center. It was sponsored by Highlands MountainTop Rotary and catered by Main Street Inn. Students grades 4-12 were honored for making the honor roll the first three semester of school. Beta Club members, Junior Marshals and the Valedictorian and Salutatorian were also honored.





# The foundation of SOAR

**Editor's Note:** This is the first of a multi-part series on the Special Operations Warrior Foundation and its upcoming SOAR activities.

By Erin Brown

highlandserin@aol.com

This year marks the third year for the Special Operations Adventure Race, which comes to the Highlands/ Cashiers area every summer, but it also marks the 25th anniversary of the Special Operations Warrior Foundation's inception.

During the Carter administration, Iranians stormed the U.S. Embassy compound in Tehran, Iran in November of 1979 taking 53 Americans hostage. Operation Eagle Claw was a secret mission aimed at rescuing them. The mission was aborted at the last minute due to mechanical problems with one of the crew's helicopters. Eight special operations members died when another helicopter collided with an EC-130 transport plane at the mission's desert rendezvous point.

It is difficult to look on the bright side when such tragedy occurs, but the "bright side" of this botched mission was the Special Operations Warrior Foundation. This organization dedicates itself to providing college educations to the children of fallen special op soldiers. The foundation had its beginnings that night in the desert, when a group of survivors pledged to care for the children of their fallen comrades.

## Before the fall

In the months leading up to the rescue, President Carter wanted to know what would constitute a "mission stopper" and when it would most likely happen, before he authorized the attempt to rescue the hostages held there.

"I said, 'Mr. President I don't want to be snide, but it could happen somewhere between when we crank up the first helicopter and everybody gets home,'" responded James Vaught, an Army major general 25 years ago and the man charged with planning the perilous and unparalleled rescue, as reported in the Northwest Florida Daily News.

The mission stopper in the early morning hours of April 25, 1980 turned out to be a malfunctioning Sea Stallion helicopter. It was after Operation Eagle Claw was aborted that tragedy struck: Another Sea Stallion crashed into an EC-130 warplane, killing five Hurlburt Field airmen and three Marines.

Nine days after the hostages were taken on Nov. 12, Vaught, who was in London at the time, was told to return to the Pentagon immediately. The fastest accessible transport was the supersonic Concorde.

At the Defense Department the one-time Army helicopter pilot was appointed commander of Joint Task Force I-79, the ad hoc unit that would devise the hostage rescue.

He asked for a "comprehensive, all-source intelligence briefing" and learned that the country's intelligence agencies, including the CIA, had very little knowledge about Iran's new theocratic government or the captors holding dozens of

hostages at the American embassy in Tehran.

With the CIA director's blessing, Vaught sent in some of his own "guys" to assess the situation on the ground. Intelligence flowed consistently while Air Force, Army and Marine Corps troops trained for the mission. About 300 troops were part of the rescue force, with hundreds of others supporting them. Some 80 of the participants were from Hurlburt Field, located around the Fort Walton Beach, Fla. area.

Vaught had to build the hostage rescue team from scratch. The Army Delta Force component that took part had practiced rescues, but with the assumption that the government of the country where the hostages were being held would allow entry without a fight.

As reported in the Daily News, Vaught said that for the rescue attempt to succeed, it called for "economy of force" and "surprise" and it also had something the Army officer had never seen during his long career – a "comprehensive failure plan."

The analysis, which Vaught protested, was ordered by the then Joint Chiefs of Staff chairman, Air Force Gen. David C. Jones. He asked Vaught to write down ways the mission could fail.

Vaught didn't want any person guessing in advance that something might go wrong, plus he didn't want to give anyone an alibi to abandon the operation.

Among the failure plan's conclusions was that the mission would require a minimum of six helicopters. As it turned out, only six of eight RH-53 helicopters reached rendezvous point Desert One, site of the



Ralph Stephens of Jolie's of Highlands works with the SOAR committee tying yellow ribbons and flags on the lamp posts on Main Street to honor and remember our fallen heroes. The ribbons add an extra splash of color to the posts decked with baskets of flowers, compliments of the Young family who owns Wit's End.

Photo by Jim Lewicki

mishap that killed the eight servicemen.

At Desert One, it was learned that one of the six remaining Sea Stallions had suffered a hydraulic failure, leaving only five machines. On-scene commanders, talking via secure satellite telephone to Vaught in Egypt, recommended withdrawal. Carter allowed it.

The retired lieutenant general said that as planner of the mission, he accepts responsibility for its failure. But he said that President Carter, in a meeting with Vaught in the aftermath of the tragedy, assumed "full responsibility."

Aborting the rescue was disappointing, but losing eight airmen and Marines after the mission was scrubbed came nothing short of heartbreak for the many involved.

The Special Operations Adventure Race, sponsored by the foundation, is held annually to raise money for the fund. The foundation has awarded grants to about 530 children of more than 440 special operations personnel who have given their lives.

This year, two races are set – an "easy" race and a "harder" race are set for June 25 dubbed the adventure and spirit race. The fundraising auction and dinner will be on June 23.

As the war in Iraq escalates and more forces lose their lives, more and more families are affected. The loss of so many lives leaves children without a parent – many in the beginning of their young adult lives.

The Special Operations Warrior Foundation ensures these children are well-educated and not forgotten.

For more information to to [www.specialops.org](http://www.specialops.org)





# ● ARMCHAIR TRAVELER ●

## Venice of the North

By Phyllis Picklesimer  
Contributor

Being previously on record as a collector of romantic places, a recent return to the town of Bruges, Belgium revived my delight with this most captivating of towns.

Often called the "Venice of the North," Bruges is a town of wandering canals with medieval houses clustered along their edges and mazelike, narrow by-ways. In recognition of its special ambience, it was made an UNESCO World Heritage Site in 2000.

The town lends itself very well to a meandering walking tour. At each turn a new and enchanting example of Middle Ages architecture unfolds.

The best place to begin a tour is in its central market place that contains the town's famous 13<sup>th</sup> century Belfrey at one end. The Belfrey is Bruges' most impressive tower at 240 feet tall. A previous visit had found me clambering up its 366 stairs to the top with its unfettered view over the rooftops. Age and adipose had greatly decreased an urge to climb again.

The Market Square is surrounded on the other three sides by venerable houses. Many were medieval guild houses for merchants and artisans. The step-gabled houses on the end of the Square opposite the Belfrey have restaurants on their lower floors. Sitting outside on their awning-covered patios watching the "happenings" in the Square is people watching at its best.

Another important square in Bruges history is located not far away—the Burg. Here are located the very Gothic Town Hall, other government buildings, and the spectacular Romanesque Basilica of the Holy Blood.

The Basilica's two towers have the appearance of minarets transported from the mysterious East as they rise above the rather small, but very ornate building. The lower chapel is dedicated to Saint Basil and retains its 12<sup>th</sup> century atmosphere today. The Basilica is famous for its Reliquary of the Holy Blood, a golden, bejeweled shrine housing drops of the Blood of Christ bought to Bruges by a Count of Flanders after the second crusade. Upstairs is the gilded and resplendently decorated chapel consecrated to the Holy Blood. A truly magnificent altar and altarpiece, its frescoes, and stained glass windows combine to make it a sight not to be missed. The reliquary is located in the Basilica's museum near the chapel. On Ascension Day, the reliquary is carried

through the streets of the town in what is Bruges' greatest festival.

There are several museums in the town that deserve a visit since Bruges was an important center of early Flemish painting. Some of Jan van Eyck's works, among others, may be seen in the Groeninge Museum.

In actuality, the town itself is a living museum. Just walking its cobbled streets and along its canals produces a serenity of spirit not found in many places.

The Green Quay is probably its most famous canal walk. The old houses are built right to the edge of the waterway, many hung with ancient ivy or flowering vines in season. The buildings are a hodgepodge of styles, almost all are brick with different-sized windows and often with brick inlaid or raised designs and plaster or stone ornaments. For an up close view, there are several companies along the quay advertising motorboat tours via the canals. A visit in the evening is also rewarding as the buildings are lighted.

One possible stop on your walkabout is the Gothic Church of Our Lady. Building on it was begun in the 13<sup>th</sup> century and continued into the 16<sup>th</sup> century. The church contains Michelangelo's lovely *Madonna and Child* that was donated to the church in 1514. It became a trophy of war several times through the ages, but, luckily, was returned each time.

The 13<sup>th</sup> century Beguine or "Beguine Convent of the Vine" is a true step back in time. The very peaceful close, surrounded by white houses, is an area of green with many trees crisscrossed by paths and sporting a sea of daffodils on my last visit. Speaking within the close is discouraged which lends to its air of tranquility and otherworldliness. Occasionally, a black-robed figure will pass along the paths, almost surreal in this time and place.

Upon leaving the Beguinage, a view across the Minnewater (Lake of Love) with its shifting reflections of the 16<sup>th</sup> century home of the locksmith is one of Bruges' most charming.

Bruges gives the appearance of having been thrust into today's world without any alteration of its medieval self. Walking its narrow streets or beside its magical canals transports the traveler delightfully into the past. To those of us who search for romance and a *raison d'être*, Bruges, as such, is a destination placed near the top of anyone's list.

## The Armchair Traveler is Traveling (Again)

**August 11 - 23**

Cruise the Danube to visit Romania, Bulgaria, and Serbia  
Add-on two nights at the end of the cruise in beautiful Budapest  
Some discounts may be available.

**September 16 - October 1**

Big Five Safari to Kenya and Tanzania  
Stay at Conde Nast 2005 Gold List properties

**October 2 - 19**

Egypt (on its own or combined with the Safari) This is the Armchair Traveler's 6th trip to one of her favorite destinations.

**January - February 2006**

India, Nepal, and Bhutan  
Plans are not finalized at this time.

**March 23**

A 13-day value trip to Croatia, Slovenia, Montenegro, and Venice  
Add-on two extra nights in that most romantic of cities, Venice

**Fall 2006**

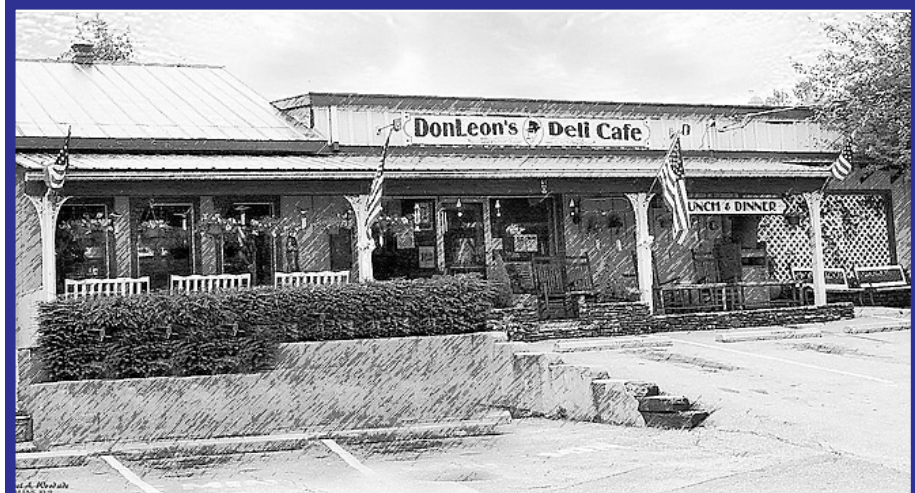
In the planning stages:

China with Yangtze River cruise and Silk Road tour with Tibet

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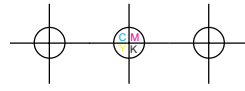
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## • BOOK REVIEW WITH KATIE BRUGGER •

### blink: The Power of Thinking without Thinking, by Malcolm Gladwell 153.4G

Most people believe that they have free will; that their thoughts and behaviors are under their conscious control. If you're really attached to this belief you might not want to read this book, because it explores the scary but plentiful evidence that our thoughts and behavior are much more controlled by our unconscious than most of us would care to think.

Mr. Gladwell's new book introduces something called the "adaptive unconscious," which he claims is "one of the most important new fields in psychology." He writes, "the adaptive unconscious is not to be confused with the unconscious described by Sigmund Freud, which was a dark and murky place filled with desires and fantasies that were too disturbing for us to think about consciously. This new notion of the adaptive unconscious is thought of, instead, as a kind of giant computer that quickly and quietly processes a lot of the data we need in order to keep functioning as human beings."

While writing this review I had dinner with a psychiatrist and a psychologist, both of whom had heard of the book but not read it. Neither had ever heard the term "adaptive unconscious." The psychologist is a professor who has also been head of the psychology department at a major university, so if this was indeed "an important new field" I think she would know about it. This led me to Google the term and this is what I found out: in the first one hundred listings 95 referred to either *blink* or to a book that Mr. Gladwell referenced, entitled *Stranger to Ourselves: Discovering the Adaptive Unconscious*. That seems to me to confirm what my friends suggested, that this is not (yet) a recognized field of psychology.

Yet I found much of what Mr. Gladwell had to say resonated with what I have experienced and learned, so even though it may not be academic material, the ideas it contains are still very interesting. Also Mr. Gladwell is a staff writer for the *New Yorker*, so I have to believe that his research is valid.

Mr. Gladwell's theory is that snap judgments can be very powerful; that

what we decide in the blink of an eye can be our truest assessment of a person or an event; that acting without thinking is often best.

There are many examples in the book of the power of this type of "thinking without thinking," almost all of them experiments run by psychologists. One experiment showed that people can make snap judgments of others that correlate almost exactly with judgments made over an extended period of time. For example, students (many psychology experiments are done on students taking psychology classes) went into the dorm room of someone they did not know at all, and after a few minutes of looking around the room could describe that unknown person as accurately as someone who knew him or her well.

*blink* is very easy to read. Mr. Gladwell does a good job of presenting the experiments as stories.

Speed-dating is a modern phenomenon which is completely dependent upon snap judgments. A dozen men and women get together. Each man and woman pair up for a short period of time, say ten minutes, and in that time decide which if any of the dozen they care to see again. In these busy modern times a real time-saver—but also an obvious confirmation of the principles of the theory that snap decisions can be trusted.

Another interesting finding: less is often more. Snap judgments work best when they are "frugal." Mr. Gladwell tells of a doctor working in a busy Chicago emergency room named Dr. Reilly who struggled to find a method to pinpoint the people who were having serious heart problems. Mistaken cardiac diagnoses cost the hospital a huge sum. Dr. Reilly found the work of a cardiologist who had discovered that three factors could statistically predict someone's imminent risk of a heart attack. Dr. Reilly implemented this scheme and found that the diagnoses were 70% more accurate than doctors working on their own who were considering many more than just three risk factors.

You may remember the Millennium Challenge—a giant war

game staged by the Pentagon in the late summer of 2002 (cost us about \$250 million), where the "U.S. side" was defeated by the "rogue middle eastern dictator." The Pentagon developed a theory that by rigorously and logically analyzing every bit of information available through a vast network of satellites and real-time communications the military would be unbeatable. The point of the Millennium Challenge was to test this theory. A retired Army general played the rogue dictator and he used the lessons he had learned in Vietnam: to act from his gut and to let his field commanders use their own judgment. The "bad guys" thoroughly whupped the "U.S." in a blindside attack, and as Mr. Gladwell tells it, this was another clear victory for the adaptive unconscious over the logical mind.

Another thing exposed in the book is unconscious prejudice. No matter how much we all think we have banished prejudice from our consciousness, subtle psychological tests show that almost all of us are still affected. (There is an example of one of these tests in the book; a distressing note: someone wrote in the book with pencil which ruins the effect of the test for everyone else. And this is a *very* new book!) Mr. Gladwell gives many real-life examples of this unconscious prejudice, from the fact that almost all CEOs are over six feet tall to the fact that when symphony orchestras began to use "blind" auditions (performed behind a screen) the number of women playing in orchestras skyrocketed.

A psychologist named John Gottman has been doing videotaped interviews with married couples for twenty years. He hooks the husband and wife up to electrodes and connects a sensor underneath both chairs to record any movement or wriggling. The couple then talks to each other about some topic in their marriage that causes problems. Dr. Gottman painstakingly scrutinizes the video (and electrode/sensor readings) and assigns an emotion to the husband and the wife in each second of the interaction. He keeps track of the couples over years to see

if they are still married.

From his study he can now predict, after watching one hour of a couple's interaction, whether that couple will still be married in 15 years with 95% accuracy. In just 15 minutes of video his success rate is 90%. Dr. Gottman has found that the most deadly emotion is contempt. Dr. Gottman lets the couple watch their video in his lab and often they will be laughing at themselves while he is inwardly cringing. They are completely unaware of the forces that are tearing them apart but he can see them. (Of course he can't say anything because it would ruin the experiment. And besides, they probably wouldn't believe him.)

My psychologist friend knew of Dr. Gottman, and felt that this was a distortion of his work. She claimed that he was investigating conflict-resolution skills, how couples deal with problems.

Here's an example of the power of the adaptive unconscious we can all relate to: when a name is on the tip of our tongue, the harder we try to think of it the farther it retreats. When we stop trying to think of it consciously and relax, the name will just pop up into our consciousness delivered by that powerful computer. This is the power of thinking without thinking.

Indeed, there are many areas of life in which thinking inhibits proper action. Think of: music, art, sports, driving! Athletes talk about being "in the zone." What they mean is reaching that place where they act and move without thought or conscious control of their actions. In this place the sensation is of moving perfectly without any wasted motion or effort, following precisely the flow of here-and-now reality. All the training goes in to learning to let go and stop thinking.

If you ask a musician what he feels when he plays, he will talk just like the athlete. So will an artist when she talks about the source of her work.

We have all had the experience of learning to let go of conscious control. A common example is the

■ See BOOK REVIEW page 22





## Holly opens The 'Kitchen'



The Kitchen, the newest addition from "Let Holly Do The Cooking" officially opened last week. Available is ready-made dishes for those quick dinners appreciated during summer days. The Kitchen is located at the lower level of the Peggy Crosby Center on South Fifth Street.

## New exhibit opens at Mill Creek Gallery

Mill Creek Gallery and Framing is pleased to announce the May 27th opening of an exhibit featuring the fascinating and imaginative work of two "outsider" artists.

Joe and Eric Legge of Dillard Georgia have gained fame from Texas to New York City as talented, self-taught folk artists. With their unique vision and styles, they create whimsical and mysterious sculptures with found objects, metal and old building materials. Joe also carves wood. Whimsical and surreal in nature, Joe's creations are not bound by any artistic tradition. His sculptures range from small to large, from sunbursts made with hub caps and scrap metal, to strange and enigmatic animal/human hybrids.

Joe, a Viet Nam vet, worked for many years as a hair dresser. However, art has always been his life's work—and apparently it is in his genes.

Joe's son, Eric, is also a brilliant and imaginative artist. More of a painter, he creates colorful acrylic paintings on board, many of which are of a spiritual or pastoral nature. Quite

a few of his images incorporate bold and colorful images of the Madonna and the Statue of Liberty. Eric, who was inspired by his father to make art at a very young age, also makes three-dimensional sculptures using discarded trinkets and old building materials. Eric's captivating work is imbued with a sense of wonder and innocence, as is he. \

Considered among the best of the outsider artists, Joe and Eric have a string of shows on their calendar and a host of devoted collectors. This will be their first gallery showing in Highlands.

Meet these fascinating artists at the opening reception held on Friday May 27<sup>th</sup> from 5 to 7 p.m. The show will last through June. Mill Creek Gallery and Framing is dedicated to supporting regional artists and crafters. Also offering custom framing services, it is located in the charming Highlands Village Square on Oak Street (behind Wolfgang's Restaurant). Hours are noon till 5 or 6 p.m. Monday through Saturday. Call (828) 787-2021 for more information.

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— Kim

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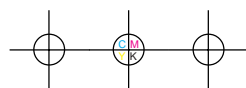
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## Celebrating Memorial Day •

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## Celebrating Memorial Day •

### Festivities at The Christmas Tree



Collectors turned out for the unveiling of a special ornament at The Christmas Tree on Fourth Street Saturday evening. Attendees were entertained by bagpipes prior to the opening. Photo by Kim Lewicki

### ... REVIEW/ continued from page 18

process of learning to drive a car. At first, our conscious mind was very much in control—we actively thought about every action required—and our movements (and the car's) were jerky and uncoordinated. As we gained experience the driving was more and more relegated to the realm of the unconscious and our jerkiness smoothed out. Before long we could do all sorts of things while driving—eat, talk on the phone, yell at the kids in the backseat—because we no longer had to put much conscious attention to the mechanics of driving.

The problem I had with this book is that the focus was so exclusively on psychology experiments. The example of the word on the tip of the tongue (and all that follow) is mine—the book would have been stronger if Mr. Gladwell had included examples from everyday experience. Also, he made almost no conclusions about what the implications of the adaptive unconscious are. What does it mean that most of our decisions are based on causes we are completely unaware of? What does that say about free will? Mr. Gladwell barely touches these obvious questions, which made his book unsatisfying for me.

For example this is all he says about free will: "The results from

these experiments are, obviously, quite disturbing. They suggest that what we think of as free will is largely an illusion: much of the time, we are simply operating on automatic pilot, and the way we think and act—and *how well* we think and act on the spur of the moment—are a lot more susceptible to outside influences than we realize."

What I missed most of all was: how do I use this information? How do I become better at thinking without thinking?

One thing that comes clear from the book is that we make up reasons for our thoughts and behaviors that seem reasonable and logical to our conscious minds *but are not the true reason for the thoughts and behaviors*. The true reason is hidden in our unconscious. This is why we are so often confused about our feelings or desires. We don't know ourselves.

One of the most important lessons I have learned in the last few years is humility, to say "I don't know." Mr. Gladwell quotes a psychologist, Joshua Aronson, "What my research [and other's research] show is that people are ignorant of the things that affect their actions, yet they rarely *feel* ignorant. We need to accept our ignorance and say 'I don't know' more often." I think that is very good advice for us all.



# • HIGHLANDS UPCOMING EVENTS •

## On-going

• Improv Class for High School and College Students Mondays at 6pm At Instant Theatre's Studio on Main, 310 Main Street FREE (828) 526-1687 or e-mail [info@InstantTheatre.org](mailto:info@InstantTheatre.org)

• The Scaly Mountain Women's Club presents its Saturday Pancake Breakfasts the fourth Saturday of the month from May through October at the Scaly Ski Lodge on NC Highway 106. Guests will get a full breakfast of orange juice, coffee, pancakes, patty sausage and plenty of warm syrup and butter. Members of the club will serve the food at tables, or you may order take-out if you like, from 7:30-10:30 a.m. Cost is \$5 for adults, \$2.50 for children.

• Registration has begun for summer nature day camps at the Highlands Nature Center. Five different camps are offered this year beginning June 7. Each camp runs Tuesdays through Fridays. Dates, times, ages, and costs vary by camp. For more information, call 526-2623 or visit the Nature Center website at [www.wcu.edu/hbs/NatureCenter.htm](http://www.wcu.edu/hbs/NatureCenter.htm).

• Each Thursday - Open House at Chestnut Hill of Highlands, Highlands-Cashiers only senior residential community. Complimentary refreshments and tours of the model home and Clubhouse. The new Assisted Living Center is under construction and expected to open in early summer. For more, call toll-free 888-473-5093.

• Yoga classes are offered at the Scaly Mountain Community Center Mondays at 5:45 and at Highlands-Cashiers Hospital, 1st floor of the Jane Woodruff Clinic, on Wednesdays at 5:15. Cost is \$12 per class or 10 classes for \$100. Certified instructor is Carole Ann Mackey.

• "Heart of the High Country" on Channel 14 Northland Cable Television, "Celebrating life in the mountains today," airs daily at 8 a.m., 12 p.m., 5 p.m., 7 p.m., 10 p.m., and 12 a.m.

• Highlands Wine and Cheese. Wine Flights each Thursday, Friday, and Saturday 4:30 until 6:30. Join us as we serve a fantastic selection of wines and cheeses. Complimentary samples Saturday 12:30 until 4.

• The Instant Theatre Company's Evenings of Little Entertainments each Friday at 8 p.m., throughout May. The regular show includes improvisational comedy, light-hearted, original snapshot scenes, unique monologues, the exciting trio of Dr. Heckler & Mr. Jive, and a Special Guest musician each week. For reservations call the ITC Box Office at 342-9197. Reserved tickets are \$15. Tickets at the door \$20. Seating is limited and reservations are strongly suggested.

• Pilates classes at the new Women's Center at the Hospital. The classes are Tuesday and Thursdays at 5:15 p.m. for \$10, or \$8 if you purchase a package of 10. Instructor: Sandie Trevathan

• Al-Anon Group meets at noon on Thursdays in the Community Room at First Presbyterian Church.

• Mountainview Alcoholics Anonymous meets in the remodeled basement room of the Presbyterian Church sanctuary, Mondays in Highlands at 8 p.m.; Tuesdays at 5:30 p.m. (women only); Wed. and Fri. at noon.

## May 26

• The Zahner Conservation Lecture Series for 2005 continues on Thursday, May 26, at 7 p.m. at the Highlands Nature Center. Dr. James Porter will give a talk entitled "Butterfly Biodiversity: Conservation Challenges from the New World Heartland and the Old World Tropics." Admission is free.

• The Plateau Fly Fishing Club will kick off its 2005 season on Thursday at the Albert Carlton-Cashiers Library. The meeting begins at 7 p.m. and the speaker is Roger Lowe, professional guide, tyer and owner of Lowe's Fly Shop in Waynesville. Roger will discuss "Nymphing Strategies in Mountain Streams." A raffle will follow the presentation. New members are welcome! Call Giff Hampton at 743-2078 with any questions.

## May 27

• Live Music at Buck's Coffee Cafe - Hurricane Creek, Country Fried Rock & Blues from 8-11.

• Mill Creek Gallery and Framing is pleased to announce the May 27th opening of an exhibit featuring the fascinating and imaginative work of two "outsider" artists. Joe and Eric

Legge of Dillard Georgia have gained fame from Texas to New York City as talented, self-taught folk artists. Meet these fascinating artists at the opening reception held on Friday from 5 to 7 p.m. The show will last through June. Mill Creek Gallery and Framing is dedicated to supporting regional artists and crafters. Also offering custom framing services, it is located in the charming Highlands Village Square on Oak Street (behind Wolfgang's Restaurant). Hours are noon till 5 or 6 p.m. Monday through Saturday. Call (828) 787-2021 for more information.

## May 27-30

• Memorial Weekend at The Mountain Retreat and Learning Centers will be a time for honoring and remembrance, celebrating and peacemaking with inspiring programs and activities. Special youth program Saturday morning. To register call 828 526-5838, ext 203 or e-mail us at [info@mountaincenters.org](mailto:info@mountaincenters.org).

## May 28

• Live Music at Buck's Coffee Cafe - Gary McCourey from 8-11 p.m.

• The Mountain Garden Club's Annual Plant Sale this year at the Highlands Ball Park at U.S. 64 east and Hickory Street. All proceeds benefit the Highlands School Scholarship program of the club. Offering mountain-friendly plants such as hostas, shrubs, trees, perennials, seed packs and new this year - books on plants, stained glass garden stakes, whimsical scarecrows and beautiful container gardens.

• There will be a bake sale and breakfast to help raise money for the Bolivian Mission of the Highlands United Methodist Church from 8-11 a.m. on Saturday. The money will help support the foster home, medical projects and the building of homes in this poor South American country.

• The Highlands Nature Center is offering the 2<sup>nd</sup> Annual "Salamander Meander." Bring your flashlight and join naturalists for an interpretive night hike to search for these magnificent creatures in the wild. Come prepared for rain. Meet at the Nature Center at 9 p.m. Ages are 8-adult. Pre-registration and a fee of \$5 per person are required due to limited space. To sign up, please call the Nature Center at 526-2623.

• Live Music at the Pizza Place - Bo Jam, 6-10 p.m.

## May 29

• Live Music at Buck's Coffee Cafe - Mountain Voodoo, Duo with Appalachian Sounds.

• Live Music at the Pizza Place - Bo Jam, 6-10 p.m.

• Bishop Gideon Maghina of the Central Diocese of Tanzania will preach and celebrate holy communion at Christ Church, a new mission of the Anglican Province of America. Bishop Maghina is vice chairman of the Tanzania Aids project. Christ Church welcomes Bishop Gideon Maghina for a unique time of worship, prayer, and fellowship. Following the service, there will be time for conversation and a table set up to purchase African crafts. All proceeds help local hospitals purchase needed medicine, supplies, and resources. For more information, contact the parish office at 743-9370.

## May 30

• Live Music at the Pizza Place - Bo Jam, 6-10 p.m.

## June 2

• The Zahner Conservation Lecture Series for 2005 continues on Thursday at 7 p.m. at the Highlands Nature Center. James Langford will give a talk entitled "Demise of the Great Chiefdoms: the Impact of Early European Contact in the Southeastern United States." Admission is free.

## June 3

• MOUNTAIN GOSPEL MUSIC Hosted by the Chapel of Sky Valley. Bring your family, friends, and a lawn chair to the Sky Valley Pavilion on Friday night from 7 - 9 p.m. Music provided by gospel singers and recording artists Bird Youmans, Carol Westbrook, and Anita Bray. All are welcome and admission is FREE!

• Highlands School Scholarship Assembly for Seniors in the old gym at the school at 10 a.m.

## June 3-4

• 12th Annual Audubon North Carolina meeting in Asheville. For information check the web at [www.ncaudubon.org](http://www.ncaudubon.org).

## June 4



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• On Saturday, Highlands-Cashiers Hospital is hosting a "Living Well Fair" featuring lectures, demonstrations and displays on everything from healthy cooking to acupuncture. The "Living Well Fair" is from 9 a.m. to 1 p.m. Admission is free. It will feature lectures by area physicians and other experts, demonstrations and short talks, and numerous displays and exhibits - all to help you live, look and feel better. There will be prizes, raffles and give-aways. A complete schedule of events is at [www.hchospital.org](http://www.hchospital.org) under upcoming events.

• Highlands School Graduation at Rec Park at 7 p.m.

• Get Ready for the "Beetle Ball," at the Highlands Conference Center. It will be a great party with live music, food, games, silent auctions and fun galore—all for a good cause—to save the hemlocks. Sponsors of the event include Cyprus, Highlands Wine & Cheese, The Summer House, and Signature Properties. For Beetle Ball tickets call JMCA at 526-9938 ext. 320.

• Special sports physical clinics for schools athletic programs are being held at the Macon County Public Health Center. The clinic is open to 7th-12th grade students who plan to participate in school athletics anytime during the 2005-2006 school year. The clinics are Saturday, June 4 and Saturday, June 18. Appointments are required. Call 349-2081, only. Cost is \$10, proceeds will go to the Schools' Athletic Fund. A history/physical form must be completed and signed by the parent and brought in to the public health center the

▪ See UPCOMING EVENTS page 27



## ... BOWERY from pg 12

some saying the road shouldn't change.

"I don't think the road should be widened unless you're going to widen every street in Highlands," said George Janvier.

But homeowners who live past the first seven-tenths said they are tired of the dust, pot holes and lack of safety on the road.

Meanwhile, appraisers are evaluating the property condemned by the town for a "before value." After the road is improved, an "after value" will be determined and property owners will

receive the difference in damages, if there are any, said Coward.

"We believe there will be significant benefits to property owners due to the widening of the road and their property value will probably be enhanced," he said.

Furr will make a report, present it to NC DOT, then to an environmental review coordinator.

Becca Johnson with the State Historic Preservation Office in Asheville said officials will what affect improving the road will have on the historic district. Town officials and property owners hope for an answer within 30 days.

## ... BUDGET from page 1

sales tax revenues the General Fund is very healthy," he said. Sales tax revenues are expected to be 40 percent higher than projected in past years. As of May 18, year-to-date the town has received \$700,000. Only \$500,000 was budgeted for the 2004-2005 year.

The fire tax rate has been set at \$0.012 per \$100/valuation which will generate revenue of \$282,441.

Ad valorem property tax revenues are anticipated to be 2.7 percent higher than projected.

There's a chance water rates will increase this year or next year in antici-

tion of the hospital water line being placed in service and construction at Chestnut Hill.

Utility rates aren't expected to increase.

Major expenditures for 2005-2006 include Town Hall renovations, a new police car and fire truck, other vehicles for various departments, a hand rail between Town Hall and Maple Street, acquisition of property for the Rec Park, a reconductoring project, and legal expenses for Bowery Road - a total of \$1,295,000.

A final budget hearing is set for June 29 at 8 a.m. at Town Hall.



# HIGHLANDS ART GALLERIES WALK



**1 Ann Jacob Gallery**

Featuring Regional & National Artists

394 Main Street • 526-5550

**2 Robert A. Tino Gallery**

Mon-Sat 10-5  
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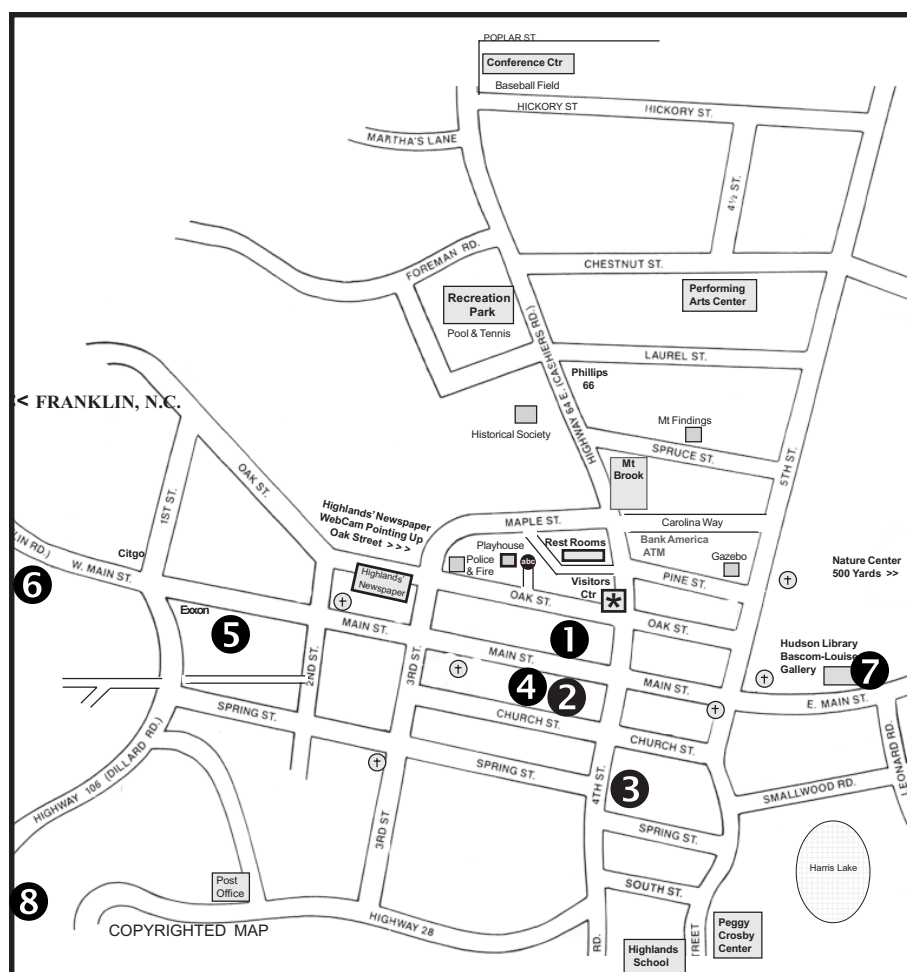
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526-0667

**3 iconFineArt**

SELECT WORKS FOR THE COLLECTOR

Paintings  
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296 South 4th Street  
Upstairs in the Craig Building • On The Hill  
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**4 Hubert Shuptrine**

A gallery of exceptional, very limited giclees of the artist's watercolors.

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**5 John Collette Fine Art**

Wright Square  
137 Main St. • 526-0339

**8 Open Mon-Sat 10-6 Sun. 1-4**

**TiN Roof studio**

1990 Dillard Road  
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A Gallery of Fine Arts & Crafts

**7 the Highlands Visual Arts Center bascom-louise Gallery**

In the Hudson Library  
Open: Tues. - Sat. 10 - 4:30

**6 Bryant Art Glass**

Handmade in Highlands  
"Salutes South Carolina"

Open Mon - Sat 10 - 4

526-4095  
260 Franklin Road





## • SPIRITUALLY SPEAKING •

### So this is what everyone is talking about!



**Rev. Brian Sullivan**  
**Episcopal Church of**  
**the Incarnation**

Looking at the new green leaves, watching the sun set over the mountains, feeling the cool breeze, watching everyone wander in and out of the newly opened store fronts, I finally get it. There is something special about Highlands.

Sure I have seen some beautiful places, but this past week has been extraordinary. As I ponder the beauty it is easy to allow the daily routine to melt away. It is easy to remove distractions and focus on what really matters in life. In this place and at this time of year, it is easy to understand that there is something greater at work in the world.

It is no wonder that the first setting for our relationship with our creator is described as a garden. Yet that relationship is but a distant memory. All the distractions, demands, and expectations remove us from this original relationship...until we look around.

The setting here in Highlands is perfect. Why not take the time to strengthen your relationship with the One who made it all possible? Who knows, if you listen closely, you may even hear the words spoken so many years ago. Like a whisper still wafting in the air, the words were spoken, and the creator looked around and declared, "it is good."

A relationship with God can transform everything. A little time here and there, in silence, in prayer, in community, you may suddenly realize that all of creation (yourself included) is good. And just like that...you may say to yourself, "so this is what everyone is talking about!"

## Tanzanian Bishop to visit Christ Church

On May 29, Bishop Gideon Maghina of the Central Diocese of Tanzania will preach and celebrate holy communion at Christ Church, a new mission of the Anglican Province of America. Bishop Maghina is vice chairman of the Tanzania Aids project. The threat of HIV/AIDS in Tanzania is an epidemic problem. Bishop Maghina works closely with Anglican Bishop the Rt. Rev. Alpha Mohamed whose dioceses overlap.

African crafts will be available for sale. All proceeds help local hospitals purchase needed medicine, supplies, and resources. Tell a friend, and come worship with us with Bishop Maghina! For more information, contact the parish office at 743-9370.

## • PLACES OF WORSHIP ON THE PLATEAU •

### **BLUE VALLEY BAPTIST CHURCH**

Rev. Oliver Rice, Pastor (706) 782-3965

Sundays: School – 10 a.m., Worship – 11

Sunday night services every second and fourth Sunday at 7

Wednesdays: Mid-week prayer meeting – 7 p.m.

### **BUCK CREEK BAPTIST CHURCH**

Sundays: School – 10 a.m.; Worship – 11

First Saturday: Singing at 7:30 p.m.

### **CHAPEL OF SKY VALLEY**

Sky Valley, Georgia

The Right Rev. Dr. John S. Erbeling, Pastor  
Church: 706-746-2999

Pastor's residence: 706-746-5770

Sundays: 9 a.m. - choir

Holy Communion 1st Sunday of the month

Wednesdays: 9 a.m. Healing and Prayer with Holy  
Communion each service

### **CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS**

NC 28 N. and Pine Ridge Rd., (828) 369-8329

Rai Cammack, Branch President, (828) 369-1627

### **CHRIST ANGLICAN CHURCH**

743-9370

The Rev. Thomas Allen

"Traditional Episcopal Worship"

Worship and communion: Sundays at 4 p.m. at the

Community Bible Church in Highlands.

Monday Bible Study: 6 p.m. Parish House

Tuesday Noon Bible Study: noon Parish House

Pot Luck Dinner: Last Sunday of the Month.

### **CLEAR CREEK BAPTIST CHURCH**

Pastor Everett Wilson, (828) 743-3379

Sundays: School – 10 a.m.; Worship – 11

Prayer – 6:30 p.m.

Evening Service – 7 p.m.

### **COMMUNITY BIBLE CHURCH**

(Evangelical Presbyterian Church)

Steven E. Kerhoulas, Senior Pastor

www.cbchighlands.com

526-4685

3645 U.S. 64 east, Highlands

Sundays: 9:30 a.m. Sunday School; 10:45 Worship;

6 p.m., "The Rock" for highschoolers

Tuesdays: 10 a.m. Women's Bible Study

Wed: 5:30 p.m. Prayer Meeting; 6:15 p.m. Supper;

7 p.m. Teaching

### **EPISCOPAL CHURCH OF THE INCARNATION**

Rev. Brian Sullivan – 526-2968

Sundays: Choir – 9 a.m.; Adult Sunday School

classes – 9:15 a.m.; Holy Eucharist – 10:30 a.m.;

Children's Chapel – 10:30 a.m.;

Mondays: Women's Cursillo Group (Library) – 4

Tuesdays: Men's Cursillo in Jones Hall – 8

Wednesdays: Liturgy Mtg – 4 p.m.; Christian Education – 5

p.m.; Supper & Program – 6 p.m.

Thursdays: Holy Eucharist – 10 a.m.

Sunday Service is telecast on cable channel 14

### **FIRST BAPTIST CHURCH**

Dr. Daniel D. Robinson, 526-4153

Sun.: Worship – 8:15 a.m., 10:45 a.m., 6:30 p.m.; School –

9:30 a.m.; Youth – 6:30 p.m.; Choir – 7:15

Wednesdays: Dinner – 5:30 p.m.; Team Kids – 6 p.m.;

Prayer – 6:15 p.m., Choir – 7:30 p.m.

### **FIRST PRESBYTERIAN CHURCH**

Rev. J. Hunter Coleman, Pastor, 526-3175

Sun.: Worship – 11 a.m.; School – 9:30 & 9:45.

Wednesdays: Children's Devotions – 9:30 a.m.;

Supper – 6 p.m.; Choir – 7 p.m.

Thursdays: Bible Study – 10 a.m.

Sat: Adventistas del Septimo Dia – 10 a.m. & 5

### **HIGHLANDS ASSEMBLY OF GOD**

Rev. Scott Holland, 524-6026, Sixth Street

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

### **HIGHLANDS 7TH-DAY ADVENTIST CHURCH**

Wednesday evening prayer & Bible Study

Call Lloyd Kidder at 526-9474

### **HIGHLANDS UNITED METHODIST CHURCH**

Pastors Eddie & Kim Ingram, 526-3376

Sun: School – 9:30 & 9:45 a.m.; Worship – 8:30 & 11

Wed: Supper – 5:30 p.m.; Bible Study & activities – 6

### **HOLY FAMILY LUTHERAN CHURCH – ELCA**

Rev. Delmer Chilton, Pastor,

2152 Dillard Road – 526-9741

Sundays: Worship/Communion – 10:30

### **MACEDONIA BAPTIST CHURCH**

8 miles south of Highlands on N.C. 28 S in Satolah

Pastor Jamie Passmore, (706) 782-8130

Sundays: School – 10 a.m.; Worship – 11

Choir – 6 p.m.

Wed: Bible Study and Youth Mtg. – 7 p.m.

### **MOUNTAIN SYNAGOGUE**

St. Cyprian's Episcopal Church, Franklin 369-6871

Friday: Sabbath Eve Services at 7 p.m.

For more information, call

(706)-745-1842.

### **OUR LADY OF THE MOUNTAINS CATHOLIC CHURCH**

Rev. William M Evans, Priest

Parish office, 526-2418

Wednesdays & Fridays: Mass – 9 a.m.

Saturday Vigil Mass – 4 p.m.

Sundays: Mass – 11 a.m.

### **SCALY MOUNTAIN BAPTIST CHURCH**

Rev. Clifford Willis

Sundays: School – 10 a.m.; Worship – 11 a.m. & 7

Wednesdays: Prayer Mtg. – 7 p.m.

### **SCALY MOUNTAIN CHURCH OF GOD**

290 Buck Knob Road; Pastor Alfred Sizemore

Sundays: School – 10 a.m.; Worship – 10:45 a.m.; Evening

Worship – 6 p.m.

Wed: Adult Bible Study & Youth – 7 p.m.

For more information call 526-3212.

### **SHORTOFF BAPTIST CHURCH**

Pastor Rev. Wayne Price

Sundays: School – 10 a.m.; Worship – 11

Wednesdays: Prayer & Bible Study – 7

### **UNITARIAN UNIVERSALIST FELLOWSHIP**

Rev. Maureen Killoran (part-time) 526-9769

Sundays: Worship – 11 a.m.

### **WESTSIDE BAPTIST CHURCH**

Interim Pastor, Terry Dixon

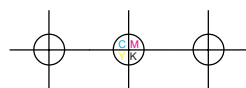
Services in the basement of the Peggy Crosby

Sundays: Fellowship & Worship – 11

### **WHITESIDE PRESBYTERIAN CHURCH**


Cashiers, Rev. Sam Forrester, 743-2122

Sundays: School – 10 a.m.; Worship – 11





## • HIGHLANDS EATERIES •



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## POLICE & FIRE

The following are the Highlands Police Department log entries for the week of May 19-25. The only names printed are of public officials and/or people who were arrested.

### May 19

- At 2:05 p.m., officers responded to an vehicle accident. There were no injuries.
- At 3:28 a.m., officers responded to an alarm at The Stone Lantern. All was secure.
- At 9 a.m., officers responded to a disturbance at Highlands Barber Shop between employees.
- At 11 a.m., officers responded minor accident. There were no injuries.
- At 11:50 a.m., officers responded to an alarm at a residence on Ravenel Ridge. All was secure.

### May 20

- At 3:30 a.m., officers responded to an alarm at Rosenthal's. All was secure.
- At 4:40 a.m., officers responded to a 9-1-1 hangup at a residence on Rockledge. All was secure.
- At 4:42 a.m., officers responded to an alarm at Centura Bank. All was secure.
- At 11 a.m., officers provided a funeral escort to Memorial Park.

### May 21

- At 9 a.m., officers responded to noise complaint at Memorial Park.
- At 11:30 a.m., officers assisted the county with a call.

### May 22

- At 1:55 p.m., officers responded to the call of a citizen with a gunshot wound inflicted outside the town limits.

### May 23

- A little past midnight, officers responded to a domestic call at a residence on Wyanoak. All was secure.

### May 24

- At noon, Highlands Police listed an old gun missing from the evidence locker. It is believed to have been destroyed at the land fill when items were thrown away.

## Orthodox speaker's forum scheduled for June 17 & 18 at Christ Church

Christ Church is kicking off its first annual orthodox speaker's forum on the 17<sup>th</sup> and 18<sup>th</sup> of June. The purpose of this forum is to bring noted Christian leaders to help equip church lay leaders and members with the necessary tools to engage our culture for Christ. This forum will offer the public and church members the opportunity to listen, learn, and apply the speaker's message in their

individual and corporate lives. Built into the two day forum will be the opportunity for the public to hear the speaker and for our speaker to address the community.

It is a distinct pleasure to welcome Frederica Mathewes-Green, our first speaker. Frederica was a commentator for National Public Radio's "All Things Considered" and "Morning Edition." In

addition, she has served as a columnist for *Christianity Today*, *World Magazine*, and *Los Angeles Times* with T.V. and radio appearances on ABC, PBS, CNN, C-Span, NBC news, Fox news, and "The 700 Club." She is an accomplished author and has been published by *Smithsonian*, *National Review*, *National Catholic Register*, *Parenting*, and *Touchstone magazine*, among others.

Frederica will spend two days in Cashiers and Highlands-addressing our parish and community. Her topics will include prayer and meditation, gender issues facing the church and culture, and various other topics pertinent to Christian living in the 21<sup>st</sup> century. For more information, contact the Reverend Thomas Allen: 743.9370 or email: Tallen@wnclink.com.



# • HIGHLANDS UPCOMING EVENTS •

## ...EVENTS continued from page 23

day of the physical. Students without a signed form won't be seen. Pick up forms at the schools or the health center.

### June 5

- The Sky Valley Chapel will begin Forty Days of Purpose on Sunday at 8:45 a.m. All are invited as we study Rick Warren's bestseller, "The Purpose Driven Life."

### June 6-10

- Magician Shaun Moss will teach a one week Magic Class for junior and senior high school students. The cost is \$150 per student which includes all supplies. Scholarships available. Call (828) 526-1687.

### June 8

- The community is invited to join Highlands United Methodist Church this summer for studies on Wednesday nights beginning June 8. Dinner is at 5:30 p.m. (RSVP please) and the studies are from 6:15-7:15 p.m. Call the church, 526-3376, with questions.

### June 9

- The Zahner Conservation Lecture Series for 2005 continues on Thursday at 7p.m. at the Highlands Nature Center. Dr. John Morse will give a talk entitled "Trichoptera (Caddisflies) of Four Southeastern Conservation Areas." Admission is free.

### June 11

- Nikki Talley and Steven Bloedow invite all family and friends to their wedding, 11 a.m. at Rocky Knob Park in Scaly Mountain. Park at Ski Scaly for a shuttle to the ceremony site. The last shuttle leaves at 10:55 a.m. The reception follows at the Highlands United Methodist Church. In case of rain, the ceremony will be there, too. Rain decision to be made by 3 p.m. Friday, June 10.

- The annual JAZZ AT PAC concert has been set for Saturday at 3 p.m. at the Martin-Lipscomb Performing Arts Center (PAC). This year's artists include two nationally known jazz stars: John V. Brown, bassist, and Pete McCann guitarist. Tickets for this outstanding performance are \$15 for adults and \$8 for students. Reservations can be made by calling the PAC telephone number: 828-526-9047. Tickets will also be available at the door on the day of the concert beginning at 2 p.m.

- Audubon Birdwalk, Chestnut Hill for local breeding birds. Meet at the Highlands Town Hall Parking lot at 7:30AM to car pool. Contact Edwin Poole, 526-2775.

### June 13-25

- Acting and Improv for children ages 10 to 13 instructed by Instant Theatre Artistic Director, Adam Heffernan. \$175 per session. Scholarships available. Call the Instant Theatre Company at (828) 526-1687.

### June 13 through July 29

- Highlands Rec Park Summer Camp for children ages 5-10. Monday through Friday 9-5 p.m. May attend by the week or for all six weeks. Call 526-3556 for reservations and pricing.

### June 16

- Plans have been announced for an appearance by the Highlands Male Chorus at the Martin-Lipscomb Performing Arts Center at 8 p.m. The group will present their rendition of several Broadway favorites as well as patriotic songs. This special performance at PAC is open to the public. The price for admission is \$8, with children under 12 admitted free. Seating is limited, since the program will be presented on only one evening. Reservations will be made on a first-come, first-served basis. Call 526-9047 now for reservations.

- The Zahner Conservation Lecture Series for 2005 continues on Thursday at 7 p.m. at the Highlands Nature Center. Amy Blackmar will give a talk entitled "Where trails Converge: the Scientist, the Writer, and the Passion to Conserve." Admission is free.

### June 17 & June 18

- The Highlands Community Players will perform

vignettes from "Parallel Lives" based on the Kathy & Mo Show by Mo Gaffney & Kathy Najimy at the Highlands Inn on Friday, and Saturday. This "Black Box" production is a new genre and venue for HCP; with a minimal set and slightly adult humor (PG-13). This will be a Dinner Theater format at the Highlands Inn. Starting with a wine reception at 6:30 p.m., dinner at 7 p.m., "Parallel Lives" at 8 p.m. and desert during intermission. Please call: 526.9380 for reservations. The cast includes: Jenny King, Sandi Trevathan, Misty Thomas, Nancy Reeder, Madeliene Davis and Mary Adair Leslie.

- Christ Church is kicking off its first annual orthodox speaker's forum. The purpose of this forum is to bring noted

center.

- Zonta Club of Franklin presents an evening of wine and chocolate, live and silent auction and a band, 7 p.m. at Whistle Stop Mall. Tickets are \$25 each and all proceeds go to charity. Call Linda McCall at 787-1708.

- Annual Tour of Historic Homes. The Northern Historic District of Highlands.

### June 18 & 19

- International Steinway piano artist, Stephen Marq will be performing a benefit concert for The Literacy Council of Highlands. This spectacular performance includes a reception and opportunity to meet the artist. Performance times are:

Saturday at 7:30 pm and Sunday at 2 pm at the Martin-Lipscomb Performing Arts Center on Chestnut Street, Highlands. General admission for both shows is \$30. A \$100 patron ticket admits two and provides you with one compact disc of your choice personally signed by Stephen Marq. Tickets are available at The Bird Barn at Falls on Main, 526-3910, or at the door.

### June 20

- Highlands Middle School Boys basketball players will start practicing for the upcoming season on June 20th. A dozen boys are making plans to work on their strength, conditioning and fundamental skills in workout sessions. Players will practice on Mondays, Wednesdays and Fridays until August 10th. New students entering 7th and 8th grade next year should contact the school if they are interested in playing. Direct Questions or Comments to Steve Massey at the Phone Number listed above or to Steve.Massey@mcsk-12.org

### June 23

The Zahner Conservation Lecture Series for 2005 continues on Thursday at 7:00 p.m. at the Highlands Nature Center. Dr. Peter White will give a talk entitled "A Natural History of Robert Frost, Part II." Admission is free.

### June 23-July 10

- Highlands Playhouse presents "Too Marvelous For Words," 8 p.m. Tues.-Sat., 2 p.m. Sunday matinees. Call 526-2695 for

tickets.

### June 27-July 9

- Acting and Theatre Games for children ages 6 to 9 instructed by professional actors Sara-June and Jeff Treadwell. \$175 per session. Scholarships available. Call the Instant Theatre Company at (828) 526-1687.

### June 27-July 8

- Children who have completed the first grade and not yet entered the eighth grade, can get an excellent introduction to all phases of theater through the 2005 Highlands Playhouse Summer Youth Classics. Taught by Ms. Julie Gulasy, the classes will take students through "all it takes" to get a show from script to stage. The Summer Youth Classes, to be taught 9-11:30 a.m. Monday-Friday, the cost \$150 per student. For additional information, contact Highlands Playhouse, 828-526-2695.

### June 30

- The Zahner Conservation Lecture Series for 2005 continues on Thursday at 7 p.m. at the Highlands Nature Center. Jackie Greenfield will give a talk entitled "From Collection to Commerce: Wild-harvesting of Native and Naturalized Plants of the Southern Appalachians. Can it be Done Sustainably and Ethically?" Admission is free

### July 9

- Grand opening of the Museum/Archives Bldg. at the Highlands Historical Village.

## Male Chorus to perform at PAC



**Members of the Highlands Male Chorus are shown as they appeared at the Performing Arts Center last fall. Choral director Orville Wike presents the group's accompanist Angela Jenkins to the audience. See them this year June 16 at 8 p.m. at PAC. This special performance is open to the public. The price for admission is \$8, with children under 12 admitted free of charge. Seating is limited, since the program will be presented on only one evening. Reservations will be made on a first-come, first-served basis. Call 526-9047 now for reservations.**

Christian leaders to help equip church lay leaders and members with the necessary tools to engage our culture for Christ. This forum will offer the public and church members the opportunity to listen, learn, and apply the speaker's message in their individual and corporate lives. Built into the two day forum will be the opportunity for the public to hear the speaker and for our speaker to address the community. Frederica will spend two days in Cashiers and Highlands-addressing our parish and community. Her topics will include prayer and meditation, gender issues facing the church and culture, and various other topics pertinent to Christian living in the 21<sup>st</sup> century. For more information, contact the Reverend Thomas Allen: 743.9370 or email: Tallen@wnclink.com.

### June 18

- Special sports physical clinics for schools athletic programs are being held at the Macon County Public Health Center. The clinic is open to 7th-12th grade students who plan to participate in school athletics anytime during the 2005-2006 school year. These physicals are not provided for community sports participation. The clinics will be offered on the mornings of Saturday, June 4th and Saturday, June 18th. Appointments are required and may be scheduled at the Macon County Public Health Center by calling 349-2081, only. Cost is \$10, proceeds will go to the Schools' Athletic Fund. A history/physical form must be completed and signed by the parent and brought in to the public health center the day of the physical. Students without a signed form will not be seen. Forms may be picked up at the schools or the health



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### HELP WANTED

#### IT SYSTEMS AND TECH SUPPORT

– Needed in Highlands for the Old Edwards Hospitality Group. Ability to support end-users on a variety of applications, hardware, networks and communications platforms. Duties will include on-going support and installation of software, troubleshooting hardware and software issues, working w/system vendors to resolve issues. Knowledge of interfaces, telecommunication protocols, preferable. Strong project management and interpersonal skills a must. Great benefits. Some weekends. Salary range based on experience. Send resume to: P.O. Box 1499, Highlands, N.C. 28741, email to hr@oldedwardsinn.com EOE/Drug free workplace.

**EXPERIENCED PART-TIME FLO-  
RAL DESIGNER.** Top pay, great atmosphere. Flexible hours. Call Debbie Mon., Wed., or Thurs., at 526-0490 between 10 a.m. and 3 p.m.

**MEDICAL RECORDS CLERK AT  
HIGHLANDS-CASHIERS HOSPITAL.** Part time; 8am - 4:30 pm; Monday, Wednesday, and Saturday. Must have knowledge of Medical Records Department procedures. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

**LPN - PHYSICIAN'S OFFICE AT  
HIGHLANDS-CASHIERS HOSPITAL.** Performs various patient care activities and technical skills necessary in caring for patients under the direction and supervision of the physician. Position is full-time, Monday-Friday, benefit eligible after 60 days. Pre-employment

substance screening. Call Mary Osmar, 828-526-1301.

#### CERTIFIED NURSING ASSISTANT CLASSES THROUGH FIDELIA ECKERD LIVING CENTER AT HIGHLANDS-CASHIERS HOSPITAL.

Classes run from July 11 through September 19. Work three 12-hour shifts at the Living Center while attending school. Bonus of \$200 and salary raise upon graduation. Call for information and to enroll, Judy Miller, 828-526-1317.

**DIETARY AIDES - HIGHLANDS-CASHIERS HOSPITAL.** Duties include working patient tray line and cafeteria line, stock kitchen, wash dishes. Excellent benefit package after 60 days. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

**LPNS AND RNS - FIDELIA ECKERD LIVING CENTER AT HIGHLANDS-CASHIERS HOSPITAL:** Now hiring for PRN positions. If you want to join a team whose focus is on excellent elder care with a low staffing ratio, above average wages, and shift differentials, call. Pre-employment substance screening. Mary Osmar, 828-526-1301.

**CNAS - FIDELIA ECKERD LIVING CENTER AT HIGHLANDS-CASHIERS HOSPITAL** Now hiring for all shifts. If you want to join a team whose focus is on excellent elder care with a low staffing ratio, above average wages, excellent benefits, and shift differentials, call. We are also accepting applications for PRN CNAs. Pre-employment substance screening. Mary Osmar, 828-526-1301.

**RECEPTIONIST/SWITCHBOARD OPERATOR/CASHIER AT HIGHLANDS-CASHIERS HOSPITAL.** This job-share position is part time, 24-hours per week, fluctuating days, 7:30 a.m. to 4 p.m. Pre-employment substance screening. Call Mary Osmar, 828-526-1301.

### REAL ESTATE - RENTALS

**VACATION HOME FOR RENT** – Long range mountain view, spectacular sunsets, private road, large deck, sleeps 6. MBR-King, BR-Queen, Den-Queen Sleeper Sofa, fireplace. \$1,200/week, Call Charles or Lorna at 526-3233.

**RETAIL SPACE FOR RENT** –

Highlands Plaza. Call 864-630-0808.

**NEED AN OFFICE AWAY FROM HOME?** Perfect place near town, for you, or can share with your buddies. 526-5558. 5/27

**VACATION RENTAL** – Daily, Weekly, Monthly. 2 bedrooms, 2 baths, fully carpeted, furnished, Equipped Kitchen, Info: www.cullasajaarts.org or 828-349-0502.

**STORE FOR RENT** – on 4th Street. Call 864-630-0808.

### REAL ESTATE - SALES

**HOUSE FOR SALE** – Lake Glenville/Cashiers. 2-bed, one-bath on 1/2 acre. Views, carports, studio. \$140,000. 828-743-0723.

**HOUSE FOR SALE** – 737 Many Road. Two-bed, one-bath, fireplace, hardwood floors. Full basement. Private. Walk to Town. 526-2617 nights. \$325,000. 6/10

**1 ACRE VIEW LOT.** Unbelievable view over National Forest, located top of mountain, 2 miles from downtown Highlands off Hwy 64. \$550,000. Call 404-323-9444. 6/10

**HOME FOR SALE NEARLY NEW** – 3 bed, 2 bath– King Mountain Club, Atlanta side of Highlands. Immaculate. Large lot borders USFS – Creek on back of property. View of Scaly Mtn. 2-car garage, wood-burning fireplace, gas furnace - stove, large kitchen, wood floors, all on one level. Year-round caretaker, pool, tennis court, stocked trout pond. Asking \$399,000. Easy to see Call Sandy at (TLC Assoc.) 828-526-5632. 5/27

### ITEMS FOR SALE

**CUSTOM CABINETS FOR SALE.** Cherry finish, glass and raised paneled doors plus tops. Also, 5-ft high white vanity with cultured marble top. \$2,000 for all. 828-524-9830 after 7 p.m.

**CHROME & GLASS COMPUTER TABLE** – Almost new. \$125. See at All Seasons Salon in Village Square at Oak and Fifth Streets.

**PICTURE FRAMING EQUIPMENT FOR SALE** – V-Nail Machine, Mat & Glass Cutter. Call 526-9803.

**LUMBER FOR SALE** – Wormy Hickory. 750 feet at \$20 per foot. Call Larry at 828-369-6183.

### SERVICES

**HIGHLANDS DIRTY DOG SPA & DOG SITTING.** Sitting – \$4 an hour or \$20/Day. Call 526-2244. 5/27

### BUSINESS OPPORTUNITIES

**AIRPORT SHUTTLE SERVICE** – Call Dick Friess. Cell: (772) 359-0412 • 24-hr. (706) 746-3657. North Carolina, Georgia, South Carolina, Florida. 5/27

**MUSICIANS WANTED** – Call Charissa at The Pizza Place: 526-5660.

**REVOLUTIONARY PRODUCTS – EXCEPTIONAL OPPORTUNITY** – Take control of your health and your financial future with Reliv International. State-of-the-art products like Reliv CardioSentials® heart health supplement provide a solid foundation for a lucrative international business opportunity. Call Now: Dr. Dan Adcock 828-787-2212. Independent Reliv Distributor. 5/27

**HIGHLANDS SHUTTLE SERVICE** – Atlanta Airport Shuttle. Drive - Away • Auto Delivery. All Out-of-Town Trips Driving Services. Call 828-526-8078. 7/29

### LEGALS

NOTICE TO CREDITORS and DEBTORS of EMMA LOU BARROW

Any persons, firms, or corporations having claims against Emma Lou Barrow, Deceased, are notified to exhibit them to Jane Barrow Tracy, Executor of the Deceased's Estate, at the address of the Estate's undersigned attorney, on or before August 15, 2005, or be barred from their recovery thereafter. Debtors of the Deceased are asked to make immediate payment to the above-named Executor at the same address.

DATED: May 3, 2005

John R. Mayer  
Attorney at Law, PLLC  
Attorney of Estate  
511 Smallwood Avenue  
Post Office Box 750  
Highlands, N.C. 28741  
(828) 526-3731  
(828) 526-3734 fax  
jack@jackmayerlaw.com  
5/27

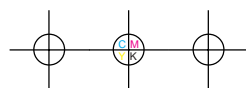
# Highland Hiker

## Clothing - Footwear - Outdoor Equipment - Fly Fishing

Highland Hiker  
601 Main St.  
Highlands

Highland Hiker  
at the Crossroads  
Cashiers

Highland Hiker Shoes  
The Falls on Main  
Highlands







450 North 4th Street  
P O Box 811  
Highlands, NC 28741

A photograph of a single-story yellow house with a grey roof, black shutters, and a large garage with six windows. The house is surrounded by green grass and trees.

This precious 3 bedroom, 3 bath home has a great view of Whiteside Mountain. Top of the line appliances in the kitchen with corrian countertops, a wonderful game room, cathedral ceilings, two fireplaces, and hardwood floors throughout bring out the charm of this home located on Satulah. Completely renovated in 2003. Offered at \$992,000 MLS# 55505 View a Visual Tour at our web-site [www.highlandsproperties.com](http://www.highlandsproperties.com) Tour# 360581

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**Dillsboro 20 Miles**  
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Franklin  
\* Lowe's  
Whistle Stop  
Ruby > Cinema

**Cullasaja Falls**

**Meadows Mt. Realty**  
**Big View & Waterfront**  
**Highlands # 828-526-1717**  
**Print-Out This Map @**  
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**Copyrighted Map 2005**

**Lake Glenville**  
Marina Gas & Store  
Hwy 107n

**Lake Toxaway**  
Marina Gas & Store  
Hwy 64e

**Local Area Information**  
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### <<< WATERFALLS

Cullasaja Falls 9 Miles  
Bust Your Butt Falls 7 Miles  
Cliffside Lake 6 Miles  
Dry Falls 3 Miles  
Bridal Veil Falls 2 Miles

### <<< FRANKLIN, N.C.

Franklin Rd. Hwy 64w 18 Miles

### Cashiers Road, Hwy 64e

Whiteside Mt Hiking Trail 7 Miles  
High Country Cafe 5 Miles  
Skyline Lodge & Jack's 4 Miles  
Highlands-Cashiers Hosp. 4 Miles  
Good Year Tire & Repair 3 Miles  
Highlands Outdoor Tool 2 Miles  
TWIGS & Fibbers 1/4 Mile ↑

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### Highlands Playhouse

presents:

"Too Marvelous For Words"

June 24 - July 10

Box Office on Oak Street

828-526-2695

Highlands' Newspaper - Friday, May 27, 2005 - Page 31

### Mountain Fresh Foods

Gourmet Selection - Main & 5th St.

The Instant Theatre  
Oak Sq. - Fri. - 8pm  
Resv: 828-342-9197

### Highlands Wine & Cheese

"Falls on Main"

Buy A Bottle or Case  
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<< 1 Mile On The Verandah  
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Farm Fresh Vegetable Stand  
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Rosewood Market  
Citgo  
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Wholesale Down Comforters

Log Cabin Restaurant

"We Cut The Best Steaks"

Dusty's Market

Mitchells Lodge & Cottages

Highlands Decorating & Highlands Hardware

Cyprus Restaurant

Old Creek Lodge

Dillard Rd / Hwy 106  
Sky Valley 10 Miles  
Dillard, GA. 14 Miles

The Farm 1 1/2 Miles  
Summer House & Tin Roof Studio 2 Miles  
Koenig Builders & Peak Experience 3 Miles

### The Bird Barn

Bird houses, bird feeders,  
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Main Street  
(828) 526-5010  
Mountain Fresh  
(828) 787-2002

21 22 23



HIGHLANDS COUNTRY CLUB GOLF LOVERS PARADISE!!! Lovely older home overlooking the 14th hole on Highlands Country Club Golf Course. Rear of property overlooks the 11th hole. Vaulted ceiling in the large living /dining room. Stone wood burning fireplace in living area. 4 bedrooms, 3 baths. Master on on main level. One single car garage on main level. HCC MEMBERSHIP MAY BE AVAILABLE AT CURRENT RATE. Membership Requirements. Offered at \$1,350,000. MI#55792



THIS IS IT FOLKS! The nature lover's dream come true! This well built home in Whiteside Cove is just perfect for enjoying all the amenities that the mountains have to offer. National forest, hiking trails, the Chattooga River recreation areas, and a large home that more than accommodates a family or two! A Spacious 4 bedroom, 3 bath, playroom or office, complete apartment with separate entrance, decks galore, lovely southeastern view. All of this and so much more on 4.38 acres for \$525,000.



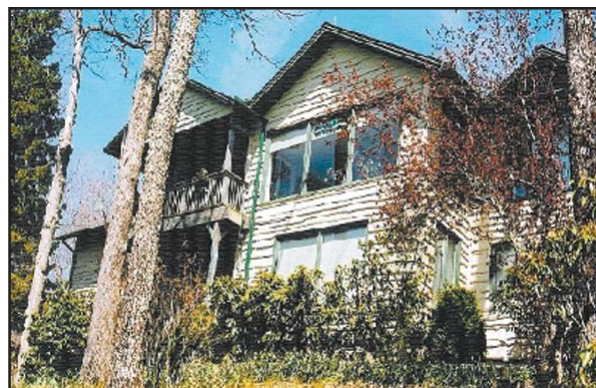
Great Location 6.5 +/- acres Main house: 2 bedrooms, 2 baths; Guest house: 1 bedroom, 1 and a half baths; Studio: loft bedroom w/ 1/2 bath and kitchenette. Pond on property with pasture like setting. Studio could be used as artist's retreat, grandchildren's playroom. Only 1/2 mile from Glen Falls Parking area. Offered at \$825,000.



This cottage on Cullasajsa Drive was originally built in the 1930's and completely renovated this year. Walk to town along Mirror Lake or enjoy the screen porch and stone fireplace. Offered at \$395,000.



Mantle Ridge. Nestled in mountain elegance, this developers model home with European charm features 3 bedrooms, 2 of which are master suites and 1 additional bedroom and 3 1/2 baths, central heat and air. Ten-foot ceilings and vaulted, elegant gourmet kitchen and a 2-car open air carport with incredible mountain views. Located between Trillium and Highlands Cove Golf courses on a wooded 2-acre lot with 4,000-foot elevation make this your perfect get-away or year-round home. Offered at \$875,000.



YOU KNOW YOU ARE BLESSED WHEN YOU WALK INTO THIS HOME! The main level has the master bed and bath, and half bath, living room and family room with a fireplace and kitchen. The lower level comprises a second bed, bath den, living room, kitchenette, and massive workshop. There are 4.37 +/- acres where you could build another home above the existing home and possibly recoup your original investment of \$1,395,000.



FLAT MOUNTAIN ESTATES. Easy living ranch style home features a split bedroom plan consisting of 3 bedrooms, 3 baths with a super mountain view. Living room with fireplace, galley kitchen, dining room, lovely decks and screen porch. Offered at \$495,000.



Great year around home or summer getaway, 2-bedroom, 2 bath, screened in porch separate workshop, 2-car carport and great landscaping. Furniture negotiable. Offered at \$349,000.



Cullasaja Club. Wonderful lake houses don't usually come at a bargain these days and we are happy to have this one at Cullasaja Club. Quality Post and Beam construction by Koenig homebuilders features 3 bedrooms, 3 1/2 bath plus a two-car garage. Beautiful lake setting. Offered at \$895,000.